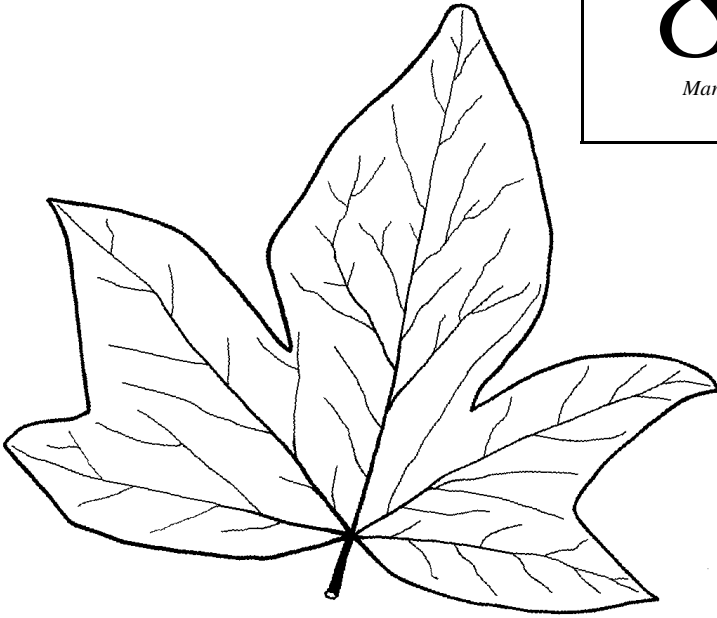


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March 2007



International Viewpoints [Lyngby]

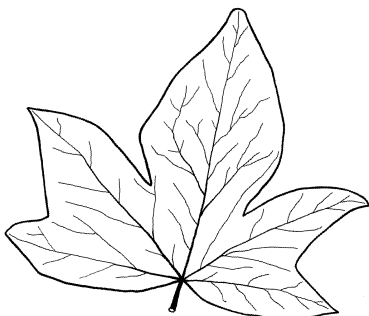


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IVy

Editorial board consists of:

Antony A. Phillips. (Responsible under Danish law = ansvarshavende redaktør),
Judith Anderson, M.M. McGuiness, John and Deirdre Alexander.

Printed by Domus Replica ApS

Production Team: *Lars Peter Schultz, Morten Lütken, Claus B Hansen, Angel Pearcy,, Conal Clynych, Derek Bamford, Kim Baker, Rolf Krause, etc.*

Address: Jernbanevej 3F 4th, 2800 Lyngby, Denmark

☎ +45 45 88 88 69

Internet: ivy@post8.tele.dk ivymagweb@usa.net

<http://www.ivymag.org/>

BG Bank A/S, 5 85 87 98, Reg No. 1199 (DK)

International Viewpoints is independent of any group or organization.

IVy's aim:

The aim of *International Viewpoints* is to relay communication amongst those interested in the positive use of MetaScientology. MetaScientology is defined as the many branches, groups and individuals arising from Scientology, including Nordenholz' book *Scientologie: Wissenschaft von der Beschaffenheit und der Tauglichkeit des Wissens* from 1934, what became the Church of Scientology, and the many groups which arose, especially since 1980. We have no connection with official Scientology, and wish none.

International Viewpoints deals with this large area, and we aim to promote communication within this field. We relay many viewpoints, sometimes contradictory! ☒

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We thank the many who have contributed to IVy, including three new editors, whose work will appear in the next IVy. More are wanted, and also help to see that IVy reaches further into the various areas of "Scientology outside the control of the C of S"

Contents © 2007 *International Viewpoints* (Lyngby)

An Improved Mind is a Gift

by Randy Payne. USA

THERE ARE SOME GIFTS that are easy to give. A smile, a thank you, or directions to a traveler are easy and should be given. As a teacher there is a gift maybe I can give you or your child. The gift is a way to create a 10,000 word vocabulary. This can greatly advance an individual.

I have taught over 10,000 students and teachers in eight different countries, ages three to seventy, in subjects from English and humanities to basic and advanced math, science and computers.

A high school student with a 10,000 word vocabulary is good. This has been done in ten and twelve year-olds.

Conceptual Self-Made Dictionary

You will find most great men and women have large vocabularies.

A lost teaching technology was having students make their own dictionary. There are many ways to do this. In the 1800s, when very few published dictionaries were available, children made their own. One reason for large vocabularies in many early great leaders was the effort that was put into understanding a word and its definitions.

Today, one way for students to start a dictionary is to use their spelling lists. There are ways for three and four year-olds to start a dictionary. Also, English-as-a-second language students can start a dictionary.

Use one page for each word. (That way you can alphabetize them and add more definitions and information sometime later.)

1. Write the word at the top of the page. (Do not worry about pronunciation keys when starting especially with children.)
2. Write a definition for that word that you like.

3. Write a simple sentence using that word in the sentence to show its meaning as in the definition.
4. Draw a picture or series of pictures to show the sentence. (This make the idea a clearer concept in the mind and easier to use and remember.)
5. Write another simple sentence using that word in the sentence with the same definition. (Doing it twice gives your mind a comparison. Comparisons make it easier to get clear in your mind than just one example.)
6. Draw a picture or series of pictures to show the sentence.
7. Repeat for more definitions.

Editorial

PERHAPS MOST OF us know what is needed to keep the "Church" of Scientology alive and growing (and providing luxury for the elite). But what is needed to keep the Scientology and MetaScientology Free Zone growing and thriving? I'd suggest that it is not money, but rather communication. Communication, one of the main pillars of early Scientology, is one of the main things that the present "official body" of Scientology suppresses. Those who have left the once comfortable fold of that official body may have unknowingly inherited some of that suppression. Perhaps a little unwillingness somewhere to communicate, despite having a certificate saying you can communicate to all things large and small.

If you want to contribute to the growth and survival of "Free Scientology" (not a bad idea), it is not your money that is wanted. How about contacting a former friend or acquaintance, not to handle or convert, but just out of curiosity and friendliness? How and what are they doing?

✕

Example:

dog

animal with four legs and a tail and barks a lot

(Whatever definition that is close is good for starters. Students get better at definitions as they create their dictionaries. Students also make meanings clearer in their minds.)

My dog is loud. (Sketch simple pictures. Anything that makes sense to you is okay. Children and adults make better pictures on their own without any correction.)

The dog eats a bone.

If a parent makes a dictionary along with the children it can be a valuable shared experience. Do not correct the child very much on the quality of the definition, sentences or pictures. Number of times over this pattern will cause a great increase in quality. The student will start correcting his/her own work.

Example:

hit

1) slam something with a stick or your hand

Tom hit the ball.

Eva hit me.

2) a song or video that everyone likes

The hit cost me five dollars.

The famous rapper made a hit.

Two sentences and pictures are good practice. Three or more sentences and pictures are better but at least two are necessary. The mind works better with pictures and conceptual understanding than just the letters of the word. The mind works better with comparisons or what some teachers would call data of comparable magnitude.

Later students can get into pronunciation, word history, and grammar usage. It is not necessary but students usually want to add this after a while.

For more help send me an email at liteschool@aol.com. A few words a day, three or five days a week has advanced students years ahead of others.

Merry Christmas,

We received this on the 8th December from Ken Urquhart, on asking if we could use it, whether the author was a Scientologist and if there was more background data, we got the following reply:

Dear Ant Phillips, Ken got me through OT V, with Pierre as the C/S.

It would very helpful to get the information out through International Viewpoints. The letter [previous two pages] I sent is an introduction. Individuals can go off in all sorts of directions in their creation. There are many ways to go on this 10,000 word journey. I have never helped one individual from beginning to end.

A year of doing several words most days does result in a person much more certain of their vocabulary. Concepts get pushed around easier. Other perceptions can be opened other than just visual and sonic, but not required.

Starting simple

I have started children as young as three years old with a variation on the procedure. Their parents made a dictionary at the same time. One kindergarten teacher reported kids not wanting to go to recess. The three-year-olds made a dictionary on prepared pages. Top half is a simple black-and-white drawing of the representation of the word with the word written above the picture. The word is between two bold lines with the normal dotted line in the middle. Bottom half of the page is left blank except for the empty two bold lines across the page with the dotted line in the middle. (As seen on writing paper to train students to write.) Simple words are chosen to do with the environment. This is normal and a teacher can make a page like this or buy them where preschool supplies exist.

The most fun

Now the difference that makes the most fun for kids and brings their reality way up, is to repeat the same front page on the back of that page. The front side is completed by the child with their written practice words and picture. That page is now traded with a friend or a parent. The other child or parent now puts their idea on the bottom of the back of the page and writes

the word. This exchange of communication and reality is what makes a classroom of preschoolers not want to go to recess.

Do not correct the pictures. It is their picture. One need not be an artist. The pictures get better and better.

This exchange of communication and reality between parent and child is quite something over time. A world is built between the parent and son or daughter. A world is built between children in a preschool classroom.

Evolving

Large (thousands of words) dictionaries get placed on electronic media, usually. Or else, you must use binders or folders for each letter. Many times the one word per page requirement is changed after hundreds or thousands of words.

Subject word list can be chosen, as a word list for animals or chemistry or advanced calculus. Word lists that build phonic skills can be made. Most history books and many textbooks contain word lists to learn.

The normal parts of a dictionary evolve as the student works on this. Parts of speech, pronunciation keys, and word derivation all get woven in.

Small words take work and usually some teacher assistance. Definitions overlap and that is okay but students may need to be comforted on this point.

Conceptual thought becomes much easier than word thought.

Any help I can give let me know.

Best wishes,

Randy

Randy's email address is: liteschool@aol.com

✂

You can write to any living My author. Send to us and we will pass on. And you can ask them questions. One such question reached Flemming Funch via us, and is answered in My 82

Running the Buttons

by Jack Horner

[This article has been adapted from a copyrighted lecture given by Jack Horner to students of Eductivism on December 1, 1972, in Los Angeles, California.]

This is a lecture on running the buttons¹. Buttons are still very much in use in this subject. They're not as good as zippers, but we haven't developed good zippers yet for processing! The term 'button' originated from the concept of adding machines and clearing. If you push a button on an adding machine and hold it down, say you hold down the 7, no matter what other computations you make, the 7 is included. The answer will be totally correct with the held down 7. But if you don't know a number is held down the answer you get will still incorporate the held down number, and it won't be correct in terms of just the numbers you put in.

For the most part a button represents a reactive response over which one has no control. If you have someone on an e-meter and you push a button, no matter how many times you push it, it keeps reading until you run it. We still talk about pushing people's buttons, and most of us have them.

Pushing buttons

So people have their buttons. Most people who get to know each other learn to respect each other's buttons, except when they get mad at each other, in which case they judiciously push them! Buttons are a fascinating subject. When they're really reactive a person really has no control, and you can say a phrase that you know he's got in a period of unconsciousness, and make him semi-conscious just by repeating the phrase. You can lay people out and make them sick and do all kinds of things if you want to, with a knowledgeable use of buttons.

I had a landlady years ago who was giving me a terrible time. We decided we didn't want her bugging us, so three of us looked at her and chanted in turn, "It's a girl. It's a girl. It's a girl". That triggered her birth, and the poor old gal had laryngitis for 3 weeks after that! The reality of pushing buttons got real to me then, and that's about the last time I ever pushed them with that kind of deliberate maliciousness.

The classic story about buttons was Wing Angell giving a lecture in Phoenix about buttons and how people have them. Someone in the audience stood up and said, "I don't have any buttons". Wing looked at him and said, "You don't have any buttons. You don't have any buttons. You don't have any buttons. You don't have any buttons. You don't have any buttons". The guy blew up and shouted, "You son of a bitch!" Wing said, "Your buttons have been pushed. Sit down". It was a very graphic demonstration of the point.

Development of the process

Over the years various methods were devised to help ease, or release, or key out, or even erase these reactions. It was found that a person did certain things, some of them knowingly, to prevent buttons from being pushed. Some of these were in themselves buttons; they were automatic actions. Probably the biggest button of all was suppress. Suppress is the top button on most button lists. Suppress has the unique characteristic that it's one of the few things that can prevent an e-meter from reading. If the guy is suppressing, the needle just doesn't read on the thing you're asking about. So if you ever suspect something is being suppressed when you're going to ask an instant read question, before or after you check the question you should ask, "Are you suppressing anything?" If he was, it

1 The subject of this lecture has similarities with what is called Prepcheck in the Church of Scientology (and outside!), and is also known as unblocking. *Ed.*

will fall the moment you ask, from a very small fall to a very large fall.

What was eventually evolved was a series of buttons that most people in our culture have in common. That was called a button list. The two most important buttons are suppressed and invalidated. Invalidating something is not-ising it, saying it's not there, or denying it or shutting it off in some way. That can also to some degree prevent it from being viewed, looked at, or resolved.

E-meter reads

As I said, suppressing can keep a meter from reading, and it can even keep a guy from perceiving his own responses. He usually does it knowingly, but it's also semi-automatic in many cases. His standard solution for handling life is to suppress anything, any feeling. He starts to feel anything emotionally and he suppresses it.

Suppression particularly keeps a meter from reading. Invalidation can also keep a meter from reading. Then there's that which makes a meter read: protest and anxiety. They make a meter read and it may not be reading on what you're asking. You get somebody on a meter and say, "You enjoy oral sex with elephants", and you get a big fall. Now that big fall can mean one of two things. Either they do enjoy oral sex with elephants and it's very real, or it's a protest. I would suggest in most cases it would probably be a protest! If you suspect at all that there's protest on something, you can ask, "Is this being protested?" Bang! You get the same read right away. Then you have to be in really good two-way ARC and ask, "What are your considerations on that?" "Well, that was such a ridiculous thing, it startled me". So you get startled, you get protest, and you get anxiety.

A guy can be afraid you're going to ask him something. You could have somebody on a lie detector, and ask, "Did you ever kill anybody?" and he's so afraid it's going to read that it does read, out of anxiety and fear. These are things to know to make sure you're getting accuracy in your e-meter responses. These all are buttons, by the way, and they all could be processed if the person's level of look is sufficiently deep, and he's sufficiently able to take a good look at what you're asking him to look at.

You could ask someone, "In this lifetime has anything ever been suppressed?" He says, "No", and you check it on the meter, and it doesn't read. Probably because he hasn't looked at any moment other than this auditing room he's in right now. There isn't a human being who can live life and not suppress something at one time or another. That doesn't mean it stayed suppressed, but it was suppressed at least momentarily. If nothing else, a sneeze in church, or letting out gas in a small room. There are things that people suppress in their lives. A person's level of look can be so low he's not up to being run on the buttons. If you're going to process someone on the buttons they've got to be up to a point where they're able to look at the subject being addressed.

Limiters

You almost always deal with limiters when running buttons. You can deal with a time period, like "in this lifetime", or "since last week", or "since July 14, 1771", or "between January first and February first of 1942". You can also take a subject as a limiter. "On the subject of gingerbread cookies, has anything ever been ...?" You run the buttons, but you've got a time limitation and/or a subject limitation.

The subject limiter could be a skill. On the subject of playing the piano, on your part or anyone else's, has anything been suppressed, invalidated, and so on. People who have limited their expression of a given talent usually have hit themselves pretty hard with their various buttons.

Other people around you use these buttons on themselves, you see them use them on other people, they use them on you and you learn to use them on yourself and on them. Pretty soon you incorporate them into your own reality, suppressing yourself and invalidating yourself and so on. It's a fascinating thing.

Running buttons

How do you ordinarily run these buttons in a processing situation? You ask, "On this subject, or since that time, has anything been suppressed?" Make sure the guy understands the word "suppress". No button is going to work if the guy doesn't understand the word. So clear the command and make sure he understands and has some concept that is real to him about

what “suppressed” means. For some people that’s a totally foreign word. You may find another word that means essentially the same thing to him. “Repressed” might be more real in a given instance but ordinarily suppressed will work.

You ask, “Has anything been suppressed?” He gives you some answers. Sometimes he’ll give you one answer per command, sometimes you ask him once and he gives you 43 suppressions. You acknowledge him, and eventually he runs out of answers. He says there aren’t any more answers, or he looks blank, and you can see he’s looking for an answer. Usually by the time he’s looking for an answer, if you let him go on doing that he starts cleaning cleans, trying to put something there that isn’t. At this point you’ve cleaned the bank of what’s available. If you see him really looking and not getting any answers right away, you can ask, “Are there any more answers immediately available?” If not, you can check it on the meter to pick up anything that may have been overlooked. You crank up your sensitivity on your meter and look at the meter, but you make sure you look at the guy too, and with intention ask him, “On the subject of such and such has anything been suppressed?” You look for an instant read on the “d” of suppressed. If there is anything, it will read.

If there isn’t, you indicate that it’s clean and go on. If it reads you ask what it is. He may not know, but you get that little click on the meter again, and you can help him hunt it down. “What was suppressed? That right there”. When he finds it you acknowledge it and ask the question again. But out of the corner of your eye you look at the e-meter, and if it’s clean, you indicate that.

At that point you can ask how he’s doing and how the subject seems to him now. He may say he feels a lot better about it. Great, you can go on to the next button and run that. When he runs out of answers or he can’t think of any more, you check it on the meter. If it’s clean you go to the next button. If it reads you clean up whatever it was that was reading. But make sure you don’t leave that button on that subject until there’s no read on it.

Each button

We follow the same procedure with each button: suppressed, invalidated, wondered about, protested, inhibited, enforced, agreed on, desired. Sometimes you’ll find that one button is very hot, and you may spend 20 hours cleaning up that one button. By the time you get around to the others you may have more or less cleaned them up in the process. You may only have to ask him once, and he says there doesn’t seem to be anything on it, and you check it on the meter and there isn’t. But make sure he’s really looking at the subject.

If you’re using a time period, make sure he has the time period in mind and that it’s real. “At 10:30 am on March 4, 1962, while you were standing in the kitchen, remember that? Good. Since that time when you were standing in that kitchen has anything been suppressed?” Because he can sit in present time and totally key out without any viewing. It isn’t always the number of the date that’s important, it’s where was he at the time, and can he visualize it or recall it? Or if it’s a subject, such as playing an instrument, have him recall holding it and get the idea of what it sounds like and feels like. Then run the buttons. In other words, make sure the subject is real to him as well as the button.

So we’ve got protested, inhibited, enforced, agreed on, desired, lost, won, decided. You don’t want to run ‘decided’ too soon. Sometimes you have to get enough charge off so he can see his decisions. Programmed, opinionated on, postulated, remembered, disorganized, organized, misunderstood, understood, not done, done, realized, and gained. That’s what’s on this list. It also says, “These buttons may be used in present or future tense as required. When the buttons are being used on some subjects the wording of the rest of the questions will have to be slightly altered so that the question will make sense”. You have to use a little intelligent application of English. “Other verbs, such as evaluated, hidden, audited, educted, processed, rejected, accepted, objected to are also usable. The list above is a major list intended as a guide”.

Listen for buttons

You have to listen for a person’s buttons when he’s talking to you. People will talk their but-

tons. You notice the guy's always saying, "I copped out on that", and "they copped out on this", and "he copped out on that". Good, then you better run "copped out" as a button. "In this lifetime, what's been copped out on?" Lousy English, but it communicates. "In this lifetime what have you copped out on?"

You listen to what a person says. There are certain verbs or adverbs that they use in their colloquial speech that they use rather chronically. You hear them using that same thing over and over again. Make a note of it for the button list for that person. After you run suppress and invalidate, you throw that button in, too. Maybe he keeps saying, "I always had to hold on, I really had to hold on to things. It's very important to hold on to things". You keep hearing this idea of "hold on". Okay, "What's been held onto?" There are words relating to a person's profession, certain words that people use professionally, that may be buttons, and you listen for those.

People often wonder how I come up with a button if I'm processing someone on a demonstration basis. There isn't any magic to it, other than the magic of listening. I heard the person use that expression a number of times. Having heard the person use the expression, I ran it. If there's something that's a very real term to a person it can be a button and run that way. If a person uses it that much, it's real to him. So, again you have to listen to colloquialisms in the guy's speech and if he uses one consistently that's a good one to include in his particular personal button list, because it will run with great reality.

Hot buttons

Suppressed, invalidated, and protested generally tend to be the three hottest buttons. Of course, as I said, many individuals have a special personal button of their own that's really the hot one. You may find him giving you six answers on suppress and then you spend ten hours on invalidated. I have actually run virtually a whole intensive of 25 hours on one button with somebody. And then wound up the intensive running the rest of the buttons in about 30 minutes. Because there was so much charge, and in the process of expressing the suppressions, they also were expressing a lot of the other buttons, that were being suppressed, so

when they expressed what they were suppressing, it also brought out the expression of the decided, and the opinionated on, and so forth.

It's an extremely valuable way of cleaning up a subject or a given time period provided the eductee's depth of look is sufficient that he will actually look at the subject or the time period, and actually do it. You'd probably find that if you had the buttons run on a subject, and then you got some more processing and opened up your time track and your awareness and memory a bit, that you could run the buttons again on that same subject and get very much more out of it because you're able to look that much more deeply. So it doesn't hurt to run the buttons on a subject again.

When running the buttons, avoid words ending with "ness", such as "goodness". You should change that to something like, "On the subject of being good". If you run a "ness" word, you'll actually key him in more than you key him out, because with the "ness" it's getting very close to clearing material. It's not dangerous; it's just stupid. You can run into a lot of unnecessary hassles. So change the "ness". "On the subject of being happy", rather than on "happiness". "On having energy has anything been suppressed?" Not on "energeticness". This can save you a lot of time and trouble.

You can get a lot of benefit out of running buttons. But they generally are a form of key-out. They comprise the mechanics of the key-in mechanism. That's the stuff that the guy triggers in present time for a solution. The buttons help him to un-trigger them. It handles key-ins without the guy necessarily understanding the mechanism, or without your having to explain that to him. It's about a 15-year-old understanding and it's been used on many hundreds of people, thousands of people, really, with benefit.

Clean on meter

If you ask if anything has been suppressed on a subject, and you have the guy on the meter, make sure you clean it. Usually if it does read, he will not know what it is that's reading. You check it on the meter. "On the subject of strawberries, what's been suppressed? That reads. What was it?" "I don't know. I'm not getting anything". You say, "That. On strawberries, what's

been suppressed?" You've restimulated it again, so you repeat that. Every time you repeat it you restimulate it. "On the subject of strawberries what's been suppressed? Strawberries. Suppressed. Strawberries. Suppressed". The meter keeps reading — pow, pow, pow. "Strawberries. Suppressed. That. Strawberries. Suppressed. That". "Oh! Oh, it couldn't be that. That's ridiculous. That's utterly ridiculous". That's probably the right answer, because it doesn't make sense. It's an aberrated answer. "When I was a little boy my aunt had a mole on her rear end, and it looked like a strawberry, and I was admiring it, and thought it was just wonderful and she slapped me and told me never to think about that again". That sounds silly, but that's the kind of silly thing that comes up.

You might ask a question and the needle does a funny rise. You ask, "Is anything being suppressed?" Bang! You have to get the suppress off before you can even get the instant read on the question. That's why you've got to know your buttons. The buttons are very valuable. They get off evaluation and invalidation, even when the buttons aren't invalidation or evaluation. You can really rehabilitate some people's talents, people's skills, people's abilities, tremendously, with the use of the buttons.

Flows

"In this lifetime, what's been suppressed?" It doesn't say by whom, does it? Make sure the question is worded so that the eductee could be cause, but so could someone else. Some people will give a lot of effect answers. "I was suppressed. My parents suppressed me. My school-teachers suppressed me. God suppressed me and the Church suppressed me, and this suppressed me, and that suppressed me". Fine, you listen. When he's done, you say, "Thank you. Now, in this lifetime what did you suppress?" "Huh?" "Yeah, what did you suppress?" New thought.

You could get very technical and include the flows of self to self, self to another, another to self, another to him or herself, and another to another, at least. I don't usually get that mechanical about it. I just listen to the guy, and if I notice he doesn't mention certain flows, I ask about them. "Have you ever seen anybody suppressing anybody else on the subject of marble

playing?" "Ever notice anybody else suppress himself on the subject of marble playing? I see, did you ever notice anybody trying to suppress you at marble playing? Did you ever suppress yourself on marble playing? Did you ever suppress anybody else on marble playing?" So that he'll take a good look at the flows involved. After you do that a little bit, he will start to do it himself in looking over a button. It isn't any particular flow. The one that seems the most obvious or the one that kind of pours out at you isn't always the one that's the hang-up. So if you hear just one flow from him, before you leave the question, or even before you check it on the meter, ask him about the other flows. Did he ever do that? Did he ever see anybody else do it?

Don't be afraid to push and restimulate when running buttons on somebody. The only thing about pushing and restimulating is that if you push and restimulate with intention, then you have the responsibility of keying out whatever was keyed in by your pushing. Because you leave him with a missed withhold if you don't. He wanders around feeling kind of wonky for a couple of days because you asked him a question and you didn't get all the answers and get them acknowledged. You restimulated it and didn't clean it.

Other applications

Technically you could run an incident, an engram, using the buttons. From the beginning of that incident to the end of the incident was anything suppressed? From the beginning of that incident to the end of the incident was anything invalidated? You run through the whole incident running buttons. It's another way of running an incident. You could do a quick repair, patch-up job with somebody, where you don't want to use incident running. I'm not recommending it, particularly, but it could be done. But don't mix it. If you're going to run an incident that way, run it that way. If you're going to run an incident with incident running, let the guy move through the incident. You can ask, "At this point in the incident was something triggered?" Or, "At this point in the incident was something suppressed?" But you don't run it like a button in that case.

You could take someone who's afraid of talking to groups and run the buttons. On the subject of talking in front of a group has anything been

suppressed? On the subject of talking in front of a group has anything been invalidated? Did you ever invalidate anybody about talking to groups? Anybody ever invalidate you? You run the buttons on his talking in front of a group and you'll probably find he's able to do it much more easily now. You can take any ability, any skill and use any time period you want to deal with, and run these buttons.

You could use the buttons when somebody is having difficulty expressing considerations or ideas on a given subject. "Is anything being suppressed about your ideas on this subject? Is anything being invalidated?" If it is, getting those suppressions and invalidations off will permit him to view the rest of the considerations on that subject and make it easier for him to complete the action of separating himself from his considerations. If you want to get off someone's considerations on a given subject, you really need to have him express at least two and preferably a minimum of three buttons on that subject.

Button against button

You can also apply a button against a button. On being disorganized has anything been suppressed? On being invalidated has anything been suppressed? I wouldn't say "on being suppressed", I would say, "On the subject of suppression has anything been suppressed? On the subject of suppression has anything been invalidated?"

Keep this in mind on running buttons, that when the skill is learned well, and you've practiced and been coached on it, you don't have to stay entirely with the precise wording as long as you have the subject and the button you're dealing with. When you know there are certain aspects to a subject, you can ask him to put his attention on that, and say, "When you were doing so and so was anything suppressed?" "When you were sitting and getting coached was anything suppressed? When you were first discussing this subject with somebody else was anything suppressed?" You impinge it, so if it's in the bank, it's going to read. Give him a chance to get those off and clear that up. The more you can actively restimulate the individual on the subject being addressed the more stuff they'll look at, and

the more stuff you can get the charge off on. The more of the charge you can remove, or erase, or view.

Some people learn that if they think of a pleasure incident they get a floating needle so therefore anytime a process gets uncomfortable, they think of their pleasure incident and get off the subject that's making them uncomfortable. The auditor may not know about the rudiment: "Is this floating needle on the subject we've been addressing in the processing?" If you're getting into that situation, you're getting into a games condition and there's no session. You don't want to get into opposition with the guy; you want to work together. There are times when you're hitting hot material that hurts and is uncomfortable and he doesn't want to confront it, when momentarily he will identify with that stuff and become an opponent. In that case you need to get it viewed and acknowledged and handled and get him through it.

Buttoning up

There are some fascinating things that could be done. You could make a whole practice and use practically nothing but buttons and be very successful. Become a button specialist. Anyway, let's try to button up the subject here. That's really all I can tell you about running buttons. It's fairly easy. It just takes practice and a little skill and coaching. Thank you.

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Zen Scientology Series: 2

The Derivation of Zen Scientology

by Early Bird. U.K.

Background

I HAVE BEEN an occasional auditor since early 1952, besides my main occupation in engineering Research and Development and machinery-sales, where Scientology was of great help to me. Carrying forward the work of a bigger man, I became an inventor and consultant and I have been in full retirement from this work since 2001.

Scn. Training

1. HPA (Hubbard Professional Auditor) during the summer of 1952, in evening-classes;
2. First London ACC 1954 led by Jack Horner. Being busy keeping up my work, I had to miss the end-of-course party of which a group photo appeared in IVy 29;
3. B.Scen. course under "Nibs" Hubbard (LRH jun) in Summer 1955;
4. The 1958 London ACC which resulted in the book *Have You Lived before this Life*;
5. Assorted lectures by LRH, also at congresses, and minor courses.

In 1962 I resigned on noting abuses of "Ethics"-then newly introduced — the abuses even preceding the "Church". In later years I took a few looks at the "Church", deplored its ways and kept away.

Scn Activities

My activities were co-auditing with friends and auditing outside people, never in the "Organisation", and never long intensives with money involved. My goal was to obtain convincing results in a few sessions, have the PC get on with life and perhaps audit them some more later. Thus, I always concentrated on getting the PCs havingness up by objective processes such as "Trio" and/or its undercuts so that, by the end of the session, he would be bright, could run something that was really bothering him and get rid of it as a convincing and lasting result. In doing the latter, I would generally prefer individually tailored Creative Processing to

engram-running. This, to my mind, was putting the PC more at cause and was defusing engrams wholesale just by the way, the main E.P. being "ability regained".

Experience of 1958 London ACC

The 1958 ACC was an LRH research effort led by Dick and Jan Halpern, with a group of over 50 experienced auditors co-auditing to see where we would get by running "the engram necessary to resolve my case". This was as I understood it, anyway promises of other results notwithstanding. The result was, as far as I could make out, that every participant got stuck in that track-engram which his havingness was just less than sufficient to handle, with its somatics and whatever emotional disturbances keyed in. However, "Thetans not being breakable", this was no real cause for upset amongst us enthusiasts. At the end of the course, we were given a process "Recall a time you elected something cause" to help us eliminate our symptoms. As such, the process did not achieve that for me or anyone that I knew, though I and others had considerable net case gain from the course.

First Report on Havingness Research

Immediately following the above ACC, on 16. Nov 1958, and referring to his lectures on the engram during the course, I sent LRH a report "Subjective Havingness-Confronting in PT". LRH had stressed that a PC's speed of running an engram, apart from any factors depending on the auditor, depended on his ability to confront to start with. In my report I detailed a combination of mainly havingness-processes that I had run on 4 business-acquaintances in 1957 and 1958 for a few hours 2 sessions each. This had resulted in their ability to thetawise view their MEST surroundings in great detail and in all directions simultaneously, while upon my command, expanding their volume of awareness into and over the surrounding buildings, blocks of houses, the underlying ground etc.. and also being able to switch on command to

viewing auras and other body-fieldsThese four, all non-Scientologists, achieved this in degrees varying from person to person, but all in the above range. I received a brief acknowledgement, but no reply to or action on this report.

Research Into Expansion Of Consciousness, Peak Events, etc..

Nevertheless, after the ACC early in 1959, I ran these processes and elaborated them into the run-down published herewith, on three fellow ACC participants. They were:

1. Jim Madsen (10 hrs), 40, an electronics engineer on US forces work in the UK
2. Muriel Payne (18.5 hrs), aged 72, who had been awarded the OBE (Order of the British Empire) for her philanthropic work prior to her Scientology-career; author of "Creative Education" (William McLellan, Glasgow, 1958,-publisher now defunct) occupied with running her adaptation of Scientology in courses for nursery-school teachers in India, Israel and elsewhere with great success and explicit government support in these countries; and
3. John Damonte (25 hrs), aged about 50, a successful international merchant and auditor.

Two Natural Break-Points in Expansion Auditing

This auditing resulted in each case, as a *first* break-point within the first few hours of auditing, in a spontaneous expansion of consciousness through the MEST universe with a simultaneous awareness down to the level of elementary particles, and other phenomena, and later, as a *second* break-point, in the spontaneous contraction of the time-track of the MEST universe into Present Time, leading to the repeated Peak Events, as mentioned earlier.

I wrote up detailed notes immediately following each session and had the PCs check and countersign them, with their comments at the end of the intensives: Jim Madsen, 4 pages double spacing; Muriel Payne, 7 pp, closely spaced; John Damonte, 11 pp, closely spaced. After these encounters, we each got on with our lives which, it seemed, became busier:

Jim Madsen went back to the USA and we lost touch;

Muriel Payne got on with giving her courses in Creative Education aimed at nursery school teachers as a basically significant target-group in India, the Middle East and elsewhere. She had with her to train as her successor, Michael Pernetta, a former head of the London H.A.S.I. (Hubbard Association of Scientologists International). Muriel died about a year later. Her successor fell chronically ill and after some years as an invalid, also died. Thus this most promising international effort of *Creative Education* fell away, no support coming from HASI. Indeed, Muriel Payne's book by that name, a grand advertisement for Scientology, was suppressed by the organisation.

John Damonte decided, after the final session he had with me, that he would give up his business an undoubted financial sacrifice and join H.A.S.I. staff, as being the better activity in line with his aims-in-life. With his outstanding capabilities and wide business experience, he quickly became head of the London Org. He was useful to LRH in purchasing and building up Saint Hill and in providing a period of stability for the London org., besides being a top recruiter, auditor and trainer with his very demonstrable theta-perceptics. John left the Org. in 1963 after a disappointment of magnitude with LRH, his abilities suffering considerably as a result. He was not audited on this and also died about 5 years later.

Report on my Research as "Scientology Doctorate" Thesis.

I wrote my report in what little spare time I had and sent it to LRH on 28. Aug. 1960, prepared as a Doctorate thesis, as Scientology in those days was still an "Applied Philosophy" and contributions, backed up by confirmed case-histories, were ostensibly in demand. Again, I received an acknowledgement but no reply or action-response.

Probably in 1961, John Damonte asked me what had happened about my thesis and then handed a further copy to LRH personally in one of their frequent meetings. There was no reaction to this, either. LRH doubtless was aware of John's OT abilities and one may surmise that John mentioned his interest in my report, as

containing his case-history after the 1958 ACC. There is therefore some likelihood that LRH's non-reaction was deliberate.

As Ken Urquhart relates in his article in IVy # 33¹, I also had seen LRH as a personality "larger than life". I had my experience of another outsize personality who had my first allegiance and who, while influencing me strongly, was not in a position to dominate me. His philosophy, which still remains to be written up, had predisposed me towards Scientology. So experiencing LRH at arm's length suited me and, being busy, I left it at that.

EPs not researched by LRH

In PABs, books, lectures and a special pamphlet, (*Ability* # 34, from a 1956 lecture) LRH described Havingness (defined as the ability to reach as a being) as an essential ability for carrying out all forms of Negative Gain Processing. In summary, he said, you could not have enough of it, though he never proceeded to discovering its E.P. as an auditing experience. In his definition in *Scientology 8008* in 1953, however (quoted above), he did point this out symbolically as clearly as one could without actually achieving it. He called this "an ideal and theoretical process, not necessarily attainable in actuality or reality, *though it well might be*".

This did help me as a guide-line, although my direct inspiration was the description of Yogananda's perceptual experiences in the chapter "An Experience in Cosmic Consciousness" in his well-known *Autobiography of a Yogi*. This I had studied intensively in 1951, prior to coming into Scientology and during my Scn training. Here then I recognized workable ways, initially in an auditor-PC relationship, for attaining personal growth in some essential

stages, without having a "chela relationship"² with an enlightened personal master or guru.

Muriel Payne and John Damonte, who had much more extensive experience in various schools of spiritual development, had also been happy with their recognition of this potential in Scientology which, however, they really found fulfilled only in this auditing.

Their specific reports on this convey most interesting further experiences and insights.

Conclusions:

The question arises as to what might have motivated LRH to disregard this approach.

In fact, he had propagated Creative Processing early on: His book *Self-Analysis*, as published 1952/3, consisted of lists of scenes to be mocked up around the body, i.e. of subjective creative processes. He called this Positive Gain Processing, a term he also applied to Objective Processes, such as the CCH's, Havingness processes, etc. In later editions of *Self-Analysis*, he reverted to the 1951 use of these lists as instructions for recalling situations, thereby switching them from Positive to Negative Gain Processes.

Positive Gain reduced to an Auxiliary to Negative Gain

In general, LRH reduced Positive Gain Processes to auxiliaries to Negative Gain Processes. Subjective Creative Processes got a bad name as "beefing up the bank". This, in my experience, happens when auditors do not run them by the Auditor's Code, i.e. when they take notice of restimulations temporarily turned on by them, instead of operating on "the process that turns them on will turn them off" and just running the PC through his dramatisations. As mentioned earlier, this always worked fine for me in my

- 1 IVy 33 (page 36) also contains a partial key to the picture of the 1st London ACC attendees pictured in IVy 29, page 41. *Ed.*
- 2 In Eastern religions, the chela is the pupil of the guru, the enlightened master, often, though not always, in a monastic setting. After a preliminary testing period, maybe of years, in which the chela has to prove his earnest wish to be accepted, the guru-chela relationship is then ceremonially entered. The chela vows instant and total obedience to all instructions given by the guru, whatever activity or hardship this may involve. In fact, the chela gives total control over his life and activities over to the guru who, being enlightened, is to know what is best for the chela in his development towards enlightenment. This goes far beyond mere instruction in meditation into "penances" involving hardships designed to dissolve the chelas "bad Karma", i.e. to eliminate all egocentric traits in the chela's character. *Author's note.*

very short intensives. In those days, the Comm Course and other auditor-training were still in their infancy.

Causatively Confronting MEST avoids Attention-Traps

Nevertheless, LRH might have elaborated Positive Gains Processing additionally, instead of concentrating on “Negative Gains Processing”. In other words, he might have held open the option of keeping the PC at CAUSE with the former, keeping attention on the MEST Universe *as the co-created or at least mutually agreed playing-field of all the thetans’ games with a common time-track for all such games*. Instead, with Negative Gains Processing, he kept trying to roll back, from the *effect*-side, the time-track of the individuals, through the many incidents of their reducing ability as they devolved from Native State. Each became a small-space thetan chained to a MEST-body on the surface of a minor planet of a small solar system, i.e. “homo sapiens”. These incidents appear as “attention-traps”, requiring hair-trigger technology over a long time to get through (if one does).

Attention-Traps, the Earlier the Bigger

There are clearly bigger such “traps” down the track than those we experienced on the 1958 ACC: in fact, in individual experience, they get subjectively greater as one proceeds. Apparently, LRH in his researches got stuck in one of these around 1960/1/2, with no Thetan of comparable magnitude present, or permitted, to audit him in order to help him out of the trap... LRH’s acceptance-level for contributions by others reduced further still as he isolated himself and built the Church in the image and likeness of the role that he had then assumed. Witness the suppression of very many books by others, not just that of Muriel Payne, the factual persecution of field auditors and missions through a money- and control-fixed Church with its own version of the medieval “Holy Inquisition” and many other suppressive features.

After Peak-Events, Track Incidents Blow easily

In contrast, after experiencing the E.P. of Havingness as a Spontaneous Expansion of Consciousness throughout

the MEST-Universe and thereafter through the retraction of its time track *as matter* to Present Time and the other phenomena of Peak Events, PCs reported “blowing any track-incident almost by inspection”. This was born out also by the E-meter, their indicators, cognitions and subsequent activities in life. A clean-up of the personal time-track is still necessary, as was the research for this, but then requiring little time and effort.

The longer view

The Co\$, as an aberrative phase, might yet become a historian’s footnote, as have other spiritual endeavours in some areas that turned into suppressive organisations or ‘churches’. It is reported that the Buddha Sakyamuni fully accepted as aspirants spiritually motivated beings who took part in normal life, though he preferred to keep his followers as wandering beggar-monks, quite a viable option in India as it was then. This was in order to make certain of their total spiritual dedication and to keep out those motivated by material or intellectual ambition. He reluctantly agreed to organized monasteries, but predicted their later downfall.

Historically Many Buddhas in Buddhism

In *Hymn of Asia*, LRH seems to declare himself a Buddha in modern guise, aspiring to produce many enlightened beings, as the Buddhas undoubtedly have. Presumably he willingly partook of the inspiration of a “Buddha Intelligence” over a number of years and then shut himself down to just using his own enormous intelligence in the valence of the key-in he presumably had experienced, without this inspiration. Viewing his work from a distance of decades, I therefore do not regard it as presumptuous to have given this contribution the title of “Zen Scientology”.

My hope is that this run-down may be useful to Free Scientologists world wide. To them it is dedicated, as well as to LRH, towards whom I feel affection and much gratitude

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Early Bird is on the ivy-subscribers-1 Internet list, which is open to all who subscribe to IVy, and their family, so you can write to him there.

Zen Scientology Series: 3

First Auditing Report

by Early Bird, UK

Report on 10 hours of processing, four sessions, research

PC. Jim Madsen, age 35.

Auditor: Early Bird

Session one: one hour 50 minutes, evening, Monday, December 1st 1958 from 9.10 to 11 pm.

Factual Havingness (15 minutes), subjective havingness, mocking up golden balls in the eight corners of the room and have PC push them into the body: This ran rather stickily but with gradually increasing reality (one hour); mock up golden balls in the eight corners of the room, move them outside the corners, move them inside the corners, spanning of attention on the walls of the room, on the contents of the room and on the adjoining room (15 minutes).

To finish off I had the PC switch his perception of the room — such as it was, rather dim, with hardly any detail but with an awareness of the mass of the walls and of the objects — “off”, then “on”, and repeated this for a few times. The PC did this slowly at first, then got somewhat quicker.

Then I had the PC switch his perception “off” and “on” at his own determinism, and only acknowledged when he had done this, which he communicated by saying “off” or “on”. Having done this, PC who had been rather inclined to dope-off throughout the session, gradually got faster and brightened up a great deal, then got very fast and reported that his awareness — on much the same level of perception, but with great reality on the mass of things — was expanding. He took in successively the mass of the walls of the house, of adjoining houses, of the street and finally of several blocks of houses surrounding the processing location.

E-meter: The PC had been running with the T.A. about 3 1/2 most of the session with drops for increasing havingness and rises for spanning of attention. In the last few minutes of the session, when reporting an expansion of

havingness in present time, the Tone arm rapidly dropped to male clear and stayed there as the expansion proceeded.

Session two: Three hours 15 mins, Friday 5th December 1958 9 pm — 0.15 am

Subjective Havingness: Golden Balls from the 8 corners of the room into the body. These did not go in too well until the command stressed that the balls be exactly the kind of gold the body needed. This was continued with increasing the size of the balls rapidly from time to time.

With the 8 golden balls positioned in the corners of the room, had the PC “push” against the balls and have the corners of the room retain these against the PC’s outward forces (pusher beams). Then have the PC position the balls outside of the corners of the room and have the PC “pull” on the balls and have the corners of the room retain them against the PC’s inwardly directed forces (tractor beams). Doing this alternately again brought up much dope-off.

Then I had the PC position the balls by postulate into the corners (command “in”, PC reports ‘in’ — Ack) and then onto the points of the corners outside (command “Out”, PC reports ‘out’ — Ack.) of the room alternately: This brought up the tone-level of the PC and his perception of the room considerably.

About 1 hour was spent on this, with many cycles at increasing speed, as the PC left more and more effort out of this exercise in “postulating and perceiving” and his perception in PT extended onto the contents of the room and beyond the room.

Next I had the PC switch his perception “ON” — “OFF”, on the same scheme as “in-out”, first on my command and later at his own determination, with me just confronting and acknowledging. This brought his havingness and perception up rapidly, where on “off” this reduced to eye-perception plus body-awareness, also with increasing clarity: The PC started to

expand, took in the rooms on the same floor of the hotel, then the whole house, several houses, the block etc. with considerably improved perception of detail and a very real awareness of mass. Upon my requesting him, he took in a considerable depth below ground, then parts of London, the whole of London, then the British Isles — all with a good depth of ground underneath, then the Continent, then the planet.

I did some checking on the PC's perception: on command he could focus on to any detail of his choice. For example, he picked up a man on some polar research at the South Pole. He then expanded further and took in the moon in addition to earth.

In the last 20 minutes of the session, the PC at my request looked at people in London. He switched his perception onto the level of body-anchor points which he picked up very clearly. Also to "fields" round bodies. He picked up only small fields quite close to the bodies and looked at various people that way.

Meter: The tone-arm started at 4, dropped to male-clear (3 by the teaching at that time) on doing "In-Out" with the golden balls in the corners. The T.A. ran around male clear for most of the session. It rose whenever attention was spanned, upon my request onto further detail within his then stable space or upon my requesting him to increase the size of this space. It dropped back to around 3 when the havingness rose further on switching the perception "On — Off"

Session 3 Saturday, December 13th 1958, 6.30 to 8.45 pm

Subjective Havingness — mocked-up golden balls into the body. The PC started very tired physically. Spanning of attention on the room, very much dope-off. One comm-lag lasted 45 minutes, at the end of which the PC dropped from 4 to male clear. Five minutes of "On-Off" brought reality up well and the PC expanded with good detail of perception over several blocks of houses.

Session 4: Saturday Dec. 13th, 10.30 pm — 1.15 am — Continuing on session 3 after a meal nearby:

"On-Off", now at the PC's own determination, with spanning of attention on the detail of the

block of houses now taken in. The PC got excellent detail on the room, penetrative detail of the furniture, also molecules of oxygen and nitrogen in the air of the room.... Then the PC got down to the atomic level, perceived atoms of oxygen, paths of electrons, the nuclei: The numbers of the electrons of various elements were as he had learnt in Chemistry, though overall "they looked rather different from what he had imagined". He got the whole block at the same "resolving power" of perception and cognited: Havingness is merely a matter of consideration! Continuing "On-Off" at his own determinism, he took in the earth with good reality, observing it having a solid centre below the magma, etc., then the moon, various planets, the sun. Comparisons of density, of hardness between earth and sun. Heat — cold were not perceived unless as additional considerations.

"On-Off" brought further expansion, the solar system, the galaxy, several galaxies. Cognition: galaxies are smashed-up rocks.

Contraction of the TimeTrack into Present Time.

More galaxies, lots and lots of them — suddenly, the swirling of the galaxies' speeds — the time-track of the MEST-Universe expands backwards from present time quite spontaneously, the galaxies swirl together into a single body which the PC states is the common rock. This had started off as a perfect sphere and earlier as a point. From being a perfect sphere, the thing had become deformed with many facets, each one for an individual thetan, then gets irregularly shaped and finally exploded.

Co-Existence in Serenity

Prior to that : Co-existence in serenity, sea of light, PC felt very good. He stated he felt that there was some activity prior to that, maybe a whole cycle of a universe, but he did not feel like going into that.

Meter: Started off at male clear 3. When coming to the "Common rock", dropped to female clear 2. .

Check: To check, the PC looked at the engram which he had started to run, but had not been able to finish on the ACC. This was a very long engram, stretching over a number of body-existences and millions (or billions) of years:

Meter with sensitivity at maximum, small drops — never more than 1/3 of a dial — on any of the parts of the engram looked at which previously had been the worst, deaths, tortures I ran the process “Recall a time you elected something cause” (as recommended by LRH to remove any restimulations collected on the ACC) for 10 minutes to key the engram out. This ran very easily now.

Then I had the PC look around in Present Time: His own body anchor-points were now seen in very great detail. Fields were now seen big and in three mutually normal planes around bodies, with golden rings filled up by different-colored inserts. In some cases people had big and clear fields which, however, were very rare.

His own field now looked in good shape. Re his own body — he saw the female body of the engram stuck over his own, had very good perception on it: The PC had read at female clear — 2 — ever since contacting the “group rock”.

END OF SESSION.

Handwritten notes by the PC made on signing this record:

This approximates the subjective reality as I recall it. I am still feeling quite okay, although I would enjoy running it some more. No time to take an OCA (Oxford Capacity Test), sorry. I enjoyed the running and think it is a smooth technique
Signed Jim Madsen

Thanks for running me on this, I hope to see you again soon, best ARC — Jim ☒

Arbitrary

by Antony Phillips, Denmark

I don't know what truth there is in this story, but I and a little group in Denmark were told the following some years ago. A ship from the Sea Org was in dry dock having repairs, and the radar “sensor” rotated. The radar sensor being a fairly large object in the ships superstructure which enabled one to “sense” in the dark or in fog objects (like ships, or the land) which one might collide with. And a dry dock is an area which a ship sails into, and from which all water is removed, so one can get on with repairs and painting of the ships underwater regions — no likelihood of collision. So one might be forgiven for wondering why the radar should be in action (on a clear day).

Someone asked; the answer was as follows. While the ship was at sea, it got into difficulties. Ron was called to handle the situation. He needed the radar but it was not running. He asked why (the ship being at sea, and presumably with poor visibility) and was told that it had been stopped because it made a noise which people feared would disturb Ron in his work. In an emergency situation one can well imagine Ron's reaction being to say (perhaps with some impatience) that the radar should never be stopped. So, because Ron said that, it was left running in dry dock.

I leave you to ponder whether the following excerpt (which continues what we quote on page 40 via the Pilot) has any relevant to the reported incident.

“The principle of the introduction of an arbitrary should be thoroughly understood by a group. Because of an emergency, or because of some past engram, there may exist within or around the group sources of continual arbitrary orders. An arbitrary is an order or command introduced into the group in an effort to lay aside certain harm which may befall the group or in an effort to get through a period of emergency and foreshortened time for a certain action. Subsequent arbitraries issued by any member of a group not during periods of emergency can be considered to be locks or dramatizations of the engrams of the group. Each time an arbitrary is introduced it has the effect of reducing the rationale and tone of the group as a whole and will lead to the necessity to introduce two or three more arbitraries”.

LRH Article of 11 Dec. 1950 “Group Dianetics” (p. 261 in the first edition of R&D Volume 5).

Unorthodox

by Hubert Spencer, England

IT IS TWENTY YEARS plus since the great schism (or split) where many people left, or were thrown out of the Church of Scientology. I was therefore surprised recently to find out that people were still talking about trademarks, and even seeking to register new trademarks. This was in the belief, as I understand it (or think I do) that it is necessary to have a set up similar to the Church of Scientology in order to help people with the principles of Scientology, but outside the framework of that Church.

I can only commend the intention to bring better life to many people, but I would draw attention to the fact that many are helping people, quietly and without publicity, using the principles they have learned from Scientology.

It is not a new thing to audit outside of the Church of Scientology's control. Over 57 years ago Ron Hubbard was doing it, and indeed the whole Scientology set up was really only created so that he could teach others to do what he was doing quietly and alone. The Scientology movement, as well as giving many help and insights that they probably would not otherwise have obtained also created an organisation which became suppressive, suppressing its members freedom, and demanding that they did and believed certain things. Some times this was done by covert means, sometimes more overt means.

Unwanted legacy!

Thus those who left tended to be lumbered with a lot of ideas, which basically were not true, one of them being a certainty that one had to do things in a way Hubbard and followers evolved in the later years of his public existence.

It seems to me that those who are putting their attention on trademarking certain words, are doing so because of data which they have accepted when in the said Church.

People who are auditing successfully do not, in many cases, publicise their work. Why should they? Word of mouth does work. These people have people coming to them for auditing, recommended by people who are well satisfied with the results.

Some times I come across them. They are more or less unorthodox, seen from the viewpoint of how things operated at a certain place in Scientology's history. However their work is based on the fundamentals of Scientology.

For example, I ran across this one recently. Because of not having any need for publicity, and handling the correspondence which would result from publicity, s/he wants to remain anonymous.

One unorthodox

But here is an edited extract from something s/he wrote:

It is the middle of the night 2.00 AM here in Southern California and I'm here doing some general contracting work. I'm awake because I'm going to be doing a phone session on someone in Europe in a bit.

Here is some background for everyone reading, and then I'll come to the point.

I've been doing sessions, by telephone and IM (Instant Messenger) for people all over the world for over a decade. I've audited someone on every continent except Antarctica and the Arctic. I don't use a meter. I just audit what the PC is sitting in.

One might say that I do Book One¹, with the more complete knowledge picture of spiritual entities having their jobs and cases. Nevertheless, in Book One, the file clerk is mentioned. It isn't that big a stretch.

1 Auditing based on *Dianetics: Modern Science of Mental Health*, by L Ron Hubbard

I do very basic auditing, in every sense of the phrase.

A PC has asthma, I get him to feel / experience it, run it, go earlier similar. Often we end up (in a fifteen minute to half hour session) before the physical universe.

Before any number of universes, there was a oneness. There still is, the separations are the illusion(s). So far so good?

One and all

In my metaphysical construct, we were / are one and we are individual — a more basic polarity. And a fun one.

I ride horses. With a friend we were galloping full tilt boogie¹ over the hills. We aren't rarefied sissy riders. We kick ass!

Being *one* with a horse, galloping, in an emotional race with another competitive horse, jumping logs, creeks, ditches, scrambling around corners — feeling all of their size, emotions, passions, frustrations — is the biggest kick in the world. Doing it bare-back, no helmet, string bridle (no bit in their mouth for control) is what we do. The oneness is simply amazing.

Sex can be the same way. Being one with your partner(s), where each of you can view from the other's viewpoint, where each of you can be simultaneous cause and effect is a pretty darn fine high. I like it anyway. Fucking someone, who is faking it, is a stone cold drag. It is the two beings sharing all of the actions and sensations, passions, etc. that excites me.

Back to auditing. What I've described above is a variant of how I audit. I sit in the PC's chair and experience, what they are experiencing. From an objective viewpoint, one can ask the logical question, of the PC,

based on tech knowledge (PC nattering, ask for missed withhold). Auditing, as I do, very subjectively, I *tend* to ask the right question. Sometimes, I don't even know why I'm asking a question. Not often, but it occurs.

Generally speaking, I think the basic processes are good to use, by people doing auditing by rote. Once we left, the Co\$, I never went back. When I was on the briefing course, the old ways had me enthralled. The new, one size fits all, gave me bad indicators. By this, I mean "Standard Tech" — I eschew "Standard Tech".

Let me audit the PC in front of me, this very second. No C/S, no program. What the PC is sitting in = what I want right this moment. And, usually, there is a more basic incident, oft times before the physical universe. When that incident is owned and, perhaps looked at, in a new light, then we're home free.

So, not unlike horseback, I work without a safety net. One time that I remember vividly, I took a new PC, in South Africa (on the phone) whole track for the first time. He fell into Nazi horrors. Like riding a horse in

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rkrenik@hotmail.com

PO Box 1757 Elma

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¹ full tilt boogie: Phrase used to express the process by which something/someone acts in an extremely focused and aggressive manner in the pursuit of a goal. "What I've been struck by is all the posturing by talking heads, and typing hands, with the media circus in full tilt boogie, jockeying for ratings." The superlative level of an endeavour or product, usually only applied to endeavours and products that are inherently exciting. There can be a full tilt boogie iteration of a particular line of sports cars; there is no such variant of a minivan. One can play a guitar or drum solo at full tilt boogie. It is highly doubtful that an oboist or tuba player could so inspire a listener as to merit the description.

a no holds barred race, I just held on for dear life. It ended up fine, but I did have the thought that no correction list, over the phone, a world away, could save this, if anything goes wrong.

Auditor + preclear

Basically speaking, I feel, based on over a decade of experience, that the *auditor/pc combination* is magnitudes stronger and more productive than solo auditing. It is *using* the native *oneness*. Solo auditing is *dramatising* the separation of the oneness. It ain't gonna get you to basic. The basic is, usually, in some form or another, the individuation from oneness.

What is needed is an auditor, who is absolutely capable of allowing the PC to be one with him/her, and concomitantly, the auditor IS one with the PC. Thus the right questions are asked, the right directions are given. Just like riding horses. Very little physical control, and a huge amount of spiritual presence. The rules fall by the wayside.

And further, I'm not a very formal auditor, and I don't make or keep notes.

Also, what I do is completely heretical to most of the posters to Internet Freezone lists. The gulf between them and myself is enormous.

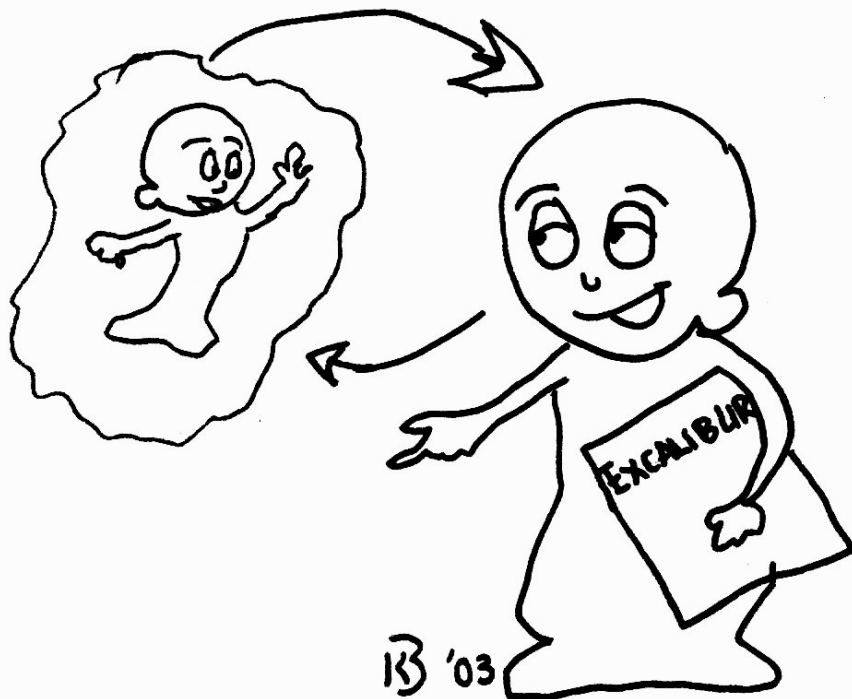
Stray comments

Interesting, don't you think?

Perhaps it reminds you a little of things you did before you limited yourself to so great a use of a human body. To your former OT state.

Scientology is based on certain principles (for example the more basic axioms, communication, ARC and the data on communication). The complexity built up in the Church with lectures and writing, are there in order to help people understand these simplicities and use them. One can get lost in the complexities. One can also seek after what are called OT (operating Thetan) powers, but fail to recognise them when seen in another.

But some work through Scientology, and become senior to it. ☒



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— Luis Philippe, Clearing Practitioner and Trainer, MEXICO

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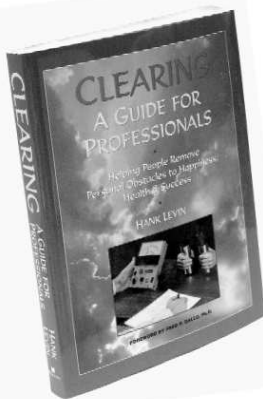
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Book News:

Crystal and Dragon

Excerpt from introduction:

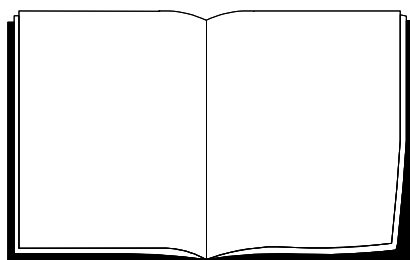
Many people are famed and respected for their ability to provide instant, one-sided opinions on any subject. ... The cause of their popularity is the media convention that gladiatorial debates, where the object is to champion a particular viewpoint against others, is more entertaining than discussion which aims towards agreement. No one expects two boxers to make peace in the middle of a bout.

A similar convention applies in politics, to the extent that politicians claim credit for never changing their views and take pride in the consistency of their opinions over a whole lifetime.

These attitudes reflect those of 19th century scientists, who assumed that the secrets of the universe were imminently within human grasp and competed fiercely to establish their own schools of thought as the orthodoxy of the future.

Since that time the scientific world view has changed radically ... No wonder fundamentalism is flourishing. Nor is it surprising that the vain and greedy, the cheats and liars, the most stupid and implausible con-men can become public figures and attract a respectable following. We are brought up to form and flaunt opinions, to know what is wrong and what is right, and oppose the first in the name of the second.

... By reintroducing us to the Pythagorean world of number and pattern, David Wade anticipates the coming synthesis of traditional philosophy and modern science which will effectively amount to a new world order.



*John Mitchell, in the Introduction to the book
Crystal and Dragon: The Cosmic Two-step by
David Wade, 1991 ISBN 1 870098 07 2.*

The following is from the blurb on the books cover:

Crystal and Dragon will be of interest to all who are concerned with the turbulent changes in our world, as manifested in new forms of religion and philosophical ideality, and in the search for new modes of aesthetic expression.

Excerpts

Two excerpts from the book:

I compare fortune to one of those violent rivers which, when they are enraged, flood the plains, tear down trees and buildings, wash soil from one place to deposit in another. Every one flees before them, everybody yields to their impetus, there is no possibility of resistance. Yet although such is their nature, it does not follow that when they are flowing quietly one cannot take precautions, constructing dykes and embankments so that when the river is in flood it runs in a canal, or else its impetus is less wild and dangerous. So be it with fortune. She shows her power where there is no force to hold her in check; and her impetus is felt where she knows there are no embankments.

Machiavelli

The Empire is a divine trust and may not be ruled. He who rules, ruins. He who holds by force, loses.

Lao Tzu ☿

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Regular Columns

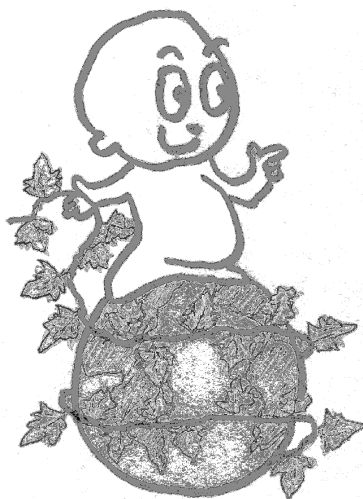
A World of IVy

by A Pelican, Antarctica

Gradient End Phenomena

AMONGST THE VAST BODY of Scientology literature there is mention of two valued logic (black and white, no greys) and multiple valued logic (in its extreme a smooth gradient from black to white, or between other things in other fields).

In the real world we often have places at different heights, if there is enough difference, we call it a hill or a mountain. If for example we make a path from a lower to a higher place, it is usually a gradient. However if the gradient is fairly steep for ordinary people using bodies, we make an artificial thing called steps. It is easier sometimes to use steps than a steepish gradient.



However, the cyclist (with many gears!) who wants to use the path will curse the steps.

Steps can hinder.

In going through life, and auditing we have to use both for steps and gradients, for I guess that you and I are a mixture of pedestrian and cyclist.

I do not know how valuable that comparison is to you. But perhaps it can give food for thought. ☒

The Regular Column "A World of IVy", is written by various anonymous authors, with the aim of giving a quick, even perhaps mundane, "pick-me-up" for the busy, perhaps stressed, reader to look at, possibly when receiving IVy (it is right in the middle of IVy, easy to turn to). Would you like to contribute? Perhaps you could write something short and simple (3/4 page only) which has inspired you at some time, or you feel will hearten others. For some reason we have made it anonymous, so no one need know it was you! ☒

Regular Column

IVy Tower

by Rolf K, USA

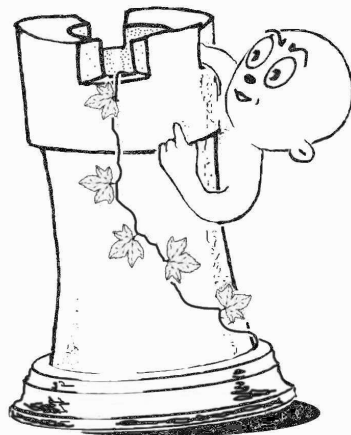
EFT — a New Approach to Charge?

EFT STANDS FOR Emotional Freedom Techniques. It is a simple therapeutic technique (assist) that can be used to discharge troublesome, emotional and reactive subjects and issues.

The basic concept is that what we know as “charge” is stored throughout and around the body and can be discharged with the EFT technique. This is done by manipulating acupressure points while the person is tuning his or her attention into the hot or troublesome emotional issue he or she wants to overcome.

Acupressure is a technique where one massages or taps designated points on the skin. It is very similar to the better known acupuncture where needles are inserted in these very specific points on the body. By knowing which points to stimulate, the balance in the body’s energy systems can be re-established and good health and harmony restored — or so the theory goes. In acupressure the same points are simply tapped, held or massaged using the fingertips. A simple form of acupressure is used in EFT as only about a dozen easily accessible points are tapped. The illustration [next page] shows the location of the points used.

Although this sounds very “new age”, “non standard” and outright “squirrel” I was willing to give it a try after a Class VIII recommended it to me and told me she had had some good successes with it. Since I have experimented with acupressure and studied it a bit my basic attitude was positive and curious. What I found was positive; I decided I was willing to write an article about it. I could actually produce considerable “discharge of emotion” on self and others.



Here is my personal scientological take on what is going on:

The physical body is surrounded by an energy body or thought field. The type of energy it consists of is, in my book, the same as “theta/entheta energy” (in acupressure it is called Chi). The Theta part is pure life energy produced by the Thetan or human spirit. The Entheta is messed up or enturbulated Theta produced when the Thetan gets overwhelmed, knocked out, etc. as we know from engrams, secondaries, locks, upsets, bad memories, “screw ups”, and so on.

E Meter and Energy Field

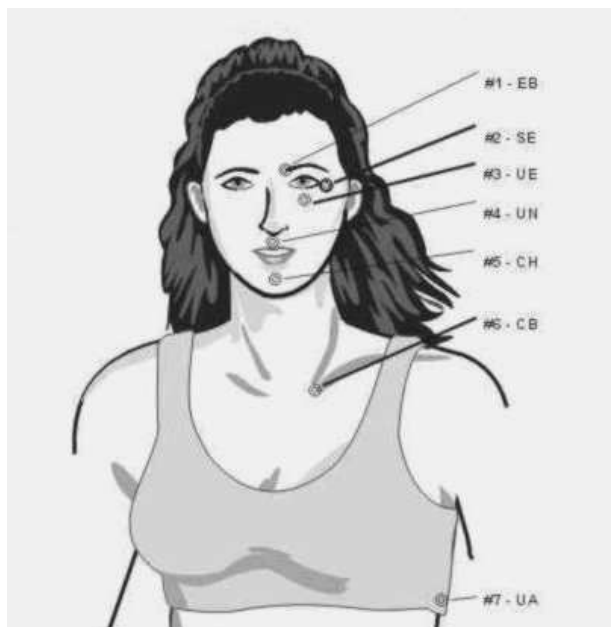
To me this energy field seems quite real. Besides being the energy system that controls the body (roughly the same as the Genetic Entity in Scientology) it also contains mental image pictures, mental ridges, etc. When auditing PCs, I have often observed them consult this “movie screen” around them for content, experiences, etc.

The energy field as a whole is what the e-meter measures and what makes it read. The energy field’s general density determines TA position. If it is dense you will see a high TA reading; if it’s light you will see a low TA reading.

Whether you hold a one hand electrode, use 2-hands electrodes, foot plates, etc. you will get

Rolf resumes his Scientology Story in IVy 82.

Regular Column — IVy Tower



Picture shows the acupressure points used in EFT. If not placed on the midline of the body, the points exist in left as well as right side. Each point is tapped in turn 5-7 times.

the same reads in each case when hot issues are restimulated by a question or process (or life).

It is quite odd that you get the same reads on a one-hand and two-hand electrode set-up as that means it's the skin's resistance that changes and not the whole body's as a conductive system, including the brain. If it was happening in the brain, or the mind located in the brain, it wouldn't cause a reaction on a one-hand electrode as the electricity chooses the shortest path which, in this case, is from one point on the palm to another-maybe only an inch or so apart. The charge, in other words, resides on or near the skin and gets instantly and electrically distributed along the whole surface of the body. The way the e-meter works and reacts, in other words, seems to be consistent with the 5,000 year's old Chinese theory that describes the Meridian system (Meridians are further explained below). So there is a mental matter-energy system surrounding the body independently of the nervous system and the brain.

The Energy Body

The theory in Energy Psychology (of which EFT is an important part) is that this energy field surrounds the body. It contains the blueprint that determines good or bad health, optimum reaction or aberration. By treating the energy body our health can be improved, our negative emotional or non-optimum reactions can be straightened out. This, in other words, sounds like a page in Hubbard's book when he talks about the mind and the "reactive bank".

Gifted therapists can actually see this field directly. It is possibly the same as "astral body", "aura" and other esoteric labels. Experts in the field actually have a detailed description of its anatomy and all the parts (see also Ed Dawson's article in IVy 78: Human Entities and Beings).

Apparently, it has a structure

held together by or centered around 14 Meridians. According to theory, the totality of this energy field is what we use to control our bodies and where we store memories, including reactive ones. It is certainly the seat of "reactive charge", defined as excess and harmful mental mass-energy. The Meridians, it seems, are the wiring of this energy body. It conducts the thought energy ("theta") to the different parts of the body and carries signals. It seems to be a spiritual nervous and control system of sorts.

This energy body, as I see it, is what in Scientology is called the mind. It includes the analytical, reactive and somatic minds with their memories and "control circuits". The Thetan is different from this energy system. He is the operator and capable of independent creativity and thought. The energy body may contain analytical memories, engrams, secondaries, training patterns, biological control mechanisms and who knows what else. It is what we discharge through auditing. On the e-meter this

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energy body is what causes rises, blowdowns, floating needles and all the other meter phenomena.

In Scientology auditing our approach is mainly to process experience. We process the time track that apparently is recorded and stored in the energy field as mental image pictures. You have the preclear find recordings of experiences and tell the story and bring about a discharge. Likewise, the preclear will find decisions and postulates which are important components of the energy field (mind) as they form stable data and terminals in our thought processes and reaction patterns. They are part of the programming contained in this energy field. The function of the whole field (mind) is on a basic level to ensure the survival and well-being of the body. It is a sophisticated “software-program” designed to do just that.

Tune and Tap

A basic demonstration of EFT, suitable for a short article, is the following: recall a disturbing event, be it an upset, embarrassment or short-fall of some kind. It can also be a fear or other mis-emotion. Tune into the mental image picture (or mis-emotion) that is lodged in this disturbance. While confronting this picture or emotion, tap, while remaining as relaxed as you can, the points shown on the illustration, starting from the top and working your way down. Tap each point 5-7 times while you keep confronting the image or emotion. Tap to create some vibration — as if you were beating a little drum. The intensity of the image, emotion or discomfort (“charge”) should dissolve. This is the basic discovery of Energy Psychology: the tapping can discharge the “disturbance” (charge) in the energy field. This disturbance/charge is the cause of the mental and emotional discomfort.

Running EFT

EFT seems to be more interested in masses and postulates than experiences. Sometimes, however, incidents are taken up and run much as in Dianetics. Once you hit an emotional segment you work the negative emotion out of that part of the incident. The client then continues to tell about what happened and discharges the incident while the acupressure points are tapped to

ease the discharge. What EFT seems to be able to accomplish is comparable to assists but often EFT is capable of addressing the issue more directly and accomplish some relief rather quickly. It is also used to address issues, such as cigarette addiction, cravings for certain foods, etc. and can thus help people deal with very hot issues such as quitting smoking and weight problems. Sometimes it goes to “EP”, sometimes, I am sure, it falls short of a Floating Needle and VGIs. In trying to compare it with Scientology processes (which may lead to some misunderstandings nonetheless), you could compare it with prep-checking. In a prep-check you choose a charged subject; you can choose just about anything: from “trouble with money” to “your ex-partner”, “back trouble”, “your illness”, etc., etc. You work the same subject from many angles, using the prep-check questions. You could also compare EFT to finding a hot button, as in bull-baiting, pushing it and flattening it. I like this comparison the most as you often, in running EFT, don’t know what exactly you are hitting besides “charge” and it can blow or recede before you ever find out.

It seems to me that EFT affects the masses and the postulates primarily. You have an issue, problem or circumstance you are unhappy about and want to change. You are asked to tune into it and the acupressure points are worked while you are tuned in. Some discharge takes place. It may not flatten completely and F/N as a Scientology process would, but it does bring about some relief in most cases. The tapping on the Meridian points seems to unstick the distribution of “electrical” signals so it reaches all parts of the energy body. In my opinion, it increases the conductivity of the energy body and thus helps to discharge the emotional and reactive content contained therein. In auditing this is accomplished by flawless auditor TR-0 and TRs in general. Flawless TRs enable the preclear to confront the issue and discharge its reactive content against the auditor.

Stored Memories

According to EFT theory, memories are stored throughout the body. This is quite similar to early Dianetics. “Engram” means “trace on a

Regular Column — IVy Tower

cell". If you have a foot injury, the cells in the foot will "remember" this as they hold on to the engram as a conditioned reflex to avoid future injuries like that.

In my opinion, and according to my observations, mental masses exist in and around the body independently of the body's physical structure. They can actually exist far away from where you are. In contact assists you take the preclear to the location of the accident and blow the engram by doing an exact "recreate" in space — if not in time. You take the preclear through the exact actions that led to the injury and consequently blow the mass and energy contained in the engram. Conclusion: at least some of the mental mass and energy was left behind in the original location.

What, then, happens in the EFT procedure in Scientology terms? Here is my take on it. Since I have only done about 40 sessions on others and self it's an opinion. The literature on the subject is often vague and non-committal — maybe on purpose to offend the least number of people, be it scientific minded or religious minded 'experts'. The results and successes are however outstanding and make further investigation worthwhile.

Typical Procedure

The typical procedure is centered around an opening statement or affirmation: "Even though I have this [special fear] I truly love and respect myself!"

This statement has two parts: 1) the thing you want to get rid of; in this example, "this special fear". It's a disturbance in the energy field (entheta/charge) based on the content of the reactive mind.

The "I truly love and respect myself" is what you want to get to. It's a static. The state of being where you are in control of things and on top of the situation and maybe the whole world. "Static" is the word used in the Scientology Axioms to describe the Thetan and the state of OT. In normal auditing, the auditor forms a perfect static through having perfect TRs. He becomes a terminal the preclear can discharge

against. The better the auditor's TRs are the smoother this discharge occurs. It's a "holding of a position in space" that enables the disturbance/charge to apparently flow from the preclear and discharge. Scientology auditing, in other words, is a set-up where the preclear discharges restimulated charge ("disturbances") against the auditor who simply acknowledges and ends cycle on them, piece by piece.

In EFT there is a similar discharge between a disturbance and a static. The disturbance is the complaint or charged issue. It is, ideally, a well identified issue that will discharge next. In auditing this is ensured by taking what reads. The instant e-meter read indicates that the issue is "live" enough to be discharged by working on it. In EFT you take what the person brings up. You have the person tune in to the problem and give you "the level of distress" simply by giving it a numerical value between 0-10; 10 being very distressing and 0 being no discomfort at all. You use the opening statement ("Even though I have this [special fear] I truly love and respect myself!"). You do a round of tapping, etc. and ask what the distress level is now. If the issue does not change in intensity on the 0-10 scale, you obviously have to break it down, go earlier, poke around until you find a more live aspect of it. Even though the issue is real enough to the person it won't discharge as he is more or less overwhelmed by it. It's a "physical universe reality", not a dischargeable issue.

When a person performs EFT on self, the discharge is between the identified issue and the person as a static "that truly loves and respects self". The tapping of the Meridian points increases the conductivity of the energy body from the mass-energy of an issue to the static. Ideally it discharges quickly and becomes a zero on the distress scale. The balance in the person's energy systems has been restored. ☒

There is extensive material on EFT, including a free manual, at the Internet site www.emofree.com/

Regular Column

Outside the Box

by Flemming Funch, France

People-Changing

THERE ARE MANY ways of changing people. Or, rather, you can't change anybody, but there are many ways of inspiring, leading or tricking people into changing themselves.

There are a few very basic things to know before one can even start.

First of all, there's really nothing wrong with the being in front of you. He or she is basically good and well-intentioned, basically immortal and in-destructible, and basically 100% in charge of creating his or her reality.

He or she is also capable of making up any kind of truth on top of it, which is where the trouble starts, as one can basically imagine oneself into any kind of impossible trouble, and that becomes part of one's reality as well.

Basic axioms

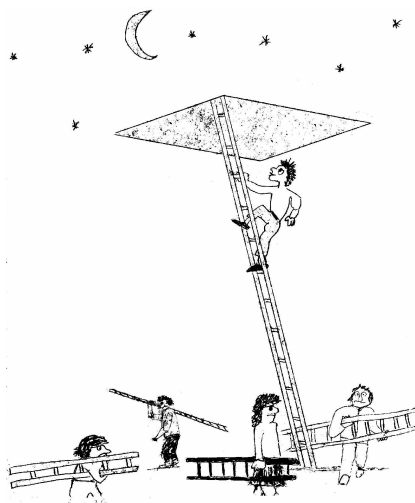
You might recognize those two statements as Axiom 1 and 2. Or maybe you can't, but it is basically the same thing.

The answer to any undesirable effects of number 2 is to maneuver the person into re-connecting with number 1, and into creating something more desirable.

We might do that in a number of ways. We could say that anything that does so is valid processing, but not all the ways would fit within the code of what a practitioner normally does. But it is still worth knowing.

Transcending case

If you're in a sufficiently powerful position of authority in somebody's regard, you might get away with simply telling them to change. If they believe you, and your advice was good, they might just start behaving in a different way, no longer having the same trouble.



Being an auditor or a staff member with “no case on post” is an example of that. You're simply ordered to be sane, and that works quite well. Even better, the bigger the game. It is easier for a Sea Org member to transcend their case, because there's more at stake.

Necessity level comes in there too. If it obviously is necessary enough, most people will be able to snap out of it, and think and act in a more optimum way, without a single hour of auditing. In an emergency situation one can often shift one's reality quickly, because all one's usual excuses suddenly are smaller in comparison.

By example, etc.

You can also condition people into changing, without directly ordering them to do so, or without threatening them with bad consequences. If you put somebody in an environment where they continuously are shown certain ways of thinking and behaving, they're quite likely to pick up on it, if there's any kind of reward or utility in doing so. That happened maybe if you grew up in a Christian family, or if you were in the army, or, of course, if you were in the Church of Scientology. You're constantly being fed images of how one does around there. Group pressure, advertising, word clearing, the methods might be many, some hidden, some not. The more forcefully it is done, the more it would be like implanting. But even without that, any

Regular Column — Outside the Box

environment will leave some kind of impression on you, and most likely get you to modify your behavior accordingly.

You can also condition yourself. There's visualization, positive thinking or affirmations. Mock-ups and postulates, if we say it in scientologese. You visualize what you want, and you try to believe it is so, or that it will happen. Which works fine, to the degree that you can visualize it as real, and to the degree you're certain about it. There are fine nuances to master there. Like, it doesn't work well if you put a lot of effort in it, but better if you can do it lightly.

Basics

But if you're a clearing practitioner, and your job is to help somebody change, what can you do? OK, you might have long lists of processes with steps you can go through, which is fine, but I'm talking about the basics of that. Why do they work?

They ultimately work because the client changes. That is he chooses a different viewpoint or consideration or feeling. He might do that more or less consciously. It is best if it is done consciously, but it often isn't. He might just suddenly feel better, seeing things more clearly, no longer having the same issue as before.

So, you say things to the client. That's your main tool. You communicate, in the form of questions or directions. You can either steer the client towards a deeper understanding of his issues, which would be a "negative" direction of processing, aiming to de-construct that which is there, so that something better might take its place, if necessary. Or you help the client exercise his perceptions, different points of view, creativity, or other skills, which would be a "positive" direction.

You might follow some maps of what is likely to be there, or what should be there. That's in principle a bit risky, but it works if the maps are pretty good, and they work for the client. Like, you might expect that the client has incidents organized in chains, and that what we need to do is to find the earliest incident and run through it. A positive example could be an

admin scale, even though one doesn't traditionally do that as a session action.

So, you choose a technique that addresses a structure which seems to correspond well to the client's situation. If he has an unwanted feeling, incidents might be a good idea. If he seems to have fixed ideas, a service fac type of handling might work. If there's something in his space that seems to have a mind of its own, an entity handling. If you don't know what it is, a dialogue about it might bring more information to light, so one can choose a more powerful technique. Or if the target is just to improve a general area, like communication, one can simply ask a lot of questions about it, and get the client to examine it thoroughly from many different angles.

Tools

If you followed a traditional auditing program, the folder would have been set for you in advance, by the list of processes or by the directions of a C/S. That's not what I do, however, as I'd rather deal with the person in front of me. So, I choose the tool that best fits what is going on for the client.

There are tools that can be considered deeper or more thorough than others. That's typically when they're based on a framework that comes both with a theory for why they work, and ample opportunity for uncovering supporting material and examining it in some detail. Note that it isn't necessary that they're the ultimate truth, just that they're close enough to what is there to run to completion, to change something, and to provide satisfactory explanations for why. Like running incidents. It takes some time to do, you find a basic incident with the same somatic as the one one has now, and you run through it until it is really clear what happened, and the unconsciousness about it has lifted. And you find that not only is the feeling changed or gone, you also have an explanation for why it was there, and a good reason for it to not recur. That is so much better supporting material for a change than if you just had tried to postulate it away. The superficial result might be the same, but the more thorough technique better supports the reality that it has changed.

 Regular Column — Outside the Box

Manipulation

A people-changer, such as an auditor, always has an influence on the client, and will always be somewhat in a position of manipulator. He's going to trick the client into changing, despite his resistance. The skill is in only doing it with integrity. That is, in a way that is in harmony with who the client is and what he desires. Part of the training for that is of course to learn not to add arbitrary elements into the session, based on your judgments or preconceived ideas or nervous habits, but to the best of your ability only add in those elements that help the client advance. And to never forget that it is the client himself who needs to "get it", i.e. cognite, discover, become more aware, change direction in life.

Conclusion

To do so in the greatest integrity, it is a good idea to always be conscious of the basic facts. Like the couple of basic axioms. The client is fundamentally not screwed up. That which is screwed up is what he has created out of his considerations. You can't change them, but you can communicate with him and lead him into a situation where the most natural thing is to change his consideration towards something that's better for him. To do that, you need to influence him, have an impact, make him do something he wouldn't otherwise do. So, it is imperative that you do so only while staying completely in sync with the person in front of you, using your maps and your tools only for his advancement, and not for their own sake. ☒

EFT Master

by Peter Graham, Australia

EFT stands for Emotional Freedom Techniques. Peter views EFT as another clearing technique he has added to his "clearing tool kit". Peter has a long and worthy Scientology history, going back to before he was on the Saint Hill Special Briefing Course, with his brother and mother, in England in the 1960s. For many years he has been practising in Perth, Australia, and has contributed a number of articles to IVy (see the contents on our Home page) amongst them Clearing and EFT (IVy 54, 2001). Peter's web site is: www.integrative-clearing.com.au . We received on the 10th January his Tap4Peace EFT Newsletter, in which the following item appeared.

I have been officially recognized and certified as an EFT Master and it will be announced in Gary Craig's EFT news letter in the near future. If you don't already know, I attended a 4-day EFT Master's Workshop in San Francisco with Gary Craig in November 2005 and just recently passed the final exam and met all the requirements. Details about the EFT Master's program can be found at www.emofree.com/masters-info.htm.

It was a challenging journey. One of the challenges was at the workshop in San Francisco. All the workshop attendees were required to do an EFT session (with a volunteer client from the observer group) in front of Gary Craig and the 10 other attendees from around the world and also in front of a group of about 30 other observers and while being filmed. And, after each session, Gary Craig critiqued the session. I did feel nervous beforehand (and tapped on that successfully), but the moment I sat down with my client, I was completely calm and relaxed. The session went really well with excellent feedback from Gary and a thrilled client. I have a copy of my session on DVD and will do a limited showing in the near future (so let me know if you are interested).

I am delighted and honoured to have been acknowledged as an EFT Master as there are only about 30 others in the world and, so far, only two in Australia. The other EFT Master is in Sydney. ☒

C/Ses¹ and Auditors

by Algernon Wilde, Antarctica

I ONCE HAD THE GREAT pleasure of auditing under a C/S who was not only competent as C/Ses go but she had an extra gift: in her comprehensive view of the pc's or pre-ot's sessions, she included her usually very comprehensive view of the particular auditor auditing the pc. This I found unusual, and very refreshing. In her instructions for the next session, she addressed her communication very specifically to the understanding of the auditor; she also designed her C/S instruction around the abilities and understandings and skills of the auditor as she saw them. And she managed to do that in the extremely political atmosphere of the technical establishment in which she worked and lived. She created a team spirit with each of her auditors to the extent that they could respond to her. In contrast, most of the other C/Ses seemed much more "businesslike", as though the first priority was to look after their own turf and protecting themselves from unwelcome attention from Senior C/Ses and others ('unwelcome attention' meaning temper tantrums and cramming orders). This particular C/S could be as sharp as a tack on technical misdeeds by her auditors.

Now, all C/Ses are inclusive to some degree. None I have known did it with the deftness that she did. Here, I think, lies a pointer to a possible fault in the Ivory Tower principle (which states that the C/S shall be isolated physically from the auditor and pc's presence so as not to be influenced at all by any direct verbal or physical communication from them, and not to be drawn into any discussion of the case with them). I understand this principle, and don't argue against

it. But I certainly make a plea that any C/S training and internship in the freezone should include directing the trainee C/S towards acquiring the kind of viewpoint and skills that my old C/S had.

I don't believe it is enough that a C/S know all the materials cold, and can analyze the worksheets accurately and swiftly, picking up all errors and keeping the pc on track or getting the pc back on track. Valuable as these attributes are, LRH does give the C/S responsibility for training his or her auditors. One supposes that this cannot be done without a certain amount of ARC. However, I don't think it can be done well, and certainly not superbly, without a very high degree of ARC between the C/S and the auditors such as my old friend had.

In the free zone

The Ivory Tower principle, on the other hand, certainly tends towards encouraging or at least permitting a C/S to isolate him- or herself from the realities that are going on *in the chair* in the sessions that the C/S is supervising. I have seen in certain individuals, even some evidence of using the Ivory Tower principle not only as a shield against human contact with the auditor and pc, but even of using it as a kind of service facsimile. Such attitudes, when they are present, detract from auditor performance and from delivery result. [Please let it be noted that the writer has no freezone C/S in mind, here.]

In the freezone, practitioners sit opposite their clients pretty much alone. There are not many freezone practitioners who even have a C/S to hand, or anything like the facilities available to

¹ In the usual setting of a Scientology organisation (called "Church") there was and is a system where by each consultant/practitioner (called auditor, in Scientology, here client) had his session supervised by a Case Supervisor, shortened to C/S. The C/S was a higher trained auditor, who decided what should be run on the client, so that it was correctly run, and saw that corrective action was taken if errors occurred. *Editors private off the dirty cuff note.*

auditors working in seven-division orgs. The practitioner has to wear a great many hats. In addition, the practitioner does not have behind him the control that the org brings to bear on the client. The org always has the options of cowing the client through face-to-face contact with the D of P or a Registrar, or through ethics action, or of the ultimate shame of expulsion, and finally the terror of “Denied Advanced Courses Forever”. This leverage is entirely absent in the practice of the lone freezoner. Not only does he or she not have this leverage, he or she is often in the client’s space, over which the client, not the practitioner, exercises control. If the org tells a person to leave the org, it can enforce its wish. If the client tells the freezoner to leave the house, he can enforce that wish. Of course, we wouldn’t expect the freezoner to allow a situation to get that far, but the principle remains: it’s not the freezoner’s turf, it’s the householder’s domain.

The freezoner who runs the practice from his or her own quarters has some leverage on the client just by reason of operating out of a building he or she owns or rents, in which the client has no ownership. At the same time, the great solid mass of the organization tied into the mass of the global network of organizations, together with the deadweight of management echelons, is not there to emphasize the little one-ness of the mere individual human being sitting in the org’s chair.

Differences

Sometimes, the freezoner, remote physically from the C/S, starts the session and finds himself in a situation in which the current C/S instruction doesn’t apply. Rather than stop the delivery flow for a new C/S instruction — which may or may not appear that day — the independent freezoner takes action at once to address the situation for the sake of the delivery flow and of keeping the client moving along. The org decries this as “C/Sing in the chair,” and disallows it. In the freezone, it is part of life — in my opinion and experience.

Working as he does in such a very different environment, where the client is by no means so amenable to control (and where the environment can exert a great deal of control on the client’s home life, for example), the practitioner learns very quickly to become very sensitive to

the needs and characteristics of the client, and to respond to these needs very quickly. Otherwise, the flow of delivery falters and the client can lose his place in where he is at and where he is going. Thus, the practitioner develops a sharp instinct for what will work with this client in different situations, and what will not work.

With this kind of awareness and understanding at his command, the practitioner wants a C/S who will work with that awareness and understanding, as my old C/S and friend of many years ago used to do. Too often, the org’s Ivory Tower developed robotism on the part of the C/S, who would pass the robotism on to the auditors and thus into their sessions. But clearing is the antithesis of robotism; to clear another one has to be constantly and comfortably in the present, watchful, aware, alert. Let us please develop C/Ses who develop, welcome, and work with the practitioner’s growing instincts as a professional doing a difficult job well (or, at any rate, as a human being putting his or her heart into what he or she is doing, dedicated to always learning to do it better). But let no C/S ever let a practitioner compromise the workability of the correct and applicable technology nor the cleanest discipline of application. We need a balance between the exactness of correctness and the human reality of what the client and the practitioner are *experiencing* together in the session. This is no argument against correctness; without a standard of correctness, the human experience in the chair will become unbearable sooner or later.

Questions

I regret that I cannot provide the reference. But I clearly remember a remark LRH made at SH: “Auditing is what you can get away with”. I have never forgotten it, and I hope I have never used it to “get away with” something that he would not approve of. I see this as a fundamental principle of practice in session that the practitioner is constantly asking himself, “What opportunities do I have in this moment to move this client forward to a win?” The answer will often be, “I will continue what I am doing.” But frequently that answer will not suffice for the practitioner with integrity to high standards. The question then becomes, “What does this client need now?” and another question comes right along with it: “How can I deliver what he

needs now in a way that will work for him and bring him to a win?" The practitioner is weighing up the options and making his best judgment as to what he can get away with in the moment of having to make a judgment — all for the sake of the client's progress towards his or her (i.e. the client's) spiritual goals.

[Don't we all ask this kind of question in all kinds of situations in all aspects of life? Parents have to do it all the time. Salespeople, managers, supervisors, and so on and on and on. Remember that LRH pointed out that everybody is a manager of something. In life, of course, not everybody is putting the other's needs first, as the practitioner has to do. We might wish that everybody would put others first for a change..Sigh]

Of course, the auditor in the org can be doing exactly the same thing as the practitioner, but then his parameters are defined by the requirements of the org and especially by the requirements of the C/S, the latter being keenly and apprehensively conscious of the Senior C/S looking over her shoulder. In the org, institutional requirements came before the requirements (human and otherwise) of the pc in the chair. When the org auditor makes a decision in a session, part of his formula *always* includes an assessment of the chances of being sent to Cramming for making that decision or for not making it. The freezone practitioner is happy to be rid of that burden. The org auditor can be terrified of causing a "red tag," the situation in which the pc doesn't have a floating needle at the Examiner after the session, or has an "f/n" with very bad indicators. The freezoner doesn't have that terror, although he or she may work just as hard to handle what is going on so there is no "red tag" after

the session or to sort out an unsatisfactory situation arising out of the session just given.

Both practitioner and C/S are blessed when the C/S can recognize the reality and value of the freezone practitioner's instincts when those instincts are proven, in session, to be mostly correct. In such a case, the client is doubly blessed because C/S and practitioner work together as a team to produce as much win as possible for the client as they can, together, get away with. The question of whether they do that because of, or despite, the Ivory Tower, we will leave for another day.

In the meantime, I hope and pray that whatever facilities may develop in the future for the training of C/Ses, somebody will give a little credence to what is written here.

It may be that in writing this, the author is exposing errors in understanding. If this is so, he will doubtless be corrected, and will stand as an example of error to the benefit of others. ☐



Nordenholz, African Religion, etc.

by Maximilian J. Sandor, Earth

The following is part of a contribution Max made to the Internet list for subscribers to IVy. Ed.

Scn comm cycles antecedents

The communication cycle, especially the 'duplication' item was originally framed by the communication theorists of the '40s, namely Shannon, von Neumann, Piloty et alii. The genius of LRH was in the practical application of the theories that existed.

Nordenholz and axioms

Likewise, the ARC triangle (as well as KRC) are described in detail and precision in Nordenholz' book *Scientologie* published in 1933 and revised in 1937 as examples of his 'Scientologie Axioms'. An axiom in the original sense is an element of a 'minimal system' of statements that describe a complete system and these elements are statements that cannot be further reduced. The smaller the number of elements of an axiomatic system, the stronger is the description of the system.

Nordenholz reduced the minimal number of axioms needed to describe the structure of the world to three (3) based on the Hegelian system that was also used by Karl Marx. Likewise Patanjali in the past did with his 3 gunas in the Yogasutram. So did the seers of Fá¹ with the Odu (to do/to have) and Orisha(to be) parts (be do have is another 'instance' of Nordenholz Axi-

oms of Scientologie). LRH failed to duplicate the significance of word and concept of 'Axiom' and created a huge list of such 'axioms' instead of seeking a minimal number of truly independent statements.

Ifá

There seems to be the perception [on the ivy-subscribers-1 Internet list] that some of us on this list would further an obscure thing from Nigeria (called Ifá or Fá).

As clearly stated in the books authored or co-authored by me, Fá *survived* in the Yoruba culture but it is undoubtedly of much earlier origin. The Yoruba themselves are an ethnic and linguistic *minority* in today's Nigeria, an artificially structured nation across ethnic and cultural boundaries. William Bascom drew not only from there but also from the Yoruba people in Togo and Benin.

The Yoruba people are genetically, linguistically and ethnically a people from East Africa, today's Sudan which borders at the historic Nubia, the former upper Egypt and one of the principal cradles of mankind.

Today's Yoruba language according to linguists is nearly 30% aramaic². The Fá ritual language has an even higher percentage of this language which at the time of the historical Jesus was still a lingua franca for traders in the Near East and Africa.

1 Fá, the religion Ifá

There is no known etymological definition for Fá. In its meaning it signifies 'reality beyond truth and lies'. In this definition it is equivalent to the Chinese word Fa as it is used by Taoists, Chi Kung and, in modern days 'Falun Dafa'. A note as to the pronunciation; 'Fá' is pronounced like in 'far', not like in 'fat'. The I in Ifá is pronounced like 'ee'. *Author's note.*

2 aramaic: a Semitic language known since the ninth century b.c. as the speech of the Aramaeans and later used extensively in southwest Asia as a commercial and governmental language and adopted as their customary speech by various non-Aramaean peoples including the Jews after the Babylonian exile. *Merriam Webster's Collegiate Dictionary*

Semitic: of, relating to, or constituting a subfamily of the Afro-Asiatic language family that includes Hebrew, Aramaic, Arabic, and Amharic. *Merriam Webster's Collegiate Dictionary*

The Yoruba dominated the West African nations even though they were a strong minority mainly because they had brought with them horses and the skills of their breeding. They also had Fá and they had a form of Skywork¹ for remote seeing skills.

While the East-African Fá has lost many features such as basic astrology and most of the geometry present in the work of Hermes Trismegistus (== master of 3, THREE!!! things), probably due to the lack of writing, it is a superb channel to re-discover an invaluable ancient system of philosophy.

Bascom's book mentioned earlier on this list is a linguistic study and impossible to use as a philosophical reference. The title says everything to an initiated: '16 cowries²' — an Ifá practitioner does *not* use cowries, only certain seeds.

Fá was practically extinct a hundred years ago in Nigeria itself but many Yoruba people have recently rediscovered 'their' religion and pretend to 'naturally' understand the coded language of its oral texts better than anyone else. What they typically put forward then is a mixture of Fá with Islam (the vast-majority religion in Nigeria) and they promote things very alien to Fá such as fasting and praying to the highest God, both frowned on heavily in the oral texts of Fá.

Trees, roots and weeds

So much for roots... at least for that kind... gotta dig out real roots now in the garden...

The roots of the good trees are strangely and quickly superseded by the weed... I wonder why.. must be a principle of this universe...

The following came as a comment and reply when this originally appeared on the Internet list ivy-subscribers-1:

Quoting Martin Foster <msfoster@telkomsa.net>: "By the way, weeds are plants, for which man has not yet found a use. :)"

Max replied:

Very true indeed...

The other day I nearly took out what looked like a bad weed. Our garden helper, native from this area in Brazil, said something like "No, no.. you want to keep this as a medical plant, don't you? This one cures everything, *everything*" (in portuguese). I didn't quite believe him but it turned out to be a *Vernonia*³ amygdalania. Even orthodox science lists 25 uses, the list of applications for cures seems indeed endless. In India, I found out, it's called Sahadevi and is also said to cure *everything*... only, they say, just like my helper, you gotta eat the leaves directly from the tree... and it's quite a bitter taste.

In short, *Vernonia amygd.* seems indeed to cure nearly every disease from asthma to malaria to impotence. The pharmaceutical companies have developed a special herbicide to liberate the farmers of the world from this terrible weed once and forever.

You can see more of Max Sandor's writings if you connect via Internet to his BLOG at <http://sandorian.us> ☒

1 Skywork is Sandor's name for the simulation of human conditions based on the geometry of the mutual relations of people, planetary aspects, natural laws, and archetypes using an ancient shamanic technique of allowing a group of people to assume certain positions in space which permit them to experience the correlating emotions, and sensations. *Author's note.*

2 any of various marine gastropods (family Cypraeidae) that are widely distributed in warm seas and have glossy and often brightly colored shells; also: the shell of a cowrie. *Merriam Webster's Collegiate Dictionary*

3 *Vernonia*: I wrote about it on my BLOG 3.5 yrs ago: http://sandorian.us/newslog2.php/_show_article/_a000245-000011.htm *Author's note.*

Notes for Professionals¹

by The Pilot (Ken Ogger), USA

THOSE WHO HAVE TRAINED in professional courses at the Church of Scientology (the CofS) will notice that a number of things here² are contrary to what is known as “standard tech”.

The most notable is the very idea of self processing, which is contrary to the modern rules.

But this book derives primarily from the Scientology of the 1950s when self processing was not only considered acceptable but actually encouraged among people who were trained in processing. Even as late as 1966, the standard correction lists only considered self processing to be an error if it was done concurrently with receiving intensive processing from a professional.

Ideas and discoveries from the standard tech period have indeed been used in this book, but they have been moved back into the earlier broader context.

Another noticeable departure is avoidance of the word “auditing” which is used synonymously with the term processing in the CofS. Since this word means “to listen”, it implies that there is another person present to do the listening, and that seemed inappropriate for self clearing. And since the term “processing” is more easily communicated, the word “auditing” was dropped entirely.

OT drills

In standard tech, one avoids OT drills (Operating Thetan drills — things like spotting things in the room with your eyes closed) until everything else has been run, beginning with Grades processing (communications, problems, overts, etc.) and then lower OT levels (implants and so forth). In the latest revision of “the bridge”, the few OT processes that remained were moved beyond the current highest levels (OT 8) but will probably appear somewhere in the OT 9 to 16 range³.

But in the 1950s, these OT processes were used on beginners. They were run from the very start with little preparation, and on the whole they worked and produced tremendous gains in horsepower.

The reasons for not using them in standard tech is that they do not work 100 percent of the time and they cannot be run in a rote manner by a half trained auditor on a person who is buying processing.

They must be approached in a light, do what you can, see what you can get out of it, manner on a beginner. Some will work and some will be duds that give little results but are harmless.

- 1 From The Pilot's book *Self Clearing* Appendix A. This little appendix gives an interesting overview of the Pilot's attitude to Scientology processing for newcomers. The issue of the book *Self Clearing* in May 1998, giving many processes people could run for free, plus the basic know how for running them, was one in the eye for the more money grabbing parts of the Scientology “Church”. *Ed*
Self Clearing is available from <http://freezoneamerica.org/pilot/self/scContents.html>
- 2 in the book *Self Clearing*
- 3 Since Ken Ogger wrote *Self Clearing*, a Class XII, Pierre Ethier, has become active in the free field. He wrote articles for *IVy*, amongst them one on OT levels in *IVy* 72 (2005) page 11. The article begins “While all evidence points to the fact that no new OT Level will be released by the Church in our lifetimes, for those lucky enough to have ‘strayed’ away from the yoke of that institution, the bridge need not dead-end at OT VIII”. The article goes on to outline the later levels, giving reasons why the “Church” would not release them. *Ed*.

Light approach

A professional trained by the CofS who is trying to clean up somebody who has worked with this book will be tempted to try and get them through every process in a thorough manner. That is a mistake and must not be done. These beginner's OT drills must be done lightly and without pressure or invalidation.

The person will naturally skip or skimp on what is too difficult for him. That is expected in this kind of processing. He gets it all on a thorough second pass. He needs to take some weight off of all of the areas before he can push these OT drills to the hilt.

But he needs these OT drills right from the start because the occasional one that does work for him spectacularly is the fastest, most powerful processing that he can run on himself. That is what will give him the strength to go solo on the grades style techniques.

There are also various rules in standard tech which came about because the original standard tech processing was "quickie" and attempted to only use a single process on each of the grades. In other words, only a single process would be used in an area such as problems, ignoring the dozens of others which had been researched earlier. Later expanded grade processing restored more of the abandoned technology, but various rules remained in force.

Flows

For example, when running a small number of "quickie" processes, it caused trouble if a process did not include all directions of flow (self to another, another to self, and so on) because it would be the only process run in a particular area. If a dozen processes were run in the area, they did not all really need to cover all flows, as evidenced by the older processes which used multiple flows occasionally but not always. But standard tech included the rule that all flows must always be run on every process, resulting in excessive and sometimes foolish attempts to ensure that every process always covered all flows.

In practice, if you run many processes in an area, they can be done sloppily because what one processes misses, another will pick up. This is essential for self clearing because you cannot

count on an individual always doing a thorough or perfect job by himself.

Repairs

The keynote of repairing or cleaning up processing done on this basis is to only address things which come up on repair lists. Do not go chasing after things which you think are errors or which do not fit standard theory. Only handle what the self processor himself feels that he had difficulty on. If he feels good about an area, leave it alone no matter how sloppily it was run.

Do not try to fix theoretical imagined errors. Only fix what really is in error.

Also, in self processing, there is no external push. Without this, the person does not run as deeply, and therefore it takes longer, but he also is not as likely to be affected by an error.

The "mind's protection" is at maximum in self processing. This is the idea that the person will not think of things that he is not ready to face when he is running a process. It is almost impossible for a self processor to get into trouble because of this. The worst that can happen is that a process will not run or will be unproductive of results.

The only way to mess this up is to push him too hard or invalidate him for theoretical mistakes that did not actually give him any trouble.

Another factor which aids the self processor is that he is taking responsibility for his case rather than handing it over to an auditor. This significantly reduces the troubles that one can get into.

Exteriorization

Note that the first process of the chapter on exteriorization (chapter 11) is a solution to interiorization side effects. An int rundown can also be run if there is trouble with out-int, but don't run it simply on the basis of the person having exteriorized. Don't assume that something is wrong unless it manifests.

All early processing was intended to be run with the person exteriorized if at all possible. There is no conceivable reason not to audit an exteriorized person except for the possibility of causing him to interiorize and that is solved by int handling. The rule against auditing while exte-

rior is obsolete and significantly slows down case progress.

More tips for the reviewer

The biggest factors missing if the person has worked completely alone from the beginning are a communications (TRs) course, the acknowledgment of major points of release and states attained, and the simple act of having somebody else to originate things to. Fill these in if at all possible.

See the chapter on “keeping yourself moving” (chapter 27) for the context of repair actions.

The self processor does not know enough initially to be able to keep his rudiments in. Furthermore, he would not have the skills necessary to get a case set up and flying.

If you personally are trained up to class 3 or above, you will be capable of running repair and correction lists on yourself initially as a setup action. These could include “Case Supervisor series 53”, the “green form” and the self clearing correction list given in the next appendix.

You can also do these on a self clearing student either as a setup or a clean up action.

Poor set-up

The book assumes that the self clearing student is not properly set up and may initially be processing with the rudiments out and possibly even in an over charged or overwhelmed state (what is seen as a high or low tone arm reading on the E-meter).

This is one of the reasons for the early use of OT drills, physical objectives, and recall of pleasure moments. These all work to cool down charge instead of restimulating it and will generally run successfully even if a case is not properly set up.

Note that all processing in the 1950s was done over out-ruds and without consulting an E-meter except occasionally for use in assessing what areas should be run.

The book is to be worked through twice so that the person can get himself flying by dusting off everything lightly on a first pass and learning all the techniques and then taking everything to a deeper and more stable level on the second time around.

For your own processing¹, you can set yourself up properly and run things deeply on a first pass, but do not be pedantic on trying to force every OT drill to run properly, a light touch is called for. And do not let yourself be stopped if it seems too difficult to get your own case set up and flying. The beginning chapters will run with benefit anyway.

Note that most OT drills are objective processes done by the thetan rather than the body. This is why they will run over out-ruds (just like any objectives). You do not check drills for meter reads before running them because you are not looking for charge.

Light wins

Also note that if a case is not yet flying, you run processes to light wins rather than full end phenomena. Each win reduces the charge somewhat and the person is a bit better off. If you try to push past these light wins, you will invalidate them and may get overrun phenomena.

In this case (running light actions to get the tone arm into range and the case flying), the person should not be staring at an E-meter because it is too distracting and evaluative. If you do this solo, you should do it off the meter so that you don't get interiorized into it.

In other words, if a case is flying, the meter is a validation (the needle is usually floating) and it helps you to catch mistakes as they happen. And it lets a highly trained person run correction lists on himself solo even when his own case is not flying. But it will get in the way of trying to destimulate the case by means of light processing, so just put it away in that case.

These OT drills are unlimited processes that can be run over and over again, gaining in skill each time. But sometimes one will be out-gradi-

1 This article was addressed to professional Scientology auditors, primarily to help them in doing a review action on some one not professionally trained who had done some of the *Self Clearing* book. Ed.

ent and unproductive of results. This is not harmful because one is not restimulating charge, but you will get in trouble if you insist on trying to get an unrunning process to produce the usual “end phenomena” that you expect from a process that is running properly.

Any case will be capable of running some OT drills immediately, but you can’t predict which ones will work and which ones will not. So you try many of them. The ones that don’t bite properly will be harmless and the ones that do work will produce fantastic gains.

It is expected that somewhere in the first dozen or so chapters the person will have a major win and that will get the case flying.

Note that even communication and recall processes were often used as setup and repair actions rather than major grade actions and will often work on cases that are not properly setup.

Interest senior

Interest is senior to meter reads as far as selecting what processes to run. The meter is useful, but don’t let it get in your way.

If you do run some OT drills on another person as a corrective action (to get them through one they are having trouble with while self clearing), you must use a gentle coaxing style which is not currently taught in the CofS but which can be learned by listening to demonstration sessions on the tapes of 1952-4 such as the lectures of the Philadelphia Doctorate Course.

Each chapter of the book is what standard tech would call a “major action” representing a grade or OT level. All of them could be further expanded if necessary. It was felt that it was better to do a light touch on each major case area rather than to push any one thing too hard.

We asked the Pilot whether he had any comments to make about the above (since he wrote it eight years ago) and he replied:

I should have mentioned the well known processing phenomena that “what turns it on will turn it off”. As a process runs, it may stir something up, bring it into view, and then release it. This may take a number of repeats of the processing command. Don’t stop running the process when something gets stirred up and feels unpleasant. Do a few more commands and see what comes into view.

I have also been asked about jumping around to different chapters. You do not have to do all the chapters in order. But there is a general progression of increasing difficulty. So it is best to go through the book in order but skip the less interesting chapters the first time if that makes it easier to keep moving. But there is one exception. Which is that the first half dozen chapters teach processing techniques a little bit at a time and these need to be read and worked with a bit as soon as possible unless the student has already had some training in how to process.

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The Organization Suffers Pain and Goes Unconscious

“Now, we in Scientology today, all of us, are setting up something. You realize that? This thing has probably more horsepower than anything that’s been put on the track for a very long time. As long as we play it straight to set people free, its okay. And as long as we make sure that it goes on in that tradition, it’s okay. But the moment it doesn’t, every one of us is guilty of an overt act — not just me. Get the idea? Because it becomes a Frankenstein monster”. — LRH Tape of 27 Nov. 59 “A Brand New Type of Auditing” 1MACC-29 (original title “Clearing Up the Whole Track”).

This is quoted in the Pilot’s Scientology Reformer’s Home Page at the beginning of a section

We Are All None¹

By Flemming Funch, France

VARIOUS EXPLANATIONS abound about the 8th dynamic and our true nature.

One of the most common is “we are all one”. The intention behind the expression might be valid and it might serve the purpose well of enlightening people about who they really are. However the expression is somewhat imperfect and might actually further aberration in certain instances.

Different interpretations

First of all, truth can never be fully expressed in language. So any expression of truth is not the truth.

Secondly, notice what kind of effect an expression of truth has on people. “We are all one” tends to polarize people. For some it represents a universal integration and brotherhood that is very comforting and explains just about anything. For others, the thought is very repulsive and they will vehemently deny being the same as everyone else. For them ultimate individuality and uniqueness is what is desirable.

Well, both are right for that matter. It is the definition of oneness that muddies the waters.

In our language oneness implies sameness and same identity. Being the same as everybody else is not attractive to most. Having only one identity is not very desirable either, that is scarcity.

But on the other hand, oneness could also represent integration, wholeness and cooperation. People working together instead of against each other.

Polarities

The trouble is the math[ematic]s. The best explanation I saw recently in a book on Magic (*Enochian Physics* by Gerald Schueler).

The manifest universe is based on polarities, plus and minus interacting with each other. That is life. However, if a polarity is undesirable the poles can be integrated with each other and the polarity will vanish.

Now, what happens if you take 2 equal opposite charges and integrate them? +X and -X put together gives 0. It doesn't become 1, it becomes 0. In other words, the 2 of the physical universe (polarities) becomes 0 when integrated, and that is the underlying truth. We could say $2=0$, symbolizing that the true nature of polarized existence is the underlying Void, Zero. Now, it wouldn't add up very well if you used One. Two opposite polarities don't add up to 1.

So, we can assume the true nature of things to be a static, a zero. This would be what could be termed “Theta” or “the Void”. Notice that it wouldn't have identity or existence, that would be a One.

Triangles

The zero can split itself into two opposite parts, the sum is still zero, and will always be zero. But one of the parts can assume identity and existence and become an “I”. And it can regard the other part as “Not-I” and that creates a game situation. The interaction between the poles has infinite possibilities for variety, which is life.

The plus, minus, and the infinity of interaction gives us all the triangles like Be-Do-Have etc. Be is the “I” that you assume, Have is the “Not-I” that you decide you want, and Do is all the stuff that takes place in getting the Be to get the Have. The underlying truth is that none of it really has to take place, it's just a made up game.

¹ Technical Essay # 71 — 16 March 1992

Back to zero

Getting back to the zero is accomplished by integrating the opposites. That is the equivalent of as-is-ness, total vanishment. I would like to comment that it is not just making a perfect duplicate, it is bringing the exact opposites together. The polarities aren't the same, and aren't duplicates of each other, they are reflections. So, another way of looking at as-isness of case is that you supply the mirror piece that when integrated with the case produces vanishment. The missing piece will more often than not be your own cause of the effect that was undesirable. The static cause behind everything (the Zero) can create any amount of polarities and an infinity of interactions between them, and it can uncreate them again by doing the opposite.

The idea of oneness might attempt to communicate the same thing, but easily leads to confusion. Sameness and identification, $A=A$, is the prevalent aberration of the physical realm. A slight twist of high level 8D truths can be very useful in implanting people. You can persuade beings to stick together by showing them a glimpse of the theta void that we all share and implying that it means that identities and beings are all the same person.

Mr. Jones is not equal to Mr. Smith. That would be bad math. But if each one resolves all his polarities and identities he might get the same result of the equation:

$0 = \text{static} = \text{theta} = \text{God} = \text{the real You.}$

Infinity or zero

Sometimes we've called it Infinity rather than Zero. That is not far off. However what we mean is probably a potential infinity of infinities. The Zero can create all of those and take them apart again. So, the infinity is more the expression of highest truth rather than its true nature. The true nature is the zero.

So, we could say that "We are all None" and that might point in the direction of truth.

However, again those are only words. And through the identifications of our language there are also undesirable implications of the "zero" or "none" statements. Making an identity into nothing is a destructive invalidation. That is not what I am talking about either. What I am talking about is the nothingness with infinite power and freedom. The nothingness for whom existence, identities, abilities, and knowledge are but amusing limitations. ☒

Letter to the Editor: Ignition

IM SURE YOU WILL agree, reader, that we (those of us reading this IVy) have each reached a case level only we are really aware of. Some will feel their level is quite high (done lots of auditing, and levels etc), some will feel they are quite satisfied with their case level, though possibly they feel there could be more to be done in the future, while there will be some with the very distinct knowledge that they have a long way to go to reach an optimal level of self-discovery.

So we have some realistic awareness of self. Then there are those who are not even sure who they are at all, and would not be

aware of their case level, probably don't know that there is an energy system surrounding their body, or that they are a separate entity to their mind and body. We all started there once, but by good luck or good management we started our journey.

How does one ignite in others that desire to know more about self? Especially those who are close friends, or they could be an acquaintance or someone met casually, invariably with an obvious something to handle in their lives. In the past we could send people to a communications course, it was how Stanley Richards introduced me to a whole kaleidoscope of life tools.

Today in the Free Zone we have few places like that to send others, to introduce them to new ideas, or do we? I do have a vision though. I see coming in the near future a meeting room packed with people (you, me, and friends) ready to practise tapping. It will be a regular activity because we will all know that the cause of all negative emotions is a disruption in the body's energy system. See Emotional Freedom Techniques at www.emofree.com — free download of manual, *and that will be the beginning.*

Judith Anderson, Australia

☒

OT Phenomena

by Brother, Antarctica

THIS ARTICLE IS for the benefit of Scientologists who have at some stage or other experienced something that could be considered to be OT phenomena. Whether this occurred due to auditing or on a spontaneous basis, it usually makes quite an impression and, often could not be recreated afterwards, at least not at will.

One could well ask “What are OT phenomena?” because something that appears to be quite normal for one individual may seem to be pretty miraculous to another and even scary. I, for example, find it quite common to be able to communicate with any live thing whether plant, animal or human (in body or out).

Be that as it may, the answer to the question “What are OT phenomena?” requires that one have a look at that which is classified as normal and that which falls beyond the boundaries of normal.

Para-

L. Ron Hubbard in para-Dianetics/Scientology (23 March 1953) describes Dianetics and Scientology as falling under the headings of Dianetics and Scientology and para-Dianetics and para-Scientology. Hence for the un-initiated all of the data pertaining to Dianetics and Scientology could be classified as para-Dianetics and para-Scientology. As an individual learns more about these subjects s/he would individually classify the tried and known data as falling under the headings of Dianetics and Scientology and the un-inspected and un-tried data as falling under the headings of para-Dianetics and para-Scientology.

This immediately raises the question “What is considered to be normal?” in the society one finds oneself. And therein lies part of the answer to the question “What are OT phenomena?” because the tone level of the individual as well as the general tone level of the society would determine what would be called “normal” within the boundaries of that society

or situation. [Note that with globalization the boundaries tend to crystallize more evenly].

The question “What are OT phenomena?” would, however, not necessarily be asked by anyone other than by a Scientologist because some exposure to Scientology and the use of its nomenclature is required, at the very least, to understand the question.

From the above and taking into account the ability of the individual it should be clear that many answers could apply to the question. These would be modified by such factors as case, tone level, abilities regained and education in the subjects of Dianetics/Scientology and could even be colored by exposure to other spiritual practices such as Buddhism etc.

What abilities regained?

One therefore would need to inspect the “abilities regained” column of the Grade chart to get a clearer picture as regards that which could represent OT phenomena. And therein lies another clue as to what OT phenomena are. For those lower on the bridge all of the abilities of the higher toned and further travelled on the bridge appear to be “OT phenomena” due to some of the claims made by them, while for the further advanced their “abilities” appear to be “normal”. [See Note 1].

It appears to be quite popular amongst Scientologists to refer to such phenomena as exteriorization or creating an effect upon MEST (particularly in opposition to MEST universe laws) or “exteriorizing” from the MEST universe as OT phenomena. (See Note 2).

These phenomena, however, have been experienced by many preclears (not to mention Operating Thetans) at various points on the tone scale. Why then this obsession with manipulating the MEST universe (to the delight or fright of others)?

Part of the answer lies in the misconception that there actually is a “co-created” or “commonly contributed to” MEST universe. There is not. There is only the illusion called an agreed upon reality which essentially consists of one’s own creation as can be learned from LRH in Self-determinism and Creation of Universes: A lecture given on 17 Nov 1952, wherein he said “... and that’s the MEST universe and that also would be your own universe.” How does this work?

Illusion, but how?

Let’s assume that thetan A created an object that it would like to “show” to thetan B. With B willing to “view” the object, A would communicate the characteristics of the object to B. Then B, duplicating the communication (sharing the thought package used in creating the object) would create its own rendition of the object in its own universe saying that A was the author. This results in firstly the object existing in the universe of B and secondly the object gaining persistence due to the lie generated by B believing that A had created the object. Both A and B would in their agreement about the object, “see” the “same” object, and would speak of a shared or agreed upon “universe” (MEST). Both would be creating an illusion seen from their separate viewpoints.

One creates by postulate and a postulate is none other than thought or consideration. That is, that which one believes to be true — is one’s own belief system. (See Note 3).

Wavelengths or frequencies

With the manipulation of MEST, another factor comes into play. That is the matching of wavelengths or frequencies. To be “in” the MEST universe or viewing the MEST universe one must firstly vibrate at a frequency commensurate with the MEST universe. That is, one must perceive at a similar frequency to all of the participants “viewing or sharing the same universe”. This does not mean that within the range of frequencies attendant to a particular agreed upon universe the base frequency or tone level of each member may not differ. In fact many beings may share a particular point (or frequency) on the tone scale, say enthusiasm, but due to the various harmonics of the other points on the tone scale will be capable of experiencing tones other than their chronic tone

level. In fact the current degree of solidification will determine the chronic tone level on the Expanded Emotional Tone Scale. Say this is hostility (2.0). Such a person will perceive and react to life in a hostile manner. He will be wearing “hostile tinted spectacles” so to speak. For this person when experiencing “enthusiasm” he will “color” it to a “hostile enthusiasm”. So too could one find somebody at a chronic tone level of grief saying “Oh, I feel so happy I could cry!” [See Quote 1]..

This “matching” of frequencies makes it possible for one thetan to “match” the frequency of another or other thetans hence be capable of “crossing over” or manipulating the objects of the other’s universe by convincing the other verbally or theta wise, of a change in the thought package used by the other.

Delusion

For example: A magician saws a woman in half on the stage. A member of the audience believes that the woman was sawn in half and is deluded into thinking it to be true. Later upon learning it to be a trick and that there were two women on stage the delusion blows and a new illusion based on truth is created.

A large part of one’s case is a composite of delusion as can be witnessed by implants and deception. (See the definition of delusion below).

The ultimate would of course be “no case” with its attendant ability of freedom of choice to be, do and have, or not. In other words to create and experience or not create and experience any effect at will.

Where from?

As regards exteriorization from the MEST universe: One cannot “exteriorize” from the MEST universe. You can view any universe (agreed upon or not) at any time by shifting attention to the thought package of the “want to see universe”; past, present or future — and in doing so create/recreate that which is to be viewed. Note that you have not “exteriorized” from the previous universe but in the act of shifting your attention have stopped creating and viewing that one (current MEST universe) and started creating and viewing the universe you are then viewing. This applies equally well to viewing the contents of an engram that could be classed as viewing part of your past universe.

Conclusion

Referring to perceptions that fall beyond the scope of in-body experience as “OT phenomena”, appears to have found its root in the announcement of the state(s) of OT as classified by the CoS. Any experience which falls beyond the scope of in-body reality thereafter (particularly if it was not understood or do-able) became known as OT phenomena. To some degree the CoS’s *Advance* magazine contributed to spreading this concept through its column “OT Phenomena” where, particularly in the earlier issues of *Advance*, many occurrences of experiences exterior (to the body) were reported by people on the OT levels. This further emphasized and created the impression that it is possible to do these things only when a case level of OT has been reached.

It is therefore regrettable that with the use of the term “OT Phenomena” comes the implication that one must be an OT before such abilities can manifest. This is not so. [See Note 2].

The so-called “OT Phenomena” are none other than inherent abilities or characteristics of a thetan. Such abilities can be experienced at any point on or off the bridge. [Uri Geller serves as a well-known example of a non-Scientologist displaying such “OT” abilities].

These abilities may be selectively impaired to a greater or lesser degree commensurate with such factors as case state and content as well as societal impact. [The latter could be illustrated by the phenomenon of children “remembering” past life incidents only to be invalidated to the point that their memories become so much invalidated as to become not-ised, if such an “ability” is not supported by the norms and belief system(s) of the society in which they find themselves].

In similar fashion one’s inherent “OT abilities” go by the board or are “forgotten”.

Fortunately these “lost” abilities are explained, and can be “regained” through Scientology by changing one’s viewpoint from considering oneself to be a body (Joe Blow) to recognizing that one is a thetan. Then when one gains some certainty, on a gradient scale, broadening the base of one’s belief system, these “abilities” can then come within reach, if not actually become active.

Note 1.

OT Level*	Ability regained**
I	A fresh, causative OT viewpoint of the MEST universe and other beings.
II	Ability to confront the whole track.
III	Return of self-determinism, freedom from overwhelm.
IV	Eradication of the last vestiges of the effects of drugs on the being.
V	Completion of the new OT V rundowns and ready to begin Solo NED for OTs.
VI	Ability to audit Solo NED for OTs.
VII	Cause over life.
VIII	Handles the primary reason for amnesia on the whole track.

* The levels above OT VIII are marked by the C of S as confidential until released.

**Careful study of the abilities regained column reveals that the only abilities regained at any point on the bridge follow the general pattern of regaining an increasing ability to confront and handle case and life. No mention is made of regaining “OT abilities” such as “exteriorization, operating exterior from the body, manipulating MEST in any form nor exteriorization from the MEST universe”. The latter phenomena would appear to be natural abilities or characteristics of theta. This could manifest at any point on the tone scale, spontaneously and sporadically or more stably as the individual’s case reduces and tone level increases.

Note 2.

As late as the mid-1990s a rundown was done as part of the Clearing Course Run Down (CCRD) setups. In this rundown the auditor would run the following commands:

Look at that window.

Look through that window.

Look at that wall.

Look through that wall.

The rundown is completed on an F/N with the preclear being able to describe the contents of the adjoining room.

Note 3.

As part of case completion Scientology is audited out as directed by LRH when he said in the lecture Milestone 1 that one must be “free from me and from Scientology too!”.

This would clear, for the Scientologist, the belief system of Scientology as well as any delusions created by personal opinions voiced by LRH.

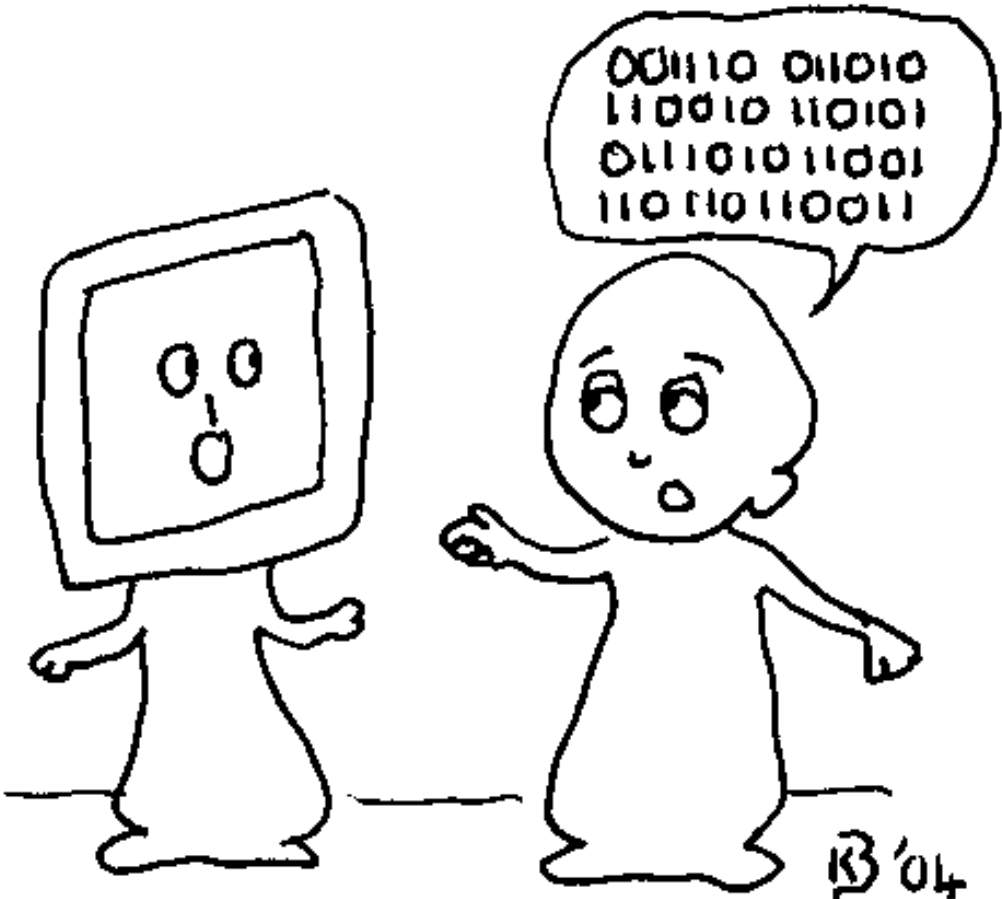
Quote

“He has to agree with something (*MEST Universe*) which is vibrating, doesn’t he? So he himself becomes mass. And that’s how a thetan becomes mass.” [Text in italics inserted]. *Phoenix Lectures* (Page 64) by L Ron Hubbard.

Every thetan therefore, apart from a very tiny degree of solidification once becoming involved with the MEST universe, further solidified to his/her current chronic level on the tone scale. And this chronic level will color his/her emotional response to the remainder of the tone levels on the tone scale.

Definition

DELUSION, 1. a belief in something which is contrary to fact or reality resulting from deception, misconception or misassignment. (HCOB 11 May 65) α



Before

By Martin Foster, South Africa

I have breathed this air before,
in other bodies and times.
I have been loved and loathed,
been abhorred and adored.
Felt pleasure and pain
joy and sorrow,
sometimes hoping to never again
wake on the morrow.

I assuredly have been here before.
I now disbelieve I ever took leave
of this passing present.
Endlessly advancing.
there seems no avoiding
Father Times relentless marching.
Although a few times round,
I, thought, I almost found,
a way to escape, the strife,
on this accursed wheel of life.

I have felt pride and shame before.
Tho' hailed triumphant after war,
so gloriously victorious,
my conscience was bleeding,
I was inwardly weeping,
for innocents killed and maimed
in that human sore called war.
I would rather be dishonoured
and called a craven coward
then kill and maim innocents again.
My conscience, I fear much more,
than the dread of war.

This time round, some have found
an adventure in Cosmology
which we call Scientology.
An exact technology and methodology
of addressing mind and psyche,
which can eradicate
inclinations to hate
and create capability
for those with a disability.

We followed a man
who said that we can
do anything upfront
if we could only confront
that which we feared
and the ignorant jeered.

I have been cause and effect before,
in other identities and climes.
I have tales to recall and retell
of adventures that befell
those wandering abroad
with only a sword
betwixt them and the untoward.

Those I knew before, I now recognize.
Bold, blithe spirits, free and wise,
who could return to those timid souls
stuck in symbolism
and ruled with despotism
their self determinism.

Our friends in the Church
need to conceive
they are in a terrible lurch
and if any should read
this lament of mine,
they should take a little time;
to look at, and not listen
to those who love to glisten
and prattle about golden ages
of tech based on the works
of L Ron Hubbard.

He created a flock of obedient stock
who revered all he ever said.
That which is written is sacred
and may only be read, not spoken.
It may not ever be mouthed
for fear of committing the heinous sin,
of verbal tech, which is forbidden.
If you want to hear the spoken word
You have only one choice.
Listen to recordings of Ron's voice.

This poem is dedicated to all
who disagree
and are now free
of that tyranny,
called,
The Church of Scientology.

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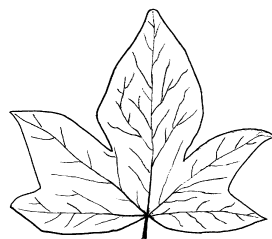
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