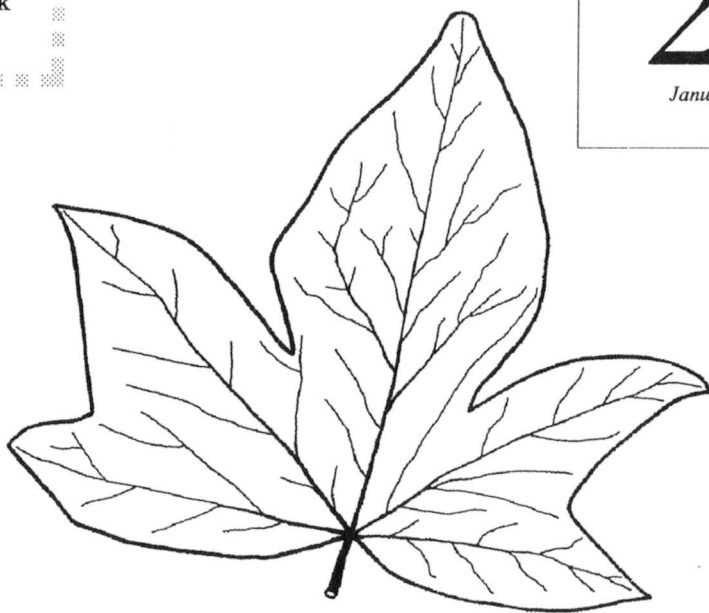


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January 1995



# *International Viewpoints* [Lyngby]



The group that organised the English conference last October worked out together this logo

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International  
Viewpoint  
(Lyngby)

Number 20

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International  
Viewpoints =  
I.V. = (nearly)  
Ivy (plant and  
girl's name).



IVy

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International Viewpoints is independent of  
any group or organization.

### Magazine's aim:

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which became a little secretive, restrictive, expensive and slightly destructive. From 1982 on, many left or were thrown out of that church, and continue to use and develop the philosophy and technology.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect). □

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Happy new year to all our readers.

Each new year we try to 'clean up' the typography of the magazine, and this year we owe a lot to Terry Scott in making various suggestions. Hope you like it □

# Basics

## The Only One and Logic 8

By Frank Gordon, USA

*Another Look at Basics - #1*

**LOGIC 8.** A datum can be evaluated only by a datum of comparable magnitude.

**Logic 9.** A datum is as valuable as it has been evaluated.

If one is dealing with an "only one", by these logics it can not be evaluated. It's unique, unduplicatable, and heart-rendingly *dogmatic*.

There is only one church leading to salvation, and of course I'm in it.

There is only one tree, and it's the maple tree I fell out of in Ripley, Maine.

Any engram is an only one, and once it can be compared to other traumas, the attention should free up.

### Event

In the Dane Spots letter<sup>1</sup>, Dane states that the church-field conflict is due to a 3rd party unknown to both sides who then accuse one another. In addition, he blames an attitude he calls "the aesthetic of unreasonableness" (which I have not yet understood).

Using Logic 8, however, many event comparisons can be made. The Protestant Reformation vs. the Catholic Church led to many similar doctrinal and power splits, resulting in many varieties of Protestantism.

### Organizational type

The CofS can be compared to a spiritually helpful church, or a corporation (with its many hard-sell and short-term profit attitudes). Or it can be viewed as constantly valence-shifting between the two.

The Independent field can be compared to "rebellious adolescents" asserting their new-found possibilities of independent thought and action, or to sensible, rational adults who refuse to be "hornswoggled"<sup>2</sup>.

### Gradient scales

Hubbard developed many gradient scales. In addition to applying Logic 8, he brought an ordered framework to related items, as in the Tone Scale and many other scales<sup>3</sup>. He also applied this logical method to problems, as in "Invent a problem of comparable magnitude".

In the transition from inventor or entrepreneur to big business, there is a frequent breakdown. They seem to require different abilities. There was such a battle in Wichita ca. 1951 between a businessman who wanted to stabilize and promote Dianetics, and Hubbard who wanted to keep exploring.

As another example, Jobs and Wozniak started Apple Computer, but called in professional management which finally fired Jobs.

### Tool for understanding

It is easy to fall into an only one of some kind, and a use of logic 8 can expand one's view.

For example the use of Logic 8 could lead to clues as to "what really happened to the philosophy and practice of scientology", once we can admit that we really do not know.

But why bother? There is only one villain, the other guy, and blaming him is so comforting and effortless.

□

1 We have called it the Dane Tops letter — his signature, which is the only source of his name, is difficult to decipher. The letter is available from Box 78, DK-2800 Lyngby, and probably your IVy distributor. Issued under this pseudonym in 1983, it helped start the break out from the CofS.Ed.

2 Slang for conned, manipulated, and overwhelmed.

3 *Scientology 0-8 - The Book of Basics* has many of these, pp. 99-134. These include Reality, Responsibility, and Havingness Scales and many others.

*Sense and Scientology Nr. 1*

# What Auditing Can't Do for You!

By Eric Townsend, England<sup>1</sup>

OVER THE YEARS many unrealistic impressions of the benefits that could be gained from auditing have been allowed to build up.

A number of factors have contributed to this. The first was probably the sweeping claim made in *Book One* that Dianetics would remove all unwanted physical conditions, including poor eyesight! With the increased emphasis on *Book One* in recent years, this extreme assertion has been brought back into prominence.

More recently, the promotional slogan "To make the able more able" was featured prominently by the Church. This unfortunately led to the impression that Scientology could provide more of the same. A good golfer or financier could be forgiven for thinking that the offer was to make them better at their chosen occupation.

Then there was the particular emphasis put on money making skills by the high prices of recent years. The impression was allowed to develop that people who were not very good at managing money would at some point develop an ability to acquire and handle money in large quantities.

Finally it should be said that for these impressions to have taken root and grown, there must have been a willingness to believe them by people who should have informed themselves better. Most of these people must have had contact with the phrase in Scientology writings which states clearly that "Scientology and Dianetics ... were intended for spiritual gain!"

So it may be wise to go back to basics in looking at what gain auditing can achieve for us.

## Areas of gain

Firstly there is the area of "spiritual gain" or spiritual awareness and capacity. There is not space here to deal with this very subjective issue but for those who have experienced it, there is little need to dwell upon its merits or value. Those people would probably agree that if there were no other benefits they would have enough to make it worth all the work, hassle, time and expense to obtain.

In looking at the other areas of gain it is helpful to look at what auditing is doing. At its simplest it is freeing us from stuck thought processes that are held in place by charge and which absorb hefty chunks of our attention. The more charge that is released, from any part of our "case", the more attention units are available for living life.

So if we have an individual who wants to be a tightrope walker, but is unable to learn because of his fear of heights, what might auditing do for him? It could remove his fear of heights but he will then have to start at the beginning to learn the skills of tightrope walking.

Let us apply this to Level 0. The EP is "To be able to communicate with anybody on any subject!" That again however is only made of any value if the PC actually makes the effort to do it. The PC may not have the polish to do an after-dinner speech but they can start on the road to take them there. They need to acquire the skill and confidence by actually doing it on a gradient and setting themselves bigger and bigger challenges.

The same can be said for improving one's marriage, bodily health, performance at work, or financial skills. We can be released from the self-imposed obstacles that prevent us being

<sup>1</sup> This series first appeared in *The Edinburgh Journal* in 1985. Ed.



able in these areas, but we still have to work at doing it. In fact we are at an initial disadvantage to others in starting late. We have a lot of "tech" to help us but applying it still requires considerable effort and dedication. These are however the games that we need to develop and fulfil ourselves. We should be continually stretching ourselves by increasing the scope of our goals.

The worst advertisement we can be to people who are approaching the subject of Scientology is to be unsuccessful in life. With the help of

auditing we can be free of the barriers that hold so many people back and with the "tech" we have the key to success in many areas. However we must still put in the effort and determination to achieve anything. It is unrealistic to rush up the Bridge hoping that it will make us "Healthy, Wealthy and Wise" without any effort on our part.

To put it another way, there is little likelihood of an OT level ever becoming available that will turn anybody into a ready-made tightrope walker. □

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## Munich Convention

By Antony A Phillips, Denmark

ON THE FRONT of this issue we have the logo which was created for the October conference in England, and below you have the logo, an impression of the distinctive part of the Munich skyline, which was made for the Munich Convention last November. Two greatly different meetings, but both full of live communication, interest and enthusiasm.

What was the difference? Basically in organisation and expense. The English conference (one of a series of half yearly conferences) was a simple one day affair, in a hired room, with relatively inexpensive lunch served in the room by the voluntary helpers to the conference. That of course gave a cheap conference. The Munich one was perhaps the extreme opposite. Organised by the Munich area of the Free Zone, it took place over two days (Friday evening to Sunday lunch time) in a hotel, with good hotel meals, rooms, and excellent conference type lecture

facilities. It was part of a series of once a year Conventions in different European countries (last year was in France).

There were coffee and meal breaks in both meetings, and, needless to say (for scientologists, anyway) they were adequately used by participants to talk to old friends and form new friendships. In Munich, where there were about 100 participants, there were usually two talks, lectures or workshops going on at the same time, and one had to choose which one to go to. The one took place in the large Pavilion, where there was simultaneous translation available in German, French and English, and the other in one of the smaller rooms where translation occurred after the original speaker had said a phrase or sentence. Thus the language barrier was handled for the participants.

►page 10



# Hats in Fri Scientology

by Ant Phillips, Denmark

IN 1965 I BECAME responsible for personnel at Saint Hill (the only one at that time, at East Grinstead, England). I had the impressive title of Director of Routing, Appearances and Personnel. At about that time Ron gave a rather friendly lecture with quite a few references to personnel (staff of scientology), and also issued a friendly policy letter. Amongst the things he said or wrote were things like, staff should have a higher priority than paying preclears with regard to auditing; while it might be necessary to give them jobs which they did not particularly want to do, they should in due course be given the sort of work they wanted.

Although quite a few staff (myself amongst them) did get quite a good bit of auditing when on staff, most of us know of people who got very little, and we also know of instances where people were put on jobs they did not like or want, and were never given a job they wanted. And in later years (before I lost touch with the organization, the rule was introduced that you must not leave a job without there being a replacement, and in certain areas the responsibility for getting a replacement was left totally to the person himself, who possibly was so overloaded with work that he never really got time to find a replacement.

When I started on the Personnel post at Saint Hill, pay was reasonable. It got worse, and I have had information that it is not much better now.

Said briefly, working conditions were poor. However, for myself, and perhaps some other readers, that is a matter of history. I personally don't have any urge to reform the latter

day church, though I consider it a good thing for someone to do.

## In the free world

I do, however, have a great interest in the better parts of scientology being available, talked about and delivered in the free world outside the latter day church.

I'd say we ex or free- scns are a pretty diverse network (group), working on some sort of a broad goal which we have in common. One of the glories of this is our freedom. We don't have to sign up to come on staff. We don't have to come on staff.

There are many jobs to be done to keep this network alive and thriving (we can also call them hats — if we want to maintain our cultish gobledgook). If we want to lend a hand, we can look around and see what is wanted *and* needed, and find something we would *like* to do. We can find something which is long term. Or we can find something which needs doing just once, or which is short term, and do that.

In the area of the two magazines I am connected with, *many* have helped. Here are some of the hats which various people wear, and which all help to keep this part of the broad free scientology network going: translators, proofreaders, typists, artists, computer expert (or sometimes called computer freak), transcribing from tape, distributing, writing, printing, subediting, collating and stapling, encouragement and suggestions. Our four regular contributors have accepted a long term hat. In Terry's case particularly onerous, since he has orders from me on what he should write about, and that it must only be  $\frac{3}{4}$  of a page<sup>1</sup>.

<sup>1</sup> Terry, who saw this article, has another viewpoint on this. He writes "(Tech point:) Not really. I create it in p.t., article by article. That *lack* of commitment means I can continue long term. An actual long term *commitment* would be overrun."

In the magazine *The Free Spirit* Mark Jones and Hank Levin have taken on long term hats, but again they have been supported by a host of others with similar long term and short term hats to those named above. And in the fairly newly established computer communications systems, Homer Smith has taken on a big hat, but again supported by many more or less anonymous figures, wearing, for short or longer periods a host of other hats. I suspect a number do not realise that they wear hats. They just do things that seem a good idea at the time.

### Cycle of action

There is another aspect to hats, or rather the people who hold them.

According to Ron, and in this instance I believe him, we have people who are stronger on the start side of the cycle of action, those who are strongest on the continue, and those strongest on the stop. The first category we call in Danish *iværksætttere* (meaning people who get things going). I don't feel I really fit into this category. I don't think I could have started this vast publishing network I run at the moment. It took someone else (Søren Werk) to get the thing going, collect addresses, collect finances, motivate volunteers. Since his time three or four others have taken on the editorship for short terms (for the Danish magazine, before *IVy* started) before I succeeded to the top position.

If one is a 'starter', it might be worth recognising the fact, and also recognising, that what you have started can be dropped, when you have either achieved what you set out to achieve, are

not getting any fun out of it any more or others have taken over more ably. Of course, if you want to maintain good relations with the world around, you should fill all promises (including implied ones) that you have made. In fact it is wise to consider carefully before promising, to ensure that fulfilling the promise does not result in overrunning the goal.

An example of something which was started (and run a bit) and then was dropped was the magazine *Clearing Today*. Flemming Funch started it with a definite goal (a change in attitude of certain people, towards more cooperation), achieved that goal, and ceased to publish *Clearing Today*.

### Other hats?

Yes, of course, there are many other hats (jobs, tasks, hobby activities, to use more normal words) in the free scientology 'network'. One of the most important would be to audit some one now and again (or often). Having got some idea of what you feel our common goal is, in free scientology (otherwise called expanded scientology, sometimes also called clearing), may be it would be an idea to assess what hats you would like to drop.

Or take on.

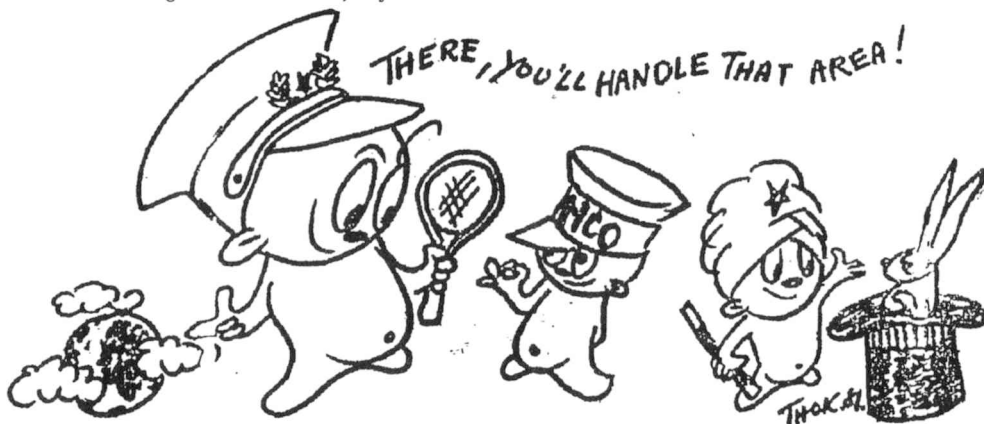
Or suggest someone else takes on.

Or play together with a friend.

I think there will always be a need for communication. How about arranging a little 'get-together' in your area? Your distributor will probably have a few useful names

□

*I look at this drawing now with a kind of wry smile.*



# Responsibility?

By Otto Roos, Holland

Ref. IVy 18, page 32, "Scn — a workable system"

THE OVERALL CONCEPT of this article seems clear. Basically the same is said in "Keeping Scientology Working"<sup>1</sup>(KSW). The article makes one wonder, though, who this Hari Seldon is that he considers himself capable of making statements like "that so very few human beings have been able to assume responsibility for the Technology that Hubbard gave to us" (page 32, col 1, para. 4)

He then informs us that Hubbard would have said that "he tried to train us into understanding the tech, but that *we still do not understand*" (page 32, col 2, para. 5). Hari Seldon apparently has the case handling technical qualifications to in his article tell us "what Hubbard really tried to get across" (page 32, col 1). Are we to assume that LRH himself was incapable of doing what Hari offers us gratuitously?!

## Application?

He tells us that "if you know *how* to apply the tech you will get the results it was designed to achieve" (page 32, col 1, last three lines).

One can continue to look through this article in this manner and find more of these type of arrogant assertions.

## True dedication

I don't know who is hiding behind the Hari Seldon name. It is not a person who is aware of the untold number of people who spent years of their lives to learn to duplicate this technology and *who did just that!*

I myself spent years being personally trained by LRH, and training many students under his supervision, all the way from Dianetics to Class

XII, as well as being Senior Case Supervisor, Class VII to XII.

Personally I have witnessed LRH expressing his happiness about his Flag auditors. People who spent years to tens of years in training to become good auditors! People who *did* understand the technology. In fact guys and girls who like myself, in innumerable WELL DONE to VERY WELL DONE sessions so marked by LRH C/S, caused him to be delighted.

When the X to XII R/D's had been fully tested/run, he himself expressed his satisfaction about the arrival of "the perfect auditors"! He was also happy in the earlier years when the Class VIII, and years before that when the Power Processing Class VII auditors came on the scene! (None of this is rumour line, I witnessed and was part of it as student, auditor, supervisor, case officer, review auditor, cramming officer and C/S.)

We were a happy and able bunch, in fact in the even earlier years of the ACC's, and the BScn Courses, **KSW**, though not even written as policy, was the rule more than the exception among the professionals!

Not all Flag auditors became Class XII's. No, but *up to the level of their training*, from Dianetics on up, *many did become excellent auditors!* They *did* live KSW, understand and apply tech. Many of them still do!

## The tech not working?

Hari then says "the only reason ... Technology does not seem to work..." (page 33, col 1, para. 2, #4). Who said that "it does not seem to work"? In the IVys one reads about disaffection with the ethics procedure of the church, but one does

1 First issued 7th February 1965, this Policy Letter of Ron's became a bit of a joke in some quarters, since one was required to read it and check out on it for every small or large course one took in the church. *Ed.*

not read much about people complaining because "the tech doesn't seem to work".

In fact, it is only because it *does* work and because all the IVy readers know this *and try to rescue it*, that they even bother to write to IVy at all. The only thing that keeps us together is this tech and our knowing that it works!

It may come as a surprise to Mr. Seldon, but I assure him that I and many many others *can* make it work! That I have done this for many tens of thousands of hours as auditor, solo auditor, LRH research auditor (of all the OT levels Hari Seldon has run and a lot he hasn't) and that I have known many Flag and other auditors up to "the standard of The Standard".

I myself have always been a staunch supporter of the Standard (in fact my appointment by LRH was to assure exactly *that*, to increase adherence to this thing called "The Standard"! I have made my goofs and I have had to swim for it (in the old days of overboarding on the first VIII Course in Corfu!), but like many of my fellow students came through! None of us ever doubted that the tech worked, and not many of us failed in acquiring the skills to *make* it work!

None of the auditors who dedicated their whole lives to our technology need to be told the things this arrogant, invalidative, and patronizing article is trying to ram down one's throat!

### New technology

The article says that "we do not need new Technology". What utter nonsense! LRH had a group of Research auditors who did nothing but, under his directions, look for and find new technology. The art and nature of the exact counter effort which had to be handled as one went higher up the Awareness Levels (the OT levels, the Class X to XII procedures, The Upper Level Developments from Power Processing on up, to NOTs, OT8 and beyond!) had to be found and technology to handle these new areas had to be developed and tested. The same had also happened in earlier Goals running days.

In the latter years the research, especially when handling the basis of insanity, was done by a group of Class XII auditors, personally hand trained by LRH who he himself called "the perfect auditors". Those "perfect auditors" *could*, Mr. Seldon, apply the tech and they also trained others.

If Hari Seldon is so convinced that "if you know *how* to apply it you will get the results it was designed to achieve" (page 32, col. 1, last lines), he is hereby invited to show where in the world a *TRUE* book I Clear can be found. An individual who truly has all the characteristics of the Book I Clear. As Hari cannot do this then, according to his article, *Nobody has ever been able to apply the Tech*, as no such clear was ever produced!

I know how to and can apply the technology. There will not be many who would refute that. But there are many others who, within the limits of their training, have done so, can do, and do do exactly the same. Yet, the Book I Clear has never been produced by anyone, including LRH! This only means the Tech is lacking somewhere along the line. "Lacking" only in the sense that *it is not complete*, hence new tech *must* (has been and is being!) be found. New Tech must always be found in each developing science. The processes of further development cannot ever stand still!

There are only a very few auditors who have co-researched under LRH on the further development of areas beyond NOTs. (Much of which, strangely enough, was found *before* the development of NOTs!) These new areas of aeons old unhandled counter effort each need their own procedures.

### Blame?

I do not blame the CofS because "I did not go OT". I have spent my whole life in the Tech. Also in daily life I have been and am successful and very much "OT", if we may define this state as merely a certain level of effective CAUSE! *Much of this is due to the training I received when it was still available!*

I am very grateful indeed for this privilege. So, how can one *not* hold this church accountable when it makes further training and going up the levels unavailable to many!? When access is being denied to the correct technology which we, according to the article, should have!

Indeed we *should* have it. There are those of us, Mr. Seldon, who do have it, who lived and trained in the days before a group madness drove out many well meaning, well trained, very dedicated people, who *did* work on the lines of KSW. Some of these dedicated people are not

now in a similar position of being able to increase their skills in the same manner as people like myself could. (I recently discussed this with Steve Bisbey, an old time C/S, who also regretted the passing of the old training days under the Flag Rules.)

The unbelievable absolute arrogance to blame and to talk down to some of the dedicated people, *who want nothing better than to train and train and train*, for "failing to grow from the ARC triangle to the KRC triangle" (page 33, col 2, last 3 lines) is absolutely appalling! That many of the people mentioned left the church not wanting to compromise their integrity, as a result of which they no longer had immediate access to standard training, cannot be swept

aside by merely telling them to "accept responsibility". They just did not want to continue living a lie, not even for the sake of "receiving their training and Upper Levels"! Now, that, Mr. Seldon, is LIVING STANDARD TECH and BASIC TRUTH!

There are a lot more people than your article implies who *do* command the Tech to a high degree. There are also lots of people who would want nothing better than to reach just that level of grasp. That the road has been shut is *not* their responsibility. Nor will that road remain shut for ever!

What tech qualifications, Mr. Seldon, entitle you to dish out preachings, make wrongs, and invalidations under the cover of a pseudonym!? ☐

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### Munich Convention – cont. from page 5

And who were those participants? Apart from coming from many European countries there were also participants from Brazil, USA, New Zealand, and Australia

#### Five minute talks

Saturday opened with a series of 'Five Minute Talks' (actually a little longer than five minutes). Amongst them was a talk by a funny young fellow, rather fanatical about communication, and the basics of Scientology, who turned out to be trying to sell a magazine called *International Viewpoints* to increase communication.

Flemming Funch, who has been president of the California Association of Dianetic Auditors (CADA), gave a talk on it. This organisation was founded in 1950 and has always been independent of an Scientology organisation, and Flemming told of its history and aims. Data can be obtained from CADA. 1147 E. Broadway, #235, Glendale, CA 91205.

#### Bookstore

During the Convention a bookstore was open where about ten individuals displayed various wares amongst them that fellow getting subscriptions for *International Viewpoints*. There were about five selling books of various kinds, one selling health products, three displaying meters, and one videos.

On the meter stands I noticed a meter from New Zealand which had an automatic Tone Arm Counter which did not show body motion. Once I did not believe it was possible to make an Emeter without a physical Tone Arm. I have been using one for six months (The Ability Meter). When I heard that there was a meter with an electronic Tone Arm Counter which was not affected by Body Motion I did not believe that. But at Munich I took the cans, and saw the lack of Tone Arm Count when I let go of one can and when I scratched myself vigorously. I understand it took two years to design the circuit. There were also meters where the Tone Arm counter could be controlled by needle movement, or Tone Arm movement. I understand that there are plans for making software which would enable a portable computer to be used as an Emeter, where you could use part of the screen for displaying meter data and part the appropriate list from the computers memory, or write in admin, and also a project for making a cheaper good quality meter.

Allan Wright, who was an Academy supervisor in the church in Australia for six years, displayed part of the project he is working on. He bases it on the fact that since the 50's a big change has taken place and nowadays many people do not readily receive written data, but are accustomed to

➤page 17



# Clearing and Computers

by A. Cybernaut, Great Britain

YOU'D BE SURPRISED at some of the information that scrolled past my computer screen during 1994.

There were the spate of new affidavits by Stacey and Robert Vaughan Young, the Aznarans and the Tabayoyons<sup>1</sup>. There were the John Zegal tape transcriptions<sup>2</sup>. There was insight into the controversial IRS decision<sup>3</sup>, and news from Germany on the C of \$ fracas there. There was even a transcript of the OT3 pack!

At the same time, there was plenty of information for those who prefer to leave the C of \$ in the past and get on with Clearing Technology in the present. Flemming Funch released his Transformational Processing book in bite-sized chapters. Allan Hacker made his Acceptance materials available. There was regular stimulating discussion of the whole range of Clearing Technology.

Dennis Stephens' TROM was only one of the many hot subjects in '94. First impressions and reports were circulating within hours of its appearance. Stephens himself contributed clarification on certain technical points. TROM made a sizable impact and computer buffs can now subscribe to a special TROM-only information service, receiving regular "TROM comm". Such services are known as LISTSERVs and I'll be talking more about these later on.

Participants in this computer world range from feisty<sup>4</sup> Old Timers to interested newcomers. Super Squirrels, Ex(panded) Scientologists,

seasoned critics, and even the occasional C of \$ die-hard all have their say — to an estimated audience of some seventy to eighty thousand subscribers all around the globe.

## Computer "conferences"

There are currently two main conferences (or "newsgroups" to use the proper term) of special interest to IVy readers. The first is known as "alt.clearing.technology", hereafter referred to as *a.c.t.*, and the second is "alt.religion.scientology" which we'll call *a.r.s.*

*a.c.t.* is devoted mainly to the discussion of Clearing Technology<sup>5</sup> in its broadest definition — encompassing all varieties and flavours of clearing — and is by far the more rational newsgroup of the two.

In contrast, *a.r.s.* is often a battleground, as critics, "churchies" and Free Zoners slug it out.

Both are worth reading though. There are plenty of interesting nuggets to be found on *a.r.s.* if you can just filter out the "noise", plus it gives an idea of the current public perception of the C of \$ (not particularly good).

There are many different Independent groups and individuals represented, all of whom have the freedom to communicate publicly or privately as they see fit. Commercial advertising is *not* encouraged, as the purpose of such newsgroups is the simple provision of information and the interchange of ideas. However, the quality of information available is high, and the

1 These were legal statements giving data on conditions in the church, etc.

2 John Zegal made four cassette tapes in the period '83 to '85, describing the reasons behind the split from the church, etc.

3 Where the church was granted backdated tax exempt status.

4 *US Dialect.* full of life and high spirits. *World Book Dictionary*

5 Clearing as a term seems to be used either as a synonym for scientology, or to describe procedures aligned with scn principles. Ed.

potential rewards of communication are great. You can leave messages or data on a newsgroup and receive an answer within the hour from the other side of the globe.

This is a great way to meet kindred spirits scattered all around the planet and get (back?) in comm with them. There's nothing nicer than enjoying a friendly electronic mail exchange!

Of course there are already many worthy contacts out there in cyberspace, and most will be happy to strike up a comm line. There's a loose network of Captain Bill-trained C/Ses who use the computer lines to discuss C/S issues and other matters. Flemming Funch and Joachim Steingrubner are on-line, as are David Mayo and Sarge Gerbode. Your good editor, Ant, is here, as is the redoubtable Homer Wilson Smith who started the *a.c.t* newsgroup, and a whole host of others who you'll recognise.

Having said this, it should be emphasised that not only Independents frequent the newsgroups. Yup — big brother is most certainly listening in, and that may put some people off. It's possible to become anonymous and adopt a pseudonym if this concerns you at all (but don't try "The Squirrel" — it's already been done!)

## List Servers

I mentioned the TROM list server ("TROM-L") earlier, which supplies you with a steady stream of TROM-related info via electronic mail. List servers can be created to forward and receive electronic mail on any subject, and are worth knowing about. Once you have "subscribed" to the list of your choice, it's just a question of waiting for the mail to arrive in your electronic mailbox.

You can even receive the "best of" newsgroups *a.c.t* and *a.r.s* by subscribing to listservs CLEAR-L and LRH-L respectively. This way you get the data you need without the time-wasting "noise", and you keep your phone bills down.

## How to join the fun

Really, no self-respecting Clearing Practitioner should be without access to these fantastic resources. So how do you go about getting connected? Just follow the steps below and you'll be there in no time:

### 1. Get a computer

I would recommend a PC compatible, available from a multitude of sources<sup>1</sup>. You can get away with a lower-powered model as this kind of work is not especially demanding on the machine. A "386 25SX" model should be quite sufficient and won't cost you an arm and a leg<sup>2</sup>.

### 2. Get a modem

A modem is an electronic box which sits between your computer and your telephone socket. The faster the better, as this will help to keep your phone bills down. Look for a "14,400 bps (bits per second)" modem, or faster if you can afford it. A 14,400 bps model will cost about £100 sterling.

### 3. Get an account

Get an account with an "Internet Service Provider". A what? OK, imagine a powerful computer which can exchange information with a vast number of other similar computers around the world. The Service Provider typically owns several such machines. You use the superior resources of the big computer(s) to communicate with the outside world, for a monthly charge plus the cost of your phone calls (effectively.) Phone charges will be the same as a normal inland call to the Service Provider's location, even if you are using the computer to talk to someone in Australia! You can minimise phone call charges by choosing an SP (!) who supplies a "Local Access Point" (also known as a "Point of Presence") near you. In other words, if you live in Birmingham, choose a Service Provider who serves from Birmingham for the cheapest possible solution. UK readers — see the enclosed list of Service Provider companies for more details.

1 Other types, for example a Mac, can be used.

2 I suspect an old 8086 machine one can pick up second hand and cheap would be sufficient. Ed



#### 4. Get the appropriate software

The software you will need varies according to the Service Provider, and will usually be provided by them, often free of charge. Whenever you want to "commune by computer", this will provide the immediate interface for you to do so. It will dial up the Service Provider's computer and make all the connections. You will then be presented with a range of options — simple controls that you can use to tell the "host" computer what you want it to do. For example you might select "Usenet News" in order to activate the Internet Newsgroup program, by typing an 'N' at your keyboard. You could then type the name of the newsgroup that you wish to browse. For our purposes this would be "alt.clearing.technology" or "alt.religion.scientology", but realise that you have the potential to reach thousands of other newsgroups, on subjects from Archery to Zen! The Service Providers will generally bend over backwards to help you get up and running, so don't worry if it all seems a bit alien just now...

The above example of connecting to a newsgroup is hypothetical only, as you'll find that each Service Provider has their own unique way of doing things.

#### Service providers (SPs)

Generally there are two main types of SP: (forgetting Type Three for now!!)

Bulletin Board-style providers like CompuServe, CIX and Delphi are arguably easier for the beginner to master. In addition to their various non-Internet options, they offer a limited GATEWAY onto the Internet.

Direct connection-style providers like the BBC Networking Club, Cityscape, Demon, Dircon and Genesis aren't quite as easy to get going. However, they allow unlimited Internet access for the more adventurous.

Either type of Service Provider will get you onto the Clearing newsgroups.

There are two main questions to ask of your prospective SP:

1. Do you have a Local Access Point near me?

2. Are there any surcharges, especially for Internet access?

#### The future

Finally, a word about the future. There have been excited communications on alt.clearing.technology regarding the prospect of AuditNet. This is a vision of auditing taking place across the Internet, with the PC in Birmingham, England, say, in session with a Clearing Practitioner in Baltimore, USA, facilitated by computer! Digital technology would be employed to transmit relevant data (Clearing Practitioner and his/her commands on video, PC's responses on video, meter reads, TA) from one computer to the other. Session admin. could be automated, with template worksheets and automatic Time/TA/Needle movement logging. Coupled with automatic TA adjustment, the practitioner becomes more and more free to observe the PC (albeit through an electronic via).

The technology for full digital "video conferencing" is already available, and digital e-meters are apparently here too, so it is all quite possible. Initial implementations of AuditNet are likely to be on a slightly more mundane level, until video-conferencing becomes more generally established and cost effective. The emphasis will be on getting the processing done! It's a controversial subject, but it could put clearing into much wider use while taking the load off the travelling practitioner. The technology to facilitate the above is steadily getting better and faster. While I find it hard to imagine traditional face-to-face processing being replaced, who knows what the seed of AuditNet could eventually grow into?

Meanwhile, there is plenty to be gained by joining the band of dedicated Independents who frequent the Information Highways. Apart from the obvious benefits of communicating with your fellow Free Zoners, it is an excellent way of getting acquainted with the wonders of the Internet in general, where it is possible to find just about any information you need — data, images, animation, video, software — but that's another story... Hope to see you in Cyber Space soon!



# What happened to the comm-lag?

by Tron Enger, Norway

IN MY OPINION, one of the most important things is to communicate. I didn't know how much I had missed communication until I joined the Internet. I thought everything was just fine.

One day I bought a modem. Much too slow, but it was OK. Then I started.

Well, it wasn't that easy. I realised I didn't know anything. At the same time I saw an offer; the book: *Internet for Dummies* and a little guide with the same name, and 1 year connection to Internet for a reasonable price. I also bought the book *Modems for Dummies*. Good investment. Very soon I started to call BBSes (local machines) to test it all out. It worked fine.

Soon after, I "had to" buy a new modem. It all took too long time.

## Discussion-groups

Then I subscribed to "alt.religion.scientology". My God, it was noisy. A lot of traffic, but also a lot of garbage. That group lasted for about two days. Then "alt.clearing.technology". Much better. Then I contacted some people that had been writing articles in *IVy*, and suddenly it got very interesting. Several people responded. I found myself communicating with people all

over the world, interested in the same thing as myself. The Tech, TROM, Balancing and Polarity Integration. I found out how trapped I had been. (I know, it's my own fault.)

I've had wonderful days since I joined the Internet. If things get boring, I'll just post a letter to one of the groups to stir things up. (No, just kidding!) At the moment I'm learning, and won't be a part of the broad, deep discussions for a long time. (What a nice postulate!)

## Remote auditing.

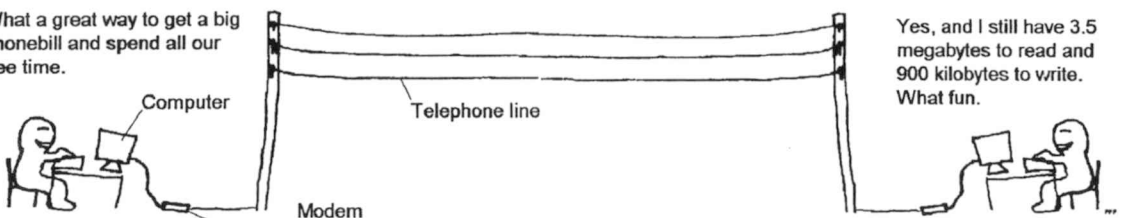
A. Cybernaut also writes about auditing taking place across the Internet. Interesting idea. But what about the "Living Communication" as Todde Salén would have said? I feel immediately that there is something missing. The intimate contact between auditor and PC, the auditor's creativity based on his actual affinity toward his PC. I can't imagine that anything can replace that? Maybe others would like to comment on that.

Do you want to expand? Then, join Internet. It's amazing. If you ever take the chance, write me an e-mail letter at:

trone@oslonett.no



What a great way to get a big phonebill and spend all our free time.



**Editors note:** It is not as bad as PPP portrays it. He got his fingers bitten accepting pictures over the phone and has not tried Internet. There are many methods of contacting Internet. Cheap and dear. My phone bill is less than a friend's who has no modem! And I get replies from Australia within 24 hours. Ant.

# Ethics and Aesthetics In Auditing

By Ulrich, Germany

ETHICS IS AN ORDERING principle. One's demand for ethical solutions incites one to put things in order as best one can. One doesn't leave circumstances simply as they are but changes them towards a desired, optimum state. This usually doesn't go by smoothly but leads to dynamic activities.

When it comes off well and each thing has found its proper place with relation to each other thing, the order thus brought about appears balanced and harmonious. It appears aesthetical. Ethics lead to aesthetics.

What is considered optimum in each given case depends on the agreements one has with oneself on the one hand and with the other participants on the other. Accordingly it gets the more difficult to agree on optimum ethical and aesthetical solutions the further one moves up the dynamics, because with each higher dynamic the number of participants grows.

The reactive bank is neither ethical nor aesthetical. It is formed on the basis of doubts and invalidation of age-old goals and ideals. It obscures the games concept of a thetan. One might even say: the thetan *uses* his bank to obscure his games concept. Because he doesn't dare to come close to his own game any more. Because he was hit too hard once or twice before.

When this isn't confronted and cleaned up, mental disorder remains and penetrates the being, doing and having of the whole of life. The thetan doesn't pursue his originally postulated goals and ideals any further. He deviates off them, gives them up and identifies with foreign ones, i.e. those of others.

In this process he doesn't only descend on the emotional tone scale but as well on the scale of ethics conditions: he becomes a liability to himself, becomes doubtful, acts against himself with increasing irresponsibility and finally winds up in confusion. His integrity, his unquestioning loyalty to his own goals and

values, gradually comes to pieces. Yet weakened integrity (being) leads to disoriented, senseless and even self-destructive actions (doing) with corresponding results (having).

Life becomes less and less ethical and thus less aesthetical.

## Real progress instead of theta cosmetics

In order to clean up such conditions auditing should rehabilitate goals and polish up ideals. It should make the thetan feel convinced that he can execute what he set out to do millennia ago.

Therefore auditing shouldn't restrict itself to giving the auditee "a win" but aim at the Real Why, that is, the deeper reason behind his deviations and aberrations. (Usually this is to be found very early on the time track and is an irrational decision against one's own game in favour of another's.)

Each approach to the case which would permanently raise a thetan on the tone scale may be considered valid. Yet this by itself doesn't suffice. Because raising tone isn't necessarily accompanied by unearthing and re-accepting old goals and ideals. Though his tone may go up, the ethics level (or perhaps games level) of the person may not.

Providing momentary wins is like a straw fire flickering up briefly and dying down soon. This way neither real progress nor real liberation are attained. And mind you — even the lowest pleasures such as superficial adventures and thrills, such as aberrated entertainments like drugs or torture, will raise tone temporarily. That this won't elevate anyone ethically, goes without saying.

## A KRC bridge

Supporting a thetan in undoing his self-created disorder, his muddle of counter-postulates, will eventually make him find back to his original, positive games postulates.

He will move up not only on the emotional tone scale (ARC) but as well on the scale of ethics conditions (KRC). From confusion he steps up to knowing certainty, to the recognition of his own game. He isn't a foe to himself any more, has done away with his doubts, has made up for the errors of his past. He may start afresh (non-existence).

These would be the end phenomena of a bridge that's geared primarily to KRC instead of ARC: that a thetan

1. knows his goals (being),
2. backs up the ideal scene connected with attaining them (having),
3. knows that he will eventually attain them against all odds (doing).

That he would range way up on the tone scale, is a matter of course. There you'd have an OT in the true sense of the word — he knows what he's got to do, and does it. Tone 40: intention without reservation. He makes things go right, the famous "supreme test of a thetan".

It follows that the ideal scenes envisioned by him wouldn't be evil. A high-toned being wouldn't become a second Hitler or Stalin. Much as most thetans happen to be very mislead, they are deep down basically good. The more you audit them the more this goodness comes out.

And mind you: he who delivers such a bridge would have to be the living proof of it. With his own life he'd have to stand in for its validity.

### Free-style auditing

Although the reactive bank typical for Earth follows a certain pattern, no two cases are fully alike. Consequently, pressing people through a series of prefabricated rundowns and processes means disrespecting their individuality. Each "standard" approach that purportedly "fits all sizes" cannot do justice to the multilayeredness and interwovenness of the individual case, and unvaryingly ends in an accumulation of complicated, illogical and arbitrary emergency solutions. At best it remains superficial. Such a technical approach is disorderly (and therefore non ethical) as well as ugly (non-aesthetical).

Firmly defined EPs — such as those typical for the CofS bridge — certainly sell easily as they make the client feel as if he was buying a defined product. Yet of necessity they make one

compare oneself and others with them, and oneself with others. Did one get the desired result as described? Did the other fellow? Over such competitiveness one may easily invalidate what one has actually attained. Or one may not dare say that what one meant to attain, never was attained. This way suppressive standards are set.

Yet just as each thetan has got into his low ethics condition by his own means, he will have to dig himself out in his own way. The auditor assists him in that. When auditing is done right, it is fully tailored to the needs of the auditee.

Auditing is not "easy", even though it is often made to look that way. In its essence it is the encounter, the naked, unadorned encounter between two thetans of whom one needs help and the other provides it. This can only be resultful through trust and skill, through understanding and competence, in a word, through a supreme combination of ARC with KRC. The auditor "listens and computes", as the definition of his activity has it, and indeed he doesn't do any more than that. Any attempt to audit "with the tech" instead of on the straightest possible line from person to person, is condemned to fail or at least to stay superficial.

The various techniques and methods of auditing undoubtedly play a large role, yet as an auditor one should be careful not to hide behind them as a substitute for confronting the uniqueness of the auditee one is facing. Auditing techniques may aid the session yet just as easily may erect a wall between auditor and auditee. Only when the auditor has fully internalized all fundamental scientological principles, understands them conceptually, has good TRs and — to top it — is able to create the application of these philosophical principles in his session from one moment to the next, will he imbue the sort of vitality into his activity that would correspond to the auditee's vitally felt need of change. Only then will the auditee be "in session".

An optimum and therefore ethical-aesthetical application of scientology principles would mean attaining permanent releases and certainties by the simplest means and minimal effort. Each step in the procedure must follow logically out of the general auditing context and be supported by unequivocal arguments, not

opinion. (This corresponds to the definition of "professional" in the *Management Dict.*)

In this, conventional methods have their merit. There is no need to change them, particularly if one didn't test them out properly when they seemed to be unworkable. Becoming inventive after misunderstanding a word and subsequently failing is a poor show. And — as goes for all science — new methods should simplify things, not complicate them.

Following the peculiarities of a given case in an adequate manner, a manner tuned to that

person individually, accepting the disorder presented by the auditee and aiding him to turn it into order, in a word, pursuing the outpoints the auditee presents in form of deviating postulates, one will soon hit upon the Real Why hidden behind these outpoints. In this manner the case will fall apart all by itself in no more than twenty to forty hours.

One does the right action at the right time. One works ethically.

Such procedure one might term *aesthetical*. ☐

### Munich Convention – cont. from page 10

and welcome visual and aural data. So he is engaged in producing a series to teach auditing and associated skills by video. The one nearing completion is aimed to help already trained auditors who may or may not be practising to get and successfully work with new public preclears. We have been promised a pre-release copy for review.

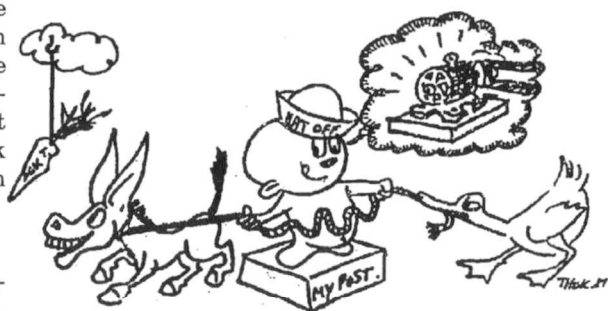
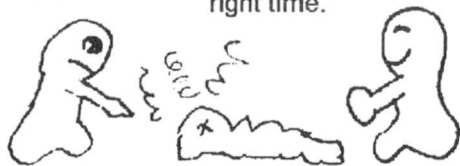
### Entertainment

After the usual good buffet dinner on Saturday night, there was entertainment. Singer accompanied by piano; piano solo; a ballet which I took to be based on early track events. All excellent and extremely well organised

### The lectures

There were twelve lectures in all, and amongst the subjects were ancient Celtic knowledge, workshop for C/Ss, How to exteriorise, the tech, the holographic universe, body org, partnership (2D), legal matters workshop, Group aberration, wins and losses during dissemination, and the position of the free zone now and in the future.

What's that? The Ethics Officer handled with the right action at the right time.



"LAW: THE POWER OF A THETAN STEMS FROM HIS ABILITY TO HOLD A POSITION IN SPACE."

HCO PM 29. JULY 71:  
WHY HATING?

### Next year

A similar Convention will be held in the autumn next year. I can only ally myself with the fellow earlier mentioned who was selling *International Viewpoints*. Communication is a good thing. Not only reading IVy at home, perhaps in bed, not only meeting friends, in person, on the phone or through Internet. But also those exciting things called conferences or Conventions. So plan to come to Switzerland next Autumn. If you have not got a local terminal to give you details — write to me. Costs are always around 500-550 DM for the whole weekend, including food and hotel. Set yourself a target — I look forward to enjoying it with you. ☐

Letter to the Editor

## A Puzzled Reader

THERE ARE TIMES when I fail to understand what *Ivy* has to do with scientology, what with all sorts of new, strange and unexplained processes, rundowns and seemingly scientologicial offsprings popping up all over the place.

There is Dianasis, Belief Changing, bilateral metering, TROM, to mention just a few. One hears success stories, one is told that such-and-such is so much better than scientology — yet what is this all about? To me these are foreign names. Hollow syllables. No mass, no reality.

One hears about new interpretations and applications of the Admin Scale, the Tone Scale, the Ethics Conditions. These changed versions are simply put there without reasons why. One gets the impression that Ron was a bit daft, perhaps. Didn't do it right. As well one hears about mixing in with auditing other techniques such as shamanism ("soul retrieval"), acupuncture, massage. Why? What's that got to do with the good old LRH-style auditing most of us grew up with? What's wrong with auditing that these off-beat steps had to be taken?

The tech didn't seem to work, so one added other bits or became inventive. Obviously there was a need to look for alternatives, else one wouldn't have taken the trouble to "squirrel off" (to use a well-hated term). But why did the tech not work? Personally, I have no trouble whatsoever with the tech. The simpler I go about it the better it works. So what occurred in the experience of others to necessitate their exploring new avenues?

Mind you, I'm not speaking out against improvements in the sense of streamlining and simplifying. Even Ron says: "When a group seeks to forward only what is currently acceptable it of course stalls all progress. Further it is dishonest to suppress or fail to reveal scientific discoveries." (*Dianetics Today*, p. 353.) But he doesn't say that one — in order to make scientific discoveries — would have to deviate from the basic tools he summarized on the Cl.VIII course, i.e. Ruds, Prepchecks, Lock Scanning, Two Way Comm, L&N, Repetitive Recall, Narrative, and Chain Running. One would certainly combine these basic tools in ever new ways to handle whatever the pc wants handled. But why go off them? And why invent "new OT levels"? Aren't the old ones good enough?

To me, scientology is a science, not a set of beliefs. The application of this science extends to subjectively revealed personal memories (mental image pictures), certainly, but the actual tools are as concrete as a hammer or a screw driver. The tools are *not* subjective! So changing well thought-out, thoroughly tested conventional tools for something novel would demand some explanation.

So let's be a bit more scientific, I should suggest. Anyone who deems it necessary to use "other tech", such as alternative approaches, mixed approaches, or new OT levels, in a word, anything that goes beyond the basic tools mentioned above, ought to be held to explain why it was necessary to do so.

As well I propose that something new and unprecedented shouldn't be mentioned on the side without comment, but that such articles should have the general form of a CSW, that is, 1) state the situation that had to be solved, 2) give all necessary data to make comprehensible *how this problem could not be solved by conventional means*, and 3) present the solution (new tech) complete with how many people it was tested out on and what the results were. The article would have to state convincingly how straight scn didn't work in certain areas, that this was tested out, and that other avenues had to be taken. (As for myself, I have yet to see the problem that cannot be solved by the combination of tech, admin, and ethics.)

This does *not* amount to the editor having to "censor" articles! He would simply ask his authors: "What made your view necessary? What problem were you trying to solve? In the attempt to solve it, to what extent did you test out the conventional means of scn tech? Where did you find them to be inapplicable and failing?" This wouldn't leave the reader puzzled and wondering whatever happened to good old auditing. I believe it would make the magazine more comprehensible, constructive and positive.

To say: "Scientology just didn't work for me, so I quickly invented scrapology, and it runs like a bomb", is not scientific. It's PR.

So give Ron a chance. Why deviate?

Ulrich

□



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# Regular Columns

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## Classic Comment

by Terry E. Scott, England

### A Norn is Born

I VISITED London this week and discovered norns.

George Hay was one of the first Dianeticists. We share an interest in science-fiction, and recently he told me of a London shop that sells second-hand "sci-fi" magazines. Yesterday, I went there. This morning, on my desk is *Astounding Science Fiction* for May 1950.

Page 43: *Dianetics: The Evolution of a Science*, by L. Ron Hubbard. A Fact Article of Genuine Importance. Plus an introduction by Joseph A. Winter, M.D., and an editorial by John W. Campbell, Jr., *Concerning Dianetics*. All © Street and Smith Publications, Inc.

Interesting: in *Evolution of a Science* books, material is missing or altered. Like this: "By engram we mean, solely, the actual impression — like the wax indentations on a record — of the 'unconscious' experience upon the body. The engram as an entire experience, we call a *norn*."

Where book editions say "engram," Ron sometimes wrote "norn" in the May 1950 article. Such as, "It was necessary to go back and back in the lives of patients looking for real norns, total anaten." And at the end of the magazine article is the following. Just compare it with the book editions...

"This is part of the story of the search. I wrote it for you this way because you have minds with which to think. For strictly professional



publications, I can, will and have dressed this up so it's almost impossible to understand, it's so exact. A lot of you have been reading my stories for years. We know each other. And I have told you the story as is and I have given you the major results exactly as they turned out. A lot of you are fellow engineers. I thought you'd enjoy seeing the structure built.

"I am truly sorry, Eric Frank Russell, that the black enchantment of Earth didn't turn out to be a sinister barrier for your sake. But it's a black enchantment all the same. The social and personal aberrations, traveling from Egypt's time and before, piling up higher and higher, being broken only by new lands and new mongrel races.

"The black enchantment is slavery. Man's effort to enslave man so that man can be free. Wrong equation. That's the black enchantment. We've a magic word to break it and a science to be applied. Up there are the stars. Down in the arsenal is an atom bomb. Which one is it going to be?"

□

## Regular Column

## Kemp's Column

by Ray Kemp, USA

### So you still want more tech?

HAVING SAID all I said in the last issue, there still appears to be some who feel that they cannot really get their "hands dirty", without knowing some areas of technology that they can easily use. In other words some of you want a small handy dandy tool kit that you can carry around, and which might be useful in aiding another person.

Well, here are a few tools, eminently workable, that can produce miracles, and which most 'professional' counsellors tend to forget because they are 'old', or because they are so self evident that "everyone knows that".

I will try and classify areas where they might be best used, but actually you just have to pick your own situation.

#### Accidents

If the person is unconscious, the first thing is not to speak loudly, and not to use command phrases such as "stay there", "go back", "stop here", and so on. You will be surprised at how easily bystanders will react to gestures rather than verbal commands, which can also be heard by the victim. If he is not breathing do CPR (Cardiopulmonary resuscitation). If he is conscious, then ask where it hurts. If he responds, then continue to ask "Do you hurt here?..." placing your hand on various body parts. Then switch to "Feel my hand", and you are into a touch assist / body comm, which you can continue to do for some time.

Sometimes as you progress along this line you can actually start an engram running by saying "tell me what happened", and then asking him "What was the first thing that happened?", or you can say "What was the last thing before the accident?", and no matter what he responds, you quietly move him back and forth on the



time track, going over the incident as often as you can. The key here is to remember that it is the number of times through the incident that makes it work, not the completeness of his response.

#### Children

While a child should never be "assisted half to death" (Ron's phrase for scn children who never get a formal session but get on the fly assists at any time, and thus never differentiate between an auditing time track and a general time track), there are times when even a little tot needs a touch assist. What works on these occasions is a slight change of command to "Listen to my finger" rather than "Feel my finger".

#### Drunks

Should you want or need to sober up a person fast, run his drinking track backwards. That is: "What is the last drink you had? Recall it. OK. What was the drink before that? ..." and so on. It works and gets easier once you have had him recall the last three drinks.

#### Upsets

You meet a person in a restaurant or anywhere and they are obviously upset. Say to them, stranger or not, "You look upset. What is happening?" (never "What is wrong?"). Ninety percent of the time they will immediately go into session on you (Definition: In session = in-



## Regular Column — Kemp's Column

terested in and willing to talk about own case). Once they start talking, listen and acknowledge when you really understand. When they have told you the upset, then you can handle it with advice that is a preamble by saying, or asking "How does it seem to you now?", and "How big a problem/upset does it seem? Is it bigger than you at this moment? ..." If it is then get more information, until they feel it is less than it was. Once this is established ask for a problem of comparable magnitude. The emphasis here is to reduce the person's concept of the size of the problem, not to handle the significance.

If you get real good at this you can then ask "Do you know anyone else who had a similar problem?", and that takes you right into valence splitting, and the phenomenon of the person realizing that they are using another person's valence, or they are handling another person's problem as their own.

Important: don't underestimate the speed at which people will respond and feel better. We are talking just a few minutes here, like ten to twenty minutes. Keep it casual, but you be genuinely interested in them.

Always end off one of these mini sessions with a havingness: "Look around here and find something you can have... you like..." or even "Locate the wall in front, behind, above, below...". Only then do you ask "Did this help?", and after that you can give the person a little stable datum like "Problems are always two or more opposing vectors", or "Sometimes people get overwhelmed by another and that makes them feel small and so the problem looks bigger than they are", or "One can easily lose one's integrity (definition: wholeness, completeness) and then go around trying to find a special solution".

Become an expert in Straight Wire techniques (read *Self Analysis*) and one of the most useful tools in one's carry round kit, is the various definitions in the *Tech Dictionary*, such as Integrity, Problem, Stable Datum, ARC and ARC breaks, you have a body, you are not one, Interiorisation (going in).

Don't be backward in explaining these things to another, you will be amazed at how the person will cognite and change, just because you took the time to explain and clarify "Upsets usually come about by no communication, or different reality, or loss of affinity" or explain that help is the assisting another to achieve his own goals, or some other little bit of data that you have and that you think "everyone knows that".

And if you want to start a practice, then as a final act give them your card and ask them to call you in a couple of days to see how they are doing... They will, and they will want more.

### A long time pc

Especially one who is still complaining of the terrible things that happened to him. Remember he has been drilled in how a session is supposed to be, and that every aspect of this is now A=A=A. So usually I would not use a meter, or session note pad or a two chair facing a table set up. I would ask him very casually what it was that he wanted the very first time he had a session, and follow that up with "What happened?", and from there I would handle whatever came up in the way of failure to achieve, or being prevented, or stopped.

The second area I would look at is, if he says he is clear, "When was that and what happened?", and, more importantly, what was his cognition that made him feel or be declared clear. This area is where a lot of the horror stories start, by the way. Being told to attest when he wasn't sure, or being interrupted in his clear cognition, or being told to attest when he didn't even know what Clear was about, or cogniting way earlier in his auditing track and being prevented from expounding and exploring his cognition. I have run into all of these. Sometimes it results in the person realizing that he was clear, or is clear, or even has never been clear, but with each case getting the actuality handled whatever went on after that. You will be amazed at how many withholds there are on just that event, so handle the person's reality, not your own, and if you do this with good listening and understanding you will be doing a great service to very many people.

Lets all have a highly successful new year. □

## Regular Column

## New Realities

By Mark Jones, USA

### Psychic healing; a means of personal expansion

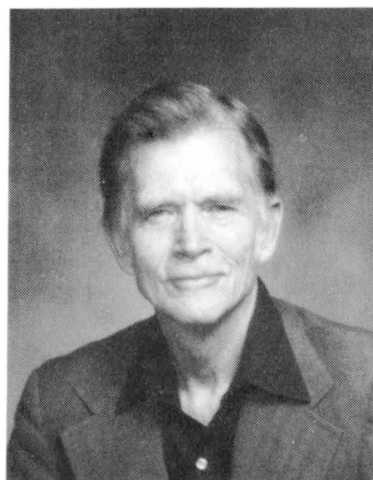
THE CONCEPT OF PSYCHIC HEALING may restimulate images which range from producing miraculous changes to just "other non standard" squirrelling practices. Of course one of the objectives of auditing is to produce various forms of psychic healing, so our images may relate more to means than to ends.

I have been studying and developing some abilities dealing with psychic healing in the last few months, so I'll describe some experiences and the premises on which they are based. Since hearing about them, experiencing certain subjective changes in myself, and learning of those of others, I hope they will be of some interest to IVy readers.

#### What is psychic healing based on?

The premise on which psychic healing is based is that as thetans we create various energy patterns. One of these is called our astral body. The energy and vibrational patterns which define it aren't normally visible within the range of frequencies of our eyes. So until we develop other means of perception, they are theoretical.

One popular approach to developing greater sensitivity of perception of the energy patterns which make up the astral body is to learn to see through the "third eye" in our foreheads. However, while it's desirable to be able to see energy patterns, it isn't essential in order to produce psychic healings.



#### New Zealand psychic healer's approach

A famous psychic healer from New Zealand, Colin Lambert, recently gave some demonstrations and half day training sessions to enable the participants across the U.S. to recognize and use their abilities for psychic healing. He'd developed a keen sensitivity in his hands for feeling energies, and by moving his hands just above the skin of an ailing person's body, could locate the ridges and energy patterns in the auric<sup>1</sup> field of a person which were causing ailments. He'd done over 30,000 of what he described as successful healings. The demonstration that he did before the audience on severely ill and incapacitated persons revealed that he could produce significant changes.

Then, one by one, he had each of the twenty participants run their hands over the surface of an ill person's body, until each became sensitive to the subtle energy differences and could eliminate the negative energy by vigorously removing it with their hands. Since then, several have continued to develop their skills at feeling negative energies above the surface of an ailing person's body, and eliminating them, bringing about physical changes. At home we've

1 Aura: An invisible atmosphere supposedly arising from and surrounding a person or thing. *Webster's New Twentieth Century Dictionary*. Auric is the adjective describing this type of field.

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used this simple procedure to remove pain and immobility from our backs.

**Other forms of psychic healing**

Another form of psychic healing is that of opening up to the healing energies of the universe. These are given many different names, each based on the premise that Godlike or angelic vibrations and energies exist which by nature are healing or loving, and by tuning into these, one can effect healings. Since individuals vary greatly on their attunement to these energies, most people need some self development to become open to and a channel for them.

An individual's sensitivities to and responsiveness to these energies can be enhanced by sound, by light and color, through meditation and through a focus of feeling on a vibration which could be given the name of love or inner ecstasy. In the U.S. a lady by the name of Sherry Edwards has accomplished phenomenal healing results by the use of sound. How well she can teach others to achieve these results is still in question.

**Class training and experiences**

The class I've been taking on psychic healing is taught via a person or medium who channels non physical beings and healing sources. These sources identify themselves as doctors, and acting through the channel, provide guidance to each student on how to increase his or her sensitivity to healing energies and their application. Aside from having developed an openness to others through TRs, I personally felt like an insensitive "bumpkin" in feeling and dealing with these energies. Fortunately, I was encouraged to tune into my innate feelings of love and desire to heal, and to do whatever came naturally. Having watched the "channel" effect healings, and having personally experienced the energies and changes that resulted, I managed to throw off enough self consciousness to "do my thing", strictly "bumpkin" style. This was accompanied by background music which I would describe as very powerfully "thetanesk", and spiritually exciting, along with occasional overhead light color changes appropriate to the conditions being treated. (There exists a whole technology on the use of color in healing.

Various physical conditions respond to particular colors. Different colors are introduced by changes in the lighting in the room, and also by the healer visualising appropriate colors in his healing vibrations or energies.)

Quite magically for me, those who were brave enough to be my "guinea pigs" reported considerable improvement in the quality of their bodily energy flows. Since I didn't offer any bribes, I had to conclude that even psychic healing delivered "bumpkin style" had some effectiveness. Then, after trying it out at home on a skeptical recipient who was in so much discomfort that she didn't want to be touched and getting very positive feedback I was further encouraged.

From personally receiving psychic healings I've noted quite marked changes in my psychic and emotional states. I operate at a higher ARC level, have greater tolerance for randomness, and my activities in life are much easier and more tranquil. I'd experienced similar states at various times in auditing, but these recent ones seem to be coming from some deeper, more stable levels.

**Psychic healing is a starting point**

Fortunately, what I've described is not an end point but a starting point. The members of the class are each developing their talents in particular areas. Some have begun to do automatic writing as Jane Roberts did for the volumes of revealing information and insights published in the volumes of SETH materials. Others are developing their abilities to do direct channelling. While being tentative and uncertain at first, they are becoming more positive and their insights more revealing. Still others are developing their skills at automatic drawing with their eyes closed; drawings which were primitive at first but are now evolving into more and more complete drawings.

**Psychic healing a focus of natural talents**

Psychic healing is a procedure of focusing natural talents of feeling and perception to change the patterns of energy in a person's auric field. (The energy patterns that form the body are transformed from the auric field). By improving

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the energy patterns in the auric field, the energy patterns in the body will improve. As it does, both psychic and physical healing will take place.

Since our relationships with others are influenced by the nature of our psychic vibrations, psychic healing can also produce marked changes in our family and other relationships. It definitely has in mine and in other's I know. In a sense, it's a means for taking responsibility for creating ourselves with new patterns filled with more love, understanding and synchronizity<sup>1</sup> within ourselves, with others and all of existence.

1 Synchronizite — moving or operating at the same rate; in phase. Synchronizity — vibrations or feelings which are in phase, feelings or emotions which are in phase or harmony.

**Side note:**

You may be able to find a good book in the library: *The Personal Aura*, by Dora van Gelder Kunz, Quest Books, The Theosophical Publishing house, London, England.

I've found that my sensitivity to individuals' energy patterns has been heightened by TRs drills, but not introvertive ones done without blinking. For those interested in a more complete written rundown of psychic healing procedures, I can provide a simple one and a cassette with suitable background music for \$10 or equivalent, and also, used SETH books at cost plus postage. Mark Jones, 3400 Ben Lomond Pl. #123 Los Angeles CA 90027 USA ☐

## ***The Free Spirit***

The original independent newsletter, started in 1984, covers much of what is occurring in the independent field, including tech developments, legal suits, news, new age developments, etc

Published quarterly in the USA.

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In Europe,

contact Antony Phillips or Anne Donaldson,  
addresses back page.

## **David Mayo**

David Mayo, after winning a long legal battle with the church, is establishing an Ability Advancement Centre. David offers a membership which includes a magazine which comes out four times a year.

For example, the Summer 93 number includes; Technical Remarks on how to help a person that is sick, injured or otherwise down (including notes on cause/effect scale), Research Notes on Fortuity and how to turn "bad luck" into "good luck", Causality Program.

Get the mag by sending \$40 to David, AAC Journal, 6800 SW 40th St 339, USA, Miami, FL 33155. Readers in Europe can alternatively send 300 DKr to Antony Phillips.

# Philosophical Viewpoints

By Todde Salén, Sweden

## Viewpoints and Freedom

THE OTHER DAY I had a cognition. I talked to someone who is often unhappy about his life situation. He complains he has work all the time instead of being free like he would be if he won a million dollars by luck. He told me about how he liked to play with cars as a kid and today he had to work with car-parts to earn a living (he works in a company selling car parts).

I remembered a Tibetan Lama and his comment when a newspaper reporter asked him what he had to say about the Chinese take-over of his country in 1959. The Lama replied: "That year the Chinese kindly told us that the time had come to leave Tibet and start to meet the world outside Tibetan borders".

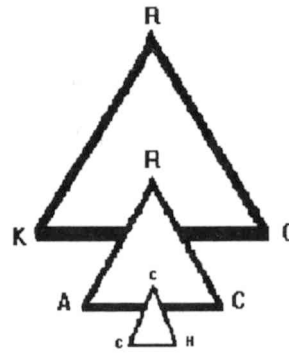
If you consider the difference of viewpoints behind these two attitudes it becomes very apparent that your point of view makes a big difference in how you feel and think about something.

### Where does Freedom come from?

Contemplating this I started to realize that all freedom stems from the ability to choose different viewpoints. You could even say that happiness has really nothing to do with luck, but everything to do with the ability to assume viewpoints that increase or decrease happiness.

As I discussed this subject with my friend who is unhappily selling car parts I pointed out to him that he could be more happy if only he considered himself lucky to have a job working with big toy cars, where he could even make money by assisting others to play with their big toy cars.

He started to smile at the thought, but pointed out to me that if he changed his mind like that he would only fool himself into being happy. So I



pointed out to him that it was of course 100% up to him to choose what viewpoint he assumed, but at the same time he created his own happiness or unhappiness. And whatever viewpoint he decided to assume he would "fool himself". And this was equally true about the present viewpoint he had on his work.

The reason why he chooses to continue to fool himself into unhappiness is another philosophical subject. I believe Hubbard mentioned on a tape that people choose to live miserable lives because their havingness is low. From a buddhist viewpoint it would be explained as Karma. A SCNist would try to change his viewpoint through auditing and/or training. A buddhist would try to change his karma by living a life of good deeds.

The important stable datum is: *Freedom is the ability to assume viewpoints.*

Corollary: *Slavery is being stuck in a viewpoint you cannot get out of.*

### Between lives

Between lives we assume the new viewpoint we are going to hold on to during the next lifetime. Thus the greatest freedom is in the between lives area where we make that choice.

From this follows that it is important to be as aware as possible and have the highest possible ability to think clearly between lives. Through

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training to Meditate [audit, facilitate] and by learning how to confront you increase your freedom between lives. It is during your life that you can give yourself the best preparation for

the between lives experience. In the between lives area you have your "way out" of fixed viewpoints opportunity when you "enter the light" (if you are able to). □

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## Speaking Out

by Christina Brovcenko, Australia

SOMETIMES IT TAKES a bit of courage to speak out and say exactly what one thinks. It can be like "sticking one's neck out" and I think we all know that sticking one's neck out can spell trouble.

Well I've decided to take the "bull by the horns" and come out and say what I've been thinking for quite some time.

Mind you, I was hoping someone else would do it for me, and perhaps they already have.

Anyway, here goes: Firstly I was just going to say this to independents, then I thought I'd include Scientologists; now I realize this is something I've long wanted to stand up and shout loud and clear to:-

### All people on this planet

Please stop what you're doing and whatever game you're playing for a moment and listen.

How about we all stop devaluing, criticising and running down people, independents, Ron Hubbard, Scientology, thinking badly of family, friends and other people and, last but certainly not least, ourselves.

Do you personally know anyone who has not done at least a little bit of the above? Let me know if you do — those people I'd love to meet.

Most of us, if we're honest, would have to admit to having done some of the above.

To the politicians I'd like to say, "You'd be better thought of and respected if you stopped throwing mud at each other."

To reporters and press, "Let's have less of the bad and more of the good things that are happening."

Now having said all that, I'm sure most of us are aware that big changes and improvements *are* taking place. We *are* getting better press, there's a big reduction I think in criticising and running self and others down. Also more attention is on peace and caring for this planet and people.

This is due to the efforts of many people, past and present, from various different groups all over the world. To these people we should say *thankyou*.

It's good to know our efforts have and are making a difference, just one person who is less critical and more loving makes a difference.

Now no one really knows exactly how much time we have left to us on this planet, so let's give it our best shot.

Many of us know that what we put our attention on is what we get! This is a suggestion:

- 1) Look for the goodness and beauty in ourselves and others.
- 2) Increase our tolerance, patience and love for self and all mankind, no matter what colour, religion, nationality or state they may be in.
- 3) And last but not least, be as kind and loving as we can to self and all living things. □



# Why Grow Old?

By Leonard Dunn, England

"THOSE WHOM THE GODS LOVE die young". So wrote the Greek poet Menander who lived around 300 BC. I used to think that this meant that one left one's body at an early age but as I grew older I came to understand that one can still be young regardless of the physical age simply because one is not one's body. This fact should be obvious to readers of IVy.

Fellow contributor, Mark Jones, sent me a transcript of a channelled seminar on the subject of longevity from the spiritual being known as Lazaris. He said that one can stretch one's life span well beyond one's expectations by doing things which I realised I had been doing for years. This caused me to look at the fact that I am young and healthy at the age of nearly 81. He points out that there is a lot more to life than just remaining in one's body.

## Breadth and Depth of Living

Longevity is not merely being in or near a body but living life to the full and doing the things that one wants to do and so experiencing happiness whilst taking full responsibility for all of one's creations. One should really enjoy life and from my point of view this means putting more into life than one takes from it. That which you expect, will be what you are creating, from the very fact of doing so. This applies to all things including how you look at the idea of death, the age at which you expect to leave your physical body for the last time, thinking of your own death in relationship to the ages at which other members of your family have passed on, and the question of whether or not you have a fear of dying. All these things are thought creations.

My wife had long said to me that she wouldn't live beyond the age of 70. This was what Lazaris calls her death script. She had her 70th birthday and jokingly said that she would have to change this date to 80, but before she reached her 71st birthday she had a coronary attack and relinquished her body. This was quite sudden

and unexpected as there had only been a mild heart condition up to that time. My father had the same but lived to be 92.

A friend of mine told me that he is planning to live to 110. With this death script he may very well do so since there is no reason why one cannot if one obeys certain rules of living, which one should do anyway since they are the rules of the Game of Life.

My own attitude has been that I am quite happy to stay with my body for as long as it is healthy and enables me to do the things that are meaningful to me. When it ceases to do this, then I'll be willing to take over another body as I feel that it is easier to help one's fellows whilst in a body rather than having to communicate with them through the medium of a channel, or trance mediumship as it used to be called.

Many relish the idea of having a young body but I enjoy life far more at my age than ever I did when I was young. If one lives life to the full then there is a richness of experience that is seldom present in the young unless they have brought over a lot of knowingness from a past life as is the case with the 10 year old daughter of a friend of mine. If one lives life to the full then there is a wealth of experience that one can pass on to those who desire to benefit from it.

## The Breath of Life

All manner of groups associated with spiritual well-being advocate the use of deep and rhythmic breathing. This brings about a relaxed feeling and reduces any sort of tension. Quite a number of slightly differing ways are put forward but the one that I have known for many years now is to take in as deep a breath as one can, mentally counting whilst doing so. Hold the breath for half the time of that count and then release it slowly to the same count as the intake of breath. This is something that is usually advocated before any sort of meditation — and this can take many forms.

## Food And Drink

When I came into Spiritualism the guide who manifested through the medium advocated the drinking of plenty of water to cleanse the body. Lazaris does the same. Other drinks do not have the same effect. This was no problem to me as water had always been my major drink and still is as I took a dislike to tea at a very early age and do not like hot drinks in any case. Contrary to some beliefs, I consider that alcohol taken in strict moderation can be very beneficial to me and I make and enjoy my own wines from flowers and fruits. I enjoy a glass each night at dinner. This suits me but it may not suit all others.

Lazaris also advocates sitting in the sun, preferably nude, in early morning or in the evening when the sun is not too hot. I have enjoyed sunbathing for many, many years, ever since I was a teenager in fact. As with all things this should be done in moderation and then there are no unpleasant after effects. I learnt this from getting badly sunburnt at times when I was young but suffered no actual damage by it and have never had any sign of skin cancer. For those who are fair-haired and have fair complexions he advocates the use of beta-carotene. The thing to do is to operate on a gradient scale, starting with being in the sun for quite a short time and then working up to whatever level one desires.

He advocates the establishment of your own dietary routine and this means one that seems right to you. He does not insist, like some, that one should be a vegetarian or vegan but that one should try out various modes of food for periods of 21 days until finding the one that you feel to be yours and then sticking to that. This is all a matter of personal taste and need. I now have muesli each morning for breakfast after years of having fried breakfasts as I had a free sample of it once, liked it and now much prefer it. I have long had salad at lunchtime, again because I like it. For dinner I have just whatever I fancy so that I have plenty of variety.

## Sleep and Exercise

In regard to sleep one should see just what works for oneself and as far as possible, keep to a routine. As my body has grown older I have found that I need less sleep at night but have a rest, sleeping or not, after lunch. I find it better to get to bed at around the same time each night and tend to sleep up to about six hours normally. I like to be in bed at about eleven and to get up soon after I wake since this suits me and I am at my best in the morning. This does not apply to everyone as some are much more active at night than they are in the early part of the day. Follow your individual needs as far as possible. A relaxed state of mind tends to be preferable to long periods of sleep — sleeping too long can be an escape from the realities of life.

The body needs exercise and Lazaris advocates that this should be gentle walking rather than running and also advocates the daily practice of Tai Chi. This again is a matter of personal choice as some are more athletic than others. When I was young I had some heart trouble so that heavy exercise was denied me but I could do walking and still do. This however is more than just physical exercise because I love to walk in the lovely country side of this beautiful Island<sup>1</sup> or along the cliffs above the sea. Looking at all the beauties of nature and fully appreciating them does a world of good. You should do this with the intention of increasing your life span, says Lazaris, but just doing it for the sheer joy of doing so really amounts to the same thing. Too many people are enslaved by their cars and barely walk at all. This is not conducive to longevity ... nor for real health!

## Illness

If one is suffering from any kind of illness then one should set about curing it. All troubles can be cured says Lazaris and this is largely true, depending on one's use of the power of thought. LRH said that the body is a self-healing mechanism and will heal itself, given time, if there is no interference in this process by the thetan. He also said that one should keep in communication with the Genetic Entity since that is in

1 The Isle of Wight. Ed.



charge of the body's functions and will respond when approached in the right way. He said to command it, regarding it as being a very low grade thetan. This I do not agree with as it is a spiritual being on a different line of evolution from our own. In Sanskrit, this line is called the Devas. I found that it responded well to good communication. I use the past tense because the GE and its helpers departed when I was doing NOTs. I then discovered that there are other spiritual beings that are in charge of various groups of cells. These are equally co-operative but don't forget that there is a psychosomatic side to all physical troubles and this needs to be cleared up since this is where the thetan stops the body from healing itself. If something goes wrong with my body, and it does from time to time, then I look to see why this should happen. Finding this and correcting it enables the body to perform as it should.

**Work**

Lazaris says that one should keep on working and not retire. I can understand how this applies to the business man who has no interests other than his career. If such a one retires he often soon dies of sheer boredom. For myself, retirement has taken me into the happiest period of my life. I am doing things all the time but these are things of my own choice. I retired soon after completing my 40 years of pension-

able service because I wanted to do more in the way of carvings and paintings. This isn't work but play at a very satisfying level. Since then I have taken up more creative interests such as writing these articles.

As a matter of interest, all these creative activities are linked with my desire to be of service to others. LRH said that a being is as valuable as he can serve others and I have found this very true. It is also why I want to keep this body going for as long as possible since there is still so much that I want to do.

I haven't seen a doctor in years whereas I was often having physical troubles when I was working in the Library Service. I have a visit from a nurse once a year to check on my blood pressure and so forth. Now I enjoy really good health and although the body has slowed down a bit and I don't walk quite as fast as I used to, I can still walk ten or more miles at my own speed, taking rests when I wish to.

I don't know how many years I have left with this body but I am fully determined to make the best use of them that I can and when the end comes I know that I shall die young. There is really no need to grow old and life is so much better when one is young in spirit. This doesn't just happen, you create it! □

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See to it that they get to know about *International Viewpoints* also.

Help get the message throughout the world, that there is a theta scn comm line in existence, for expanded scns to get inspiration and new viewpoints from.

# New Session Actions

by Bob Ross, USA

HERE ARE TWO new session actions. Both aimed at getting a PC well into a productive session.

First is a new rudiment, second is a way to get a blown-out PC back in session.

## A new rudiment

The first action is a new way to establish sessionability for a preclear. It deserves to be called a new rudiment. This new rudiment is the *havingness* rudiment. It is a repair of havingness by a method which so far has worked on almost all PCs I have tried it on.

This new rudiment acts to clear the decks of *all* PTPs thus enabling a PC to focus on what really needs to be handled.

Remedying havingness for the PC prior to the body of the session enables the PC to more easily let go of bank masses. It may also be used during the session as a random rudiment any time it seems likely to be useful.

This new rudiment acts like a universal havingness process, with an easily spotted end point. I have no idea what meter phenomena go with this as I have never used it on a meter. I have had the process complete itself on one or two commands with some PCs and after as much as twenty minutes with another. The length of time it takes, seems to depend on how low the PC's havingness is rather than on any other factor.

## Acceptance level

This new rudiment embodies the concept of acceptance level. Ron had said that when you get the PC's acceptance level in mock up processing the PC can't help but get pictures.

About 1959 an auditor in New York City told me, of a pc he was running, who had trouble getting mockups. He used acceptance level on her by asking for more and more degraded mock ups. She didn't get any pictures until he said, "Get a picture of yourself lying naked in mud and filth in the gutter, with a man taking a shit on top of you. Did you get that picture?"

She responded, "How could anyone fail to get a picture like that." He had finally hit her acceptance level.

It was necessary for him to be quite clever and understanding to accomplish this. My new rud does not require *such* cleverness on the part of the auditor, just perseverance and a little bit of understanding.

## The patter

The *rudiment* process consists of a single repetitive question modified slightly from one time to the next as appropriate.

Start by asking the PC to briefly state some undesirable condition or problem the PC considers he has.

Take as long as or as short a time on this step as it takes. Any answer at all will work as long as it is something the PC doesn't want. However, As I prefer a highly focused answer rather than a vague one, if a PC gives me a a long involved answer, I usually ask the PC to restate the problem in fewer words. This gives the PC another look at the problem. Sometimes the PC will end up with a one word answer. Whatever answer I get, I then ask: "How could that be worse?"

When I get an answer to that, I ask, as seems to me appropriate, "How could *that* be worse?" (meaning pc's last answer) "What could be worse than *that*?" "Could anything be worse than *that*?" "Is *that* the worst possible condition you can think of?"

When a PC can't think of anything worse, but I can, I'll suggest some of the things I think could be worse. This often stimulates the PCs to find worse things of their own. e.g. I have often asked whether going to Hell would be worse than being dead, when dead or died was the last answer, or whether life as a paraplegic might be worse than being dead. I don't accept "dead" as the worst possible condition, unless the PC insists.

### Three possible EPs

I have found three possible EPs to the "Worse?" process.

EP1. The condition blows.

EP2. PC cogs on a personal condition that causes him to have the problems he is complaining about. e.g. "I'm unlovable," (personal condition) instead of "No one loves me." (environmental condition)

EP3. PC satisfied that his last answer is the worst it could get.

### Handlings

If we get EP1, I ask for a new problem and handle that the same way.

If we get EP2 I run whatever process I consider appropriate to remedy the condition named.

If we get EP3 I ask the PC to take a fresh look and tell me what the problem is in terms of a personal condition, rather than in terms of the environment.

I then handle the named condition, with my choice of procedures.

### Coping with zen meditation

The other process concerns zen meditation. When I used the "Worse rudiment" described above with "John," a recent PC, John said to me a few minutes into the session, that my questions could not be answered because the pronouns "You" "your" and "I" were all meaningless as he was in a Zen trance state in which there was no self.

Whatever I had asked him about prior to that, had blown on inspection, but I could not go any further because no matter what I asked him about, he maintained that my questions could not be answered.

He obviously needed help, both physically and financially, so I did not give up. His body had already had to have by-pass heart surgery so it was obvious that his body was in bad shape, and when he came in he had told me that his finances were only slightly better than bare survival. That he had come to me at all, showed that he was not satisfied that Zen meditation, was increasing his survival potential except perhaps to reduce his level of stress.

He was able to as-is what he looked at, the problem was in getting him to look at what was obviously there to be looked at.

As I was considering the situation, He remarked that he probably had a floating Tone Arm, and I agreed that that was probably true. But, as I don't use a meter when I audit anymore I could not check on this directly. A couple of weeks later, I heard that Nick Brovcenko when trying to run "energetics" on him, had had a similar experience, and indeed John had had an F/N.

### Solution

I figured if I could get him to focus on his life problems, I could do something for him. I have long held the opinion that the best time to audit someone was right after they had had a big win on a process. And his state was equivalent to that. When PCs have had a big win they are most causative and best able to as-is things. Of course it goes quite against Church doctrine, to audit after a big win.

I also thought that if I can handle him, I should also be able to help 'clears' and/or 'OTs' which is also contrary to church teachings on that subject. As they teach that only *their* upper levels can be used to help 'clears' and/or 'OTs'.

This is important. I have heard of more than one 'clear' and/or 'OT' who has died of cancer or other unhealthy bodily conditions, such as emphysema, because they believed they could only be helped in the church and either could not afford church prices or were refused such auditing.

I propose for anyone in a high-toned state capable of as-ising masses quickly. some variation of the trick that worked on John.

Here is what I did: I asked him "If I preface my questions with, 'Does John have...' can answers be found' Were answers available?" He agreed to try. So, I started with, "What does John ( I actually used his full name) see as being in the way of having lots of money?" The answer came back immediately, "disinterest."

I then worked on "disinterest" as a postulate using, asking my questions in the same manner, e.g. "What reason would John have to not be interested in having money?" By the time I was half way through my choice process run-down,

he was using "I" in his answers and answering "I" this and "I" that. And was no longer in the Zen trance or meditation state.

I could see later, that "disinterest" had led directly to the Zen meditative state he had been in, which could be described as a state of extreme disinterest in the world.

For 'clears' and/or 'OTs' I suggest trying the following: "If you were not clear, what would be in the way of \_\_\_\_" Or, "What decision/choice/postulate have you made that could have caused or contributed to the bodies' (or minds') condition"

OUR PROOFREADER WRITES: "In IVy 20 and earlier there is more than one indication that "the group" wants a new Admin Scale to get out of a rut they don't want to be in. I have felt the same. I'm sure we have come to a cross road. The question is: which road to choose."

Is this true? Does IVy reflect the group? (I doubt it)

What do you think? Do you have any ideas?

One of the purposes of IVy is to allow individuals to propose goals, small or large, for the group or individuals or sections of it.

Can you see something that needs doing? Or improve the way we are doing something?

Ed.

Book News:

## Ellen Jones *Beloved Enemy*

This is the second historical novel that Ellen has written, the first being *The Fatal Crown*. Mark Jones, her husband says "Both are accurately based on English, French and German history in the 12th century where I think she may have lived at the time." Ellen has been Qual Sec and OES at London org, as well putting in missions in Tokyo, Washington DC, Santa Clara. So if you want a bit of track stuff written by a scientologist, here is one

A procedure for lessening the not-ness on postulates and so permitting them to be as-is-ed, is incorporated into my "Choice Processing Procedure"\*. It covers both verbal and non-verbal postulates.

\*Doc No 158 V12 2 Nov 1994. \$60. Includes one hour of auditing over the phone or in person. Bob Ross, P.O.B. 91849, Pasadena, CA 91109, U.S.A. Tel. (818) 791-2399. International money orders are cheaper than bankers draughts and easier for me.

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"OBSERVATION: BEINGS WHO ARE AFRAID OF STRONG PEOPLE TRY TO WEAKEN THEM."

NO PL 29 JULY 71:  
WHY BATTING?

to try. *Beloved Enemy* is now being published in Germany.

Costs \$23.00 in the USA, and available at ordinary bookstores. The *Fatal Crown* is also published in France, Italy, Spain and shortly in Germany. □

L.Kin's *The Pied Piper of Heaven*, seems to be rather a controversial book. We were not in time to get any comments in this issue, but hope to do so in IVy 21. □

# A View from the Bridge

By Eric Townsend, England

## Chapter Seven<sup>1</sup>

### Grade Three – Freedom release



GRADE THREE achieves the state of Freedom Release and the ability to be gained is 'Freedom from the Upsets of the Past, and Ability to Face the Future'.

#### Upsets and ARC breaks

So what are these upsets of the past that a thetan needs to be free of? Simply stated these are fixed attention units, still stuck at times when sudden change took place in the past. It is very interesting to look at the definition of CHANGE in the *Technical Dictionary*. Change is defined as being 'a shift in location or the redirection of energy'. It also says that a thetan experiencing too rapid change, or too little change, experiences a reduction in beingness and havingness. So it would appear that a thetan needs a certain level of change but too much can cause an upset.

The word 'upset' is used sometimes by Hubbard but he does not define it or accept it as a useable term. This may be because it is not exact enough. A person who is upset by some sudden change in their life may be left with attention units fixed at that point of time, but it is not always true. Also the usual understanding of the word upset implies emotion, which is another confusing factor.

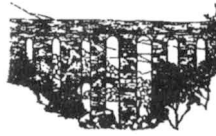
It may be helpful to contrast two situations. Suppose someone, who you know doesn't like you, does something which causes you difficulty. You may become annoyed and emotionally upset but you could have that if you know that if that person had the opportunity to do something against your interests, he or she would do it. Now suppose someone else, who you consider a friend, does something to harm you! This time the response is deeper because you didn't expect it and you probably don't understand why they did it. This unpredictable action can be too high a level of change for you to absorb. This is the level of upset that can fix attention units and hold them at that point in time. As we shall see later the key ingredient is a failure to understand something.

You may well have observed that in these circumstances a person often does not become emotional! They often say 'I was too shocked to say or do anything'. Sometimes there is a delayed emotional response and sometimes there isn't.

We are here concerned with a difference in viewpoint, between the body/mind on the one hand and the thetan on the other. The effect of what has happened on the body/mind is an emo-

<sup>1</sup> Earlier chapters of this book appear in the following *Ivy's*: 12, 13, 14, 15, 16, 17, 18 and 19.

tional upset and on the thetan it is, or may be, an ARC BREAK. So we arrive at the basic issue that Grade Three is all about, ARC Breaks.



Getting a clear understanding of what exactly is an ARC Break is another hurdle for newcomers to Scientology. Many an old hand would also be hard pressed to give a clear idea of what an ARC Break is. Before we look into the definitions of an ARC Break, it may be helpful to look a little more closely at what is going on in an emotional upset, which as we have said is often confused with an ARC Break.

### Emotion and misemotion

Emotion is a characteristic of the human organism not of a thetan. A thetan cannot cry or laugh. Only a body can cry or laugh but the thetan can derive some satisfaction from the body having these experiences.

We can only judge to a limited extent the effect on a thetan of an emotional experience. An experience can be emotionally upsetting, as indicated by the outward physical signs, but still not be an ARC Break. We must remember that one of the reasons a thetan is with a body is to gain some vicarious (secondhand) thrills from the sensual and emotional responses of the body!

Scientology distinguishes between EMOTION (desirable emotion like laughter, joy, and love) and MISEMOTION (unpleasant emotion like antagonism, anger, grief and fear). But these categories are both parts of the same spectrum, known as the Emotional Tone Scale. If a thetan cannot get the higher emotions, he may be willing to content himself with Misemotion.

In case this seems a bit unreal here is something which you may recognise and find helpful. Many people say that when they get highly emotional, or misemotional, they suddenly find themselves outside the experience and able to observe themselves being in the emotional experience. At this point the thetan is aware of having the experience and can derive some pleasure, as a spirit, from it. Sometimes the experience may not be very pleasant for the body! We know that sometimes misemotion can actually be a pleasant release, such as of pert-up grief or anger. There are grounds for considering that if the thetan cannot get up the

Tone Scale to contrive pleasant emotional experiences, he may bring about a situation that will cause Misemotion. The experience of misemotion, from the thetan's viewpoint, is after all better than no emotional experience!

All of this can go on quite separately from the ARC Break. There is no emotion in the ARC Break itself. An ARC Break is primarily analytical and is a failure to understand something.

### ARC

So let us look at the interaction of ARC in greater detail. These initials of course stand for AFFINITY, REALITY and COMMUNICATION. The term ARC is often used incorrectly in conversation among Scientologists to the extent that it has caused the term to change. As it says in the *Tech. Dictionary* 'It has come to mean good feeling, love or friendliness, such as "He was in ARC with his friend"'. Initially these three terms were defined as the constituents of UNDERSTANDING. It is therefore more accurate to say that a person has a "good understanding" with his friend.

The mechanism of how these three ingredients interrelate is described in the definition of the ARC TRIANGLE. This triangle shows Affinity, Reality, and Communication, one at each corner. The theory is that one improves or raises the triangle by doing something to one of the three corners. This will automatically improve or raise the other two corners, and thus increases Understanding.

### Understanding

And what is UNDERSTANDING? The definitions in a larger everyday dictionary give a lot of examples of the different ways this word is used but not much on its underlying meaning. Probably the best is one of the simplest 'to know the meaning of' (*Chambers Universal Learners Dictionary*). There are other implications, such as knowing thoroughly and being able to discuss and apply. These are valid of course but they move away from the simplest proposition of 'knowing the meaning of'.

In the *Technical dictionary*, this definition is expanded as follows: 'Understanding is knowingness of life to a certain direction and object and thing or action. The understanding is know-



ingness in action. We break this down and we get affinity, reality and communication'.

How do the three ingredients of Understanding work? AFFINITY is often equated with LOVE but that term 'has too many meanings' and is open to wide interpretation. The definitions in the *Technical Dictionary* make fascinating reading but for our purposes it is better to stick to the simplest meaning which is 'liking'. The proposition is that one is more willing to listen sympathetically to a statement from someone one likes, than from a person one dislikes. You can confirm this if you can remember having a message from someone but then finding it was from someone else. You probably will have observed that your attitude to the same message changed when you realised it was from a different author!

REALITY is a term which is often made easier by substitution with the term AGREEMENT. This is helpful but for anyone who doubts how Reality, as we normally use the word, equates to something as apparently artificial as an agreement, then the essay on Reality in the *Volunteer Ministers Handbook* is well worth reading. In this context we can take it that if two people already agree on some basic issues, then communication between them will be easier. If you have two Baptist Ministers and two members of the Communist Party all travelling together in a railway carriage, you would expect that communication would be easier between the pairs with similar basic beliefs than across the two pairs. It can be seen that each pair will have basic agreements on how the world is and should be treated. These shared agreements will facilitate communication on other issues.

The third ingredient is COMMUNICATION. This is the actual mechanism of getting the message across. The best analogy would be a telephone line. If you wish to communicate with someone who is physically some distance away, you need a communication line to do so. A telephone connection is a good practical way of seeing what is needed. When there isn't such a big distance, or even a very small distance, the same elements must still be there. There must be some attention going both ways, there must be intention to communicate and intention (willingness) to receive communication. All this



can be seen in the telephone situation. The phone rings and is answered. The caller identifies himself and the other answerer expresses some willingness to receive the communication. Then some communication must pass along the line and be received and duplicated. Most readers will recognise the elements of the expanded Communication Formula (Axiom 28 Amended). These elements must be present in any form of communication, of which there are very many.

The subject and formula of Communication is given so much attention in Scientology because all spiritual life is dependent on the ability to communicate. Many beings in human form have forgotten the principles of doing it properly. Even after being reminded in the Axioms and other writings on the subject, many people still couldn't apply the principles. So the TRAINING ROUTINES(TRs) were evolved to practice these skills and thus rehabilitate the ability of people to communicate. These were substantially revised and updated as recently as 1979 & 80.

All of this, however, is concerned exclusively with getting the telephone line connected, that is giving the people at each end the skill and confidence to get their message through and duplicated at the other end. Whether the message is understood or not will depend as much on the other two elements of Affinity and Reality. These last two elements have been downgraded in the minds of some people, probably because Hubbard said in one of the definitions of ARC (Def.3) that communication is the most important. The definition refers to Communication as being 'the operation'. This could be interpreted as meaning, if the telephone line is down then no communication can take place. However high the Affinity and Reality between the parties at a human level, they cannot make up for the absence of an operating communication line. In Scientology the first step for achieving understanding was always stated as 'Get in a communication line'.

Having given due importance to Communication, the need for Affinity and Reality is unavoidable to achieve Understanding. A useful way of seeing this could be to relate it to making a stew. The main ingredient would be the meat. To this must be added water and seasoning.

They could be said to be less important but without either we would not have an edible stew. Another point is that once the stew is made, it is then impossible to see or separate the ingredients.

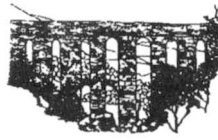
A good example of communication without affinity and reality is propaganda. In an authoritarian country with government controlled media, there is a predictable diet of uncriticised policy statements by the rulers and impressive sounding statistics. The messages are communicated forcefully in the papers and on radio and television but most of the population do not have sufficient reality and affinity with the government to accept their messages. The exceptions are the supporters of that political regime. For whatever reasons, they have sufficient affinity and reality with the government to accept and understand these messages.

As well as the limitations of Communication on its own, there has been another misuse of the term that has caused confusion. The skills of the TRs were offered in courses called Communication Courses and the promise was 'learn how to improve your communication'. These courses rarely gave much attention to affinity or reality so that while a student would finish a Communication Course with a better ability to get communication flowing, he would usually have an incomplete understanding of the whole subject, which is not Communication but Understanding.

The beginning and end of this subject is Understanding which was defined earlier as 'knowing the meaning of' or more deeply in the *Tech. Dictionary* as 'knowingness of life'.

Further study of Understanding in the *Technical Dictionary*, shows that it is also defined as 'knowingness in action' and in definition three it says that its function is as 'a universal solvent'.

What does this solvent solve? Presumably it solves the unknowns and illogics (secrets and mysteries) of the MEST universe and replaces them with knowingness and logic. That is pretty important since it contributes to our major purpose of mastering, which could be said to be understanding, the Mest Universe!



## ARC breaks

Now that we have some idea of the mechanics and purpose of ARC, we can look at what is an ARC Break. We have established

that ARC is primarily a spiritual formula and thus any break is primarily going to impinge on the thetan. The body may exhibit signs of this but patching up the body will not handle the underlying cause.

We have said earlier that an ARC break is a failure to understand something. So let us suppose the thetan we are auditing has an ARC break which reads on the meter. The read means it is available to be handled. The PC will be able to find what it is about and tell the auditor. Just from that recognition, the ARC break may blow (or as-is) and the PC's needle will start to float. It is the recognition that there is an ARC break that is required, not an understanding of the original proposition which was not understood. If the thetan can spot at the time of happening that there was a failure to understand something, then there will not be an ARC break.

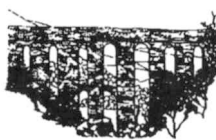
Now let us suppose the ARC break does not blow. The auditor assesses the constituent parts of Affinity, Reality and Communication to help the PC find out more about this ARC break. He also includes Understanding because there is a possibility there was not enough data or incorrect data. A person may be told something which contains a word that he has never encountered before. The whole statement may therefore be incomprehensible and can thus lead to an ARC break based on a break in Understanding.

One of these categories assessed will read and the auditor will ask whether that was where the break was. At this point the ARC break may blow but if not the auditor will assess the type of break found by a scale known as the CDEINR scale. It equates to the Tone Scale and is explained in *Scientology 0-8, The Book of Basics* Pp. 111-114. It is also useful to look at the Scales for each of the three elements, Affinity, Reality and Communication, in relation to Emotion Tone Scale, Pp 102 -104.

The theory is that Affinity, Reality and Communication can be delivered or present in the incident at some point equivalent to the Tone Scale.



This further direction to the detail of the circumstances should blow the ARC break. If it does not, then the auditor asks for an earlier similar ARC break and repeats the whole sequence.



No attempt is made to run ARC breaks as incidents, even though they run in chains. The procedure used to handle the ARC break is for the auditor to use the meter to find it and then indicate it to the PC, at which point it will disappear and the PC will feel and look much better. In the definition of ARC break in the *Technical Dictionary* it says 'It's called an ARC break instead of an upset, because, if one discovers which of the three points of understanding have been cut, one can bring about a rapid recovery in the person's state of mind'.

We are back at the distinction between an ARC break and an upset. It takes time for a person to recover from an emotional upset. They may receive consolation and assistance from others but it always takes some further time for them to get over it. The ARC break is a theta phenomenon and is outside time. Therefore it is now. One has an ARC break always in the present tense. It holds up time forever or until it is handled. When it is handled the effect is immediate.

If you help a person by finding and indicating the ARC break, it will blow and the person will lose its effects immediately. Technically this is because an ARC break is basically By-Passed Charge. This is charge that has been restimulated by some event or earlier auditing. The auditor is using the 'Find and Indicate' technique to key-out again the restimulated charge without going back any further than necessary to knock out the restimulator, which was the ARC break.

There is no intention to handle the charge that was restimulated. You may ask why this is. The answer is that we are dealing with a thetan's bank, which goes a long way back and has some very heavy incidents on it. These the thetan is not yet ready to confront as a thetan, and still less ready as a human being. Fortunately this does not matter as we have a reliable means of keying-out the charge again if we help the PC find exactly what keyed it in. Sometimes this was quite an insignificant event but the results

were considerable because it restimulated major charge for the thetan. This can drive the thetan into a dramatisation of rage or other misemotion out of all proportion to the event that restimulated it. Finding and indicating the ARC break that caused the restimulation will have an effect that seems nothing short of miraculous.

An even deeper explanation of an ARC break is a troublesome incomplete cycle of action. Some attempt was made to give or receive understanding and it failed to achieve what was intended. If it restimulates deeper charge in the thetan's bank, then an ARC break has been brought into existence.

The subject of ARC breaks has been covered at some length here because it is fundamental to understanding what is wrong with thetans and what they have to deal with on the Bridge. It could be said everything to be dealt with on the Bridge are various forms of ARC breaks. Actually they are all basically ARC breaks but some have particular overlaying forms and features that lend themselves to being audited by different means.

### Result of grade III

In Grade Three we are not aiming to run down the major chains that have been restimulated by the ARC breaks. Instead we are aiming for 'Freedom from the upsets of the past and ability to face the future'. In view of what has been said earlier in this chapter, we may quarrel with the word Upsets but the principle of Keying-Out can be seen clearly. The full Ability Gained goes on to say 'ability to experience sudden change without becoming upset'. This implies that the level of key-out achieved is such that the thetan is now able to undertake the full rigours of daily life and the Bridge without fear of frequent or serious restimulation.

Flow Two is concerned with a rehabilitated ability to grant beingness to others and no further need to change the reality of others to accord with ones own. Flow Three is granting that beingness to others in their relations with each other. Flow 0, which comes fourth, is freedom from the upsets one has caused oneself and freedom to cause and experience rapid changes in the future.

To bring about these major key-outs in the thetan's bank, the Grade includes processes covering Change wanted in self and others, Accept-Reject, Alteration, and processes related to 'Change-No Change-Failed Change'. More and more the PC starts to identify the items that need auditing by means of Listing questions. When the PC reaches the End Phenomena of this Level they get an immense surge of certainty in their ability to face and handle the future.

### Rudiments

Before concluding this chapter, it would be appropriate to give some attention to the subject of Rudiments. These were described briefly in Chapter Two as the steps that an auditor takes to get a PC set-up for the auditing session. The reason for mentioning them here is that we can see that they use the same technique as has been outlined in this chapter for handling ARC breaks. In Rudiments however this technique is only used to get the PC to be 'In Session', which means 'willing to talk to the auditor and interested in his own case'. What has to be handled to get the PC to be 'In Session' What has to be handled are key-ins that have occurred in everyday life since the last session.

Exactly which Rudiments routine should be used is determined by the Case Supervisor. In normal circumstances the action will be based on six topics that may have been restimulated. These are ARC breaks, Present Time Problems, Missed Withholds, Overts, Invalidation, and Evaluation. The same key-out technique of getting the PC to as-is the key-in, earlier similar if necessary, is used. Special breakdown questions are used for ARC Breaks and Missed Withholds but otherwise the pc just goes over it until the charge blows. The PC then brightens up and his needle starts to float.

The Case Supervisor may ask for just one Rudiment to be 'flown' to achieve an F/N, if the needle was not already floating. He may ask for the first three to be checked and run to F/N or he may ask for all six to be checked and run to F/N.

If the PC has not been audited for some time or has been subject to doubtful auditing or incom-



plete auditing cycles, then the Case Supervisor may order a more thorough clean-up. This may include a variety of lists to find areas of by-passed charge in

previous auditing. These areas have to be found and handled because logically, if an ARC break occurred in auditing, more auditing is likely to restimulate even more charge. While this may still be technically a Rudiments action it can extend over several sessions and is often referred to as a Setup Program.

### REFERENCES

*Dianetics and Scientology Technical Dictionary:*

CHANGE, ARC & ARC TRIANGLE, UNDERSTANDING, AFFINITY, REALITY, COMMUNICATION, ARC BREAK, CDEINR + *SCIENTOLOGY 0-8* Pp 111 — 114, BY-PASSED CHARGE, RUDIMENTS, IN-SESSION,

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Books:

*Volunteer Ministers Handbook* — ARC Pack, Pp 52-54 "Reality"

*Scientology 0-8 1970 CDEINR Scales* Pp 111 — 114, and Scales of Emotion, Affinity, Reality & Communication Pp 102-104

*Fundamentals of Thought 1956* p 40-44 "The A-R-C Triangle"

*The Problems of Work 1957* p 72 "Affinity, Reality and Communication"

Note: The book *A View from the Bridge* can be obtained from Anima Publications, PO Box 10, Bramhall, Stockport SK7 2QF, England. The price is £10 plus postage (surface mail). Postage £1 to U.K, £2 rest of Europe, £3 rest of world.



# Dreams and Memories

By Jim Burtles, England

Here's a thought which I'm about to tell  
For all of us to share and use as well.  
Memories are similar to dreams  
Dreams are memories, or so it seems.

Both are vivid pictures in the mind,  
Either instants we have left behind,  
Or moments which have not yet come true  
That may give us pleasure when they do.

Dreams are future pictures we have seen.  
Dreams are may be — memories have been.  
Dreams can cause and then become events,  
And memories are the consequence. □



# B

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*Nice to see you began the  
new year well with IVy*



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