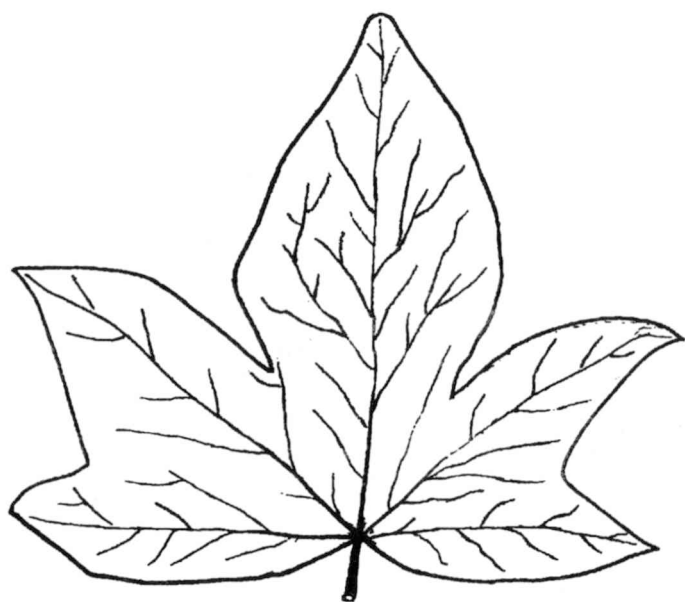
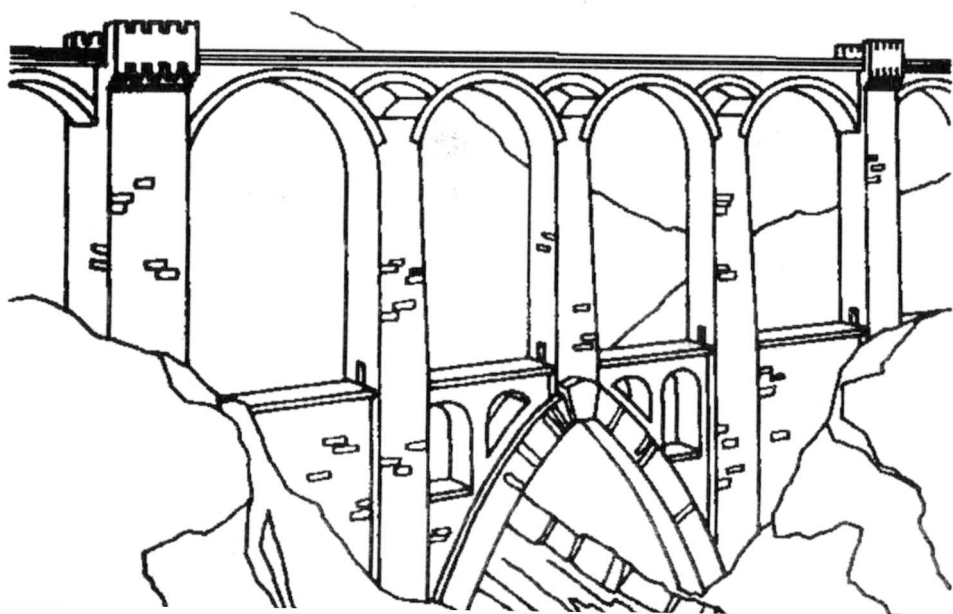


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# International Viewpoints

(Lyngby)



*International Viewpoints* (Lyngby)'s editorial board consists of:

Antony A Phillips. (Responsible under Danish law = ansvarshavende redaktør)

Printed by: Tønder Offset

Production Team: Lars Peter Schultz, Birthe Skou, Henrik Dragsdahl, Anne Toftegaard,

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*International Viewpoints* is independent of any group or organization.

### Magazine's aim:

To provide a communications media to all who are interested in the use and furtherance of the philosophy and technology described in the books and lectures of L. Ron Hubbard (sometimes called scientology). As a completely independent magazine you could come to see articles critical of some 'sect', practice, or belief. At the same time we would stress that we are extremely positive for most of the things L. Ron Hubbard has written or spoken about, and have as a goal that there is more use of these things, and as a result greater improvement of the conditions of individuals and groups.

### Distribution

See page 32 (back page) for list of distributors and subscription/membership prices.

As you know IVy is a rather young and slightly amateurish magazine. Young! That means near to create on the cycle of action. (Remember the Policy/Bulletin called "The Joy of Creating") So it is quite fun to make the magazine. But the newness of the magazine does entail some inexperience in the field of distribution. Copies to the USA, for example, have been sent surface mail. This has meant a delay of up to ten weeks. Intolerable! This issue we are sending masters airmail, and trying photocopying. Maybe next year we will be able to offer America fast cheap photocopies and fast expensive printed copies!

→

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Number 7,

August  
1992

*International Viewpoints* =  
I.V. = (nearly)  
Ivy (plant and  
girl's name).



IVy

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Hurrah for progress!

And thanks to the people who are helping both to create, and to create-create-create- this publication



## Song of the Soul

by Julian Cooper, England

The soul, which like a crab, can change its shell  
And cannot be destroyed by the human will,

The uncertain tenant of the body, for a time,  
With death but as a shift to a new home,

The viewpoint whence we can survey  
The stars, and the atom, naked and tiny,

That rules over space's black blind  
Deserts by Divine Right of Mind,

Living on a planet of pulsing Matter:  
Fruits, foliage, bird-chatter,

Where the five senses bend to pleasure,  
Proving existence by delightful measure —

By testing the lake for its glitter and its cold,  
By sniffing and tasting the nasturtium's gold,

And hearing how the sea ruffles its wings,  
Or the wind, as the light dies, sings,

This soul can create new worlds, can be free  
From matter, space, time and energy.

And yet men find it pleasure to destroy,  
To rend, erase, dismantle, do away,

And topple the towers which their betters build.  
They find their joy in killing and being killed.

Such men have the power to end our world,  
To expel all our souls from it and send them, hurled

Into the outer blackness, to roam  
In search of other planets, and a home.

□

(First published in the official British Scientology Magazine,  
*Certainty* in about 1954 — Vol. III, No. 10.

At that time Julian Cooper was quite well known in English Scientol-  
ogy circles and was known as the 'Poet Laureate of Scientology')

# Paradoxes

by Bob Ross, USA

I am told that when one succeeds with meditation, one reaches the levels of Empyrean<sup>1</sup> and Wisdom and begins to see that paradoxes are actually a necessary part of existence.

I am told and have read that with meditation one reaches a great light and experiences wisdom. Two of my friends recently told me of hitting such a state briefly in auditing. Both said they lost it when challenged with suppressive remarks. I hit it myself in 1967 for a few seconds. My auditor's mouth dropped open. Then she went on with the C.C. sec check and I lost it.

## Definition

A statement or a phenomenon is called a paradox when it seems to contradict itself. One expects one thing but and finds what seems to be a contradiction. Many if not all scientific discoveries have come from scientific exploration of contradictions and other unexpected phenomena. Ron in one lecture, said he made his own discoveries by exploring unexpected results.

Mathematically speaking paradoxes are defined as violations of the basic Aristotelean premise that a thing, "A" cannot be both "B" and "Not-B." This seems quite sensible and ordinary. A piece of fruit is an apple or is Not an apple. It is an orange or Not an orange, it can't be both.

However, let's look at the statement, "I am a liar," which implies that *all* I say is a lie. If I am indeed a liar, then this true statement contradicts itself and hence is a paradox.

## Demo

Is it possible to make a clay table demo of a paradox? Yes! It can be done with clay but using a piece of paper is easier and less messy.

Cut two strips of paper about 1/2 an inch wide (1 cm) from the side of a sheet of typing paper. Lay them flat on a table. Glue the two ends of one strip together, making sure there is no twist. This makes a simple loop such as can be used to make a paper chain. Twist one end of the second strip half a turn (180 degrees) with respect to the other end. Now glue the two ends of the second strip together making sure there is only a half twist in the loop. Compare the two loops. How many sides and edges does each loop of paper have?

To find out, make a pin hole on each loop and mark the spot on one side "A" and the spot on the other side "B." It is instantly obvious that there are two sides, side "A" and side "B" to each loop. Next, trace along an edge of each loop from "A" back to "A" again with a marker pen. You will see that the plain loop has one marked and one unmarked edge, and thus it has two sides and two edges. One side with a line and one side without a line. The loop with the twist, on the other hand, called a Mobius loop, or Mobius strip has only one line which appears on both sides, going from "A" through "B" before it comes back again to "A." This proves that the Mobius strip, with the single twist, has only one side. The Mobius loop is a physical representation of a paradox because it has both one side and two sides simultaneously. We cannot argue, as we might, with the statement, "I am a liar," by saying that that paradox is only a mental creation with no independent existence in the MEST universe, because the Mobius strip very obviously has an existence independent of our looking at it. Or, to put it another way, a paradox is not only in the eyes of the beholder. Both contradictory facts exist.

1 Empyrean: The highest reaches of heaven, believed by the ancients to be a realm of pure fire and by early Christians to be the abode of god and the angels.



For some people the idea Ron was human and that Ron was more than human are contradictory, *mutually exclusive* facts. But the essence of paradox is that seemingly mutually exclusive facts can indeed exist simultaneously. Ron was indeed both homo sapiens and homo novis.

It seems likely that the common dichotomies of existence that we deal with daily in our lives, and in auditing, such as Effort vs Counter effort, Love vs Hate, Friend vs Enemy, Mass vs Space, Rich vs Poor, War vs Peace, etc. are also set up as paradoxes inasmuch as one does not exist without the other.

#### Here versus there

For example, if every one had the same level of income there would be no rich and poor. In order for there to be rich and richer there must be poor and poorer. One cannot exist without the other, and one cannot be as-ised without also as-ising the other.

The same is true of any ridge or problem. When there is an Effort—Counter-effort, Thought—Counter-thought, Emotion—Counter-emotion, or the opposed items of a GPM, both sides must be confronted and identified before the condition can be as-ised.

It is much harder for me to imagine an outflow by itself, or a pressor beam without a simultaneous tractor beam, but this is the idea presented by the concept of god as “prime mover unmoved.” That may be one of the lies of creation.

#### Peace

It seems to me also, that an effort to create only one condition, such as “peace on Earth” without its opposite is doomed to failure. Can we have Peace without War? Peace is defined in my dictionary as “The absence of war or other hostilities”. Thus Peace exists only in relation to War. So Peace Mongers by their very actions must inevitably, considering the nature of the universe, also be creating War. War mongers on the other hand even though they may be trying to create continuous war must inevitably create peace along with it or after it. This is a telling argument for following

the “Middle Way,” neither total Peace nor total War but a moderate amount of both.

#### Space

I used to be confused about “Space is the viewpoint of Dimension,” and thought that Space could be independently created without Matter. I now see that that is a lie, which I foisted on myself. True, space exists by the creation of anchor points, or particles. What I had not seen until now in writing this essay, was that anchor points, no matter how small are matter.

#### Time

Similarly with Time. The Axiom states “Time is the consideration that space and particles will persist.” I took this as meaning that Time was a separate creation or consideration, whereas I now see Time as being simultaneously created as part of the idea of persistence, not separate from it.

I see something else here. Dichotomies and paradoxes are, or can be, ideas without energy of their own. The energy found when observing dichotomies or paradoxes is put there by the observer when putting attention on that dichotomy or paradox. Ron, in fact, said as much about engrams, that engrams have potential existence and when run are created by the individual by putting attention on them. The same is certainly true of GPMs.

**In summary:** Paradoxes are necessary to creation. As-ising any condition requires identifying and simultaneously as-ising the opposed ideas, emotions, energies, forces, etc., that make it up. If you or the preclear don’t immediately see the other side, look for it. This has been implicit though not explicit in all workable forms of auditing. We know, for example, that flows must be kept balanced, that any flow continued too long in one direction, tends to pile up or jam, or seems to be an overrun.

We know, for example, that when boy chases girl, girl runs away, but when boy withdraws from girl, girl chases boy or reaches for boy. This is another aspect of the same mechanism. You can’t have a reach without a simultaneous withdraw, or a withdraw without a reach. So be it.



## Conferences — 1992

By Antony A Phillips, Denmark

May be you wonder why we produce this little magazine. What is the purpose of it, why use up the precious free time of so many (hundreds of) people? Is not it a little like the old scientology orgs, where one person audited to every few hundred that did admin??

Put another way, why spend all that time writing and talking, when one could be *doing* really important things like auditing and bettering the worlds condition, and one's own town's condition, and even handling one's mother in law terminatedly (as we used to say in the church, but here I only meant handling her compulsive outflow — not the coffin solution to irritating relations).

### Restart seriously

Whoops. Lets starta gain (awhat? A gain!). What is the purpose of this little paper (magazine)?

I can tell you what it is not. It is not to produce a magazine for scientologists. Maybe you thought it was, and perhaps that is not a bad purpose, but we go deeper, more fundamental, are more **right**, (whoops, looks like there are shadows of a service fac there!) than that.

And we have looked pretty thoroughly at our purpose, and formulated and reformulated it many times. And maybe we will reformulate it many times more — it is probably a bit healthier to change your mind than to be fixed and rigid. (That last sentence is to prevent you making me wrong next time we reformulate the purpose — I do so hate being made wrong, perhaps because it invalidates my basic beingness).

### Down to Brass Tacks

The purpose behind IVy is to increase communication amongst those who regard themselves as inheriting, and/or using, some or all of the positive things Ron promulgated.

This purpose gives a far wider horizon than just giving out a paper. A long time ago (1985, I think) at the second Free Scientology Conference in Switzerland, an International Communication Network was formed. You have never heard of it? Well, it failed (after getting about 20 relay points willing and able in nearly as many countries). I think one major reason for its failure was the adding of another purpose (that of being a 'Qual' for free scientology tech). We do not intend to add purposes above and beyond helping communication flourish amongst free Scn.

### More than a mag

But you can see that our purpose is wider than a magazine, though a mag is one good means of achieving our purpose. Therefore this article is headed Conferences. We like to see communication flourishing amongst free scientologist (actually amongst *all* scns). And we have seen much communication occur at conferences. So we would like to encourage conferences, and last year we were very pleased to bring reports on three conferences that occurred in Europe.

This year we had hoped to give advanced warning of conferences, so those who needed to plan in advance could do so, and thus more would be able to attend. However things have not gone as we intended. From the Metapsychology area we learned that they did not want their 1992 conference publicized in IVy. This may seem a bit odd to you. However it has its reasons. Firstly, though I regard Metapsychology to be well within the tradition of scn, there is not whole hearted agreement with me on that point. And secondly Metapsychology is making very deep inroads (quite amazing when you compare with the mess scientology has made) in important areas, and an association with the name scientology acts strongly against that praiseworthy activity. If you want to go to a Metapsychology Conference

(which I warmly recommend) then contact the IRM. I can give you the addresses.

The next conference we talked about last year was the Source Conference held in Holland. This was planned to occur in England, but I got this simple message from Ray Kemp in my telephone answerer: "We cannot find anyone who is willing to take the responsibility of organising a conference in England". That's the news there.

The last one was the Rons Org Conference. Here we have positive news: Probably November 1992, possibly in Switzerland. Full details not yet available, but if you drop me a line at Box 78, I'll forward details on to you.

As for conferences in other continents — well the paper you are reading has suddenly gone red because I am blushing so deeply. The fact is that we are not yet as international as our title claims. Let us change the subject.

### MiniConferences

Ron once wrote a policy "Why Orgs Stay Small" which (I love generalities with one specific in) I don't think anybody but I understood. I have run a couple of groups using this principle in the 70's.

*A Group is a proper size when the individuals in it can easily approach the manager of that group on a friendly basis and be sure he knows what they're doing and why and if they are doing it.*  
LRH, "Why Organizations Stay Small" VII, 308

In the two recent conferences I attended I observed the following:

1. People got a lot out of meeting other 'ordinary people'.
2. Conferences in English had a language barrier for many.
3. Travelling far, luxurious accomodation, and costly speakers (perhaps travelling across oceans) made things expensive, and communication itself is free (you sometimes pay for the media).

Additionally, I felt that if people had more time together, without attention on 'important people', they might possibly become a little active them-

selves, realize that they were also important people, and they was no absolute neccessity for some one with authority to act, before anything happened. Given a relaxed, ARC atmosphere, there might be many things they might realise, without promptings or permissions from almighty beings, rurus, opinion leaders or little Hitlers..

Therefore a little plan, an experiment, was set in action. In our sister magazine, *Uafhængige Synspunkter*, which has no English material in it, a little announcement was made of a little conference which would be cheap, to take place in the scandinavian languages (which are more or less mutually understandable). We also announced that we would help with the fares of people who came from the more distant parts of Scandinavia.

There was no big campaign to get people to come. The conference was held in the middle of June. There were ten attenders, from Denmark, Norway and Sweden. The cost was 100 Kr (about £10 or \$15) which covered one hot meal (Pizza) and running refreshments with small cakes. Necessary overnight facilities were provided free with friends and in a primitive manner (those that stayed with me slept on a mattress on the floor). And half the travel expenses were refunded to them that asked for it.

The conference was largely in small groups (three to four people), where people got to know each other, helped each other, and talked a little about the third dynamic we are members of. And it was successfull.

If you would like to have a little more communication than *IVy* gives you, why not organise a little something in your area. I reckon your local distributor (or I) will help with addresses or mailings.

And there is no H. issueing policy you must adhere to. So you can do what you and your (perhaps new) friends want! *Freedom!*

*Of course* there are many ways to increase communication. Small (inexperienced and innocent) can be beautiful.

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## Regular Columns

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### Classic Comment

By Terry E. Scott, England

### True For You...

In a popular tape of a public lecture, L. Ron Hubbard approvingly quotes Buddha: "If it isn't true for you, it isn't true". And in the 1950s, it was quite okay to go around saying "Ron says --" if one had no personal reality on a datum in Scientology. No-one jumped up and down or breathed ethics fury.

Today, in the Church, it is unlikely one would encounter such a liberal attitude. But thank heavens we Independents do have the freedom that existed in the early days — we can be selective, and may use things that have been found to work and which are real to oneself.

The same should apply to studying LRH's materials. There is a most incredible variety and number of them, in books, tapes, films and videos. Ron could have done with an editor. Better, and I speak as a professional writer, he could and should have edited his own stuff from time to time.

It is one thing to preserve one's original material in an unaltered state, which is something that most writers with integrity would wish (free from the hands of those editors who are less skilled than the writers). But it's good to offer later versions of materials where the author clearly states that it has been brought up to date. The original work could still remain in existence.



Scientology would have been better applied and understood if it had been edited (I do not mean altered) by its author(s).

After all, any communicator has the responsibility of communicating clearly. The recipient's primary task is to duplicate perfectly.

Remember L. Ron's simile of an ocean of drops and wanting to pick *the* drops: to decide on the important data from a mass of them. Today, one must do that with the philosophy, techniques, ethics and administration.

And, consistent with one of Ron's principles, one should aim in the direction of true simplicity. For this has power. And where the Tech lacks potential, it is unduly complex. Ron recognised this, I guess, when he "stripped down the engine" of Dianetics and introduced Standard Dianetics in the late 1960s.

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## Regular Columns

**Kemp's Column**

By Raymond Kemp, USA

**“The Time has Come”**

“The time has come”, as the Walrus said, “To speak of many things...”.

I am prompted by two items recently occurring. One was a reaction to my article on O.T., which a reader liked, but posed the question that it may not be acceptable to the general readership, because it required a review of one's life activity, rather than relying on *processes* and *authority* to bestow the permission to be O.T.

I accept the information, that reader gave, but started to evaluate the data, and from there reviewed in general the articles in *IVy*, and the state of things in society in general.

At the same time I was struck by a TV program, attempting to explain the ethics of genetic engineering, with interviews of many scientists and MD's<sup>1</sup> who were involved in the subject, and posing the ramifications of the new discoveries.

**Few new ideas in Free Scientology**

From all this, it seems to me that there has been little advance in the subject, the applied philosophy, since the death of LRH. Within the constrictions of the C of S, it is a matter of continuing to do what LRH said. There is some promotion of greater and better OT levels, there is a build up of the third dynamic activities, with the various sub organizations, reaching into Schools, business, Interpol and drug use, (Ritalin<sup>2</sup>, being the latest

target, and one which I personally agree should not be used as it is being used), and so forth.

In the “Free Zone”, however there is little advance beyond re-examination of processes and procedures, with some attempts to create a new understanding of what was trying to be achieved, and so forth. It is a little like a gathering of engineers who will spend hours arguing and discussing the various ways in which a circuit can be built to do a certain job, but never going beyond that, into the realm of creative thought as to new developments, doing new jobs hitherto unthought of.

**Alaskas Governor**

In the USA there is a governor, of the state Alaska, who has been causing quite a storm, because he insists on coming up with new ideas, which the Federal Government oppose, because they are “New and untried”.

Among these ideas, and he has a cabinet who seriously plan on them, are: An undersea pipeline,

1 MD = Medical Doctor.

2 An 'upper' drug which is advocated for so called 'hyper children' to control behaviour at school.

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 Regular Columns — Kemp's Column
 

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sending fresh water down to California and even into the parched areas of Baja California. An energy transmission station in Alaska that would beam energy up to the moon and reflect it in a broadcast mode for use all over the world, and so forth... Creative ideas, creative thought, using existing known technology in new ways.

Technology exists, which can be used in many extraordinary ways, and closer to home, a philosophy exists which can be applied in many areas.

Ron once said, "ask a person who is a philosopher, to go ahead and philosophize", if all they do is quote books on philosophy, then they are flying under false colors. He also complained once of the number of people in the field who he wanted to give a new degree to, called the HPS degree, "Hubbard Professional Student", because it seemed that all they did was study, but never went into life and applied the basic philosophy behind what he was trying to teach.

I would like to see more articles on how we can apply what we have learned, not in Auditing or Counselling, though that is such a contribution to the sanity of the society, as to be in many places, considered unreal, and *far out*, but also, articles and discussions on a broader scope, articles that maybe can be read by people of different views, creating a wider understanding of what we as a race are doing or not doing.

### Genetic engineering and nuclear fission

For example, this current, and certainly into the future controversy over genetic engineering.

Currently there exists the technology, to test an embryo for genetic disorders, the probability of a fetus being born with certain deficiencies can now be mapped, in such disorders as Downs Syndrome, Dwarfism, Multiple Scleroses, Irreversible Leukemia, mental retardation, and so on.

Research is progressing into other items, such as propensity toward alcoholism, drug addiction, Homosexuality, which may or may not be gene related.

However the scientific community are in a state of panic, on the basis that some say that such research should be banned, and others say that even if such data is accurate, then the inevitable end result would be that parents of such fetuses should not be told because they would want to abort such a fetus.

Argument rages, some feel that, and they quote atomic or nuclear scientists who went beyond the proper limits and produced a nuclear bomb, capable of destroying millions of people, and who now feel so guilty, that they wish they had never pursued that line of inquiry. These people are of course backed up vociferously by others who want to ban nuclear energy in all forms. Incidentally you can quickly spot those people in the USA ... they have such an ARC break, that they can no longer pronounce the word nuclear, they almost without exception use the word *Nuclear*.

Others feel that the inevitable next step, will be that genetic engineering will enable people to choose blue eyes, or blond hair, or all males or all females, or even superhuman types, for the next generation, and quote the psychotic regime of Hitler and his dreams of an Arian Race, as the inevitable result of further studies in this field.

As with the current *pro choice vs pro life* arguments, and as I mentioned in *You Live as You Think*,<sup>1</sup> these arguments come under the heading *extrapolatio ad absurdum* meaning to carry faulty logic to it's own inevitable conclusion.

More than this though, there is a glaring outpoint, a missing datum, that, until examined, will hold all this confusion in place.

1 See advert page 31



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Regular Columns — Kemp's Column

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The whole subject of genetic engineering, is a subject of bodies. Human life forms, which are being identified totally as the person. There is no consideration of the spirit, souls, or as we generally use the term the thetan, the individual himself.

**Important outpost**

If the person is not the body, if the body is the vehicle for the entity, in a manner similar to the concept that the automobile is not the driver, but that the driver actually controls the vehicle, is a separate item, (and can even get out of the automobile, or buy a new one when the old one doesn't run well anymore), then the current arguments are at best fallacious.

Indeed by any commonly accepted standards, an automobile maker who knowingly created a poorly designed automobile, and then let it be driven by an unsuspecting driver, would be liable for the most vehement criticism and penalty, as irresponsible.

Surely then, if the information is accurate, and a fetus is developing non optimally, the logical thing to do would be to stop building it, and start a new one.

If the genes, which are the building blocks of the body, are deficient, and can not be corrected while in the growth period, then is it not unethical in the overall sense to allow that body to come to term, and allow a thetan to occupy it committing that entity to a lifetime of at best non optimum operation or involvement in the game called Life?

To get further, then is it unethical to use the skill and technology that exists, to create the best vehicle that can be made, for the future occupant?

Now I am not saying even that all these non optimum conditions are totally the reactions of genes and are all body malfunctions. We know for instance that alcoholism broadly speaking is an inability of the thetan to have a full glass of Alcohol in front of him. The phenomenon is demonstrable in the physical universe, and is repeatable in the

field of mental mechanics. What is not clear at this time is whether the interaction between the thetan and the Body on a gene level is also a factor.

Would you not prefer to have a body, that is as close to flawless as can be obtained at this time? There may be valid arguments against gene building or correction, there is at present no standard to hold to as the ideal scene at a gene level, (I am using the term loosely, and include the DNA blueprint in this), but unless the separation of body and spiritual entity is taken into consideration there simply is no validity in the current arguments.

A note however. What is unethical is the current, and growing practice, of insurance companies refusing health coverage to whole families, when they can use the gene factor of any new born as proof that they may have a greater expense based on the conceived predisposition to illness as discovered, by gene investigation of the fetus.

**LA riots**

In a different area, the recent riots in Los Angeles were inflamed by a mayor who publically told the black segment of the city "To go out and protest (the trial verdict), in the strongest way possible", totally ignoring, as have many critics of that verdict, the point that the jury spent weeks going over *all the evidence*, presented, including the infamous tape seen all over the world and evaluated on the spot, by non experts at an emotional level, before they reached the verdict. Even then, the verdict was a matter of 'Not guilty under the existing Law', it made no comment on the morality of the incident.

I wonder what changes in the laws of any country, there would be, if those who make said laws, really knew that in a few years time they would be back, and living under them. How would a member of the Klu Klux Klan or the Neo Nazis act, if they were aware that next time around they could well be born into a jewish Family?

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Regular Columns — Kemp's Column

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**A 'waning' stable datum**

For nearly two centuries the western civilization has grown under the stable datum of Judao Christian Ethic, and we know that a stable datum does not have to be true, it just has to be stable. Lately, that stable datum has come apart, and the chaos of today's society stems a great deal from the lack of that datum.

Our common bond of philosophic data provides a wealth of as yet unannounced Stable Data, only a small fraction of it has become generally recognized, such items as quiet during surgery or Birth, The existence of pre natal recording, The value of Mental Imagery (Creative Processing) in Healing, and so forth. How much more of a contribution could we make if we were to openly introduce some of the other stable data we have into society.

I do not mean that we should proseletise, or claim in anyone's behalf, that we (and only we) have the solution to much of society's ills, but I do believe that we can each of us contribute toward change, by openly presenting our viewpoints, discussing them, even arguing them, but above all disseminating them as possible leads toward solutions, and allowing, even encouraging others to pick up

on some simple Stable Datum, and introducing it into society from that persons own position.

**Conclusion**

Look over the wealth of invaluable data that you have. Realize that in many instances, what you think of and classify as "Basic Course Material", millions who don't have it would consider the same data close to "Super Advanced Ideas".

Publish or Perish, is an old adage of the academic community, usually taken to apply to the person. It could also just as accurately refer to the Data.

□

*Editorial Note: Unfortunately Rays article last issue went to press before we could include his final polish up of the article. Near the end was a significant alter-is of his work, and here is the corrected paragraph:*

In the Qaballah (the unwritten version of the Talmud, forerunner of the Tarot, and believed to be directly handed down from the Book of Y-Chim) there is a phrase, "let the dirt play with the dirt — if it pleases the dirt".

## The Science of Knowing How To Know According to Alfred

By Frank Gordon, USA

Two hunters were walking in the woods. One said. "Hey Joe, I've got a pill that will make you smart".

"Yeah? Let me try it". And he munches on it. "Gee. I don't feel any smarter".

"Well. Try another".

"Hey. That's not a pill. That's a rabbit turd".

"See, you're getting smarter already".

\*\*\*

My oldest brother Alfred, now deceased, told me this Sufi-like story when I was very young, and it could have been original with him. He majored in philosophy at Bowdoin College, and this remained his real passion even as he became a successful insurance broker.

He also wrote a short Cosmology theorizing that the universe arose because of Joe's desire to be able to go down to the corner and get a cup of coffee.

In his later years, he summed things up with "The world is just as it is, and not otherwise". This is similar to Gurdjieff's view that many things would be possible if people were not "People".

It's interesting that Alfred and Ron were in the same generation: and that the gist of Alfred's story is expressed in a less earthy form by Ron's "All I'm trying to do is get you to look".

□



## Regular Columns

# New Realities

By Mark Jones, USA

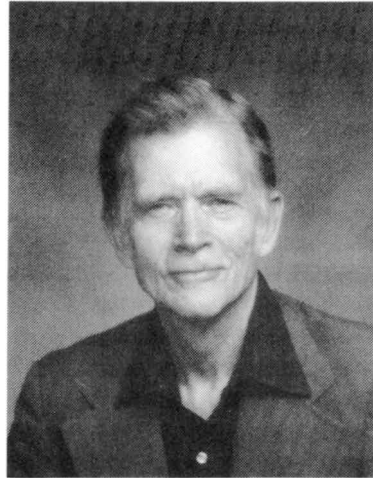
## Forgiveness

### — A Missing Basic for Higher States and Evolvement

While many of the basic principles of achieving higher states were covered by LRH in his writings, one of the most important was barely touched on. This is 'foregiveness' which in my search I've only found mentioned in "What is Greatness". In this essay LRH wrote, "If there is any saintly quality, it is not to forgive". He described this actions as "rather censorious". Perhaps he was using the term in a particular context, rather than that given in the American Heritage dictionary, i.e. "To grant pardon without harboring resentment", for in the same essay he stated that "The hardest task one can have is to continue to love one's fellows despite all the reasons why not. And the true sign of sanity and greatness is to so continue". Later in the article he wrote, "The real lesson is to learn to love. He who would walk scatheless through his day must learn this. Never use what is done to one as a basis for hatred. Never desire revenge. To love in spite of all is the secret of greatness, and may well be the greatest secret in this universe". So, it appears that philosophically, he may have considered some form of release of resentment to be important.

Obviously he and those he schooled to run the organization he helped create must have had some confusion in this area, for their subsequent attitudes and actions deviated from this principle. Unfortunately, unforgivable enemies proliferated. The tech does not appear to address the most important area of forgiveness, the forgiveness of self.

Why is self forgiveness so important? *Because without it we will deny ourselves the most vital*



*element in our evolvement, self love.* Many of us are at or nearing a point of opening up and moving to new levels of our spiritual potential. We are ready to fan the spark that can ignite the light of enlightenment. The most critical element in being able to do this is to *give ourselves a full measure of self love.* This, in essence, is what lights the spark. Otherwise, because of feeling unlovable and thus undeserving, we unwittingly hold ourselves back. The primary reason we do so is because of our lack of self forgiveness, and as a result, our unwillingness to forgive others. They serve as mirrors of our own unforgiveableness.

### Self-forgiveness

Because we perceive reality through the filters of our beliefs, particularly our beliefs about ourselves, if, as a result of our lack of self forgiveness, we do not love ourselves fully, we're not likely to forgive or love others. As Loa Tzu wrote in *The Way of Life* in about 600 B.C.:

"Having what is called insight,  
A good man, before he can help a bad man,  
Finds in himself the matter with the bad man".

So it is important to forgive ourselves first. Knowing how to do this is important. When we've been troubled by something we've done in the past we've probably been told by well meaning people, "Just forgive yourself", or "just get

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 Regular Columns — New Realities
 

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your overts off in session". However, while doing this may blow some charge, it's probable that we'll need a more in depth handling and taking of responsibility to achieve a more complete forgiveness and release.

Catherine Ponder, in her revealing book, *The Dynamic Laws of Healing*, places great emphasis on forgiveness as an essential element in healing. As a psychic who has had great successes in healing, she states, "It is an immutable mental and spiritual law when there is a health problem, there is a forgiveness problem. You must forgive if you want to be permanently healed". She goes on to add, "Health cannot be accepted by a body that is filled with the poisons generated by unforgiveness. Ancient philosophers had a basic statement they uses for healing, *'There's nothing to hate'*".

She further states: "When you hold resentment toward another, you are bound to that person or condition by an emotional link that is stronger than steel. Forgiveness is the only way to dissolve that line and get free. If only one person will dare to forgive, the problem can be solved, regardless of who else is involved, and whether anyone else wants to forgive".

Coming as she does from a religious orientation, she suggests the frequent use of a simple prayer: *"I forgive everything, everyone, every experience, every memory of the past or present that needs forgiveness. I forgive positively everyone"*.

### Deeper Approach

Other metaphysical sources such as Lazaris suggest more in depth approaches. These start with self forgiveness, a vital action to be able to create the self love to light the spark of enlightenment. We begin by talking to the child and adolescent in each of us, not as circles on an explanatory drawing, but as live energies. There is a living child and adolescent which is still part of each of us.

They point out that we create our own realities including the illusion of time, i.e. that things happen sequentially and that there is a past which has

gone away and no longer exists. But, in fact, growth is not linear. It expands and travels in all directions simultaneously. When we become more we don't lose anything we are. We become more. As we become adults, we still have a living, feeling child and adolescent in us. In childhood it's likely that we may have had certain feelings that we never got enough love. That can be the thing which causes the child within to feel unforgivable, for not being deserving of love, to feel powerless and like a victim. The adolescent may feel powerless because of a big need for recognition, and dramatize being a martyr, or being 'better than' in an attempt to compensate. So an important part of forgiveness is to go into a meditation and be with our child and adolescent. In this live experience listen to and talk with them, and give them the love and recognition they didn't feel they got. Assist them in forgiving their manipulation to control, their rage for not being loved enough and other things they did which they considered discreditable.

### Barriers to Forgiveness

We may have barriers to forgiving ourselves or others. Obviously, we will need to remove those that are affecting us. Some that might apply are:

- a. Forgiveness is weakness. It's whimpering out.
- b. Only God can forgive; it's arrogant for me to do so.
- c. It is shallow, too easy. There has to be more suffering.
- d. It might open up a pandora's box of emotions that I can't handle. I don't want to get hurt again.
- e. Something will die in me, a piece of the past. (Indeed there will be. We may be tied to some root emotions such as anger, fear, loneliness, hopelessness, shame etc., and new, positive emotions will replace them which we'll have to adapt to and live with.)
- f. Once I've forgiven and been forgiven I'll have to be perfect.
- g. If I forgive them, I'll have to be friends with them. (Note — there is no such requirement to reap the benefits of forgiveness).

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**The Stages of Forgiveness**

When we start the process of forgiving, we are likely to go through stages. The first is denial. The next is self blame. Following that, self pity. The fourth is indignation, the righteous stage, the outrage state. The fifth is the realization that we *caused or allowed it*. The sixth is freedom, the realization that we are in the driver's seat, and final one is integration.

Following this approach, the steps of forgiving are:

- A. Look and handle our resistances.
- B. Really release the emotions including grief, guilt, depression and disorientation.
- C. Be conscious of the steps and keep moving through.
- D. Remember to *always* forgive *yourself first* while being aware that you caused it or allowed it.
- E. Forgive the *why* and let the what follow. Maybe you will never forgive the what, but you can the why.
- F. State what is to be forgiven in writing. In doing this, talk to your inner child and adolescent.
- G. Write down (1) what you want to forgive, (2) why you want to forgive, and (3) feel it. Then go into a meditation and do the forgiving. Repeat as necessary.

I can provide a two cassette tape set which includes a detailed theoretical discussion and two guided meditations for forgiveness by Lazaris for \$ 12.50 which includes the postage.

**Sample Session**

A typical meditation<sup>1</sup>, given in the symbolic imagery to which the subconscious mind responds is as follows: It can be done with one person guiding another into a relaxed, meditative

state and then giving them the following guidance, or a person can record the instructions to relax and follow the sequence on a tape and follow the recorded instructions. The tapes I referred to above have done this quite professionally, and can produce major changes and quite powerful results.

Close your eyes. Allow yourself to relax. Let the tension drain out of your feet, and slowly spread up and through the rest of your body. Feel it draining away all of the doubts and past tensions. Let your eyelids relax. As you become completely relaxed, allow yourself to imagine standing on a rolling hillside. Feel the wondrous breeze blowing in your face and wafting through your hair. Notice the blueness of the sky. Feel the wonder of being alone. Feel your connection with the earth beneath your feet. With the wind caressing you, feel yourself connecting with the sky. Below and in front of you, you see a magnificent valley of brilliant colored flowers. Feel a joy and excitement as you run down the hill. Roll and tumble as you go, laughing with joy. Then stand up for you are on your way to forgiveness and you must prepare an offering. Start gathering flowers for the offering. Pick three beautiful deep red roses. Then pick three orange poppies from a bed. Next you spot some green ferns and take three throngs of them. Then you move into a bed of blue bonnets and pick three of them. Next you see some majestic purple irises and you add four of them to your bouquet. Finally, you see a bed of violets and as you walk out of the meadow, you grab a handful of them to add to your offering.

Below, you see a huge slab of stone that is smooth and worn with perhaps centuries of use. It is here that you sit and lay forth your offering. This is the altar of forgiveness and you have come here to forgive yourself.

1 Editorial note. A meditation is similar to dianetic reverie and/or to a solo session, in which one can allow one's attention to move outside the physical bounds of space and time, thereby speed up one's increase of awareness, and by the use of metaphoric symbols to which the reactive or subconscious mind responds, reprogram it. Ed..

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 Regular Columns — New Realities
 

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On the far side of the stone, out of nothing appears the ugliness you choose to forgive. See (that you) filled with the worry and doubt, the hurt, the anger and fear. See that ugliness of your secrets standing before you. See what you looked like filled with anger, rage fear and doubt. Let your imagination work to see the pure ugliness of that which you wish to forgive. Don't gloss over it or fuzz it out; let it be clear. As you want to turn away, look and see its ugliness, its loneliness, and its despair. See how it has been cut off and tucked away, a skeleton in the closet, the darkness of the recesses of your mind. See it standing in all this ugliness. Let it be more ugly that it really is. Focus on it. It is easy to love the beautiful parts of you, but it is these ugly parts that need your love the most. And so it is, you stand up on your side, and with the ugliness on the other you decide to forgive that ugliness for all the pain it has caused you, for all the doubt, all the resistance, all the denial, all of the successes you've turned your back on, all the opportunities you have overlooked, because you were carrying this around with you. Reveal, "I'm going to forgive you".

Now look down at your garland and see that it has turned into a beautiful ball of shimmering light, a shimmering ball of translucent, purplish

light, and though it is shimmering and transparent, you lift and draw it to your heart, and mentally talk to this ugly you. Say, "I forgive you".

Gently toss the ball into the air like a medicine ball and watch it go up-up-up in slow motion. When it reaches the top, it pauses for a moment, and then gently begins to descend over the top of this ugly you. As this sphere lands on this ugly you's head and then extends its envelope, you say, "I forgive you". As that ugly you, that shadow that you have hidden for so long is surrounded in this bubble of forgiveness, all of its ugliness goes away, all of its pain, and all of its fear goes away. Within that purple is a bubble of light, it radiates a being of light and of love. You walk around the stone and reach forth with open arms and embrace that forgiven you. And you think and say, "You are forgiven, you are forgiven". You've forgiven yourself. "Let it be. Let it be. Let it be".

Hold the embrace and let that part join you until you are one, and you similarly glow within the shimmering bubble of forgiveness. Say, "Let it be, let it be. And it is done"! And you feel the wonder, the aliveness, the trust and the enthusiasm.

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## Goals Finders

By Antony A Phillips, Denmark

*"A group, then, can be seen to have three spheres of interest and action. ... postulation of goals ... management ... the group itself"* LRH, *An Essay on Management*, August 51 *Technical Bulletins* I, 135. An essay well worth reading (again perhaps). In the autocratic days of the church, we had an efficient communications system to relay to us our goals. The last one I remember was from Diane in 1980 — to clear earth by 1984 (did someone say "Yugoslavia"?).

Things are different now. Any one can propose goals for one or more of us. And the communication system

is different also. And management?! — We do well without it! (that sort, anyway).

Goals make a game. Without goals we might as well be dead (or native state).

And real goals are the best in the long run. Real goals on a real gradient do not produce disheartenment or slavery.

*International Viewpoints*, IVy, is very willing to communicate ideas on goals, and reality on the world we need to apply those goals in. There are some interesting ideas in this issue, and more to come. Perhaps from you (?).

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Regular Columns

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## Philosophical Considerations

(2nd article on the three kingdoms)

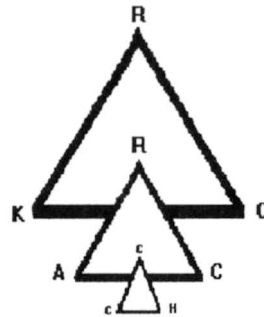
By Todde Salén, Sweden

### Individuals & 3rd Dynamics

As hunting packs changed their ways and became agricultural groups, they changed very slowly. The origin of the change was *lack of food* as the number of human beings on the planet increased. It has been calculated that our planet can only support between 50 and 200 million people living as hunting packs and fisherman, as long as agriculture was not used to improve conditions. A rough estimate of how many human beings could survive by employing simple agricultural technology tells us that the not so primitive agriculture of the old Egyptian empire alone in the valleys around the Nile could support up to 200 million people. This old highly civilised society used irrigation to multiply their harvests and they had solved the basic problem of the early agricultural men by using the vast amounts of mud from the Nile to each year give the soil back the nutrition it lost the year before.

When the first hunting packs started to use agricultural methods to enhance their survival they soon learned that the soil became less fertile each year they planted crops to harvest. And so they continued to move on from one area to another. It was only when they learned to use fertilisers (like dung from domestic animals or even more successfully irrigation from rivers whose waters brought lots of mud and fertilisers of all kinds, like the Nile, Indus, Yangtze-Kiang, Huang-Hoe, Euftrat/Tigres etc.) that these early farmers could stay in the same area year after year and create real civilisations.

As human beings on the planet solved the problem of *lack of food* for hunting packs, by successfully changing into agricultural groups, that de-



veloped agriculture into more and more advanced technology, they laid the foundation for the first empire.

In the hunting pack (which usually only had between a few dozen and up to one or two hundred members at the most) each member of the pack knew every other member of the group. They also had some knowledge of who the members of neighbouring hunting packs were. Thus there was little room for dictatorships to arise. The individual members of the hunting pack depended very much on each other. Even the chief of the hunting pack was forced to treat the individual members of the pack with some respect and friendliness, if the hunting pack group did not live in harmony with one another the group succumbed.

As more advanced forms of agriculture increased the number of individuals that could stay together in one large group, civilisation developed. Especially in the fertile areas around the big rivers, where millions of human beings all were organized into one civilisation, we got very different conditions for life among human beings, compared to the hunting packs and early agricultural groups, that had to move on to new areas as the land became less fertile when no fertilisers were used.

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 Regular Columns — Philosophical Considerations
 

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**Bureaucracy**

For the first time in the history of mankind we encountered the problem of growing bureaucracies. One of the main principle of bureaucracy is that "you scratch my back if I scratch yours". Another principle of a bureaucracy is that the individual who is the most ruthless gets ahead of the more decent ones, because he does not hesitate to use all available means to get ahead of others. The ruthless individuals tend to rise to the top of a bureaucratic organisation as long as there is a lack of free communication preventing him from being revealed for what he is.

If these were the only factors determining the fate of civilisation we would long since have all succumbed in the attempt. However there are other factors at work in the process of first empire civilisations. There is the principles behind *Control and Lying* (See IVy article in IVy no 4).

Once a dictator has risen to the top of a 1st empire society he depends for his success on having able people around him and under him. Thus he has to enhance their knowledge and give them some kind of responsibility (KRC) if his society shall have any chance of survival. Also dictators do not survive forever. Once they die they have to have successors and very often the successor is not able to control the society with the same ruthlessness as the original dictator.

Just as hunting packs in conflicts with neighbouring hunting packs could be wiped out, if they were not able to fight back, so the agricultural societies could be taken over by neighbouring agricultural societies (or large hunting packs of several hunting packs banded together in a large organisation), if they were well enough organised to defend themselves. Early on agricultural societies very often were robbed by forces of several hunting packs that had teamed up to solve their

own "lack of food" problems by robbing food from farmers of agricultural societies.

However as time went by and the number of people in the farming societies multiplied and as farming societies developed an abundance of food, that made it possible for such societies to keep armies of soldiers around, that could fight back when hunting packs tried to rob them, we had the agricultural societies slowly take over the control of most of the land on our planet.

Djenghis Khan probably was the last successful organiser of hunting packs that really threatened the 1st Empires of our world. The only reason he could do that was because his tribes had managed to develop a new weapon that the 1st Empire civilizations of those days could not defend themselves against — the horse back soldier<sup>1</sup>.

The cavalry of Djenghis Khan had taken advantage of a great invention — the saddle — and that invention created an army that was invincible when confronted with the methods of warfare of those days. And so Djenghis Khan erected the greatest empire the world had seen so far.

However the 1st Empire civilization did not die when Djenghis Khan conquered the populations of the then civilized world in Asia and parts of Europe. In the final analysis the 1st Empire civilization conquered the Khan dynasty into its own realms and already Kublai Khan was a new leader of a 1st Empire civilization in Asia.

**Change of mentality**

When the 3rd Dynamic of man changed from hunting pack groups of no more than a few hundred people into agricultural societies of several million human beings the human mind changed with these changing conditions.

In the hunting pack it was quite easy to get every individual to follow the laws and moral codes of

<sup>1</sup> see article by LRH in the book *All About Radiation*, 2nd. lecture, particularly "Unlimited Weapons" and "The Assassins".



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Regular Columns — Philosophical Considerations

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the group. It was not possible to keep any secrets from the rest of the group. There existed no individualism as we know it. Each member of the group served the group and received back from the group the means to survive.

As agriculture developed into farming (where the farmer remained in the same area and did not have to move around as fertilizers were being properly used) populations in the 3rd dynamics increased and individual groups started to develop inside the societies. These individual groups inside the society had their own morals and law systems. Such groups had their own “tribe-morals” independent of the society around them. It could be said such groups are the remains of the hunting pack tribes that were never properly converted into 1st Empire citizens. Such groups with their own codes of conduct and their own moral codes and law systems are real threats to civilization.

At the same time these groups within the 4th dynamic created the two-valued logic in the human mind that was the purpose of the 1st Empire civilization. The members of these 1st Empire civilizations had to learn to tell right from wrong. There was the “black and white” thinking of the civilization and of the smaller groups. Those who belonged to more than one group with moral codes had to learn to think in terms of right/wrong both for the smaller group and for the greater society. Thus two-valued logic became necessary for the human beings in the 1st Empire civilizations. To only believe in the one and only God was no longer enough. Now each member of this greater society had to obey both the god that created his civilization and the various smaller Gods that were behind different smaller groups he might belong to.

### Too steep a gradient

Each time a civilization allows groups of individuals from hunting pack tribes or other nomad groups (or one-way logic 3rd Dynamics with “tribe morals”) to enter civilization without having to go through the civilizing influence of a 1st

Empire civilization, you get “criminal groups” inside the civilization. (A “criminal group is here defined as a 3rd Dynamic that is “out-exchange” i.e. takes more from the 4th Dynamic than it flows towards building it up).

Such criminal groups regard themselves to still be in a “Garden of Eden”, that their God has given them to walk around in and eat all the fruits they find around. Their God has given them the right to take everything they encounter in this garden, as long as they do not break the laws of their God (their tribe morals).

The tribe-man with his tribe moral has one-way logic governing his mind. For him it is allowed to do all the things he is not killed for. His God punishes him only if he breaks the laws of God. And the way his God speaks to him is through the language of actions. If he is hurt his Gods have punished him. If he cannot move outside of a prison his God has punished him. If he dies that is the punishment from his God.

No long explanations from somebody outside of his own tribe (the people belonging to his God) means anything to this type of mind. It cannot be reached by logics of live communication, because it is not above 2 on the tone-scale (on the 3D).

In the 1st Empire civilization the mind of man is changed from a mind that is only working within a small 3rd Dynamic into a mind that responds to some degree to a greater 3rd Dynamic. The 1st Empire civilization introduces the idea of a 4th Dynamic into the mind of man. But a 1st Empire civilization human mind is still only a black and white logic mind. There is only one side that is good and that is the side his own 1st Empire civilization belongs to (or the smaller sub-group).

The way the human mind is developed through a 1st Empire civilization into a mind that operates on a greater 3rd Dynamic is through work or hard labour (the CCH triangle). When tribe-moral people are being controlled to perform certain activities that make them create a greater civiliza-

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 Regular Columns — Philosophical Considerations
 

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tion, their anchor points are moved out into lower 3rd Dynamics. Thus they grow as beings. they start to put a value on being members of a greater civilization. Their logic develops into not only obeying their 3D God, but also assisting their civilization (other human beings they do not personally know) and various groups within their great 1st Empire civilization.

For most of the degraded thetans on this planet it will take several life-times of hard labour (maybe slavery) to go through this change of mind. For others it may take less than one life time. In any case it is a necessary step to go through for the thetans that are trapped on this planet to advance into beings beyond "Genetic Entity beings".

Two-value logic is not enough to understand life. But it is a starting point. From there a being can develop into more advanced logics. He can through study be trained to think logically in more and more areas. But first he has to learn to communicate (ARC-triangle) and that is what the 2nd Empire is all about.

The CCH triangle (communication, control, havingness) handles the reactive mind<sup>1</sup>. The end phenomenon of the CCH triangle is 2.0. When a being has reached 2.0 through CCH triangle handling you are supposed to deliver the ARC (affinity, reality, communication) triangle as a reward. That is where live communication is supposed to enter.

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## Knowingness Process

By Robert Duchmore, USA

Are you interested in a process that is simple, powerful, easy to run solo or dual, difficult to mess up, forgiving of errors, quick to get to E.P., gets loads of E.P.s (cogs-a-minute), clean, one that can tackle virtually any item presented, and is evidently an infinite process?

I could probably make a fortune selling this process as a guru and maybe even start my own multi-level empire with it while telling people to buckle their britches and hold on to their shirts (or something like that). But gurus are already a glut on the market. So I'll just part with it and let those who can appreciate it for what it is do what they will with it.

The process is deceptively simple. All I can say is "try it", and you will see for yourself what I am talking about.

The first thing to do is choose an item of interest. You want to demystify the subject of, say,

"love"? Well then, the sole command, given repetitively (and even when doing it solo, say it aloud), is "Look at love and tell me something about it". This done to a standard E.P. E.P.s in this case can be bypassed many times to deeper and deeper E.P.s on the same item (still acknowledging each E.P. of course). This process should have the effect of peeling unknowingness off a case by layer as it presents itself. Auditor basics are still required here, especially the TR-1 and neutral attitude.

I prefer to do this process with eyes closed while letting anything come to mind on the subject that will come, and its about it. Sometimes it's pictures, sometimes it's ideas. I just look at the meter occasionally when I get curious as to what it has to say.

Don't bother to thank me, just remember me in your will (ha-ha).

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<sup>1</sup> There is an enormous wealth of data with regard to CCH and ARC, the CCH processes, and CCH and livingness in the 17th ACC lectures series, and this has relevance to the 1st.Empire idea. Ed.





## Book News

### Who is John Dalmas?

A book review by John Dorne, Denmark

Some very interesting science fiction books might be coming your way, if you care to read on. A little space opera, but mostly the action is taking place on the surface on some planet — if on the physical plane at all.

Indeed, instead of science fiction, they might be termed “spirit fiction”.

So who is John Dalmas? Well, he’s an American of Swedish descent, who has just about done it all — parachute infantry, army medic, stevedore, merchant seaman, logger, smokejumper, administrative forester, farm worker, creamery worker, technical writer, freelance editor — and his experience is reflected in his writing.

He is writing — and that’s my personal classification — two kinds of science fiction: “Ordinary” — which is still very worthwhile — and “spiritual”. In this review I’ll deal only with the spiritual kind. And by the way, according to Bob Ross he’s written twenty some books. I’ve only been able to dig up twelve, so far.

#### It’s spirit-fiction

If you happen to have been in the C of S, and have since left it. And if you have done, perhaps, some advanced levels, and been trained as a spiritual counsellor. But particularly: If you haven’t given up the dreams you once entertained about what a thetan might be able to do and experience, were he only free, you may come to love these books.

I do, and I’ve done so since the mid eighties, when I read my first one.

Is/was John Dalmas a scientologist?

Well, really, who cares? He is striking awfully close to home with respect to a lot of truths. And he’s a good writer, too. Read the books and judge for yourself.

I’m not going to reveal the plots to any great extent — it sort of seems unfair when somebody else has taken the trouble — or fun! — to write entire books to communicate them properly. One message in all the books is: You can be sane, and society can be sane.

Furthermore, the “white hats” win, and usually somebody gets a session — all written down. Plausible processes, too.

#### Bibliography

The books obviously represent a spiritual development in the author, so I recommend you read them in the sequence given below, also because, like Asimov, John Dalmas builds up various parts of the universe in different books, later to combine them. However, each book is an independent story.

*The Walkaway Clause*, Tor, ISBN 0-812-53475-1. 1986. An assassin meets some sane people.

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 Book News
 

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*The Varkaus Conspiracy*, Tor, ISBN 523-48-567-0. 1983 A sane conspiracy. Principal character is a spiritually advanced person.

*The Reality Matrix*, Baen Books, ISBN 0-671-65583-3. 1986. Something is happening to the physical reality. Some people, independently of each other, find out about something — and start acting. Recommended by Poul Anderson and John Dorne (science fiction authors). Tighten your spiritual seat belt for this one.

*The Playmasters*, Baen Books. ISBN 0-671-65610-4. 1986. Once again, as in the Reality Matrix, the author is weaving in and out of mest reality and its foundations. There is players and pieces, rules and arbiters.

*The Regiment*, Baen Books, ISBN 0-671-69849-4. 1987. Mercenary troops hired for resource planet. Play is wielded in a “standard” society as sanity starts encroaching. The book contains an interesting “tone-scale” chart.

*The Lantern of God*, Baen Books, ISBN 0-671-69821-4. 1989. A technically advanced — relatively — society sets out to take over a more

primitive society of — humans? Some metaphysical theories — techniques, actually — are advanced, that will be novel to most readers of IVy. I know them to be workable for some individuals. It's a real cute story, too.

*The White Regiment*, Baen Books, ISBN 0-671-69880-X. 1990. Sequel to the regiment.

Not really a spiritual book, the following may yet offer some right indications if you are sometimes unhappy with the political status quo on the planet (this one). Could you imagine a sane president of the USA, with the powers of an absolute monarch?

Well, John Dalmas could:

*The General's President*, Baen Books, ISBN 0-671-65384-9. 1988.

So, to end off:

May you, dear reader, enjoy, and **let there be spirit of play.**

□

## The Free Spirit

The original independent newsletter started in 1984 covers much of what is occurring in the independent field, including tech developments, legal suits, news, new age developments, etc

Published quarterly in the USA.

P.O Box 6772, Santa Rosa, CA 95406-0772

In Europe, contact Antony Phillips or Anne Donaldson, addresses back page.

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 Book News
 

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## Geoffrey Filbert's *Excalibur Revisited*

Reviewed by Leonard Dunn, England

The Editor has asked me to write an article on these processes to accompany a review of the book that doesn't take in this side of it<sup>1</sup>. May I say at the outset that I don't think that I am the one best suited to do it as my experience of running them is limited to just two people. Furthermore, I use them as an extremely valuable basis from which to work and not as a "standard tech". To me, standard tech has to be used on standard Pre Clears and if you are wondering what they are then so am I. Back in the "old days of scientology" PC's were treated on an entirely individual basis, in accordance with their individual needs. I was trained on this and still follow this practice.

### The Importance of Lower Levels

Filbert's contention is that the church has never run these adequately and has regarded the confidential Upper Levels as "the big ones". Many who have been so audited in the church have not attained the results that they hoped for with the Upper Levels. In consequence, the Lower Levels in Filbert are very wide reaching and comprehensive. In Level 0 – Communication – for example, there is one really excellent process that runs the Know to Mystery scale in conjunction with the expanded CDEI scale – 72 actions in all if the PC is capable of running "not know" and "know". These, he says, are only for really bright PCs. With the lady that I am running at the moment, the 72 produced quite fantastic results. We ran for hours on them with considerable gain every session. One important thing that Filbert emphasises is that the PC's knowings are always superior to prepared lists.

### Starting the case

Page 243 onwards describe how to start the case with six different types of PC's. For myself, I prefer to start with his use of Straight-wire – Page 271 – which starts with the command "Remember something". After this I go on to Life Repair. The other things that he advocates can be handled after this if necessary. I do agree with the church, not that I often do, that Dianetics should not be run until the PC is able to deal with the Whole Track. This is something that varies very considerably from PC to PC.

Most of his processes are repetitive questions on all four flows. What I have found to be workable with the two people I have run is to ask the question, get the answer, but not to repeat the question if any charge has shown up on the answer by virtue of a Tone Arm indication. When the charge has been cleaned, then I repeat the question. The charge may be something quite divergent from the question's subject – apparently – but I have found that when this charge is fully run, often taking quite a long time, then the connection to the question becomes apparent. This method may not work with all PC's but it has with the two that I have handled.

### Areas not touched by Filbert

In the Winter 1991 Issue of that excellent journal *The Free Spirit* the editor, Hank Levin, wrote an article on the use of the paranormal in auditing. This is something that I have found to be extremely helpful. One's intuition, or Theta Perception, is of very great importance if not running ex-

1 See IVy 6, page 24. Ed.

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 Book News
 

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actly by the book. It shows one what to run and how to run it for the individual case. For example, with my second PC she got nothing from the processes of "from where could you communicate to ...". She could comm from anywhere but by running the charge in regard to each topic it produced the desired results.

Apart from intuition I have, with this second PC, found that I have been greatly helped by presence of another being who appears in spirit form when needed. This has been very valuable in the use of two-way communication (2WC). As I was a worker in the Spiritualist churches prior to scientology, this was nothing new to me.

### The individuality of pc's

These two cases of mine couldn't have been more different. My first case was already Clear. If persons really are Clear it can be seen in the way that they handle their lives. Her handling of very severe problems with great ability made me think that she was already at this level and a check on the meter proved it to be the case. Later, I found that there was no charge on AA's 2 - 5 either. These had either been handled in another life or she had never had them.

There seems to be quite a number of people who have been cleaned up elsewhere but a certain amount of charge has accumulated in the subsequent lives, that has to be cleared up. She ran the lower levels staying mainly in current lifetime and ending with just a floating needle. This was the level at which she ran comfortably for her. Filbert advocates ignoring the FN's and going for cognitions. She has realised since that a solo re-run would be helpful to her.

### Cyclical auditing

I don't think that this concept was around when Filbert wrote his book but it seems to me to be of very great value. The PC runs at his own level and when at a higher level of awareness runs again those processes that are needed to give the re-

quired cognitions. The re-run can be done several times as the individual advances in outlook.

**CASE 2** This lady was quite the opposite of No. 1. On almost every process she would dig down for whole track material and handled things that normally wouldn't be considered at this level. On Grade 0, for example, she came up with whole track Tribunal incidents, located and keyed out implants and ran out the highly aberrative loss of the home universe. She has just completed Grade 1 and has run the Halver (see LRH *History of Man*) - and came up with an extremely heavy incident that required my spiritual helper to take charge. The result of running this was that she has gone Clear - and is acting like it.

### Special rundowns

**CASE 1** had done the lower levels and had been shown to be clean on the upper ones but her OCA graph was still low on several columns, notably Appreciative. She had had a great deal of invalidation in childhood and had been forced into Roman Catholicism when utterly opposed to it even as a small child. Remembering what LRH had said about admiration being the most sought after particle I worked out a rundown to cover admiration. Six hours on the first and second dynamics were enough and her next graph was at or over the top on all columns and with the resulting case gain and stability achieved by it.

**CASE 2** had a heavy problem in regard to money, it amounted to a heavy Present Time Problem but didn't respond to the usual methods of handling these. In fact, it turned up in nearly every process so I worked out the idea of using the processes that had produced the greatest gain - notably the Know to Mystery scale/CDEI Scale with money as the only terminal, in accordance with Filbert, but running each scale separately. Ran one or two other processes which produced great improvement. There has still been some charge, but heavily reduced. It will be interesting to see the effect that her going Clear will produce in this area.

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Book News

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**Positive thinking**

Neither Filbert nor LRH paid any attention to this. Those of you who are familiar with my views will know that I am greatly concerned with this area, and introduce it as a parallel study, and this has produced very great results with both of my cases.

**Upper, confidential levels**

These differ from those of LRH but as I have not run them yet I cannot offer any comments on them as to their workability. Two of my friends, however, are currently working on his highest level – exponential processing, which consists of 6,480 processes. Although they have only just started, one has done 100 of them, both are getting good results. One who has done the first part of Dianasis tells me that the processes that she had run there are very similar to Filbert.

To summarise, I have found the processes that I have used with my own variations as needed, have proved to be very workable.

α<sup>1</sup>

*Editorial Note: This book has not been printed and we understand that Geoffrey Filbert has no intention of printing. Therefore one can get it through an acquaintance who has a copy — possibly making your own copy.*

*Alternatively, contact the following, who are are making photocopies, in four volumes with a rudimentary index added, for \$60 + postage: airmail \$32 or surface \$15. Pay in US\$ (buy a check from a bank if you are not in USA):*

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What a lovely surprise to get IVy bouncing through the letter box now and then.

A message from the  
outside (ex) scn world!

***Theta!***

1 Leonard Dunn came into Scientology in 1952, and took the standard auditor training of the time (Called HPA, Hubbard Professional Auditor) in 1954/55. He has had little training since then: Solo auditor training and Hubbard Standard Dianetic Auditor. He worked as a librarian in North London, and did not do much auditing. He retired early, in 1972, and bought a house on the Isle of Wight (south coast of England, south of Southampton). He was interested in art, but did not have time to practice it when working. One of the early things he did when he moved to the Isle of Wight was to start an art society (and also teach himself to paint and sculpt). The art society continues to this day and from it he has drawn a handfull of preclears, who he audits at no charge, since his pension is adequate for his needs. He will be writing an article on the 1950's training he had and on the way he audits, which will probably come in the next number of IVy. Perhaps a lesson to learn from his experience is that you do not need lots of superlative training in order to audit and produce startling results. IVy Ed

## Book News

# ***The Gentle Art Of Interviewing And Interrogation***

by R.F.Royal and S.R.Schutt, Prentice-Hall, 1976.

A book review by Frank Gordon, USA<sup>1</sup>

There is an interesting parallel to the restim-destim cycle of auditing in this book.

The authors state: "There are only two physiological systems basically: those that deal with pain and pleasure .. Merely asking a question produces stress (p.146)

Also, "Sometimes prior to the relief of stress, one can induce stress. For example, 'I don't want you to be nervous about what I am going to say'". (p.147)

Then the stress is relieved: "A simple 'So what!' is the most powerful relief furnishing tool known to the interviewer/interrogator. 'You lied about your income tax. So what! Doesn't everybody?'"

"After furnishing relief, it is necessary to reestablish stress and re-relieve it a number of times so as to establish a pattern of psychological dependence ...(p. 148)

In this way a cycle is established. The interrogator first expresses empathy for a subject with stressful guilt feelings. He restimulates these: "Have

you ever stolen a cookie?" and relieves them: "So what? Hasn't everyone?" After a moment of relief, he then re-applies the stress, and releases it. Thus the subject comes to depend upon the interrogator for stress relief. The authors call this a "conditioned reflex", and a major aim is to establish this. The byproduct of this cycle is information.

The authors point out the danger of "over-conditioning" (an over-dependence upon the interrogator for stress relief) and resulting false confessions. They also emphasize the moral obligation to assist the self-incriminated subject in adjusting to the consequences of his confession.

The above pattern is interesting as a parallel to the restimulation - destimulation cycle of auditing and any situation where a person becomes dependent and "reactive" to others or the environment; and may very well apply to the PTS-SP relation. E.g., can one get into a PTS-SP relation without such a prior dependance having been established? This aspect of PTSness, to my knowledge, has not been explored.

□

## **Death**

The value of death is not small since without death man would still be an alga in the sea, without death man would be forced to live in a body which no longer fitted the environment. *Handbook for Preclears* by L. Ron Hubbard.

1 From Frank Gordon's *Terra Incognita. A Collection of Scientological Essays*, manuscript edition 1988

## Four Points to the Triangle

By Terry E. Scott, England

LRH's discovery of Affinity, Reality, Communication (ARC) was brilliant and valuable. He also found that a product of ARC is Understanding.

Today, we can add further data.

Although Theta, in truth, has no divisions, it has created games and universes through conception and manifestation of sub-divisions. These include duality, which can be expressed in many ways — such as creator and perceiver, originator and responder and, important here, intention and understanding.

In terms of the ARC triangle, A, R, C are three components, and there is a fourth. It is Intention, when the yang (male, creative) side of the duality is involved; Understanding or, more accurately, Duplication when yin (female, responsive and receptive) is emphasised.

We end up with IARC, Intention, Affinity (emotion and admiration), Actualities, Reach (communication), plus UARC, Understanding (duplication), Affinity (aesthetics, emotion), reality (agreement), communication (and thought as distinct from thinkingness).

### Astrology

These data have long been extant in astrology, where they are known in vague form as fire (intention/duplication), earth (reality), air (communication), water (affinity). It takes a knowledge of the Tech to really sort out astrology.

Theta is One. It can consider itself to be dualities — such as Cause (yang, manifesting as masculinity on a mest level) and Receipt point, responder (yin, feminine spiritual qualities). The duality then is expressed in terms of four aspects: IARC and UARC. Since I and U are aspects of knowingness, one could say KARC.

In universes, there are levels of manifestation. Theta can also express KARC as product: energy, space, matter and time, respectively.

Theta is Three ... Beingness (as identity), doingness, havingness. These, too, are found in astrology, as Cardinal, Mutable and Fixed. Be-Do-Have are the tools by which the thetan runs a game, and also work out as create (start), maintain (change), complete (stop).

By deciding to continue a moment in the ever-changing present, goal and game are begun. Otherwise, one would have "Walked on" in the present, moment by moment: continuous as-is-ness, without altering any moment to create a goal.

### Identity

Astrologically, invoking be-do-have creates an identity (seen in the horoscope) and, if it is a game of being-human, a lifetime.

The point of such be-do-have can be a specific goal. Or it can be a state of havingness that offers a benefit. One could say that the MEST universe is a continuing benefit and havingness, not an end goal.

A benefit can also be a continuing accumulation that, when in time its maximum capacity is reached, may be discharged. Like feeding mest electricity into a capacitor for several seconds, then discharging that energy through a tube, in a millisecond — as in an electronic flashgun for a camera.

KARC can be applied to the Tech broadly. For example, in relation to the trio processes, "Recall a time when you felt affinity for someone", "Recall a time that was really real", "Recall a time when you were in good communication with someone".

We can add the fourth component — something like: "Recall a time when you had clear intention"



+ "Recall a time when you understood". Or, as a single line: "Recall a time when you knew".

One can handle hung-up goals, purposes and benefits by locating the alter-is moment that gave them birth, running it simply. If the thing does not unmock, look for an earlier, similar alteration — same subject matter. This is not engram running, so look for an event containing alteration, initiation, intention, duplication as the vital factor(s).

Example: the antique vase the preclear cannot forget. He saw it on show, postulated "I must have that vase", worked extra hard to make the money needed, bought it, and was happy (havingness, benefit) until it was lost or damaged or became dust. For this preclear, the vase is an aesthetic on a chain of earlier/similar aesthetics.

The Tech we have inherited extends into much complexity of case, but the thetan is Simple in a grand sense. But the most powerful tech is a simplicity that can be applied remarkably low down in the case yet works powerfully at high levels.

### Case

Case is built upon goals and benefits concerning specific identities, which comprise particular beingness, doingness and havingness. The confusion of benefits and liabilities in identities individually and in series are the things to resolve in the preclear.

### Astrological connection

More on the astrology of all this — and, to avoid misunderstandings, either look up the terms I shall use in a good basic book on astrology (otherwise this article would stretch on somewhat) or skip the next few paragraphs altogether.

The three inner planets can be associated with beingness, Sun stands for viewpoints and intention/understanding, and astrologically is of the element Fire. Mercury represents communication, reach, thinkingness, connectedness (thus logic), and can be linked with the element Air.

Venus symbolizes affinity, emotion, aesthetics, and its element is Water. And Earth, the one the astrologers overlook, stands for reality, actuality, agreement — element earth (coincidentally).

The next set of planets are Mars, "Aster" (in this system, just the asteroids), Jupiter, Saturn — associated respectively with intention/understanding, communication, affinity, reality, but this time in terms of doingness. Then come the "havingness planets", Uranus (I/U), Neptune (C), Pluto (A), and a hypothetical "Zee" (R).

The level one can call real astrology is an interface between theta and mest, a sort of parapsysics. I have been studying it for 35 years, and it is a long way from the sort of rubbish one gets in newspapers and women's magazines.

□

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AAP



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# Answer to Letter

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## To Elly Poortenaar

From Otto.J.Roos, Holland

Concerning your queries in IVy 6 [page 20] I hope the enclosed notes [see next page] concerning the Org Board may be of assistance to your grasp of the Factors.

Before its original publication LRH mentioned the coming Org Board and what it entailed on several occasions. These talks made it so clear to me that all the Policy I had studied over the years suddenly fell into place.

The Org Board also represents the ideal scene of terminals and lines when handling particles, using energy in space through time; i.e. the process of *doing*, from which the word *Factor* is derived.

If you also study Webster's for the *full* meaning of the words "light" and "shine" (which contains the dichotomy "light-shadow", i.e. the arising of awareness via *differentiation* of particles perceived), the appearance of the word "light" (and thus "darkness") may become clearer.

Concerning your second question, about the research behind the OT2 platens, it is not fully clear to me what exactly you want to know.

The initial OT2 research was done by LRH from approx. mid 1965 [started at Saint Hill, Ed.], which work was accompanied and continued by a few Class VII (in those days the highest classed) research auditors. John McMaster, then Qual Sec SHUK, was the first in SH itself. I, then Qual Case Officer SH, was involved in this work from its start and continued it, as the only Class VII there, under LRH direct in Las Palmas during the early beginning of the Sea Org.

It was very tough work as, without our knowing it, we (including LRH) ran it back to front as it came up. I ran all of OT2 three times from the top down before we had it right, after which I ran all of it twice right way too.

Some of the platens stemmed from the Goals research days of

the 60's some of them were developed, reviewed, then re-reviewed, etc., as research went along. Some of the platens, like e.g. the Treasure GPM, came from direct research in the physical universe. The exact composition of this last example was tested via an OT Mission LRH sent me on with a pc and another person. We scouted for treasure in Western Ireland, E-meter testing location and platen on this pc who had been found to be hung up in that location and incident, and who gave some of the contents of the platens when being made to confront the old location.

Not all platens were arrived at in this drastic manner, but this may give you an idea as to the sources of the contents of this fabulous level.

I hope this helps you find the answers you want.

All the best,

Otto J. Roos, Holland



(last part of Ottos letter:)

### Org Board Plus Factors

#### *DIVISION 7 — EXECUTIVE DIVISION*

Awareness Characteristics:

Source  
Existence  
Conditions

Before the beginning was a Cause and the entire purpose of the Cause was the creation of effect.

In the beginning and forever is the decision and the decision is *To be*.

#### *DIVISION 1 — COMMUNICA- TIONS*

Awareness Characteristics:

Recognition  
Communication  
Perception

The first action of beingness is to assume a viewpoint.

The second action of beingness is to extend from the viewpoint, points to view, which are dimension points.

Thus there is space created, for the definition of space is: viewpoints of dimension.

#### *DIVISION 2 — DISSEMINA- TION*

Awareness Characteristics:

Orientation  
Understanding  
Enlightenment

And the purpose of a dimension point is space and a point of view.

The action of a dimension point is reaching and withdrawing.

And from the viewpoint to the dimension points there are connection and interchange. Thus new dimension points are made. Thus there is communication. And thus there is light.

#### *DIVISION 3 — TREASURY*

Awareness Characteristics:

Energy  
Adjustment  
Body

And thus there is energy.

And thus there is life.

But there are other viewpoints, and these viewpoints outthrust points to view.

And there comes about an interchange amongst viewpoints; but the interchange is never otherwise than in terms of exchanging dimension points.

#### *DIVISION 4 — TECHNICAL*

Awareness Characteristics:

Prediction  
Activity  
Production

The dimension points can be moved by the viewpoint, for the viewpoint, in addition to creative ability and consideration, possesses volition and potential independence of action, and the viewpoint, viewing dimension points, can change in relation to its own or other dimension points or viewpoints. Thus come about all the fundamentals there are to motion.

The dimension points are, each and every one, whether large or small, solid. And they are solid solely because the viewpoints say they are solid.

Many dimension points combine into larger gases, fluids or solids. Thus there is matter. But the most valued point is admiration, and admiration is so strong its absence alone permits persistence.

#### *DIVISION 5 — QUALIFICA- TIONS*

Awareness Characteristics:

Result  
Correction  
Ability

The dimension point can be different from other dimension points, and thus can possess an individual quality. And many dimension points can possess a similar quality, and others can possess a similar quality unto themselves. Thus comes about the quality of classes of matter.

The viewpoint can combine dimension points into forms, and the forms can be simple or complex, and can be at different distances from the viewpoints, and so there can be combinations of form. And the forms are capable of motion, and the viewpoints are capable of motion, and so there can be motion of forms.

And the opinion of the viewpoint regulates the considerations of the forms, their stillness or their motion, and these considerations consist of assignment of beauty or ugliness to the forms, and these considerations alone are art.

#### *DIVISION 6 — DISTRIBU- TION*

Awareness Characteristics:

Purposes  
Clearing  
Realization

It is the opinion of the viewpoints that some of these forms should endure. Thus there is survival.

And the viewpoint can never perish; but the form can perish.

And the many viewpoints, interacting, become dependent upon one another's forms and do not choose to distinguish completely the ownership of dimension points, and so comes about a dependency upon the dimension points, and upon the other viewpoints.

From this comes a consistency of viewpoints of the interaction of dimension points, and this, regulated, is *Time*.

And there are universes.



# FOUR BOOKS

By Pamela Kemp and Raymond Kemp

## ***You Live As You Think***

*You Live as you Think* is not just another self-help book, it is a pattern for thinking and living that can change your life. It offers a new understanding of ourselves and those with whom we interact. This book provides tools to eliminate all unwanted problems and release us from the downward spiral of unhappiness.

Here are easy to follow instructions, a method to work out mental processes, and solutions to think our way out of the unhappiness in which we so often find ourselves.

## ***Handbook of the Gods***

**Is it fact or fiction?** This is a book that can be read at many levels. At first sight, it seems to be a simple little whimsy, but as you read on, you wonder.

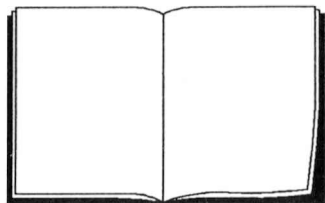
The Author has been asked by many readers to explain how this book came into being. Mormons have phoned to ask where the Gold Plates were found, and several people want to know what happened to the mysterious visitor. But everyone who

has read the book, has a favorite saying taken from the last half of the Handbook.

## ***The Magic in a Child's Eye***

Subtitled 'Letters from Nana' (Pamela has three grandchildren), this delightful collection of 'letters' explains in simple terms and with references that any child can understand just what is expected of them as they grow and expand.

Ranging in subjects from: What is a Problem? through Integrity Control and Responsibility for self and others, this is a book that can be read by young children or to young children by a parent, and both will gain insight.



*All four of these books are available in English, some in German and Danish. They are priced soft cover at \$25.00 each, or equivalent currency plus postage and packing.*

## ***Management Without Ulcers***

Whether you are in business for yourself, or just trying to manage Life itself, this book is for you.

Used by International Management Consultants, as a handbook for creating an organization, it is currently being translated into German for use in the newly freed countries of Eastern Europe.

Much of the data found here is being applied in the US Navy under the heading of Total Quality Leadership.

TQL and TQM (Total Quality Management) is the future. *Management without Ulcers* explains it.

*Danish edition ... Handbook of the Gods, 120Dkr, 100 Dkr. to members: Akademit for Levende Filosofi Kristineberg 3C, 4 sal DK-2100 København Ø*

*German edition ... Michael Zippel Leibnizstrasse 17 D-1000 Berlin 12*

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