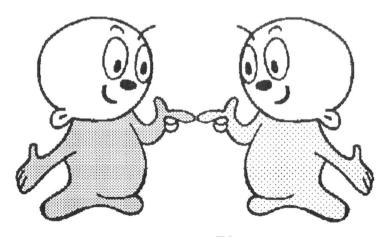


International Viewpoints (Lyngby)



"Have you paid for your IVy for 1995 yet?"

International Viewpoints

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International Viewpoints is independent of any group or organization.

Magazine's aim:

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which became a little secretive, restrictive, expensive and slightly destructive. From 1982 on, many left or were thrown out of that church, and continue to use and develop the philosophy and technology.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect).

If you want to write to an author, we will forward your letter.

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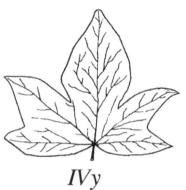
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Number 19

November 1994

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Reflections

By Jim Burtles, England,

Conferences and comments

Recently I was savouring yet another fascinating conference. I was surprised to hear someone describe it as something very different from the event I thought I was attending. To confirm my view I listened to several others discussing the program, the

Sundry editorial notes

For some time now, Bob Ross in California has been receiving by airmail a master copy of *IVy* and getting it copied in USA for distribution there. The quality is a bit poorer, but the speed is usually higher. Through a slip all those photocopies have had on page 2 the words "Printed by: *Tønder Offset*", which is a downright lie, and a couple of issues have had "Printed in Denmark Edition" which is also somewhat less than 100% true. We say (blushing): Please excuse us,

Articles, letters

We are very eager to receive your articles, comments and letters, and publish them (the editor's decision on what to publish is final—but we don't like censorship). Though we don't always include the full address of authors, we are glad to forward letters. However we are not willing to publish where we do not know real name and address (we will publish under a pseudonym in certain cases). We have just received a letter from Thor Luther, Sweden, don't have full address, so will not publish. Aren't we an awkward lot?

So do send in written contributions with your full name and address.

Your viewpoint is welcome — quite likely others will cognite or benefit in other ways from it — our readers are seeking to increase their understanding and ability.

Apologies, Mr. Dunn

The article on page 10 of the last *IVy* (No. 18) was by Leonard Dunn (not Dan). We are sorry about the printers error.

speakers, the venue etc.. For some strange reason they also seemed to have opinions which contrasted sharply with mine. This posed the question — Who is out of step, all of them or just me?

Mirror, Mirror, on the wall

I took a look at myself in the nearest mirror, maybe that was how I was viewing life and thus judging it. There was my reflection as the handsome centrepiece of the reversed image of the world. I was not only centre stage but also the principal player. I dwarfed everyone else and they were all behind me. If the light was right I could just catch the highlights in my hair — or was that a halo I …? So, this Mirror View was primarily self as the yard stick and yes, they were clearly out of step and of lesser stature.

Whilst this felt very good, I wondered whether it was conducive to harmonious relationships with these little people. I needed another perspective.

Through a glass, darkly

Dragging myself away from the mirror, I looked out through a nearby window and noticed the rest of the world scurrying by, at a distance and unaware of me. They were vibrant in the sunshine, I was stuck in the shadow. I began to yearn to be a part of this realm which surrounded me but somehow eluded me like a distant, waking dream. This External Diorama was dominant, remote and oblivious to my needs, thoughts or desires. Most unsatisfying.

Through a glass, undarkly

Seeking a different standpoint I stepped outside and looked in through the window. A troupe of actors upon a small stage seemed to be performing for my amuse-

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ment and entertainment. It was easy to imagine that this Internal Diorama was unfolding especially for me, and even under my control or guidance. These were 'my' players and they were dependent upon me. Magnificent, powerful but lonely and outside of the game, 'my' game. Unsatisfactory, but I continued to watch, fascinated but not motivated. Stirred but not shaken.

Suddenly, they put out the lights and I was alone. All I could see were dim, shadowy figures closing the doors and vanishing. The window now held a partial reflection of me and the world behind me, although the world before me had evaporated.

At the picnic

Finally, I wandered away and came upon a picnic; out in the open air with no glass to

obscure or modify the view. Here was an ambience (atmosphere) where friends were able to share and respect each others' habits, ideas and presence. They were all equals and enjoyed tolerance, harmony and communication. No-one was out of step—everyone was seated. This Panorama seemed to be stable and everyone was enjoying it, there were no winners and no losers, just cheerful picnickers.

I noticed some of the latecomers were wearing sunglasses and I almost began to do some more thinking. For the time being I just made the observation.

Moral of this story

Can you see a moral there somewhere, somehow?

Good communication

We are very keen to foster International communication. It does not just have to be in the pages of the mag. If you want to write to any author, and don't have the address, send to us, Box 78, DK-2800 Lyngby, and we will forward for you.

There is an enormous amount of communication on scientology on Internet, an electronic communication media. If you are interested in reading other peoples letters to each other, starting a debate on something, or getting more communciation, and data, than you get in this mag, and the other paper magazines available (The Free Spirit is the main one I know) — get onto Internet. It probably does require an initial knowledge of computers, and a little bit of friendly advice, which I will give if you write to me.

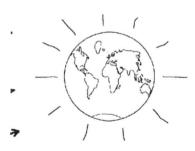
Basic rule \ of arithmetic:

\$ = IVY

-\$ = -IVY

IVY - \$ = 0

Remember to pay your 1995 subscription.



to clear a world

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By Antony A Phillips, Denmark

It takes all sorts ... to do what? The original wording was "It takes all sorts to make a world". It was said, in my hearing, mostly as a tolerant, shrugging one's shoulders, remark, Like some one said, "Isn't it terrible? So and so said so and so!" and the tolerant, shrugging of shoulders reply would be "Well, it takes all sorts to make a world".

Sometimes I have felt there is an unusually high degree of intolerance amongst free scientologists. In my local area there seem to be a fair number of people, who once were in comm, and working towards a common goal (possibly as fellow staff members in an org), who now don't talk to each other. I have even been talking to one friend, who has made a quite critical remark about another of my friends or acquaintances.

My feeling was that we "free scientologists" still, consciously or perhaps after some years at it, unconsciously are keen on and working towards a common goal. What that common goal is, is a subject for another article — or a series — may be you would like to send your view in(?). I suspect the goal we are all aiming for lies somewhat above the level (know to mystery scale) of symbols, and thus is difficult to express in

words (which is no reason for not trying — it's mainly words that are conveyed in this magazine).

Anyway, I got a bit excited about what I regarded as a sort of low tone "fighting" between people who were on the same side, and came up with the motto "It takes all sorts to clear a world", and decided to make a **big thing** out of it. However that intention kind of fizzled out (got forgotten).

Was it true?

Then some one questioned the truth of the statement. Wasn't it a generality? Did it include Hitler, and the worst of the Roman Caesars?

So I went up tone to regret. Wished I had not written it. Boo Hoo (even further up, to grief). What a silly girl I am.

More near to home were people having troubles with personal relationships. A son-in-law that was suppressive. A grandchild who disconnected. Causing unhappiness, loss, lowered morale (and with it ability).

I was right

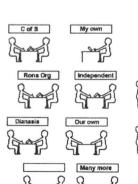
However, with time I dropped down to my usual service faccy level, and managed to justify my original statement. And remembered another, rather religious, saying from my childhood: "These things are sent to try us".

There is a theory that the tribulations of life are "sent" so that we learn something from them, and if we don't learn (which I suppose means confront, understand) they repeat until we do.

So it does take all sorts to clear a world. I was right.

May I humbly suggest that I was also right in my rather half hearted attempt to get free scientologists to communicate more with each other, and to grant each other more beingness?

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Report: London Conference

By Ant Phillips, Denmark

A free scientology conference was held in North London (UK) on Saturday, 8th of October. There were 42 persons present from various parts of England, two from Denmark and one from Germany.

The contributors

Barry Fairburn, an old timer from 1953 both started and ended the conference, starting with group processing (one went around communicating objects to different attendees and having their objects) and ending with a 'life is a game' workshop. This latter appeared at first to be a very serious practical study of psychic phenomena, but turned out in fact to be itself a game.

Jim Burtles gave a communication workshop, getting the audience to look at aspects of communication. It became apparent that Jim was really aiming to 'hat' the following speakers so they did not become deadly dull (not communicate).

After a refreshment break **Britta Burtles** talked about groups and **Ant Phillips** gave an editors view.

Lunch and then **Albert McManus** (again an old time from the very early 50's) gave a talk called "The unknown — who goes there", followed by **Frank Leydon** on Dianasis.

Again Refreshments and Ulrich Kramer from Germany talked on how he practised scientology, and Ray Saunders (another real old timer) talked on stress.

The atmosphere

I understand that the previous conference (in the spring) was felt by some to be a bit too rushed, with too many speakers and not enough time for informal two way comm. This conference was run by an organising committee, sharing the hat which Terry Scott had previously worn alone. It was obvious that the committee had carefully considered these criticisms and produced a well balanced conference with good time for casual contact with old friends and meetings strangers sharing the common heritage.

Opportunity for two way comm was augmented both by a supper (in a Thai restaurant), and at least one informal meeting the next day. There was ample opportunity for exchange of views, news and histories amongst people regarding themselves as scientologists, former scientologists and ex(panded) scientologists — communication different from a magazine, exchange of letters (whether electronic or postal), or telephone conversation. I'd say that the organizing committee did a good, creative and well thought out job, and deserve individually and jointly a strong continueing acknowledgement.

What was said and done

Well — I can't squeeze everything on this last empty page of IVy (left open for this purpose) — did you expect me to? I'd recommend coming to the next conference. I guess all UK IVy readers will be notified, but 'foreigners' should get their names on the mailing list. The sort of conferences held in London are cheap (with no accommodation provided) so the biggest cost to foreigners is the fare and possible accommodation. Plan a little in advance. The contacts you make could be quite valuable and very interesting, both in terms of scientology contacts, and the many interesting things London and England offer.

However, very subjectively, here are some of the things that struck me, or were new ideas to me:

- 1. The idea that in one period 'the church' pushed people onto OT III with absolutely no concerned for their individual case. The only concern being for the third dynamic effect that people auditing OT III would have.
- Scientology apparently aims to improve / help everyone. In practice it seems more to be working towards a super-elite "upper-class".
- Meeting some one who became disillusioned by free scientology's apparent invalidation of the OT levels, but who gained a more positive view from the conference.
- 4. Advanced copies of The Pied Piper of Heaven.
- 5. Meeting a man who had co-audited with me in 1956, had become a nutritionist and was able to help me with a problem of cataract in my brother, who is not attracted to scn.
- 6. Complete lack of interest in the church in p.t.

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Facsimiles¹

Flemming Funch, USA

Facsimiles are at the root of just about any kind of case. The understanding of how they work is very central to the subject of clearing.

Now, I realize that most people translate "facsimiles" into meaning "pictures", and they think that when they are Clear they don't have any stuff like that. But, there is a lot more to it than that.

A facsimile is basically a mental copy. That is, you keep an internal representation of something that happened externally. That is not just a picture. It can contain all perceptions: visual, auditory, kinesthetic, olfactory, gustatory, and any sub-divisions thereof. Also, it can contain perceptual positions (viewpoints), identities, language, thoughts, mass, energy, space, time, intention, structure, etc. Anything that the external agreed-upon world contains can be copied into a facsimile.

The trouble with facsimiles is that they aren't the real thing. We can argue that the physical universe is rather illusory, too, but it is a lot more real than most copies made of it. So, instead of dealing with what is actually there we deal with a copy of what is there.

If the physical universe is the territory, then the facsimiles are the map. Maps can be very useful for navigating by and for simplifying things. But, when you start mistaking the map for the territory, and when you look only at the map when you could be exploring the territory, then we are getting into the field of aberration.

A facsimile is usually a frozen snapshot taken at some specific point in time. It is then preserved and carried forward through time. It becomes part of the person's mind.

A filter of life

The facsimile becomes a filter that the person is perceiving life through. Instead of dealing with the environment exactly as it is, it is filtered through facsimiles that will identify what it means and what an appropriate response would be. The underlying thought is that the world is too overwhelming to perceive directly; it is easier to remember the closest similar facsimile and respond according to the contents of that.

But, responding to something else than what is there is never going to be as good as being in present time, perceiving and dealing with the actual events. Various degrees of aberration can be observed, but copying is never as effective as the real thing. When it gets to the point of getting a headache when one sees a red car, and things like that, we are obviously talking rather unsane behavior.

Semantic Reactions are automatic responses based on facsimiles in one's mind rather than on actual present time events. Copies of situations from other places, other times, and the meanings attached to them form the basis for the biased percep-

Page 51 of Flemming Funchs Technical Essays, volume 2, Essay # 99 15 July 1992. These books can be obtained direct from Flemming, Volume one for \$50, Volume Two for \$40, or \$80 for both volumes. These prices include Airmail postage. The Address is: Creative Transformations, 17216 Saticoy Street #147, Van Nuys, CA 91406 USA,

tion of the current situation, and former viewpoints and responses are replayed out of context.

The present time reality is what it is. All you need to know about it is right in from of you. It has no other hidden meaning than exactly what is there to perceive. Using facsimiles as filters to perceive through will add meaning to the scene, but only meaning that is out of context, and that further removes your overall perception from the truth.

There are many manifestations of facsimiles: traumatic incidents, somatics, fixed ideas, problems, ARC breaks, implants, GPMs, identities, entities, etc. All are redundant copies of perceptions, viewpoints, thoughts, etc., taken out of context.

Essence of clearing

Clearing is basically the ongoing process of replacing facsimiles with present time perception, and replacing semantic reactions with dynamic responses. It is basically pulling one's attention units and anchorpoints into present time dealing with what is actually there.

That doesn't cut away any options if it is done in the correct order. See, time and space are basically illusionary barriers, really they are just camouflaged present time. But, there are several layers of lies involved.

In order to have a problem with a facsimile one must create a reality somewhere in space-time, decide that one can't really be there, and therefore take a facsimile of it, limit one's sphere of influence to one's "present time" environment, and then mix it up with the other space-time coordinates. It is a similar mechanism as to how one manages to get out of valence.

Clearing a facsimile should not be done as a method of escaping one's responsibility for other times, spaces, viewpoints, etc. It would tend to have adverse effects if done with that intention. Facsimile clearing is done to clear up the misunderstanding that the present environment is some other place. That brings you into present time, as well as into present space, present viewpoint. From there you can expand your sphere of responsibility of cause to cover more of space-time, more viewpoints, etc.

In other words, there is an inversion phenomenon that has been going on. Creating a universe, then deciding one can't be responsible for it, shrinking one's sphere of influence, and then mis-owning alter-ised frozen versions of parts of the universe, and using those to replenish one's havingness. That is a very tricky setup, it forms quite a trap. You can see it in most types of case: causing something, forgetting about it, assigning other authorship to it, identifying with it. It is a clever way of getting things to persist.

LRH said that one would be better off without facsimiles, which I think is quite a useful truth, if we define "facsimiles" well enough. Because some people tend to extrapolate it into meaning that you would be better off without anything whatsoever, so that whatever you bump into in your mind is something to get rid of. I wouldn't find that to be very wise.

Replacing facsimile havingness

The idea in Clearing is to replace the havingness of facsimiles with the havingness of the actual present time reality. It is certainly not to get rid of all havingnesses, it is rather to improve them.

We aren't saying either that one shouldn't have anchor points, attention units, circuits, connections, postulates, emotions, etc. The trouble is with copies used instead of the real thing, not with all the many other interesting things a being can do. If you plan on operating in the physical universe you do need some sort of structure to keep track of what you are doing, which is what we call a mind. The advice here is

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just not to confuse it with the actual universe if you don't want to.

It appears to me that it is wiser to construct a mind out of connections rather than out of facsimiles. If you want the events in one part of space-time to have some kind of bearing on the events in some other part of space-time, or if you just want to note a certain association or similarity -- then make a connection between them. It is not necessary to take a complete copy and to drag it around. Connections are not as aberrative as facsimiles. You connect up the real stuff rather than copies of it, and there is no frozen meaning attached to it.

Facsimiles and the clearing thereof apply to any case level. What changes is how wide areas of influence we address. Clear could be said to be the turning point where one now has more than 50% power of choice as to one's personal 1D semantic reactions, one is more in present time than anywhere else. Similar Clear states can then be accomplished across wider dynamics.

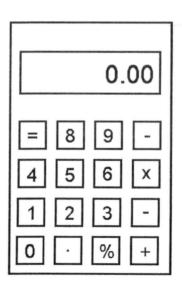
Clearing of 2D involves the development of the ability to keep relations to other people in present time without mixing them up with other relations at other times. 3D Clear would be the ability to keep a group activity in present time without confusing it with copies of other group activities. And so forth with the other dynamics.

Structure is still necessary to operate the different dynamics and play games and so forth. But, it is not necessary to put any fixed content into the structures. It is more useful to have dynamic structures and to deal with whatever content one runs into in present time. The structures would be called a mind on 1D, various techniques and protocols on 2D, organization and admin on 3D, etc. All of them are better off being dynamic rather than fixed.

As mentioned before, there has been a tendency in clearing to either ignore structures, or to try to get rid of them. Structures are sometimes unnecessary, but more often they just need to be cleared of stuck content and maybe adjusted a little bit.

Facsimiles generally represent fixed content. You have the answer before you get the question. Facsimiles generally become "held-down-7s" in the calculator, and will make it more difficult to deal with what is there. Getting rid of the calculator is not a good idea, but getting rid of the stuck numbers is.

I hope this makes it more clear what it is we are addressing in clearing.



The "held-down-7" solved. Copyrighted.

Understanding¹ and Logic 10

By Frank Gordon, USA

Let's take a broader view of Logic 10, and its relation both to understanding a situation, and the development of a science (an organized body of knowledge.)

Logic 10: The value of a datum is established by the amount of alignment (relationship) it imparts to other data.

Cognitions²

Everyday is filled with cognitions, unless the person is too enmeshed in some rigid system composed of "spur of the moment snap judgement generalities" (aberrated "stable data"). Generalities like "All blanks are blankety-blank." If these are as-ised, a truer alignment can occur (like "When some blanks are pressured they can act in a blankety-blank way.")

Generally when we meet new situations, observe them and ask "What's going on?", we look for a pattern or key datum such that the situation will "make sense" to us.

I once observed a brother deep in thought for 10 minutes after a stressful interview with a Mr X. Then his head came up and he said, "Oh, he's a politician!" (meaning concerned with ego, clout, and power.) In this way he aligned (and understood) Mr X's actions by using this pattern as a key datum.

In Chemistry

The Atomic Theory of the elements led to enormous advances in Chemistry, followed by a recognition that these elements combine in definite weight proportions, and Mendeleyev's alignment of them in the Periodic Table.

In Medicine

Pasteur's germ theory, arising from his work with why some wines went bad, led to important advances in controlling and understanding diseases.

With the invention of the microscope, it provided a key datum for understanding a wide field, from Lister's recognition of the need for sterile techniques (Doctors had actually been spreading disease) to Jenner's discovery of protection against smallpox by using the relatively harmless cowpox for vaccination.

But the key and aligning datum here was the recognition of tiny living microbes, what they could do, and how they could be controlled.

Running Goals

The value of finding and running goals by Hubbard was their aligning power. They "made sense" out of the collection of items.

One dramatic everyday example of this is the father who asks a boy, "What are your intentions towards my daughter?" This is an important question. I observed one father whose daughter had just begun dating go through some wild and anxious fantasies about what was happening in the back seat of his car.

A knowledge of someone's intentions helps align and clarify any situation.

The Science of Organizing Sciences

Logics 8, 10 and the others are explicit principles for organizing any body of knowledge. They obviously guided Hubbard, and his formulation of them is a valuable contribution.

 \Box

- 1 Understanding is composed of affinity, reality and communication. It's an action, i.e., an attraction to a given reality (set of agreements) leads to a communication and involvement with it. Also, the result of aligning phenomena (data) with a key datum. E.g., Hubbard aligned a large variety of data with the engram.
- 2 Cognition, 1. as-ising aberration with a realization about life. (HCOB 26 Apr 71 I) 2. a pc origination indicating he has "come to realize". It's a "What do you know, I ..." statement (HCOB 14 May 69 II) 3. something a pc suddenly understands or feels. "Well, what do you know about that?" (HCOB 25 Feb 60) Tech Dictionary 1979

The Song and the Word Centre

By Jenny Kaye, Australia

I founded a Centre in Melbourne, Australia, called the Song and the Word Centre, and was its director for over three years. The meaning of "Song and the Word" was each person connected with the Goddess or Love energy and expressing themselves fully in their truth.

There we delivered LRH's and Captain Bill Robertson's clearing Technologies. Margaret Saunders, my partner there, is Super Static and trained as a Super Static and Upper Level Review Case Supervisor.

About the centre

The Centre was a beautiful place to be; where people could attend workshops, music events, and experience clearing based on in-depth interviews to find out what was needed and wanted. I saw any technology used by me as a tool, in the true definition of administer; it was there to serve. I never saw a system, no matter how good, as an absolute, never to be deviated from.

My background in Yoga, Counselling, and Teaching, contributed to my gentle humanistic approach, which created a very trusting, loving atmosphere for people to work in.

We ran many Workshops. Communication Workshops were very popular as I could take a group through to deep heart and soul communion, in only one day. I also ran Workshops on "The Essence of Relating" which had positive, long-lasting effects on people's relationships.

Working principles

One of the basic stable data taught is how we create our own reality. If a person sees the world as a beautiful, supportive place, that is what they attract. If they see the world as a trap full of conspiracy and endless entities, that is what they experience. Any Upper Level case is a reflection of the person and any spiritual learning they have created for themselves.

The whole process of clearing works best when it is aligned with the spiritual level and timing — sometimes a person is not ready to clear a

pattern and fully confront the truth and it is better to wait and be in alignment with the timing rather than force the session.

I saw clearing as operating on all four levels: spiritual, mental, emotional, and physical. I saw that for an issue to be complete it needed to be handled on all levels.

Clearing Techniques

My own work clearing incidents, for example, went far deeper than any Church training. I incorporated my counselling training on empathy with LRH's repeater technique to discharge fully on the emotional level. I was also aware of chakras and energy, and could feel when the heart was open and energy had been discharged. The mental level is well handled by running the incident and getting fully the person's belief or decision.

On the spiritual level I asked the person from a higher self level "what was their spiritual lesson" and people were able to understand why the incident had occurred. I also incorporated Rowland Barkley's Multi-viewpoint and Soul Retrieval Counselling techniques. I ran incidents from all main viewpoints, thus clearing energy from the body and asked the person to forgive where needed. The last technique I used was Soul Retrieval, for often part of the person's soul is still back in the incident. It is a tremendous joy to ask the soul if it wants to return, and if so, to bring it back.

During the three years in Melbourne we cleared approximately 200 people on early childhood experiences using Multi-viewpoint and Soul Retrieval techniques. We found accelerated gains in life with all clients experiencing deeper love of self and others. They also needed far less clearing on problem areas of their lives. These results were far more dramatic than using a standard "Life Repair approach".

These clearing session were implemented alongside Life Vision Session. This is a technique I created whereby a client is able to access the big picture of their life. By doing this their goals are

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activated on all four levels — spiritually, mentally, emotionally, and physically. It is also a lot of fun. Through skilful Questioning I access the client's purpose and write it in a few words. This is very moving and powerful for the client.

The different projects which clients produced varied from a best seller book to a wonderful programme for teenagers, including many, many new businesses and relationships.

By using a two-fold approach, clearing session concurrent with Life Visual Session, it is possible to facilitate accelerated positive changes in clients.

Training

Over the three year period, a group of new auditors were trained to deliver basic LRH processes up to Clear, within Goddess space and using the co- ordinates I described. Margaret Saunders, my partner, then delivered upper levels to Super-Static.

Using Technology without Love is cold, and Loving without Technology is ineffective. By synthesising the two, very powerful clearing can occur.

"Do what thou willt shall be the whole of the Law. Love is the Law, love under Will."

(In reading the above I wondered why it was so much in the past tense. I wrote to Jenny and got the following answer. Ed.)

There is no sad ending as the Church did not close us down. I have a partner, Maggi Saun-

ders who is working with clients in Melbourne now, and about 100 people in Melbourne presently working full-time on Community projects which are having big changes on the city. The purpose of the Song and the Word Centre was to initiate these people, take them to a certain level in their development through Clearing Programs, Life Purpose Sessions and Goals Planning, and Workshops, and then leave them to work and evolve their projects. The Centre itself was like a catalyst for planetary change and that phase of the work is now done. By taking a group of people through Clearing and the Captain Bill's Upper levels with Goddess training and Initiation it held the space for a Movement in the City to occur. Thus my job as initiator and catalyst of this is now done.

Present activity

I am now in Sydney as a catalyst and initiator creating a centre here using a similar formula but open to creating even more impact in the city of Sydney. You may like to add a postscript to the original article as I have become clearer about what I do by creating again in Sydney. I am happy for you to add my Sydney address to the article. If you have any more questions or want more please let me know.

Jenny Kaye 66 New Beach Rd; Darling Point, 2027 N.S.W. Australia.



People have fun. First they create something and then they use life times trying to understand that something.



Idenics[®] and Identities¹

By Mike Goldstein, USA

Idenics is not a new name for any system, prior or current. It is not a "cover" for the delivery of other services. It does, of course, use workable basics from other fields of knowlege, but it is itself a new subject with its own basics.

The idea of identities is not new. Many names have been given to them and lots of explanations of how they come to be². Many schools of thought mention identities and have for hundreds of years, perhaps for thousands. But much about identities, how and why they are formed, their characteristics and make-up, their relationship to man's problems, how they're dealt with, and their relative importance in therapy was not know prior to Idenics.

Idenics is essentially an evolutionary step in the development of a system for self improvement and awareness. It is a new system, not just a rehash of some earlier subject. If you have been involved in other methods of personal development you have probably acquired certain stable data that you use and that are true for you. Likewise, there are probably things that you found unworkable and false. Idenics will bring about no conflict on either account. It should, in fact, reinforce your stable data and answer any questions you may have as to why other things were unworkable. Even though Idenics is a new subject it will align to earlier knowledge. This is because, as with all new developments, it has evolved out of earlier knowledge and experience.

Directed at cause

The person coming in for services is in some way trying to gain more control over some aspect of his life. In one system the therapy was directed initially at points where the person was

at effect — the incident, the engram, the implant, etc. In Idenics the processing is directed at where the person was at cause — how he responded to some problem or confusion. An identity is such a response.

In talking about identities, the subject is not limited to just the original generation or assumption of an identity. People shift in and out of identities routinely. Some identities cause the individual no difficulty, e.g., when a person goes to the office he assumes an executive identity; when he comes home he assumes a husband or parent identity. But what happens if junior spills the milk and dad shifts into a child-beater identity, hurts junior, and later shifts into an identity that feels remorse for what he's done? This kind of situation and the identities connected are not comfortable and do cause the individual difficulty.

I'm sure if you think about it, you can spot your own examples of moving in and out of identities, both ones that are not detrimental and ones that cause problems. Many people just reading this article may shift in and out of identities while they read, or may have assumed a particular identity when they started this piece. The possibilities for response are as varied as there are people.

No attention on past horror

In Idenics the person's attention is not directed at the horrible incidents that happened to him or the terrible crimes he has committed. There is no dramatization or make-wrong in either direction. The person generated an identity as a solution to some confusion. That solution, that identity worked at that time. Put on automatic and carried forward it doesn't necessarily work

- 1 Originally issued as a leaflet with the title "More on Idenics®"
- 2 For a scientology viewpoint, see for example under valences and universes in the Technical Volumes (Red volumes) cumulative index in volume X. There was a period in scientology research where there was very heavy attention on valences. IVy Ed.

in other situations. You handle the identities that are on automatic and giving the person difficulty, and that's all you have to do.

The person himself, the being, doesn't do anything or have anything done to him. Identities are his comm lines to the physical universe, and these are the via for his experience and doingness. This in no way implies the being is not responsible. All identities are created by the being, and no one else. But when you get into the above mentioned "overt/motivator" dramatization and make-wrong in therapy, you run the risk of your client making his identities more solid and/or creating new ones as a response to the therapy itself!

Just go ahead and insist that the person run this awful track incident. If his person is sitting in an identity that was generated twenty years ago, that identity doesn't have any track before that time, let alone the incident you're insisting that happened to him 75 million years in the past!

Or demand this person give up all his shameful crimes right now as they are the source of his problems. This would be difficult if the person is sitting in an identity that never hurt anyone.

In both the above examples, the therapy itself could be a confusion. The person may, under duress, assume the identity the therapist is insisting on. Or, the person may mock- up another identity to handle the wrong-indication, and this one could be an identity that resists any form of help and keeps him from making any sort of gain in processing in the future. There are a number of possibilities, all of which don't

really benefit the person. He just keeps switching horses on the merry-go-round. With Idenics you give the person the chance to get off the merry-go-round, or at the very least, have control over what horses he gets on and off.

Handling what wants handling now

In Idenics we have no bridge of services, no series of levels each person must do, no stated end phenomena each person must reach. We are not interested in bringing an individual to our understanding of what he needs to know to accomplish his purposes, whatever they may be. Roteness, of course, does not play a part in the delivery of Idenics. We are handling the person in front of us on what he wants handled now, and that is all. Idenics deals only with what the person wishes to handle or improve. This point is stressed because it is the sole criteria used when working with any person who takes our services.

The purpose of Idenics is to help the being regain control over viewpoints he assumes to play the game of life. The intention is not to convince the person to create yet another identity not of his own choosing. We make no evaluation as to which identities are "good" or "bad".

Idenics greatly enhances the ability of a person to decide, based entirely on his own knowingness, who or what he wants to be.

For more informatiuon, write: Survival Services International, 1670 S. Elkhart Street, Aurora, CO, 80012, USA.

David Mayo

David Mayo, after winning a long legal battle with the church, is establishing an Ability Advancement Centre. David offers a membership which includes a magazine which comes out four times a year.

Get the mag by sending \$40 or more to David. Readers in Europe can alternatively send 400 DKr to Antony Phillips, Box 78, 2800, Lyngby, Denmark

The Editor, AAC Journal 6800 SW 40th St 339 USA, Miami, FL 33155

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Thought Inspired by...

... Judith Methven's 'Positive Thinking' 1 .

By Britta Burtles, England

What a good idea, to consciously and with determination change one's negative thoughts into positive ones. I tried it and it works. I have always been a positive thinker, but had this little nasty thing: Negative thoughts, or rather pictures, would just be there, uninvited and unwanted. I would resist them and chase them away. Others would appear. Now I just accept them and change them into positive pictures. Thanks for the suggestion.

Judith Methven's whole article, as well as Leonard Dunn's basic rules on positive thinking, make such joyful and invigorating reading that I feel compelled to respond to them. Not only do I want to say 'thank you' to both for their encouragement and invitation to 'think positive', but I also want to let you have my thought on the subject:

Out of chaos order was created, hence there is the physical universe. This was brought about through the strength of pro- survival positive thinking.

If we look around us we can also see that Man has created very many beautiful and useful things on this planet, which are either of a physical, mental or spiritual nature. All of those creations have materialised through positive thinking.

LRH said: 'We are here (on earth) to work out our own salvation'². We are knowingly or unknowingly all working towards that goal. Positive thinking is one of the most basic and at the same time simplest ways to work in that direction. Negative thinking will not prevent us from getting there, but it acts like a brake and slows our progress unnecessarily. I also count as negative thinking such attitudes as cynicism and sarcasm, irony, mockery and derision and even what some call 'realistic thinking'. I believe, the more all of us 'think positive', the speedier we can be 'healed' and reach salvation, i.e. an existence in a more advanced, non-physical universe.

Whatever a person thinks, negative or positive, has an immediate effect, not only because it is often followed by an action, but because thoughts have a 'life' of their own; they colour and direct, they affect and mainly they create. The more of a positive thinker a person is, the more he will be in communication with his environment and able to adapt it for his better survival.

Each positive thought is like a sown seed. If it does not germinate now, it will at some time in the future. The important thing is to give it life and send it on.

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1 IVy 15, page 17

2 In the filmed interview with a journalist.

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Thoughts Inspired by ...

...Ulrich's: Whither Scientology

By Britta Birtles, England

I am one of the lucky people (if you believe in luck) who, after 20 years' membership, left the CofS in 1984, unscathed and uncharged, with the memory of nothing but terrific services received in the form of auditing and training. So, I am also grateful to LRH that he built the orgs. I neither 'bewail my fate' nor do I 'deplore my past', as my fate has been developing exactly as I wanted and my past is full of beautiful memories. Once there were indications that this might change, I left.

What a pleasant experience, to get things back into perspective, and to view them not only from a slightly more distant point, but also in relation to some historical facts and events.

That is what Ulrich did for me, when he wrote under the subheadings: 'Scientology fashionable' and 'How to beat Rothschild': 'The CofS is here to stay. Don't let yourself be fooled by the press.' and 'You bet: in ten years' time it will be just as fashionable to be a Scientologist, as it was once fashionable to be a Marxist' and 'No matter what one may think of the CofS in retrospect — if Ron hadn't set it up, we wouldn't be here'. To this I shall add: '... and I would still be a messed up person trying desperately to get on top of it all, and I would still be as uneducated and unaware, as I was when I first walked into a Scientology organisation.'

What an eye-opener this article was, and it brought all my indicators in. Thank you, Ulrich!

IVy 16, page 7.

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Regular Columns

Classic Comment

by Terry E. Scott, England

Order

When order is put into disorder, confusion blows off, according to L. Ron Hubbard. In his Scientology Axiom number 56, he states that "Theta brings order to chaos," noting also that chaos puts disorder into theta.

It also needs underlining that one must continue to put in calm, friendly order - create, create, create it. Otherwise, the confusion that can arise might not untangle or dissolve, but is liable to enwrap the being doing the action.

If one starts a new business venture, no matter how well planned, the arrival of orders for products is itself a randomity. This requires order to be brought to bear, and if the new business lacks sufficient organization, that fact soon becomes painfully obvious.

Order, organization, does not mean fanatical control of situations actual or potential. Control is necessary, though, meaning the ability to initiate (start), alter or maintain (change) and conclude (stop) actions small and large in cycles of production and administration.

Communication lines should be "clean", and good comm cycles, with harmonious affinity, are vital.

Order requires a stable datum. There can be one or many of these, and in a business they include definitions such as who we are, what



we are aiming to do, who our customers are likely to be — and so on.

The stable data act as markers on which can be aligned all the factors of a confusion, of disorder, of randomity.

Too much order can be a pain in the butt. There is an optimum amount of order required for any activity, neither more nor less (plus a latitude of a bit above, a bit below that optimum). And that is where one large organization went wrong, in putting in order and order and order...to a degree that would have been amusing had it not been tragic.

But let us, as Independents, not overlook the fact that as individuals, as business people or employees and above all as Independents in loose grouping or otherwise, some extent of order is vital. For too much randomity, too few stable data in common, would spell chaos.

Regular Column

Kemp's Column

by Ray Kemp, USA

More Tech? or More Understanding!

I noticed in a recent *IVy*, and a note from the Editor, that people are asking for more articles on 'Tech', which I assume to mean that people want more information on 'how to', or 'what do you say to a ...' or 'how do you handle a ... situation'?

Unfortunately this seemingly simple question is fraught with difficulties and even traps, if one tries to answer by writing up a series of questions, procedures, and run downs a la LRH and his many years of trying to get people to do what he could do.

Essentially if one proceeds down this path one ends up with yet another CofS, Dia whatsis, Society for the abolition of nuttiness, or the Happier Families group.

You see all application of anything (a basic definition of 'tech') depends entirely on the understanding of the person applying it.

I am reminded of the traveller whose car broke down in a small village. He asked for help at the local blacksmith shop, since everything he had tried was to no avail, the engine had stalled, and nothing seemed to revive it.

The blacksmith looked at the car for a while, then went and got a large hammer, with which he hit the engine a resounding blow. The engine coughed and then restarted, running smoothly.

The traveller was delighted, and asked the blacksmith what he wanted for getting the car started.



"\$201.00" said the blacksmith. "But that is outrageous," said the traveller, "after all, all you did was hit the engine once."

"Well," said the blacksmith, "it works this way. I charge you \$1.00 for hitting the engine ... then I charge \$200 for knowing where and how hard to hit it."

The Simplicity

Ron had a few words to say on this very subject, when he wrote "Why something New" and basically the answer was because people who want something new, like a new piece of tech, haven't understood what they have already "learned".

I also know from conversations with him that he was forever frustrated that he did not seem to be able to get across the basics that were, and still are, "Duplicate what the mind of the PC is doing" and "Handle the case that is in front of you."

One might say that auditing, counselling or whatever name you give it is, in fact, a Psychic activity. The counsellor has to listen to what the client is saying, and *understand it fully* before

1 Ray wrote: "I wrote a column on this. It was first in the Flag OODs and later published as an HCOB about 1973-4." Ed.

Regular Column — Kemp's Column

taking any action. To do this you have to develop an empathy with that person, to such an extent that you are inside his mind, watching, and at times helping him, to understand what it is he is trying to look at, to tell you.

To do this one's attention must be entirely on and in the client, not on any technological evaluation, or with part of your attention running down a list of possible processes that you can run on the client "if only he would stop talking long enough".

There must be a totality of understanding of the clients offering, to the point where not only do you know where the client is coming from, you have even been there slightly ahead of him and are patiently waiting for him to arrive. Further, without you saying anything, the client realizes that you understand, (he saw you waiting there.)

This is the point when the person will stop talking and look at you, and this is the point when you know what the next needed step is. It could be a question that elicits a terminal for handling, it could be a date that needs to be established as the beginning of an incident, it could be a question like, "Has this ever happened before?", or "Have you ever done this?" ... almost anything.

The point is that if you are alongside the PC, right there in his bank with him, and remember that it is his bank you want to be in, not yours ... then you and he together can handle anything that is there.

How many times have I heard a student auditor say, "Well I didn't really audit him/her; we just talked."

What you do

Now the barrier to this very simple procedure comes always from having too much information available that intrudes into what you are doing.

You are listening to yet another tale of woe and victimization, you recognize that there is an engram, that the person is being motivatorish, so you jump in real quick with "well what did you do to ...". The client, whose attention is on

something still as yet undefined, gets his attention jerked right out of his case and onto you, and the question, goes into a bit of a protest, denies that he has done anything (which is probably true from the position in his bank that you left him), but at your insistence he decides that you are probably right so dives in again on a new morass of unsorted information in an effort to help you, the auditor, get a result.

So you haven't taken the latest course, you do not have the highest grade certificate (or maybe even the lowest one). These are the trappings of an organization, they can be used for good or for bad purposes, but they have nothing to do with your ability to help your fellow man.

You don't know the secret rituals of the Clearing Course, you don't know the difference between OT1 and OT6. (The answer is ... "about \$20,000.00.") Well that is tough and totally irrelevant.

I've seen a great many OT Course graduates, who later, by some newly advanced new tech, now discover what their ruin was, and now feel happy. But when I check this out I also discover that the same ruin could have and indeed should have been handled by elementary straight wire or completing the first engram ever contacted.

I assume that the readers of this article have all had some familiarity with the technology of Scientology, at least to the extent of reading about it in a book as opposed to a newspaper article.

If you haven't read a book then go to the bookstore and order *You Live as You Think*. It's now selling all over at a high price of \$17.95 published by Northwest Publishers, PO Box 57890, Salt Lake City, USA. It can be ordered from your local bookstore as ISBN # 1-56901-050-1

If you don't want my book then buy Dianetics, or Dianetics 55 or Self Analysis or Problems of Work, read it and then use what you feel you comfortably understand.

If you do this then you will have found a way to mine gold.

Regular Column — Kemp's Column

The road to new "-ologies"

If on the other hand you decide that you really must know all the processes before you can help someone, if you have taken 199 courses, listened to 78 miles of lecture tape, and are still worried about which thumb to use to control an E Meter TA, then my friend you have joined the human race in carrying out blind obedience to "The accepted Scientific Method" or Standard Tech by robotic adherence to process and rundown, without understanding what is behind it.

From this situation then comes the person who proceeds to mix a Bit of this, and a Bit of that, in the hope of gaining a result, and pretty soon after, the same person comes out with a "Newly Invented Ology that Ron missed".

This desire to conform to acceptable procedure is not unique to our group by the way, it occurs wherever there is a lack of understanding, and/or a threat for not complying with the norm.

An example

Let me give you a recent example.

In the medical profession it has been known for years that ulcers were caused by excess acid, which started to digest the walls of the stomach, or intestine. Much research has been done in developing antacids and even more powerful drugs to alleviate this symptom.

It has also been known in the profession for years and years that no living organism could live in the stomach. A few bacteria can of course but they are mainly in the bowel.

Fairly recently with an "Understanding" of the mind, the later theory has been that stress can affect the amount of acid in the stomach, and this then can be a contributory cause of ulcers. So new medications were invented, prescribed and sold that tranquillised the person, thus reducing the stress, thus reducing the acid, thus reducing the ulcers.

Treatment then was two fold. Long term ingestion of antacids, and long term taking of

tranquillisers, so that people could 'live with' their ulcers at minimum discomfort.

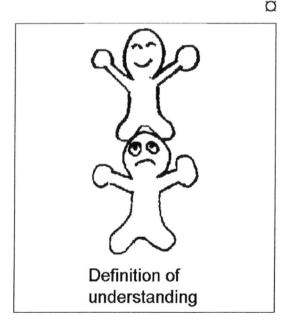
A few years ago an MD living in Australia decided to really look inside the stomach of every ulcer patient he examined without any 'everyone knows' preconceived ideas.

He found to his surprise that there was a bug living in the stomach of every ulcer patient he examined. Now having isolated this bug he found an antibiotic that killed them.

He presented his paper to the medical societies and got scorned out. So he made a culture of these bugs, and drank it. Within 2 days he had the worst stomach ulcers anyone had ever seen. He took the antibiotic, and within a week all the ulcers had vanished.

After 8 years of fighting the medical profession he finally gained acceptance, and now no-one needs to suffer ulcers. They can be cured in a few weeks by using the antibiotic.

The point of this true story is that people are now hailing him as the inventor of a new drug that cures ulcers, instead of realizing that his contribution was in *understanding what caused them in the first place*.



Regular Column

New Realities

By Mark Jones. USA

When Are We in a Fully Evolved State?

I expect that every reader has his or her own unique concept of this state. I've formed mine over the years but as I consider other observations and get new insights it changes. I offer one for consideration.

In Scientology certain postulated states of being were given names and definitions such as operating thetan, i.e., from the *Scientology Dictionary* -

- A thetan exterior who can have but doesn't have to have a body in order to control or operate thought, life, matter, energy, space and time.
- Willing and knowing cause over life, thought, matter, energy, space and time. And that would of course be mind and that would of course be universe.
- An individual who could operate totally independently of his body whether he had one or didn't have one. He's now himself; he's not dependent on the universe around him.

My concept

While these definitions may be explicit enough for some people to visualize the state and perhaps gain an intimate feeling for it, they were not for me. I've sought one that would clarify how I relate and will relate to other beings and energies with sensitivity to and feeling involved.



Those exploring quantum physics have defined the universe as they perceive it, as made up of energy in states of vibratory motion. Sometimes the energy appears to have the characteristics of a wave and at other times has that of a particle of matter. Apparently, it can take either form, and may have some volition ¹.

I consider that we as beings are integral parts of an infinite vibratory universe. These vibrations could be described by various wave lengths as we perceive them as sound, sight, smell, the emotional feelings, etc. When two or more particles in their wave like motion are in perfect synchonicity², they could be described as operating as one. Their mode of existence is in harmony, and in a sense, one is being the other. This might also be described as a state of unconditional love or total willingness to experience and duplicate the motion or emotion of another.

In our human form, if we were willing and able to completely duplicate the thoughts, emotions and actions of another, we would be granting unlimited beingness and in my experience would have a state of complete synchonicity. We would not be "tied" to, but volitionally "one with".

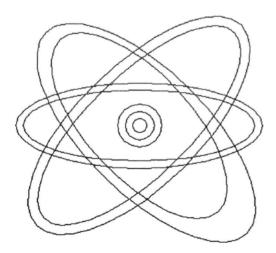
- volition = 1. the act of willing, decision or choice. 2. the power of willing. World Book Dictionary
- 2 synchonicity = synchonism. Synchronism. 1. Occurrence at the same time, agreement in time. World Book Dictionary

Regular Column - New Realities

Example

I expect that most of us have had experiences that may have approached this in varying degrees. I've felt aspects of it at times flying near perfect aerobatic formation, in dancing effortlessly in synchonicity with a partner, singing in unison to express depths of feeling and yearning, achieving new realizations and conveying and receiving love. Perhaps a fully evolved state may feel somewhat similar.

I believe that we incarnate to learn certain lessons about how to increase the span and depth of our ability to synchronize with the infinite range of vibrations in this universe. As Shakespeare stated so aptly, "All the world's a stage and all the men and women merely players." Either consciously or unconsciously, we elect in each lifetime to interact with a certain cast of characters in order to get the feedback we need to learn how to synchronize in more depth and over a greater range. We may be very close and intimate with some of the characters and seemingly more removed from others, such as those committing atrocities in Bosnia or starving in Africa. Yet they are all on our stage and are reflecting aspects of ourselves for us to observe and deal with as we choose. Not that any of us are creating such flagrant atrocities now, but clues may filter up from our unconscious when we feel vengeful or destruc-



tive that we may still harbour some of this type of energy.

Unlearned lessons

Karma can be considered as the aggregate of all of the unlearned lessons of previous lifetimes. My understanding of it is that only when we have learned them will we be totally evolved, and be able to operate in harmony and synchonicity with all of existence over the full vibratory range.

Thus perceived, achieving evolvement is not a process of learning to control, but of becoming more able to duplicate, synchronize with, and cocreate any vibration or aspect of existence. Complete synchonicity as I conceive it is a state of oneness with all that is. It could be called complete expression of beingness or infinite love.

A logical question might be why would anyone ever want to synchronize with those vibrations which we perceive in our experiences that are destructive. The answer I'd give is that the destructive and evil each of us perceives in the world are reflecting aspects of ourselves. To complete our evolvement, we will have to duplicate that form of energy. As we do, we can change it or not as we choose.

As Lao Tzu, the Chinese philosopher stated in 600 BC, "Before the good man can help the bad man, he finds that within himself that is the matter with the bad man."

Thus, evolvement as I conceive it, at this time, depends on my willingness and ability to expand the depth and width of my synchonicity with all that is. Obviously it's much easier to start with increasing it with those who are within my bandwidth at this time, and with them, continuously expanding to encompass more and more. As that is achieved, my concept is that I'll be in harmony with all of existence and that the relationship will be mutually fulfilling and supportive. My emotions will be one of love and ecstacy.

Regular Column

Philosophical Viewpoints

By Todde Salen, Sweden

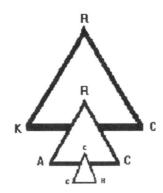
Buddha and "the golden middle way"

The movie "Little Buddha" contains the datum that Gautama (the 4th Great Buddha, who lived in India some 2,500 years ago) reached the state of Bodhi as he contemplated on the way to enlightenment. He realized that the road to enlightenment did not go through extremes, but by walking the golden middle way. Both ancient Greeks and modern Swedes consider the middle way to be an ideal worth working for. But to be able to find the golden middle way you need to first of all recognize what the extremes are.

Many buddhist sects consider that "you may never kill any life form". However that is in itself an extreme. The opposite (extreme) to never killing any life form is to take every opportunity to kill life. The golden middle way is to only kill when killing aids the optimum solution (or using buddhist terminology: Only kill if it creates maximum happiness and minimum suffering to the majority.)

Optimum solution

Hubbard talked about "the optimum solution" (i.e. the greatest good for the greatest number of dynamics). In buddhism there is a very similar viewpoint to determine if an action is good or bad. You get the idea that you draw a line and place your own human self on one side of the line. All other human beings are placed on the other side of the line. Then you contemplate the fact that you want maximum happiness and minimal suffering for your own human self. At



the same time you make yourself aware of the fact that every other human being "on the other side of that line" also desires maximum happiness and minimal suffering for their own individual selves.

With this view you should make up your mind about whether you have a right to forward your own human desires (of maximum happiness and minimum suffering for your human self) at the expense of increased suffering and reduced happiness for the rest of humanity on the other side of the line.

If you then expand this viewpoint over time, realizing that your own human self only lasts one lifetime and that your own future 1st dynamics are included on the other side of the line, it starts to become ridiculous to assert the right of the 1st dynamic over all other human beings.

Hubbard's "optimum solution" gives a more responsible view as it includes more dynamics, but the buddhist viewpoint is probably more easily grasped by the human mind.

Confronting versus bleeding hearts¹

The golden middle way is not "become a normal human being." Instead the golden middle way

¹ There is a saying in English "It makes my heart bleed", used when one would express sympathy. Here the expression is used for emotions and attitudes near the sympathy level of the Tone Scale. Ed.

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Regular Column — Philosophical Viewpoints

consists of "being normal" when that forwards the optimum solution and being different when that is a more optimum solution.

On the subject of killing (= taking life) you would then realize that it is sometimes OK to murder or commit suicide, if the action is not done to reduce the suffering/increase the happiness of your own human self. If your own 1D for instance is a clear burden for everyone around, it is your duty to end your own life.

This viewpoint will give you quite a different idea on victims. It is a buddhistic viewpoint that most buddhists cannot confront. Usually buddhists are more "bleeding hearts"-minded and prefer not to confront the "greatest good" concept. They prefer to be very human and irrational. They think with their hearts instead of using their common sense.

That it is very hard to present these ideas to a world run by bleeding heart-minded journalists and politicians is another story. As long as the democratic world refuses to follow the laws of life (Dharma) it will continue to get more and

more enturbulated by the effects created. The test of living by the laws of life (instead of breaking them) is that you do not create more problems for your dynamics.

Looking at the amount of problems bleeding heart journalism and politics is creating in the democratic world today, you can easily see that some basic laws of life are disregarded.

The pioneers that walk ahead of the "crowd" often have different points of view. If the pioneers are successful in getting the majority to follow, those pioneer ideas will one day become agreed upon by the majority. This does not make the pioneers right or the majority wrong. But it is a fact that the "normal majority" does change its ideas of what is right or wrong as time goes by.

Maybe you should get the "Victim Process" run on your own case? If you do, maybe it would be a good idea to do it listening style (Routine 0-A: Flow 1 victim→you, flow 2 you→a victim, Flow 3 a victim→a victim, Flow 0 If you were a victim ...)

The book The Pied Pipers of Heaven by L. Kin seems to be the first fairly comprehensive history of the universe from a scientology viewpoint.

Carefully considered viewpoints on the book, from scientologists (auditors with experience) in this field will be welcomed for the January and April issues of IVy.

Most pictures in this issue were by Palle P. Pedersen.

We invite others to send in pictures, either on paper, or on a DOS diskette in any of the many formats supported by Graphics Workshop (all common ones).

They should be funny, attractive, or even aesthetic.



The Release of Backflow to Suppression

By Frank Gordon, USA¹

Suppression is a common denominator of mental and life difficulties and a higher level of confront and backflow to it are beneficial. Here are several ways I've discovered of how I could do this:

With Biofeedback

On the E-Meter (a biofeedback machine measuring body resistence) one approach surprised me by its effectiveness. It was making crude rebellious and sexually aggressive gestures.

In theory, this rapid effect parallels the release of an inhibited reach and increasess "havingness.". My early training was to deny such crude outflows and so I was intrigued by how rapidly the needle loosened on this (a sign of increased reach and ability to have).

You might like to try this. If so, stand or sit, and grasp your crotch with your left hand, while extending the right arm with the middle finger upraised, and if you like, say what you felt like saying, but didn't.

You can also find your own satisfying variation of this by rediscovering your childhood gestures of defiance like thumbing your nose, or sticking out your tongue. I do this with a cheerful smile, which probably helps.

If the needle tightens (a sign of the reduction of the ability to reach), you should of course use something else.

For me, this exercise seemed to knock out an old chronic suppression. Suppression includes "Can't flow back!" When one can flow back against it in any way, it lessens. This appears to be the case here.

After several months of working with this, it still blows down and loosens the needle. This fits the description of a good havingness process in *Dianetics Today*. p.420:

"If the second squeeze shows the needle looser than the first .. you've got it. .. The havingness process selected, even if the right one, if run too much (more than 10 or 20 commands), will start running the bank. It doesn't harm the preclear, but that isn't its use...The tone arm may 'blow down' toward clear read if you run 15 minutes or half an hour .. on the other hand, it may not"

Upon rereading this, it occurred to me that this process could "run the bank" (release embedded and internalized suppressions), and this appears to be the case.

Also, by composing and whistling spontaneous tunes and "dancing" to it, I could also loosen the needle. Not crudity, but uninhibited outflow seems to be the key; although the first version is still the quickest and most effective for me.

Over time, the feeling tone of this exercise has gone from angry aggression to friendly assertion. And I can now get similar results by cultivating an internal and external sense of unbounded space and time: "Room enough and space enough and time enough."

In Life:

To be fully alive, one must be able to tolerate a wide range of emotion and action and feel free to "get into" and handle any blockages. But is it safe, and what will the neighbors think? (A suppression)

¹ This article first appeared in the manuscript edition of Terra Incognita, by Frank Gordan, 1990

The following incidents have demonstrated to me the importance of being able to outflow against suppression.

In a Gestalt Group:

I was in a Gestalt group and asked the leader if it was safe to scream. He said it was (it's not easy to find a place where one can scream).

I crouched down on the floor and returned to an experience at 14, when I fell from the top of a tall maple tree. I had reached for the top branch and it snapped. I could actually hear the cracking sound.

In this group, I felt free to scream out the terror of falling with nothing under me and with a good chance of being killed. I began with the crack of the branch breaking, and ran through it four times. I ended up feeling really good, alive and expansive. A safe space made it possible.

In a County Jail:

It is easy to suppress physical discharges out of regard for the feelings of others. One time I was in a county jail and extremely tense, as might be expected.

I badly needed to release this tension. So I told the Sheriff not to be surprised if he heard some odd noises from my cell. Following some observations of Janov and Reich, I leaned over the toilet and stuck my finger down my throat to elicit the gagging reflex and reverse the inflow of "you've got to take it and there's nothing you can do about it."

This produced some unpleasant sounds. The Sheriff came back and said the other inmates were disturbed by these. I replied that I was sorry, but was going to continue.

I did continue, finally vomited, and began to cry in a relaxed way with tears streaming down my face. I let everything go, and fell asleep. I slept for 24 hours and woke up refreshed. The tension had evaporated.

I could release this suppression since I had the agreement of the Sheriff and did not have to worry about what the other inmates would think or do. This is not always the case in every-

day life with its frequently highly formalized atmospheres.

In My Apartment:

At one time alone in my apartment, I had become almost frantic, a dramatization of "I need help." I thought of signing myself into a local mental hospital but knew they could do nothing effective, so I lay down and simply let come up whatever came up. As I did this I was alert for any loosening or relaxation, however tiny, that appeared. I had previously learned that this was the workable compass or guiding signal.

Finally, the thought "Destroy myself" appeared and with it a slight loosening. This was certainly a negative and destructive thought, but I was interested in the accompanying relaxation and probed this area and expanded it. Surprisingly, in about 3 minutes I felt fine again.

I have taught this technique to a girl and she also obtained good results. This approach is similar to that of Eugene Gendlin in his book *Focusing*.

With Insomnia:

A variation of this has worked with insomnia. One night I couldn't get to sleep. I found myself chewing over what smart remark I could have made to a dominating woman by whom I felt suppressed. I was caught in a seemingly endless struggle. Then I put my attention on the underlying feeling, a kind of exasperated frustration, looked for an earlier time of feeling this way, found several and, fell asleep.

The blocked energy of these previous times was apparently feeding into the last one.

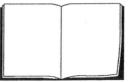
Summary:

These are just a few ways I've found to help handle and release those internalized suppressions, which are so closely connected with aberration, depression and "mental illness." You probably have your own which you would like to share.





Book News



Dennis H. Stephens — The Resolution of Mind

By Leonard Dunn, England

Many people are playing games which they enjoy but also many, if not most, are also into games that they don't want to play and don't know how to get out of. This work analyses exactly what games are and how to eliminate from the analyticial mind those which one does not wish to continue playing.

TROM begins with a theory section written rather technically and it is felt that a few practical examples would have been helpful here for those who are not over familiar with this sort of writing. Later in the work this has been done with great advantage and also reveals a very enjoyable sense of humour.

This is followed by an addendum after which there is the practical section. This deals with what to run and how to run it. The first four sections are preparatory to the fifth which is the major part of the work. It is emphasised that the first four must be thoroughly practiced before starting on the last section. There is also a Repair of Importances (R.I.) which one runs if or when the going becomes sticky. RI is also a test as to whether one can run level two and above solo, and does not need level one.

Level five is dealt with in great detail. Then comes another Addendum to the theory section, a further addendum to the Practical section and finally another addendum to both. Perhaps integrating these addenda in the relevant sections would have been better.

Level One needs to be audited for those who have not done the CCH's but all else is done solo. This can be done in one's own time and it is advised that one should not rush through it. A meter can be used but the author says that this soon becomes unnecessary.

There are potential dangers if people fool around with the material instead of running the prescribed method but this is true in all OT levels. Only life goals are run and non-life goals are not. Examples of the former are such things as Create, Love, Admire, Help, etc. Non-life are exemplified by Degrade, Destroy, Blame, Enslave, etc.

One thing that I particularly liked was the statement "The data are quite free", unlike

Terry E. Scott has distributor rights in the U.K. *TROM* is available as as high quality photocopy of just over 70 pages A4.

Contact Terry on 0536-414949, or write him at: 17 Hillcrest Avenue, Kettering, Northants, NN15 7NG, England. Basic price is £19, postage is £2 for UK (cheque or P.O.) and £4 for Europe (send only £ sterling bankers draft/check).

In the USA the distributor is Flemming Funch, Creative Transformations, 17216 Saticoy Street #147, Van Nuys, CA 91406 USA, and the price is \$40 inclusive postage.

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many of the things that have been discovered by some in the Independent movement. The cost of the book is only that which covers the expenses.

Here I should like to give a few words of praise to Terry E. Scott who undertook the difficult task of transcribing a software version that was not totally compatible with his own computer. He made all the arrangements for the pages to be copied and bound together and has done a really excellent job of this.

It is perhaps a pity that there are no case histories to show the workability of these theories but the author writes a lot about the difficulties that he encountered and overcame. I am quite sure that there will be reports of successes achieved by those who run it.

I regard this as a major work that ranks well with Bob Ross's *Taking Apart the Analytical Mind* and Flemming Funch's two Volumes of Essays.

D

After Scientology, or, Love, Magic and Expectation

By Ray Harman, Australia

Scientology is a vehicle. It was mocked up originally to go far and fast. But it became heavy and slow with many impediments added on, and even called itself a church. We have left it behind, and some have left it further behind than others.

Miracles

To the extent that fear and compulsion are deleted from the sci formula, and love, magic and expectation are added, miracles start to occur as people cognite that they create their own realities.

New vehicles

As we draw away from the Cof\$ juggernaut, we find that smaller, lighter vehicles carry us

faster and more easily towards OT. New PCs come up with the clear cognition in days or weeks instead of months or years, and some of them find that they can quickly learn to audit others.

A Holographic Universe

Data now appearing indicates that it's a holographic universe, and as more people progress spiritually, the road becomes easier for those who follow. The way out follows the law of theta, which doesn't necessarily make sense to a solid and "logical" Mest universe.

I wish you all good postulates!

p

D

Letter to the Editor

Let's Remember

After just having read for the second time Otto Roos's article "Thoughts Inspired by ... Evolvement — My View" (In *IVy* 16, p. 27), I feel I have to write to you. I am very grateful to Otto for having written this article and to you for having published it, so I could read it.

I am still reeling with enthusiasm, joy, affinity and agreement with all Otto said about LRH and his work, and about the way he experienced and sees both. He evokes pictures in me and thoughts, impressions, views, feelings and certainties, as if I had been there with him, at the time when he worked with LRH.

Sentences which specially impressed me were: 'That many of the things he knew as a being weren't written down to be studied by others ...' and '... he did give us the Tech to discover these very things for and by ourselves ...' and 'I was always amazed about the fantastic scope of his (LRH's) knowledge and his unbelievable

mastery of words' and 'The subject (of Scn.) should not be misidentified with those who misused and misapplied it ...'

To finish I would like to repeat what Otto said in the last paragraph of his article, to help keep it in everyone's mind: They (the disillusioned people) were working at obtaining Freedom for themselves and others then, ... and they are still, each to the extent he is capable, using the very things they got from LRH.'

At this point I wish to stretch out my hand to LRH and say again and again, — thank you for the Scn. tech and philosophy which you developed and left for us, — and to all those who worked with him, — thank you for helping LRH with his work. I wish I had been amongst you at the time.

Britta Burtles

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copy of *International Viewpoints*, why not give yourself a real treat? Buy yourself a subscription. Write to a distributor listed on the last page — get a regular comm line in from others in the free scientology movement. What a lovely suprise to get *IVy* bouncing through the letter box now and then.

A message from the (ex) scn world!

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And don't your friends deserve some of that theta too?

See to it that they get to know about *International Viewpoints* also.

Help get the message throughout the world, that there is a theta scn comm line in existence, for (x)scns to get some inspiration and new viewpoints from.

A View from the Bridge

By Eric Townsend, England

Chapter $Six(b)^1$

Grade Two — Overts, Withholds and all that (continued).

Missed withholds

Time passes and the original Overt Act is to some extent forgotten. More accurately it is covered up by attention being directed to other activities and events. As we saw in an earlier chapter, these things are carried forward as incomplete cycles and they still hold some attention even though they may be buried by many later events.

The Overt Act, or more accurately the Withhold, is highly sensitive to being disturbed and thus reactivating all the withhold phenomena. This is where we encounter the term the MISSED WITHHOLD. This is a situation where someone comes close to discovering the original overt act, usually quite unintentionally. At this point all the guilt comes flooding back and that thetan is put into a turmoil of fear that the original Overt may have been discovered. Much of this may happen at a thetan level with little or no penetration to human consciousness. Whether conscious or not, the thetan can be literally paralysed by fear of discovery.

It seems the further away one gets from the original act the more charged-up the thetan be-



comes about it. Thus because each reminder adds another lock, more charge is added to the original incident. There is even a phenomenon called the MISSED MISSED WITHHOLD. This is where an auditor disturbs a Missed Withhold and fails to get it out and stated by the PC. By this time the PC can be quite frantic. This phenomenon is vividly portrayed in the novel *Crime and Punishment* by Feodor Dostoievsky.

What poor confronting leads to

The source of all this trouble is the thetan's unwillingness to confront his own overt acts. Why is the thetan so resistant to confronting and admitting his own actions? The simplest answer is that a being is basically good and that the most severe judge of the thetan's overt actions is himself! All consequences for himself come with his agreement, so the only real fear he has is his own self-censure and self-punishment. Consequently he will go to considerable lengths to convince himself that he was not to blame or not wrong in taking the actions he did. This is where we come to the terms MOTIVATOR and JUSTIFICATION, which are attempts

by the thetan to avoid confronting his own actions.

The simple definition of a Motivator is a received aggressive or destructive act. If one is on the re-

ceiving end of any flow, one is strongly inclined to return it in like currency. We find this with affinity and it is equally true with antagonistic actions. So if an overt is done to you, it is automatically a motivator for you because it 'motivates' you to return an aggressive act. You do have choice in the matter but your inclination is to respond in the same way as the flow you received.

So far this is very straightforward but Motivators can be twisted around in time or importance, to justify Overt Actions to the person who commits them. Let us take a simple example from the world of children. Johnny hits Billy for no apparent reason. Billy hits Johnny back somewhat harder. Johnny starts to cry and runs complaining to his mother who then hits Billy. Johnny justifies his action which got Billy hit by saying that Billy hit him. This is his Motivator. This is a simple case of Johnny selecting the item that justifies his action and omitting the rest. If challenged, Johnny may say that Billy hit him much harder than he hit Billy but the point is he will forget or minimalize anything which cannot be used to justify his last action.

The same pattern can be seen among adults, although it is often more hidden. Feuds and disputes go on within families and communities with overt acts going backwards and forwards. The size and scale of the actions may be out of all proportion to the original slight that started it all. It doesn't seem to matter what started it because all attention and discussion is on the latest 'motivator' that the other side has committed and which justifies another overt act to pay it back. This pattern and its consequences can be seen in the story of Romeo and Juliet. No attempt is ever made to go back to find the basic incident that started the feud. If both sides did so and confronted their initial actions, all the charge holding the chain would blow.

Punishment gives motivators

If a person is unable to do an overt back, he will settle for sympathy. Thus someone in prison for committing a crime against the society in which



he lives is experiencing the return flow for his action. He will see this as an overt against himself and as a motivator for another action against society. In the meantime, while in

prison, he cannot do much against society so he will instead seek sympathy(agreement) from others or from himself. The fact that his situation or condition stems from his original actions is 'forgotten'.

Rarely, however, is the pattern or sequence as simple as the above examples. In the Romeo and Juliet situation, the people who were around when the dispute started are probably long since dead. What gets passed on in the folklore is the history of the major past Motivators and little else. Needless to say the perceived backlog of injustice and motivators creates a climate in which new overts will be committed.

Motivator hunger

There is also a reverse situation called Motivator Hunger. This where someone considers that they have committed overts against others. They have to a large extent buried them to avoid confronting them. This still leaves them with an air of grievance which causes the person to be constantly expecting or finding overts against themselves. Thus they can be said to be 'hungry for motivators' to justify the feeling of imbalance of overt actions which they feel within themselves.

The use of motivators is the primary justification which a thetan uses for his overt acts. This justification is successful for him to the extent that it enables him not to accept responsibility for causing his overt actions. As has been said, and can be readily observed, beings will go to considerable lengths not to confront their own actions and their consequences. Keeping an overt-motivator chain going rather than confronting the cause of it is a prime example of this. He doesn't talk about the overts, he withholds them, but is very quick to talk about the motivators. If he thinks someone has come close to discovering one of his overts, the missed withhold, he becomes extremely agitated by the fear of discovery.

The cure

What is surprising is how quickly all this agitation evaporates when the PC finally reveals the Overt Act to the auditor. Despite know-

ing the Auditor's Code, most PCs find it very difficult to give up their overts. This is because the severest critic of the thetan's actions is the thetan himself. The only determinant of whether an action is right or wrong for an individual, is the thetan himself. Fortunately for us all, it is the basic nature of a thetan to be ethical, that is to aim for the greatest good for the greatest number of dynamics. If a thetan discovers that he has not done that, his capacity to censure and punish himself is far greater than any human being would be willing to exert on another. We are, after all, dealing with a being of immense capacities by comparison to human standards.

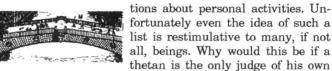
Grade II handling

To return to what happens on Grade Two, we are aiming to relieve and then free the thetan from the hostilities of life. There are firstly processes designed to raise the PC's confront and then processes dealing with Worry, Criticism and Revealing things. These processes are also designed to expand the PC's awareness of how these might apply across the four flows and across the dynamics. The Case Supervisor will decide which of these processes are needed by a particular PC.

Then the processes go on to getting the PC to look at overts and withholds in all sorts of areas across the Dynamics and physical universe. In case this sounds accusatory, it should be remembered that the judge of which items need to be brought up and confronted is the thetan himself. This occurs by the mechanism of charge being visible on the meter. The meter shows that an item is a 'reading item', that is, it has charge and is close enough to the thetan's confront level for the charge to be run out of it.

Checking by lists

This mechanism should also be remembered in looking at the other auditing action which is often included on this level. This auditing action has been known by three names, the CONFES-SIONAL, INTEGRITY CHECKING and SECURITY CHECKING. It consists of a list of ques-



actions? Well, apart from the issue discussed above of limiting his own confront, there will have been many times in the past where he has voluntarily accepted the moral code of a group and then been accused of failing to act by it.

Since these three terms became mixed up it is essential to distinguish them. In 1960 Hubbard referred to CONFESSION as 'a limited effort to relieve a person from the pressure of his overts'(Technical Dictionary). It was run as a simple auditing action for the purpose. The title has reminders for many of the Roman Catholic sacrament called Confession. Despite apparent similarities, it isn't the same and perhaps this was a reason for the renaming of this action as Integrity Processing in 1972. It is very helpful to look at the definition of Integrity both in a standard dictionary and in the Technical Dictionary. Both describe it as being in a state of 'wholeness'. The action of Withholding the Overt is to separate the being from part of himself. The action of helping the thetan to confront the withhold is to give him back that which he was separated from and restore him to wholeness.

Once again the only judge of what is a Withhold is the thetan himself. Only things which are ready to be confronted will read on the meter and only those will be run. Many will be surprisingly small and in other cases the thetan's attention is on some secondary aspect of the act. The auditor and case supervisor are both bound to confidentiality by the Auditor's Code and pass no judgement and enforce no consequences. They perform no function other than to ensure that the items that come up are fully confronted by the thetan and that all charge on the item, or chain of items, is discharged.

The confusion of Security Checking with Integrity Checking comes from the similarity of the list of questions. There are several lists and the case supervisor will decide which list is most appropriate for the PC in the circumstances. Security Checks can use several lists, including the famous Johannesburg list, known as a Joburg. Security Checking was not done under a case

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supervisor and there was no confidentiality guarantee. This was because it was done in the Ethics Department and its purpose was 'to see whether a person has any

counter-intention toward Scientology or Scientology Churches' (Tech. Dictionary). Despite the bad reputation Sec. Checking obtained in the early eighties in the CofS, it could still be a very beneficial experience.

Ability gained — responsibility

The key concept that needs to be understood in this area is RESPONSIBILITY. This is a term of open-ended meaning. It means at the first stage confronting and admitting being cause of those things that one actually did as a thetan. It is the restoration of this willingness to take responsibility, which gives the being back his integrity and frees him from the 'hostilities and sufferings of life'.

The abilities gained on the various Flows emerge from this willingness to take responsibility. So on Flow One, the thetan is free from things that have been done to him in the past, thus breaking the overt-motivator chain, and is willing for others to be at cause over him.

Flow Two is relief from guilt about things he has done to others and a freeing up of his willingness to be at cause over others without fear of hurting them.

Flow Three is willingness to let others be at cause over each other without fear of them doing harm.

Flow Four is relief from hostilities and sufferings imposed by self upon self. This relates to

the relationship between the thetan and the body.

Completion of this Grade restores wholeness to the thetan and can be seen as passing through a doorway

from dark to light.

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BTB15.11.79 O-IV "Expanded Grade Processes"

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Note: The book A View from the Bridge can be obtained from Anima Publications, PO Box 10, Bramhall, Stockport SK7 2QF, England. The price is £10 plus postage (surface mail). Postage £1 to U.K, £2 rest of Europe, £3 rest of world.

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The Curse of Church Stable Data

By James Moore, England

I was originally going to write an article entitled "The Curse of Standard Tech". In other fields we have had progress. I thought of medical advances in the treatment of cataract, of providing artificial hips and inner organs. And there seem to be the few of us who will hold the clock of scientology still, by insisting something like "what was good enough for the church in 1983 is good enough for us all". But there seems to be more to it than just that.

Tainted by the church

Let us look at what happens to a person who contacts the "Latter day church" (it was not like this when I first contacted scn).

If they go on staff, they get thoroughly controlled. They get very little time for themselves. Little time to relax. Little time to quietly re-evaluate the many new experiences and data they meet. In fact frequently, not enough time to sleep adequately, and also their diet is not always the healthiest. They are not in their most aware state.

With many new situations to confront, and handle, there is the possibility that they experience some confusion (sometimes *much* confusion, if the stable data they have lived life by becomes thoroughly invalidated).

In the face of confusion (according to a theory which seems to me to work) one grasps on anything to hand to use as stable data for life. In a pressing situation ("you will be put in liability if your stats are not up by 14.00") there is not really time to examine the sensibility of what one grasps for stable data. And what is there to hand for the staff member? If you have not been on staff, remember that the atmosphere in the latter day church is somewhat paranoiac, in the direction of "the people outside are wrong, misguided, even evil, and you should not accept any data from them".

So, broadly speaking, the new stable data one forms as a staff member are either the perhaps abberated data one obtains from an equally hard pressed staff member (who got it, slightly alterissed, from another), or what the latter day church authorities want you to have as stable data.

The non staff member

I have talked as though this applies only to staff members. Probably to a lesser degree, it applies to students as well, who are also pushed to be there maximum hours (how many students really do get adequate sleep). Possibly their diet is better. But I think quite a few are in a situation close to that of the staff member (of the latter day church)

The result

Put bluntly, the result is a form of brain washing. That is to say, they accept ideas pressed on them from outside, without properly evaluating it. Which to me is brain washing — you could call it 1.1 brainwashing.

The environment in the latter day church was often stressed and staff members often had received little auditing. It became common to handle problems and situations by very **black** scientological methods, such as making others wrong (use of service fac), invalidating, evaluating ("your ideas / behaviour indicate that you need auditing", "you have overts", and similar statements), and swearing. This sometimes even resulted in disillusionment with scientology — the person in question had in fact seen very little real scientology.

Not a scientologist

This can account for the fact that some people I know of, despite acting very close to the spirit and philosophy of the original scientology, proclaim that they are not scientologists.

It is possible that one or two people, now "escaped" from the latter day church, are still "ill" (a little bit). They have not re-evaluated *all* the stable data they collected in the church. Perhaps your best friend has a few peculiar stable data from the church still hanging around. (By your best friend I mean you.)

Ø

Postulation Power

By Jim Burtles, England

If only we could make all our dreams come true, Wouldn't that be fun for folks like me and you. Well, I really do believe we can and will; To make them credible is the basic skill.

If you can picture something in your mind's eye, It must be possible, for pictures do not lie. If it's just possible, it's probable as well, What's probable may happen, as we can tell.

If it's to happen, just relax. That makes sense. It's probably happened, in the future tense, Remember, you have seen it. Just wait awhile. When you spot it, you can have a little smile.

If you should chance to be there when it comes true, Give yourself the credit for what you can do.

Don't you make me the cause of it all, though.

I have only said what you already know.





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