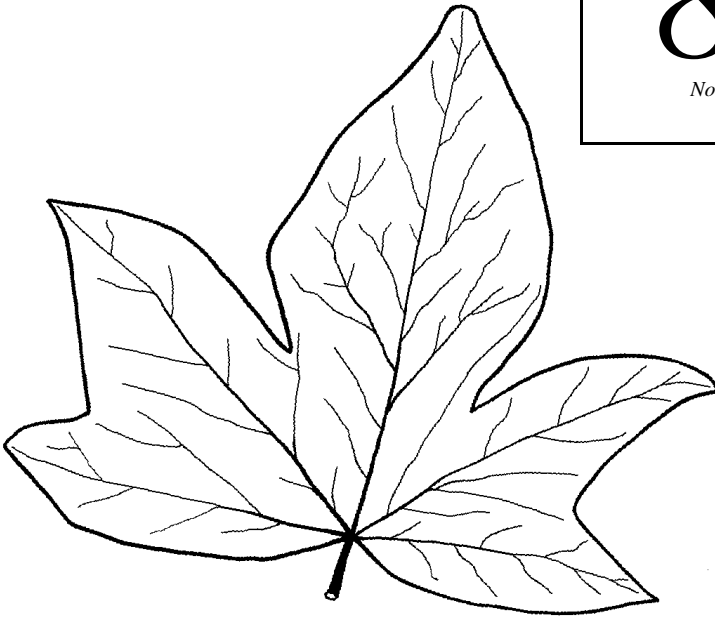


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International Viewpoints [Lyngby]

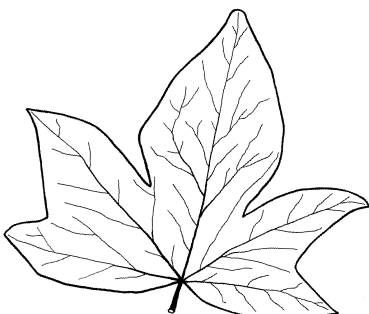


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IVy

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International Viewpoints is independent of any group or organization.

IVy's aim:

The aim of *International Viewpoints* is to relay communication amongst those interested in the positive use of MetaScientology. MetaScientology is defined as the many branches, groups and individuals arising from Scientology, including Nordenholz' book *Scientologie: Wissenschaft von der Beschaffenheit und der Tauglichkeit des Wissens* from 1934, what became the Church of Scientology, and the many groups which arose, especially since 1980. We have no connection with official Scientology, and wish none.

International Viewpoints deals with this large area, and we aim to promote communication within this field. We relay many viewpoints, sometimes opposing!



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You can write to any living IVy author. Just send your letter to either ivy@post8.tele.dk or IVy, Jernbanevej 3f, 4th, 2800 Lyngby, Denmark

This is the last IVy for 2007, if you want IVy in 2008, we humbly, non-violently and without any hard sell suggest you send your subscription to your distributor if you have not yet done so.

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Rudiments and Model Session, Part One

by Jack Horner

[This article has been adapted from a copyrighted lecture given by Jack Horner to students of Educativism on November 16, 1974, in Los Angeles, California.]

Rudiments are what is necessary to maintain a sufficient degree of communication and reality, and affinity between two people working together in a session to get a job done. A model session is an exemplary session of what generally has to be there. We teach you, as a student, how to do a model session, so that you have that as a standard to work from, and you can either use it or not, or any part of it or not, depending upon the person you're working with and the state he or she is in at the time. It does contain those components which are common denominators to most session situations.

Two people working together in a session are divided between the educator¹ and the eductee², hopefully. If you get two educators in a session it doesn't work very well. If you get two eductees in a session, it doesn't work very well. You need an educator and an eductee, not two educators or two eductees.

A session is composed of many things, but it generally has that which is necessary to make a session function, followed by the processes or procedures used in that session to bring about some kind of predicted result, or some gain or series of successes or wins on the part of the person being processed. That's followed by tying up all the loose ends and making sure everything is all right before you quit. And then you get to where we say, "The session is completed", so you can quit processing and be friends again. That's an old joke, "Is it all right if I complete this session so we can be friends again?" Some

educators or auditors who are not well-oriented or conditioned, or have not trained themselves well, sometimes can get themselves feeling kind of snarlish inside, and glad to end the session! But that tells us that there's something wrong and something out in that case.

With the proper use and training in our basic exercises you should be able to be yourself while educating, so that you don't have to wear some specialized role to be an educator. Sometimes people take on a different beingness, and become someone different as an educator. Make it yours and express it as part of yourself, or an expression of yourself.

Our basic exercises include the component parts of processing that a person has to learn in order to do it well, skillfully, and in a polished manner. The bulletins on this are reissued from time to time as we find better ways of doing something, or a way to improve the standard on which we're working. The model session bulletin we now use was last revised August 1, 1973³, so it has remained pretty constant. There are different model session bulletins for different situations, but if you include everything that is in this August 1, 1973 model session in a session, you seldom will go wrong. I'm going to cover some of the things you need to know about these rudiments and this model session to make it work well for you.

Beginning the session

Sometimes it's difficult to say that the session has begun, because for the guy it began the moment he started thinking about coming to where he was going to get the session. The minute he sees you he starts talking about what has

1 Counsellor, practitioner.

2 Client.

3 This is not a Church of Scientology Bulletin.

happened since the last session, and he can go on and on about it. It's almost rude to take him by the shirt collar and say, "Okay, the session has begun". Because it already has. But when you get a chance you can say, "Please notice the session's begun", and go right on. But this is a very primary point: You should establish a beginning and an end of session activity so that he differentiates session time from other-than-session time.

To some degree this does keep a person from being in session when he's not. Many practices do not include ending or completing their activity, so that for the person who is undergoing counseling or spiritual help, or even psychotherapy, analysis, or something like that, quite often the person doing the work doesn't bother to say they're done. Maybe he doesn't even bother to say the time is up. Maybe he just walks out of the room. You may have observed people who will tell you all about what happened in their last session. They go on and on, and they're still in session. So begin and complete your session activities.

Establishing communication

You say, "The session has begun", and the next thing is the question, "Is there anything you'd like to ask or say?" Now that's a formal wording we have you learn. But you can say, "Is there anything you want to tell me?" "Is there anything on your mind?" "Is there anything you want to communicate to me?"

Sometimes the guy has a question about what you're doing or have been doing or are going to do. It might not occur to him he has a question because you didn't ask him. Often between sessions a person has things occur to him that he intends to tell you about or ask you about in the next session. So that question is designed as a reminder. "Is there anything you want to ask or say?" "Are there any questions you've got?" "Is there anything you want to tell me?"

He might have a question. Or he might have had a realization between sessions that he wants to share with you. So it's simple. Whatever he asks, if possible you answer it. Whatever he wants to tell you, you acknowledge it. If he's had a series of wins or successes or gains or benefits, you validate it, with a validating acknowledgment. "Great!" "Wow, good!" One of

the more current acknowledgments seems to be the very meaningful, "Far out!" I think if the realization had reached deeply, you could say, "Far in!" So it's simple, "The session's begun. Is there anything you want to ask or say?"

I would suggest that if you're using a meter, in your peripheral vision you watch the needle. You ask him if there's anything he wants to ask or say and he says, "No". If there's a big read, that indicates that there might be something there that he's not expressing. If so, you *educate* it, which means you bring it out. The word "*educate*" means to bring out, to lead forth. It also means to drag out, if necessary. Now we don't yet have a basic exercise in which the educator puts both feet on the chest of the educatee, and has a mind pincer, like a big pair of pliers that he sticks into the brains of the educatee and pulls it out. But in a figurative sense, to *educate* is to bring it forth. The educator does what's necessary to bring it forth.

Session goals

So, what's next? Let's say there is nothing particularly on his mind at this point. If there was something on his mind he didn't express, you don't have to get it at this point, because you'll pick it up in the rudiments. It's just something to note. The next question is, "What would you like to accomplish in this session?"

We do not ordinarily use the word "goal" because for some reason the word "goal" triggers and restimulates a lot of other failed goals, failed purposes, failed intentions, failed determinations, failed desires, and failure in general. We have found it works better not to use the word "goal" and instead ask, "What would you like to accomplish in this session?" You get the person's level of responsibility. He may say, "Well you're the professional. It's up to you. That's what I'm paying you for". You can either handle that and get him to be willing to set up things to accomplish in the session at that point, or you can just simply acknowledge it and set what you want him to accomplish in this session. Now a person who's never had a session hasn't any idea what could be accomplished, so the question could be kind of meaningless to him. But as he gains some experience in sessions, he begins to get some ideas of what can be accomplished and what he'd like to accomplish.

If he gives you something negative, like not to feel so guilty, you might ask, "If you were not going to feel so guilty, what would you feel? What is it you want to feel instead of guilty?" So if he gives you a negative goal, to get rid of something, try to have him state his purpose, or his accomplishment in terms of what he would like to get instead.

Often if someone has an unpleasant sensation, he's so concerned with not feeling it that he doesn't really have in mind what would be there if the unpleasant sensation were gone, other than it's gone. If you have the guy focus on a positive accomplishment, he then tends to visualize what it is he wants instead of continuing to put his attention on visualizing or programming what it is he doesn't want.

When you think of things mentally and continue to create them mentally, that's what the body tends to duplicate. So it's a wise idea, when possible, to get your eductee to visualize what it is he wants as an end result. If possible. Now these things have to be used with judgement. A person may have a problem that prevents him from even thinking about anything else. He's too much concerned with that and he needs to get that handled before he can even consider what it would be like to be without it, so it's a question of degree.

Generally speaking, the undesirable, unpleasant, or bad areas that a person wants handled in processing are insufficiently understood and identified, they're sufficiently mis-owned and misidentified and confused that he doesn't really know what they're all about anyway, which is why he has them. Quite often his knowledge of the mind, and his knowledge of himself, and his knowledge of his relationship between himself and his mind is so inadequate that he really doesn't begin to know how far he can go in a session. He has no idea of the reaches to which he can aspire, because his knowledge of himself and the mind is actually rather short.

Technical robots

We could teach you formulas and teach you to be nice little technical robots that would do everything exactly according to the bulletin, and God help you if it doesn't go according to the bulletin, and then it's all your fault if it doesn't work. But processing is a life activity. It's two people working together, combining their

mutual creativeness and life force to accomplish a goal that one of them wants to accomplish, and in a sense both of them want to accomplish. That much extra energy makes it easier than one person generating that energy alone. The person being processed who gets into something knows it's safe to get into something because no matter how bad it is the other person sitting over there will help him on through it or out of it.

"What would you like to accomplish in this session?" If this is his first session he may want to accomplish knowing what a session is like. But if he's had a lot of hours of processing and you ask him what he'd like to accomplish and he says, "To get through this session somehow", well this would imply there's less than complete rapport between you. This tells you that some of the following rudiments need to be dealt with.

Rudiments

Rudiments are those rudimentary actions that are necessary to the accomplishment and conduct of a session. If a person's attention is on something, then that attention is not available for other purposes, unless the person can take his attention off of it. These next three rudiments, which have to do with upsets (being what we call ARC breaks), present time problems, or withholds, these three factors can prevent a person from making good progress in a session.

If his attention is hung up on some kind of a misunderstanding between himself and someone else he knows, or a group, that attention on the misunderstanding can keep him from putting his attention effectively on working well with a process. If he has a present time problem that so concerns him, for example if he hasn't eaten for six days, his stomach is probably going to be raising too much Cain, or his body is going to be so in need, that he won't be able to take his attention off of his body sufficiently to put his attention on what it is you're trying to accomplish in the session.

If he has something that he's afraid you're going to find out about him, then he's going to hold onto it and have his attention on that to make sure he doesn't accidentally let it slip out, while he holds it up like a neon light saying, "You mustn't know I'm thinking about this". Nonethe-

less that holds his attention from being in the session.

That's why these particular things are in there. When these particular rudiments are out, sessions don't work well. What is a session? It's where two people are working together to accomplish common purposes and aims and goals with some hope of accomplishing them. It's two people working together. And these are factors which can keep out that togetherness.

You could make the rudiments such a mystique that they'd be a mistake. You could do nothing but process rudiments. However, these three factors, ARC breaks and misunderstandings, present time problems, and what we call withholds or missed withholds, are themselves the three main common denominators that not only keep a person from functioning well in a session, but functioning well in life. And if somebody you've been relating to has been looking at you and has had good rapport with you, and you look at them and they look away from you, and turn their head, or squint at you, or put on their dark glasses when they see you, you can suspect that a rudiment may be out between you.

Upsets

The first rudiment question is, "Is there an upset?" There are lots of ways of asking whether there is an upset, but it still boils down to that. "Is something bothering you?" "Are you upset?" "Is there an upset?" Sometimes the guy's so literal he'll say, "Yes, there are several million of them on the planet right now". Then you have to be more explicit: "Do you have an upset?" What's an upset? "Is there something bothering you?" "Is there a present time problem?" "Is there something bugging you?"

The most important rudiment is between you and the eductee. If he's in good communication with you then most everything else will work well. But sometimes he's so upset about the fight he had with his boss, his wife, or she had with her husband, or whatever, that that has to be handled to some degree first.

I implied that an upset is the same as a present time problem. It can be for example, if the person is so upset about the loss of his pet dog that all he can do is think about his pet dog, that's an upset, but it's also a present time problem,

because maybe the dog hasn't been buried yet. So these things are sometimes interrelated.

But the upsets are usually misunderstandings, or misunderstandings, or points of confusion, things that bother you about somebody else. A break in reality, a break in affinity, a sudden break, particularly, in reality, a sudden break in affinity, and a sudden break in communication. You've had a very wonderful loving relationship with someone for several months, and it has been really great. You call the person up to say something to them, and they say, "I don't want to talk to you ever again, you son of a bitch". Clunk. That could possibly be disturbing if you had never had any slightest implication of a disagreement between you.

Of course if you as a human being could get along that fantastically for several months with somebody, you're probably in pretty good shape anyway. But nonetheless it could be startling. A sudden shift of communication, a sudden shift of reality, a sudden shift in likingness or affinity can bring about an upset. A sudden loss of someone can bring about an upset. An unexpected loss.

Positive upsets

In a sense you also have positive upsets, by the way, a sudden wonderful gain you didn't expect. It's like our friend Stu here suddenly finding out that he just won a lottery from one of the Arabian countries and he has just been given three oil wells and a harem of 15 women. Now it's possible that might be a sudden positive gain from his point of view, though not necessarily from anyone else's point of view. [Stu's response: "Keeps things well-lubricated!" (Rest of audience groans).] It might assist you to be a "slippery customer". In any event, that kind of upset is not usually in the way of a session, except the person wants to tell you about it. That's probably one of the things he'll tell you when you ask, "Is there anything you want to ask or say?"

But with the question "Is there an upset?" you're after, "Are you upset about anybody in your life? Anybody upset with you?" Something that would keep his attention from being in the session. Now we have a whole class of processing that deals with handling your emotional upsets. That's Class 5. But at this point we're not after handling all of Class 5 or clearing a person

on Class 5, or releasing him on Class 5 as such. We're only concerned with doing whatever actions are necessary to get the guy so that upset isn't in the way of doing the session. This is a hard point for new people learning this subject, because they want to completely resolve all upsets forever on the person they're processing instead of just resolving this particular upset for now so the person can put his attention on the process they're going to use in the session.

Determining an upset

How do you determine the presence of an upset? There are lots of ways: the meter, and the guy's responses. His indicators, his responses to you. You look at him and you say, "Is there an upset?" He smiles and says, "No, everything's great". Or you look at him and he says, "No", and laughs nervously. Be suspicious.

"Is there an upset?" He says, "No, let's get on with the session". There may be an upset; there may not. It may be something else; it may be another factor. Sometimes you can cause an upset by trying to put one there when there isn't one. The guy happens to know that in this session you are going to deal with a particular thing he really wants to work on, and these rudiments are getting in his way of getting started on all of that. So the longer you spend on the rudiments the more upset he gets because he wants to get on with the job. He's got a protest to all of this introductory stuff because he wants to start the process.

You can ask, "Is this protest?" "You're damn right, it is". Usually if you ask if something is a protest you get an immediate response if it is. "You're damn right it's protest. I want to get on with the process". "Okay, then let's just rapidly do this. You got this, this, or this?" "No". "That's fine. Okay, let's go on with it". Is the guy able to work with you and do what you've planned in this session? If he's able to do that, you've got a session.

Okay, let's say the person says, "Yes, there is an upset". Well, in that case you identify the upset sufficiently, with various techniques you've learned here, in order to get it keyed out. You ask the question again, and if that meter's clean, and the guy's smiling, and has good indicators physically, you go right on. How long does that take? Well, I spent 20 minutes here

talking about something that probably can take as little as two or three minutes. On the other hand sometimes you might devote a whole session to getting that one rudiment in because that's the thing that keeps him from being sessionable.

Present time problem

The next rudiment question is, "Is there a present time problem?" "Yes, this can is putting 110 volts through my body. Can we do something about it?" Now that could be a present time problem. It could keep him from putting his attention on the session. That's a present time problem.

By the way, you will occasionally, very rarely, find somebody who is holding one of these cans that puts about a quarter of a volt or something through the body, who triggers some old pictures, and he'll actually feel electric shocks. It has nothing to do with what's going through that can. It's his own energy. But that could be a present time problem. What is a present time problem? It's a problem that exists right now, in present time. It usually has pressure on it, a pressure to be solved. The word "time" has a lot to do with a present time problem.

Have you ever been in bed and had one of your toes or one of your feet cramp up? If you've had that experience, that was, at that time, a present time problem. No matter what else you may have been trying to do at the time. (If you were reading a book, for example.) Or, you've been offered a superb job, provided you can get to downtown Los Angeles in 9 minutes. That could be a present time problem, assuming you want the job.

Usually a present time problem that bothers someone is something they want that they don't have and there's some urgency about getting it. Or they've got something they don't want, and there's some urgency about getting rid of it. So there are varying kinds of present time problems.

Fixed attention

I'll give you an interesting approach to that. You say, "Is there a present time problem?" The guy says, "Yeah, getting that situation with my brother straightened out". "Oh, where is your brother?" "He's in Melbourne, Australia". "I see, okay. Is there any way that this situation can be

straightened out today at this moment with your brother no matter what occurred?" "Well, no". "Is it a problem in this room right now at this specific second where you're sitting, is it a problem to you?" "Well, no". He carries the problem with him and makes it so solid that it is a present time problem even when there's no hope of solution at that time. It's only a present time problem because his attention is fixed on it. It's not necessarily that it's solvable or insolvable.

Generally, you say, "Is there a present time problem?" He might say, "Yes, I forgot to put money in my parking meter, and I don't want to pay ten dollars for a ticket". You say, "Great, shall we take a break so you can take care of that?" That's a Q & A. If the person's afraid that they forgot to turn off the engine of their car, or forgot to turn off the iron at home or something, if their attention's on that, that's really present time. If possible you do what's necessary so they can take their attention off of that so they can be here working with you.

Did you ever make love to somebody who was busy thinking about how to move the furniture, or going to the beach tomorrow, or what kind of a new car to buy, while their body was apparently making love to you, and you wondered why they seemed to be a little bit distracted? You may have had a blow to your ego, maybe not. You kiss someone passionately and they suddenly look up and say, "I wonder if those blueberries are still on sale?" If nothing else, it's a lack of tact. There are some times when judgement would require withholds.

Handling the present time problem

So what do we do ordinarily when there is a present time problem? We say, "What's the problem?" And the guy tells us what he thinks the problem is. Half the time a problem is a problem because the person hasn't clearly delineated it in his mind, and by being able to state exactly what the problem is, generally, being sufficiently identified, it ceases to be a problem, in the sense of being undesirable, or in the sense of being something that's going to fix his attention.

If necessary we do a little process. "What's the problem?" "Whether the cat's going to get enough to eat". "Good. How have you tried to

handle it?" "Well, I bought enough cat food, but I'm just not sure whether the maid's going to feed the cat or not". "Good. What's the problem?" "Well, the problem is whether to get my car painted next week". You think, "Huh?" Well, you're trying to be logical with something that's not particularly rational. If that process is working well the problem will constantly change. If he's correctly identifying pieces he'll keep giving you the problem but it's stated in slightly different ways, or even very different ways, and the thing will keep changing, which is exactly what you want to have happen. Usually what finally does occur is, you say, "What's the problem?" And he looks around and can't find it. You have to be smart enough as the educator at that point to say, "Is there a problem right now?" "No!" "Great". Now don't give him a chance to dig up some more! Get on with the job!

Problems vs. "difficulties"

Very occasionally you will find someone who has handled the problem of problems by refusing to use the word "problems", and calling them something else. You ask whether he has a present time problem and he says no, because that's not what he calls them now. Problems are too much to bother with, so he calls them something else. So sometimes you have to find out what that something else is. Those aren't problems, those are just "difficulties". You can either get him to redefine, or you can use his terminology. It's easier usually to use his terminology, so you say, "Do you have a present time difficulty?" "Well, now that you mention it".

There's an important little realization that sometimes occurs rather early. You ask him, "What's the problem?" He tells you what the problem is, and you ask, "How have you tried to solve that problem?" He says, "I haven't tried to solve the problem". "Oh, is that how you tried to solve the problem?" He thinks about that for a moment, and says, "Yeah!" Because his solution to problems he really doesn't want to deal with is to not do anything, which is doing something. Not doing anything is a solution. If he starts to recognize that as one of his main means of handling things in life, you'll get a change of perspective, if nothing else.

So you say, "What's the problem?" He says, "I can't think of any more". "Okay, good. I'll check it on the meter to see if you overlooked anything.

Is there a present time problem? That's clean". And you go on. Or, "That read. What was it? That. What's the problem?" There's something else there he's not quite looking at, or doesn't quite have within his consciousness, so you have to have him make himself conscious of it. Certain questions of this kind trigger, or reactivate, or remind a person of things he didn't particularly have around. So we might as well handle those too, and take care of them.

Something I should know but don't?

The next thing is, "Is there something I should know about you but don't?" If a person is afraid that you're going to find out something about him, then you don't have the highest degree of rapport possible, because he's busy trying to keep you from finding out or is busy wondering if you're going to find out, or wondering if you know, or is scared to hell that you might find out, and then he feels sometimes that if you ever found that out you wouldn't want anything more to do with him, and you'll stop processing him, and he doesn't want to have that happen because he's getting good results, but if he tells you that, obviously you won't want anything more to do with him, so he'd better not tell you that. He's trying to get through the processing without telling you that because you'd quit processing him if he did.

You say that's nuts. Yes, it is. That's a good portion of some of the stuff we deal with, is stuff that's nuts. It's very logical, but it's crazy. For example a guy's trying to operate on some basic hidden (from himself) beliefs that, "I need money to be happy". "Money is the root of all evil". "Money is the source of all unhappiness". "I want to be happy". "People with money are never happy". "I can't be happy unless I've got money". And those are simultaneous considerations upon which he's operating, and he keeps all of those energized, and is trying to successfully operate on all of those standards at the same time, not to mention all the others that are probably connected to it. The end result is conflict and anxiety and other less than desirable states, ordinarily. Part of what the processes do is bring those forth so the guy could say, "That's ridiculous! I think I'll just use some of those considerations, or I'll throw them all away and start a new batch that seems to be consistent, that has some integrity".

"Is there something I should know about you but don't?" There are many variations to this question, and there is another bulletin called "Additional Rudiments" that has a whole list of extra questions of this kind that you can always throw in. I suggest you get coached on those additional rudiments so you can practice doing them and get them put away in your analytical toolbox so sometime when you're sitting down processing somebody you've got some other things to draw upon easily, unless you're pretty experienced and can just create the right question at that moment that fits that person at that moment, which is what we try to accomplish for you here, as part of your training.

(Continued in Part 2.)

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Editorial

Here is your last *IVy* for 2007, and we are already in action for your first in 2008. Enjoy this one, and remember that reader's letter either for publication (in the magazine or on the ivy-subscribers lists) are very welcome, for communication is good if it is two way.

You may have noticed that for a second time *IVy* is very late. That amount of "wrong time" is a bad indicator (a term used in Scientology auditing indicating that things maybe are not going correctly). We have noted this and already a few ideas are being aired for putting things straight. However, just to be on the safe side, though we are accepting subscriptions for 2008, we are not accepting subscriptions for 2009 (we usually give a discount for paying two years together).



We looked recently at a few back numbers of *IVy*. Looking through them the thought came as to why do we consider it important to keep sending out new *IVy*s, for the old ones have some very good articles in them. Your distributor will tell you how to get hold of them.



Post-mortem, IVy 80

By Pierre Ethier, Class XII, Canada

This originally appeared on the main IVy Subscribers List, Feb. 1, 2007, The list is open to all who have subscribed to IVy in the current year, to just read (receiving items by email) but also with the possibility to contribute.

I FOUND THE IVy 80 article (page 45) by Otto Roos interesting because it bore a striking resemblance to documents I had written a few years ago but never published nor imparted to him.

One of Hubbard's goals when making Class XIIs on the *Apollo* was to train people that would gain such an incomparable grasp and thorough understanding of the subject, that they would be capable of completely rewriting (correctly) from scratch the totality of Dianetics and Scientology.

The fact is that as true experts in a field like Scientology (we are both Flag trained and experienced Class XIIs) we independently reached identical conclusions. It is in my view a clear validation of that goal. (My apologies, if that may sound pretentious. I have no intention to seek any form of praise or admiration, though I would heartily acknowledge anyone who wishes to express such to me. I not only seek no glory, I despise it. My experience is that a full half of the people in history who got the highest contemporary praise, inevitably led their own group toward destruction).

Re "Life after the CoS" (page 8)

About Mike Goldstein's article series "Life After the CoS", I will place no judgement about Idenics, which is from my understanding, clearly not Scientology (in fact he stresses that Scientology auditors make the worst Idenics practitioners, which is in exact contrast to Scientology training). Comparing Idenics and NOTs is simply not a pertinent juxtaposition since their entire goals and approaches are different. It is more irrelevant to compare them than the proverbial comparing of apples with

oranges. It is actually more like comparing carrots with knives, or ships with tennis rackets. The author repeatedly makes uninformed judgements about Standard Tech, which only points to the fact that he does not understand what it is, (he never trained on it) and in all likelihood has been given false data on the subject. One of Hubbard definitions for "Standard Tech" is "Tech without any arbitrary". Hence, the introduction of rigid standards for those who violate both the auditor code and auditing comm. cycle (not to speak of the entire C/S Series which talks about paralleling and duplicating the pc's mind). It cannot possibly be called standard tech, no matter the insistence (or more accurately — the justifications) of a group of misguided auditors who are actively committing those mistakes. In fact each and everyone of the "failed cases" that he cites as examples of a failure of "standard tech" I'd say actually found themselves in such a state *because* standard tech was from all appearances simply not applied, in spite of uninformed or defensive claims to the contrary. In all cases but one, despite the extremely scant information provided, I was able to establish within minutes the most likely reasons for their apparent failure, and to even mentally draw an outline of a program that would deal with their cases head on, and in all probability stably solve them.

The article has prompted me to prepare one of my own for a forthcoming IVy, with the working title: "10 Myths about Standard Tech *Debunked*".

Response

Pat Carel, USA wrote on Feb. 1 2007:

Bonjour Pierre, Thank you so much for the information on Ron's goals for Class XIIs. It makes then a lot of sense that you would come to the same conclusions, so thanks for reminding me of how completely Ron could create something. He was amazing. Thanks also for duplicating and sharing with us. ☒

*Zen Scientology Series*¹: 5

Third Auditing Report

by Early Bird U.K.

Pc: John Damonte (about 55 years old)

Auditor: Early Bird

Total auditing time to date: 22 hours between February 13th and March 15th, 1959

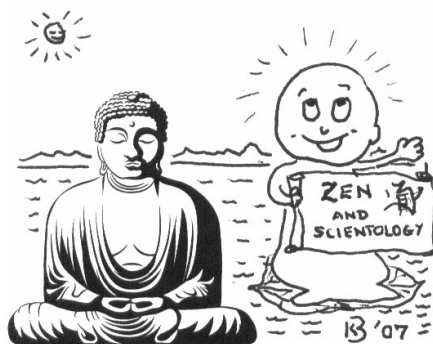
Session 1

13th February, 1959. 7.45 to 10.30 p.m. Total Hours: 2.75

We ran Factual Havingness for 45 minutes. The PC ran well and cognited well too. Subjective havingness was run with two two rounds of thoughts.

The Golden Ball process

With golden balls into the body — the PC got the balls steady and solid almost at once. They increased from the size of a tennis-ball, to a football, to 2 feet, 3 feet and 4 feet, doing 'in-out' on the corners of the room each time. At first, there was some difficulty in moving the first three sizes all 8 together. Then we carried on with 'in-out' at John's own determinism. His perception on the room, his awareness of mass, tactile and some visio, came up quite well. We did more subjective havingness, holding the ideas of 'have' 'continue' and 'could make vanish'. At first there was little effect, then it all went dark before clearing again. He took in the whole house, and spent quite some time increasing his attention span. During further rounds of holding the three havingness ideas, the PC per-



ceived the difference between rooms that were dark and those that were lit-up.

Switching awareness

We then switched the awareness 'on' and 'off', on 'the whole show'. There were no long communication lags and the PC reported the spanning of attention getting easier with more detail becoming apparent. We did this for 20 minutes, then he was asked to take in the adjoining two houses. Then after initial doubts, he increased his attention span well on to the rooms, the furniture and people, but reported difficulty with holding all that space, mass and detail. We started 'on-off' again and, working quickly, he found the spanning becoming easier, the awareness of mass becoming more homogeneous, and the detail becoming clearer in patches. We spent another twenty minutes on this.

1 The series has the following items.

"Basics" relates the basics of Scn. to those of other wisdom-traditions and shows Positive Gain Processing (Havingness) to obviate any "Bridge" (Negative Gain Processing split up into an apparently never-ending series of steps) to achieve real OT results fast, as Zen can do compared to other Buddhist practices. This is based on a description of the beginnings of an "Expansion of Consciousness" of a Hindu realized Master (Yogananda), reproduced and carried through to EP in auditing. (IVy 80 page 13)

"The Derivation of Zen Scientology" relates to Scn. technology developed already in the 1950's. (IVy 81, Page 12)

"Case Records" comprise extracts countersigned by 3 PCs run to E.P. in under 20 hours each in 1958/59, on Zen Scientology. Two of these are known for outstanding contributions to early Scientology in the UK (see also IVy 81 and 82).

Widening attention

He widened his attention span to bricks in the walls — first in his own house, then on to adjoining houses. He commented that he was seeing structure, rafters, pipe work, wiring and so on, in ‘phantom-views’. I got the PC doing ‘on-off’, on his own determinism this time. He carried on well with only short comm-lags. He reported the spanning becoming easier again, the total mass more solid, and more detail coming up.

Widening the search

We worked on more houses and a nearby apartment block, and then the whole street. The PC’s tendency to exteriorise from all that mass was checked by making him take in a chunk of ground 500 yards deep. He became interested in that, seeing the river Fleet underground with sewers emptying into it. He got lots of water around under this ground in rather loose soil. The clay was more solid lower down, then there was rock and human bones — all this with the commands ‘on and off’ on ‘the whole show’.

Picking a man

John picked a man at random and looked at his anchor-points. Getting this in response to a snap, he observed control centres that he identified as the man’s ‘chakras’. Then he looked at his own body and found it to be in much better shape than that of the man he’d looked at. After some more ‘on-off’ on the surroundings, we ended the session.

NOTE: The PC found this way of running factual havingness more effective than any he had run before.

Session 2

15th, February, 1959, 7 to 10pm, bringing the total to 5.75 hrs.

Golden balls again

We ran, ‘Golden balls in 8 corners of the room’. ‘In-out’ on the PC’s own determinism, occasionally pushing them into the body and going up from football size to 4 feet in diameter. We carried on with this until the PC could put them all ‘in’ simultaneously, then put them ‘out’ quite fast, without effort and by simply using postulates.

(Note: Starting on the E-meter at about male clear and 3.5 sensitivity, he dropped to below

female clear and stayed there throughout the session with the exception of one drop. He ran well nonetheless.)

More detail

We spanned attention on to the walls without reality on single bricks at this stage, but with detail on books, on different kinds of wood, layers of paint, and on the resin of the wood. He got printing on pages of the books, on different depths of print with different qualities of paper and types of printing. We took about 30 minutes over this with lots of two-way comm and spanning attention on a gradient scale.

When checking to see how far spanning would go without ‘on-off’, he went to further detail. He got the five plywood of a card-table, the structure of various textiles, and the ebony inlay in charts. He got the quality of polish on parquet flooring, the mastic between the blocks, and wood not seasoned enough in places. He saw a metal lamp stand with coarse grained cast iron rods, wires of finer grained aluminium and lamp glass of poor quality.

Sound Vibration

With air-molecules moving fast, John watched the oscillation created by the sound of voices. He watched air in a lit bulb, and the glowing element and the regularity of the metal structure of the tungsten filament. He saw a glow on the outside only, with the inside dark. While viewing single bricks in the walls, and grains of mortar and then the whole house, he noted wet spots in the timbers of the roof. He had no trouble getting any detail.

Then Atoms

Switching on to atoms in the air, he observed various things about hazy, circling particles. All sorts of different types of atoms were seen in walls and furniture. Molecules of H₂O were seen with their chemical valences visible. He described this as being co-existent — nearly in same space with an Oxygen atom having one Hydrogen atom on each side. He saw that water was by far the most prevalent material on Earth, particularly in the upper layers.

Expansion

He expanded over several houses with no trouble. He got houses, rooms, sewers, trees, grass and rats and mice. The trees were mostly

in their winter state, with their sap just in the roots. Some fully active bushes had sap all through. Pot plants were fully active too. There was a lot of life around. He saw insects, cocoons and spiders, flies and eggs; and hares on Hampstead Heath. At this stage, I started him doing 'on-off' on his own determinism. He ran easily and expanded widely. I always had him take in depths of ground, with water both diffused and in streams, and the earth more solid below.

Earth

He then took a bird's eye view of England, getting into depth, and expanded through the Earth. He counted eight layers of various consistencies of which the third one — a volcanic layer — was in contact with the surface crust. The layers became denser towards the centre, with the core extremely dense. All of this occurred with 'on-off' on his own determinism. He found the North Pole very beautiful and remarked that it was not all water. There was some land under the ice-cap. There were some ruins in the Atlantic Ocean, with buildings made from very large blocks and others of this type, better preserved, nearer the North Pole.

Back to atoms

We switched the 'whole show' to the atomic level and found some atoms of a unique type existing near the centre of the Earth. There was a lot of radiation there but no heat at the centre and no molten core. John stated that these eight regions were perhaps like Dante's vision.

Then we got atmosphere on the atomic level ionosphere — lots of particles and awareness of speed of motion. The Earth was like a ship, sailing through a sea of meteorites and other particles. This radiated with whitish metallic light, like an aura. The Sun's light and radiation were quite different, as seen from both the light and the dark side of earth. He took in the moon as well. Now he withdrew until he saw it all from very far away. It was this that gave the drop on the meter mentioned in the note above.

Back inside now

Then we got him back to being inside the 'whole show', doing 'on-off'. The sun was radiating strongly; mostly hydrogen and helium atoms, incandescent gas clouds on the surface with nuclear reactions going on. There were streams going out for hundreds of thousands of miles. The

inside was molten, not as dense or solid as Earth. All of this was described in brief, checking periods in between lots of fast 'on-off'. Then the PC got a triangle behind the sun. His flash answer for this was that it was a condenser for solar energy for the outer planets that receive this energy seasonally. Earth does not get this energy because the triangle is on the side of the sun away from earth. He later described the thing as a prism — a pyramid made of particles but not of solid MEST in the range of the five senses.

The Solar System

Then the PC got the solar system, with the whole thing looking like an atom. There was a lot of space around — vast and black. He could see other systems of the Milky Way but could not expand to have them 'in'. Lots of 'on-off' got the Solar system to be very real.

Then we decided to look around nearer home. Mars was found to be deserted. There were ruins and some thetans there; and some cellular organisms too. Saturn was described as inhabited by patriarchal types with bodies 10-12 ft tall. These looked like the prototypes of the 'Patriarchs' of Renaissance painters with beautiful faces, but more hair than Earth bodies have.

Back to Earth

Back on Earth John looked at the body anchor points of an old lady in Belsize Park. He postulated the removal of a varicose vein. The hip anchor point was painful. Then he brightened up her whole anchor point system. She was surprised — aware that she'd been helped. Her chakras were revolving more and her aura brightened too.

A patient

John looked at a patient known to the auditor. A shoulder anchor point was straightened out, then he reported 'inhibited' sensation on the left side of the subject's face. There was a clot in a vein on the right side of the subject's brain, but there was no danger as it was jammed near a valve in the vein and could not pass. However, it was pressing on nerves and preventing the brain from being a proper vehicle of expression for the subject's thoughts. The PC tried to shift the obstructions but had no great reality on this.

The person's liver was not assimilating well and John reported putting that right. The heart, the lungs and the digestion were O.K. The circulation in the subject's feet was not too good, but he put that right to some degree. The aura of this person was reported to be bright, but the buddhic aura was withdrawn to within the body auras. The attitude of the person was one of 'waiting' and 'wanting recognition and appreciation'. When the PC communicated with him, he was bewildered. This person was not known to the PC, although he was well known to the auditor. From the auditor's knowledge of the case, all the facts that the PC reported were completely correct.

LRH

We visited LRH who was intentionally withdrawn. His aura was golden. He was in company with a lot of people and his body was in good shape. Well aware of our presence, he acknowledged and exchanged greetings. The PC dealt with a few other people then put his attention on his own body. The liver needed help and there was some trouble in one leg from restimulation of a past life injury. He got rid of that to his own satisfaction, and then revived anchor points in the face and the scalp.

End of session.

Session 3

20th February 1959. 7.45 to 11 pm. Total Hours: 8.

Another routine start

We started off with one foot diameter golden balls in all eight corners. There was considerable difficulty, and he could only move one at a time. We spent 30 minutes with four increases in size of balls up to 4 feet in diameter, always pushing the previous ones into the body. We did 'in-out' relative to the corners on command until he could move all the balls at once. The auditor then had him doing this on his own for about 20 minutes of the 30 until the task was very fast and easy. On checking afterwards, John reported getting the motion under control. He worked for part of the time from outside the room, clarifying various considerations on 'size', then he was able to work better from inside the room. (I forgot to check whether this included from inside the body).

Remedying Havingness

We remedied the body havingness by pushing balls up to 30 feet in diameter, into each other and into the body from outside of the corners of the room. All were absorbed with agreeable body reactions. He looked at the room, the furniture, the bricks and other things. He checked quickly through all the details he'd described in the last session. He got it all very much quicker and in greater detail and reality this time.

Atoms again

With the atoms he didn't now see particles in rings round a nucleus, but reported octaves of spectra the same sequence of colours but different brightnesses in different octaves. Also, for each atom, there was a centre of equilibrium where all the different radiations cancelled. There were in fact always two. One of these was concerned with the nucleus, the other was outside the atom. Nitrogen had a different arrangement to this, Hydrogen appeared to have only one, at the centre. The rare gases in the air were different again, with more complex arrangements. CO₂ was a combination; 'miscible', and more or less occupying the same space but yet separate and separable with a common centre.

The metals

We looked at iron atoms and found similar but much duller colours in the spectra. Copper had spectra of different degrees of brightness — or rather dullness. John noted its great affinity for many other atoms. Then he looked at lead, which was the deadest of the metals; duller with least life. The structure was quite complex, with least cohesion between atoms.

Since looking at the oxygen atom, the PC had described this radiation as a phenomenon of decay and had ascribed different lengths of 'life' to different atoms, except for hydrogen which he described as stable. Lead was the ultimate in decay and other metals were decaying towards lead. They had all come from a common basic material that he identified as uranium. This was actively radiating, self-luminous, with a brightness of octaves far surpassing any of the others and continually giving off bits of decomposition products which were other metals. These metals were of different types. Radium, for instance, radiated by reflection. Plutonium

had locked up radiation which needed activation to get going. Silver was a self-radiating, lower harmonic of uranium. Gold radiated by reflection, and platinum by activation.

Back to purpose

The observations above might have been very interesting to pursue, with lots of 'on-off' to see what the perceptions finally stabilised to. However, the purpose of the session was clearing, so we went on with expansion.

I asked John where these metals were located and he said some thousands of feet below a place on West coast of South America. He got on to the globe on MEST perception level, then switched to atomic levels of perception with very beautiful, different radiations. As he carried on with 'on-off' at his own determinism, he saw the 'field' of earth, stating that there was an equilibrium-point at the centre and one outside in space. He observed the fields of magnetism, and gravity in and around Earth, then took in the moon, sun and planets, that again showed these octaves of colouring in their fields.

Macrocosm and microcosm

He saw a similarity to the atomic system and cognited on 'the microcosm being like the macrocosm'. He looked over the sun and the planets with the perception of atoms and radiation, and found it all indescribably beautiful and harmonious in colouring, sound, tactile and other perceptics. Then he made observations of different kinds of life on different planets. There was no difficulty now in taking in a neighbouring system of 12 planets. Many had satellites, their suns being bigger than ours. There were different kinds of life on these planets in various stages of evolution.

Then came more star-systems — the whole galaxy — that also has an internal and external balance-point of all the radiations from all the various bodies that make it up. This was followed by a long series of 'on-offs' on the PC's own determinism, at great speed of execution. The PC and the auditor were talking very fast, stating the execution of the postulate and acknowledging. During this procedure, the PC took in many galaxies, looked at the whole lot from far away and saw that it looked like a sphere, 'as it originally had been'. John cognited on, 'viewpoint in space being able to produce the

same effect as viewpoint in time'. Outside the sphere he said was 'virgin space'.

Big Bang?

Another long series of 'on-off', during which he had the universe come together into a perfect sphere that he described as 'common rock', with, 'all thetans, not individuated, inhabiting it'. He described a feeling of boredom arising, then disagreement. There had been some 'mistake' made due to a group not acting in harmony. Then the thing he was watching started to get deformed. It looked like a Montgolfier balloon filled with hot air with a brazier and an opening for the heat to enter. This universe had a hole with a vortex which started to pulsate and then come apart and formed the MEST universe. It wasn't an explosion like the 'Big Bang'. He watched as groups of thetans outside of it watched it going away, looking 'smoky white'. The PC stated that he would regard this incident as one of terrible loss if he did not 'have' the whole MEST universe anyway.

Then came a game

After this fundamental universe occurrence, individual thetans and groups mocked up their individual rocks in an effort to recapture the original state. They communicated with each other through their mock ups and started the game of A.R.C. on involution; stopping communication, trapping others, then interiorizing, then getting trapped themselves, and so on.

Static Existence

Before the 'common rock', John stated that there had been co-existence as Static. He had said little about this previously. He ran through all of this several times with very fast 'on-offs', getting more certainty and reality all the time as well as much more detail. This was not run with the usual phenomena of engram running, but the pc stated that he 'had it all as an extension of havingness in present time'.

Patient progress

Before the end of session, I had the PC look at the patient he had helped in the previous session. The blood-clot in the brain was more fragmented with the big field still withdrawn. The emotion was fear after a previous rage. There were brown spots in the field. We worked on the brain and the liver.

John then looked at his own body, worked on a scar on his leg, and checked over the rest. Now he could make his own field as big as he liked, with its colouring yellow and blue. The chakras on the body were well and active. The one at the bottom of the spine that he called Kundalini, had got going with a sensation similar to that experienced when pushing golden balls into the body.

Session 4

22 February, 1959. 7.45 to 11.15 p.m. Total Hours: 11.5.

Golden Balls At Start

We started off with golden balls 'in-out' at the corners of the room, and ran this for 10 minutes, starting off quite fast then getting very fast. John, the PC, reported doing it from a variety of positions inside and outside the room, including from the body. Then he spanned his attention on to the room to atomic level, describing atoms of rare gases such as Xenon and Argon.

Eight Shells

We continued 'on-off' with expansion. He gave the description of Earth having eight layers — spherical shells with condensed energy in between them, with the shells being capable of relative rotation. The centre one was the densest. Again, there were two neutral points; one in the Earth and the other one outside. They were perceived to oscillate, like pendulum

motion. Then he got other solar systems also with neutral points.

Beautiful radiations and entrapment

The PC enthused on the beauty of all the radiations and spectra (octaves), interplaying. He discovered 'black solar systems'¹, too, lying dormant and only absorbing energy. Then came more observations on the breaking up of the 'common rock'. He stated that thetans have been trying to recapture the state prior to this ever since it broke up. Their first attempts were to create individual rocks and when this failed to achieve their goals, it set them off along a long road to more and more entrapment.

Fast progress

With all of this, the 'on-off' went so fast that it was physically difficult to follow and still give acknowledgements. The E-meter had settled down near male clear 3.75 — after temperature adjustments. The needle action was of free small swings without any drops.

A New Process

I changed the process to 'Be MEST', 'Be yourself, with suitable acknowledgements. John was soon carrying out the process at his own determinism after a few commands. He expanded very fast again from the room, but with a different and increasing reality. Now the execution of the process got very fast. He ran the 'common rock' again. At first he had got it at the stage

1 Assuming "black solar systems absorbing energy" reported in the session of **22.Feb.1959**, to be a functional impression of what are now even popularly known as "black holes", the following results of a Google (Internet search engine) search for "black holes, astronomical verification" are very intriguing:

1. The possibility of "black holes" was derived theoretically in the first half of the last century from Einstein's General Theory of Relativity. However, their existence in reality has not been proven by astronomical evidence until recently.

2. Quasars and Black Holes

Ever since the discovery of the quasars (quasi-stellar radio sources) in 1963, astrophysicists have searched for an explanation of the energy production in these most luminous objects in the universe. Quasars reside at the centres of galaxies, and it is believed that the enormous energy emitted by these objects is due to matter falling onto a supermassive Black Hole, releasing gravitational energy through intense radiation before that material disappears forever into the hole (in physics terminology: "passes beyond the event horizon").

3. Surfing a Black Hole

Star orbiting massive Milky Way centre approaches this to within 17 Light-Hours.

Information from the European Southern Observatory, ESO, in a press-release 17/02 of 16. October 2002, with a video-clip 02/02 added on 21. October 2002 (showing the strongly curved trajectory over the last few years of this star around this centre), provides the first astronomical evidence of the existence of a Black Hole

when it was like a mushroom, rather deep, with the vortex in the hole. Then it became a perfect sphere. Prior to that it was just beingness. Then came serenity as a step down from beingness, coming with the consideration that this stage of Beingness might be lost. This was followed by the creation of the common rock, and the loss of it.

Being Earth

On 'being' Earth, the PC found there was a big thetan animating it whose body was Earth. John called him Adam. The Sun thetan he called 'Christ'. He noted many thetans in the sun, having bodies of a 'kind of radiation'. They were not like ours, but were like fields. Then he found that every one of these thetans was in pairs. John had cognitions on 'mate', finding that affinity was essential for pairing. The Earth Adam had his Eve. The Sun Christ had his mate, and so on for all the planets. We, on the surface were 'kind of surplus', not having found a planet to be our body in the break-up.

Past Lives

Vast numbers of the PC's past lives, and identifications of his current life flicked up at great speed when running all of this. He commented that this part of running the process, started off like ARC Straightwire on this life. He viewed an entrapment in a robot-body on the moon, then several lives in Egypt, Palestine, Greece, France, and Morocco, as his chain of lives on Earth. On another occasion he got black and white thetans waiting for entrapment. He called this the 'Halver'. He also got the 'ice-cube'. None of this upset the small swing of the needle.

More about the patient

After a while I stopped the process even though it wasn't flat. I asked the PC to look at the patient who had the blood clot in the brain. It was dissolving further, but had yet to be absorbed. The pressure on the nerves had shifted somewhat. The left hand side of the face would be feeling raw as life came back into the anchor points. The patient had made a great fuss when his left eye was touched while the bedclothes were being set straight. On the preceding Saturday morning, he had shouted that his eye was being knocked out even though nothing was visible from the outside.

The circulation in the legs was still not good, but there had been no clots there anyway. His emotion was: No affinity for anybody. The PC did what it was possible for him to do to right things on that occasion. He got a reaction but no acknowledgement.

His own field again

John then looked at his own field and found that it had improved greatly in this session. He didn't specify exactly how. Then he further improved his body anchor points. The Chakras were now all active, and there were two new ones, the pineal and another one in the head. They had now got going really well where previously they had been out of action. He was well-satisfied.

John looked at a friend aged 91 who wanted to get rid of his body but didn't want to do it in a messy way. John communicated with him regarding continuing, and got his agreement. Then, at my request, he looked at the wife of the patient. She was O.K. She could take it. She had a helpful disposition, and a blue field, but she had a tendency to disregard the intellect.

End of session.

Session 5

24th February, 1959. 7.45 to 11.15pm. Total Hours: 15.

The Golden Balls Once More

We made a standard start with golden balls in all 8 corners, 'in-out' at John's own determinism. It took ten minutes to get the communication lag reduced although it had not been very long to start with. He was then busy for 30 minutes, assuming all sorts of view-points, ranging from: Other people. Position in his childhood town. Various places on Earth, planets, Sun and various positions in his own body. There was a slight increase in comm lag as the PC assumed each new position, until it was running very fast.

Be yourself

We then ran, 'Be MEST', 'Be yourself' and carried on with that, up and down the time-track. He got more details of the 'rock' and considered this name to be very aptly named as each group of thetans clung to a definite piece of the original mass after the break-up. Hence the name

'rock'. After this he made mock-ups of the thetans' own, down their individual time-tracks. Rock debris was formed into galaxies, suns and planets, by their respective controlling thetans. Other thetans of these groups were 'surplus' and were living in or with various types of MEST bodies on the surface of planets, or in association with a planet.

National auras

The PC looked at fields; scanning National auras — the UK, USA, Russia and Germany. There was a summit conference in Moscow going on. Nikita Khrushchev appeared to be a double thetan. As himself he appeared to be very capable, but the other thetan looked brighter. John stated that Khrushchev had been a historical personage, Charles XII of Sweden? Harold Mcmillan has a good, open aura.

We took a rest, then carried on with, 'Be MEST', 'Be Yourself', further up and down the time track. He was doing so well, I let him carry on. (The meter had read Male Clear from the start of session to the break. After temperature adjustment it read 3.75).

Elementals.

Earlier in the session, John had a cognition about such things that are called Elementals. These are energy-structures created for certain purposes and can exist at all levels of energy. They are created by thetans. They have no individuality, but are capable of all sorts of performance on command. In short, they are robots. The PC called the sun-type elementals Angels. Those who were thetans with individuality, he called archangels. And it seems that there are hierarchies of thetans responsible and controlling the Universe in its different aspects.

A routine check

I did a check and found that John was running off various incidents very fast. I asked him to work towards 'being' the whole MEST universe in present time, and towards getting the whole show at ever smaller particle-level at the same time. We were looking for maximum 'resolving power' at the atomic and sub-atomic levels. He cognited that the smallest units were 'dimension-points' — as Ron says in the Factors and these are 'a kind of solid'. The PC said they could be called 'vacuumatic'. Anyway, at this level of resolving power, the whole MEST

universe in present time assumes the aspect of the common rock at stages well before the disintegration. Interstellar space, for instance, was also filled with dimension points but no vacuum. The outstanding features at this level of perception are the 'neutral points' of atoms up to planets, solar systems, galaxies and so on.

Laughing

The PC carried on with this until he suddenly laughed and exclaimed that HE was all this MEST and SELF and STATIC at the same time. He now cognited on SELF being GOD and all other Beings. The meter dropped on this cognition, to 3.25.

Some Personalities

I had the PC be a few outstanding positive and negative personalities of present time and of history. He found no difficulty in doing that, or rather 'being' that. He was also able to be members of his family.

After the above exercise in individual beingness, the meter read at clear.

Then I checked for, 'the incident necessary to resolve the case'. Different ones came up, with about $\frac{1}{2}$ to $\frac{3}{4}$ dial drops. They were flattened in about 10-15 minutes with appropriate acknowledgements from me. We finished up with 'Be Mest, Be yourself' at the PC's own determinism.

An ARC break

An ARC break occurred when the auditor switched attention by noting that time was running late. This showed me the need for constant auditor attention and confronting even at this advanced stage in the program. So we needed to exhaust all engrams that present themselves during the processes described above, and set up communication with all sorts of thetans whom the PC might feel like being, in order to disengage the need for the auditor's attention.

A check on the patient

After having attained a temporary flattening of the previous process, we attended again to the patient who'd had the blood clot. The clot was now dissolving. The left side of the face was still oversensitive to life coming back into it, but the patient was generally more lively. His intellect was still 'switched off' as he just sat, emoting away at the low levels of regret and blame, etc.

When the PC cheered him up and acknowledged him, he nodded and reacted more positively and was generally more relaxed.

We finished the session with, be MEST, be self, at the PC's own determinism.

End of session.

Note: In a two way communication before the session, John had described how his own performance as an auditor had improved. When running the expansion-process with his PC who had previously proved very difficult to process, he saw whatever she was looking at. His checking was done on the basis of what he saw, and this helped the PC run very well. She remarked on this after the session.

I also had a session from John Damonte, to key out an engram of my own that had been restimulated to quite a degree. As a result I felt really fine and did a lot of good work that evening.

Session 6

27th February, 1959. 2.5 hours. Total Hours: 17.5.

A Pre-session communication

In a two way comm before session, John reported that, since the last session, things had been discharging for some time. When this stopped, he felt that, as far as he was aware, it was run out. Also, on doing some reading, he had understood the Relativity Theory straight away. He hadn't slept until 2 am every night, as he had been busy aligning things. He generally felt very fine.

Golden balls opening as usual

We started off with golden balls in the corners. The 'in-out' was flat very quickly. John did it from all sorts of positions: on Earth, from out in the Universe, from the 'Rock', and from points in the body. He then briefly did, 'on-off' on the surroundings with resolution of perception down to dimension point level until flat.

The Rock

Then we did, be mest, be self, expanding to be the whole show, going down in detail to dimension points once more. The PC again got to the stage where he realised he was everything, at the stage before the Rock — Serenity: This started off as very small in the consideration of all the thetans, then became very big as individuation and disagreement proceeded. The individual rocks after the disintegration of the common rock, are locks on

that and all of the game since has been an attempt to recapture the original state.

An infinite universe?

While still expanding, the PC had cognited that the universe expands at the speed of light in any direction. So — for anything moving at less than the speed of light, the Universe seems to be infinite.

Flat track incidents?

We carried on with 'MEST-Self' on bits of track, but it seemed to be flat.

We checked for incidents. We checked the Change of Space list in *Creation of Human Ability* and got incidents easily, but they seemed hardly charged, if at all. When we did some more general 'MEST-Self', the PC found, for the first time, that it was difficult to do the process. He found himself 'figuring', which appeared to the auditor, like a comm-lag.

Back to the patient

We proceeded to some more activity on the theta level and worked on the patient again. The intellect was still switched off, and he was involved in a circuit of misemotion, resentment. The nerves in the head were recovering well, and the clot was continuing to dissolve. We relaxed the emotional tension.

Other subjects

We communicated with various common friends and acquaintances, as well as to some not known to John. We looked for other big thetans and he found one that was practically OT, in Central Europe. This was a schoolteacher in Hungary. John identified him as The Comte de St Germain who was busy with some activity of Freemasonry.

Disembodied thetans

There were other thetans of this power in the Himalayas. These were mainly disembodied, looking after various activities. We tried to communicate but, although these were received, they were not acknowledged. It seemed not to be our province.

At the end of the session, the PC was feeling fine.

End of Session,

Session 7

2nd, March, 1959. 8.15 to 9.45pm. Total Hours: 19.

A Check Session

We did, golden balls, 'in-out', on John's own determinism. This was fast and accurate from many positions. The cognition that, 'space is a matter of considerations', came up on a high level. The PC had the whole of the MEST universe. He made it

big and small after doing the 'in-out' from the neutral point of the 'whole show'.

We checked Step 6, on bodies, on his wife's own body, and on an atom bomb about to explode. We did an atomic explosion. The needle hadn't moved from out of its small swing except for a one third dial dip when he first mocked up the atom bomb.

We ran a bracket of help on the 'Rock' but there was no charge anywhere. We asked for incidents but none came up. I asked John to scan the track from the Common Rock up. He went through lots of incidents, reported long periods of waiting, particularly early on the track. He traced past lives but there was no charge on any of this.

Albert Einstein

When dealing with cognitions on space, the PC remarked that if Einstein had lived, he would have been glad to communicate with the scientist about this. I flashed him on to Einstein in PT and got him on Venus. All was serene. He said he belonged to Venus anyway and had only had his second life on Earth.

A check on the patient again

The brain was getting clearer, both structurally and with regard to circulation. In 1955 there had been a clot that had circulated, and had then cleared up. Then the right side of the brain had been affected. All this was now clearing up. The nerves were still healing with the improvement in circulation. Things were progressing generally well. All this was sandwiched in between the cognitions on space and the checking. After the checking, the PC looked over his body, making various parts change colour, and warm and cold. This generally cleared things up. He was feeling fine.

End of Session.

Session 8

15th March. 1 hour in the afternoon.

Expansion

John expanded on the commands, 'be MEST', 'be Self'. On the meter, he ran at Female Clear. I had him mock up female bodies in place of his own, and he got a very large one. We ran 'be that', 'be self', on which various bodies turned up. He ended the session on the meter at Male Clear. After a break John expanded again. I got him to contact 'Spirit of Man' upon which he got the big thetan at the centre of Earth, controlling all bodies. He had called this Adam before, and

there was an Eve, too — a Spirit of Woman, as a smaller thetan circling around. The PC didn't feel comfortable at all with this Adam. He ran for a long time on 'be this Adam, 'be self'. This didn't run well and, in fact it produced a rising needle, down a bit, then rising again an ARC break.

After the session

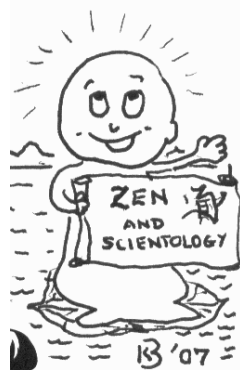
Next morning, John phoned to say that he couldn't handle it with that process. He needed something more gradual, such as help on that thetan. But also the auditor was not up to scratch as he had just intended to spend 30 minutes checking and then to have a session himself which he felt he needed. Instead of this we got bogged down. Probably the PC would have handled it on that technique if I had been on the ball. After this session, both the PC and the auditor got very busy on their various pursuits so that no further sessions took place, except one short assist one. It would be very interesting to clear the last matter up completely and then to look for an ability to produce really rapid changes on the body.

Total Auditing Hours: 22.

Handwritten comment by John Damonte:

The auditor's duplication of my migrations is good. There were more concepts which could hardly be speeded down to verbal translations. There were, however, many moments of restraint as I might have committed overt acts of too much knowing about the auditor's and others' privacy. There is also more to say as related to data, run-down and attitudes towards same that could take several pages.

Signed: John Damonte.



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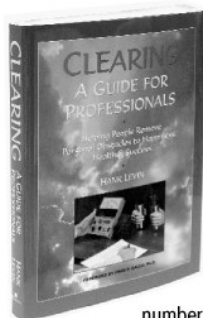
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Regular Columns

A World of IVy

by Jim Rowles, USA

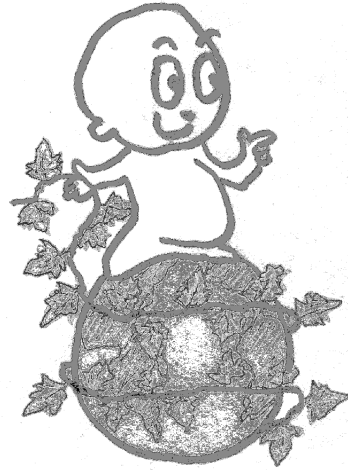
Basics

It seems Pelicans were all on autumn holiday at the time we needed something for this column, so we have taken this item which appeared on the ivy-subscribers-1 Internet list. (available for all those who pay a subscription to IVy, where they can ask and answer questions, and comment on articles in IVy). Ed.

I AM ONE OF THOSE who, until much later and wiser, would state that 'I had communicated to someone and it flopped!'

What in fact I was doing was flowing reality as communication. To a scientific/reality type person that is entirely valid. Back in 1967, I just wanted the facts and avoided 'emotions' like the plague. As a youth I saw emotions, and especially sexual emotions as irrational and nuts. So the only communication there was for me was *reality*.

It wasn't until I went to work at a Pasadena college with the motto 'The truth shall make you free' and I worked for Mike Smith did my life take a turn for the better. He got me interested and started in Scientology and kept cleaning my MUs [misunderstoods] and petty upsets with the LA Org so that I got to Class 4 auditor and Clear in two years. He also stressed the tone scale and worked with me on it while I



worked for him in the freshmen chemistry lab. He would point to a student and ask me to identify the 'emotion' of the student. And he drilled me on tone scales. The tone scale made sense to me and now there was a recognition that most wogs [term used for non-Scientists] were using their emotions in most irrational ways (bank responses). As an auditor I used rising tone scales to help keep the PC moving along in their incident, and would have flopped as a Dianetic incident auditor if I had not learned to soften my harsh reality tone into one of compassion and sympathy (for the PC in apathy and grief).

I have to commend Mike for any successes I have had since then for his persistence and good efforts to get me up the line in Scientology. ☒

The Regular Column "A World of IVy", is written by various anonymous authors, with the aim of giving a quick, even perhaps mundane, "pick-me-up" for the busy, perhaps stressed, reader to look at, possibly when receiving IVy (it is right in the middle of IVy, easy to turn to). Would you like to contribute? Perhaps you could write something short and simple (3/4 page only) which has inspired you at some time, or you feel will hearten others. For some reason we have made it anonymous, so no one need know it was you! ☒

International Viewpoints [Lyngby]

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This is the last IVy in 2007. Remember to pay for 2008 if you have not done so.

And while you pay for 2008, why not order some back issue you do not have?

If you have back issues, remember the full contents for all /Vys is on our home page <http://www.ivymag.org>

Regular Column

Scientology reformation series 33

IVy Tower

by Rolf K, USA

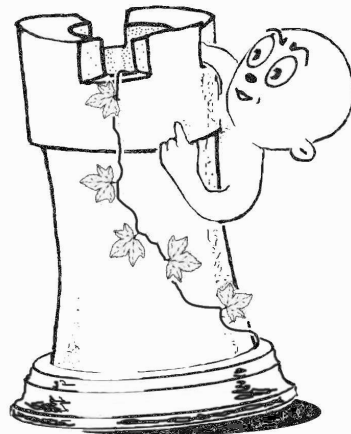
My Scientology Story: 6 *Athena* in Scandinavia

I JOINED THE *ATHENA* CREW in 1970. *Athena* was one of three Sea Org ships at the time. There was the *Apollo*, the Flag Ship, that cruised the Mediterranean. It was a huge 3,200 BRT (BRT = Bruttoregistertonnen [German: Gross Register Tons]) ferry. There was the *Diana*, a two-masted yacht (ketch). It was maybe 50 feet long but a well-built little beauty that could master the Seven Seas. Ron had used it for several missions, including Mission into Time that investigated his whole-track recall regarding locations in the Mediterranean. According to a participant, Ensign Bo Waters, the mission was also a veritable treasure hunt looking for buried pirate gold.

Athena

Then there was the *Athena* that in 1970 was located in Copenhagen Harbor. Ron had called it home for an extended period of time. He talks about *Athena* in the lectures Welcome to the Sea Org. He describes how he used to single hand it, meaning closely supervise all functions on board and be ready to step in at any moment. He would leave his cabin, check in on the chief engineer down in the engine room, make sure the steam pressure was adequate, etc. He would go through the galley (kitchen) and stir the cook's soup before he proceeded to the bridge of the vessel and checked in on the officer of the watch and the helmsman.

The *Athena* was a refitted Aberdeen fishing trawler. It was 414 BRT (tons) and about 150 feet long and was powered by an old fashioned steam engine. A floor (the twin deck) had been fitted in the cargo space (hold) so the under-deck area could be used as offices. You went under deck in the front end of the ship by using



a steep ladder and would find yourself in the men's dormitory. From there you had access to the main covered area, the hold, where in the past the cargo of freshly caught fish would be stored. Actually when I first arrived, it was all filled up with bunk beds as for a short while it was used as dormitory for staff at AOSH (on shore in Copenhagen). They left early in the morning and didn't come back until late.

The bow of the ship also contained a large cabin (the forecabin). It was the dormitory for women. It had direct access from the main deck. The main over-deck structure contained the captain's cabin, the galley and mess (kitchen and dining room), two cabins for officers and the entrance to the noisy engine room under-deck. A steep and dangerous ladder would take you down to the monster of a steam engine. On the second floor you would find the bridge from where the ship was controlled. It had a little cabin behind the steering house, the chart room, where charts were kept and the course struck out. Behind the bridge was an open deck, the poop deck. It was dominated by a huge funnel (chimney). Besides serving as a funnel it also contained a rather large locker. It was big enough to sleep in and served as cabin for a couple, Connie and Robert Stevens, who were the only non-officer crew who had the luxury of private quarters. Robert was 2nd engineer on-board while Connie (later Connie Payne) was a nanny in a Sea Org nursery ashore somewhere.

Regular Column — IVy Tower



Athena was an Aberdeen Trawler almost identical to the pictured one. *Athena* had, however, a huge funnel behind the bridge that the Stevens couple called home. *Athena* was 150 feet long and was refitted with navigational equipment and a deck in the hold.

Women rule

The captain of the good Steam vessel *Athena* was Stella King. She was a close friend of Ron and had been around and on staff since 1950. She had the title of Commanding Officer for Europe and Africa and *Athena* was the Base Ship EU & AF. She was a great administrator and a friendly woman with a good sense of humor and a great laugh. She was, however, in poor health as she had diabetes and had consequently gained so much weight so she could hardly get around on the vessel.

We were moored in the harbor for months. Captain Stella would stay up all night working on admin projects for the Orgs and we saw very little of her in that period. She had a deputy, Sandra Johnson, who took care of much of the ship and crew business. Sandra wore boots and wore an officer's cap while her hair was cut real short. This made her look like a drill sergeant.

Another influential woman was Peggy Moreshead, a Class VIII from the original Class VIII Course, who was the senior Case Supervisor

(CS) for EU/AF. She later became my CS and taught me to become a competent auditor.

Those three women ran the ship and were not very receptive to advice from male colleagues about anything, be it admin or seamanship. Other women on board, in more junior positions, were also empowered to Amazon¹ status.

Second mate

I was posted as Second Mate. My main function, while in port, was staff training. I would train the crew in seamanship, staff stat-

uses and even had a couple of students on the Dianetics Course. My experience as a yachtsman was valuable to the ship. I taught the crew how to tie the knots, splice ropes, use a chart and other skills needed for making one's way safely at sea.

It was, however, not an easy task at the time. The ship had been stuck in port for months as a house boat and there was little incentive to take an interest in seafaring skills. Much of my early efforts were therefore to round up my students who seemed to be able to disappear, even on this little vessel. They would be ashore on urgent business, have come off a watch overnight and needed to sleep, be tied up on post, etc., etc. Slowly but surely I did however get a course room going, conducted drills with the crew on deck, etc. This was all in the interest of restoring *Athena* to fulfill its destiny: to cruise all of Scandinavia and promote Scientology, visit Orgs and train the crew to become crack seamen and OT beings. When we actually started doing this it soon led to disaster. But more about that a little later.

1 Classical Mythology. One of a race of female warriors said to dwell near the Black Sea.

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Besides supervising staff training for about four hours each day, my duties consisted of participating in the maintenance of the ship. We would chip rusty spots and repaint them, clean the ship from mast to keel every day (Cleaning Stations) and do other chores of a housekeeping nature. Since the main focus of Captain Stella was her duties as commanding officer for EU/AF, we had ample time to simply get a sun tan and take it easy.

After a while, I decided I wanted to audit some of the crew to fill up my idle time with what I was there to do anyway. My first PC was the cook. His name was Mark, a big and friendly Belgian who had grown up in the Congo where his dad had been a civil servant. I audited him on Standard Dianetics, the real workhorse of the day. It was a great success and a real career booster for me as well. He would come every day in the afternoon in his cook uniform. We would find a quiet corner of the open office space on the twin deck for the session. At the end of every session, as I remember it, we would have a spectacular End Phenomenon and he would laugh and laugh to a point where all the crew stopped working all over the ship and just listened to this expression of his relief and joy. Then he would run around, completely blown out, and rave about the session he just had. Who could ask for better PR?

It soon caught the ear of Captain Stella and Peggy Moreshead, the Senior CS for EU/AF, and I was posted as auditor. In the evenings I went on training at the AOSH to do my Briefing Course. This became an enjoyable life as I felt I was really on purpose, had a great Case Supervisor (CS) to guide me and didn't have to worry about anything except becoming an expert auditor. At the time Life Repair had come out and I delivered countless Life Repair actions to crew and officers. Among my PCs were Fitz Ostergaard, Rick Walker, Ole Gerstrøm (who is an IVy supporter) and many others.

One PC I never got around to audit was not as happy as the rest of them. He was a Swedish guy, around 20 years old, and pretty insane as he never would speak a full sentence to anyone. Finally it was decided to offload¹ him. He took it out on me as I, apparently, had been his best hope for staying. One day when I just came up from under-deck he stood ready and kicked me in the nose as my head appeared over-deck. Although he only wore soft sneakers he managed to give me a good bloody nose. That was the only conversation I ever had with him.

All about attitude

The Sea Org was, and probably still is, all about attitude and sharing Ron's dream. Only, the attitude changed markedly over the years. The dream back then was fresh. Anything was possible — even a clear planet in a few years and that's what we all worked on. Ron was the master goal setter, magician and salesman. He always knew how to put it so staff would work their butts off and put up with just about anything.

The Sea Org was at its inception a masterful plan to make something great happen on a very limited budget. The maritime tradition of living on dry biscuits, and maybe rice and beans on Sundays, and just have a canvas hammock for private quarters, and at the same time feel like heroes for putting up with it, was just the ticket. We felt empowered to do great things and felt we were part of the strongest and most important group in the entire universe.

Looking back at it now, so many years later, I must say we were quite delusional in our bliss. The world is a tough place to change when it comes to personal beliefs and motivations. Personal case gains in auditing, and a completely new outlook on life as a result, for each and all of us, was what made it seem like a natural next step for society as a whole. Society, on the other hand, often including friends and

1 offload (The *Admin Dictionary* does not have it) to unload or discharge a cargo. *Flight C wheeled away to offload their bombs on the railway yard.* *World Book Dictionary*
In Scientology (originally Sea Org) it was used as synonymous to firing or dismissing staff (*AntEd.*)

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family, saw the naked truth and the grim conditions we were subject to.

We lived on board this refitted old fishing ship, equipped with an antique steam engine for a motor. We had no money for fuel so we couldn't go anywhere. We slept in bunk beds in numbers no health inspection ashore would ever allow. Yet, we had the longest and most impressive titles and often the sharpest uniforms you have ever heard of or seen. Even the chief engineer, Travis Harris, was Chief for Europe and Africa. He just made sure not to mention it ashore.

Over the years the attitude got more and more militaristic. OT on staff became kick ass with a streak of cruelty and, quite frankly, often with a scary resemblance to a fascist police force. The dream of a clear planet got broken down to the rat race for weekly production stats and making the quotas. Ethical superiority became accepting an ethics system that included the Rehabilitation Project Force (The Sea Org voluntary jail system), declaring large parts of society and its members as suppressive or potential trouble sources. Camaraderie was replaced with Knowledge Reports¹. Anything said in confidence would end up in one's ethics file. Back then, while the Sea Org was young and the dream fresh, it was still fun and games and exploring one's abilities and the world at large. It was condensed life experience.

The melting pot

To me, the Sea Org was always the great melting pot. You could arrive as a janitor and make it to the top in short order. You could fall from the top into utter disgrace even faster. I think in the first two years of my staff life I held posts in all seven divisions — each at least for a couple of

weeks. You met people from so many parts of the world and with so widely varied backgrounds so you never needed to have a dull moment. I still remember many of the people from the *Athena* with fondness. Some were crew, others were there for shorter missions or boarded there and mainly had business ashore. Let me just drop some names here as you may know some of them.

There was the Dutchman, Hank Larhuis. He was a compassionate gentleman and officer. He was an early Saint Hiller (Class VI) and I did a mission with him, I remember. There were Bo and Haviva Waters. They left the Sea Org at some point and settled in Clearwater. Bo had been part of Mission into Time. Haviva, his Israeli wife, was a Class VII and she actually rejoined the Sea Org around 1990. Another Israeli was Danni Dan. She was my girlfriend for a while and although charming, she was also a troublemaker. Wayne Alkire was our 3rd Mate when I joined. Louise Smith (White) was the recruiter and my good friend and twin from the Dianetics Course. She had been a Danish super model and an actress but was originally American. Her husband, John Smith, was an Aussie eager to make his mark onboard. Kay Bergh was our purser² when I first arrived. She was an American in her 50s. Travis Harris was our chief engineer. He was South African and the boyfriend of Peggy Moreshead (from South Africa, was Peggy Bull), our CS.

There was Mark Eckleberry who later married Karen Black, the famous actress and Scientology VIP. His mother, Rene Duke, I got to know when I did my training at AOSH in that period. I remember Pia Mann (Astupgaard). She is the sister of Anne Kirsten Uhrskov who served at In-

1 Knowledge Reports (or KRs). According to the *Admin Dictionary* (published title *Modern Management Technology Defined*) staff member report written on noting some investigation is in progress and having data on it of value to ethics (HCO PL 1 May 65).

In fact knowledge reports reminded one of conditions in George Orwell's 1984, or in for example Eastern Germany, where even family members reported each other to the authorities; a truly suppressive society. (*AntED comment added*)

2 an officer aboard a ship who keeps accounts and attends to the passengers' welfare" *Onelook Online Dictionary*

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ternational Headquarters for many years. Pia married Mike Mann and they started to publish a surfing magazine in Daytona Beach. Later they opened and ran a chain of tourist shops (with lots of T-shirts). There was the lovely Rebecca Jessup, a Class VIII who was my colleague for a while as she was lead auditor onboard. She later married Mike Goldstein of Idenics fame. Her brother, the friendly and cheerful Amos Jessup, was also around. He was the commanding officer of AOSH and had been serving as chief officer on board *Athena* when it first arrived in Denmark.

I remember Greta and Lisa Magusson, two Swedish sisters. Greta married and ended up in Chicago as Greta Walker and helped her husband run a chain of clothing stores, while her sister married a Swedish window cleaner in Copenhagen and settled in town. Bill Remark was a young recruit at one point. He later started a Mission with his wife Vibeke (Edsberg/Remark). Jens Bogvad was another recruit and Class VI who made it big. He opened Japan to Scientology. He died, however, young (around 1988) when he got cancer. I was assigned as his buddy when he first arrived. Francois Quirion was a gifted and accomplished classical guitarist who entertained us at parties. Phil Petzonk was the Class VIII course supervisor ashore. He berthed and ate with us. He was an ex-marine and liked the primitive life. He would always study a manual on radio stations during lunch for some obscure reason. His girlfriend was Yvonne Larsson, a Swedish girl. They always slept together in the men's dormitory — behind a curtain for privacy. Sometimes you would hear them make love. The 2-D rules (regulating love and sex life of staff) did not exist back then.

The atmosphere was relaxed and informal compared to later times. Vic Ueckerman was a South African top notch auditor (Class VII) who also berthed with us. At the time he had a very



Life on board the ship the day she was named *Athena*. Corfu 1969. Left to right are Barry Watson, Cathy Cariotaki, John McMaster, Clear#1, and Brian Livingston. (Source: Amos Jessup).

short fuse, maybe partly because his wife had left him. He is, however, one of the very few that kept the dream alive over a span of years. 18 years later I, as public, met him in Clearwater and he was still a top notch auditor, now on NOTS training and completely blown out and happy about this technology.

Malmö, Sweden

In the summer of 1970 we were starting to get our act together. A frantic activity had swept the *Athena* and she was back in shipshape order. We were ready to take her to sea. Our first destination was Malmö, Sweden that had an Org and a great port as well. It was only about 3 nautical miles across the peaceful sound of Oresund. Nonetheless we had strict orders to lash any loose item down with rope and twine. Then we waited for the perfect weather forecast before setting sail for Malmö.

We had a beautiful trip going across Oresund. We visited the Org and all went fine. Going back home was the real problem. Blake Huffam, an experienced sailor and Sea Org officer, was not part of the Amazon rule on board and was not allowed on the bridge. Yet he tried to arrange everything so we would have a safe crossing. His

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From the naming ceremony 1969 — John McMaster as the Flag Chaplain is walking Amos Jessup (*Athena*'s captain at the time) in a review of sailors. Stella King, who succeeded Amos as Captain, is in the review line. (Source: Amos Jessup).

attempt failed. Once we left Malmö Harbor we just had to stay on course and keep an eye on the buoys marking the exit. There was, however, a swift current that rapidly moved the vessel southward. Suddenly the ship went aground and real hard. We had hit a rock and were stuck there. It took several days of work and negotiations before we could get a tugboat to pull us off the rock. Part of the problem was that salvage operations are the next worst thing to experience — next to a pirate attack. Luckily we could sail back by ourselves once the tugboat had gotten us afloat. *Athena* had to be overhauled in dry dock but the damage was not major. It meant, however, the end of our Amazon rule as we got a new and experienced sailor sent from Flag as our new skipper. It was Wally Burgess who really knew his stuff. Blake Huffam, on the other hand, had had enough. One early morning he was seen with his suitcase leaving the ship. He told the quartermaster (guard) that he was going on an urgent

mission to Germany. He was never seen again, as he went home to South Africa to a civilian life.

Captain Burgess

Our new skipper finally turned *Athena* into what it was supposed to be; a vessel that could travel safely from port to port in Scandinavia. We went to Göteborg (Gothenburg), Sweden as well as to Stockholm. Stockholm especially is a sight to behold when you arrive from the sea. Stockholm is built on numerous islands and is surrounded by hundreds more. The entrance is dominated by narrow sounds¹ and bridges and small ferry boats that keep the communities connected. One of those small ferry boats, MS Kastelholm, became a couple of years later the Sea Org's next acquisition in Scandinavia. It replaced *Athena* and became the Advanced Organization in Copenhagen for a couple of years.

1 (Nautical) a large ocean inlet or deep bay. *Onelook Online Dictionary*

Arriving at foreign ports, I had suddenly become a source of income for the *Athena*. PCs from ashore would come on board to get their cases cracked. I remember delivering maybe the first Interiorization in Sweden to a public in Göteborg. I also delivered numerous case repair actions to other local Scientologists. Going back from Stockholm, I remember, we hit a storm in the Baltic Sea. The ship rolled and chopped in the heavy waves. Sea and sky seemed to merge. The crew was thrown around in the little sturdy vessel each time we hit a mountain wave. No cooking was possible so we ate sandwiches. Fortunately, we had a great skipper in Wally and he was on the bridge for 24 hours straight. He had things under control and kept the rest of us sufficiently composed to cope with the situation.

Athena and the crew passed the test! We got through the rough weather and reached Copenhagen Port safely once more. Our early adventures were part of the inspiration for the *Freewinds* [present Sea Org vessel]. Ron wrote up a long Executive Directive at the time (1970) that outlined how we would replace *Athena* with a more suitable luxury liner and travel in a set schedule from port to port in Scandinavia and deliver advanced services on board. At the time there was no funding for the project and it remained a dream. The Kastelholm, that was purchased a couple of years later, housed the advanced services but was rarely taken to sea for practical reasons. I know, however, for a fact that the Executive Directive became an important document when the *Freewinds* project was taken on.

New releases

In terms of new technical and admin releases, 1970 was a hectic and stellar year. Not only was

it the year the Case Supervisor series started to appear, it was also the year Life Repair, the Expanded Grades and the Interiorization Rundown were released. For Policy Letterst was the year the Data Series and PR Series Policy Letters were released.

It was also the year the Green Volumes¹ started to come out. I remember I was one of the very first persons to buy the Green Volumes. They were done under the close supervision of Ken Delderfield, a trusted Sea Org officer. He personally delivered my copy using his bicycle. He arrived at the *Athena* in full uniform on his bicycle, proudly carrying my green volume zero, the fruit of months and months of his planning and efforts. Ken was continuously closely related to Scientology publishing and always did a spectacular job. As far as I know, it was part of his family tradition to work in publishing. Over the years he rose to become the watchdog committee member for publishing, the highest post in his field.



FREE THETA

The Journal of the
International Freezone
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available free online at
internationalfreezone.net
or *hardcopy* from: Ray Krenik
rkrenik@hotmail.com
PO Box 1757 Elma
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1 Green Volumes. A series of books containing the majority of Policy Letters written by Ron were printed in green ink on white paper and originally came out mimeographed (duplicated by Roneo). They were arranged not in date order, but by subject, in volumes representing the seven divisions of the organisation, and an extra (numbered 0) for basic policies. Previous to their coming out organisations were dependent on locally produced mimeographed Policy Letters (and Bulletins) which was not satisfactory. I understood that when the volumes were finished Ron had said (or written) that they should have been in date order, and that Bulletins (the Techniques of Scientology auditing and training) should have been produced first. *Ed(Ant) note.*

Regular Column

Outside the Box

by Flemming Funch France

Open Space Conferences

At the end of August 2007, we held yet another conference in Copenhagen. Like the last couple of times, I was a facilitator, and we organized it in an Open Space format as before.

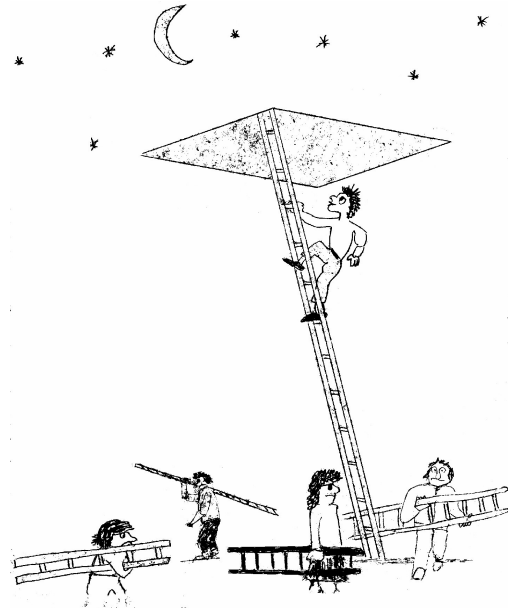
“Open Space” calls for a bit of explanation, of course. “Open Space”, or sometimes called “Open Space Technology”, is a certain way of having a conference.

Most people’s idea of a conference is that you sit for a couple of days and listen to some speakers, who, in principle, are smarter than you, and have something to tell you, and you listen carefully, maybe taking notes, and you go away a bit wiser.

The problem is that the audience often is as smart as the speaker, and might well have just as much to add. The problem also is that it is a one-way flow. You inflow non-stop. You have to sit still and listen to whatever the speaker has decided to speak about. Most likely you walk away a bit groggy and overrun, and you can’t remember all that people have said, as it becomes a bit of a blur. I suppose most speakers have learned to ignore the blurry-eyed look of their audience after they’ve spoken for an hour or two.

Alternative

Open Space is the alternative. It is a self-organizing conference or meeting. That means that the participants will decide at the beginning what the subjects should be, and how they would like to treat them. They can split into several groups when there are a lot of subjects; not everybody is interested in the same things at the same



time. They can decide to have a discussion, or to ask somebody to speak on a certain subject. Or they can decide to go outside and drink beer in the sun if they feel like it. The basic idea is that you do what you want, as long as you want to do it, and that you can set your own objectives and do something about accomplishing them.

Open Space Technology was developed in the 1980s by a fellow named Harrison Owen, Organizational consultant specializing in facilitating the development and/or transformation of large social systems with particular attention to the organizational culture¹. It has become exceedingly popular in recent years, particularly so whenever you find a group of people who actually have something to accomplish together, such as solving a specific problem. You’ll find it used in community groups, in companies, and in modern conferences.

¹ Open Space World: <http://www.openspaceworld.org/>,
Wikipedia entry: http://en.wikipedia.org/wiki/Open_Space_Technology

Principles

The principles of Open Space are simple. There are four principles and one law. The principles are:

- Whoever comes are the right people;
- Whatever happens is the only thing that could have;
- Whenever it starts is the right time;
- When it's over, it's over.

Largely, that means that one needs to surrender a bit and go with the process. This speaks to control freaks, who either would like to insist that everybody should be interested in the same things as themselves, or who have worries and regrets about whether things happened according to plan or not. Life, generally speaking, doesn't happen according to plan. If you are aiming at doing something relevant and new, you don't know in advance exactly how it will happen. It is something emergent, something that happens from the combined actions of a group of people.

The one law is called:

- The Law of Two Feet

Or The Law of Mobility. Essentially it means that you vote with your feet. If somebody is having a discussion or is giving a lecture about something that doesn't interest you at the moment, feel free to leave, and go somewhere that you find more inspiring at the moment. Self-determinism, essentially. Or you might recognize the parallel with the Rights of a Thetan:

- The right to your own sanity
- The right to leave a game

Hence, when the talk or discussion is no longer fun and constructive, go somewhere else where it is. Create your own game, if necessary.

Applied to a conference, that means that if there's another session or another activity that you feel would give more TA action¹, go and join it, even if you're leaving in the middle of somebody's speech. Hang out in the corridors if you want to. No hard feelings.

Free Market

Open Space is a free market. If there's something you want to do or say, go ahead. But everybody else is also free to join you or not. The latter might require a bit of thick skin. You might propose some topic that's very important to you, and nobody shows up for it. That doesn't mean it wasn't a good subject, just that maybe there were other topics that were more meaningful at the time for the other participants. Not a good time to be service-facky².

Typically the event starts by everybody bringing up topics to treat. That might be in the form of writing them down on little notes, or it might be in the form of standing up and saying "Everybody who wants to practice advanced OT abilities, let's meet in the kitchen." This is followed by a bit of free market action to see what people want to do, and a time to maybe organize a schedule around it, or combine several subjects into one, and so forth. Then the people assembled go off and split into groups, if that's the plan. At some point later, at least at the end of the conference, everybody gathers together to share what happened in the sub-groups.

At the Copenhagen conference, the Open Space approach worked well, as it has before. Many different topics were treated, either as presentations or as discussions: old-timer stories, conspiracies, Free Zone collaboration, different kinds of tech, creating your own reality; big and small things from the future of humanity, to new ways of brushing your teeth. Everybody contributed, and nobody seemed to look wiped out at the end of the conference. ☒

1 TA [Tone Arm] action, term borrowed from Scientology, meaning that a procedure, action or process is producing useful results, *AntEd*

2 Term borrowed from Scientology, meaning that a person (or group) is mostly concerned with making themselves right, and others wrong, rather than getting on with others in a friendly, give and take, way. *AntEd*

A Brief History of Buddhism

By Todde Salén¹, Sweden

THERE ARE MANY misunderstandings about Buddhism. In the Western world the generally known data might be summarised as follows: "There was a man in India (Gautama Siddhartha) who founded a new religion and today the religion of Buddhism has entered the Western Hemisphere. It has even been quite successful in this." The Dalai Lama once said that before Buddhism could really seriously enter the Western world, the West had to develop its own form of Buddhism.

Old Buddhist tradition is very clear about the fact that the religion that Gautama launched in India was not at all a new religion. Instead Gautama reformed the old religion (Brahmaism, which later developed into Hinduism) by introducing the idea that each individual himself can reach enlightenment through meditation. It was real news in those days that the Dharma (the Teaching) was only a form of assistance on the road to enlightenment for the ignorant being who had lost contact with his true self.

What is Enlightenment?

It is quite well known in the West that the word "Buddha" means "Enlightened One". But very few know what you are supposed to be enlightened in. What kind of knowledge should you strive for in order to reach and turn into KRC (Knowledge, Responsibility, and Control)? The idea is that you should get yourself enlightened (finding truth that you yourself consider to be true by using your own judgement on "Dharma", which is the teaching of "the laws of life and the meaning of life"). But old Buddhist tradition does not at all consider Gautama Siddhartha to be the only great Buddha or the last great Buddha. If you go to China, you will find in almost every place where they worship the Lord Buddha, that they have three different great Buddhas: The Amitaba Buddha, the Gau-

tama Buddha and the Buddha Maitreya. However, in Tibetan and Indian Buddhism, there are supposed to be five great Buddhas, and not one of the five great Buddhas are human beings. Gautama Buddha was very clear about that. He said very clearly that he was not Buddha, but only a human being who had reached Enlightenment, and by doing so he "became Buddha" or "met Buddha". By meeting Buddha (reaching insights or cognizing), you assist Buddha to grow. Buddha means Enlightenment, and for every cognition that any human (or other kind of) being has on Earth (or elsewhere), Buddha grows (Ref: Buddhadasa Bikku: *Handbook for Mankind*, The Buddhadasa Foundation. The Sublime Life Mission, 68/4 Trok Sathien, Tanio Road, Bangkok, 10200, Thailand.)

Buddhism and Writing

The Buddhist tradition says there was a first great Buddha long before the art of writing was developed. So there is no written record available to describe the first great Buddha. But there are traces of the first great Buddha in our spoken languages. Whenever you use words with spiritual meaning that stem from Indo-European root words, look the words up in the *American Heritage Dictionary*, where the Indo-European etymology is referenced. These spiritual words help human beings to communicate on spiritual matters and are the traces left by the first great Buddha. When you learn the Indo-European root words, you will often blow charge and feel relieved as you get realisations on the original meaning of the words. If you look up the word "meditation" in the *American Heritage Dictionary*, for instance, you will find that the Indo-European root word for "meditation" is "med-" which means "to take appropriate measures". You will also find that the same root word also appears in words like medicine and remedy. The

1 Todde, who, together with his wife, Renée, founded and runs the centre DUGA in Göteborg, Sweden (see his article in IVy 81, page 22,) has written a book in Swedish on Buddhism with the title *Buddhas Dharma* (= the dharma of Buddha) Ed..

logical conclusion is that medicine implies taking appropriate measures to cure the body, and meditation means taking the appropriate measures to make the spirit whole (holy) again. The Indo-European root word for -tion means "condition". Thus meditation originally meant "to reach a condition where you can take appropriate measure".

If you were to do Method # 1 Wordclearing¹ and clear all words that have Indo-European roots by looking up the Indo-European root word and its meaning, you would find that you would reach a much better understanding of words, than if you had not done the etymological wordclearing. We [in Duga] have learned that word clearing by studying the etymology of each word does greatly enhance the ability to reach better reality of the meaning of words. Etymological wordclearing is superior to just studying the present meaning of words in modern dictionaries. May I add that the *American Heritage Dictionary* has the best "appendix on Indo-European root words" that I have seen.

The second great Buddha

There is also the second great Buddha. It (not a human being, so do not use he or she), also appeared on this planet before any writing was available. Supposedly, the second great Buddha tried to teach human beings the subject of religion. The root word for religion is "leig-" and means "to bind together". The same root word has formed words like lien, ally and rely. The word religion is composed of "re-" and "leig-" and thus means to reunite or "bind together again". The natural question then is: "What is supposed to be bound together with what?"

May I suggest that it is your human nature that is supposed to be connected again (or obtain stronger ties) with the true self or "Buddha-nature". If you say that "leig-" means "contract" and that religion is the study and learning about what this contract is, you could call religion the "study of wisdom" (which L. Ron Hubbard said). But what is wisdom? The old Greek philosophers (Thales, Pythagoras, Socrates and many others) said that wisdom is "true knowledge"

(referring to the unlimited spiritual world). Practical knowledge is knowledge about the limited physical universe in itself. However, there is also wisdom in the physical universe, but it exists "behind the phenomena". For instance, you have practical knowledge on how to make shoes. Shoes can be made of a vast number of different materials, and there are very many practical details on how to improve the quality of shoes. Hence, the amount of practical knowledge about shoes is vast. The wise man, however, is not so much concerned about all that practical knowledge. The wise man wants to learn as much as possible about "the idea behind all shoes," and that is wisdom about shoes. The more wisdom about shoes you have, the easier it is for you to gain practical knowledge about shoes. Thus the human being who wants to produce shoes and make money by doing so, should try to gain as much knowledge about the "idea behind shoes" (which is not physical and does not exist in the physical universe, even if it interiorizes into MEST, just as you yourself also have interiorized into MEST and thus became human, a false I).

Practical versus spiritual wisdom

Ancient greek philosophers frowned on practical wisdom and insisted that only the beautiful wisdom of the spirit was worthwhile. The word "philosophy" comes from the Greek "philos," which means love or friendship and "sophia," which means wisdom. According to tradition the word philosophy was coined when someone asked Pythagoras: "Are you wise?" and he answered: "I am not wise, but I am a friend (philos) of wisdom (sophia)."

Not very many religions today live up to being a "study of wisdom". Even Buddhism and Daoism (Taoism) have deteriorated and have become misunderstood subjects filled with rites and rituals whose significance is not understood. Considering the tremendous number of wise women and men who have been around teaching wisdom to their fellow human beings, the lack of such true religions, may make you ask yourself, "What went wrong?" or "Why do the original words of wisdom get lost?" Could it be

1 Method one wordclearing; a Scientology procedure whereby someone is helped to clarify words s/he does not fully understand in something being studied. *AntEd*

that the teachers of wisdom had it all wrong, or is there something in human nature that prevents wisdom from spreading among humans? Regardless of the answer to these questions, the effort of the first two great Buddhas was clearly to assist human beings on planet Earth to reach out of the material (limited) world and into the spiritual (unlimited) world.

Third and fourth great Buddhas

Then there was a third great Buddha (again not a human being, but a spiritual principle,) and we even have his "name" in many Indo-European languages. It is named "Dharma," which stems from the Indo-European root word "dher-(2)," which means "to hold firmly, support." The Dharma idea is that a being lost in the swamp of ignorance (on spiritual matters) needs support to get out of the trap, as a human lifetime is too short to make it possible to get anywhere on the road to enlightenment without support. So there are many "Dharmas" around on the planet, but not as many as there are religions.

The fourth great Buddha (which Gautama tried to show us), realised that the trapped human being had no use of a Dharma that did not make him think the thoughts/ideas he needed to get out of the trap. Only by "becoming enlightened" through your own realisations (cognitions), could you get out of the trap of believing that you are only a limited human-nature being with only a short (some 70 years) lifetime. In the Eastern world they had the idea that you would succeed better in becoming enlightened if you withdrew from the world and sat down to meditate in a tranquil place. Some of the old Greek philosophers had a different idea. Socrates launched the idea that it is only through dialogue that you can lift yourself out of the trap you are in. It is through dialogue, that the individuals involved ask each other questions and come to realisations that improve their awareness of the "unlimited" world. But the religion of the East that delivered already four great Buddhas to us has not given up on us yet.

The Fifth great Buddha

There is the Buddhist prophecy that there will be a fifth great Buddha, when East meets West, and true friendship among races and nations starts to develop. This fifth great Buddha is the Bud-

dha Maitreya, and this great Buddha hopefully will give birth to a new and better civilisation. Maitreya (or Sangha) means "friend" ("Sangha" means "association" from Indo-European root word "gwhen-(1)," meaning "to press together").

Future of Buddhism and a New Civilization

If you consider the era of the five great Buddhas (which will last for another almost 2000 years), and the idea behind this very, very old religion, you should be able to see that the Buddhism that we learn about today, where monks and nuns cloister themselves in monasteries is not enough to deliver the message of the fifth great Buddha. There is a need for a much more vital and causative religion, if the new civilisation is going to be a significant improvement of the civilisation we are already living in. L.R.H. mentioned that only after you have learned enough to master the Auditor's Code, will you qualify to enter the new civilisation. Nostradamus predicted that a new religion would appear and replace Christianity before the 1000-year Kingdom could be established. He also said that the new religion would refine itself and develop as it was disseminated to more and more people who were not the effect of fame, wealth or death.

There can be a bright future on this planet if we work for it, but hiding without reaching for our fellow human beings will accomplish nothing. The problems of this world will not be solved by people who remove themselves from the work-a-day world. Philosophers who have taken responsibility for the political situation on this planet during certain periods of our history, have done immensely more to improve conditions on this planet than those who have barricaded themselves within the walls of convents and monasteries and lived from the handouts of those who do produce and work for their living. If you reach out into the world, you will not only reach out into the spaces of nice people, but also into areas where not-so-nice beings work to oppress their fellow men. So there is a need to confront evil for the job to get done.

References: Buddhadasa Bikkhu. *Handbook for Mankind*. The Buddhadasa Foundation, The Sublime Life Mission, 68/4 Trok Sathien, Tanao Road, Bangkok, 10200 Thailand.



The “Lost” Tech of Actual GPMs

by Rolf K, USA

The Goals-Identity Rundown is an advanced procedure that has been around since 1990. It has been well researched and fully piloted and tested over many years by a number of independent practitioners. It is designed to discharge Actual GPMs and does so without the reported ‘casualties’ of the early GPM days of 1961-65. In that period Hubbard first researched the subject but then settled on only processing Implant GPMs due to the unharnessed power of Actual GPMs. It is delivered as a duo action rather than done solo. The Rundown was developed by an independent practitioner (and Class VI auditor) named Bill Nichols of Los Angeles.

EARLY ON THERE IS plenty to take up on a case; Life-repair, grades, engrams and secondaries. Following the grade chart, once the case has gone clear, you go through OT 1-4 and NOTS. If you follow LRH's research line, there is, however, an important part of the case that now is being completely overlooked; the Actual GPMs! They were in the 1960s described as being at the core of the case. Maybe they still are?

If you look closely at this core, you find a series of goals and identities the person is currently operating on. In addition, there is a supply of past goals and identities. Among them are very basic goals as well as more practical and contemporary ones. Each goal you find is running on a cycle of action. It has its own unique Be-Do-Have. The Be was the identity, role or ‘hat’ assumed in order to operate. The Do is the execution of the goal. The Have is the desired end result. For example, the identity could be ‘policeman’ (be). The goal could be ‘to enforce the law’ (do). The desired end result would be ‘lawful-ness’ (have). Goals that are fulfilled successfully cease to exert any influence as they are completed cycles. However, goals that are incomplete, due to their basic nature or their vastness, or abandoned due to the opposition they met, tend to remain with the individual at some level. Over time, these incomplete or abandoned goals group in a certain way. They be-

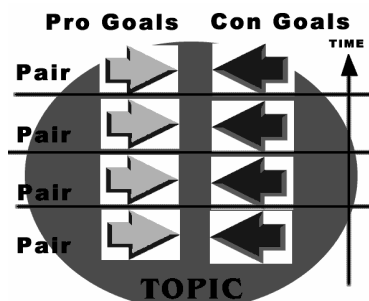
come part of what is called a Goals-Problems-Mass (GPM, see below). Since these goals and identities, at some point, were chosen consciously by the person and happily pursued for a long, long time as ‘my life’, they have a great capability to influence and aberrate the person and go into action, even after they are long ‘forgotten’ on a conscious level.

Anatomy of a GPM

An Actual GPM consists of such own goals and goals that opposed them. We postulate goals to have a game. Once postulated they may attract opponents. This brings about a pair of goals, also called a dichotomy. You could say a dichotomy is an old or current unresolved conflict or games-condition that produces charge between the two sides. One identity with its goal acts like a pole in a battery. The one side of the dichotomy is the person's own goal; the other side is the opposition that eventually frustrated the person to a degree; so he/she abandoned pursuing the goal. One such abandoned conflict is being layered on top of the next as time goes on. The goals in the dichotomy clash, so they form problems and masses in the person's mind. These masses can remain with the individual for millennia.

The basic anatomy of a problem is goal-counter-goal; intention-counter intention; or one confusion that is hung up against another comparable but opposing confusion. The basic goals the person pursued are typically very broad and general as remote guiding stars that lead a person in a certain general direction. These goals align themselves along the eight dynamics, which, themselves, are very basic goals in this universe. An example of a goal would be ‘to obtain wealth’. To succeed, all the opportunities and strategies of life may come into play and lock-incidents formed. Sub-goals and corresponding ‘hats’ or identities are taken on, in order to succeed. You can probably imagine the opposition and counter-goals the person runs

into during this general pursuit and all the 'hats' he/she needs to wear in order to succeed.



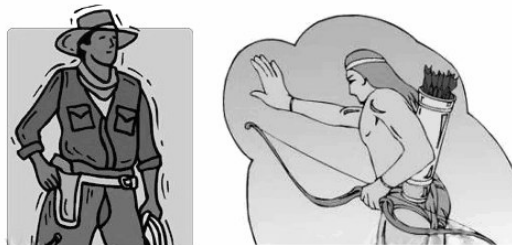
A GPM consists of pairs of opposing goals. One pair is layered on top of the next over time. All goals have one theme in common. That's the playing field or what the two sides fight over. One finds such a Theme that is in play in one's life, then one goal related to that theme and what opposes it. One then finds another goal and its opposition repeatedly, until all available pairs are discharged. Both the goals and the IDs behind them have to be skilfully discharged as one goes along.

Early Research

The subject of Goals-Problems-Mass was first researched by Ron Hubbard between 1961-65. The processes developed during that period were, however, highly experimental. Although much data was accumulated during the original research, no safe technique emerged that could be put to general use. There is one exception to this. The 1965 process known as 'Routine 6 End-words' runs light locks on the Actual GPMs and can lead to key-outs. It is safe (but not that effective) and is used as Grade 6 (before the Clearing Course) in CoS's original line-up of 1965-1978.

Actual GPMs are different from Implant GPMs. Implant GPMs are short engramic incidents where the person was subjected to overwhelm (usually by electronic means) while being loaded with a long series of conflicting goals. This was a mind control operation (intense 'brain washing'), performed to confuse an individual and reduce his power and clarity of mind into that of a more subdued, controllable, and dumb individual. Implant GPMs can also be run out and examples of that would be the CoS's OT-2 level, the original Clearing Course materials, Helatrobis Implants, and others.

An Actual GPM is sometimes described as a perceivable black mass or mist that is located in the vicinity of the person. There are numerous GPMs on a person's case. Each GPM is held together by a subject matter (theme). All goals and identities in the GPM are closely related to this theme. The pairs of opposing goals also relate to each other in a pattern known as the Line Plot. Since the line plot is not used in the Goals-ID procedure we will not describe it in great detail here. We will just say that once a goal has been pursued for a long time in life, the person hits a dead end. He is burned out due to the opposition. He therefore reinvents his pursuit but on a slightly less ambitious level. He uses this 'tactic' to try to overcome the opposition first met. In this way, he will in turn pursue a series of goals related to the same subject matter, each in turn opposed by the environment, (usually other beings), and each eventually coming to a halt when the person gets stuck doing it, prompting a new lower scaled goal. You can plot the deterioration of ambition on various scales, (such as the CDEI scale or havingness Scale; see example below). Eventually, he will abandon the subject matter entirely once he has reached bottom, and start a new series of goals related to a new Theme. Although the line plot isn't part of the procedure, it is worth noticing that once a GPM is formed, it sets out a pattern that later can be dramatized. The person may click into the succession of goals and contra goals, as if it were a play or set of railroad tracks to follow, and go through the whole gamut within a short or long period of time.



"Cowboys and Indians" is a classic pair in conflict. The subject they fight over could be "wilderness". The Indian's goal could be "to be respectful of the wilderness". The cowboy's could be "to dominate the wilderness". Each side is made solid by all kinds of fixed ideas, experiences, confrontations, etc. They are both "right extreme" in their traditional identities.

The Theme

In the Goals-ID Rundown, the general subject matter is called the theme. In Ron Hubbard's materials it is known as the end-word. The most basic themes on a case are broad general concepts that can cover a lot of situations and territory. It could be 'wealth', 'survival', 'eternity', 'consciousness', 'faith', 'health', 'beauty', "justice", 'serenity', etc., etc. They cover broad concepts that have been important to living for millions of years. These core themes sound like philosophical areas of interest that people can feel passionate about. They are absolutes, and 'Absolutes are unobtainable' (Logic #6); therefore, they are never completed as goals. They can, however, be dealt with as highly charged subjects. You will usually start out with more tangible themes related to daily life. They may derive much of their force from deeper, older basic themes to which they are related. themes, over vast spans of time, tend to repeat themselves and thus reappear in a cyclical pattern. This is known as the Downward Spiral. The theme re-appears, but now smaller in scope, as there is a loss of power due to the fact that more and more attention units get tied up in old goals, identities, and mental masses. It is, however, important to note that to work out 'whole-track charts' and Line Plots aren't part of the Goals-ID Rundown. To try to map them outside research serves no good purpose. It is dangerous and can have catastrophic effects on the case as it is being pushed into an uncharted wilderness. Feel free to find them piece by piece as a result of cognitions.

Whatever the person brings up as a hot theme can usually be run as long as it is in the form of a 'timeless flavor'. By 'timeless' we mean in a form that can be found independent of any particular time and place. By "flavor", we mean it's the conceptual combination of perceptions and impressions that make up the atmosphere surrounding a subject matter. At its core, a theme has a quality or "feel" to it rather than being a thing. "The theme of law" would cover anything related to law matters which all belong to one GPM. This GPM could also be called "cops and robbers", as it typically would play out as a contest between law breakers and law enforcement. The theme could include anything related to the police force, to courts, to law-breakers, crime, loot, victims, jails, etc. Despite

this diversity, all elements in this GPM would have a certain flavor or quality in common. A theme is thus a broad category, covering both sides of an issue, characterized by such a common quality or flavor. This abstract flavor is what holds the GPM together in the mind.

The basic conflicts we go through in life may change in personnel and circumstances, yet the emotions and drama patterns are stunningly similar anywhere on the time track. A hot theme is something that engages and appeals to the person. It's something the person expends effort on and agonizes over. It could be something that ruins his life and consumes his attention, interest, and energy. Any area that continuously causes out rudiments on a case is a strong indicator of a theme that can be processed once its 'timeless and qualitative' form is formulated. Initially it could be the job, the boss, the spouse or kids, how one looks, one's special nemesis, the tax man, etc. It includes what is known as "the ruin" in dissemination tech.

If we take the theme 'wealth' as an example, you can see how many conflicts and wars that theme has led to going way back in time. How many goals and counter goals have gone into that theme! Examples would be 'to create wealth', 'to gather wealth', 'to protect wealth', 'to retain wealth', 'to steal wealth', 'to pretend wealth', 'to ridicule wealth', 'to avoid wealth', 'to destroy wealth'. The examples show the deterioration of ambition to a point where the last one 'to destroy wealth' is the opposite of the first one, 'to create wealth'. At the very end the person has, typically, switched sides and become what he was fighting so hard when he first set out 'to create wealth'. Such destructive goals are usually of short duration as it's against the basic goodness of a Being. An up-scale goal, such as 'to create wealth', is usually the first and most basic goal in a GPM; ('Create' is the top level of the Havingness Scale). The opposing goal to any given goal is not necessarily its logical opposite. It is simply the counter-goal that completely frustrated the person and caused him to give up the original activity. Counter-goals "to create wealth' could be, 'to scatter wealth', 'to tax wealth', 'to detest wealth', and of course, 'to destroy wealth'. Once the most basic goal (and its opposition) is discharged, the whole GPM is erased. The most basic goal the person pursued in a GPM would be the original

unopposed intention just to postulate something into existence. This may be found, and usually may not, the first time the theme is contacted and available goals run. Often general unburdening of charge is needed on a number of themes before the earliest pair of goals of any given GPM is unburdened enough to produce a read on the meter so they can be run.

Since a person, as he exists in present time, has countless GPMs as part of his case, chances are that many different ones are affecting him. After all, each GPM consists of long sections of his time track organized according to theme, goals, and polarity. Sections of a GPM can go in and out of restimulation depending on the person's intentions, activities, and environment in present time. This is, in other words, a very complex and confusing situation we are dealing with. The Goals-ID Rundown will first sort out the confusions of data and then erase the stuck goals and identities the person is prone to dramatize when triggered. Once any goal in a GPM is contacted, it is simply erased as a reactive thing that can be triggered. The same is true for the identities. The person is to that degree free to again make up what to be, do, and have in the area without the dramatized or obsessive behavior the GPMs dictate.

Unburdening the GPM case

In the original research of Hubbard, it was considered necessary to uncover one actual GPM in its entirety, following the internal pattern called the Line Plot. In the Goals-ID Rundown, this is found impractical and too hard on the person. Instead, a person's case is viewed as a complexity of intermingled GPMs that has to be taken apart from the top down, so to speak. You want to remove the dichotomies you can get to without stirring up additional charge. You keep this up, taking the most available dichotomies, and once that one is removed, you look for the next available one and keep it up until done. You unburden the case gently rather than insisting on a theoretical form that undoubtedly exists below or inside the mess.

Another thing that makes the Rundown unique, compared to other GPM techniques we are familiar with, is the care taken in discharging not only the goals but also the identities (IDs) behind each goal. Each ID came about as the Beingness assumed in order to effectively pursue a goal. A

goal like, "to enforce the law", makes you think of a policeman and that is the typical ID related to that goal. Each of these IDs hardened while pursuing its goal. It adopted fixed ideas, service facsimiles, lies, etc., in an attempt to remain a force focused on succeeding. A goal is, in other words, not seen as a mathematical vector in an abstract universe but as a chapter in one's personal history book. It headlines personal battles, victories and defeats, tenacity, cruelty and underhanded practices used in the battle in order to prevail. Often you find your own past ID in a certain conflict is now hopelessly intermingled with 'the enemy's' ID. This intermingling of IDs is part of what makes it persist as mental mass formed around the dormant but 'not dead yet' opposing goals of the conflict. To take the mess apart completely, you have to look at the IDs of the combatants, including their fixed ideas, etc. These ideas, etc., solidified the IDs opposing 'just causes' to a point where, they, to this day are worth fighting for when restimulated. The identities and the fixed ideas that hold them in place are the most basic 'lies' in the GPMs. A being can be anything. In the context of the GPM, he passionately decided to be, say, a policeman and made sure to be a 'damned good cop' by adopting all kinds of fixed ideas and justifications. This is a long way from his natural potential. It's a huge alter-is or 'lie' that keeps the person being solid and aberrated. It is, however, also a way to give the goal pursued persistence and power.

The top-down approach means that you do not necessarily get the very first time a goal was conceived. You may take up subjects that are less than part of the very core of the case. Likewise, you don't necessarily get the earliest incidents when the goal was in play. Sometimes you get high-powered locks. But you are unburdening the case and your ability to spot earlier occurrences and more basic themes will improve as you continue with the procedure. Just take what comes to you and run that and leave it at that. You flatten a goal by repeating it and acknowledging each repetition. You keep up using Repeater Technique until it no longer produces a change or read. Both when finding themes and goals, you should go with the first answer that pops up in your mind. (Sometimes you may have to rework the formulation to run it.) The technique is known as 'Flash Answers' in the old

Dianetics book. The mechanism is also known as the mind's File Clerk. Once you have found a hot theme, you stay with that theme until you can find no more charged goals connected with it. A goal always has the form 'to [verb] theme'. See examples above related to wealth.

Completing GPMs

Actual GPMs in their entirety may not be available at first contact, as mentioned above. You may only be able to find and run a few pairs before something more urgent demands to be run. To get it all, it is therefore important to go back and recheck themes from time to time. This should at least be given great care before finishing the whole action. A GPM is erased when its first pair is dealt with. The very first item in the GPM is the person's original postulated goal related to that theme. Erasing this will usually result in a significant blowdown and wide floating needle on an e-meter. The cycle has finally been 'completed' by undoing the stuck postulate. The first goal in a GPM will be an upscale 'free spirit' postulate, such as 'to create [themel]'. Different systems can be developed to find as many themes as possible. You can address specific dynamics, for instance. We have found that asking for what a person is dramatizing (the main question used in R-6-EW) may yield additional themes that then can be taken through the Goals-ID steps. Since finding live and important themes require that the person can look at his life 'objectively' or with self-critique, the action requires that the person is in good shape and has completed Grades 0 — 4 and *Dianetics* (NED). This is also why the rundown works best as a duo-action rather than a solo action. Each GPM is relatively self-contained and can be erased without touching on other themes or GPMs. We have often found that great themes come to mind in some odd life situation or as a result of reading and checks out in session. There are, of course, also more formalized ways to find hot themes.

Rounding off

In the light of the tremendous case gains that can be gotten from finding and running the dichotomies of actual GPMs, it is a mystery how this whole band of technical possibilities got so utterly lost and abandoned. Many old-timers assumed actual GPMs would be taken up on the upper OT levels. What we have from LRH now

seems to be about implants (on OT 2 and old Clearing Course) and about entities (on OT 3- OT 7). Although OT 2 and CC do address GPMs, it is only lock incidents and proxies of actual implants that are directly taken up. Using the approach of Goals-ID processing, you will realize there is plenty to process from the experiential track. There are plenty of goals, postulates, identities (valences) and fixed ideas the person is carrying along that can be found and processed. It can be done in an orderly and safe fashion by simply back-tracking how they got there in the first place and undoing the damage on a gradient. In the final analysis, the postulates of goals and fixed ideas, underpin the attraction of and the holding onto "entities", "mental mass", and "case". The GPM goals, as frustrated intentions, are the major charge generators on a case and lend charge to all other case phenomena, be it engrams, upsets, problems, implants, the entity case, etc. The point of view taken on the entity case here, is that it's a life-like recording medium, not the object of the processing. It will take care of itself once the postulates are erased. When the different types of postulates are found and processed, we predict and see masses and entities as-is or blow off. When the recording is erased the medium holding it simply disappears as irrelevant. This does not invalidate or contradict the value of entity processing. That processing simply belongs to its own level. All elements processed in Goals-ID processing are of the person's own causation, and running them does indeed enhance a person's cause level.

In short, when you embark on Goals-ID processing, you process experience, the time track, your own postulates and situations that did you in — both on overt and motivator side. You process "confusions" and the goals, postulates, and valences, that keep them suspended in time. Once these get cleared up systematically, one confusion at a time, they blow off or straighten out. As a result, you will experience a profound positive effect on your ability to be, do, and have in daily life in the form of stable gains.

Letters

We wrote to the developer, William Nichols, an independent practitioner in Los Angeles and got the following response:

I am glad you like the GPM Rundown. I have been using it virtually daily for the last eighteen years as part of my practice.

It does indeed get to things that nothing else touches. I was in the C of S from 68 to 85 and got up to Class 6. After I left the C of S, I started reading and re-reading everything I could find about actual GPMs because I had spotted a logical outpost existing between Grade 6 and the Clearing Course. On Grade 6 you dealt with parts of actual GPMs called 'endwords' and thereby keyed out the GPMs. Then on the Clearing Course you dealt with implanted GPMs. So what happened to the rest of those actual GPMs that were keyed out on Grade 6? Per 'Stages of Release' in the Tech Dictionary running out actual GPMs completely was the final stage but that was dropped in 1965. Using the basics of the tech, I decided to approach the

area from a different angle- using the 'file clerk' to run out one pair at a time rather than trying to construct a line plot and using 'izeingness'¹ which Ron Hubbard mentioned on the Grade 6 film. There were numerous other innovations as well. After 18 months of using myself as a guinea pig, I had what I hoped was a stable procedure. I tried it on one lady, and it worked like a bomb. She referred many others to me, including other practitioners, and the ball was rolling.

Bill Nichols

A Class XII Opinion on the GPM Rundown

Otto Roos, a well known Class XII in the Free-zone and early research auditor, sent this acknowledgment to the developer:

Thanks for your letter, and thanks for the GPM Rundown. At my very first glance of it, it was the right item. The way you incorpo-

rated the lower grades into the Rundown, I found extremely well looked over and handled. The simplicity and obviousness absolutely stares you in the face!

The process incorporates many of the items not only of the old Goals days, but also some of the XII procedures [the Ls Rundowns], yet very much simplified. It is a pity the Old Man is no longer with us as, I am sure, he would have commended you most highly. At the same time it is great that a member of the independent field has been able to develop something really valuable. Thanks again for this *fun(!)* and technically sound procedure.

Signed

Love Otto

✕



1 'Ize-ing-ness' 3 suffixes put together to make a theme "timeless and qualitative". Example: Law-izeingness= "theme of law" as explained in article.

Remembering Mary Wernicke

By Hank Levin, USA



Mary Wernicke, sharing an amusing moment with close friend Gary Douglas, the founder of Access (circa 2004).

MARY WERNICKE, a professional auditor with a prodigious practice in Santa Barbara, CA, left her body on November 22, 2006. Born on November 25, 1913, she died in Santa Barbara two days before her 93rd birthday. Mary had lived in Santa Barbara since 1972. Mary was born in England, and came to the United States in 1928, and married Bill Wernicke. Bill was a successful advertising agent, noted for having sold the first TV ad. Long-time friend Gary Douglas, the founder of a clearing therapy known as Access, says of Bill's and Mary's marriage that it was "the most extraordinary relationship I've ever seen. Bill was a Catholic, and they never shared cosmologies. She agreed not to talk about Scientology with his friends, but she'd go to Saint Hill for months at a time". Bill passed away in 1995.

Prior to embarking on Dianetics and Scientology in 1952, Mary worked as a volunteer in schools, dealing with children with behavior problems, at

times travelling back and forth to England with her husband. Later on she ran an HQS Course in New York City. Says Douglas, "Mary studied all religions, and knew the Bible inside-out. She also studied Avatar (becoming an instructor), worked with Alan Walters, and learned Access at 88 years old from her friend and housemate Gary Douglas. Speaking about Wernicke, Douglas reports, "She said 'there's good in everything' ". She helped me through some very tough times. She actually encouraged several people to come to Access."

Mary was known for her intensity, common sense, wry wit, and sense of propriety. He relates how, at the age of 80, at

a fundraiser for David Mayo's AAC, she had read the lyrics to "Baby Light My Fire" as a poem with a straight face. "Hysterical."

Douglas also says, "She bemoaned the loss of the age of elegance."

Mary survived her own daughter and last living relative, Monica West, who died at the age of 62 two years ago. Friends mentioned that Mary's health started to go downhill after her daughter died.

Mary audited professionally up until 5 weeks before her death. She had all the clients she wanted in Santa Barbara, though in the later years she limited her practice.

She is missed by the many whom she spiritually helped and supported through the years. ❧

Charles Berner

by John H. Wolfe, USA

H. CHARLES BERNER, prominent field auditor in the 1950s and 60s, died 24 June 2007. He was once president of the Church of Scientology of California, which was originally an association of field auditors when it was founded in 1954. He attended several Advanced Clinical Courses, and was declared Clear at the end of the 19th ACC [Feb. 1959]. Somewhere about that time, he regained his memory of past lives on the whole track, and was able to recall them on a straight-wire basis. He sometimes talked fondly of the lessons he learned in his lives as a Tibetan master. He wrote *A Guide Through the After Death Experience* in which he translated parts of the *Tibetan Book of the Dead* using Scientology terminology. L. Ron Hubbard wrote the Forward.

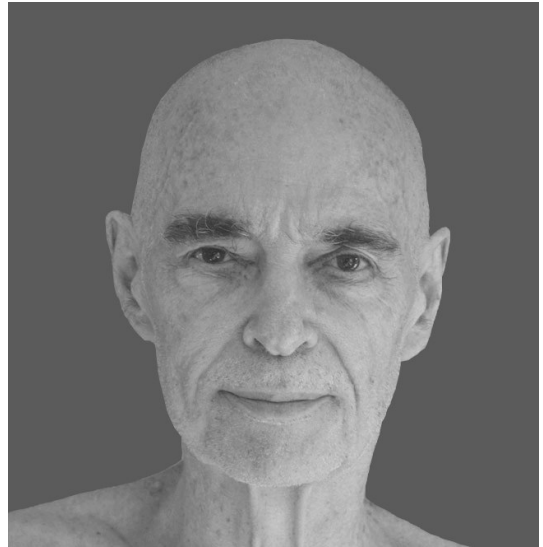
In the 1960s, he specialized in running goals processing. He attended a briefing at St. Hill in 1961, completed the Saint Hill Special Briefing Course in 1962, and again in 1964. He and his wife Ava developed many of the principles of Study Tech, which they presented to Ron immediately before Ron's first lecture on the subject. He also suggested to Ron that Clay Table demos could be used for auditing, as well as training.

He was widely known and respected for his devotion to standard tech. In the 1960s, I was audited by him on SOP goals, R3GA, R3-21, R2-12, R3M, R3N, and R6, with excellent results. He was my friend.

He was devoted to individual freedom and personal responsibility. He was declared a Suppressive Person by LRH in 1965, for teaching his preclears how to solo R6EW. Around 1966, Berner went on to found the Institute of Ability, using similar techniques to Scientology. In 1968, Berner started his Anubhava School and created the Enlightenment Intensive.

Then in 1973, he went to India and was initiated into the highest yogic teachings by Swami Kripalvananda. He returned to the United States to practice, teach and write yogic philosophy and meditation. Charles Berner assumed the name Yogeswar under which he practiced and taught his system. One of his students from that period remembers him this way:

"I had spent a year at his ashram in California, 30 years ago, literally sitting at his feet, and doing lots of



Picture taken from
http://www.naturalmeditation.net/Design/YM_4_07.html

growth work designed by him and partially led by him. For approximately 10 years, I considered him my spiritual father. The year I spent in his community not only changed my life but also imprinted me lastingly." — George

About 20 years ago he moved to Australia and established a center in Merimbula, New South Wales. He mainly concentrated on a system he called Lila. It is influenced by traditional Yoga as well as Scientology.

Among titles he has published are: *Lila Paradigm*, *Daniel and the End Time*, *The Road to Liberia*, *Enlightenment Manual* and *Guide to After Death Experience*. Some of his writings are available for free at CharlesBerner.org.

He died at home in Merimbula on June 24, 2007 at 3:13 AM and will be missed by his many students, and by family and friends.

For more information on his life and his writings, <http://www.naturalmeditation.net/> and <http://www.charlesberner.org/> ☒

Books can be obtained from the home pages, except the interpretation of the *Tibetan Book of the Dead*, with LRH intro which will be at <http://www.ivymag.org/subclub/deathhandling.html> (a scanned in version from a book obtained in 1961)

Nodding Off

by Jim Burtles, UK

No more tossing and turning or counting sheep.
It's the present tense that seems to work for me;
No more wishes or wanting; could or should be.
No ifs, buts or maybes — Just 'I am asleep'.

✕



Recent graduates of The Clearing Institute's "Practical Essentials of Clearing" workshop, held in Salt Lake City in July, 2007. The Clearing Institute has been offering an ongoing series of online and in-person trainings on Clearing, incorporating basic skills in the use of the biomonitor. <http://www.clearinginstitute.com/training.html>

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International Viewpoints

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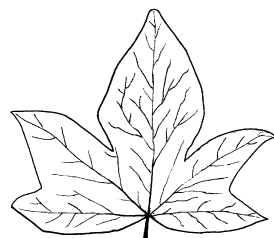
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