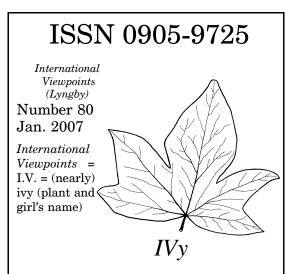


International Viewpoints





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International Viewpoints is independent of any group or organization.

IVy's aim:

The aim of *International Viewpoints* is to relay communication amongst those interested in the positive use of MetaScientology. MetaScientology is defined as the many branches, groups and individuals arising from Scientology, including Nordenholz' book *Scientologie: Wissenschaft von der Beschaffenheit und der Tauglickeit des Wissens* from 1934, what became the Church of Scientology, and the many groups which arose, especially since 1980. We have no connection with official Scientology, and wish none.

International Viewpoints deals with this large area, and we aim to promote communication within this field. We relay many viewpoints, sometimes opposing!

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Source, Cycles, and the Mind — Part 2

by Jack Horner

[This article has been adapted from a copyrighted lecture given by Jack Horner to students of Eductivism¹ on November 22, 1974, in Los Angeles, California.]

THE MECHANICS OF processing bring about success, if you can keep the guy there long enough doing it, and not let him dramatize further by not letting you complete the cycle. Sometimes people start to get cycles handled, and get just that much more heavily into incompleted cycles and want to quit processing. Why don't they want any more processing? Because those incomplete cycles represent hurt.

As you complete cycles, what does the eductee do? He tends to give to you more of the cycles in his existence that he didn't complete, felt he couldn't handle and is stuck with. He hands you a cycle, and you work with it and do processes on it until he feels he's got that cycle in his control and it's complete. Then what does he do? He gives you some more of the debris to handle, to get out of the way. Finally, after awhile, there's not much between him and the universe. He needs a minimal mind. There's a very clear connection between him and the universe. He's perceiving as directly as a being is capable of perceiving. He looks around, keeps looking for more debris and can't find any. Then he sort of grudgingly acknowledges being clear.

By this time he has gained enough knowledge, regained and identified what he's been doing to himself sufficiently, so that before he finally gets that bridge really clear, he puts a lot of debris there to prove it isn't clear. He wants to be really sure. He's now capable of really putting it there with even more intensity than when he was doing it automatically. Not only that, but unless he has created some alterna-

Editorial

THERE SEEMS TO BE a subtle change in our world (community) — that of those who have experienced Scientology. Over the years very many people have left the Church of Scientology, and the majority have left the subject of Scientology completely. It could be that they need a complete rest from the subject before tackling the fairly large subject of finding out (analysing) what happened. But some of these oldies seem to be connecting up again. Perhaps enough relaxation time has elapsed. Perhaps they are nearly ready to join in a group effort again, using this time only the positive tools of Scientology to create joy and enthusiasm for self and their contacts.

Recently we got a letter with this remark, from someone who subscribed six months ago for the first time to *International Viewpoints*. It included this passage: "Since SC came back into my life earlier this year I have spent a lot of time 'working through' stuff I

didn't even realise was there to be page 12

IVy

¹ Eductivism (and its predecessor, Dianology) is the applied philosophy developed by Jack Horner in the late 60s and early 70s in Los Angeles, California, which has both similarities to and differences from Scientology. The terms "eductor" and "eductee" are analogous to their Scientology counterparts, "auditor" and "preclear," respectively. Horner was in Scientology earlier from about 1950, and the official org of that time (HASI) published his book Summary of Scientology. He was a leading figure, mentioned in the Scientology Journal *Ability*, and led the First London Advanced Clinical Course.

tives, in terms of function in this universe, he will tend to some degree to keep putting stuff there in order to have something to do.

Willingness to complete cycles

Sometimes a being has an unwillingness to complete cycles. He's come to a conclusion that completing cycles is bad. That conclusion or decision has to be reviewed to see how appropriate it is now. Sources are capable of deciding themselves into any kind of beingness, identity, shape or form, and can do so very convincingly, especially to themselves. The great majority of mental difficulties, the actual solidity of the mind, its masses and its energy, its space, and its time, are incompleted cycles.

Here's an example of the kind of conclusions a being can come to. When I was about 14, I was doing very well in high school. I was an honor student, and I really worked hard. I did homework and studied and made diagrams, and used colored pencils and so forth, and was doing very well. I had everything in very thorough order. It was going along fine and then I got appendicitis. Out of that I came to the conclusion that if you put everything in order you get sick! For years I would never let things get too much into order, because if I did, I might get appendicitis!

There's a perhaps unknown datum that many beings operate on. They're afraid that if they get all of their cycles completed they'll have no reason for being around. So they're very careful to make sure they don't get them all completed. Or they quickly get new ones mocked up. It's said colloquially, before you can accomplish a goal you'd better get some new ones created otherwise you won't let yourself accomplish it.

You see it happen sometimes where a person spends a lifetime writing a series of books and when he finally gets the last volume written and has the publication guaranteed, he dies. He's completed the cycle, a major cycle he was working on. And he didn't create any new ones. Maybe he didn't have any desire to create any new ones. Maybe that was his purpose for that life. By the way, if he didn't accomplish it in that life he'll probably come back a couple of lifetimes later and carry right on where he, under his earlier name left off!

Accepting oneself

Many people cannot accept themselves. One of the reasons someone can't accept himself is that he's got an old picture of himself that isn't being matched. It has nothing to do with himself, it has to do with a picture of what he thinks he is. Because he doesn't match that picture, he feels he isn't really being himself. There's one thing about which you have no choice: you are yourself. If that's unacceptable to you it's because you've got some standard of self that isn't being matched. That standard, or picture, that isn't being matched is an incompleted cycle. You have a choice: either uncreate the picture, or damn well be like it, until you've satisfied yourself that you're yourself.

You can get to the silly example of one of my favorite preclears of all time, to whom I said, "Be exactly as you are right now". And x, "I refuse. I will not be as I am right now." One thing I won't do is be as I am right now." It took me 20 minutes of repeating that command and it still looked like it was going to go on for hours, until I finally decided to put a gradient in and I said, "All right. Be exactly as you are right now including refusing to be exactly as you are right now." At which point her whole machinery blew and she was being it! I acknowledged it quickly! Usually you get a compliment from an eductee at that point: he says, "You son of a bitch!" He's a little bit ARC broken because he didn't identify it, you did. He should have known, dammit! But that's a compliment. A preclear looks at you with kind of a shy grin or smile and says, "You bastard!" Appreciate it.

Pictures

Completing cycles is vital, and getting the guy to complete cycles in his own mind is vital. To the point where he can say, "I can get that cycle done someday. I'll keep it around, but I don't have to have mass with it; I can just have a minimum reminder. Or I don't have to. I'll just cease creating it. I really don't think I want to be a fireman anymore." You find the person who was a ballet dancer for three lifetimes, and now he's got a male body. He's studying to be an engineer, and he really loves engineering, but he's got this compulsion to go study ballet, and doesn't understand why. He never was a completely successful ballet dancer in those other lifetimes because hispictures never got matched, so he's still trying to be a ballet dancer.

There is a course graduate here who spent a good portion of this lifetime trying to become an opera singer. She studied in this country, she went to Europe, she was in Italy, she speaks Italian marvellously well, and she became and is a tremendously able opera singer, but she was never happy, never satisfied with herself as a singer. Well, it finally developed that in her last lifetime she was an Italian opera singer who was a star, and well on her way to reaching the top. Just before she got to the top of her profession, in the middle of an aria, she dropped dead on stage and didn't finish the aria! The problem was that in this lifetime she was a different kind of soprano than she'd been in that lifetime, so no matter how good she got with this body she couldn't possibly duplicate the vocal characteristics of that one. Even if she had reached the pinnacle of the profession in this lifetime with this body, she still would have been dissatisfied as long as she didn't know about that picture she was trying to match.

Your average person, leaving other lifetimes out of it, has a collection of old pictures of things he wanted to be, things he wanted to accomplish, things he wanted to get done, things he wanted to have. He feels he'll never really be himself until he gets those things somehow. So you wonder why a person doesn't like himself. Because the self he's got doesn't match the self he wanted to be. The self he wanted to be may have nothing to do with what he'd want to be now if he knew what he wanted to be, but he's forgotten about what he wanted to be, so now he's got an unidentified cycle he's trying to accomplish without knowing it, and that's a problem!

If someone admires you or says they love you and you feel embarrassed, shocked, disbelieving, or try to shut it out in any way, you've got some picture of yourself that you think you ought to be that isn't being matched. Otherwise you could have the flow of admiration or love. To the degree admiration can't be received, to that degree there's a picture that isn't being matched. The picture is a substitute for you. A particle is a substitute for you. A creation is a substitute for you. It's a way of being perceived. Maybe you have some considerations of aesthetics, that your particle ought to look a certain way, and by it looking the way you want it to, then it really represents you. If the particle doesn't look the way you want it to and somebody admires the way it is, you protest. "But that's not really me. How could you possibly admire that awful thing? I can't seem to make my particle be the way I want it to be so I can be admired for what I really am!" "What I really am", in that case, is still another picture. Because a being isn't aesthetics. Aesthetics are a set of standards he holds about what's desirable and undesirable or beautiful or ugly.

Masses of the mind

The purposes of the mind gain more and more mass over time. When the guy sets out to accomplish a purpose it's fairly clear and he starts to accomplish it. He does have some failures, and as the picture isn't matched, he has more and more pictures of how it wasn't matched. These pictures have more and more mass, until the masses of the unaccomplishment supersede and hide and occlude the original purpose. He's gotten side-tracked in the meanwhile, plus somewhere along the line he may even say, "The hell with it, I don't want to know about any of it!", and forget about the purpose and all of his failures in the process of trying to accomplish it. Then you have what's called a Goals Problem Mass, or a Purpose Problem Mass, or an Intention Problem Mass, or a Postulate Problem Mass, or a Decision Problem Mass.

Most of the out-of-control portions of the mind contain incompleted cycles the guy has never uncreated his desire to achieve. This is what Buddha meant by saying get rid of all your desires. If you uncreated all your purposes and goals then you wouldn't be stuck with any masses. That's what we're doing with processing. The only thing is when you start to complete cycles with a person, the cycles that were not completed keep presenting themselves to you and to him. As an eductor you work with him and keep completing cycles until finally he can complete cycles on his own, and he solo processes, and he gets clear, eventually.

The classes of processing cover the specific masses and significances that usually prevent completion of cycles effectively by a being, and that prevent him from being free to generate, to create, to continue creating or cease creating cycles of any kind. That's why we have an order pictu of processing that on a gradient scale allows a sessi

How to complete cycles

person to satisfactorily complete cycles.

There is the apparency that the only way you can complete a cycle is by actually objectively completing the goal or the purpose. The fact is that the cycle ceases as soon as you stop acting on it. But the joker is that you keep mental pictures around to say you haven't completed the cycle, and you might even make yourself wrong and seem like a failure because you haven't. How do you complete cycles? You complete cycles by knowingly doing what you're doing. You can also ask yourself what cycles you've got going and consider whether you want to complete them. Maybe you don't want to complete that one, or you no longer want that thing. Then you can cease creating that as a goal. Then you won't be acting on it automatically, or still trying to accomplish it while you're trying to do something else. So you have integrity with yourself and your goals and your purposes and your cycles.

To the degree a person does not accomplish his cycles, doesn't complete those goals and ends any purposes, and then makes himself wrong for not having done so, or gets hung up with the masses and energies and spaces of not having done so, to that degree he lacks integrity. So in a sense, the regaining of the control of your cycles, and the freedom to generate a cycle, and complete it by ceasing to create it as a goal, or to complete it by actually accomplishing it as a goal, that freedom allows you a great deal of integrity from moment to moment, in or out of the universe.

So oddly enough, the mechanics of a session, which require that it has a beginning, a middle, and a completion, smaller cycles within a session, in which questions are asked and answers are acknowledged, and many, many cycles are completed, so that in the process of clearing someone, thousands of cycles are completed, and that in itself is a beneficial action regardless of what questions are asked.

Keeping appointments

If you make an appointment to give a session and you don't keep it, you've generated a cycle that hasn't been completed. The eductee has a picture of sitting down with you and having that session, and when that isn't matched, it restimulates, and he triggers, numerous incompleted cycles. All the appointments that he ever made that weren't kept, that he made that he didn't keep, that other people made that he didn't keep, plus all his failures to accomplish cycles and to complete cycles, and all of the mass of the incompleted cycles he was going to hand you in session anyway, etc., are triggered, and he gets very upset with you. So if you're going to have a problem with your appointments, then make it very clear that there might be a problem. At least you won't generate as much of an upset if you've informed him ahead of time that there's a possibility you won't make it.

So that's what you're triggering, and that's what you're dealing with. It's a good portion of the mind, and it's a great part of putting a person at full control of his life. Finally a person gets so he just simply is himself, he doesn't have to be, do, or have anything to be himself. He is, and he's not relying on a set of pictures to determine his beingness. He may be using a set of pictures to determine his human beingness, but he can differentiate between the two, and doesn't have a problem of granting himself beingness.

Indicating completion

One of our eductors was recently processing someone who had had many years of psychiatric treatment. No session had ever been indicated as completed in that time, and although the psychiatric personnel involved had long not been part of this person's life, that action was still around because it had never been completed. The eductor got an immediate tremendous drop on the meter and tremendous change of tone and indicators by simply saying to the person, "I want to indicate that that period of treatment is finished, completed, ended and over". New idea! "Oh, I guess it is!" Big gain. Why? She's not holding onto the goals and the efforts and the things that she was trying to accomplish in that period of time, and having them energized in present time. This adds to present time a lot of mental energy, space, and mass and time that doesn't really belong here in the working and handling of this moment. Carrying over inappropriate mental energy, spaces, and times to what's happening now requires just that much more effort to deal with the environment as it is, because you're trying to deal with it as it is with the confusion of all the misidentified old pictures.

Completing cycles relieves the mind. And if nothing else, by getting somebody to complete cycles in session, you will eventually clear them, regardless of the processes that are used. However, if you use the right processes, the ones that involve an understanding of the mechanics and the mechanisms I'm talking about here, you'll speed up that process tremendously, and that's what we're concerned with doing, as professionals, getting it done more efficiently, faster, more quickly.

Completing cycles in life

If you get your eductees to complete cycles in life as well as in session, eventually they will regain control of their lives as well as of their sessions. Sometimes the guy will have to have sessions before he begins to get some control of his life. But you can enhance that by giving him assignments to do out of session. He may not do it the first time; you'll have to repeat the command. For example, he may want to get the air checked in his tires, so you can ask him to do it between sessions.

In the next session ask him whether he's done it. If he has, great, acknowledge him. If he hasn't, acknowledge that and repeat the command at the end of the session. Having him complete cycles in life as well will help him gain more and more confidence, more and more certainty that he's in control of his cycles.

A cycle is a consideration. It's a consideration that something has a beginning, a middle, and an end, and there has to be time, particles, space, masses, and energies, until there's a match of the postulate, or the intention, or the purpose, or the goal. The guy maintains the picture to see to it that his intention is duplicated. When it's duplicated, that completes the cycle.

In the process of generating that game we forgot that we can always complete the cycle simply by unmocking it. I don't need to get this picture duplicated, in fact I'll just unmock the original picture. We didn't enter that in. Instead, if we couldn't accomplish a goal, we would suppress it and put it away until someday, when we could get it done. After awhile all those somedays become a big mass, so that every time you start a cycle, any cycle, whether it's significantly connected or not, it triggers the failure of incompleted cycles, and the masses of incompleted cycles, and all that mass makes you feel like you can't do very much, and like not moving very much, and that you can't get much done, and what's the use anyway? And you Q&A with all your own incompletions and get identified with them. And that defines a pre-clear.

Sources, cycles, and the mind

So we have sources, cycles, and the mind. Sources, that's us. The mind is a collection of standards of how to operate in this universe, experiences of what you did that didn't work very well and it's a good idea not to do again, how to handle it in the future, a means of comparison, and pictures about what you want to bring about in future time. It's got all that in it. Incompleted cycles are what keep it in place.

So completing cycles is vital. Whatever you can do to get a person to complete cycles in session will help him win. Whatever you can get a person to do out of session to help him complete cycles will help him win. You will not truly get him free until he's free to complete cycles and free not to, and doesn't feel uncomfortable about incompleted cycles. What's the only thing that tells you that a cycle is incomplete? Either directly out of your knowingness, or a facsimile that tells you that it's not being matched yet. And you made the facsimile. Maybe originally it wasn't a facsimile of an experience. Maybe it was was a mockup of something you wanted to accomplish which then immediately became a facsimile.

I hope you see that having you do basic exercises and gain very definite certainty on getting your eductees to complete cycles has behind it more of a purpose than merely a mechanical drill we're teaching you that's a ritual of some kind. It is an essential. I hope I have gotten across to you the reasons why we process the way we process, and why the mechanics of processing are the way they are. From here on we'll go into the significances of the processes we use which best bring about a clear mind, so that the being has an ideal bridge between himself and the physical universe, a clear mind. Thank you.

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Scientology Reformation Series 29:1

Life After the CoS Section 5

By Mike Goldstein, USA

Obsolete Tech (part 17)

Many people have asked me why I no longer use Dianetics technology, especially since I was once such a strong proponent of that method. They wonder if I now believe that Dianetics is unworkable.

For many years, Dianetics was state of the art in the field of therapy. However, with the advent of Idenics, Dianetics became obsolete. However, I would never say that Dianetics doesn't work.

If one were trying to cut down a tree and only had a pocket knife, the knife would be workable in cutting down the tree. One may skim the skin off their knuckles and it might take a long time to accomplish the task, but a pocketknife would be workable in their endeavor. But if they had a power saw, why would a person continue to use the less effective tool? What it would take to accomplish in hundreds of hours using Dianetics would only require a few hours with Idenics.

There are numerous examples of less efficient ideas and mechanics used in Dianetics compared to those employed in Idenics. In this write-up, I will describe the difference in a couple of the major concepts.

One of the main tenets of Dianetics is that the source of aberration is the engram, a picture recording of a time of physical pain and unconsciousness. In other words, the basic kind of incident at the bottom of any unwanted condition would contain physical pain and unconsciousness.

John Galusha, a man who probably understood and could apply the mechanics of Dianetics as well or better than anyone, found that the above statement is not true. He discovered that there could be an incident containing physical pain and unconsciousness where an unwanted condition began, but that this was not inevitably the case.

There is an incident where any unwanted condition started, but it isn't necessarily as described in an engram. In Idenics, we refer to this initial incident as a "confusion", and define a confusion as a disruption of one's intention or expectation. In life, a person is almost always operating from some identity. In an occasion when what the person is being is not capable of handling the situation, this incident would constitute a confusion. One of the most important understandings of this primary event is that what would be a confusion for one person is not necessarily a confusion for another person. In other words, what constitutes a confusion is an individual matter. This understanding exposes a great limitation in the mechanics of Dianetics.

This is not all that dissimilar from the example given in Part 16 of this series of Hubbard's insistence that there were incidents common to all people, LRH incorrectly assumed that there was a common *type* of incident at the bottom of all people's unwanted conditions. This incorrect assumption has caused great difficulty for many

Mike can be reached through his website; www.idenics.com . Ed.

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¹ The Scientology Reformation Series was started a little while ago, to mark twenty years since there was a large "diaspora" from the official Church of Scientology. See the online contents of IVy on our Home page, at http://www.ivymag.org for data on the full series. The Life After The CoS first appeared in a number of smaller parts, on the Internet newsgroup alt.clearing.technology, and in order to avoid any confusion (with numbering) between those parts and the large "chunks" we are printing in IVy now we have called the latter sections. Mike wrote and posted it immediately after his series The New Regime Take-Over which has appeared in IVy.

people. The application of the supposition regarding engrams has produced enormous hardship for numerous pcs.

A case history described in Part 12 of this series, demonstrates the problems to which this assumption about engrams can cause for a person. In this example, a client came to us wanting to resolve a major condition that had persisted for most of his life. Even though he had addressed this condition many times throughout his 25-year trek up the entire bridge of Scientology, the condition remained. Every time the condition was addressed, starting with his first Dianetics session, the pc would come up with an incident where he was on a playground and a little girl had looked at him. Since the event contained no physical pain, unconsciousness or even loss, auditors had adjudicated that at the best, this incident was only a "lock". Therefore, according to the mechanics of Dianetics, the auditor would abandon the incident, and have the pc look earlier for the elusive engram.

In the first Idenics session addressing his unwanted condition, the client discovered that the incident that his attention had always first gone to was where that condition had begun. Even though it had previously been treated only as a minor event on a hypothesized chain of more important events, that incident *was* the confusion for that individual. Addressing that confusion properly with Idenics, the unwanted condition was quickly resolved.

Here's another dramatic case history of someone bogged down by the application of Dianetic theory. Only the client's name has been changed.

Bill had inherited a large and successful business that made outdoor, recreational equipment and accessories. Not having much interest in the business end of the company, Bill's passion and activity was focused on the testing and use of the company's products. His time was spent with activities such as skydiving, going on dangerous canoe and rafting trips, and racing motorcycles. During this career, he'd had more incidents of physical pain and unconsciousness than the average person would have in twenty lifetimes.

Exposed to Scientology, Bill went into a local mission for auditing. During his initial interview, the case supervisor discovered Bill's "Evil Kenevil-type"¹ history. Bill's auditing program focused on handling his numerous engrams. However, Bill's auditing produced no results. Unable to get anywhere with him, Bill was sent to the local org for handling, where his lack of auditing results continued. From there he was sent to ASHO, and eventually to Flag for case handling. His "no-case-gain" response to engram running and all manner of repairs and review auditing continued in all of these organizations. Because he trusted the auditors and case supervisors, didn't complain, and had plenty of money, the CoS continued auditing Bill for several years.

Finally, after over a thousand hours of auditing without any substantial results, Bill left the CoS. Coming to Survival Services, Bill relayed to me his unsatisfactory experiences with Scientology. During our meeting, the discussion turned to a less serious subject. We found that we both shared a common interest in motorcycles. While exchanging harrowing motorcycle experiences, Bill told me about a time when he was riding on the highway with his daughter on the back of his bike and got into an accident. His daughter was miraculously unhurt, but he had almost been decapitated and had sustained serious physical damage.

A flight-for-life helicopter flew him to the nearest hospital while he went in and out of consciousness, barely surviving the incident. He underwent heavy, re-constructive surgeries and was in the hospital for many months, but during the entire ordeal, his attention was mainly on a

¹ In preparing this article, we asked Mike about this, and he replied:

Evil Kenevil was a famous daredevil who made a living doing dangerous stunts, like jumping his motor-cycle over the Grand Canyon. He performed many of these stunts over the years and sustained many serious injuries, but kept coming back to do more exciting and dangerous things. I'm sure if you did an Internet search you would come up with information about him.

big, upcoming motorcycle race, and he was concerned that he might not get out of the hospital in time to participate in this important event. His story ended with him being released from the hospital the day before the race, qualifying for the race and winning it!

Listening to Bill recount this experience, it was obvious that the pain and unconsciousness that he had undergone had little importance to, and created no adverse affects for, him.

Later, Bill decided to try Idenics processing. It was quickly discovered that his incidents of physical pain and unconsciousness were not confusions for Bill. What he wanted to work on were difficulties he'd always had with relationships. These difficulties were what he had gone into Scientology to handle, but were never addressed. Within a few hours of Idenics processing, he was able to resolve these difficulties and was extremely satisfied with the results.

Another important part of the mechanics of Dianetics is the running of earlier similar incidents. Even though this technique is workable and does get charge off in most cases, we have discarded its use in Idenics. By asking for earlier similar incidents, the client tends to jump from one identity to another, leaving identities not fully handled, and thereby leaving unwanted conditions unresolved. Using Idenics' mechanics produces much more stable results in a much shorter period of time.

In this write-up, I have only discussed two obsolete aspects of the mechanics used in Dianetics. But with this discussion, I believe that I've answered the question of why, even though it may have its workability, I no longer use the technology of Dianetics.

Entities (part 18)

Many people have, in different ways, asked me about Idenics' position on the subject of entities. Answering these sorts of questions will take a bit of explanation, as within the Idenics technology there is not a specific position that we take regarding entities. I would give the same answer if I were asked about Idenics' position on past lives.

Entities and past lives are not subjects of Idenics' mechanics. There are no processes or questions where a practitioner directs a client's attention to either of these topics. However, this does not preclude a client from bringing up this subject matter. In other words, a client may have a position on entities or past lives, but the practitioner doesn't. Any issues the client wishes to address are taken up by the practitioner, but only with the use of Idenics techniques.

Over the years, we have had a lot people who came to us for Idenics processing who had previously been involved with Scientology. Prior to their involvement with Idenics, many of these clients had been on OT 3, NOTS (New Era Dianetics for OTs), or the equivalent of these levels in the independent field. These levels are exclusively concerned with the addressing of entities, or BTs and clusters¹, as they are referred to in Scientology. Even though a client may have brought up the subject of entities in session, all of these client's main attention was on specific issues that they wanted to handle.

Most of these clients' issues were resolved quickly with the application of Idenics technology. Any difficulties with entities connected to these issues were resolved by just handling the issues.

Some clients with a Scientology history of auditing BTs and clusters have come to us with a lot of their attention on entities. However, after processing these people with Idenics, any upsets difficulties or confusions regarding entities were cleared up for these clients. Most importantly, issues that clients had unsuccessfully been trying to handle on Scientology advanced levels that addressed BTs and clusters finally got resolved with Idenics processing.

I can recall a client who had a serious condition that he had been trying to resolve since he first got into Scientology. Having made it to OT 5, he had been making frequent trips to Clearwater to address his condition with NOTs auditing.

¹ BTs and clusters. Scn term for various constellations of beings attached to and effecting a person's body but not in control of it. *Ed.note*.

When this condition would kick in on the man, he would go to Flag for auditing. As he had described, "I would clean up all the BTs and clusters connected with my condition and feel good. I'd go home but the condition would come back. I would then go back to Flag and find more BTs and clusters and run these out until I felt fine about the condition. But after I'd return home, the condition would sooner or later come back. I'd then need to go back to Flag for more NOTs auditing".

Frustrated, the man started looking in the independent field for assistance. Finding out about Idenics, he came to us for processing. During the week that he was here he resolved his condition. Additionally, there was no further mention of BTs or clusters by the client.

As far as what occurred in the above-mentioned cases, I can only speculate. I won't give my opinion on whether entities exist or not, but I will speculate on two possible scenarios. Various clients have originated both of these scenarios in different ways. In each case, the scenario that was voiced was true for that individual.

Scenario #1. What the client had previously believed to be entities were in fact identities. Attached to the major identities were insignificant or "locked" identities that disappeared when the major ones were handled. Since identities are not the individual, they can appear to the person to be separate beings.

On Scientology upper levels, people are educated with the existence, characteristics, and activity of entities. As explained in my previous write-ups concerning additives, the individual can fit their actual case into the explained framework regarding BTs and clusters. Auditing levels such as OT 3 or NOTs, the person thinks they are auditing BTs and clusters when in actuality, they are handling identities and locked identities.

Since, on these Scientology levels the identities are not being properly or fully addressed, they don't always get completely handled. This is why people spend so much time auditing on these levels, keep coming up with more entities to handle, and don't always resolve their unwanted conditions.

Scenario #2 Two questions have puzzled people who have audited on their NOTs levels. (1) How

does a person get into a situation where other beings are attached to them and (2) how is it that they are adversely and unknowingly affected by this attachment? There are explanations available in the NOTs materials, but many people don't feel completely satisfied by these answers. They search for a deeper explanation, and some hope it would be revealed on later OT levels.

In the NOTs training materials, LRH said that it was an interesting fact that the aberration of the BT or cluster is similar to the aberration of the Pc. Hubbard had his explanations for this statement, but the important point here is that he noticed a similarity that existed.

The similar aberration in the Pc that Hubbard noticed is actually an identity. BTs and clusters having a similar or mutual-type aberration attach themselves to the identity. A Pc can blow off BTs and clusters and get relief, but as long as the identity remains, BTs and clusters can later attach to it. This explains what happens in a case like the one mentioned above.

The Pc has a condition they want to resolve, they receive NOTs auditing to handle BTs and clusters connected with that condition, feel better, but the condition comes back. The Pc then does additional NOTs auditing on the condition and discovers more BTs and clusters attached that need to be handled.

Idenics undercuts NOTs auditing and renders it unnecessary. By handling the identity, anything attached to it leaves. Furthermore, there is nothing still there for additional entities to attach themselves to.

Some clients have expressed a reality that is made up of parts of both of the above scenarios. I leave it up to the reader to find his or her own reality. I cannot provide a definitive answer as to why Idenics processing works as it does in the above mentioned cases. However, what I do know is that it does work.

I can say with confidence that running levels that directly address the subject of entities, BTs, or clusters, is not necessary. What's more, many Idenics clients who had previously been heavily into the running of entities were more difficult to process than people not involved with entities. Clients believing that BTs and clusters were causing all of their problems have had a rougher time in session and have taken longer than clients without those beliefs.

Epilogue (part 19)

After much consideration, I have decided that for the time being I am done with this series.

As I was leaving the CoS in 1983, I witnessed the birth of the independent field. In this series, I have chronicled its beginning history as well as my unique involvement with this activity. I described the distinct shift of viewpoint that occurred in the independent field two years after its conception.

Free from the mental constraints imposed by a progressively decadent organization, the inconsistencies and limitations of Scientology technology started coming into view. The blind acceptance of Scientology tech gave way to a free questioning of this methodology and the exploration of new ideas.

Out of this independent movement, Idenics emerged. Even though it was born from the knowledge and experience of an earlier system, Idenics was a new subject and not just a rehash of its predecessor. The majority of this series

Page 3 worked through: the loss, the grief, the disillusionment etc. It seems there are various layers of the onion, thus various levels of experience to be worked through, i.e. public, staff, SO + there are probably echelons above that, i.e. senior SO and above. The consensus seems to be that comparing notes of what happened and also linking up with old pals is very therapeutic. I'm just about flat on it."

So if you have (former) friends you would like to see have the results you have achieved by studying the past and MetaScientology, why not contact them. There are ways of finding them if they have moved. It may take time, but that would be time well spent if it rescues some one from the disillusionment, failed help and possibly unnecessarily gloomy viewpoints on life. Establish common reality

And if they seem to reach, offer a free copy of IVy.

has been dedicated to the research, development and description of this new methodology.

Addressing an audience of former Scientologists, I am satisfied that this series contains the best-to-date description of Idenics application and mechanics. Even though this write-up does not and was never intended to provide a complete account of Idenics technology, it does supply a comprehensive synopsis of this system. However, only those people who have taken off their "Scientology blinders" will see the value and impact of the data that I have conveyed.

Those blinded by an unquestioning acceptance of LRH, as the only valid source of mental and spiritual development will see Idenics solely, as a watered-down and distorted version of Scientology tech. Therefore, I have refused to engage in discussions or provide additional information about Idenics to these people, as their only purposes in inquiry are to attack what I am saying and to assert the rightness of their position.

As stated above, my initial written description and discussion of Idenics technology is complete. Those who are interested in finding an alternative to the Scientology Bridge of services have a sufficient amount of data to decide if they wish to pursue further information about Idenics. These people's questions and requests for additional information are welcome, and I will personally handle all inquiries.

If, out of these individual inquiries, I discover new topics of discussion that are appropriate and necessary to communicate on a general basis, I will make this data available in future posts. As was the case with my previous series, I have not used all twenty-five of the parts originally anticipated for this write-up. Remaining parts will be used for any new discussion topics as mentioned above.

In describing Idenics to former Scientologists, I have found it necessary to point out the inconsistencies and limitations of Hubbard's ideas. However, I do acknowledge and appreciate the contributions that this man did make in the field of personal growth and improvement. Without his contributions as well as his mistakes, Idenics would not have come into existence. Just as Hubbard built on the discoveries and errors of his predecessors, so have we. \square

Zen Scientology Series¹: 1

Zen Scientology Basics

by Early Bird, U.K.

Once Ron derided in a recorded lecture some one who spoke to him about "your Scientology" (or was it philosophy?), using the matter to stress that Scientologists should make Scientology their own. Early Bird (not to be confused with Clear Bird) was certainly an early bird in terms of Scientology history. He made Scientology his own, and this series gives both his viewpoint and case records of using it. Ed.

Sources and Quotations:

1. ZEN BUDDHISM: Enlightenment through direct observational experience, the practice being transmitted through the Buddha-disciple Mahakasyapa 'directly, outside of the books':

In a sermon before his disciples, the Buddha (500 BC) stayed silent and just held up a flower. Thereupon Mahakasyapa became enlightened: In this *wordless communion* he realized suddenly that he was, indeed, the viewer and the object viewed, as a "no-thing" (Void, Emptiness) capable of being any thing and all things. The Buddha affirmed Mahakasyapa's experience of an "end-phenomenon" by noting his smile, as recorded in the Buddhist scriptures, and secretly endorsing him as the first master of the Zen tradition: Buddha is as Buddha does!

Zen emerged widely into Buddhism only centuries later in China, as being probably better suited to the East-Asian generally more action than contemplation-oriented type of mentality. This is also born out by its development into Martial Arts etc. in China and its later apparently even broader flowering in Japan.

2. ZEN: New Webster's Dictionary, Handy School and Office edition, p. 617: A form of Buddhism which asserts that enlightenment can be reached directly through self-discipline, meditation and intuition rather than through study of the scriptures.

3. Axiom 1 of Scientology: Life is basically a static. A static has no dimension, no mass, no wavelength nor position in space or in time.

Corollary: The static is capable of postulating and perceiving.

3.1 Comment: 'Static' is an updated 'definition by exclusion' (negation) in terms of Physics for the Void of Hinduism and Buddhism, Uncaused Cause of Greek Philosophy, Kefer (Unknowable Divinity) of Jewish Mysticism (Kabbalah), 'Being beyond all form', according to Meister Eckhart, of Christian Mysticism, 'Wudschud' in Sufism, the Mysticism of Islam, and so on. It cannot be known mentally and cannot be expressed in words. By many accounts, however, it can be experienced.

Its emergence in an individual's waking consciousness is known as 'Satori' in Zen, 'Samadhi' in Hinduism, etc. and perhaps generically as Enlightenment/Cosmic Consciousness.

"The Derivation of Zen Scientology" relates to Scn. technology developed already in the 1950's.

¹ The series has the following items.

[&]quot;Basics" relates the basics of Scn. to those of other wisdom-traditions and shows Positive Gain Processing (Havingness) to obviate any "Bridge" (Negative Gain Processing split up into an apparently never-ending series of steps) to achieve real OT results fast, as Zen can do compared to other Buddhist practices. This is based on a description of the beginnings of an "Expansion of Consciousness" of a Hindu realized Master (Yogananda), reproduced and carried through to EP in auditing.

[&]quot;Case Records" comprise extracts countersigned by 3 PCs run to E.P. in under 20 hours each in 1958/59, on Zen Scientology. Two of these are known for outstanding contributions to early Scientology in the UK.

As a temporary experience, it is known as a 'Peak Event'. Protracted, even permanent, experiences have different names in different spiritual traditions, which all have this same goal – which is also the still remote goal of research in Western Transpersonal Psychology'.

In the literature, those who have had this experience try to describe the inexpressible in poetic, rapturous, exhilarated terms, which can be resonated with by those who might have had or be on the brink of such experiences themselves. These expressions strike the 'normal' person, immersed in a body, as deluded.

4. An exception occurs in Yogananda's *Autobiography of a Yogi* in the Chapter entitled "An Experience in Cosmic Consciousness". While no less poetic than other descriptions, the beginning of the experience is described in quite concrete, though hardly believable terms:

My sense of identity was no longer narrowly confined to a body, but embraced the circum-ambient atoms. People on distant streets seemed to be moving gently over my own remote periphery. The roots of plants and trees appeared through a dim transparency of the soil; I discerned the inward flow of their sap. The whole vicinity lay bare before me: My ordinary frontal vision was now a vast spherical seeing, simultaneously all-perceptive. Through the back of my head I 'saw' men strolling, far down Rai Ghat Lane, and noticed also a white cow that was leisurely approaching. When she reached the space in front of the open ashram gate, I observed her as though with my physical eyes. As she passed by, behind the brick wall, I 'saw' her still. All objects within my panoramic gaze trembled and vibrated like motion-pictures images: my body, the Master's, the pillaried courtyard, the furniture and floor, the trees and sunshine, occasionally became violently agitated, until all melted into a luminescent sea; even as sugar crystals, thrown into a glass of water, dissolve on being shaken. Unifying light alternated with materializations of form, each metamorphosis revealing the law of cause and effect in creation. An oceanic joy spread upon my calm, endless shores. The spirit of God, I realized, is Bliss in-exhaustible, His body countless tissues of light. A swelling glory within me began to envelop towns, continents, the earth, solar *stellar* systems, tenuous nebulae and floating universes.

The description some lines back, of occasional violent agitation all melting into a luminescent sea might be understood as events presented by the Master to Yogananda for him to experience, while the passage at the end seems to indicate Yogananda's expansion into and through the Mest Universe (at very least), being now spontaneous. In other words, initiation by the Master enabled Yogananda to induce this and later similar experiences on his own.

5. The original definition of *Scientology 8-8008*, p. 17, 1953 edition, by L. Ron Hubbard was, in referring to the symbolism of the numbers:

The attainment of infinity by the reduction of the apparent infinity and power of the MEST universe to a zero for himself and the increase of one's own universe to an infinity for oneself. This is an ideal and theoretical process, it is not necessarily attainable in actuality or reality, *but it may well be*.

6. Yogananda's description, read and pondered over before my coming into Scientology in December 1951, struck me as something possibly reproducible in sessions between a suitably able and interested PC and a capable auditor, especially after reading *Scientology 8-8008*. This became more of a possibility to me after I had heard the first Axioms of Scientology announced by Jack Horner on the 1^{st.} London ACC in 1954¹, as received by telex from LRH. On that course we were drilled on, among other processes, 'Spanning of attention': As individual PCs , being directed to look at and then not look at an increasing number of matches in a lengthening row until we could become aware of more

¹ Advanced Clinical Course: Four were given in the USA before the 5th became the 1st London ACC in 1954. *IVy* published an end-of-course party photo on p. 49, issue 29, Nov. 1996. The writer was absent on business. The writer would much appreciate contact with anyone still alive today.

of them simultaneously. In the group, we were directed to look at widely separated larger objects (objects 1 and 2 in the corners of a wide room) alternately, with turning one's head which was immediately acknowledged, at increasing speed until we, or at any rate some of us, "saw" them simultaneously in "visio", without head-movement. This was training "Theta Perceptics" against "MEST vision".

In a Bachelor of Scientology Course in mid-1955, given by L.Ron Hubbard jun. (Nibs), we had drills on "understanding" the basic Axioms¹. This opened "mind-blowing" perspectives, to me, at any rate. These were given further prospects of being made concrete when the concepts of Havingness were assimilated.

7. Havingness in Scientology: Processes dealing with the sensory experience of objects with no concern for significances other than Having, Maintaining and Permitting the objects to Vanish are Havingness-processes (my definition).

7.1 Those dealing with the sense-organ experience (sight, sound, touch, taste, smell, proprioceptions² of the body) of gross (real) matter are called objective havingness.

7.2 Those of a like experience of imaginary objects are called subjective havingness.

7.3. A coincidence of these experiences can be reached in which, in addition to the above, a sense of pervasion — penetrative awareness — arises, in which the "5 +.. senses" are merged.

This area has not been explored further in Scientology, to my knowledge: The above drills on Spanning of Attention of the 1st London ACC as well as the CCH and havingness family of processes, some of which were also taught on that occasion, I would now classify as initial attempts in that direction. The research on these has, however, not been completed, to my knowl-

3

edge: No E.P. to be obtained has been published and these processes are used in Standard Tech as auxiliaries, run merely to flat points, to beef up the PC's ability to run Subjective Processes. In *Ability 34*, 1956 on "Havingness" LRH stated: "You can't have too much Havingness".

8. The corollary to Axiom 1 (3. above), however, opens the way to the experience of 7.3: More specifically, in the Objective Havingness Process known as "The Trio"³, each object found by the PC in the auditing-room is checked by the auditor not just for sight, but at least for each of the other four senses, however faint and, in addition, the interior of the object is checked for an 'imaginary' awareness of its density, compactness/hollowness, weight, component particles, fibres, etc. The checking-questions must be on a gradient, probably based on information both the auditor and the PC know intellectually, but with the auditor asking for a direct awareness, a feeling for Something will register on this, however seemingly unreal to start with, becoming more real when more objects of obviously different mass, consistency, density, are picked. The auditor only acknowledges completion of a command when, on each checking question, the PC reports no further change in his awareness, however rudimentary that may be, by stating that his awareness is 'stable'. This will be slow at first, but it makes the Trio very interesting to run by addressing the PC's basic ability to be pervasively aware, i.e. to perceive whatever he is asked by the auditor to postulate, in a widening sense of the corollary to Axiom No. 1. One might say the process can thus represent "OT is as OT does", right from the beginning.

9. Practice. The PC's experience of a growth in Havingness is maintained by observing a gradient scale: The auditor should not abruptly ask the PC for a perception of the moon. However,

¹ What could happen if you "understood" Axiom No. 1...... Ackn; What could happen if you did not "understand" Axiom No.1......Ackn.

² The unconscious perception of movement and spatial orientation arising from stimuli within the body itself. *Dictionary.com*

The reception of stimuli produced within the organism. Merriam Webster's Collegiate Dictionary

^{1.} Look around here and find something you could have. Ackn ;

^{2.} Look around here and find something you could maintain.....Ackn;

^{3.} Look around here and find something you could permit to vanish......Ackn.

on objects the outside surfaces of which are seen optically, he should ask for imagined impressions on all sense-channels of their interiors, as in the checking questions above. This should go on to the furniture, walls, floor, ceiling, of the auditing room, inside and later outside the PC's optical vision, in the imagination i.e., in Subjective Havingness.

Again, the auditor must not overstrain this growthprocess by checking for agreement with his own reality or state of knowledge. The PC's reality is all that matters and, in any case, this will be observed to change with every round of the Trio.

The rounds of the Trio will gradually become faster, so that checking by the auditor begins to be felt to be a nuisance, slowing down the PC's process, and should then be dispensed with: The PC will by then have been taught to report "stable" as to the state of his perception and this is all the auditor has to acknowledge, apart from occasional checking.

Throughout this and the following processing steps, the PC will emotionally cycle between the bottom and the top of the tone-scale for each obstacle to his awareness being dissolved. This is indicated by waves of dopeyness, which mostly are yawned off, for the bottom, and speeding-up of the cycles with a brightening up or a smile, for the top — the emotions becoming less noticeable as the process gathers speed.

Zen Scientology Run-down

1. Havingness

1.1 Factual Havingness, Objective, Run as taught in Academy but stresses awareness of mass, density, tactile, relative position and quality of perception in checking, as stated above. Flat when the Pc is "finding" larger objects with reality. Run briefly.

1.2 Factual Havingness, Objective, **Generalised** Commands: "Be aware of your surroundings while holding the idea:

(a) that you have all that";

(b) that you are continuing all that";

(c) that you could permit all that to vanish."

Check for the quality of PC's perception after each series of three commands also awareness of mass, density, relative location inside and (casually) outside the field of eye vision. Flat when the Pc has generalised awareness (not necessarily visio) on a mass-, density- and relative location- basis of the room and its objects all around his body (not necessarily very detailed) which does not change much on a series of the three above commands.

1.3 Factual Havingness, Subjective, Generalised Commands as 1.2 above, but with the body's eyes closed. Flat when awareness of mass, density and relative location throughout the room, the inside of objects, the thickness of walls, ceiling, floor and possibly whole house, block etc., does not change throughout two consecutive series of above 3 commands. The awareness need not be visio, nor very sharp and detailed, but should be all-round in all directions from the body. Stable here means no change in the quality of the awareness (i.e. more or less solid, bright, etc.), while the volume and details may still change.

2. Doingness

2.1 Establishing Reality (Agreement between one's own and MEST space) Mock up a golden ball of easily handleable size in each of the eight corners of the room, and on command move these out of the specified corners to be poised on the point of the corners, and back in again. Start with maybe one at a time, then in pairs, eventually all eight at once. Commands: "Out" Ack. "In" Ack. Flat when done very fast on a "postulate and perceive" basis, with simultaneous movement of the balls, and the Pc being also aware of the room in P.T. and penetratively beyond the room. Fast means, say, 40 + command cycles per minute.

2.1.1 Intensification to an accelerating monosyllabic dialogue in the process of overcoming the barrier of the *slowness of the spoken word or verbalized thinking* relative to the potentially enormous speed of *imaginative action*: With the PC running well at cause, the auditor then dispenses with the commands, after instructing the PC to postulate silently and to report (out or in) when observed to be stable, which the auditor then acknowledges. This permits further speed-up and expansion.

2.2 Control of Awareness. After briefly repeating 1.3, Factual Havingness, subjective, generalized, bridge over from command (c) into "Make MEST surroundings vanish" Ack. "Make MEST surroundings appear" Ack. After a few rounds of these fully verbalized versions, agree on shortened commands: "Turn the awareness

of the MEST surroundings on", and "turn the awareness of the MEST surroundings off" respectively, and, after a few more rounds of this, just briefly "on" (This brings about a spontaneous increase in the volume and/or the detail of the awareness of the MEST universe.) and "off" (This initially brings about a retreat into sense awareness of the present body and later other phenomena.), as monosyllabic commands. Flat when done very fast on a "postulate and perceive" basis, where fast means 40 + command cycles per minute, say with the auditor giving the commands.

2.2.1 Intensification to a very fast mono-syllabic dialogue developing towards *wordless communion*. Have the PC more at cause by doing his own postulating without commands. He just reports "on" or "off" when he observes stable awareness and the auditor acknowledges.

The speed is checked as an estimate (exactness is not required) by the auditor on the second hand, say, of a wrist watch, occasionally counting completed cycles over 5 seconds: One such cycle counted means 12/min, 5 such cycles mean 60/min. or 3,600/hr, 10 such cycles mean 120 /min or 7,200/hr and so on. Sticking to 5 seconds elapsed as a reference allows the auditor plenty of time for recording while the dialogue is carried on.

At all times, it has to be the PC's spontaneous speeding-up which sets the pace, prompted by his absorbed interest in his experiences. This goes on for hours with the speed increasing stepwise accompanied by an emotional high, a smile, etc. The expansion of awareness into the MEST-universe likewise proceeds in corresponding steps of volume and of reality, often commented upon by the PCs in noting striking differences in similar stages between one session and the next, e.g. the earth as part of the Solar System with other star-systems round about, then the Solar System as part of the Milky Way Galaxy with distant galaxies round about, then the Milky Way as part of a galactic heap, etc...

Final conditions for flat are: With "off" experience of Static with increasing reality, with "on", of whole MEST universe with increasing reality and "resolving power" down to molecules, atoms and dimension points; in present time. At one point, there occurs a spontaneous expansion of the time-track of the MEST universe from present time by all the galaxies speeding up their spiral movements and swirling together in a contraction from fragments into a single mass, irregularly shaped before its disintegration and which had developed from a sphere having swollen up from a beginning as a point in the Void. This might be called the astronomers Big Bang theory of the origination of the Universe experienced backwards and it led to the PC's having, cognitions on basic postulates of MEST, the Axioms etc... with tremendous emotional relief, with prolonged Very Good Indicators.. This is the end phenomenon of havingness-processing.

3. Beingness Commands: "Be MEST", ack. "Be yourself", ack.

Flat: After an expansion starting from the auditing room again, but on different and fuller levels of reality, on reaching conditions as for 2.2.1 above and even beyond this. Cognitions and experiences on MEST, Self, Static, as per the Axioms, the Vedas, the Perennial Philosophy [see page 23] and other wisdom teachings — Self = Static = Mest experienced as own determination — smiles at the "Cosmic Joke" played on one's Self. The auditor, not being a Buddha, simply had to join in as long as this smile went on in "wordless communion", see the second paragraph of **1. Zen Buddhism** at the beginning of this article. The PCs only reported their experiences after we had both recovered.

Note: After this, and probably at earlier stages, the individual time track is wide open and even the heaviest incidents on the time-track can be run out very quickly (say 15 minutes per incident) using various techniques for addressing incidents, e.g. R3R or creative techniques. Experience gained on a PC who had been run on his individual track seems to indicate that this last is a necessary step requiring to be done thoroughly, for the PC to remain stable with regard to what in normal waking consciousness are outside influences, e.g. on the Mestbody. However, as needs hardly be stated, the PC remains free to mess up again at any time by going into agreement with observed aberration.

Generally the improved state of Beingness/Havingness achieved enable individual somatics to be dealt with quite effectively by brief direct address on the body (say the creative process: black/white on body-areas or ridges, if observed) at the end of sessions, from the first session onwards. Also, the PC will become increasingly clairvoyant with regard to the MEST-Universe and other areas of existence viewing of auras, anchor-points, diagnoses of diseases (also at a distance), healing, reviewing 'past lives', research in cosmology, etc. as is indicated in the case-records given in later instalments.

This should not, however, in my view, be pursued to become a distraction from the indicated main line of processing until the end-phenomena have been achieved. \square

Postulates and Further Processing

by The Pilot, USA

The following is an extract from the end of the Pilot's book, Self Clearing. He has already given some processes on postulates, and the following are his last remarks on that subject, and his comments to those just finishing working through his Self Clearing book.

47.5 More information

You can go around with a lighthearted attitude, just making postulates and seeing what happens.

It doesn't work to struggle with or force these things. Either they stick or they don't. It usually messes them up to keep fooling with them after you have made them and it rarely helps to do so, so you just project the intentions and let it be.

If something is important, you postulate it occasionally from different angles, never letting yourself become concerned about the ones which didn't stick.

You can also spot what considerations you have in an area. And you can spot counter intentions which prevent the postulate from sticking.

But this entire book could to some degree be thought of as the study of the considerations and counter intentions that are in one's way, and so the factor of accessibility comes into play. You probably can't reach the deepest considerations which prevent you from casually and consistently violating physical universe laws, and yet you might occasionally let a postulate slip through anyway.

The easiest postulates to make stick are those which are made for the sake of others rather than yourself. Even the most selfish and cynical person will have deep (and possibly unreachable) considerations which block him from highly selfish postulates.

For your own greatest benefit, postulate things for others which also bring you what you need as a deserved side effect. The way out is to some degree by holding hands rather than by each of us flailing about alone in the dark.

47.6 An Advanced Process

This one might be better left until the second time through the book.

You stop many of your own postulates by automatically mocking up a counter postulate.

So let's try mocking up opposing postulates and then relaxing them.

Pick some simple postulate such as reaching over and moving a pen or a pencil. First do this a few times, postulating moving the pen and moving it.

Now postulate moving it and immediately change your mind and postulate not moving it, leaving it where it is.

Now postulate both simultaneously, moving it and not moving it. Hold them for a moment and relax. As you hold the two postulates concurrently, you might feel a bit of mass or solidity which goes away when you relax the two thoughts.

Practice this until you feel really good about being able to relax two postulates that you are holding in opposition.

Then you might see if you can find some postulates that are currently (and perpetually) in suspension like this, spot what they are, and relax them.

Chapter 48: Next Steps

Even a shallow first pass through this book should have given you a firm base to stand on in your further pursuit of truth, enlightenment, and ability.

At a minimum, you should now know enough to experiment with anything safely and should be capable of evaluating various metaphysical schools and practices with some degree of judgement.

A thorough second pass through this book is highly recommended.

Scraping one layer off of the darker regions of the subconscious exposes the next layer and makes it accessible.

Most of the processes in this book will run down to bedrock¹, but you cannot take any one area all the way while the other areas are unhandled.

It should eventually be possible to take things such as simple recall techniques or handling of problems all the way back to the early godlike time period when we first postulated our own downfall and entrapment.

After this book has been run well and deeply (usually on a second pass), you will probably find that there are other areas which need to be looked at. There are quite a few advanced topics in the *Super Scio* book, and there are others being perused in the freezone, all of which may need to be addressed.

Once you have gone much further, it may be appropriate to come back to this book yet again and see if you can take the processing even further.

The road is long and I do not pretend to have all the answers. but the techniques given here have been useful to me even when entering areas that I was unfamiliar with.

If you should someday find yourself on some dark and unknown shore, begin by running the techniques of chapter one in that area.

The band of accessibility is of paramount importance. This determines what you can reach and what you can change. The E-meter only reads on what is in the accessible band, which is why you can't use it to gain cosmic answers. The same is true for everything from hypnosis to faith healing and psychic channelling or even the placebo effect noticed by doctors. It all works in the accessible band, because that is where the person can still change his own mind, and it all fails when it comes up against the more deeply buried areas.

The indications are that the accessible band represents perhaps twenty percent at best. The keynote of the techniques used in this book are that they move things from the accessible band up into the clear region and therefore allow more that was in the deeper regions to come up into the accessible band.

Once you have taken apart most of the twenty percent that is in reach, you will find that you can now reach things that you could not have conceived of before and you will find that you can cure more conditions that used to be unchanging facts of life.

Before taking a second pass though this book, it will help to read chapter 4 of the *Super Scio* book which explains a bit more about processing, and also to read chapter 2 which lays out a bit of a cosmic history that might help in orienting your past life experiences.

You might also want to read the appendix of this book even if you are not trained as a professional processor. You probably do know enough about Scientology by now to follow the discussion.

You might also want to read some of Hubbard's books or listen to his lectures. The taped lectures of 1952 to 1954 are very much in keeping with the spirit of this self-clearing book.

48.1 Other Areas to Pursue

To live life well, you need skills and abilities. To earn your daily bread, you need to produce something to exchange for it.

The upper dynamics described in an earlier chapter are ideal areas to pursue. Develop talents. Follow aesthetic pursuits. Perform constructive activity.

Work on these upper dynamics is rarely rewarded immediately. Sometimes it can take lifetimes to develop a major talent. But this is your power base as a free spirit. $\mbox{$\$

^{1 2}a : lowest point : nadir b : basis, Merriam Webster's Collegiate Dictionary

Occasional Sex Series¹ 5

Partnership and Witholds

by Heidrun Beer, Austria

On Sat, 26 Aug. 2006 08:01:58, Heidrun Beer (hBeer@sgmt.at) wrote to the private list for subscribers to IVy, on the subject: Re: [IVy-subs-1] Finding a $2D^2$ the following. It was nearly the final contribution in an interesting discussion with suggestions on how to go about finding a 2D (Second Dynamic)

ALL OF THIS post is important and worthy to be kept!

But this I consider most important:

On Sat, 26 Aug 2006 04:25:44 +0200, Flemming Funch wrote :

No, rather, my philosophy would be to not have withholds, and one of the things I've noticed about relationships is that people often make implicit promises they aren't likely to be able to keep, and which they don't really mean, and when at some point they might think of breaking them, they start building up withholds.

[...]

Many people enter a relationship with an implicit, usually unsaid, agreement that it is a type of sexual ownership, and that any attempt at escape will end the relationship immediately.

What they are doing here is to sign a contract that somebody else has written — not even one certain person but a fuzzy nobody, or everybody: society, based on a church's pre-formulated text.

Make you own 2D contract

But they *have* to make their own contracts. Depending on the exact rules they agree on, breaks of these rules can be evaluated, discussed and repaired. If their contract includes sexual exclusivity, the contract should be kept (by both sides), but I don't think it is wise to base a lifelong togetherness that involves so many factors on sexual exclusivity. There may be situations where sex with another person is necessary for one reason or another — nobody can predict that for the next 50 or so years.

I always tell a man right at the beginning of a relationship, long before it becomes a marriage, that under no circumstances will I sell the ownership of my body. Not because I like to screw around — I am leading a rather secluded life, always struggling to find the time to write a book or a website, and if I go out, I go for mushrooms in a forest — but because it would be logically wrong.

Individual responsibility

What to do with a body is clearly the individual's decision. The body's owner is responsible for its well-being, and sexual well-being is part of a body's well-being, just like nutrition or exercise. This responsibility cannot be transferred to the family level or even the community or national level without creating potential disaster.

There is a thing that we could call "self-determinism by dynamics". It is very similar to the rules of object oriented programming³, which is actually how I got to formulate the idea. A 3rd

¹ Occasional refers to the series, not to sex. It means that the series will not come in consecutive issues, but as different authors feel inclined to send in contributions. Previous items appeared in 2004, 2005, and 2006 (see online contents at: http://www.ivymag.org/titles.html) Ed.

^{2 2}D: Scientologeese for sex and family, the second of eight groups called Dynamics. First dynamic is self, 3rd. dynamic is groups, and the fourth is mankind; in this context 2d is used for a partner (mate) Editor's note.

³ Heidrun's article series beginning in IVy 61 (2003) "Your inner computer series "

dynamic cannot dictate 1st or 2nd dynamic decision without destroying these dynamics' self-determinism. And it is self-determinism (the power of choice) which is an individual's direct inheritance from static (some call it God). Destroying somebody's self-determinism is the most godless action possible.

I have written an *IVy* article about that, it's on the web here:

http://www.sgmt.at/Comp/Oop.htm

For the same reason, a 2nd dynamic cannot dictate 1st dynamic decisions like when or with whom to have sex, without violating the 1st dynamic's self-determinism. But a really worthwhile and working 2nd dynamic can only be built by self-determined beings — everything else would be a domination/subjugation game.

Selfdeterminism primary

I have made the observation that once I can be certain that my self-determinism in these things is respected by my partner, sex as a whole steps back in importance and other forms of creation step forward. Also, there are other forms of expressing love to my partner. Creating a big birthday surprise for Paul (my 2D) just recently had definitely erotic quality, although it was not sexual in nature (I organized a hot air balloon ride for the two of us).

Maybe the famous drive of men (and some women) to sleep with other people than their partner is rooted in a desperate (and absolutely spiritual) need to reassure themselves of their self-determinism and the fact that they still own their body...?

In giving permision to have this published in IVy, Heidrun wrote the following.

Of course you can use my text if you like it.

Are we talking about the "Self-determinism by dynamics" piece? You had that in *IVy* before, in computer terms, but it is so essential that repeating it about once an hour can only be good!

Masturbating

Masturbating is a 1st dynamic activity. If both partners are not well synchronized, it can help them to stay together because the one with the stronger sex drive does not have to gnaw their fingernails waiting for the other one to catch up. With a new 2D I would recommend to stop masturbating, not forever but for a few weeks or months, so that they have a chance to synchronize their sex drives. If one is always satisfied because s/he masturbates, the other one never has a chance to find him/her in a horny condition :-)

But I would never agree to not masturbate as a basic part of the 2D contract. It is a 1st dynamic responsibility to keep the body in shape, and there are a thousand reasons not to have sex, from a busy schedule to being sick to being 2000 kilometres away from the partner. What does it help one partner if the other one doesn't masturbate under such circumstances? Zero value. Also if s/he cannot resist and breaks the agreement, s/he also will not talk about it and that starts the withhold downward spiral.

Stay in comm

I always stay in comm with my partner regarding masturbation (by either partner). It's really not a very important item, it only becomes important if it is given too much weight. It is a lonely, nearly sad activity, compared with the pleasure that two people can give each other, cuddling, giggling, discussing, exchanging energy before and after sex.

Paul and I have just had a few weeks or even months of very little sex, because of overwork, travel etc. But as long as we could have the togetherness of the shared bed, this didn't really sting so much. Right now he is moving things and I am working in the new place. This is bad because we really miss each other.

It would be good if people could understand that for a thetan to sell away his self determinism is the greatest possible overt on Flow 0 [self to self], and for another thetan to ask him for it is the greatest possible overt too — the greatest possible overt, ever. Greater than rape, murder and everything — in my opinion. Basically one wants to own the other person. Oh, for Christ's sake!!!

http://www.freezoneamerica.org/ Your source of much MetaScientological writings, including Clearbird, Peter Shepard, The Pilot, Muriel Chen, Filbert, L Kin (Book 4), (TROM).

What About a DUGA Story?

By Todde Salén, Sweden

AFTER HAVING BEEN declared 3 times SP and notified as "Scientology's Public Enemy #1 in Sweden" (I was a permanent Class VIII at the time) I got together with my wife (who was permanent Class IV) and 20 other ex-scientologists to deliver "cheaper and better" auditing and training in the free zone in 1983. We opened our DUGA¹ center" in April 1984. Most free zone groups delivered only auditing, but DUGA started out delivering only academy training (and free student auditing).

After a few years DUGA changed and deviated from the standard tech route. We expanded our philosophical viewpoint first to include Gautama Siddhartha and then Socrates. As we discovered that Hubbard had borrowed a lot of ideas from these earlier masters, we learned directly from the same source a lot more philosophy. Our tech changed accordingly.

In the 90-ies we had already abandoned the CofS advanced courses technology and replaced it with "between lives implants" and "genetic entity" technology. But Hubbard's lower grades we are still using pretty much the same, but our "styles of auditing" are very different. We use much more ARC in session and we have tremendous stress on the pc's self-determinism. As a matter of fact we regard self-determinism as the basic building block for all our activities, and we follow LRH very much in that Ref: "Prelogics", which is what Hubbard started out with. From there he went to "the Logics" and then Axioms and Factors.

Important understanding

We regard the understanding of the philosophy behind the technology as *very important* information for anybody who wants to deliver the spiritual technology we have inherited from LRH.

Just after splintering from the CofS we had a meeting where we agreed to use "live communication" (i.e. communication that raises ARC) in all our activities. This resulted in a lot of Q&A, but after some changes in personnel at our organisation, we suddenly noticed that all the 3rd partying² etc. that a few people had generated suddenly disappeared, when these very persons decided to leave our group.

We are still using "Live Comm" as much as we can and our group benefits from it, but we have also learned that communicating and rising ARC is not enough. The comm has to result in KRC (actions carried out with responsibility and know-how). So our main problem is to raise the ability of our members to a point where they can participate in spreading the message.

Problems

Already in the early 1990'ies it became clear to us that we did have some problems with our tech-delivery. We were running much deeper into the case than we ever learned in the CofS, as we ran the cases to get as much TA-action as possible. But we rapidly learned that "maximum TA-action" is no guarantee for case-gain. It has to be balanced by careful observation of when the pc reaches the EP of the processes, but as we ran people deep into their banks, we noticed that some BPC was not handled. And as we failed to find the reason for this BPC ourselves, we started looking around to find somebody who maybe had learned to solve these problems.

¹ Duga: my dinky Swedish/English dictionary gives: do, be fit for, Editor comment

² Get fuller data, but third partying is roughly (basically) one person (or group) stirring up trouble between two or more others. *Ed.*

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Codes

Then it just happened that we got some tapes from Alan Walter about his discovery of "Codes". My wife and I agreed that it sounded very interesting, and since my wife is quite "psychic" and had good indicators on these "codes" (which I also had), we decided that I should go to Dallas and get my codes.

Because of the high price we felt it was better to only pay for one of us trying and if it was right then my wife would follow. So in August 1997 I got my codes at Alan's place in Dallas, USA. I was very pleased indeed. So in October 1997 I went back to Dallas together with my wife. She got her codes also and was delighted. We then went on their basic "processor's course" (a training course to learn the Alan Walters technology). We were not as pleased with their training as with their codes, but we had learned enough and went back to Sweden again, where we reworked our Academy and our advanced courses to include the vital new information we had learned in Dallas.

Different technology

So now we have a very different technology from what we had when we left the CofS in 1983. After leaving Dallas we have developed our philosophy and technology further. Our scope is much wider. We are working on increasing our abilities (KRC) on all the dynamics. And we find that going OT is a long gradient. We have not lost the purpose "to go OT", but we have realized that OT is a very high state of operation and a normal human being can just forget about reaching that state in one lifetime. Going OT means you confront the fact that you are a being, who cannot die and thus have as long life as the universe you are in. So you should not

Perennial Philosophy: (this from Wikipaedia is rather long but interesting) The notion of perennial philosophy (Latin: philosophia perennis) suggests the existence of a universal set of truths and values common to all peoples and cultures. The term was first used in the 16th century by Augostino Steuco in his book entitled: De perenni philosophia libri X (1540), in which Scholastic philosophy is seen as the Christian pinnacle of wisdom to which all other philosophical currents in one way or another point. The idea was later, and more famously, taken up by the German mathematician and philosopher Gottfried Leibniz, who used it to designate the common, eternal philosophy, hy that underlies all religions, and in particular the mystical streams within them. The term was popularized in more recent times by Aldous Huxley in his 1945 book: The Perennial Philosophy. The term "perennial philosophy" has also been used as a translation of the Hindu concept of Sanatana Dharma, the "everlasting or perennial truth, or norm". (submitted by an IVy reviewer) d

bother about going OT in such a short time as one human life. The game you are involved in is much bigger and you need to confront that fact. Once you have confronted that you are such a time-less being you will have no problem realizing that going OT is a project that is worthy of your ability as a player of games.

Hubbard got stuck in dramatizations of GPMs. He started confronting GPMs in the 60s and his basic approach with rising ARC was correct, but he forgot to pay attention to building up KRC to handle the GPM bank.

Alan Walters technology to confront the GPM bank and discover the codes (the "codes" are the basic-basic of the GPM bank) results in a "clear cannibal". Once a preOT has had his codes, he needs to run out the charge in the GPM-matrixes, and as he does that he needs to build up his KRC (ability) to play the game.

Out of trap

That is our way out of the trap. It takes much more than one human lifetime to go this route, but as you work yourself closer to that very worthy goal, you can feel that you are moving in the right direction.

All it takes is willingness to learn with patience. Or as the buddhists say: "You get your wins when you are ready for them".

All our courses are in Swedish, so we cannot today assist people who do not understand Swedish to travel the DUGA route to OT, but hopefully we will get our courses and material translated to English within 10 years. If you want to join us then — drop us a line at duga@duga.nu \square

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Regular Columns

A World of /Vy

by A Pelican, Antarctica

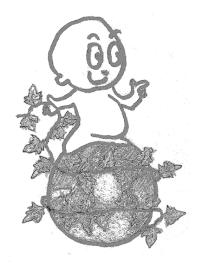
Our Common Ties

I KNOW I AM ONLY a solitary pelican without much power, but I would like to make a proclamation.

I proclaim that we are the people of the two Scientology axioms, Axiom One and Axiom Two. Those are the common denominators which hold us together, the basis of our beliefs and behaviour.

And I would dare to suggest that we have in common two major abilities:

- 1. The ability to communicate, and thus contact other beings theoretically that casts out loneliness from our existence.
- 2. The ability to as-is. That is to say if we have some charge (unwanted



feeling, condition), built up perhaps from receiving an inappropriate communication, we can cause that charge, that unpleasantness, to disappear, so all in the garden is rosy again.

I think we also have one other important thing in common. That is that we have come a long way from our original native state, and if we want again to approach earlier, so-called 'higher' states, we need to work together on it, not making a big thing out of small differences in viewpoints.

The Regular Column "A World of IVy", is written by various anonymous authors, with the aim of giving a quick, even perhaps mundane, "pick-me-up" for the busy, perhaps stressed, reader to look at, possibly when receiving IVy (it is right in the middle of IVy, easy to turn to). Would you like to contribute? Perhaps you could write something short and simple (3/4 page only) which has inspired you at some time, or you feel will hearten others. For some reason we have made it anonymous, so no one need know it was you!

IVy

Regular Column

Scientology Reformation Series 30¹:

IVy **Tower** by Rolf K, USA

My Scientology Story: 3

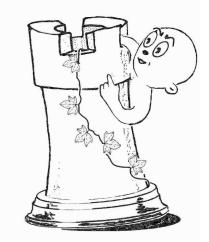
Saint Hill 1968

In the last issue of IVy I told the readers how I travelled from Morocco to Paris, and how I crossed the English Channel despite a government ban against Scientologists entering the country, and finally arrived at East Grinstead.

I arrived at Saint Hill in August 1968 soon after the ban on foreign students was put in place. The ban was a paper tiger, however, as it wasn't enforced in any particular way, unless you plainly stated to customs that the purpose of your visit was to go to Saint Hill and study Scientology, then you might run into problems. Understandably it was a major issue for the Guardians Office — at the time led by Jane Kemper and David Gaiman, and with Mary Sue as the remote Guardian on board the *Apollo*.

As a beginning Scientologist these issues were not that important to me. My main purpose for the trip was to get some student auditing from Saint Hill Briefing Course students, and to work on staff for the 3 months my tourist visa allowed. Thus, Saint Hill appeared to me to be a friendly place where I felt I'd be right at home.

Anna Nordlöf was the personnel officer. She was a Swedish Scientologist that had arrived in a similar fashion, to get auditing, the year before. She would eventually have a great career that took her to International Headquarters (Int). I would later meet her in New York in 1986, when she was on a high powered Int mission to straighten out the NY Organization.



Anna found me a job as folder page in Technical Division, in the building known as the Sand Castle. The Technical Secretary's name was Mike. My immediate boss was the Director of Technical Services, Lynn. They were both very British in manners and language. I would find or return to file, preclear folders. The big technical service at the time was Power Processing, and was Saint Hill's bread and butter service. Preclears would come from near and far to receive this auditing. Staff would sign five years staff contracts to receive it as well. I did not have any particular ambitions in terms of job. So this job at the very bottom of the social ladder with its easy hours and routine demands suited me fine. I could concentrate on learning about Scientology and have plenty of time for auditing.

I soon found a place to stay and settled in. The day after, I contacted the supervisor of the Briefing Course to find an auditor. As it turned out, there was a great demand for student preclears at the time. I met up with a group of students in a break and they started to discuss with each other who should do what action on me. In a few minutes all my grades and auditor assignments were arranged from grade zero to

¹ Although the beginning of this story was before the Scientology Reformation, it gives a picture of what things were like to give rise to a reformation.

Regular Column — *IVy* Tower



Ron at Saint Hill (probably from 1959, shortly after he bought Saint Hill).

four. If it just had gone as planned I would have been done in a week and on my way. That is, however, not what happened.

In practice, getting through the lower grades took several months. I had to find a new auditor for each action and grade and wait until he or she was ready study-wise. Also, I had to be off work so auditing mainly happened at the weekends. I remember my grade zero took forever. For several sessions we were sitting in a cold garden pavilion, the auditor and me, and cold and dry hands must have caused my tone arm to soar. Overrun must have caused the needle to go stuck. Finally, the auditor took me to qual secretary, Blanka Anakin, a German powerhouse. From what I later pieced together, the auditor's conclusion had been that I was a suppressive person with stuck needle and high TA. The Qualification Division office was, however, nicely heated. Anna was friendly and interested

so my TA came down, my needle loosened up. I escaped being declared a suppressive person on that occasion.

I was staying in a shared room. The landlords were a Scientologist couple. The husband was a photographer called Croft. His wife, Janine, was French. Croft was doing the Academy Levels on the week-ends while working during the week as a photographer in his studio in, I think, Southampton. Janine, on the other hand, was there most of the time. She had a charming French accent and was very socially inclined. She often sat with her tenants (there were six of us), and discussed Scientology, Saint Hill and anything else that would come up in a conversation.

Politically incorrect

In an earlier issue I told how I felt my prior experiences and impressions of the Apollo were "politically incorrect". That came into play on many occasions while at Saint Hill. I would tell somebody I had been on the Apollo. The person would turn to me and ask if that wasn't a wonderful experience. Hadn't I seen the most efficient group on the surface of the earth and sea? My honest answer was that I hadn't. I had seen a bunch of amateur sailors trying hard but totally out of coordination. I had seen a lot of pretending to know what to do in pressed situations; a lot of shouting and "know best" when it came to elementary seamanship. I had, while back in Copenhagen earlier that year, told anyone who wanted to listen about my true and unflattering opinion. There, at Saint Hill, this became a withhold, as the politically correct reality and emotion was to be in total awe of the accomplishments of those on board the Flagship. A Bulletin was out that stated that Sea Organization members were the royalty of Scientology. If a Sea Org member walked into an organization they should be lionized and given the red carpet treatment. Any little order a Sea Org member would issue had to be instantly complied with.

All this wasn't really my cup of tea at the time, being a true son of the 60's generation; but I knew enough to keep my mouth shut. I remember one instance where I was talking to several Jan 2007

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staff members about *Apollo*. One would exclaim: "that group has the highest survival potential on this planet!" Another would, without having been there, explain how this group was so powerful that they could bend the laws of the physical universe so as to make the ship sail faster than physically possible and the like. This all mainly was an embarrassment to me as I knew better but wisely kept my mouth shut.

Class Eight — before and after

The Grade Chart, as it existed at the time, consisted of the grades as we know them today more or less. It was, however, later described as quickie grades. August 1968 was actually when the original Class 8 Course was taught on board the *Apollo* by Ron personally to a group of about 20 students. The students came from around the world. The Class 8s didn't go back to their organizations until September that year; but it is accurate to point out that I was on-lines before and after this event. Therefore the following is based on my personal experience of living through this period and being on tech lines as preclear and also student.

(Warning: If this section is too technical for your taste, jump forward to the next headline: **Auditing 1968**) The Class 8 Course did not result in any changes of the Grade Chart. It was one process per grade before and after Class 8 was taught. There were various remedies included in Class 8 that laid the ground work for the Case Supervisor Series. The Class 8 did result in higher standards in terms of auditor discipline and efficiency. TRs and metering were overhauled. Cramming actions were issued to students and graduated auditors alike in a liberal fashion.

The real changes in the application of the tech, in my opinion, did not happen until later when first Standard Dianetics was released (Spring 1969); then Triple Flows where each process was run on 3 flows (1969); then the Expanded Grades (1970-71), then the Case Supervisor Series (1970-78). On balance, what the Class 8 Course achieved, was that Ron made clear to himself and his students what the essence of the technology was. He reduced the tech to an absolute minimum. The barebone minimum elements were the Rudiments and the Lower Grades, i.e. Communication (Grade 0); Problems (Grade 1); Overts and Withholds (Grade 2); Arc breaks (Grade 3); and Service Facsimilies (Grade 4). This simplicity is still true today. But simply stating the very basics of the technology, apparently, did not result in any meaningful improvement of services. Ron must have watched it closely to see if it did. What he saw was an upsurge of delivery upon the return of the Class 8s. This lasted for several months. Cases got cracked; stats improved. It did, however, not last. What happened was that preclears in the existing field got called in and got some hot Class 8 auditing but on the same limited technology of Green Form, Bypassed Charge Assessment (L1), List Correction, etc. It did not result in a new influx of "raw public". It was simply cleaning up the existing pcs and rough cases that were on lines.

When this became clear to Ron, he realized that there weren't any magic bullets (or tiny collection of processes) that would do the trick (e.g.one shot Clear) for the majority of cases. I think a major shift in his approach to cases took place after he realized that. The "standard technology" between 1965-1968 was a search for the magic bullet. It culminated in the Class 8 Course, also in one process per grade and one floating needle per process (and grade). Add to that the repair tools of Book of Case Remedies (1966) that rarely were used. There was such a jitter on tech lines that the floating needle on a process had been overlooked and the case consequently had been "ruined". The Grades processes and the floating needle in those days had a magic aura around them. I remember I did the Academy Levels early the following year. On Level One you were taught to run Objective Processes as well as Prep-checks and Grade One, Problems processes. I suggested running both Objective processes and the Problems process on one particular preclear. This resulted in my being crammed on releases and floating needles. The bottom line was that there was only one floating needle to be had per grade. To run two processes per grade was to "overrun" the preclear and "ruin" his or her case. It would "break the magic of the silver bullet."

Regular Column — IVy Tower



A view of Saint Hill Manor

Standard Dianetics

When Standard Dianetics was released to the field in the summer of 1969 it was the beginning of a whole different approach and basic philosophy. The milestone in those years, in my opinion, wasn't the Class 8 Course, it was the release of Standard Dianetics in 1969! There we were auditing for scores of hours on all kinds of incidents getting spectacular results. Triple Grades followed the release of Standard Dianetics. Then came Expanded Grades where dozens of processes were run per grade. Then, at some point, came Quad Grades (where each process was run on 4 flows). Then came Life Repair. set-ups, etc. all as part of the Case Supervisor Series. Suddenly it was OK, again, to audit the preclear in front of you and go deep and dirty to handle his or her problems.

Another illustration of the shift in the basic philosophy is the handling of misunderstood words. In *The Book of Case Remedies* (1966) there is "Remedy B". It consists of doing Listing and Nulling to find the essential *one word* misunderstood in Dianetics and Scientology. Once that is found you are "fine". Compare that to Method One Wordclearing of 1971-72 where you found hundreds of misunderstood words and cleared up each to a Floating Needle.

Auditing 1968

The above may be too technical for some readers. Bear with me; I feel it is interesting data to the technically inclined. The technology of 1968 was still "the era of the magic silver bullet". Fortunately, due to circumstances, I was assigned a new auditor for each grade. Usually the grades were overrun due to circumstances. But the bottom line is that I did get some solid gains from each grade after the true end phenomena was rehabilitated.

My biggest wins

What I remember as the biggest wins were, however, not from regular auditing. They came as a result of doing the Upper TRs 6-9.

IVy

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At some point a Sea Organization mission from Apollo arrived and it made a major overhaul of the organization due to a slip in volume of delivery, known as low statistics. As a part of this handling all staff had to do the Upper Indoc TRs to improve their ability to control the public and thus speed up things. We did those TRs for hours on end. What you do is to control another student with intention and physical enforcement as a drill. I did these drills with a woman from Spain, I remember. At some point I completely "freaked out" and went exterior with full perception. It was one of the biggest gains I ever experienced in Scientology. Probably one of the milestones in any case history is the realization of being a Thetan, a spiritual being, and that's what happened to me doing these drills.

Heathrow Congress

One of the major events taking place while I was at Saint Hill was a congress in Heathrow, near the airport. We all dressed up and got transported in busses and vans to the big event. I remember sitting next to Ann Tampion (later Ann Rhodes) and chit-chatting in the van.

The foreign student ban was still playing out in the media; thus it took a dominant role in the speeches. Besides, there were reporters there who wanted to report the latest developments. I remember Erik Gyldencrone, the Franchise Holder from my hometown, was invited to speak. His topic was to be "The International Expansion of Scientology". He broke his agenda right away and started to speak about the ban and how to take advantage of the controversy to get press coverage and to use it in promoting Scientology. This was very controversial to those in charge. There was activity backstage while he was still speaking and as soon as he was finished he was rounded up by a couple of Sea Organization officers and "declared" to be in the condition of "Treason" for saying the press was "actually doing a good job" of getting Scientology known. I talked to him shortly after and he was visibly shaken by the events and I think he never recovered. The following year he turned over his Franchise to someone else after a period when he ran it while in dissent with management. This, you could say, was a forerunner of the many conflicts between management and the Missions in and around 1980, leading to the blow-up of the San Francisco meeting of 1982.

The main speaker at the event was John McMasters, Clear Number One. He was a great speaker and rallied us all to a point where a heavy cloud of "bank" covering the group suddenly took off and we all felt it.

Rounding Off

I kept working as staff at Saint Hill for the three months of my visa. I had decided to become a professional auditor upon returning to Denmark. This was probably a dumb decision in terms of a career move, but on a very personal level I have never regretted it. \square



IVy

Regular Column

Outside the Box

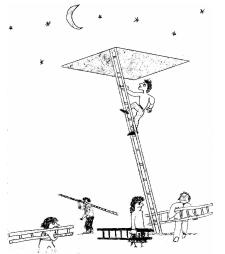
by Flemming Funch, France

Being Source

IT WAS ALWAYS a bit odd that Hubbard signed his bulletins as "Source". It was never well explained what exactly it meant. "Source" tends to evoke the idea that one is God. the creator of all things, which probably wasn't quite the idea. More like he was the source of the data, the source of The Truth about life, the universe and everything, which only makes it slightly less odd. Because, how can you be the source of something without being the creator of it? Did Hubbard create the universe? Some people actually go as far as claiming just that. but that's certainly in the realm of oddities. I don't know if he deliberately used that word to make us imagine all these things, that somehow he's the source of everything, or if he merely meant that he's the guy who figured out the key previously hidden data that we happened to need. If so, "discoverer" or "chief investigator" or something else more humble might have been more correct. But he said "Source".

That got us stuck in a bit of a trap, no matter what definition of source we used. OK, the other side of that coin is that it got us hooked on playing a game. Because, in a game, there has to be some parts that you don't control, and as far as a finite game is concerned, you're most likely to get into playing it if the rules were set by some kind of higher authority. So, Hubbard set the rules, and he left the impression that he had access to something we didn't have access to, and which we couldn't have access to. And, more than that, he grabbed a title that there seemingly could only be one of. If he's the source, I can't just go and be source too, or what?

Personally, going along with the idea that Hubbard was Source certainly kept me from trying to compete with him and reinvent Scientology. Which one could say was a good thing.



Keeping Scientology Working, you know. It works, so don't change it. Don't invent stupid stuff, just do what you're told will work, and nobody gets hurt. Well, that's a workable scheme to a large extent, if the target is to make a standardized subject.

It also keeps you at effect from here on out. Oh, one can carve out a nice game with some freedom within that. You could still go and give a great lecture about Scientology, even if you stay true to exactly what LRH said. I mean, he didn't say you had to only use his words or something, just that he was the source, and you couldn't change the principles. You were certainly supposed to go and apply the technology.

Second source

But why can't I be source too? I didn't quite understand the difference before I somehow ran out that limitation. Or, to put it differently, I ran out of bridge, so it became somewhat meaningless. That is, something changed for me after I did OT16.

Hubbard didn't source any OT16 that he released. But Captain Bill had somehow gotten around to deciding that he was source too, so he made up a lot of new stuff. He still said that LRH was the source, but that's little more than words in that context. Bill allowed himself the freedom to look for himself, describe what he found, and outline the steps one ought to take, Jan 2007

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in an equally authoritative fashion as LRH did. I kind of bought the idea at the time, so I did them, and Bill positioned his OT16 level as "caselessness" and essentially the end of the Bridge. He actually did some more levels after that, but I sort of latched on to that idea that the end was found there.

On those levels one does various drastic things, like eventually essentially unmocking the universe altogether. Which actually didn't do all that much for me, and in hindsight I'm not sure it was such a great idea. But some of the levels gave me some of the most pervasive and permanent gains I've gotten from processing, so overall it wasn't like I was exactly dissatisfied. But I was suddenly done, supposedly.

No more source

What was done was the game of going up the Bridge. No more Bridge, so obviously I'm done with it. And then what? Actually I went into a bit of a crisis there. That was sort of depressing. Looking forward to the next level was such an addictive, but comforting idea. Going up the Bridge makes it look like you're actually doing something useful, even if you don't really know what to do with your life otherwise. So, if you're done, you're suddenly on your own.

After I stopped being depressed about running out of bridge, I noticed some things.

I had somehow lost the belief in anybody else being Source. Hubbard, Captain Bill, yeah, interesting characters who set up some fun games and provided some comprehensive models of our existence. But, hey, they don't have anything more to offer. Besides, they screwed up a few things here and there. How do I know? Because I can look for myself, as opposed to reading in a book how things work, I can go and look for myself, and pay attention to what I find. And, blasphemy, I can even talk about it, or write about it.

What I found was that I suddenly could write. I'm not talking about my ability as a writer, but rather that I felt free to actually have something to say about important subjects. LRH wrote impressive manifestos. He wrote stuff like the Factors or the Axioms which would be fit for engraving into stone tablets to look at for thousands of years, and he did it pretty damn well. But, hey, I suddenly didn't have the slightest need for ever referring to them, because I could just make them up whenever I needed them. I'd word them differently, and I might focus on different aspects, but I could just look anytime, and outline how things work, because I was source. No need to look up in a book or remember what I read. No vias.

More humble

I've never looked anything up since then. I mean, in the sense of looking up The Truth in an authoritative work. I enjoy reading about other people's views, and often people will know more about something than I do, but I no longer am able to believe that somebody else is the source of the basic wisdom about life. I haven't done any "next level" since then either. I've done other people's rundowns or workshops alright. But I can no longer believe that somebody else has my next level for me. My next level is what I'm doing, not what somebody gives me. Just like my data is what I observe, realize and learn, not what somebody else gives me.

It might sound like a self-contradiction, but this personal shift for me also made me much more humble and much more aware of all the stuff I didn't know and couldn't do. See, while I was going up the bridge, and got to the more advanced levels, I thought I was pretty hot stuff. I could explain just about anything, and I had the answer to what to do about just about everything: Some scientology principle or approach, basically, which was a comfortable feeling. It was also a rather blindly arrogant attitude.

I suddenly realized that, for one thing, I was still here, in a human body, with all its limitations. I still had to go to work, and go to the bathroom, and there's a whole big mysterious universe out there. And where, before, I had a fancy mental explanation for everything, I started looking around, realizing that the model isn't the territory, and that there's a helluva lot I don't know. I suddenly felt very insignificant, and no longer super-human. But there's a paradox there, which at the same time makes that a power and a weakness. See, since I no longer Regular Column — Outside the Box

felt limited to regurgitating things I've read, I could look for myself, and realize that I didn't know everything, but at the same time, I could see what I could see. I can always perceive, and I can always talk about what I see, which is really much better.

Be source

I had learned to be source, although, I still don't like that use of the word. What I had learned was to look for myself, make up my own mind, and follow my own path. So, maybe accepting to be a source of my own reality, as opposed to believing I must get it served to me by somebody else.

Is this something I accomplished as a win from an OT level? Or was it simply that I ran out of levels to go through, so I had to take matters into my own hand? I'm not sure. But I'm pretty sure it isn't a very good thing to assign the authorship of your own truth to somebody else.

Don't take any crap. Don't buy half-truths and vague misleading information that is meant to manipulate you. If somebody tells you they're "source", ask what exactly that means. What are they the source of, and how come? If the answer is not there, watch out. Question everything. Always be aware that mental models and words aren't the same as the real thing. Seek the real thing. But if you followed advice like that, you probably wouldn't have become a scientologist, or would you? Scientology was both the search for truth, and at the same time having to accept that you don't have it, but L. Ron Hubbard does. That's a strange sandwich, as those are rather mutually exclusive, except if you accept that he is the source of the truth. Of course he isn't. Don't be silly. He was the source of what he said. At best. He maybe channeled half of it, and re-organized the ideas of various other people. He did that well, and he became the source of a particular set of models and principles, as he either invented them or adopted them as his own. And he became the source of a particular set of techniques which we called The Technology. That's all great. But the source of the truth? No way, because that's you. He didn't really directly say anything different. But he also positioned himself in such a way as to make you confused, and, like me, you probably never really word cleared what source meant. Ø

EFT Comment

by James Moore, UK

I was intrigued by the article in *IVy* 78, page 42 and decided to look further into it. I contacted a practitioner, who insisted that I read the whole EFT manual thoroughly before he would allow me to visit him. This I found most interesting, and I got some cognitions when there was talk of Psychological Reversal and Aspects.

(http://www.emofree.com/)

While I was with him this practitioner gave me some

"sessions" on various problems, and I went home satisfied.

Since that time I have used EFT probably daily, on many different unwanted feelings (for instance irritation and dis-ease with long periods at computer), the and been extremely thankful for it. It only takes minutes, and the problem is more to remember to do it and not suppress the unpleasant and unwanted feelings.

My present opinion is that it forms a very nice supplement to auditing, for I am involved in relationships with other people, and find that the Relationship Rundown (processes of the Suppressed Person Rundown) gives a marvellous boost.

Since I started doing EFT on myself I have found a strong reduction in stress (really an absence of it), and a marked increase in what Hubbard calls insouciance in my everyday life.

Scientology in Daily Life II

by Britta Burtles, GB

I'VE JUST REALIZED that I use every day one or more 'bits' of Scientology teaching, or rather lessons LRH has taught me. So I thought I had better update my article 'Scientology in Daily Life' which appeared in *IVy* 28 (1996), and hope it might inspire others to come forth with when, where and how they use Scientology data, apart from applying the technology in counselling.

Here are some of my examples:

1. When someone gives me something, be it a present or a kindness expressed, be it a one-off or a repeated offering, I not only acknowledge having received it, but I also **return the flow**. It makes me feel good about that person and about myself.

2. A housewife's days are filled with 'loads' of actions and include the temptation of leaving things half done. I control this urge, remembering how important it is to **complete cycles** of action. I remember LRH somewhere saying (or writing) something like: If a person could complete all actions he has ever left incomplete, he would no longer have a case.

3. While I go about my daily jobs, it often happens that I think of something else I need to do. Whenever possible I follow Ron's dictum **"Do It Now".** If I don't, I find there is always something else which demands my attention and involvement, and often that certain 'thing' does not get done, and I regret not having done it when I thought of it first. So, 'do it now' is at the top of my list.

4. When I am involved in a chat with someone, I remember the communication cycle and make sure I **acknowledge** the other person's statements, irrespective of whether I agree with them or not. It keeps a conversation smooth, flowing and balanced.

5. Indicators have become a really important tool for me. Whatever I do, before I declare it completed I consider my indicators. If they are not very good, I know I have to continue work-

ing at it until I have VGI's. Then I am released from that particular activity and feel satisfied and happy to leave it. One could say: 'My needle is floating'. It is, as I have learnt from LRH, the point where I have to end cycle on the action and start something new, or I may risk overrunning it.

6. For me, one of LRH's most useful sayings is 'What you **put your attention** on you will get'. When I put my attention on positive happenings, it is as if I was postulating them into being, and, in most cases they do materialise.

7. LRH said something like: **Production** raises morale which I find so true. The more I accomplish in a day the better I feel at the end of it.

8. He advised me to **validate** and acknowledge positive, constructive things people do or say, and if possible, disregard the others and thus deprive them of strength.

I also write down all my achievements during the year, and hand that list to my husband on New Year's Day. He reads it and gives me a good ack. for what I have achieved. And he gives me his list which I read with great admiration and acknowledge all his accomplishments. This gives us an uplifting feeling and ends the year on a high note.

9. Ron wrote about the concepts of **Must Have and Can't Have** and explained the relationship between the two. I remember it like this: 'If you must have you cannot have, because if you could have you would not have to have'. I experience this when I mislay something, look for it and just can't find it. Only when I think of a way to do without that particular thing, or I think of a replacement, in other words, only when I stop looking for it, but instead work out a way to end the 'must have', then I find the lost item again. This works for me without fail every time.

10. When I hear a familiar piece of music, be it popular or classic, I like to hum along with it. This feels as if I was participating in its making.

It reminds me of Ron's Scale of Confront where **Participate** lies between Ability to Confront and Beingness.

11. When I talk to a friend who is not familiar with the subject we are discussing, it can happen that s/he does not understand what I mean. Then I remember Ron's advice to **undercut the gradient** until the person understands, has good indicators and can respond cheerfully. Of course, this goes hand in hand with Ron's advice 'Don't go past a misunderstood word' (MU). So, when I suspect that my vis-a-vis does not know a particular word, I explain it straight away, in order not to waste time.

12. And here is a particularly brilliant piece of advice from LRH: Stay in PT (Present Time). It is, I think, the best tool for handling one's own and other people's emotions and all happenings in everyday life. To stay in PT is also, for those of us who are advancing in years, the only effective way to strengthen a weakening memory. By staying in PT and putting my attention on what is occurring and what I am doing NOW, I find I have formed and can retain clear pictures of all happenings. Somehow related to this is Ron's advice to do everything in 'a new unit of time'. I interpret this as doing something I have already done very many times, as if I was doing it for the very first time. Following this advice, I never get bored with any action and I do them well. Activities stay fresh and interesting.

13. Ron told us also about the importance of **recreating** that which one wants to keep like one's home, a job, a friendship, a marriage. Only by constantly recreating can one keep them alive and well.

14. LRH also advised us to distinguish between **differences**, **similarities** and **equalities**. One can get into a great mess if one confuses one of these with one of the other two; so he warned us not to do an 'A equals A', but to look at things with great care and then decide which of the three it is.

15. Whenever I have a question or a doubt, I remember Ron stating: **"When in doubt, communicate".** Following this instruction has helped me out of innumerable tricky situations in the last 40 years. Yes, for 40 years now LRH

has been by my side with his teaching and advice. Whenever I listen to him and follow what he told me, I do well.

There are many more tools LRH has left us to use in our lives, like the ARC Triangle and the Overt/Motivator Sequence.

To end off, here are **some of Ron's definitions** I particularly like; wherever possible I have given the source: 'Havingness is a quality of reach' which I find very useful. And this one I like because it is so neat: 'Money is a consideration, backed by confidence.' But there are more: 'Affinity is the relative distance and similarity of the two ends of a communication line' (Dn.55: p.31) and 'Charge is an impulse to withdraw from that which can't be withdrawn from, or to approach that which can't be approached' (The Time Track and Engram Running by Chains):

Handling the Time Track: Charge and the Time Track. HCOB - 8.6.63) and 'Communication is the interchange of ideas or particles between two points' (Dn.55: p.31) and 'An Engram contains pain and unconsciousness, and also moments when it was necessary to have moved and, most degrading, to have held a position in space' (HCOB - 8.6.63: The Time Track and Engram Running') and 'Emotion is the relay between thought and action' (Handbook for Preclears: the 8th Act) and 'Freedom is lots of space and the ability to use it' ('Boots in the Sky') and 'A person's cause is motivated by future' (PDC 40, 1952) and 'Protest is responsible for making mental image pictures' (HCOB 1.7.63 Routine R3 — Bull.4: Preliminary Step) and 'Prime Cause has nothing which could enslave it, except itself' ('Boots in the Sky': PDC 35 - 11.12.52) and 'Resistance is the one step necessary to entrapment' and 'Reality is the degree of agreement reached by two ends of a comm. line' (Dn.55: p.31) and 'Any postulate sufficiently agreed upon is truth' and 'Thinking is the conversion of a postulate into a reason' ('Exteriorization and the Phenomena of Space' lecture series).

The above are just some examples which came to mind while writing this, and I hope there is someone out there who can continue this little list of tools, sayings and definitions LRH has left us to use, enjoy and profit from in our daily lives. \square

Anne Walker

An obituary by Terry Scott, England

Some details have not been checked at the time of writing, as news has been received just as IVy goes to press.

ANNE WALKER passed away from a heart attack in November 2005. Evidently, she was in hospital in Brisbane, Australia, when it occurred.

Anne was the second Scientologist I met when, in 1956 at age 17, I answered an advertisement for *Scientology: the Science of Life* and visited HASI's London headquarters at Brunswick House, Notting Hill Gate. After meeting the receptionist, I was shown in to the Registrar's office — and there was Mrs Walker.

We chatted for fifteen or twenty minutes, and she gave me a copy of *Dianetics: the Evolution of a Science* as well as a couple of HPA Course booklets. This was a long way from hard sell. Next day, I returned and got my first taste of (free!) group processing. All thanks to Anne. So I have my special reason for remembering her.

She had been married and had a child (or two) as Mrs Walker but then had either been divorced or her husband had died. For whatever reason, by 1956 she was the wife of Dennis H. Stephens (who, many decades later, gave us TROM — *The Resolution Of Mind*). Dennis, Anne and their family lived just south of Battersea Bridge and, as the months rolled by and I got more and more involved in Scientology, Dennis became my personal auditor. In those days, one could have auditing either at the HASI or from certified auditors in the field. Incidentally, Dennis had been Technical Secretary at the HASI and was prominent in Scientology UK in those early days.

Anne and Dennis left England in 1957 and emigrated to Australia, living for a while in Mosman Bay near Sydney. At that point, I had little contact with the family. But decades later, in the 1990s, after the birth of the Independent Movement (a.k.a. Free Zone), I got in touch with Dennis and was the first person to distribute TROM for him. Eventually, he died, and I corresponded a little with Anne and we sent each other Xmas cards. Incidentally, Anne was known both as Anne Walker and Mrs Stephens.

Last week, it was a bit of a surprise to receive out of the blue a letter postmarked "Australia", from Mike and Pauline Colpitts-Walker. The envelope enclosed a card, a painting (on thin paper) and a Prayer for the Deceased.

The message on the card reads, in part:

"Ann [sic] passed away (heart attack) in P.A Hospital last Nov. 2005...[after] deteriorating health. We had a service at the Buddhist Temple in Rochedale. Mimi had a memorial service in Mosman (Sydney) on her birthday last year."

I remembered Mimi, Anne's daughter, who must have been fourteen or fifteen when I was getting auditing from Dennis.

The card continued,

"Mike is sending one of Ann's paintings."

It is very much in Chinese style and, indeed, has a Chinese symbol in the lower-right corner. The painting is of flowers and leaves. I can't read the Chinese symbol, but it's a small round seal, in red — I've come across similar seals in a book I have by Kwong Kuen Shan called *The Philosopher Cat* (recommended reading! ISBN 0-434-01310-2).

Finally, "A Prayer for the Deceased". In the hope that Ant has enough room for it, I'll copy it in full.

Anne will be missed. I wish her well.

A Prayer for the Deceased

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Oh great and compassionate Buddha, Today Mrs. Anne Stephens' life and physical body have ended their ties and she has let go of all causes and conditions that had once joined it together.





Oh Buddha,

May she be free of suffering and worry, And receive only happiness: May she be enlightened, behold Buddha And see and hear Buddhism as the vehicle to salvation.

Her children, relatives and good friends are standing in front of you Waiting respectfully for your divine concern, Protection and care to guide and enlighten Mrs Stephens.

Oh great, compassionate Buddha, She was compassionate and loving A kind and amiable person; Who devoted herself diligently to her Family, relatives and friends. She was a devoted parent who showed love and respect to her siblings; She managed the household, had a respectable career and followed your teachings.

At this very moment, We would urge Mrs. Stephens To put down all worldly desires And always follow Amitabha Buddha In order to ascend To the Pure Land.

Contemplate Buddha, Dharma And the Sangha; Cultivate the precepts, meditation And wisdom.

We are praying that you may, under Buddha's guidance: reside in the Pure Land of every Buddha; Attain all happiness, awaken to patience Rest in the belief of rebirth: And never withdraw From whatever position is attained.

In the Pure Land. May she rest in peace; We are all here to transform our sadness Into the soft chanting of Buddha's name, And to transform our boundless memories of her into blessings and thoughts of gratitude.

Oh great and compassionate Buddha

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Editors Wanted

by the Editor

ON PAGE TWO of IVy are listed some of the many helpers to IVy, helping get this magazine to your door. The first item, Editorial Board has remained at a figure of one for many years. A board of one was originally considered as a bit of a joke — insouciance. But jokes do sometimes wear thin.

Recently you will see the number of editors has increased, and the addition of new faces has proven successful. So successful that we would like to increase the number.

Would you be interested in taking on what, for the individual editor, is a simple and small task?

The wages are as low as we can make them (without demanding money for the privilege!)

The **qualifications** are low, being:

-a reasonable standard in the English language, -an interest in communicating with and encouraging and helping authors.

The **rewards** include;

-deeper contact with authors and their ideas than the average reader gets,

-the challenge of helping an author, who (understandably) might be somewhat introverted into his area of interest and research, get his message over to the broad (ex-)Scientology public.

-the work itself is training and experience in this special form of communication — creating a magazine,

-(for some, not all) a reach into corners of the "Free Field" which *IVy* up to now has missed.

The work itself will give training and experience in the rather special form of communication: one to many via a magazine. And who knows, from the new editors being recruited here, we may find the younger generation who will carry forward the Freedom Banner IVy has held for over 15 years.

The Lost Art of Unmetered Auditing Part 2

by Clearbird

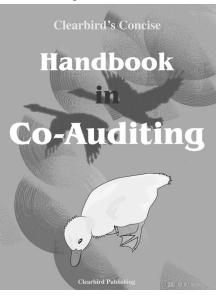
The following is the second part of the chapter on how to run auditing unmetered. It's an excerpt from Clearbird's "Concise Handbook in Co-Auditing". The first section of the book covers standard tech of Grades 1-4 auditing.

"There are many ways of doing a survey to determine what the pc's attention is fixed upon now. The E-meter and interrogation of the pc are the main methods....If you find the exact item or person on which attention is fixed, you achieve immediate case gain, which is to say reality, which is to say interest, in-sessionness, success." Ron Hubbard (HCOB 28 Feb. 1959).

ANOTHER CONCERN, in our experience, is avoiding running uncharged terminals. Running uncharged terminals is unproductive and tedious; done repeatedly it is harmful to a PCs case. By checking PC interest before running any terminal or item (first time or in a later process) this can be avoided. The PC is given

"Veto Power" over what items to run. This may lead to the situation where items and terminals are run in a different order than with metered auditing but over the course of a Grade or Grades everything charged will be taken up and audited. This is what experience has taught us.

Before you do anything with an item you ask the PC, "Are you interested in running 'father' or 'a terrible fear', etc?" and only if the PC is interested will you run the item. By applying this system when choosing items to run in



unmetered Grades processes, the risk of running uncharged items is minimized to a point where it is comparable to mis-assessment due to poor metering.

By having the PC more involved in describing his relationship to items (as part of the assessment) you will overcome a problem often seen in metered assessments: the PC gets bored with the formal and tedious procedure to a point where nothing reads because PC is not listening anymore, PC is not in-session. This can especially be a problem for new auditors; they may do just as well with unmetered assessments, once they are trained in observing PC indicators of charge. The system used is an unmetered form of Slow Assessment, meaning letting the PC Itsa while assessing (HCOB 1 Oct 63). But there is one type of case or pattern you have to beware of.

Drama queen

This is what could be called a "significance case" or "drama queen manifestation". The PC had some minor bad experience and will go on and on about how badly it affected his or her life. What generates charge is primarily experiences. It is something the PC did or something that happened to the PC. Experiences have Time, Place, Form and Event. Ultimately it's painful and life-threatening experiences, called Engrams; or serious losses. which called Secondaries charge. Reminders cause thereof, called Locks, are also valid auditing material. These types of experiences,

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whether done to others or happening to self, is what you primarily want to audit. You have to look in the direction of reality and experienced incidents, not in the direction of PCs interpretations of them, which are only significances and opinions. Also, if it happened in an area the PC is (or was) deeply engaged in (such as career, love-life, family, friendships or reputation) it is guaranteed to generate "charge and interest".

The difference

What sets auditing sharply apart from traditional psycho-analysis is this very point. You look for masses in the Bank and events on the Time-track, not significances, opinions or "explanations". In determining if something is charged, look for realities and experiences rather than significances and opinions, usually formed later than the incident. In traditional psycho-analysis the client could talk about her reactions for years without getting any better. The above data are used in the next chapter to determine what to take up, or what to take up first, when in doubt.

There is one other word of warning. With a meter you can usually go deeper than with unmetered auditing. In other words, you can find items that maybe wouldn't come up in unmetered auditing. A reason, not mentioned, that unmetered auditing fell out of use in Standard Dianetics was the high expectations and promises accompanying the action. Auditors had to push on and on to try to fulfill them all. The end phenomena, or state attained, was "a healthy happy human being" with no mis-emotions, inexplicable pains, illness, etc. This auditing was seen as the cure-all remedy for anything negative in life. In unmetered auditing, we find, it's better not to push one single technique forever. Take whatever you can find and run it and move on to the next technique. With over 800 processes there is no reason to get stuck in, for instance, Engram running. Also, pushing on forever with auditing actions tends "to replace life with auditing". The PC will eventually become too dependent on being audited on the smallest incidents and problems in life and less capable of living it.

Visual evidence of aberration

Here is another check that can be done to find any missed charged areas and terminals. This is not necessarily done during session as isolating some of them require case-study and they only are revealed over time. Working with the list below, however, the auditor will learn to directly observe many of them. Usually, when such an area or areas are revealed through case study, interviews, etc. the C/S will have to find assessment questions and processes to address it with and make up an auditing program to handle it. The list is from HCOB 30 June, 1967 called "Evidences of an Aberrated Area." Only (22) and (23) are meter related:

1. Bad memory in that area.

2. Comes up with wrong answers for that area which give PTPs on that subject (since one's answers are wrong).

3. ARC Breaks on that subject (as the trauma gives the opportunity for BPC).

4. Is emotional on the subject (continuous BPC).

5. Can't confront its subject matter (as represents painful experience).

6. Is ill in the body part or part of existence which was injured.

7. His MEST (belongings) in that area are 'sick' (enmested), as degraded by trauma.

8. Is inattentive on that subject.

9. Has perception lapses on things similar to the objects in the traumatic area.

10. Detests or ignores or can't have the objects similar to those in the traumatic experience.

11. Acts irrationally on the subject that is uncleared.

12. Is regarded as odd on that subject (not normal behavior).

13. Resents any criticism of self regarding the subject or area.

14. Ridicules the subject or object.

15. Cannot understand similar objects or experiences.

16. Commits overts on the subject or object.

17. Justifies any overt committed.

18. Thinks critical thoughts of the subject or object.

19. Dwells on the subject or object continuously.

20. Desires to get subject or object out of mind.

21. Wants processing for the subject, area or object.

22. Reacts on the needle when any near subject word is mentioned.

23. Reacts on the Tone Arm when any close version of the word is mentioned.

24. Becomes ill when invalidating the subject or object.

25. Has withholds concerning subject or object.

26. Doesn't want to discuss subject or object.

27. Alters data about the subject or object.

28. Tells lies concerning the subject or object.

29. Subjects PC got low [school] grades on — can't understand.

30. Attempts to stop things in that area and uses innumerable methods, covert and overt to do so.

Metered or Not?

The two critical points of auditing, where the meter seems indispensable in Standard Technology, are

(1) finding something that has charge and interest, and

(2) knowing when the charge is handled.

(2) is what we call End Phenomena. Indicators, besides the F/N, are so visible and obvious that no auditor worthy of his name would miss them. (1) Finding items and terminals to run is the only critical point as far as Expanded Grades are concerned. This is how you individualize processes to be meaningful to the PC in front of you. The meter is a convenient way to find such terminals. Over the years interrogation, flash answers, interviews, observing indicators and reactions, communication lag¹, checking PC interest, checking the pulse, and even observing eye-movements and pupil dilation have all been in use at one point or another. The meter eventually won out, as a read is an objective thing. It became the "scientific evidence" needed to convince people. Thus it could be called "Standard Technology".

Note: Checking commands was one of the last things to require metering. This didn't happen until the early 1970s, over 20 years after the meter was first introduced and about 10 years after 99% of the repetitive processes used in Expanded Grades were first developed and used. With the widespread development and use of correction lists, starting with L-1-C, asking the PC went out of style. Most auditors would "ask the meter", often to the dismay of PCs as auditing could develop into "a laboratory test" rather than live communication. "I could have told the auditor hours ago what was bothering me. But he finally 'found it', asking the meter", are comments you can hear often enough.

When we talk grades processes, we want to audit things that are real and bothering the PC or holding him back. Here, observable signs that tell the auditor if something is charged enough to bother about are very reliable. In different types of advanced auditing the meter is essential. But that is because all the easily accessible charge, the charge we are interested in, has already been removed and auditors now have to "mine underground" to find things to audit. With the technical advances now available, due to discoveries made part of Standard Technology, we have a "new" way to handle cases that is very powerful. It's the original way with some refinements, such as running four flows, the overrun and end phenomena, the use of many processes rather than one magic command. It's the checking of processes and items for charge and interest before running.

Impersonal clinical experience

Once an auditor is capable of doing unmetered auditing, she will become a much better auditor at any point of her career. She will always know these two basic facts about auditing:

(1) Its effectiveness depends upon live communication and

(2) its directness depends on the auditor auditing the PC in front of her.

¹ See note on communication lag later in this text.

The auditor has, to quote the purpose of TR-0, "to be able to confront the PC with auditing only or with nothing." This sometimes gets lost in metered auditing. The auditor, the Case Supervisor, and the PC alike can become way too dependant on "what the meter says and does", to a point where auditing becomes an impersonal clinical experience and auditors appear as stiff, insensitive, and somewhat robotic meter operators.

The C/S can sink into a routine where he only wants to know if a session ended on F/N VGIs and doesn't even read the worksheets. The progress of the PC becomes the supervision of an assembly line of processes and meter reactions. Although this is not built into Standard Technology when fully applied, the risk is, that auditing and C/Sing delivered this way still can be seen as "Standard". This almost industrial approach is less likely to happen in unmetered auditing, where PCs reactions, statements and interest has prominence over meter reactions in metered auditing. In the book *Dianetics 55!* (1955) Ron Hubbard explains very well that using a meter is a trade off¹.

From the beginning of Chapter X "Communication Lag": "Yesterday we used an instrument called an E-meter to register whether or not the process was still getting results so that the auditor would know how long to continue it. While the E-meter is an interesting investigation instrument and has played its part in research, it is not today used by the auditor except perhaps in testing the basal metabolism of the preclear. The E-meter is no longer used to determine 'what is wrong' with the preclear. As we long ago suspected, the intervention of a mechanical gadget between the auditor and the preclear had a tendency to de-personalize the session and also gave the auditor a dependence upon the physical universe and its meters which did not have to be there. I knew when we first began to use E-meters that sooner or later something would have to be evolved, or that something would turn up which would dispense with them. I worked along that line rather consistently and about half a year before this writing developed 'communication lag' as the only diagnostic instrument needed by the auditor."

Note: Communication Lag (Comm lag) is the time that passes between a question and an actual answer. It can be hesitation or reflection, but it can also be not answering the question by talking about something that isn't an answer. In auditing comm lag is an indicator that a process isn't flat. A long comm lag means there is aberration in the area and the process should be continued. In Auditor's Code 1954 it says, "#12. Always reduce every communication lag encountered by continued use of the same question or process," and "#13. Always continue a process as long as it produces change, and no longer." This was part of Auditor's Code until 1968, the period when 99% of the processes comprising Expanded Grades were developed. In 1968, with the introduction of Standard Technology, the two points were replaced with "#12. I promise to run every major case action to a floating needle," and "#13. I promise never to run any one action beyond its floating needle."

Conclusion

We are not on a mission to advocate unmetered auditing only. We recognize that some cases may be "too hard to read" for beginning auditors. Such cases should be shifted to professional auditing, metered or not, according to the whole picture. The materials are primarily tested and intended for co-auditing where we have two students trained in the technology. They are knowledgeable about what they are looking for and motivated to find it. This guarantees a high rate of success.

We see our mission in this Book Two to restore the original art and skill of being able to audit without a meter. This is how auditing was done for years with the processes that became Expanded Grades. The method still works. It may fall short of what is called Standard Technology today where the emphasis is on using prepared lists assessment at the smallest sign of trouble. Some PCs need the extra help and

 $[\]label{eq:constraint} \begin{array}{l} \mbox{trade-off 1: a balancing of factors all of which are not attainable at the same time H. S. White> 2: a giving up of one thing in return for another : exchange$ *Merriam Webster's Collegiate Dictionary* $\end{array} }$

Jan 2007

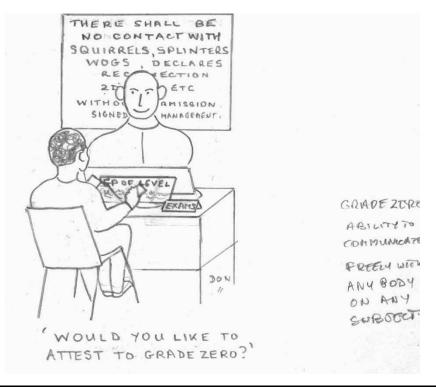
"objective testing" the meter provides. Yet, some PCs are not willing to commit themselves to metered auditing for various reasons. This can be because of bad metered auditing in the past, where some read on a list condemned them to a long ordeal of trouble. It can remind some PCs about hostile interrogation, since the meter, to them, is similar to a lie detector. Their auditing may have been plagued with false Tone Arm reading, poor metabolism, false or misinterpreted reads, etc. Also, meters can be unavailable or too expensive in some parts of the world. Since a professional meter can cost as much as \$4,000 this is a real concern in some countries. On balance, unmetered auditing opens up new avenues. You can reach some PCs that couldn't be reached before. You can train qualified people that find meters unaffordable. In short, you can train auditors faster and with less expense to deliver genuine results.

If for no other reason, being able to master unmetered auditing will make auditors better observers, make them more aware of the PC in front of them, and how to maintain a good communication cycle. It will make auditors more useful in settings where no meter could suddenly be introduced. It will make a more accomplished auditor and person in the variety of situations you meet in life, where the knowledge taught here is invaluable. We also believe, that auditors trained in this Lost Art of Unmetered Auditing, will never forget how and why auditing works as expressed in Axiom 51:

"Postulates and live communication not being MEST and being senior to MEST can accomplish change in MEST without bringing about a persistence of MEST. Thus, auditing can occur.

The book "Concise Handbook in Co-Auditing" is available as web-book and as printed book from http://www.Lulu.com/clearbird It contains all the needed technology for running expanded grades metered or unmetered. There are over 800 processes included for use! 311 pages. From \$25.

One more of Don Gordon's 1980s pictures. hung up at "squirrel" meetings:



IVv

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The UK Channel 4 Documentary on the Freezone

by Terril Park, Great Britain

ON SEPT 4TH THIS year the UK's Channel 4 TV station broadcast "The Beginners Guide to L Ron Hubbard". This was part of a series of 3 programmes in which someone seeks to find out about a religion by learning about it and living with some of its members. The protagonist for the Scientology programme was Hardeep Singh Kholi, Glaswegian born and a Sikh. Hardeep is a comedian and TV presenter.

Rejected by "the Church"

The producers initially wanted to make this programme with the CoS. They first approached people at St. Hill, and initially got a favorable response from some who were apparently keen on doing this programme. However decisions were made by people in LA. After 5 months of waiting for clarification the producers were sent a letter saying that the choice of a comedian who was against organized religion was offensive.

The producers still needed to make this programme, as they had contracted to make 3 programs on Hinduism and Islam as well as Scientology. Their schedule was severely disrupted and so they initially contacted the International Freezone Association president who explained the IFA was not a training organization and referred them to Rons Orgs introducing them to Max and Erica Hauri the two senior C/S's and organizers of Rons Org. They also wrote to some of the auditors listed on the International Freezone Association website whilst they were in LA. They were referred to Roland "Freezoner", seen interviewed at the beginning of the program in LA. Roland was taken to lunch for a few hours by producer Simon Egan. Roland reported that he thought that Simon was quite genuine in wishing to make a sincere exploration of Scientology. After a number of e-mails, and phone conversations and a meeting, Simon and Max made arrangements to have the production shot in 4 different countries with Ron's Org members.

Description of programme

The Programme opens with shots of St. Hill, and a security guard denying the film company access. They even tried to take the camera film! A mentor is found for Hardeep, Dominic O'Brian a UK member of Ron's Orgs, and initial meetings between Hardeep and Dominic are filmed.

Then Hardeep and Dominic travel to Max and Erica's centre, Rons Org (RO) Bern in Switzerland. Hardeep is filmed talking with Max and Erica and with students in the course room. A very interesting touch was Hardeep asking several students if they believed in God and he was rather impressed at the variety of answers he got. This showed that Scientology does not impose a belief system regarding a supreme being as the majority of religions do.

Germany

Next someone was interviewed in Munich, Germany, and she described how any applicant to a government job had to fill in a questionnaire asking if they followed the teachings of LRH. This in fact applied to Freezoners as well as CoS members. If one has such connections government jobs are denied one. She looked forward to a time when this was no longer the case.

Then comes the heart of the program, getting Hardeep ready and qualified to receive auditing. Hardeep was shown going through a very common sequence that many of us travelled, albeit in a very accelerated time frame.

Moscow

On the train journey from Munich to Moscow Hardeep reads *Fundamentals of Thought*. He is

assisted in this by Dominic who helps by clearing up anything that Hardeep has problems with. Hardeep initially found the book rather strange, but later commented that it in fact communicated ideas with great simplicity.

The former Russian States have around 60 freezone orgs now, which are functioning very well and getting good products, and in fact expanding extremely well.

In Moscow Hardeep starts on the Hubbard QHualified Scientologist (HQS) course — the old and tested one that many of the readers here will have done, with Dominic as his Course Supervisor. He works through his checksheet and does well on the theory, even though he finds it a bit unsettling to be in a strictly controlled 'classroom'.

He has problems with doing Clay Demo's and he does one of Dogs copulating. As someone with a law degree, and with good social skills and a flair for his job as comedian he is somewhat taken aback by going back to what initially seems like kindergarten. However he perseveres and makes cognitions on his studies, and in particular the old saying, "If it isn't fun it isn't Scientology". He cognites that the more fun he's having the more he's learning.

He does a TRs course very accelerated for the purposes of the programme, which after all is intended to show viewers what Scientology training was like. He gets good wins in bull-baiting Dominic, which as a TV comedian he has a natural skill at. He is also very good at TR-1 ("Dear Alice") and TR-2 (Acknow-ledgements).

Politically incorrect

Now Hardeep is quite a handful. He is very politically incorrect, as evidenced by his initial clay demo! The language from Hardeep throughout the programme is explicit at times, as are sexual references in the bull-baiting. But I'm confident the gentle reader is familiar with such and won't be distressed! One of the things I very much liked about this program was its tremendous reality. The filming of the sessions doing drills, studying, clay demos were of real live real time course room events. They were not staged, and Hardeep, though he comes across as very likable, is most definitely not the most docile of students! His skepticism and reluctance to knuckle down to it as a student in the course room came out in his nightly 'diary' to the camera whilst alone, but this also shows continual gain and a dawning there might be something to this. He even mentioned privately whilst doing the Mood Drills that as a journalist he realized he is often at 1.1 on the tone scale!

Well "the way out is the way through" and the cognitions kept coming for Hardeep and he and Dominic gained a lot of respect and friendship for each other during the making of the programme.

At one point Hardeep is shown virtually begging Dominic to audit him, which at that stage Dominic is a little reluctant to take on, and more training continues.

Confidential material

Towards the end of his time in Moscow Hardeep tackles Max Hauri privately about confidential materials (OT3 and above). These are not discussed in the program and Hardeep in fact states that he understands that he would see such materials when he's ready for them.

That the programme does not show the confidential OT 3 story is unprecedented in recent media coverage of scientology and it just took a simple request and that was honored. This is one indication of the great empathy that was formed between Hardeep and the producers and the people in Ron's orgs. Something else not at all obvious, the programme was edited from twice the usual footage that would be the norm. It seems that this was in some respects a labor of love by the production team. One of the parts left on the cutting room floor was of the Russian translator and assistant to the production team, Galina. In Moscow, with nothing much to do, she started studying Ruth Minchell's How to Choose Your People. She found it fascinating, and wished to have auditing. This was filmed, as were her statements that had she found Scientology earlier in life she would have now have been working in a Freezone Org.

Auditing

Finally Hardeep, back in the UK gets auditing by Dominic. What you see was filmed with cameramen absent, and with editing input from both Hardeep and Dominic. The tears from Hardeep were quite genuine, and he seems to have a win, and said he felt light headed. Dominic is a superb auditor, and in our UK group is as solid as a rock as a Qual terminal. The closing moments, show Hardeep wondering if he will do more Scientology.

So we have this programme which is the first to show the Tech in a positive light. It shows the Freezone taking a reject from the CoS, who is clearly skeptical, makes fun of anything as a profession, and who is worried about being brainwashed. He comes across as a really nice guy, and funny and irreverent, and what works is ARC, from all concerned. It's clear that these are all real people intensely involved in what they're doing.

More from the cutting room floor, and just hinted at in the program, is that Hardeep was seriously worried that if they were to publicly state that he found that Scientology worked, his peers would laugh at him and his career would be threatened. So his final words are somewhat equivocal. However along the way he said that the tone scale drills would change how he raised his children! He and the producer Simon, both indicated to Dominic a wish for further auditing. I don't know how that will pan out. I do know they're all meeting for dinner later this month.

CoS reaction

And how has the CoS reacted to all this? News that filming was happening in the FZ, and that it was going well was spread by word of mouth throughout the former Russian states, and of course reached the ears of CoS.

Channel 4 has had about 7 legal threats to stop the program, connected with copyright problems etc. This is rather perverse in that great lengths were taken to ensure that no one from CoS got a chance to see the programme before it was aired, otherwise no doubt spurious legal actions and injunctions would have been used to stop the programme. Dominic has been visited numerous times by OSA¹. At least 4 of these were OSA members from LA coming all the way to the UK. He has been threatened with legal action by OSA. They said if you co-operate with us to stop the program the legal attacks will not be so bad. If you don't they will be very bad. Dominic has had maybe 5 visits a day for a month or so from OSA. Often he was not there or just didn't answer the door.

Myself and Henrik Salbol, both UK members of Ron's Orgs, have both been visited by OSA trying to get information they could use to stop this program. All we have done is give some advance reports of how Dominic and the members of Bern RO, were delighted with parts they had seen. Simon Egan, when visiting the CoS in LA had his car broken into when it was parked in the complex. The parking lot has 24 hour camera and security protection but they were not able to explain the break in. The Moscow training camp where the course room scenes were shot had a "plant" sent, who one imagines was going to try and disrupt filming. The FSB (former KGB) arrived with information from his home town that drug dealing was going on! His course fees were paid by someone connected to CoS, he later confessed. He was also remorseful that he had betraved his fellow freezoners. This explains why the write up of this on the anti freezone website "Freezone Survivors" can only come up with the statements that this person's human rights were violated because he didn't get receipts for books that he bought!

After the filming was finished, and before it was even announced as a forthcoming programme, or edited, Simon had numerous phone calls from the US from people telling him what horrible experiences they had in Ron's Orgs! These have not even been taken seriously enough to even be put on the above website! I am on virtually all freezone forums and have been for many years, and I get contacted by 30-40 people a month, most very discontented with service in

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¹ OSA stands for "Office of Special Affairs". They do the same job that the GO "Guardians Office" used to do. This includes attacking real or perceived enemies of the CoS [Church of Scientology], by intensive intelligence gathering, harassment, telling employers you are criminal and other black PR and dirty tricks. *Author's footnote*.

the CoS, but I have not received even one complaint about services from Ron's Orgs.

Revitalising force

This programme had an effect that I never expected, even after seeing it. It has been a powerful force of revitalization. One friend, an old time Briefing Course grad and course sup, was moved to tears of nostalgia by the course room scenes. Members of Rons Org in the UK have had 17 contacts that we know of directly because of this programme in the last few weeks. One someone mid-class 8 when declared, another class 4. People long out of touch with the tech have suddenly been contacting some of our auditors. The programme has only been shown in the UK. We look forward to it being taken up by TV networks globally.

This program lets the world know that Scientology is available outside the CoS. Both to those new to the subject and those still inside CoS. It is the first mainstream media publication that there is a freezone.

Some are making subtitles in other languages for this programme. These will be given to Channel 4 if they want them. Channel 4 told me they had no problems if we sent copies to friends overseas. Those who wish to see the programme may contact Michael Moore, president of the International Freezone Association, and on a donation of \$5 to IFA he'll make a copy and mail it anywhere.

Michael Moore is at goldtoday@fastmail.fm

Some Freezone websites. http://www.ronsorg.com/ http://www.freewebs.com/techoutsidethecofs http://internationalfreezone.net The website for our internet Org http://www.freewebs.com/techoutsidethecofs/

LRH as Data Source and Publisher – 2¹

by Otto Roos, Holland

IN THE FZ (Free Zone) there is also talk about LRH's "telepathically" having given tech data. This allegedly already happened during the days when publishing was still red/green on white, or as LRH written C/Ses for the IX to XII auditors.

In the early days of my origination of a Class VIII Course Mock Up, the introduction of telepathy was (as a mode of comm) specifically refused, by Ron (LRH) on the checksheet I had suggested.

It did come later in OT III and NOTS developments but only to handle identities connected to these levels, not in auditing sessions from Auditor to pc or Pre-OT employing the 2-way comm cycle, and certainly *not in communication of tech data and/or case technical instructions.*

Using telepathy in Solo is a different matter.

"Sent telepathically"

The telepathic "data sent by LRH", as apparently published and used by an FZ Group, also reached Steve Bisbey. As he was not a Class XII, he sent this info to me for technical verification.

Steve, a very competent NOTS Auditor, saw that what he received was compiled by a person unflat on earlier levels and OT III as shown by his additives and obsessions about this level.

It was clear to me that this was a terminal pursuing self-mocked-up fantasies, a consequence of BPC after earlier *out* auditing and solo squirrel, seeking to handle the dramatising (also in his daily life!) of his own compulsive continuing Marcab² obsession.

The original source of this "data" and his case state were also known to me even before being

¹ First part in IVy 76, Pages 15/16

² Marcabs, a specific group of whole-track entities.

Flag C/S; already in earlier days his handling of the Clearing Course materials had been a matter of 2-way comm between LRH (C/S) and myself (Senior Tech Hat SHUK, and later AO Flag), expressing puzzlement as to "what is this guy doing?"

He was not even a very experienced Class 6 or later Class 8 auditor, regardless of being a competent Org Executive, in which function he was appreciated by LRH. He definitely was not highly regarded as a Tech terminal.

Mocking up a course

Mocking up a course "to train the perfect auditor", which became the original Class 8 Course was first originated by myself while LRH was away from the Flag ship on Mission into Time, investigating whole track recall.

I had called the new course Hubbard OT Auditing Course and compiled its first checksheet. It was, however, given the name Class 8 Course on Ron's return to Flag. The proposed checksheet was rewritten and a section suggesting telepathy omitted.

The reasons for this were very specific. Any further Advanced Data, all the way to XII and Upper OT Levels, all of it, was given *in writing or personal lecture, and often both*.

Verbal?

Verbal tech comm was and remained strictly forbidden, let alone "telepathic tech"! Any off line Tech comm to relatively untrained terminals (like the Exec above!!) was a strict No No. Very old policy also states that "if it is not written it is not true".

Years were spent, analysing, publishing and communicating in writing, on tapes, (none "telepathically") the most recent super L and later OT and other advanced technology.

The training by Source personally of the superlative (and only!) auditors capable of handling this material (to which the previously mentioned Exec certainly did not belong!!) also took years!

Only a few of these (L) auditors were ever trained by LRH personally in the last few years of the Tech Source's life. The Exec above was not one of them, nor did his new "telepathically received tech" stem from the same source.

There is much published data, but with very limited distribution, about the L's and other advanced tech. Some of it deals with the basis of insanity and bypasses the reactive mind, etc. None of this was given to the superbly LRH trained auditors mentioned above in telepathic form (let alone to "Execs"!).

These same auditors were the only ones allowed and capable to receive and use it (after LRH supervised training) which, I repeat, they were the only ones to receive.

It is hoped that this article clarifies some possibly unclear items.

Ten Years of Internet Lists

LONG, LONG AGO, in late 1995 Homer Smith, who was even then a computer wizard as well as a keen "free Scientologist", offered us, for free, an Internet list. We called it "ivy-subscribers" and in January 1996 the first messages were written by and sent out to, people subscribing to *International Viewpoints*. In 1995 Homer had set up his own list, called Clear-L — it is likely that we are the second oldest list in the "Free" (of "Church" domination) Internet list.

In terms of Internet, that was long, long ago. The list has thrived since then. Being created by subscribers to *IVy*, who are varied, it covered many different views and viewpoints, and there have been sounds of joy when, in a discussion, some one has discovered some freedom creating concept, often a misunderstanding cleared up.

We have at the time of writing a young hotheaded list administrator, who threatens to celebrate ten years by re-organising the set up — by the time you read this, his youthful eagerness may have failed and ivy-subscribers be back to its old self. \square

Write to ivy@post8.tele.dk for details of *IVy* Internet lists.

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Reach or Withdraw

by Jim Burtles, Great Britain

I might have got it wrong, because I often do But there is something I would like to say to you. We all have a choice to reach out towards the others Or we can remain hiding behind our mothers.

Of course that is just what's called a figure of speech About mother figures but we should really reach Out towards the strangers who we so often meet They are the ones we are so hesitant to greet.

So many folks tend to withdraw into their shell Instead of calling out 'Hello there, are you well?' We should always try to make people feel at home After all it is our planet on which they roam.

Communication is something we could all do Especially the likes of both me and you. We've been shown how it helps and we know how it's done If you reach out to them it's good for everyone.

Let's master, if we can, the opening remark A soft smile and a quiet word, not an angry bark. It helps to let someone talk about their life, Their hopes and dreams, perhaps their husband or their wife.

If we don't start then it's certain they never will It is time not other people we should want to kill. If we don't then that is the way it'll go one day Just because you didn't have something nice to say.







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