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International Viewpoints is independent of any group or organization.

Magazine' s aim:

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which became a little secretive, restrictive, expensive and slightly destructive. From 1982 on, many left or were thrown out of that church, and continue to use and develop the philosophy and technology.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect),

E-Mail (computer communication)

You can reach us on Fidonet 2:230/159.10 = Antony Phillips

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Whizz-o!

by Yaws Truly¹

A certain Church I know, the Sea of Ess (also known as Essie, a relation of Nessie, the monster in Loch Ness), trademarks, registers and copyrights everything in sight.

Including an abbreviation "OT". This is not a short form of Old Terra, nor is it a reference to Old Time Scientologists, whom Ron dubbed Founding Scientologists back in the late Sixties².

Of course, "OT" (and here insert the appropriate symbol for copyright, trademark and registration³) in the Sea of Ess means Operating Thetan, and they shouldn't be able to put their hammer on that term, for it appeared in the early Fifties in the likes of *Scientology 8—8008* and, having been published to the world at large, would be of questionable property value.

Yet some people in the Independent movement feel uncomfortable with "OT", and yearn for a better term. Well, there is a very old term that, in some quarters, is highly respectable and implies everything we mean by Operating Thetan. It is "Master". Not bad at all, for its pedigree is many thousands of years old.

But how about something more fun?

We could use the term "Wizard". There could even be Wizard I, Wizard II right through Wizard VIII or IX. To be a Wizard would immediately let we Independents greet each other in a special way.

Not with a secret handshake, as everyone knows Freemasons do. But with a couple of words that would be indisputable coin of the realm, recognition between brother and sister Independents who were into advanced realms of tech.

"Gee, Whiz!"

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¹ This article came on a diskette in the way I normally receive material from Terry E. Scott, England. I therefore suspect him of perpetrating the hideous overt act of writing under a pseudonym. Ed.

² My recollection is mid sixties, 1965, when the first gradation chart came out. But maybe we should give Yaws Truly poet's licence. Ed.

³ Do you think he means : \mathbb{O} , \mathbb{B} and \mathbb{M} ? Ed.

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Emotion

By Brian O'Donohue, Australia

Do not fear emotions, they are the playthings of your soul.

Seek instead to understand, and fear becomes wisdom.

No-one else creates your emotion but yourself — usually unknowingly.

See! You are more clever than you gave yourself credit for.

A difficulty starts when one seeks to share an emotion with a friend.

And ends up scaring the daylights out of them, because they cannot cope with "unpredictability".

How can you really communicate to another . . .

Wild delight The happy purr of contentment The tight grip of antagonism The roaring, happy Yes of affirmation The dull grey brown of boredom The joy of knowing something is so perfectly right The soul-filling expansion of rapture The happiness of loving The explosive satisfaction of anger Piercing, engulfing ecstasy Numb apathy The thrill of excitement Stunned admiration and sour contempt

Emotions are the colours of the games we play with one another. Every subtle shade is there to use.

They are there to experience and to enjoy, every lovely minute of every lovely day. Not to be suppressed into a careful, socially acceptable whimper. Yuk!

So I will find me a friend who is not scared shitless by someone's feelings. Who can lovingly touch another's heart with faith and trust, and be touched in their turn. Who can commit acts of random kindness and senseless beauty.

IVy

Meta Structures

By Flemming Funch, USA¹

The more we strip away the common human bank, the more different people get. Behind the scenes beings might have drastically different ways of doing things.

It is important to note that there isn't a particular "ideal" way of behaving that we get to when we clear people enough. We are more likely to run into wide differences in approach and intentions and so forth. If you are making people all the same you probably aren't setting them free.

Now, beings might at a very high level have very different considerations about things, or they might have set up drastically different structures to guide their actions at multiple levels.

I am correlating this with what is called Meta Programs in NLP (Neuro Linguistic Programming). That is basically that in different areas people might have certain overall programs of behavior which guide their overall actions, but which are different from person to person. For example, some people organize their whole life around avoiding things they don't want, whereas others organize their lives around moving towards stuff they want. There is no right or wrong in this, and it isn't just casual decisions either. There are inherently different motivations and methods of doing things. Some people think in really big generalities, others take great attention to detail. Ideally one is flexible and can do all of these things, but typically a person has a certain underlying approach. So, when we dig deep enough we don't find sameness, but we find that people do things for different reasons.

If we extrapolate this up to a more spiritual realm we see similar phenomena. Beings might set up a certain approach to doing things that will pervade everything they do over many lifetimes. We could say that certain structures are postulated at a high level with a great deal of persistence to them. I would call these Meta Structures. You could say that they form part of the being's personality. Not that they can't change, but they are likely to have a high degree of permanence.

People are different

As an example, I personally have a certain method of exploring a subject. I would rather randomly start somewhere, anywhere, and get very deeply involved in what I find. I would get very confused, but would eventually sort things out. Then, once I have things figured out in that corner of the subject, I would make a big jump and go to some totally different part of it, chosen in some illogical fashion, and I would immerse myself in that. By repeatedly jumping around and getting in over my head I would eventually become really good at the subject.

Somebody else might have the approach of systematically working through a subject from one end to the other and continuously maintaining a big overview of what has been learned.

Somebody else again might start out by making a mock-up of what he is likely to find and then walk in and compare everything to his mock-up.

No approach is right or wrong. It is just that the being has chosen a certain structure to monitor the way he does things.

Most likely there are structures that a being keeps all throughout their existence in a universe. And there are other structures that continue through a series of lifetimes and then

Page 147 of Flemming Funchs Technical Essays,: Technical Essay # 108, 22 November 1992. These books can be obtained direct from Flemming, Volume one for \$50, Volume Two for \$40, or \$80 for both volumes. These prices include Airmail postage. The Address is: The Clearing Institute, 1147, E. Broadway, #118, Glendale, CA 91205 USA, Scandinavien readers may be interested to know that a translation to Danish of Essay #1 appears in Uafhængige Synspunkter, M21, March 1993. Ed

change. Or structures that only apply to one lifetime or to a certain period of one's life.

Astrological signs are probably an example of structures that are agreed to be permanent through one's lifetime. I have never seen anybody audit out their astrological characteristics. You can of course progress from the negative side to the positive side of the characteristics. But I've never seen anybody stop being an Aries, or Libra, or whatever, no matter what OT level they got to.

Different Case Handlings

The meta structures are not something to audit out. It is meaningless to even try. They are very self-determined causative decisions, they aren't case. It would be much more worthwhile to find out how to use them in the best possible way. If they no longer serve the person he will probably change them. But be aware that they are created at a high level. It takes more than just a casual thought to change them around.

Meta structures would be something to take into consideration in clearing. If people work in different ways it makes the most sense to treat them differently. That is, you can do more for a person if you are in tune with their method of operation. It doesn't make sense to stuff some "standard" method of operation down everybody's throats. As an example, some people will be well disposed to doing a bridge in a nice orderly fashion, and they will organize their case in such a fashion that it fits the program exactly. Other people might hate the idea of a fixed program and would get much more out of skipping around and exploring things in an apparently random fashion. Traditional clearing wisdom would recognize the first person as a well running pc and would send the other one to ethics to get him to behave.

There might of course be regular case phenomena that would prompt a person to be pro or con a certain way of doing things. Service facs or overts might make somebody sabotage the program. However, even with that taken care of, I would claim that different people work differently and would work best with different approaches.

I think the best work one can do is to meet people where they are at and help them to do better what it is they basically want to do. That takes a certain sensitivity to different basic ways of doing things, and enough flexibility to be able to help people even if they have different approaches than you yourself have.

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Book News

The Resolution of the Mind

A Games Manuel, By Dennis Stephens, Australia.

Wisdom begins when the urge to understand games becomes greater than the urge to play them --- DHS

Those whom the gods wish to destroy they first drive mad --- Euripides

Those whom the gods wish to drive mad, they first withold the nature of life and games ---DHS

These are quotations from the openig of a new book, which we intend to review shortly.

The Restabilisation Story — Building a Special Tool for a Special Job

By Jim Burtles, England

This is the story of a perceived need which became an intention to communicate, then evolved into an urge to create, resulting in a desired effect. A classic example is scientology technology at work, which produced an addition to the existing body of knowledge. Perhaps it might be more realistic to view it as an extension to the technology rather than something totally new.

The Background

After many years doing many things in the computer industry I have finally emerged as a Disaster Recovery specialist. We are a small band of far-sighted individuals who seek to help our clients to:-

a) Prevent disasters wherever possible

b) Minimise the impact of those which do occur

It is a new and exciting field which offers enormous scope for imagination, innovation, communication, postulation and preparation. As a profession we are intent on developing standards of practice and workable solutions for every likely problem.

Observations

Over a period of some years we had often noticed that there was usually a significant loss of personnel following a successful recovery from a disaster. Further research revealed that there were a number of reasons given, but there was a definite, regular pattern which I called the Post Crisis Exit. A number of my peers suggested TLC (Tender Loving Care) as a remedy, whereas others accepted the "fact" that some people simply folded up in a crisis and we were better off without them.

As a trained auditor, I sensed that I should be able to come up with a better technique than either of those which were in common use at the time.

Wanted and Needed

I wanted a means of handling people who had been affected by the incident.

The remedy needed to be effective, foolproof, fast and easy to learn and deliver. More importantly it had to work for everyone.

Disasters

Some typical "events" which illustrate the need for our type of work.

Chicago

A telephone exchange was struck by lightning and the complete area was without any phone lines for almost three weeks. There were two stationery suppliers in the affected area. ABC Supplies moved to their alternative emergency computer centre some 5 miles away. XYZ Deliveries had no such plans in place and had to wait for the phone company to repair the exchange.

By the end of the three weeks ABC had increased their turnover by about 30% and XYZ had lost three weeks' trading *and* 30% of their customers. Six months later XYZ were out of business.

London

A small investment company suffered from the effects of fire which started in the building next door. The air conditioning sucked in thick black smoke and filled the computer room with choking fumes; this was late on Friday afternoon. They had a standby arrangement and by Monday morning were back in business. However, the computer operator was

unable to face going back into the computer room which he had escaped from and so he found another job over the weekend. Six months later his manager also decided to move on, after being trapped in the computer room in total darkness during a power cut. The power cut only lasted 3-4 minutes but that was enough to restimulate the earlier similar experience. Interestingly enough they also ceased to trade about twelve months later — one complete department had all resigned "en masse".

Belfast

An electronic component manufacturer monitors and controls their production in factories around the world in order to match supply with demand, on a global basis. Hooligans set fire to their communications equipment. Without their vital information network they would be unable to supply the correct components to their major customers.

Because of the quantities and costs involved, their customers expect deliveries of millions of tiny components every day, otherwise they would have to stop their production lines of computers, TVs and radios etc..

Acting according to a carefully developed and tested plan, AVX flew their recovery team with their data tapes to London and loaded the essential information and programmes onto a standby computer. Meanwhile, communications links were established to factories in Argentina, Venezuela, Taiwan, Ireland, Germany, Hong Kong, and Scotland. Within 8 hours they were back to "normal" operations.

Cost of the recovery operation was about $\pounds 20,000$; cost of non-delivery would have been at least $\pounds 250,000$ per day with a high risk of losing their leading customers.

Zeebrugge

When the ferry *Herald of Free Enterprise* sank, 42 of the crew survived. 9 months later, 39 of them had changed their jobs; 17 of them had left the profession altogether. Only 3, out of 42, were willing to stay in the same job.

Disaster Recovery is a trade in which 100% certainty is the sole criterion for any proposed option.

Although the business world needs Disaster Recovery, most business people do not appear to want it — yet. My biggest problem is educating them to the point at which they can realise they do have a need for support in the event of an emergency. This means that all new ideas must have an immaculate track record before they can be suggested. The education process is very much like pushing porridge uphill. The porridge, therefore, has to be of the right consistency.

The Hunt was On

Whenever an opportunity occurred I began to share my concerns about the personal after-effects of a disaster and was encouraged to discover that there were others who shared my interest, but no-one seemed to have a workable solution. However, several suggested that this was an area beyond our scope and the victims should be left to the "professional carers". This glib solution did not appeal to me and I said so in no uncertain terms on a number of occasions.

Eventually someone suggested I should talk to a psychotherapist specialising in Post Traumatic Stress Disorder, or PTSD, and they recommended me to a Dr. Beverly Seligson who had written her thesis on the development and comparative effectiveness of various treatments for this condition.

Happiness Beckons

I very quickly contacted Beverly and she invited me to come and talk about the possibilities of finding or developing the right tool for the job. Our first task together was to define the job we wanted to do, then we could select or design a tool for it. One of the most delightful surprises for me was the discovery that Beverly had a copy of *DMSH* on her bookshelf and had a high regard for some of LRH's work. She was quite happy to see me try to merge "our" technology with "their" technology in order to forge an effective weapon which would be able to claim an immaculate conception despite its amalgamated inception¹.

1 A virgin birth eliminates (or transcends) a questionable parentage.

A mentor appears and a challenge emerges

Beverly was very supportive and took the time to familiarise me with the classical establishment approach to PTSD. With her help I learned about Crisis Intervention techniques, **Cognitive Analysis and Rational Emotive Crisis** Intervention Treatment. Together we began to realise we had some useful ideas which deserved development. I was persuaded to turn our freshman ideas into a useful tool which anyone could use. This meant writing a self-contained, easy to follow explanation and set of instructions. Encouraged to believe I was the right person for the job. I now had to beg. borrow, steal or justify the time to devote to writing it up and making other people aware of it.

Overcoming not unknowable obstacles

After a good deal of reading I began to take Crisis Intervention as my starting point. I felt that with a few technical enhancements it could become a very powerful tool. The establishment had come quite close to an effective and sound solution but they were blissfully unaware of such basics as End Points¹, Indicators and the Communication Cycle. Somehow I had to incorporate these essentials in a way which would be palatable to the conservative, suspicious business world. So I set about describing these ideas in a fresh way as separate entities. Separate as in "no connection to that which is unfamiliar, uncontrollable or unacceptable."

Back to the Tech

Eventually I had a clear notion of a 4-step process which would work very well, providing it was delivered properly. It also depended on the description being fully understood. We take so much for granted that it is sometimes easy to overlook the problems which others might have in something quite simple like getting someone into session. So I had to incorporate some thoughts about words and studying them.

Gradually I built a lot of "our" basic technology into the whole thing which was growing into a fairly serious piece of work.

Check with Steve

Proud of my new work I showed it to Steve Bisbey, who also encouraged me to expand it further by giving examples, for instance. A further round of scribbling, scratching and proof-reading and the concept of a complete Guide for Counsellors began to emerge and eventually became a real deliverable product.

A child is born and christened

The name of this child of my imagination was quite important. It had to sound right; it had to be different, yet somehow familiar; it had to convey the right sort of meaning. After much discussion we settled on the term "Restabilisation".

I set about tidying the up Guide and developing it into a completed work, with table of contents, glossary of terms etc. The result was a 50-odd page document which contained some interesting ideas, but the question still remained.

Does it Work?

The only way to find out whether it was effective was to use it on real life cases and evaluate the results, ideally a full clinical trial, failing that, a number of test cases.

Fate lends a hand

Just when a test handling was urgently needed, a friend developed a need for an urgent handling under test conditions. A highly trained person had experienced a severe crisis and wanted to know whether Restabilisation would handle it.

Needless to say, Restabilisation came through with flying colours — it did handle the particular case item. We were then able to review the Guide and incorporate some more useful ideas, based on experience.

One of these additions was the Dark Serpent Process which was added as an optional self-administered booster treatment for those who might require it.

Applying the Conditions

Now I had a finished, deliverable product which anybody could use. However I had to admit that no-one was using it. No-one knew about it. Restabilisation was in a condition of non-existence, so I decided to get out and tell the world about it. I have spoken about it at a number of conferences, including Conference North¹. This article is also part of the "find a communication line and communicate" strategy which I am currently employing.

Side Benefits

An intensive period of Search and Discovery produced a number of side-benefits in the form of minor discoveries which might never have been made without the major search for the big item. I find this to be a commonplace phenomenon, whenever one energetically pursues a primary postulate, a number of splinter or secondary postulates also emerge and soak up some of the stray energy. Thus they come to fruition as a side benefit, or a spin-off.

The side benefits of Restabilisation are

- 1. a set of Self-Control Exercises for the world at large, including one extra unique step. These are based on the TRs which we are all familiar with,
- 2. the Dark Serpent Process. A useful problem solving drill, derived from the Black Panther² mechanism,
- 3. the Communication Cycle written up for the world at large,
- 4. the principle of End Points explained to the establishment,
- 5. the Counsellor's Code for the world at large, derived from the Auditor's Code,
- 6. some basic Study Tech written up for the world at large.

A Parting Shot

After discussing the Dark Serpent Dilemma and Process at Conference South¹ I was forced to conclude that there is, after all, another strat-

Jim Burtles

Career-wise

As an IBM engineer developing, and teaching management techniques for complex, vulnerable computer systems and their fallible attendants, I became interested in emergency planning for computer based operations. After 18 years, I left IBM to specialise in this type of work, with my current company Safetynet PLC.

During the last fifteen years I have seen Disaster Recovery appear as a concept, develop into a business proposition and is now being recognised as a legitimate profession.

Case-wise

I was introduced to Scientology by a colleague about 1978 and soon got deeply immersed in trying to set up a Celebrity Centre in London. I was keen to make the technology available to others in the hope that somehow I would be able to benefit in the process. The benefit was there all right; I met my wife at a fund raising event for the Celebrity Centre.

In 1982 we both left the Church, on purely financial grounds. Since then I have completed the OT levels up to OT 7 and I am now having fun with "Unstacking".

Otherwise

A freeman of the City of London, an Officer Companion of the Military and Hospitaller Order of St. Lazarus of Jerusalem. A keen photographer and an eager traveller.

egy which one can employ. This meant I had to revisit the process and incorporate this new strategy. So, it seems, the work of a seeker of truth is never done³.

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- 1 Spring 1993, in Manchester, England . Ed.
- 2 See IVy 1, page 9, "The Black Panther Mechanism", and Dianetics: Modern Science of Mental Health. (see index) Ed.

³ A Counsellor's Guide to the Restabilisation Process, in its final(?) form as a 64 page A4 document, is available for publication. As yet, a publisher has not been approached, basically because I haven't found one who publishes this sort of work. In the meantime, if anyone needs a copy, I can have one made up for them and forward it by post. The price of £10 includes packing and posting, surface mail, anywhere. 53 Wymering Road, London, W9 2ND

Thoughts inspired by ...

... the Dianasis debate — 5

By Todde Salén, Sweden

In the free zone there are many new approaches and roads offered to assist ex-Scientologists to reach higher states of beingness and case-gains. Dianasis is one of these.

There is no reason for anybody who has not participated in Dianasis to attack it or say it has wrong ideas or methods. The public that does use Dianasis (or any other route) should be allowed to do so as long as they feel they get a good exchange from it. The ultimate test on any system is its ability to survive by people contributing to its survival. If some people feel they get gains from Dianasis they should be allowed to continue to do so. It is necessary that each system wins or loses customers in relation to the system's ability to get satisfied customers. In the final analysis, only those systems will continue to exist that attract enough customers to expand the number of contributing members in its ranks.

Compared with Buddhism

Hubbard used to create himself as "only source" in Scientology. If anybody did care to create Hubbard as the only source for himself, only then did Hubbard manage to become "only source" in that person's own universe (but only as long as that being kept on creating him as "only source".)

I have recently been studying *The Tibetan Book* of the Dead and in it you come across a statement that Gautama Buddha "is the greatest Buddha that ever lived".

To me this seems to indicate that in some Buddhist circles they have a similar view point on Guatama Buddha as many people in Scientology have on Ron Hubbard.

Such Buddhists have created organisations that have maintained this idea for thousands of years. Maybe the C of S will be able to do the same with Hubbard.

The three universes

If you understand the idea of three Universes (1U = your own "home-Universe", 2U = the home-Universes of others and 3U = the agreed upon Universes - of which the MEST-Universe or 6th Dynamic is a good example, you will see that there is only one source for your own Universe (=1U).

When Hubbard quoted Gautama Siddhartha (= Buddha, or the 4th Great Buddha in the tradition of Buddhists) and said "Truth is only what is true for you", he was on to the idea of 3 Universes. What should have been said is that "In your own home-Universe there is only one source and that source is you" (= "the true Self" = The "I" = the Thetan = the Bodhi-nature = the awareness of awareness unit).

In a 3U like life (=5D) in the physical universe (= 6D) there are no such easy rules. Instead there are confusions of Universes and dynamics etc.

The C of S was an effort created by Hubbard together with a lot of Scientologists. The Church of Scientology was an example of creating a stable datum to align more stable data in order to bring order in the confusion and "blow confusions".

Thoughts inspired by ...

The C of S and the tech were successfully accomplishing this only if the being (= 1U) realized that he was the only source in his own Universe (= 1U). When a being had arrived at that point he would only continue to be successful in "blowing confusions" if he developed further by separating his own Universe (= 1U) from the Universes of others (= 2Us) by taking over more and more of the creation of the dynamics (= living) on a gradient.

As you regain your ability to be source in your own universe and as you start to create your dynamics from a cause level instead of through automaticities, you will feel more and more responsible for your own quality of life. This is a cycle of action that never ends. Increasing KRC.

Life is a Game!

P.S. My own personal opinion on Dianasis is based on having purchased level 1 of Dianasis and a failure to run it with Good Indicators. I have come to the conclusion that Diansis interiorizes the person running it into the GPM bank as soon as you overrun the materials. According to LRH (I am quoting HCOB 8 June 1963 — page 287 Tech Vol V and referring to the book *Dianetics 55*, chapter 4, "Accent on Ability"):

"Any system which reduces the charged condition of the Time Track, without reducing but increasing the awareness and decisionability of the preclear is valid processing. Any system which seeks to handle the charge, but reduces the preclear's awareness and decisionability is not valid processing, but is degrading."

It is my viewpoint that Dianasis does reduce the charge on the Time-Track, but that (since I was already ClearOT) it did not work on me. I also have the viewpoint that Dianasis is a system that reduces the thetan's awareness and cause in relation to the Reactive mind. I agree it gives lots of TA-action (and thus handles charge), but so does Dianetics on many pcs even after they have gone clear. The problem with running somebody beyond the release point on any level is that the thetan does not improve, even if charge is "handled" (See Chapter 4, "Accent on Ability", in *Dianetcs 55*).

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... the Dianasis debate — 6

Ray Harman, Australia

Goals and Purposes

I first read the Axioms over thirty years ago. People have tried at times since then to help me understand Axiom Four, but I've never really cognited on what it is supposed to mean. How can something inanimate like a dimension point have a viewpoint, which is a theta attribute? But I don't complain about Axiom Four or say it's wrong or silly. Apparently other people can make sense of it, so I accept that, and think that maybe one day it will make sense to me also.

Now, the contentious Axiom 0, I thought about it for a while and then smiled quietly to myself. Yes, I thought, that seems reasonable. It sort of validates me.

Maybe it could be seen by some as presumptive by Irene to put it at the head of the Axioms, but it is after all a pretty basic sort of statement!

If one's goals and purposes are to create a technology to allow escape from the birth-death-birth merry-go-round, from the domination of the MEST universe, to walk on water if you like, then bickering about the rightness or wrongness of Axiom 0 is unlikely to help in achieving them. The CofS hasn't achieved such goals, by the way, so we must be willing to look beyond Sci tech in order to reach the ultimate goals.

IVy

IVy

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Thoughts inspired by...

There was an old Sci teaching about Sci data. We used to be told, if it's true for you, then it's true for you. If it's not true for you, just pigeonhole it until it is true.

Let's keep our goals and purposes in front of us!

... the Dianasis debate — 7

Britta Burtles, England

When I first read this Axiom 0 — "Theta is the law and that is all the law there is" — I thought it was an April fool's joke. I followed the debate while still being amused and still waiting for someone to come forth and admit to having pulled our leg. Now I have decided to add my "penny worth" of thoughts — maybe even to lay some ghosts to rest.

To start with, I agree with Peter Mumford who says in IVy 12 something like — the more understanding, the more simple and fundamental is the data. I accept that this "axiom" is a simple, if a trifle pompous sentence.

There is nothing wrong with that, is there! Or is there? I asked myself: What does this "simple" sentence mean? — and I answered: "I don't know". So I said, like Ulrich in *IVy* 13, I must have an MU somewhere, better look it up.

Theta Equals Law?

The Tech dictionary says "Theta" means "thought, life force, the spirit etc ... " According to the New World Dictionary "law" means ... wowee — there are 15 to 20 different definitions for law. So there goes simplicity! And yet, that axiom simply says: "theta ... is all the law there is." Does that mean the dictionary is wrong? Or does it mean all existing laws are theta? If that is what it means, how about those laws which have been scrapped and those which in future will be improved? Are they theta and then stopped being theta, or are they for always theta? — Or, if theta is all the law, can we get rid of every country's written laws? Are they superfluous? And what does this "law" tell us? How does it function? LRH says, theta has laws.

See his Science of Survival, chapter 6: "The Basic Laws of Theta."

Peter Shepherd takes 5 pages to explain and justify the existence of that "axiom". Does that imply simplicity? His article is an interesting if rather inflated maze. After reading it, I was nowhere nearer understanding axiom 0. But then, maybe the significance of that 0 is in fact what it says — 0. I still feel someone is pulling my leg and is having a giggle behind my back.

However, let's take it seriously for a moment and try to understand it: I come back to the 15 definitions of "law": Which of these applies here? Your guess is as good as mine. However, to move the debate on, I shall pick some and "try them for size". The dictionary says "law" means "rules of conduct, commandments, instinct, the police" etc. If we combine one definition of "theta" with one of "law" we get something like "thought is the rule of conduct" or "the spirit is instinct" or "life force is commandments", etc. The mind boggles!

An Unfamiliar Language

Unfortunately, looking up words did not help. The sentence, despite its simplicity, makes even less sense now. It's like saying "a banana is a sausage", which is not only a lie, but also an identification of two items which are totally different. As far as I am concerned a banana can only be a banana. One can, however, describe what a banana is and/or does and/or has, with at least a few words to make oneself understood.

Obviously, that "axiom" means something in the Dianasis language, or nobody would have bothered to tell us about it. So I came to the conclusion that in Dianasese both words must mean something different. As I see it, words taken from two familiar "languages" have been combined into a third, unfamiliar language.

Important Tools

Although I think anybody can consider whatever they will, I find it half amusing and half sad, that the relevant meanings of "theta" and "law" in Dianasese have not been given to us at the same time as this confusing and as yet meaningless sentence. Maybe it means something very deep, but we have been denied that meaning and thus its potential value, because the definitions of the words were not supplied.

Words are some of our most important tools to create understanding between each other. In this case, I consider, these tools have been used irresponsibly, or they would not have resulted in the confusion, unreality and continuing debate.

The Mystery Sandwich

When Ulrich asked "Why axiom 0?", Peter Mumford cryptically answered "Because it's there." What is there — this axiom 0? It has only been there since Irene Mumford put it there. So this is not a logical answer. Or "theta"? Yes, that is there. So it would have been perfectly sufficient to say "Theta is there" instead of identifying it with something from a totally different category. Or "the law" is there? Which one of the thousands of laws?

Peter Mumford's answer to Ulrich's question "Why Axiom 0?" is a really muddled, slapdash and careless no-answer.

I am getting more and more convinced someone is having us on, and is getting fun out of watching us fall headlong into the jokey trap, the mystery sandwich. We went for the bait — hook, line and sinker — and are now trying to solve the riddle. Result: a nice little farce.

Anybody can churn out such "axioms" by the dozen: Take two "big" sounding words denoting two different categories and combine them with any variation of be, do or have. Recently over breakfast my husband Jim practiced it, and had a ball "axiomising". Here are some samples of his "revelations", his "reverse vector axioms": Axiom minus 1: "Eternity lasts forever and is the only eternity there is." Axiom minus 2: "That which has not been created does not exist." Axiom minus 3: "Before words, there were no words." Axiom minus 4: "I am who I am and that is all I am." Axiom minus 5: "That which is not the same cannot be equal." And so on, ad infinitum.

I am all for further research and more insights, visions and revelations, in line with LRH who said at the end of *DMSMH*: "For God's sake, get busy and build a better bridge." But to take a little pompous and meaningless sentence, call it an axiom and try to link it with LRH's complete axiom system in order to hoist oneself onto the same level as LRH, is in my view pathetic.

The Little Game

However, let us look at it from another viewpoint and say: Leave them their little game. Don't take it so seriously. They are obviously enjoying it. Maybe nobody wanted to confuse us. It's just that some people have difficulties recognising differences. They can't help it. Maybe Irene Mumford thought she was giving the world a pearl of wisdom. And here we go, spoiling it for them by picking up the flunk, the misuse of words. Maybe they have never heard of LRH's Study Tech (or perhaps they have redefined or redesigned it).

LRH's Axioms

Ulrich put up a good argument in both of his articles and I admire him for that. I specially like the part under sub-heading "The Aesthetics of Axioms." But, isn't he wasting energy? What's the point? If some people call a sentence axiom 0, as far as I am concerned, they are welcome to it. Maybe one day we will get their other axioms to look at as well?

LRH said: "The Axioms are designed to delineate what human beings are doing." (From his essay: *Thetan, Motion and Implosions.*) This so called axiom 0 has nothing to do with the Axioms LRH left us, so let's not pretend or assume it has. There is Scientology and there is Dianasis. Scientology has its Axiom system. Dianasis has an axiom 0; the next one is maybe under development?

Thoughts inspired by ...

Irene Mumford probably meant well. Maybe she believed she could improve LRH's work. Who cares! I don't mind. She isn't doing any harm. She is gone. May *she* rest in peace. *We* are fortunate enough to have LRH's Axioms in their full and glorious meaning, sense and simplicity.

Helping Mankind

On second thoughts: We can also step back a bit from the whole debate and look at it this way:

We are all in the business of helping Mankind to improve and reach/create a better universe. Each of us contributes to that end within our capability in different ways. I agree with Peter Mumford when he said: "Where it produces TA action and beneficial change, Dianasis is of use."

"Many roads lead to Rome." Whoever gets onto a cul-de-sac or worse, will eventually notice, turn round and find the right road. In the meantime, let us reach across, shake their hands and say: "Have a good journey" and "See you there."

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... the Dianasis debate¹ — 8

By Frank Gordon, USA

— An Onlooker's View² What is this debate about?

In brief, Ulrich of Germany fires the opening shot in IVy 10. He considers the Scientology and Dianetic axiomatic system to be sufficient, and questions any need for an additional Axiom 0 (with hints that the Great Beast, Aleister Crowley may have been a bad influence.)

Peter Shepherd of England in IVy 11 replies that Axiom 0 "is a statement of Dianasis approach," (which doesn't satisfy Ulrich) and goes on to give an excellent exposition of the Dianasis view.

How I See This:

Hubbard stated that Dianetics and Scientology were not invented systems, but descriptions of those basic agreements underlying this universe (correct me if I'm wrong, Otto). Not any universe, but this one.

Ulrich considers this sufficient. Shepherd does not.

Mathematicians and their Universes.

Mathematicians can create something called Universes of Discourse, with a set of rules (axioms, postulates, etc,) governing their behaviour. There is an implied axiom in back of this activity, however, which we can call an Axiom 0.

Axiom 0: A mathematician can create any Universe of Discourse he pleases, and within that Universe, his word is law^3 , and that is the only law there is.

Higher Level or Meta-Axioms:

This new axiom is not within the system, but above it; and concerns the choices available to its creator and to what degree he can "run things in his Universe of Discourse". It could be called a meta-axiom.

An everyday parallel is the parental response, "Because I say so," to a child's, "Why, Mommy?"

Similarly, Irene Mumford's Axiom 0: Theta is the law, and that is all the law there is.

¹ See IVy 10, page 11; IVy 11, page 27; IVy 12, page 31; IVy 13, page 11, and previous pages.

² Trying to act as a clarifying and reconciling 3rd party.

³ Blackstone has an interesting definition of law in his *Commentaries on the Laws of England*: Law is a manifestation of will.

This axiom emphasizes that theta still has choices. Yes, we have a MEST universe, and Hubbard has laid out its underlying assumptions, but this isn't the only possible one.

The Key Issue:

So what is the key disagreement or issue¹?

Ulrich in IVy 10 asserts that Hubbard's present axiomatic system is sufficient and all that is needed; with some ad hominem² material comparing Irene to Crowley.

Shepherd in *IVy* 11, speaking for Dianasis, denies that the present axioms are sufficient. A Meta-axiom (he doesn't call it that) is needed: an assertion of the freedom and ability of theta to change these present underlying agreements and therefore the nature and quality of the present MEST Universe (or portions of it, as in "the secret garden" concept.)

At least I think that is what they are arguing about. Anyone?

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... the Dianasis debate — ∞

By The Editor, Denmark

Yes, we could go on, until we reached number infinity of "...the Dianasis Debate". But I am wondering whether we have not reached End Phenomena, or End Point. The tone level seems to have gone up from the antagonism and namecalling of some of the first articles.

For me it has been a rather interesting game, with the big problem: "Should I censor, or should I not?"

In the beginning, I sent Ulrichs article to Peter Mumford, who is not an IVy subscriber, under the impression that he was Keeper of the Tech for Dianasis. His first reply gave me an unpleasant shock, and I refused to publish it until it was toned down a bit. But apart from that there has been no censorship. And there has only been one other article in all of IVy's long history, that I have refused. I did so because of its antagonistic nature, which the author would not tone down.

The Church, in its latter days, effectively censorred all entheta, including true but negative remarks on the state of the church, thus effectively preventing the remedy of negative conditions.

So this series has been a bit of a test — are we strong enough to face negative remarks? And have we enough self control not to misuse freedom from censorship. If the answers are negative, then we are not much better than the church.

My grandmother gave my father some advice. Before saying something, consider: "Is it true? Is it kind? Is it neccessary?" I would not dare set my grandmother on the same high pedestal as Ron, but maybe there was a little bit of sense in what she said.

So this column is closed. Let's go on to new conquests as a group.

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^{1 &}quot;issue" (in pleading and practice): a single, certain, and material point deduced by the allegations and pleadings of the parties, which is affirmed on the one side and denied on the other. *Black's Law Dictionary*, 5th Edition.

^{2 &}quot;ad hominem" appealing to prejudice and attacking the motives and character of one's opponent. Editorial note: Thank you for introducing me to this big word, Frank. Though ad hominem in the mag can be fun to read at times, I rather feel it has a negative influence on the main goals of the mag, which is in the direction of getting the tech and philosphy Ron relayed to us used widely and improved. So could we have a little less of it, authors? By all means be funny, but in more positive ways. Ant

IVy

Positive Thinking

By Judith Methven¹, England

AXIOM 2: The static is capable of considerations, postulates and opinions.

Positive thinking is what has made scientology worth the effort and worth following for me. It's all very well finding a good system, but one wants lasting results and to truly become knowing cause in your life.

One does scientology to improve oneself and one's circumstances which it does, for a while you are clearing the bank — but of course the bank can be recreated if you don't change your thought patterns.

First of all has to come the realisation that one is truly responsible for one's state and for what happens to you. This realisation can be obtained through auditing using the four flows. This process tends to get one into the habit of thinking "what am I responsible for in this situation?" Thus you begin to see clearly the effect of your actions.

Actions are the product of thought, so now let's look at "thoughts". Do we really realise how powerful our thoughts are? Often not, I think, or we should be very careful how we think.

First changes

Coming from a time when negative thinking was the norm, positive thinking has been a big turn around for me. At first I found it heavy going and had to be very vigilant with my mind. When a negative thought appeared it would immediately be replaced by the opposite — this being done consciously and with intent and purpose.

It usually worked, but sometimes I would feel irresistably drawn to the negative thought. I found that the best way of dealing with this was to look at it and let it run, i.e., if this negative thing occurred, what would happen. I would imagine the sequence of events in detail, how I would feel at the outcome and what I would do after that. In other words, go through the full negative scenario.

After this I would run the positive scenario and then decide that I preferred the positive outcome. This made being positive much easier because I had chosen it with reason, wanting my life to go this way. Clear definition of purpose makes positive thinking easier.

Later stages

From that stage, I moved on again. I did not wish to spend all my time consciously "thinking positive" and most important, I wished to maintain randomity in my life — without it I get bored (lower toned) and negativity creeps in.

Having grown more used to the habit of positive thinking, I now most often use the postulate, "My life runs exceedingly well" and, guess what, it does! All the hard work (and it was initially) is paying off. I have moved into a band of certainty.

If you decide to start on this way of thinking, use the gradient scale — small successes give you understanding of, and confidence in, your ability to create by thought. Auditing enhances this process considerably, helping you to know yourself and recognise thought patterns. Positive thinking balances out the negative gain² of auditing with positive gain, which feels really good. You tend to "go forward" very fast using this method.

¹ Judith, Tai Chi teacher, writer, housewife and mother, first came into scientology in 1991. She contacted it through an Art Society which Leonard Dunn was involved in, and she has never had contact with the CoiS. After getting auditing she trained as auditor under Leonard Dunn's guidance, using mainly the book *Excalibur Revisited*.

^{2 &}quot;By removal of a harmful thing you can get a positive advance. That's called negative gain". LRH in 1972, see also Philadelpia Doctorate tape 47. Ed.

The growing confidence of being in control of yoursef and your destiny is heady and wonderful. You begin to realise how infinite, how versatile, how colourful and how interesting your (own) imagination, or power of thought, is. It takes you into new vistas, new worlds. It's a powerful tool to use as you wish!

However, these are only words and you cannot really know these things until you experience them. If positive thinking is a way you want to try, be strict with your mind and just do it. Take it on a gradient scale and be sure to acknowledge your successes. This enhances confidence and finishes the cycle.

Keep at it (it takes courage, vigilance and patience) and you'll be amazed with the results.

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Positive Thinking – the basic rules

By Leonard Dunn, England

1. That which one thinks is what one creates. What happens to one is solely the result of one's thinking. Being at unwanted effect in regard to another's creation involves one having thought that this can happen.

2. The stronger and the more frequent the thought the more powerful it becomes. This works negatively as well as positively.

3. Concentrating on getting rid of an unwanted condition results in the validation of that condition. One must concentrate on the condition that is desired as a result of ridding oneself of that which is undesired.

4. Doubts, fears and uncertainties will result in the negation of the positive thought. When one realises that one's thinking has become negative in this way then one must immediately replace the negativity with the positive thought.

5. Visual imagery of the desired result will strengthen the thought power. Imagining an undesired condition will increase its persistence or create it if not currently present.

6. Kicking against any condition in one's life will result in its persistence. Being willing and able to accept the condition and being willing for it to happen again enables the condition to be changed in the way that one desires.

7. One must ask for oneself *only* that which one would ask equally for all others. Asking only for

oneself can produce the result but it may contain a kick back or penalty.

8. Thinking that something will happen will place the condition permanently in the future. Think that it is already happening and visualise this.

9. Impatience in regard to the time taken to achieve the result will, in itself, act as a negating influence. Results come when the time is right for them to do so.

10. One must be ready, willing and able to follow one's intuitive feelings as to what one must do to achieve the desired result. Thought force alone can seldom do this on its own unless the person is at a very high level of achievement.

11. One must never use one's thought power to force another to do what one wants him to do — not even for his own good. To do so can produce very undesired repercussions upon oneself since this action is totally unethical. If help is requested by another to help strengthen his postultes, this is permissable.

12. One must be very certain that one really wants to change a condition and is not just feeling that one ought to do so. When the will and the imagination are at war then the imagination always wins since that is what one secretly desires.

13. Really expect things to go right for one, when this is not at the expense of someone else,

then this will happen, even if, at times this may not appear to be the case, then time will eventually realise that things have, in fact, worked out for the best.

14. One should not take oneself, or life, too seriously. Positive thought works better when one is relaxed and free from care.

15. Above all one should not begin by trying to handle one's biggest and heaviest problem. Get the assurance that comes from smaller achievements at lower levels first and then work one's way up the scale. Any problem, no matter how large, can be tackled eventually but counselling by a competent counsellor can help matters along more easily.

16. Do not impose conditions as to how a goal shall be attained. If, for example, you desire more money, then do not limit yourself by wanting it to come from a specific source.

17. Do not be put off from working towards your goals by well-meaning but ignorant people who are unaware of how thought really works.

Exercises

1. Let a thought come into your mind. What will this thought tend to create?

2. Think a definite thought. What will this thought tend to create?

3. Think a thought about yourself. What will this thought tend to create?

4. Think a thought about another. What will this thought tend to create?

5. Think a thought about an unwanted condition. Was this thought in accordance with Rule 3?

You can devise variants of these exercises to suit your own case or condition but always make sure that the thoughts are in accordance with the rules laid down.

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What's in *Clearing Today*

We have the September 1993 issue of *Clearing Today* (Issue 5) before us. It contains the following articles:

Capaciousness, by Per Schiøttz (translated from Danish)

Avoiding Legal Pitfalls, by Flemming Funch Soul Retrieval, an interview with Rowland Barkley and Jenny Kaye

Philosophical Basics, by Flemming Funch

Cult Buster Rundown, by Greg Pickering

Computer Communication, by Flemming Funch Responsibility, by Bob Ross

two book reviews and two process shorts.

Clearing Today is issued to members of the American Association of Clearing Practitioners. Membership is \$25 per year.

Address is 1608 N.Cahuenga, #1222, Hollywood, CA 90028

Computer Mail

There are articles in both *Clearing Today* and *The Free Spirit* on Computer Mail, also called E-mail (for Electronic mail). I have just got an E-mail connection, via Fido Net, and invite all readers who are capable of reaching me, to drop me a line and let me know their address. My Fido Net address is 2:230/159.10 (Antony Phillips). You should also be able to reach me via Internet:

antony.phillips.@p10.f159.n230.z2.fidonet.org

Fido Net is a voluntary, and therefore practically free, service. The most well known commercial service is called Compuserve — see *Clearing Today* for more info.

Goals

The next issue of IVy will contain readers comments on the question of goals, raised in IVy 14. We have gone to press a little too early to get any in this time.

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Regular Columns

Classic Comment

by Terry E. Scott, England

Snore Analysis

I'm surprised that some nut hasn't gone in for Snore Analysis, evaluating a person's behavior according to the kind of snoring they do at night.

This kind of thing seems to accord well with the way of the world, and would make a lot of profit for its practitioners.

It would make money because it is so far off base when it comes to the truth of spirit and mind. It would be far and away from getting to grips with clearing the reactive bank and sallying forth up to Operating Theta Being (OTB for short...).

One cannot buy Truth. Oh, one can buy the services of someone to help on the way, or a book that promises to reveal it. Yet, at the end of it all, if the truth is not latent (available, then) in one's immediate being, it will still be missed.

When an auditor audits, is he more concerned with Truth or Profit? What if he could snap the case up to OTB 99, say, in half an hour flat? What if auditors were paid on results?

Pontius Pilate's most quote-worthy exclamation was: "What is Truth?" Now there was a man who might have had trouble in an auditing session, because you need to be able to recognize truth to at least some extent in order to make case gains (and in order to audit successfully). And of course we can do remarkable things with truth, which, being as-is-ness, lets one erase undesirable charge.

Truth and Profit really do not mix, and this has been a stumbling block of religions and the like all down the ages. There has been a sort of pub-



lic instinct that anyone charging for religious services is not quite kosher, to coin a phrase. To aim for truth is to look up and out of a games condition. Profit is decidedly a games condition.

Trouble is, to offer Truth without taking an exchange of some sort for something (maybe you give Truth for free but ask payment for time and expenses) has been a great way to become a victim.

Dennis Stephens, who was auditing in HASI London in the 50s, emigrated in '57, and lives 27 degrees south of the Equator in the Land of Oz — Dennis tells me that, in ancient days, there was a notice in the HASI that read something like: The data is free, you pay only for our time.

There ought to be some effective way for a being to sell the Truth and come out the correct side of ethics (real ethics) and profit. Otherwise, one can live one path during the week, nine-to-five, nine-to-five, and live one's Path evenings and weekends, audit-audit-audit. And try to blend them neatly.

Are we aiming for truth or profit? Do they go together?

Kemp's Column

by Raymond Kemp, USA

Is scientology only masculine?

Ignoring the personal motives of some of the complaints I hear, the one that does get my attention is that published scientology appears to some to be incomplete in that it emphasizes the Masculine or Cerebral side of things, and pays little attention to the Emotional or Female aspects of Life, which have been described as Creativity, Love, Compassion, Humility and in general the "spiritual" side of things.

Now I have no intent to get into an argument on this generalization, except to re-iterate as I have so many times in previous columns for this and other publications: Opinions, at best, are the result of one's understandings, and in LRH philosophical writings and lectures there can be many levels of understandings each being true, at and within the confines of that understanding.

Before one can really gain from the absorption of a viewpoint, one's own or another's, it is vital that one first defines the parameters of the subject from which the viewpoint stems.

Technology is not philosophy

If one confuses the technology of scientology (meaning the processes, or collections of processes that make up a regimen aimed at producing a specific result) with the overall subject of the philosophy as outlined by LRH, then these viewpoints are likely to be distorted at best.

For example, the "tech" of scientology is indeed the outcome of logic and reason. It has valid claim to being the result of scientific procedure, and as such can be said to be cerebral in its approach.

But this is only one area of the overall subject, albeit the one in which training of practitioners



was emphasized, and, regrettably a vast number of students never completed, let alone understood that back of the training was a beauty and simplicity of spiritual understanding and advancement equal if not surpassing many other philosophic works.

Did Ron ignore the softer, intuitive side?

It has been implied that Ron did not discuss such things as love, or the ability and desirability of attuning to the Universe. This is patently untrue, and one can go back to the 1950's and read and understand the least *read* book in scientology *Science of Survival*, for vivid descriptions of love, the difference between the Mest and Enmest Universe(s) and the Theta Universe.

Read and understand the Factors, study and live by The Code of Honour, absorb the purity of even the first few Scientology Axioms and you will enter an area that is only comprehensible by an understanding of the Nature of the Spirituality of Man.

If indeed there does exist a belief that scientology has fallen short on the spiritual aspects, then more is the pity, especially since Beliefs are by definition the building blocks of Reality, and Reality is only that which is agreed upon ... not necessarily Truth.

Regular column — Kemp's Column

Reality and/or truth

The difficulty here is one that has troubled man throughout the ages. If man is the only animal that is aware of being aware, which seems to be an observable fact, and if this awareness is not finite, but can vary with each person, then there will always be, between people, levels of agreement between people with like levels, (Reality), *and levels where awareness is not equal*, producing non agreement.

Now awareness, we can call it basic knowingness if you wish, on matters that are not strictly physical universe matters, are definitely non provable, but this does not invalidate their authenticity, and man, being what he is, will defend his own awareness, almost despite all odds. When this happens however, then awareness becomes fixated, defended, asserted, and so on, becoming what we know as Making Self Right, and others Wrong. We get into that improbability of "how do you prove a negative"¹.

As I said, since the dawn Man has pondered his own mortality, has asked, "Who/what am I?", he has looked upwards at the stars and said, "Who is there?"

Belief systems

Where no answers were immediately apparent, he has filled in the blanks and thus systems of belief have risen, and have been agreed upon by others to either a greater or lesser degree, and these belief systems have grown where agreement has been widespread, and given such agreement, the system has taken on a life continuum of its own.

That these belief systems sometimes contain anomalies, has frequently mattered little to the holder of these systems.

Examples are many. Here are a few:

The earth is the center of the universe, and all bodies revolve around it. Look down when praying to a God, who is up. God is everywhere (leaving no space for you to be).

Heaven is UP, (but up on one side of the globe is down to the other side.).

Blood letting by leaches is a cure for many ills. Gott mit uns^2 — the phenomena where both side in a violent war "know" that God is on their side.

I could list a hundred of these such "sacred cows", but you probably can add to the list your-self.

A while ago, I was at a friend's house for dinner, a very nice roast. I observed that both ends of the roast had been cut off before cooking, and I asked why? My host replied that it was done so the juices staved in the meat, it made it more tender and she had learned it from her mother. Later I met the mother and asked her what was the purpose of cutting the ends off a roast before cooking, and she replied that it made it more tender, it kept the juices in and that her mother had taught her this many years ago. Some time later, I met the grandmother, now aged eighty, and in the course of conversation I asked her about this method of preparing roast by cutting both ends off before cooking. Her reply was illuminating. She said, "Oh, yes.I used to do it many years ago. You see the roasting pan was too small to hold the roast."

Thus do these beliefs grow, and become accepted by others, whole cloth, and entered into their own consciousness without further evaluation or inspection. Thus has grown religions, cults, politics, morals, mores, and even to some extent sciences, such as medicine, physics, and engineering.

Two *sides* to man?

One of these beliefs. however, bears more investigation. That is the concept, stated in different ways, that there is a Spiritual side to Man and a Materialistic side, implying some separateness. From this we get the concept that there is a

¹ For example: "prove to me that no one on earth has four eyes".

² German. God with us (the motto of the former Prussian rulers of Germany).

Regular column — Kemp's Column

Male side and a Female side to man, a Yin and a Yang, the Heart and the Head, Goodness and Evil, Logic and Intuition, and so forth.

While these dichotomy systems are useful in some measure in sorting out raw information in an effort to understand a particular phenomenon, they are not necessarily Truths.

Now we do know, and can observe, that the physical universe does have some sort of order in it, it obeys certain laws. We do not understand all these laws as yet, and some of what we thought were fixed laws are turning out to be not so fixed. The best example of this is the "new" science of Quantum Mechanics, and its effect on things we knew we knew all about, such as time. (See my article on this based on a lecture I gave in Holland, *IVy* 5, p. 11, 3/92).)

But there are other universes, there is one's own Universe, there is Another's Universe, and there is an agreed upon universe, in matters Spiritual, Temporal, and Metaphysical. These universes have all been loaded with erstwhile fixed opinions which may or may not be factual.

And above all, there is the truth that Man is a spiritual being, called in Scientology a Thetan, but as Ron has said, even this is not a total truth, since it implies a separateness from that which is back of "A Thetan", i.e. Theta. In many respects it would be more accurate to say that we are theta, and we mocked ourselves up as "a thetan".

If you read the Factors¹, you will see the basis of Man as a spiritual entity but actually taken further than usually stated. One might say that Theta says "BE", then a thetan says "I AM", but even such a statement is not easily communicable in mere words; it requires almost a cognition in order to fully appreciate all the ramifications of such a concept².

And it is this factor of how to communicate an understanding to another who does not, or may not, have the same awareness and understanding, that produces the apparent phenomena of Ron being very cerebral or masculine (again these are names from other systems) in his dissemination of the philosophy behind the practice of Scientology.

Church of American Science

Few people these days realise that there was a Church connected to Scientology, that pre dates the Church of Scientology. In fact the Church of Scientology derived its authority to exist, not from LRH, but from this original entity, called "The Church of American Science."

The Church of American Science had a creed as follows: "Man can best understand God, Deity and all aspects of the Heavenly Hosts, by continuing to Help and Understand his fellow Man."

When we live in a society that cannot differentiate between Love and Sex, there is a wide area for non understanding let alone mis understanding, if one says that a thetan is capable of loving anyone regardless of gender. I know that on this very point I have heard students asking Ron in all earnestness whether a thetan is male or female, and I have seen those same students get bemused when he replied, "Either, both or neither according to how a thetan wishes."

But the datum becomes more easily translated if he says, as he did, Theta is Life giving, and Affinity is the consideration of Space ... provided one understands this. (If you do not at

¹ Found in a number of books, Including The Creation of Human Ability, 1954, by L. Ron Hubbard.

² Refer to Know to Mystery Scale (for example in *The Phoenix Lectures*, by L. Ron Hubbard, chap. 14, on axiom 25). This magazine consists of words, which are symbols, and thus lie at the level on the scale of symbolizingness. What we are communicating about, lies much higher on the scale, and cannot be fully expressed in symbols. But despair not! This and other articles direct your attention with symbols at certain areas (out of an infinity of things for you to have your attention on). From then on you can use your knowingness (really high on the know to mystery scale), which is also known as intuition. Skilfully done you can greatly enrich yourself (or your thetan, if you like to think about it that way). If you want to contemplate the deep things of life, go up above the levels of symbols and thinking, make them your slaves and not your masters.

this moment understand, then reread and understand the axioms.)

Remember also, that Belief is a substitute for Certainty, and Certainty is a luxury stemming from Understanding, which is not a fixed thing at all.

The Green Cheese Club

As Ron said in 1952, a Scientologist should be a charter member of the "Green Cheese Club", wherein he is totally willing to be certain at any moment that the Moon is made of green cheese, and equally willing to be certain in the next moment that the moon is not made of green cheese.

People have accused him of being too materialistic on the subject of God, never giving him his due, etc. Trouble is that most people, even the most Spiritual have such a degraded opinion of God, compared to what might be the truth.

It is true and regrettable in many ways, that after about 1960, Ron's attention went very much onto trying to train people in the mechanics of Auditing, and, observing the rapid collapse of Civilisation in its true meaning, he spent much time in, as he put it, "finding ways to go south" to enable auditing to happen.

This does not mean however, that the subject changed, nor does it mean that the philosophy was abandoned. It does mean, and my recent articles have constantly touched on this, that the philosophy was to a great degree missed by those who learned the subject and maybe also those who taught the subject from the 60's onward.

After 60s – stress on mechanics

In the search for ways to get people to take off from the state of Clear, and into the realm of OT, much attention was placed on the mechanics, the Tech, of how to do it, and as a result much has been temporarily lost to the general field. For example, originally OT1 procedure, done on new Clears, was to locate and date your past twenty lives, find out the major overt in that life, and locate where your body was buried... A highly revelatory procedure. Unfortunately some attested clears could not do this. Maybe it required an actual command that was never actually written up, but used frequently, i.e. "Start of Session... Mock up your Bank!"

The published *Clear Procedure Issue I*, obtainable in any scn bookstore as a little pamphlet book, made and will make clears. They were checked out personally by Ron in 1959. Trouble was some people couldn't do it because they became all wrapped up in the significance of the bank.

As an example, as Executive Director of my Orange County Mission (I was one of the first Franchise holders), I ordered the American St. Hill Organisation to refrain from any "review" type actions on any of my students sent to them for higher levels of Training or Power Processing. The Reality break created by my people, transferring from our taught understanding to the ASHO understanding, was just too great. This by the way was finally confirmed by the Executive Director of that organisation attending and observing my and Pam's operation, and that order was held in place for many years, and produced great success in progress.

It is my feeling that for one to really understand the real beauty of Ron's stated philosophy, one must first be willing to suspend one's disbelief, and secondly to suspend all prior beliefs.

Above all, apply what you already know, in every aspect of your life both material and spiritual, before going elsewhere into other systems in order to gain understanding of the Nature and Estate of Being. *Study and understand what exists* in what I feel is the most embracive organization of data ever put together.

Hope this helps.

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Regular Columns

Philosophic Viewpoints

By Todde Salén, Sweden

Before starting DUGA

I was expelled from the Cof\$ several times. The first time was in 1972, when I refused to obey commands from the EULO to falsify my statistics (when they, for a change, did go down). Actually, the reason for expelling me was very different on the official Cof\$ documents, but it is my opinion that the real reason why is that I sent reports to FLAG that I was being coerced to falsify my statistics plus maybe also that I wanted to change the leadership in "my Org". The actual (OT) reason I was declared in 1972 was of course that my karma matured into an SP-declare.

From summer 1972 to summer 1973 I was declared. I then went on staff for a short period in the fall of 1973. But in December I had had enough (my karma made me leave voluntarily this time) and I left staff in Dec 1973 to start DUGA. My purpose was to get tech delivered (lower bridge) outside of the "unsafe environment" of the Org and then send "my public" to the AOSH¹ in Denmark (or other advanced orgs) for "the rest of the bridge".

So I was confirmed as being in lower condition and my free-loader² bill (around \$25,000) effectively kept me outside org-lines. I had run into more problems and stops than I at the time could handle. My DUGA activities slowly dwin-



dled into nothing and by 1978 they were non-existent. However, during the time 1975-78 I managed to get a somewhat successful business going and suddenly had enough money available to start negotiations with the Cof\$. By informing them that I was willing to pay my "freeloader bill" if they would only adjust it according to my considerations on what was "fair" (I considered they had debited me quite unfairly to make the free-loader bill a lot higher than it should have been). As the Cof\$ personnel realized that they could get around \$10,000.00 Gross Income³ "before Thursday 2 o'clock" they suddenly were very willing to negotiate and my free-loader bill was paid in full in 1977 (totally I paid around \$12,000).

However, I had left the Cof\$ voluntarily and didn't want to get back on staff in the Gothenburg Org. I also had learned the hard way that I was not allowed to deliver "lower bridge" proc-

- 1 Advanced Org Saint Hill, where upper level services were given.
- 2 "1. any person who has failed to complete a staff contract at a Sea Org or Scn org or mission is a **freeloader**. This includes persons legally dismissed ... through ... justice procedure..." *Modern Management Technology Defined*.. Free loaders were required to pay for the training and processing they had received free or at reduced rates known as the freeloaders bill.
- 3 Gross Income was the statistic for the organisation (church). There was great pressure to have a high statistic, and not a little discomfort and disgrace associated with a low stat. Stats were weekly, the week ending at 14.00 on Thursdays. Ed.

Regular column — Philosophic Viewpoints

esses and/or courses to the general public. My karma made me rather inactive as a Scientologist. But I did assist the Cof\$ in sending them public and with other things. One of the things I assisted them in was getting a new Swedish translation of DMSMH printed in pocket book form. For this we (a fellow named Robert Almblad contributed a lot to this) supported the Pubs org with several thousands of dollars (so they could get the project going without having to get it through their Financial Planning). The purpose was to assist the Swedish Orgs to deliver SCN to the Swedish public in volume.

The Cof\$ personnel however were not that easily fooled. They understood that the only reason we gave this support to the PUBS org and paid these costs was that we were "hungry for profits". Another Comm. Ev. was convened on us and I got another SP-declare (together with Robert) in 1980. Because I was declared SP together with Robert Almblad I had his assistance in getting the declare handled. Together we got undeclared (mainly because of efforts by Robert) the same year. Then when the "shit hit the fan" in the Cof\$ and lots of trained Auditors started to get declared I was again declared SP in the fall of 1982. This time I had no desire at all to do anything to get back in good standing, as I had heard rumours that there were enough materials available in the field to make it unnecessary to send "your own public" to any Cof\$ AOSHs.

I was finally free to leave the Cof\$ and the unsafe environment and influence of this Suppressive Group with its squirrel technology. I was free to correct the squirrel tech of the Cof\$ and get the tech changed along the lines I could myself see were correct and workable. I have been busy with that since.

Theta!

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borrowed

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Regular Columns

New Realities

Mark Jones, USA

Your Shadow — Finding and Integrating It

To suggest to someone that they are afraid of their shadow might be offensive. But, perhaps we all are, for the shadow is a name given to all of our energies which we have failed to integrate, and instead, have stored in our unconscious minds. The unconscious mind as used here refers to the aggregate of the experiences of all lifetimes.

In our relationship between our spiritual and physical aspects, we use two key elements. One is called the ego, whose original function was to convert and communicate data accurately to the thetan, and the other is called the shadow. Its function is to store experiences and energies that we as thetans aren't able or willing to handle at the time of their creation, for later handling. These include all of our potentialities and limitations.

The initial purpose of the ego was to act as the messenger boy. As we became less and less willing to receive data that didn't confirm the image that we wished to project, it took on the role of altering data in order to make it acceptable. LRH added the CMO^1 to provide this function in the church.

Contents of the shadow

The shadow contains all the aspects of us that we've shoved aside and denied, including the love and joy that we've rejected. It's also composed of our aggressiveness, lack of character, shame, hostility, avarice, hate, violence and all of our unresolved emotions. It holds all the stuff that we feel that we can't deal with yet,



such as all of our power, anger, greed, and strengths, and holds those we can't until we become able and willing to handle them.

It is in essence a complex, multiple dimensional entity that can be treated as a many faceted being. It holds the lost depth of our soul, our passions, our creativity and our imagination. It holds the stuff from which to form our own lives. While your ego always lies, your shadow never does. It's a bridge that you must cross to find your real self.

If you don't come to it, it will come to you. You can look for it out there in the qualities that affect you in your mother, your father, and your friends. Remember you chose these particular ones with their unique characteristics. You can look for it in what they meant to you, and in the things that you love and hate. Look at the patterns in your life, the repeated feedback, your obsessive behavior, your humiliations. rejections and abandonment. Take it and own it without judgement. Recognize that what you hate in the world is what you hate in yourself. The world is just a larger projection screen. What you idealize in someone is a part that you don't want to deal with in yourself. Also realize that you are this powerful, loving, healing

1 Commodores Messenger Org — started with girls and boys who ran messages for Ron on the Flagship. It is reported that when they came back, they were trained to mimic to Ron how the receiver had acted when they received the message. Ed.

Regular column — New Realities

person. Find our what your shadow holds and wants to give you.

Confront the paradox

Face the paradox in yourself; i.e., how can I become so totally evil and destructive at times and at others so good. Sit with it. The answer isn't a compromise. All this dark, this light, this evil, this good, this destroyer, this creator, this wise, this foolish. Sit with it and give it space and time and expression. *Feel it in its intensity*. When you're able to find and see the ugliest aspects, you'll also begin to see the light.

It's ever changing. If you don't have avenues open to accept and deal with them, they'll come to you in others or through your emotions and your body. It can become your ally. It can compel and impel you. You need to map out what your resistances are to it. Use the power of your imagination to imagine what it looks like in tangible symbols, such as a rock, a swamp, a mountain, or forest, etc. Your imagination and dreams operate on symbols and frequencies outside of those you use for logic and reason and your physical senses. Aspects of your shadow may come to you in dreams or through others, particularly what you resist in them. If a dream repeats itself, you haven't got its message. If you see the martyr in yourself, look beneath this to find your desire to punish by being a martyr. That's why you're still doing it. It shows up in your compulsions and addictions, and your rejections and humiliations. These are pieces of a greater energy.

You often cover them quickly with judgements and by doing so, numb yourself. What you submerge in your unconscious comes at you as fate.

The objective is to integrate these energies to become more of a whole being. Your shadow holds them until you are ready and willing to do so. Simple meditative procedures are the most useful in finding and dealing with the many facets of your shadow. The same symbols that have been mysteriously appearing in fields near Cambridge in England and in other parts of the world are archetype symbols from another dimension to help acquaint us with symbols. This one represents the integration of the light and dark shadow into a whole. Imagining and focusing on it while meditating can help put you in touch with these energies and in integrating them.



I can provide the reader with other techniques: Data from Lazarus Seminar "Your Shadow":. Mark Jones, 3400 Ben Lomond Pl. #123, LA CA 90027, USA

What's in The Free Spirit

The fall (autumn) 93 issue of The Free Spirit contains articles on Co-Excused Witholds, Misalignment, Probablity and Reality, How we create our realities, Tuning in to another universe, Bridges and Islands, Bilateral Analysis, 'Safe places', 'The Tired Old Dragon & The Brave Young Knight', book reviews, letters to the editor and advertisements. There is also an article on the E-meter, by Joe Wallace, who took over meter production in '57-'58, and says the basic circuit has not altered markedly since. Also included is the circuit of that meter (probably the Mark IV or its predecessor, with replaceable batteries). For ordering details, see page 34.

IVy

A View from the Bridge

By Eric Townsend, England

Chapter Three (b)¹ Dianetics — Where Does It Fit In?

State of clear

For people living in the midst of our restimulative western society, there is little chance of major progress towards spiritual rehabilitation while we have our own individual reactive mind. And so we come to the latest definition of the word 'Clear'. This is 'A person who no longer has his own individual Reactive Mind'. (HCOB 14.12.81 The State of Clear).

The need to quote a Bulletin of such a recent date, rather than one of the twelve definitions of Clear that appear in the 1975 *Dianetics and Scientology Technical Dictionary*, is indicative of the difficulty of discussing this term. The definition of Clear has been subject to considerable re-inspection over the years since it first appeared in *DMSMH* in 1950. This does not mean the earlier definitions were wrong but the whole subject within which this crucial term exists has been changing and developing very fast. The same thing can look very different when seen from a different viewpoint.

Before we examine some of these changes in viewpoint, we must look at one very important point about a thetan becoming a Clear. The crucial point in time is when they themselves become aware that they are Clear. This is why



the term is used 'to attest' to the state of Clear. A person may already have been Clear of a reactive mind for some time but did not have the data to recognise that and acknowledge it to themselves.

A person cannot with certainty become Clear at a particular point on the Bridge. There is a point where you can predict that most people will go Clear but some will do so earlier and some later. Some will have been Clear since before they started the Bridge. The crucial point is the point in time at which you recognise that you are Clear. No other person can decide for you that you are Clear. There are a lot of unacknowledged Clears around that have not acknowledged to themselves that they are Clear because they do not, or did not at the time, have the data to make an assessment for themselves of whether they are Clear or not!

1 First three pages of this chapter appear in IVy 14, from page 29



Need for re-education

This is one of the many times in this book when the need to educate oneself in order to make spiritual gains will become obvious. It was ignorance that got us into this mess in which we now find ourselves but we didn't have the

data then. It is available to us now through the development of Dianetics and Scientology. We all need to acquaint ourselves with it so we can apply the tests of does it seem true to us and can it be used. We also need to know how to apply the data to help us improve conditions for ourselves and others.

For many people who didn't study the subject further, what was said in 1950 in *Dianetics MSMH* became literal tests to be applied many years after. Many people have become quite upset because they could not reconcile being Clear and the fact that they still have to wear glasses. This is because in *DMSMH* they were promised that as Clears they would be free of all body malfunctions, and have a perfect intellect and memory.

While this is understandable, we must look at the situation as it was then and what has happened since. I don't doubt that there are major physical changes in the people audited to what was referred to as Clear in DMSMH. Several special factors applied to the situation then which don't apply now. Firstly all the people referred to in DMSMH were audited by Hubbard himself. We can expect that his skill and instincts as an auditor would ho exceptional.

Secondly we don't know to what state he audited his early PCs to in terms of today's Bridge. He would have audited them by identifying and handling their individual needs. It is perfectly possible for a person to shed large parts of their case and project themselves several jumps up the Bridge. And as you will no doubt observe, a detailed, specified Bridge had not been thought of then. If we accept the axiom that thought (theta) governs form and structure, then there may have been no need for them to go step by step up a Bridge. At that time Hubbard may have been clearing people not just of their 'body case' but also of their whole thetan case.

Thirdly we should ask who were the people that he audited? The people who put themselves in the way of being audited in the kind of social and intellectual climate that existed in the 1940's must have been pretty exceptional. They would predictably have been pretty ripe for breaking out of their case with an awareness which was already highly developed.

Evolution of the subject

This is all speculation on my part because I have had to think about this issue when I have been confronted with this complaint from time to time. The short answer I usually give is that if all the answers were contained in DMSMH, there would not have been any need to do any more research or write any more books. To further put the issue in time context, I also relate the development of Dianetics and Scientology to the changes in aviation technology. In 1950 the jet engine was in its infancy and was expected to be applicable only to military use for fighter planes. Transport planes were still powered by petrol engines and the future was expected to lie with the Turbine powered propeller engine.

We should see the evolution of Dianetics and Scientology as a time track like any other. Hubbard was working from the inside to the outside, just like we all are. When he developed the principles and practice of Dianetics in the late forties, he had no idea where it would lead. The massive amount of subsequent research that went on can be read up in the *Research & Discovery Volumes*¹ and it makes fascinating reading.

In this context it is only appropriate to look at the key developments for Dianetics and with

¹ The Research and Discovery Series, published by Scientology (first edition of Volume 1 by Scientology Publications Organisation, Copenhagen, was published in 1980, and covered Rons first Dianetic Lectures, from 10 June 1950). This series of large volumes contains transcriptions of L. Ron Hubbard's Lectures of which he gave some 2,000, mostly of one or one and a half hours duration.

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them the changing idea of Clear. With the discovery and development of the wonders of Scientology processing in the fifties and sixties, Dianetics went out of fashion. The term Clear was still used but it was in relation to a much higher state of

spiritual awareness and ability than relates to today's definition of Clear.

We can see something of the changing importance of Dianetics in relation to Scientology by looking at historical developments. In 1950 and 1951 there was only Dianetics. The more advanced technical applications were covered in the books Science of Survival (June 1951), Advanced Procedures and Axioms (1), Self-Analysis (August 1951, originally considered a form of Dianetics processing) and Handbook for Preclears (December 1951). By 1952 the subject of Scientology, spiritual rehabilitation, was in full flight and interest in Dianetics was eclipsed.

This situation remained true for the rest of the fifties and most of the sixties. This may have been because the gains in spiritual awareness and causitiveness obtained from Scientology processing seemed to make direct addressing of the reactive mind unnecessary. There is further potential confusion because the term clear was used in the sixties in relation to the Clearing Course. This was designed to achieve a state of OT abilities far above what later became understood as Clear or Dianetic Clear.

Revived Interest

In the late sixties/early seventies Hubbard revived his interest in Dianetics. This may have been because it had been found that while Scientology could undoubtedly 'key-out' the reactive mind, it could not 'ERASE' it. ERA-SURE of the charged images, the 'MENTAL IM-AGE PICTURES', in the reactive mind was only ever achieved by confronting them as what they are and this is the province of Dianetics. Whatever the reason, Hubbard's renewed interest in Dianetics bore fruit as Standard Dianetics. Standard Dianetics was a refined and streamlined version of the Dianetics procedures of the

fifties. It was incorporated into the book Dianetics Today published in 1975.

continuing body difficulties that a

person was having.

The continued work on Dianetics in the 70s resulted in the emergence of New Era Dianetics which was launched in 1977/8. This was designed to be an even more powerful means of getting to the basic ENGRAMS on the body case'. It was also discovered however that one should spend the minimum time possible running Dianetics on an individual case. This was because excessive use of Dianetics could stir up fragments of the upper level case and bring them into immediate restimulation. This was also the reason for the firm instruction against running Dianetics on Clears, published in September 1978.

There was also Expanded Dianetics

which was a special use of Dianetics,

particularly directed to handle

During the thirty years between 1950 and 1980 it would seem that the term Clear has been something of a moving target. Looking through the definitions of Clear, and related terms, in the 1975 Technical Dictionary is very illuminating. During the seventies there was further confusion by use of certain prefixes to distinguish between different types of Clear. There was already Dianetic Clear but now there emerged Scientology Clear, Natural Clear and Past Lives Clear. Each had their exact definition but many people didn't know them and often had only their knowledge of reading Dianetics MSMH to which to relate these terms. There was an understandable amount of confusion about this area at the end of the seventies.

In 1980 and 1981 Hubbard did a review and tidy-up of many aspects of Scientology. It was to be his swan song (last piece of Technical work) but fortunately it resulted in the resolving of a number of sources of confusion that had grown up. He also produced a revised sequence for the Bridge which provided a smoother gradient to





¹ My first edition, getting very brown, does not have a date or publisher. The Technical Bulletins of Dianetics and Scientology, give the date as November 1951. Ed.



get most people onto the upper levels. This revised Bridge and some of its implications will be dealt with more fully in later chapters.

In relation to Dianetics and Clear, the most important changes were a new

definition of Clear. This was stated as 'A BE-ING WHO NO LONGER HAS HIS OWN RE-ACTIVE MIND' (HCOB 14.12.81). This differentiated the state of Clear from any sort of Release state. Hubbard restates that there are enormous gains to be had from releases achieved by Scientology auditing, that is increased spiritual awareness and ability, but these states are not the same as the state of Clear. This state is usually achieved by Dianetics, and faster and more directly by using New Era Dianetics.

DCSI

In May 1979 there emerged a new auditing/studying programme called the Dianetic Clear Special Intensive (DCSI). This programme was designed to determine whether a person really was Clear, not just experiencing a major release, and thus was ready to proceed onto the preparatory steps for the OT levels. This is not just an auditing action but includes study steps by the person who has originated that they may be Clear so that they can make their own assessment of whether they are Clear or not. This also includes an exact dating of the time they became Clear or recognised they were Clear.

As was said earlier, it had been found that getting through Dianetics should be made as short a cycle as possible. This was a major factor in the conception of the revised Bridge which emerged in 1980. Prior to that date the first steps of the Bridge had been a handling of the major effects of drugs and the Objective processes to put the PC more stably into present time. After that the PC went straight onto New Era Dianetics and was run on that until he went Clear or attested to already being Clear. After that he did the Scientology Grades to complete their stabilisation and restoration of abilities to handle daily life and livingness as an OT. Only when they were stably in control of their daily lives were they ready to start the preparatory steps for the OT levels.

It can be seen that this puts a lot of the priority and attention of the PC on running their 'body case' with Dianetics. It was probably being found that some PCs were spending considerable periods being audited with Dianetics without achieving the desired result of Clear. The downside risks would be an increasing preoccupation with the

body case' and increasing danger of disturbing something in the upper level case. Even though the effect on a person of going Clear is truly amazing, it is still only a step on the path of spiritual rehabilitation. To get rid of one's own reactive mind is a necessary step forward but it needs to be achieved with the minimum risk of getting bogged down in that area. So to facilitate getting through this stage as quickly as possible, the Scientology Grades were moved down the Bridge and were placed between the drug handling actions and New Era Dianetics.

Grades before Dianetics

The background to this and the reasons for doing this were given in a bulletin issued called Theory of the New Grade Chart' (HCOB 12.12.81). This explained that the deteriorating state of cases starting on the Bridge in 1980, by comparison to those in the 1950s, meant that they could not be expected to run as quickly and smoothly on Dianetics to Clear. It was necessary therefore to put in more 'undercut' actions. These included a more thorough handling of the effects of drugs, both medical and street drugs, by means of the Purification Rundown and the new Scientology Drug Rundown. Secondly the person would then be run on their Scientology Grades. This would bring about considerable benefits in handling better his daily life, his relationships and his environment. It would also have the effect of increasing his awareness that he is a spirit who is able to run his life from that viewpoint. He may well exteriorise from believing he is his body while running these Grades but this won't be a stable state until he is Clear.

Summary

This has had to be a complicated chapter because we have had to pick our way through several major areas to establish links and relationships. The starting point was Dianetics but this took us into the difficult area of understanding the state of Clear and the different ways it has been seen and approached over time. Finally we January 1994 IVy 15

had to enter the field of Scientology auditing to see how that which has to be handled in Dianetics is approached today.

So let us summarise what has been concluded. Dianetics was the first as-

pect of the total subject to be researched and developed. It was the route into a more effective handling of the mind and spirit of beings in bodies. The world in which Hubbard did this research and development was very different from the one we live in today. His subjects and co-workers were well educated middle-class people enjoying the intellectual openess and optimism of the immediate post-war years. Anyone who is not familiar with this climate should watch some of the radical films coming out of Hollywood at that time. All sorts of traditional thinking, practices and institutions were being subjected to rigorous scrutiny. There was even a film made about the workings of the mind which showed a rudimentary form of Dianetic Auditing¹. It is difficult to recall that brief window of optimism because of the dark shadow thrown over the time by Senator Joseph McCarthy and his Un-American Activities Committee. This resulted in a close down of tolerance of radical thinking and a return to very much more authoritarian times in the United States.

The end-product of Dianetics that Hubbard was achieving in the late forties and early fifties was a state called Clear. We only know from the written records of the time what this state was like and can't really relate it to an actual or potential state today. The subsequent development of Scientology and the enormous gains in awareness, data and abilities that came from Scientology processes eclipsed Dianetics for quite a while.

New look in the 70's

Hubbard became interested in Dianetics again in the 70s and developed some very powerful techniques for applying it. Despite their dramatic power to pull out pictures and data from way down the time track, they could not be





relied on to get all PCs quickly to the state of Clear. This was partly because of deteriorating condition of new cases who were suffering the effects of more environmental suppression and the increasing use of drugs in medicine and drug taking

for stimulus or as a cultural phenomenon. This led to an increased obsession with the body and its condition. It had been found also that running a PC for a long period on Dianetics could disturb other things on the case. A further complicating factor was that there was little data and increasing confusion about the state of Clear and the varying types of Clear that were being discussed.

For all these reasons a redefinition of the state of Clear was issued in 1981. This is a being who no longer has his own Reactive Mind. This definition was not radically new and is in line with the previous definitions in the Technical Dictionary (see defs 3 & 5 in the 1975 Tech Dictionary). It was just more explicit and the bulletin in which it appears (HCOB 14.12.81 - "The State of Clear") reinforced the link between Dianetics and achievement of Clear. The lower Bridge was revised to take account of these factors and ensure that every person had achieved the state of Clear before advancing onto the OT levels. These changes include bringing the Scientology Grades down to before Dianetics to improve the abilities of PCs to operate in everyday life before embarking on Dianetics in their most direct and powerful form, New Era Dianetics.

In HCOB 12.12.81 The Theory of the New Grade Chart, Hubbard makes the statement that the first book, *Dianetics MSMH*, contains the bulk of the elements and philosophy that we use to-day. This statement may cause some confusion or disbelief but you need to know both the material in that book and the technology of today very well to be able to judge for yourself whether that claim is justified.

As a final word on the distinction between Scientology and Dianetics, we can look at the 'Introduction to Scientology' section which prefaces the 1967 edition of *Dianetics* — *The*



Evolution of a Science. This is not a long section but the relationship is best shown by this extract -

'Scientology addresses Man the Spirit, not Man the Machine. As long as we address the spirit, as

long as we return the individual to some belief and faith in himself, he gets better, brighter, his IQ goes up, his ability to handle things gets better, he gets more powerful, more persistent and he becomes kinder and more merciful, more tolerant, less critical.

If we start treating the Machine we get a patched up broken leg.' P7

REFERENCES From: Dianetics and Scientology Technical Dictionary DIANETICS, STAND-ARD DIANETICS, EXPANDED DIANETICS, DIANETIC AUDITING, CASE COMPLETION, DIANETIC CLEAR, KEY-IN & KEY-OUT, RELEASE, ERASE & ERASURE, MENTAL IMAGE PICTURES, ENGRAMS.

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HCOB 12.12.81 THE THEORY OF THE NEW GRADE CHART,

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Note: The book A View from the Bridge can be obtained from Anima Publications, PO Box 10, Bramhall, Stockport SK7 2QF, England. The price is £10 plus postage (surface mail). Postage £1 United Kingdom, £2 rest of Europe, £3 rest of the world.

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Arbitraries

by Bob Ross, USA

My Co-auditor and I compared notes to determine the difference between how he audits and how I audit. He wanted to emulate my way of running PCs on postulates but seemed unable to do so.

He had suggested that I might be PTS, to account for some losses since our last session. that I was complaining of. It was clear to me that his explanation implied the 10 Aug remedy. I took a look at that, and was able to express the following idea of how his approach to auditing differed from mine.

Two approaches

I said, I look at the PC not at auditing categories. You look at Church categories and remedies. You are looking for things in the PC through a screen of church categories and remedies: Out lists, PTS, Out-Int, Overts, Out ruds, Secondary in Restim, Ser Fac, Etc. You try to fit your PC into these learned categories with ethics much as the inkeeper Procrustes who made travellers fit his bed, by lengthening them or shortening them (See Greek mythology or a good dictionary). If the PC does not fit, you are at a loss.

I, on the other hand, look at the PC and what the PC is feeling and only then look to see what remedies exist to handle what I have noticed. I keep my attention on the PC's attitudes, thoughts, emotions, efforts, aches and pains. I look at the PC first and the Tech second. I remain alert always to find something in the PC that I can handle. If I don't have a known remedy, I invent one, if I can. The church would call that squirrel. Mostly I look for postulations, but I take up anything that I know will get off charge.

Until I find something specific to handle, I keep the PC talking. If I observe anger, I ask the PC to run overts or I ask for a frustrated purpose. If I notice grief, I will ask for losses. If I notice a dramatization, I usually ask for a decision that led to that dramatization. If I observe the PC upset with a terminal, I may run ARC Breaks or use Two-way O-A (HCOB 11 Dec 64) on that ter-



Bob Ross

minal. I do anything appropriate to what I observe to get the PC more causative.

You write programs and work to set the PC up for actions. I look at how that PC's case is stacked up and unstack, it one visible piece at a time.

Two redundant concepts

We then continued our discussion. I cognited on two important concepts I no longer pay attention to, as I have found them to be of limited use. One of them is getting TA action, the other is getting off charge. I threw both of these out some time ago as primary session purposes. My primary purpose in session is to help the PC to be free of self created obstacles to health, freedom and happiness. My secondary purpose is to remove postulates. That sometimes requires that I follow a tertiary purpose of getting off charge, usually on terminals. As I don't use a meter I no longer have the purpose of getting TA action. Getting off charge seems important, and often is important. Getting plenty of TA action can be a good measure of getting off charge and hence can be a good measure of auditor effectiveness. Happy PCs with good case gain is an even better criterion though usually not possible to measure quantitatively. Using TA action as a measure is numerical and thus seems scientific, which may be one reason Ron latched on to it.

But, neither TA action nor getting off random charge will necessarily advance a case. My first example of this was my auditor's handling of an entity he perceived in my space. Yes, We handled it. Yes, it probably released some charge that would have been visible on the meter and produced TA action. But, I felt no case advancement. I did not end up feeling more causative.

Experience at Saint Hill

On the matter of TA action, I recall my experience at Saint Hill, England (Saint Hill Special-Briefing Course) when I was demoted to the "W" unit one time to relearn It'sa Style auditing. The supervisors wanted me to advance again as quickly as possible, so they gave me a PC, Mike Furze, who was known to produce TA action if kept talking on the subject of his life in South Africa. I checked for myself and found that Mike got no TA action and a high TA when I asked about his childhood in London, where the heavy charge on his case was. So, for a week I obediently kept him talking about South Africa and got 20 Div or more per 2 1/2 hour session but I observed no case gain, no brightening up.

The following week when I was being a PC in "W" unit Ron gave a lecture on PC indicators in which he said that case gain would be proportional to the number of good indicators in session. He meant such things as Meter reading well, PC cheerful, TA in range, Auditor able to understand what PC is saying, etc¹.

In my second week of auditing Mike, I decided to apply what Ron had said. I decided that if I could somehow use the Good Indicators that accompanied talking about South Africa to looking at his childhood in London, Mike might be able to run out his childhood in London. I accomplished this by inventing the It's a style process: "Compare your life in Africa with your childhood in London."

This enabled him to confront and blow the charge on his childhood and he made case gain. As his overall tone came up I tackled other things with him, until by the end of the week he had achieved every goal he had had when he started to get audited. This included a partially paralyzed finger, which he got control of in the last seconds of the last session.

PC makes best gains when up tone

I told this to Michael Argue of Toronto, Canada in the following terms. PCs make the best gains when they are up tone. That is why it is a mistake to end session on an F/N. My rule is, If you have the time to go on, only end off, when you can't find anything more to run on the PC.

Michael applied this truth in a new and very clever way. He had the PC do rising scale at the beginning of session to raise the pcs tone as high as he could before starting a process and found that the PC made better gains. Running at laughter as during a line charge, blows charge better and faster than running the same thing at crying and grief.

If you ever get your PC up to line charging about anything, remind the PC of the PC's worst problems and conditions. Be watchful, however and if the PC stops laughing, hysterically, drop that and go back to what got him laughing in the first place. Remind him of something he will really laugh at and alternate between what produces laughter and what brings him down tone until he can laugh freely at both.

Other arbitraries

Some other arbitraries I have stopped believing in are: That,

- 1) one should ignore comments per TR-3 and TR-4.
- 2) one uses TR-4 to not handle BD originations.
- 3) Anti Q and A is important.
- 4) TA action equals case gain.

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- 5) you don't handle a BD item that departs from a C/S.
- one must always use a meter when auditing.
- 7) one never indicates charge that doesn't read.
- 8) you don't C/S in the chair.
- 9) you don't give or receive verbal data.
- 10) you never audit a PC on drugs.
- 11) Ron is sole source.
- 12) OTs cannot hurt themselves by committing overts against people who have been declared to be enemies of \$cn.
- 13) Other Determinism is higher than Self Determinism per Responsibility Scale (0-8 p. 119 or 121)
- Never audit a PC for free or on credit as they won't make gains.
- 15) Flunking when coaching.
- Don't C/S in the Chair. Don't change a program.
- 17) Never take up or indicate charge that does not read on the Meter.

- 18) No Verbal Data.
- 19) Study Tech is Complete
- 20) No assist without a C/S.
- 21) Figuring ways that typographical errors can be correct.
- 22) OTs can commit overts without harming themselves.
- 23) Unaceptable upper level cognitions
- 24) ARC Break F/Ns mean the auditor made a mistake.
- 25) PC's can be harmed by auditing errors.
- 26) Listing is dangerous.

Bob has written a 10 page document on the 23 arbitraries listed above \$5.00 plus \$1.00 airmail anywhere, Bob Ross, 7826 Foothill Blvd,

Sunland CA 91090 USA

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David Mayo

David Mayo, after winning a long legal battle with the church, is establishing an Ability Advancement Centre. David offers a membership which includes a magazine which comes out four times a year.

The Summer 93 number includes; Technical Remarks on how to help a person that is sick, injured or otherwise down (including notes on cause/effect scale), Research Notes on Fortuity and how to turn "bad luck" into "good luck", Causality Program.

Get the mag by sending \$40 or more to David. Readers in continental Europe can alternatively send at least 400 DKr to Antony Phillips.

The Editor, AAC Journal 680 SW 40th St 339 USA, Miami, FL 33155

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The Thetan-brain Relationship

by Peter Shepherd, Ireland

Several scientologists, enquiring about Bilateral Meter training, have expressed to me that they do not understand why the human brain should have anything to do with the thetan, since one is MEST and the other is Theta. To illustrate that there is an important connection, I would like to explain the mechanisms by which the E-meter operates.

The Thetan is able to adopt a viewpoint from which to perceive and to have considerations, opinions and intentions. This is one kind of mind — a higher mind. The Thetan also has the ability to get itself into a right mess, stuck in a fixed identity — such as identifying with a human body in order to perceive through the human, to experience life and express itself through that organic system.

But the human body also has a life of its own it is a genetic entity - a life form programmed by genes. It is further conditioned by stimulus-response learning, in which trauma and cultural pressures play a part. It has inbuilt survival drives and develops a more or less sophisticated intelligence. It may also be programmed by the Thetan. This second kind of mind, that of a fixed identity, therefore has both analytical and reactive programs, both of which may be aberrated. In the case of a human being, the imprinted mental programs are carried out by the brain, an incredibly sophisticated computer.

A stimulus, such as an image or perception, may cause an increase or decrease of brain arousal, if the stimulus is interpreted as frightening or reassuring. This stress or relaxation response is transmitted throughout the nervous system, and is measurable as a change in skin resistance. Increase in tension and arousal will cause a fall on the E-meter, and relaxation or detachment will cause a rise. Overwhelm would cause the TA to drop below 2.0 and dissociation would cause a rise above 4.5. A floating needle, on the other hand, occurs when there is no reactive activity or conflict occuring between the body-mind and the Thetan and there is an open-channel to the Thetan. The needle follows the gentle pulse — reach and withdraw — of the Thetan communication line.

If the Thetan-mind and the body-mind are not differentiated, confusion results. Part of the misunderstanding stems from an identification of the thinking personality, the left-brain verbal intelligence, with the awareness of awareness which is the Thetan. The verbal intelligence is very much 'of the brain', whereas the Thetan is not 'of the brain' but influences the brain through non-verbal communication.

Because the communication of the Thetan is non-verbal and picturegraphic, the right hemisphere is the medium for such communication. This is the nature of 'intuition': the Thetan communicating via the right-brain to the left, expressing awareness often in the form of metaphor or symbolic images, in order to relay intentions. For the Thetan to be able to influence all of the body-mind's activities, depends therefore upon integration of the left and right hemispheres, so that the brain is 'awake' and not obscuring this direct communication line.

The following diagram illustrates how the Thetan (YOU) inter-relates with the human body-mind:



The Thetan is able to operate a mind guite independently from the brain, making facsimiles as desired and communicating pictures to the right brain. These then change the arousal level and affect the E-meter. The body-mind has learnt the programmes for 'intelligence': it can do an IQ test unaided by the Thetan. Only the Thetan, however, has knowingness, awareness of its own goals and creative intention. Being essentially outside of space and time, it has an objective viewpoint that is unaffected by the reactive mental processes of the body-mind subconscious. It is the source of the highest values of life, love and truth. This is constantly demonstrated in auditing, as it is the conflict between the knowingness of the Thetan and the body-mind's lies or suppressions, that causes the meter to read.

The Mental Development viewpoint is that the brain does have functions, they can be improved, and that these functions relate directly to spiritual awareness; the whole Mental Development System works to this end. The best individual therapeutic technology that we have found to assist this development is Bilateral Analysis, as recently described by Gregory Mitchell in IVy 14. If interested readers were unable to attend the January Course, we shall be running another in April, so please contact us for details:

Tools for Thought, 11 Herberton Park, Rialto, Dublin 8, Ireland.

Telephone: Dublin (+353) (1) 549354

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Seemly Discussion

By Ray Harman, Australia

Gentle readers, recently we lost a potential IVy subscriber. When shown an IVy, opened at random, he saw a printed slanging match. Well thanks, he said, but no thanks.

There's a lesson here: to avoid unseemly discussion¹. So, we had better define *seemly* discussion!

When all research has been successfully completed and the mind of God is known, it will then be obvious who was right and who was wrong and whether a contentious point mattered a tinker's benediction² anyway. In the meantime, there are many routes to OT^3 , to spiritual freedom, which are available. Probably more will appear in the future. And some of us who have developed a route are tending to climb onto soapboxes⁴ and to proclaim their route as the ideal, and to criticise other routes. Now this is wrong and I say it has to stop. It continues the LRH dramatisation as described in his KSW policy.

When one of us can demonstrate the ability to walk on water and to produce such a result on others consistently, I'm sure that everybody will take a lot of notice. Meanwhile, we can avoid criticising each other's route, but we can have seemly discussion. "So," one could say, "well, I notice that your route is different to mine, but we both do appear to produce good results. I notice that we both have such-and-such an idea in common, so the chances are it is probably a true datum."

I think that the end result of seemly discussion is a workable route to full OT defined, with good fellowship between all concerned.

¹ Original Code of a Scientologist included "to engage in no unseemly discussion about the subject of my profession."

² Polite usage of English expression "a tinker's damn", a tinker being a mender of pots and pans.

³ Operating Thetan — a spirit able to fully operate without any limitation by a subconscious mind.

⁴ Traditional platform for an orator.

B International Viewpoints

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We are also very interested in receiving your articles, and letters. On editorial matters write direct to the editor at Box 78, DK-2800 Lyngby.

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