International Viewpoints [Lyngby]
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“Auditing in Cyberspace” by Muriel Chen
and “You Too?” by Antony A Phillips are
expected to form part of the supplement
(which is not fully formed at the time this
issue goes to press), which will be found at
the Internet address:
http://home8.inet.tele.dk/ivy/supplement54

This is the last issue for 2001 — remember to
renew for 2002 if you have not already done so.

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IVy
A Caution Hairy Tail
by S. Quirrel Johnston of "Woodlands"

THE OTHER DAY I bumped into one of those quaint Old Church persons who I hadn't seen for some while. In fact we had not met since "They" had "Declared" that I had "Ideas Of My Own". Worse still I had asked for "Value for Money" and "Freedom of Speech". This, of course, had led to my downfall and here I am scurrying about on the ground without a care in the world. However, I would like to get on and clamber up to the Upper Levels where the best acorns are.

My friend asked how I was doing and I explained to him that since joining the Interdependent Druids I had completed my NUTs course and was doing my "Oak Tree" course. I was also proud to tell him that I now have my own He-Meter so I can spot when I am really me rather than him or them. Hopefully I will soon be on my OT 8 (or Oak Tree with 8 safe spaces). Naturally I could not discuss this with him as the Oak Tree materials are sacred and I don't want to get into trouble with my Ethnics Officer.

My first course with the Interdependent Druids was their famous CON course in which I learned to "con" peanuts and other goodies from the public by means of good "con" and lots of "acts". Apparently one can control a Con Versation by Acting at the right moments. Of course the public like to think that once a squirrel always a squirrel and expect us to behave like little furry friends.

He said that he himself was doing the Sane Hill Beefing Course where he hopes to learn how to be a better farmer by "audiating" or listening to his Pregnant Cows — or PCs as he likes to call them. He also spoke about being tied up with something he called KNOTs. Obviously doesn't know his Knots from his Nuts!
HAVING DEVELOPED SEVERAL models of the Creative process and looked at some of the ways in which the process gets started, changed or stopped, it seemed time to consider Control. Because Control is known to have these three components I set about looking at the factors that stop us from being creative. It occurred to me that we could see these "Stopping Factors" as barriers separating our Creativity from the potential or actual "New Ideas" that are there to be discovered or developed. On the other hand, I assumed that Start would occur almost automatically if we could eliminate the Stops and that Change would be inherent in the actual Creative process.

The Barriers

These barriers are the Stops that prevent us from Starting. I have no doubt that once we have been able to start a creative process the Changes will happen. After all the creative process is pure change. The main question is "How does that change occur?" In order to answer that key question I set out to make a list of all the ways in which we might approach the core process of Creativity. Originally I thought that some answers would present themselves as I sifted through this list.

The reality though was that the list soon became quite complex and the answers (if they existed) were buried deep within the mass of data. So I set about expanding the list by adding more detail in the hope that a sharper focus on the detail would reveal something that might form the core of an answer. I felt that as I could not see the wood for the trees, perhaps I should find a few acorns and watch them grow. This bottom-up approach might work better than the original top-down style that had so far failed to shed enough light to be able to see a new truth.

Then I remembered what the Old Man once said; "The only way out is through". This prompted me to carry on and work through all of the methods and styles, making sure I understood each of them before moving on. Instinctively I felt that if I really understood all the ways of being creative then I would know how to be creative. And that was my original objective.

Methods or Styles

In a sense a reference list of the various Creative methods and styles might serve as a shopping list from which one might pick and choose a suitable approach. In practice, of course, I suspect that we normally plunge straight into the process without any thoughts about the suitability or workability of our approach. Whereas

In this simple diagram I have shown the Creation Game as a series of barriers between the goal of Creativity and the freedom of New Ideas. The purpose of the game is for us to overcome the barriers in order to operate in the Free Zone of New Ideas. There are probably many barriers that we unknowingly bring with us into the arena. Indeed I would suggest that each one of us has a unique set of barriers that we carry as a permanent shield against inventiveness.

We could get into an interesting debate about how and why we have developed this reticence to lead the way into unknown territory full of fresh ideas and new approaches. However, my current goal is to explore how we overcome our limitations rather than how or why we acquired them.
a few moments spent outlining the project and selecting the best methodology may well pay dividends in the long run. Perhaps necessity drives us past the ideal starting point and sends us plunging towards an urgent outcome. On the other hand inspiration and excitement may also engender a similar sense of urgency and impatience. "Look before you leap" may be sound advice but it is often forgotten in the heat of the moment. "Throw caution to the wind" is frequently closer to the spirit of our Creative endeavours.

I offer you below a list of Creative styles that I have recognised. They are laid out in broad groups or themes, each with a number of variants. The accompanying descriptions serve two purposes. They help me to remember what I meant at the time and they may help you to pick up my thoughts and pictures.

An Overview of the many types of Creativity.

a) Replay
A process where the individual creator seems to act out the routine according to some inner programming that appears to come from a previous experience or existence. This may well look like automaticity. It often occurs in conjunction with personal limitations such as autism. Perhaps the introspection that comes from a disability opens the way to an inner mechanism that we extroverts are unaware of.

a1) Remember
This is where the talent is a more conscious recovery of previous knowledge, skill or experience. Sometimes the performer knows precisely where the memories come from and may even have total recall of the earlier existence.

b) Borrow and Adapt
Best described as the "handy man effect" - where the enterprising individual figures out a new solution from the resources and facilities that are available. From this "pure invention" a new approach or solution may well arise after the event. Perhaps this is the source of the phrase "Necessity is the Mother of Invention".

b1) Imitate and Improvise
Similarly one may set out to copy the work of another person or occasion and in the process come across a fresh variant. This variant may be necessary to bypass a problem or it may be pure inspiration arising from the context.

c) Mistake and Justify
When someone makes a mistake but nevertheless finds a useful purpose within the outcome, they may justify the final product as a creation rather than an aberration.

c1) Inspection after the Fact
Similarly one may look at something that has occurred for whatever reason and discover a new value or purpose simply by "obnosis" of a product or outcome.

d) Collect, Explore, Organise
It has often been said that there is "nothing new under the sun" and this concept has led many of us to accumulate collections of souvenirs, mementoes, examples and other miscellaneous items in the hope that they may become useful some day. The search for fresh ideas, viewpoints, vistas and cultures leads us to explore our surroundings, our history and our world. Having explored and collected, it is customary to organise and catalogue our wealth of random articles to try and make sense of what we have. One outcome is likely to be a better understanding, and that may occasionally lead to a new idea. In other words, creation may be a fringe benefit of amassing a random collection of data, artefacts and images.

d1) Data
Collections of facts, figures and histories may seem like dull ornaments on which to collect our intellectual dust but they just might trigger the spark, simply by pointing us in the right direction. Suddenly we "see" what wasn't there before.

d2) Pictures
More colourful, more decorative and perhaps more powerful as stimulators because they do convey such powerful images.

d3) Ideas
A random assortment of ideas may contain the germ of another fresh idea. If they are organised in some way then I find it easier to review them and regular review does produce results. An organised assembly of ideas is the basis of my "Thought Farming" technique for developing vague notions into useful ideas. Each new "Seed

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Thought" is recorded and placed into a special file or folder I call my "Thought Farm". Every now and then these rudimentary notions are inspected and tested for growth or fertility. Eventually they take root and develop a form of their own, then I nurture them until they are ready for harvesting.

d4) Brain Storm Session or Think Tank
This is a common production technique for forcing new ideas out into the open by collecting, exploring and organizing ideas and concepts in a group session.

e) Model & Remodel
This is the traditional scientific approach to evolving a new creation based on previous work. It is a methodical process that leads us on towards a new model, a new version or a new understanding. People who engage in this type of work tend to be determined plodders rather than excitable geniuses. They earn their results.

e1) Experiment
By putting ideas and variations into a properly managed test situation we get to see which version performs best. Then we can refine our prototype and try again until we get a desirable result.

e2) Adapt
On the other hand we can just make a few modifications to what we already have and just see if it works. Hardly scientific but it can be a very useful approach. I also consider that some people are particularly gifted at adaptation. Perhaps it's because they regularly practice this art and their experience gives them a better eye for seeing the possibilities.

e3) Transfer
Breakthroughs often come as a result of someone applying a technique or solution to a problem that they have learned in another context.

e4) Basic Principles
This is returning to our original basic understanding to figure out what is possible, what is likely and what is missing before we start to construct what is needed.

f) Cognition
We must all be familiar with the wonderful experience of sudden understanding we call cognition. I suggest it comes from looking carefully in the right direction and remaining open to the thought flows that occur under such circumstances.

f1) Inspiration and Breakthrough
This is the "Eureka" effect where we have done our research but haven't fully digested all of the material. Because the answer eludes us we turn to other tasks, allowing part of the mind to carry on with its digestive processes, whilst we focus on other more urgent affairs. Once the mind is released from its must-have restraints it begins to resolve the issue by re-aligning the data and then: "Bingo".

g) Accident and Recognition
Many of the best inventions were discovered when an accident or mistake occurred and someone was clever enough to spot the potential of the new outcome. I understand that blotting paper was only discovered when someone omitted the clay, which makes ordinary paper less absorbent.

g1) So called 'Lucky Break'
The lady who gets lucky and comes up with a fresh approach or the man who appears to have a good idea at exactly the right moment are just particularly good at spotting the value of what they have seen. Being in the right place at the right time with the right idea is only a matter of luck — if that is what you want to believe and are happy to believe.

g2) Observation of Others
Distance gives us such a wonderful viewpoint. By studying the actions and creations of others we get to understand what makes them tick, or at least we think we do. In fact our observation may lead us to the wrong conclusion about the intentions or consideration of those we observe. But nevertheless the pictures we pick up may prove to be useful or even valuable if they form the basis of our progress towards a creative moment.

h) Make, or Do, and Mend
Making continued or better use of what is available is one of the basic human traits, distinguishing us from our fellow travellers on this planet. The ability to figure out how to make the best use of our resources has established us as the epitome of evolution. Perhaps it is a gift that
comes from our theta inheritance or maybe it is a physical universe, planet Earth attribute of homo sapiens. Either way (or both ways if you like) it is a useful pro-survival attribute.

h1) Spontaneous Invention — Figuring it out as you go along
There are those pioneering individuals who can tackle projects without a clear idea of how they will deal with all of the issues that might arise. They have confidence in their ability to work out the solution as the problem presents itself. This can lead them to answer the sorts of questions that others would prefer to avoid.

h2) Exploring the Possibilities
Rather than say "It can't be done", some of us are inclined to say, "Let's consider what we could try". This approach allows them to compare a number of alternatives without fear of failure and often results in a fresh solution.

i) Practice, practice and more practice. (Exercising the skill)
Much of Creativity is about performing in a new unit of time and the level of performance is improved by tuning the mental and physical muscles. We need to train the physical body to rise to the dreams of the spiritual being.

i1) Chinese School
Simple repetition of words, sounds or other actions ensures we are able to physically remember the content. Usually applied as a memory support tool it can lead to a better understanding from which creativity might spring.

i2) Adventure Camp
One way of acquiring a boost to our capability or ability in a particular area is to spend time with others under intense pressure to get our act together. The normal aim of this approach is to instil discipline or to explore the spirit of adventure. Sometimes an element of danger or other fear stimulant is used to increase the depth of the experience. Such experiential training can lead to breakthroughs although there is the danger of breakdowns.

i3) Playing for Pleasure
People with a particular talent sometimes play for the pure pleasure of enjoying their talent. In the pursuit of such pleasure they explore and stretch the extent of their ability and improve their capability in the process.

i4) Coaching for Purpose
Once a person has reached a certain level of competence they are often at a loss as to how they can improve their performance. A coach can observe and suggest ways of becoming better or more consistent. The requirement here is for an external viewpoint (providing distance or space) together with an understanding (technical knowledge) of the art or skill. The end result is the creation of a higher level of performance.

i) Hybrid Methods (a + b + c)
There may be many combinations of any, or all, of the above that an individual may employ (knowingly or unknowingly) over the years.

The selection of a suitable Creative style must boost your chances of being truly creative. Obviously the right approach is a good starting point. But I also believe in the process of reviewing the options and knowingly selecting one, because it is a way of setting the wheels in motion. It is the initial step in a gradient approach. The path to the summit may have many steps but the way to the summit is only one step at a time.

Henry Torsson, who was Swedish and ran Franchises many years ago in Sweden, lived in Tenerife, Canary Islands and visited the London Conference in April, died after a fall on 12th June 2001.
Distant Healing

by Luca Terzi, Italy

THE FOLLOWING ARTICLE was born as a thread [theme] on the IVy Internet list ivy-subscribers on "distant healing" originated by somebody asking for an article by Srdjan Miha­jlovc. It is basically my contribution to the thread. Antony asked me for permission to put it in the magazine IVy. I have no problem, as there is nothing that is "mine" in here, except that I made it mine, so here it is, after some (slight) editing (I hope Antony will ask some English speaking person to correct it; not only the words but also the overall form).

Many still speak of distant healing even after an intensive "Scientology" training. Distance is a corner-stone of Scientology itself as a practice.

Distance in communication

The reason is that the most important tool of a Scientology or "somewhat Scientology" practition­er is communication, whose mechanical definition (simplified) is: an exchange through a distance. Indeed this simplified comm cycle definition omits the one item that makes communication actually happen: duplication. When we conceive of the communication line as a mechanical tool, it keeps workable, but it will, like any mechanical tool, perform its tasks according to how finely tuned it is. Like many spiritual arts from music to Ikebana to Aikido, it starts as a technique and it ends up as a way of enlightenment, an art. Therefore came the TRs, very useful indeed, if only because they will make one, sooner or later, aware of the importance of duplication.

Here we would go into Axiom 11, and out of the mechanical tool of communication. Duplication pertains to the realm of the "magic" of life and is the element that makes the real difference between two counsellors, once they have mastered, as they should, the mechanics of the comm cycle. There is at the time of writing a thread [theme on an Internet list] going on about the duplication aspect of sessioning. It is independent from distance, as it has to do with the "static" (the spirit prior to any mechanical universe), but it is much more elusive, and it is still in development, even theorywise. It makes lightening miracles, but it cannot be taught from a book, whilst the mechanical aspect can somehow.

If the reader is familiar with Castaneda's work, I would say that the distance aspect of communication is fully in the Tonal area, while the duplication aspect of it is in the fuzzy borderline between Tonal and Nagual.... What a

1 It should be understood that I use here the words "Scientology, Scientologist" and the prefix "Sciento..." in its widely fuzzy (blurred) meaning of "having had a contact, either direct with the mainstream Scientology or indirect via someone having assimilated at least some Scientology basics, even if disagreeing on plenty of other points". Most ex Scientologists recognize at first glance a person having had even slight connections with Scientology, and therefore I find very cumbersome (and absolutely useless) the continual specious distinctions of some people not willing to be associated with it. I am aware that plenty of my list mates shrink at the very idea of being associated with Scientology, and so do I, but our history is our history and therefore there is no use denying its factuality.

2 Ikebana, the Japanese art of arranging flowers for decoration in a vase or as models for still-life painting. World Book Dictionary.

3 Aikido, a Japanese method of fighting without using weapons, using holds, throws and movements designed to make the opponent lose his balance. World Book Dictionary.

4 Carlos Castaneda, recommended reading: Tales of Power, 1974 from your local bookseller and Amazon Books on the Internet. You might also care to look at the internet site: http://transmillennium.net/pnohteftuch524.html

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spirit is able to duplicate is just a personal thing that cannot be taught. It depends on his energy and reality level, not only on his data. So the accent being just on distance, this discussion about distant healing really reduces itself to a sort of inventory on how distance (in the form of communication) manifests itself in the appearance of human life. Indeed the physical universe and spiritual universes (the interplay of Realities) intermingle here to give apparently different types of distant healing, but actually, in the eyes of a thetan or spirit they aren't that much different. Coming down to something more juicy, my experience with distant healing is of the following types:

1. with an apparent (MEST) medium (as air-sounds or wire-phone) (objective distance)(standard session, so to speak).

2. with a prana\(^1\) type of discharge, like putting a hand some distance away from an injury and letting the energy discharge while mentally acknowledging it to avoid copying (objective distance but subjective body energy). Looking at it and discharging with body's eyes is just a variant: just to test it, it is very easy to melt away a cloud this way, even a good sized one.

3. with a telepathic medium as in OT3 and NOTs (subjective distance). Here we have one of the most used Silva Method tools: i.e. before falling to sleep, while being on alpha, [the brain wavelength most common in sleep, dream or in meditative states] one expresses to himself the intention to wake up when a specific person one wants to communicate to, is most receptive in his/her sleep. And then one goes to sleep. A correctly trained Silva operator wakes up thinking of the person and so he may go to alpha and telepathically give to the before mentioned person the communication he wants to. It works better in visual or sensorial form, like a movie. It is rather effective when verbal communication with a person is difficult for whatever reason.

4. When the subjective distance lessens to near zero, one being becomes the other

and if this is done consciously, it means that one is putting oneself in the identity of another one. He becomes the other, and, as Srdjan says, he can audit himself as if being him/her. Let's call it "Srdjan's protocol" (don't get too cocky, Srdjan, plenty did it before you):

a. Identify with that person (imagine you're her; pretend you're her; take her viewpoint; etc.).

b. Do the whatever process you're most comfortable with.

c. Stop identifying with that person.

5. On this idea, what I did often was to talk on the telephone with a person whilst being myself on the E-Meter with one or two cans and auditing the reads I get by "sympathy" (actually a mixture of identify and classic auditing, see paragraph 1). But even auditing as if being someone else with NOTs or with whatever other process works smoothly, and gives wonderful results, per Srdjan's protocol. (spiritual distance zero, as one identifies with another being).

But if you want a very simple exercise of "distance" group handling/healing, it is taught by Zivorad in almost all his classes on PEAT: one sits or stands in front of the audience and ask each member of the audience to think of a medium problem he or she suffers from. Nobody has to utter it aloud, just think about and keep the attention on it. Then the teacher, in front of the audience, "looks" at the audience as if the audience were a single person and identifies with such "imaginary or collective" person (as per Srdjan's protocol) and runs PEAT on its problem, till he feels the problem has gone. The big majority of the attendees will feel that their problem is lessened or has disappeared.

This is a mere beginning of the subject.

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\(^1\) prana being in the Indian tradition the "breath": it is synonym of Chi, or life energy, or orgone, or theta energy, the energy which flows in the acupuncture channels and that makes up the aura of a living entity.
Warning!!
A pc of mine (let's call her Violet), who wanted to do everything alone, studied feet-reflexology¹ to help people near her. She discovered what I found a very risky method of healing, although very adherent to the "Srdjan protocol"! And, against the fact that I warned her plenty of times, she contacted, by pushing on the charged point of his foot, a pc's (client's) somatic. She owned it, and when she ran it to blow (it took her from a few minutes to a few hours or days) the client was freed of it, too.

Nice. No?
Her sister got cancer and she followed her sweet procedure... till the sister died.

Guess what?
The very moment the sister died of cancer, Violet, having made a habit of "owning" her client's ailings, following her habit, owned her sister's death and went into coma for one full week. After that she was so scared that she stopped doing anything for a long time and now she is back in the church. 'Classic' Scn, in some of the writings, gives flashing warning signals about the mesmerism danger (unintended identities overlapping) so obviously it was my fault according to her family (all in the church); and it was a piece of cake to demonstrate that I was an ogre!!!!

Note — the expansion of this point is the group soul... take your pick if you have enough energy !!

6. Using the Scientology axiom 11: as-ising a condition, which will really change the physical universe or somebody else's universe instantly. Example: discussing the case of a pc with a friend and auditor until both of us got a huge release on a cognition and the person who was dying began recovering and after 20 years she is going around in good shape. She was suffering of an anaemia which grew worse and worse and her medical prognosis was a few months, max. a couple of years, the outpoint² object of the realisation was that her husband was unable to go exterior and was somehow stopping everybody in his vicinity from going exterior, just spotting it was enough to blow her condition apart. The husband being a Dianetic auditor was hindering the exteriorisation even of pes going currently exterior. The thetan looking at a condition from whatever distance and blowing it by inspection. Here the distance could have disappeared and the whole action could take place above the physical universe at the static level: see the note about duplication.

7. Acting in the spiritual universe to produce results in one's own subjective and objective universes, as in R2-41, Via, of Creation of Human Ability by L. Ron Hubbard (it is about first and second postulate), by postulating the wanted condition and discharging all the popping up counter-intentions, counter-ideas and counter-everythings until no more are appearing (can be very heavy indeed). I believe that the Avatar³ tech takes the hint by this very point to develop a much more articulate tech, but I cannot swear about it.

8. Acting in a spiritual universe to produce results in another universe, like in the Silva method and other similar practices, where the practitioner acknowledges the unwanted condition first; and then, while being in alpha [a mental or brain wavelength] or exterior, is mocking up a condition as "already fully healed". The simplest example I remember thereof is a lady completed on OT6 and Ls and all the Flag paraphernalia, whom I audited at SH (East Grinstead, UK) in expanded Dn who had a daughter who acted in a way she disliked. So she went into her daughter's room and put in the space and matter of the room a mock up of the daughter at home chatting with her...
lovingly with her and painting and similar pretty patty cake ways. From the very evening she did so, the girl stopped going to night clubs and dancing till 6 o'clock in the morning and messing around with boys and stayed home in a "self-determined way" (?true? how about it being pan-determinism or something else? How much is the agreement of the daughter important? What about the poor boys?). Also all the Castaneda's Nagual lucid dreaming activities is situated in this subjective level, where very subjective actions operate in the three universes (own, others', physical).

9. Whatever tech you choose, if used by many people together, will increase its power manifold. And this is a corner-stone of many groups or practices, whereby for instance all over the world at the same hour everybody meditates together or makes the Silva method together on a specific topic (like saving the life of the same person or visualizing a lost child finding its safe way home). It should work smoothly also with NOTs if a group would audit the same subject or topic.

I don't know how true it was, but the moment I left the CofScn and plenty of people of the church audited "on" me to bring me back, I assure you that my universe got upside down for a long while as it was discredited by a very strong group agreement (therefore the intention of the action should be somehow on the purpose line of the person you want to distant heal: otherwise you'll generate severe disalignment on his universe). It is called psychic war but I find it rather un-interesting. Like the Knights of the Round Table I am convinced that a clean heart is more powerful than raw force to conquer the Holy Grail. (But you ought to look also at Max's [Max Sandor] rationale on group soul handling to get a full view of the forces at play here).

10. Drawing down all the connection lines of the theta network the person one wants to "improve" is part of, and getting audited all of such lines one by one by whatever means till it blows (not all the lines need to be audited/handled by the same person..., and the same line may be audited by more than one, the more the better!). It uses the structure of the communication network the person is embedded into, and it could lead to a very complex lattice and to a lot of work.

11. By getting someone to correct his/her misconceptions till they blow apart an "objective" condition. One of such condition which is relatively easy to blow (statistically speaking) is an unwanted pregnancy: spotting either the postulate or the ownership of the couple of counter-postulates that make the condition stick in the Physical Universe against the apparent willingness of at least one of the two partners. Here again we cross over the line of mechanics into the "duplication" aspects of healing, which is the true difference between the lower bridge and the OT levels: the more a person truly duplicates the more OT (s)he is, whatever the amount of processing (s)he has gotten.

12. The above basic expands and is embodied in the logic of the Suppressed Person Rundown, as another list fellow indicated. But it works on

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1. Luca later wrote:
   I mean writing down a drawing of lines and names with the pc in the center and from him/her a line for each terminal (s)he is connected to. And when the situation justifies it, also the lines (connections) from each of those terminals the pc is aware of. Example: George in the center of a sheet of paper, a line connecting him to "mother", one between him and "father", one connecting him to each of the hot terminals (lovers, mates, friends, foes) he is connected to in PT, and to each of those in his past (school friends, old loves, dead family, etc.). A good analysis of each terminal whether it is of some value to expand the same procedure to the terminal and if necessary draw the web around it (persons whom George took as life paradigms are in this category).

plenty of other conditions: for instance when some heavy condition appears in the group, I get all the friends of good will to run TR 0, reach and withdraw, comm processes, problem processes and O/W processes on the area or on the person affected (photographs work wonders), and more often than not the condition disappears or at least lessens (accidents, sudden deadly illnesses etc.). We delayed imminent deaths and other usually solid conditions. If time is lacking I push on writing down all the considerations one happens to have while thinking of the situation and then some problem process runnable in solo. The official rationale of the suppressed person R/D is that you run the 'mechanical' ridge a person co-creates with somebody else each against the other one. If you run it correctly enough and long enough, the ridge will blow or disappear. At that point the somebody else will be sucked into the empty vortex caused by the ridge's charge blowing away, just like a leaf would in the emptiness caused by a vacuum cleaner. Say that you're pushing onto somebody who pushes against you and he stops pushing? You'll fall onto him, won't you? If you are mad at somebody who then kisses you on the nose, how enraged do you have to be not laugh? Or not to kiss back? So the somebody else should feel compelled, and that without any prompting, to communicate in a friendly manner, even after twenty years of nasty hatred, seems easy, doesn't it? (Here is where the field of polarity discharge, GPMs, or more recently polarities neutralisation i.e. PEAT1 come in). The Happiness R/D gets similar results by changing the pc's attitude towards his environment. But whatever auditing causes somebody's hand to stop pushing, will make it impossible for his environment's hand to push back on him and will therefore change it, on top of having changed the person. So, having considered that the majority of illnesses and ailments are caused by a push back, to cause distant healing is enough to spot and save at least one of the two poles. Both poles' neutralisation should be somehow definitive. Two poles define a distance, they are the basic structure of a comm line.

13. Another way of distant healing uses the Out of Body Experiences (OBE, exteriorisation) and expresses itself in a series of practices the newer example whereof is the task force of the Monroe Institute, founded to help people in big accidents (like in the bombing of the big Oklahoma City building a few years ago or in earthquakes or other calamities): it is done by embodied exterior thetans (the persons having graduated with the Monroe Institute), under the direction of an angel teacher, to help dying thetans (souls) to reorient themselves in the very distressing confusion of these horrendous group deaths. Joe Harrington introduced me to it few days before dying. Thanks Joe. If somebody would like to enquire more on the subject, refer to Birgitta Harrington, as she is a qualified professional of the subject (Email address: adm.service@sverige.net)2.

terminal (person) preclear wanted to re-establish communication with. The end point was that the person in question reached in a friendly way without any prompting from the preclear.

1 See article page 19, and in the coming January IVy PEAT, Psycho Energetic Aural Technology.

2 In giving her OK to have her address published, Birgitta made the following comment: Yes, he can refer to me, though he seems to have misunderstood a bit about how the rescue and healing is done. 1) I have not heard of the 'the task force of the Monroe Institute' 2) there are no embodied thetans involved — I would say that we are a group of people with the will to help others and with certain training to do OBE's (Out of Body Experiences) and RV (remote viewing). We do not always succeed. Some of us are naturals, meaning that we are born with special abilities. 3) no graduation from the Monroe Institute is needed. 4) I would not dare to call myself a professional in this area. I still think of myself as "in training". A professional would be able to get good results under all different conditions, I am not so good ... I need to be calmed down and have a stress free environment to get it work at all. 5) I can only give personal answers by email. Ed.
We could go on to more finite levels of the spiritual universe(s) whereby one handles the group soul of an individual or the single individual soul of a group... For those interested, Rowland and Max are currently operating in this very area in articulated ways, which seems magic. Or are magic? Magic come from the Aramaic mageia and means plainly knowledge


Internet

THIS IS ADDRESSED mainly to subscribers to IVy who are not on Internet.

I first met Internet about 1995. Before that time IVy survived very well without Internet. But times have changed, and Internet has slowly become a tremendous boon in editing and publishing IVy. Not only that, but we have been able to reach more people via Internet, and we have been able to provide extra services, both to those who subscribe to IVy and those who do not, via Internet.

All this time I have been keenly aware that there are subscribers who have not the faintest connection with Internet and are not interested, and I have been keen to serve them on an equal basis with the others who pay for IVy.

With the last issue of IVy (No. 53) we entered a sort of new era when we issued as a trial, an electronic (Internet) supplement to IVy. It was a six page (A4 size) issue, and contained three items, an editorial, a Review of the latest Free Spirit Journal (which has a new chief editor, and some small changes), and an article by Lars Peter Schultz, entitled "What Are Entities". The trial was successful, and so we are planning to do further supplements to IVy.

So the question is, what do you, who are not remotely connected to Internet do about it?

And in answer to that, I would say that there are two main things you can do. The first is do nothing. You will continue to receive the IVy you have paid for, usually with 48 pages of quite varied articles, and the best articles will still go into the printed and distributed IVy. So you won't be getting less than you got before.

But there is another thing you can do. We have prepared the IVy supplement so that it is easy for anyone with Internet access to print out. It is a standard size (A4, larger than this IVy). So you could put feelers out on your communication lines and ask for someone who has Internet access to print it out for you, quite an easy job.

You would have to give them the address (which appears on page 2). And the rest should be easy for them.

Who should you ask? There you have to put your thinking cap on. Could be friends, could be grandchildren, children, nephews or nieces.

Of course you would have to admit that it had something to do with Scientology. But you would hasten to add that it is part of the reformed, free-from-control-and-censorship Scientology. You might even get someone interested — We will gladly send them a free copy of IVy. Ed.
The Real Nature of Auditing, Part 2
by Jack Horner

This is the second part of an article adapted from a copyrighted lecture given by Jack Horner to students of Dianology on February 18, 1970, in Los Angeles, California. Used by permission.

Now, there are some things about the communication cycle you should know. The communication cycle has to do with originating something, and usually to originate a communication in this universe requires a viewpoint. So one assumes a viewpoint in order to communicate, a point of view from which to communicate. And one issues forth a communication with intention, with attention, and with duplication. The duplication has to do with duplicating the viewpoint to which it's being sent to make sure that it can be duplicated over there.

One is sending from one point to another point, and creating an intention that this particular message that's being sent is duplicated at the point of receipt. When it is duplicated, when it is effective between two individuals, you have two way communication, and you have on both ends of the line intention, attention, and duplication.

When an auditor asks a question it's going to be as effective as his intention, how much attention he's got in the situation, how much attention he's got on the person, and how much he's putting the question in such a way that the preclear can duplicate (understand) the question. And the preclear is going to get results as a preclear to the degree that he as a preclear has the intention of receiving the question, has his attention on the auditor, and the message the auditor is giving him, and has the ability to duplicate that question.

In this cycle we have originating, we have the distance factor. We have the intention attention duplication factor. We have receipt, receiving the question, we have understanding, and then we have answering. And then we have, on the part of the auditor, the receipt, the understanding and acknowledgment.

Repulsive outflow
I'm not putting this down in a very precise formula for you, but the point of it is that you will find that some people for instance have a tremendous need to originate. They're the kind who say, "Hey, how are you, Jean? It's good to see you and I haven't seen you since the last time we were at that party. You know the other day I was down at the bus stop and I was starting to get on the bus and I saw this wonderful woman get on the bus and she had on a terrible dress and I just didn't understand why she was wearing a dress like that because how could a woman that age wear that kind of a dress? And..."
you know the bus driver, he was a funny guy, too.* and you can't get in a word edgewise.

The woman talking to Jean isn't even aware of whether or not if Jean is even hearing her. That's true, she isn't aware of whether or not if Jean is hearing her. And poor Jean begins to feel like she's sitting in the middle of a firehose's stream.

She feels battered and bushed about by all of this flow of inconsequential, insane, unrelated, associative, undifferentiated yak. We used to call that compulsive outflow. I had a preclear one time who in the middle of a session realized that somebody she knew was like this, and she said, "Yeah, that person has, what do you call it? Uh, repulsive outflow".

Well, what's wrong with that person is that the person at one time or another tried to deliver a very important communication, and has what I talked about earlier, an incompleted cycle of action of communication. They tried harder and it didn't get across, and they tried harder and it didn't get across. And because their attention was on that, they tried to talk about something else and that didn't get across. And as far as they're concerned no one has ever heard them since. They're desperately trying to get their communication to arrive somewhere to someone.

All this outflow is, "If I keep outflowing enough stuff, if enough of this stuff goes out maybe something will arrive!" And even if it does, by this time the outflow has so much flow on it that they can't even see out there to know when something does arrive.

**Solid comm line**

With this kind of a person, what you have to do is actually go over and take them by the shoulders and say, "Hey, you know what? That's wonderful. I really got it. I got your communication". At which point they won't have anything to say for about the next two days.

With somebody like this in an auditing session, the auditor will say to himself, "This person is in communication with me, so I don't want to chop his communication. I don't want to stop that nice flow of good communication here. So I'd better not say anything. I'll just sit here and listen". And he's sitting there listening and 40 hours of intensive have gone by and he's still sitting there listening, and the preclear hasn't cognited on anything, hasn't changed anything, just keeps going on and on like I am in this lecture!

So the auditor has to take the preclear and, using a solid communication line, with the hand maybe on the person's hand, or on the shoulder, say "Thank you!" Putting in that preclear's head the complete intention of arrival. And that he is acknowledging that person's presence here now. "Good".

**Ending cycle**

Then ask an auditing question on the order of "Tell me something real". Or, "Recall something". And the guy says, "A bird. There was this wonderful bird and you know that reminds me of the time ... " And the auditor has to get right in and say, "Good". Real hefty, solid acknowledgment. Don't let the person wander off into more track because you've got to repair his tremendous vacuum for acknowledgment. The auditor has to step in and do it and make sure that those acknowledgments arrive.

You have to learn a little trick of completely ending a cycle with your acknowledgment. Of completely, absolutely, ending a cycle with such adequate tone 40 intention that the cycle is completed and put it right in the middle of their head. You don't send it from your head to their head, you create it like a bursting nova in the middle of their skull. With such intention that they're going to stop talking and not know what they were saying or that they were even saying anything.

I will tell you, however, that a verbal thank you quite often isn't enough. You will have to take the person by the hand, or by the arm, and really get the pressure there, see, so there's the attention in present time. You notice how much pressure I'm using on your arm? Frankly the acknowledgement doesn't have to be with a great force, it can be gentle, because that's much more likely to arrive, in fact, but with the solid comm line, solid hand-type contact, you'll have the person there, okay?

**The wallflower**

Now, you get the other side, the wallflower type. And the wallflower just sits there and never says anything. Never originates a communica-
tion. Just doesn't originate anything. They're in apathy on the subject of originating. This kind of a person you might have to audit up through about Class 4 or 5 or 6 before they ever give you a preclear origination. Because they know they can't originate anything. They know they haven't got anything to say. And even if they said it, it wouldn't do any good. There just isn't any point of ever telling anybody anything because it's not going to get there anyway.

With people who can't originate, the kind of thing you have to do is encourage them to talk. You sit and be aware and confront them. And they will tend to flinch and withdraw and pull away, and you say, "Hey, I see you. I really see you back there. Hey, tell me something about yourself." And you listen raptly and with great admiration and you acknowledge with great gentleness but with great granting of beingness. You encourage them in every way to communicate to you.

You're going to have to complete many cycles of action, to them, before they're going to be able to really originate one to you. But it's a question of letting them know that you know they're there, and you're really interested in them, and really interested in their ideas. Because they're convinced that nobody is. They're not worthwhile, they don't have anything to offer, there's nothing worth saying, there's nothing they could come up with that somebody else isn't already more brilliant at. Whatever.

The important thing is to keep that cycle going. But one thing you could do with somebody like that would be, "Think up a simple direction you could give me to do". And they think up a simple direction, like, "Touch the wall". Maybe you can give them a couple of samples of directions they could give you to do. They get the direction, and you say, "Okay, you give me the direction". And then you do it. And you say, "Hey, acknowledge me". You put them in the hat of originating cycles of communication.

It would be far better, however for this kind of a person, far, far, far better, to put them in a communication course doing the training drills, because the training drills will tend to rehabilitate origination and receipt and acknowledgment. You follow me?

**Arrival of question**

Now you sometimes get a preclear who cannot receive the question from an external viewpoint. That is, he is asked the question, "Recall a time you communicated". And the preclear says, "Recall a time I communicated". He cannot receive. He has not yet received that question. He is repeating it to himself because he hasn't grasped it. If he can grasp it he has no need to repeat it to himself. But now he's putting himself into the auditor's hat and is now trying to have a circuit ask. He's being out here trying to ask something called himself the question.

When you see that phenomenon, you take the question right back and you say, "Okay, I'll repeat the auditing question. Recall a time you communicated". And he says, "Oh, recall a time I communicated". And the auditor says, "All right, okay. Now, I'm the auditor and you're the preclear, and I ask the questions and you answer them. And if you have to ask yourself, well good, just tell me, and I'm happy to ask it, and have asked a question of this kind sometimes 8 thousand times, and I'm perfectly willing to ask it as many times as necessary and I will do the asking and that leaves you free to put your attention on answering. Good. Recall a time you communicated".

Then you watch the preclear and you see the lips moving. At which point, you the auditor being perceptive, because you have this tremendous ESP, this tremendous intuition, the preclear can't understand how you knew he was doing that, and you say, "Hey, recall a time you communicated". "Oh, oh you want me to recall a time I communicated." For the first time, the question has arrived! He hasn't answered it yet, but it's arrived. He's received it. Okay?

You ever give somebody a direction or ask them a question and they have this sudden huge cognition, "Oh, what you want me to do is so and so!" Well, that's the phenomenon of the question, or the direction, having arrived. It's actually arrived. It's one thing to deliver it and it's another thing to have it arrive at the receipt point and have it understood. Sometimes it takes awhile for a person to do that.

Some people are like that because they were given confusing and conflicting directions by people in their environment. So conflicting and
so confusing that they have learned, out of self­
defense, out of survival need, to repeat the
damned question or the direction any time they
get one, to make sure they get it right, so they
won’t have the bad consequences of not doing
what the other person wanted. So you have to
to get them to realize this is a safe environment.
On that kind of a person your objective com­
mands like CCHs are very valuable. Then they’re not going into a think­think, it’s on a do­
mands like
what the other person wanted. So you have to
won’t have the bad consequences of not doing

Interest
Now, a preclear will audit best where his atten­
tion is most fixed and in areas where he’s
most interested. Interest is a part of attention, a
specialized form of attention
It’s hard to audit, for example, a preclear on
"Touch the wall", when he’s got a huge present­
time problem. He cannot see any relationship
between touching the wall and his present-time
problem and his only basic interest is in solving
his problem. So if you use a process, or a ques­
tion, or a significance which reaches the per­
sion’s interest, you’re much more likely to get in
more completed cycles of communication and
therefore more auditing.

Enough completed cycles of communication will
bring about a clear and states beyond. “Do birds
fly?” would eventually produce an OT, or a
person in post­clearing state of personal crea­
tive freedom, and beyond. But some auditing
questions, some auditing commands, are more
workable than others because they have the im­
mediate interest of the individual.

Of course, eventually a person gets beyond the
need for cycles of communication, or cycles of
action, but that’s a long way up, you know,
that’s a long way from where you’re going to
find people. So you have to have the interest of
the individual. If you don’t have that, you’re in
trouble.

The significance
But asking a question the person can answer, or
a command he can do, is what does the trick.
That’s the real basis of auditing, the real nature
of it. Preclears, and people who are unfamiliar
with this, always think it’s the significance
that’s important. They’re after the meaning of
the incidents, the reason behind, “Why did I do
that?” And all you’re after is, “Answer the ques­
tion so I can acknowledge it”. The content of the
answer is something you put interest into and
duplicate, so it can be as­used, but it has very
little bearing on the progress of the case, in fact.

You take somebody and say “Go to the begin­
nning of the incident. Good. Move through the in­
cident. Good”. Moving through the incident is
the cycle. When the person gets to the end of the
incident you say “Thank you”. That has com­
pleted a cycle of action. The content of the in­
cident is only important in the sense that it’s
keeping the person from completing that cycle
of action, because the engram was, in it’s own
way, an incomplete cycle of action.

One gets “caught up” in a cycle of action one
doesn’t want any part of, and is unwilling to
duplicate, so is stuck with it. What we’re doing
is getting him now to duplicate it so he’s un­
stuck. So, “Go to the beginning of the incident,
go through the incident, good, go over that
again, good, again, again, again, again, good, good,

Precious withholds
Take the preclear with his precious little with­
hold about how he once tried to castrate ants.
You know, he got an ant colony, and spent hours
and hours with his microscope trying to castrate
ants, his big withhold. He thinks that’s impor­tant when what you said was, "Tell me some­
ting you’ve done". He doesn’t want you to know
about that because he’s got all kinds of reasons
and rationale. All you want is for him to say, “I
tried for hours to castrate ants”, so you can say,
“Thank you”, and complete another cycle of action.

It doesn’t matter whether he tried to castrate
ants, or he merely lifted up his coffee cup, in
fact, in terms of what he did. Except that he’s
unwilling to duplicate the bad things he did, so
he’s stuck with them. So they have significance
and meaning to him. When he can communicate
them and as-is them, they become about as
important as lifting up a coffee cup.

These terrible things he’s done become some­
how unimportant, because he’s no longer con­
cerned about the fear of doing it again, or the
fear of not doing something again, or being it
again, or not being it again, or having some­
thing again or not having something again. He doesn't have to keep the thing around to make sure he doesn't. That cycle is completed, and he's ceased to create that purpose or that goal, positive or negative purpose or goal. That's what makes auditing work, the completion of cycle after cycle after cycle after cycle.

**Improving abilities**

Another thing to realize when you're going to work with somebody — you have to look at that person, kind of get inside of his skin, or her skin, and say, "Well, what thing can that person do a little bit of already, and how can I get him to do it better?"

That's what auditing's all about. Whether it's a thing like, "If you could talk to your mother what would you say?" or whether it's a thing like, "Levitate that chair, thank you". It's still getting a person to do something that he couldn't do before, or getting him to increase an ability he had before, or getting him to confront something easily that he couldn't confront before.

It's improving that on a gradient scale so he can do it completely, at which point he no longer needs to do it. If he can duplicate it easily, it's in his control. So therefore you're going to pick out another area that's out of control, until he has no more areas that are out of control. And now you work on increasing abilities, rather than just getting rid of hang-ups. That's post clearing.

You can always improve a person's life by finding something they can only do in a very sort of mediocre way and then create an auditing command based on that thing, and then have them do it until they can do it without lag and under their own control. And you'll improve the person's life and his sense of confidence, and if his confidence and his ability to create improve, he becomes more able to handle other things in his life.

**Winning is the game**

But give him things to do that he can do. Ask him questions that he can answer, and get as many cycles of action completed as possible in your auditing time. And if you can get 450 cycles completed in an hour's auditing, you're doing more auditing than if you ask one significant question to which you get one answer in that same period of time.

On the other hand, sometimes taking that one thing, and then continuing that until it's flattened gets him through a tremendous failed cycle of action that he finally succeeds at. But it's a question of whether you can keep him at it until he completes it. That's the auditor's job, because the guy's given up, in the past, and that's why the cycle's not complete. He's quit trying to accomplish that goal, so he needs somebody else to help keep him at it until he accomplishes it, at which point he says, "My god, I can do it after all. I can do that". And so you've got a better, more able individual on your hands.

Just keep in mind that you're trying to complete cycles of action, and that that's the real secret, that's the real nature of what auditing is and how it works. Find the question that is most of interest to the preclear so the preclear will carry through to complete the cycle and is happy at having won.

Winning is the game. And it's a game you win at, it's a game the preclear wins at, and it's a game the civilization wins at. Because the more able people we have the more pleasant this planet is to live on. And it's no fun to play a game alone. So, that's what auditing's all about. Thank you very much.

Supplement

With the last issue of IVy we started a new activity, a supplement to IVy obtainable to all with access to Internet (or whose friends, nephews or grandchildren are friendly enough to get them). The hard pioneer work on this was done by one of the many IVy helpers, Antonio Valente in Portugal. We have a 48 page size barrier in IVy, and with this Internet addition we can both break this barrier, and get some articles to you faster (for instance there is a review of Free Spirit Journal, the copy of which reached us after IVy 53 was printed. The other articles were an editorial, and What are Entities? by Lars Peter Schultz.)

IVy
P.E.A.T., a Beginner’s Viewpoint
by Tom Fielder, USA

On May 25-27, 2001, I attended a workshop in the Los Angeles area on the Psycho Energetic Aural Technology (PEAT) developed by Zivorad Slavinski. The workshop was presented by Ron and Denise Blouch and was based on their experiences at two workshops conducted by Zivorad himself. The cost was $200 per person, and there were 13 participants.

Those in attendance included several people with whom regular IVy-list participants will be familiar, including Max Sandor, Ed Berwick, and Ed Dawson. While all of the participants had some prior experience with spiritual counseling techniques (Scientology, Knowledge, EFT, etc.), and some had been exposed to PEAT before, several of us, myself included, knew almost nothing about the theory or techniques.

**EFT**

Ron opened the workshop with a brief introduction to Emotional Freedom Techniques (EFT), as developed by Gary Craig. PEAT processing is very similar to EFT in many respects, while incorporating certain aspects of Scientology’s 2-way communication-style auditing, reflecting Zivorad’s eclectic background. Ron then gave us an overview of the technique of Deep PEAT processing and conducted two demonstration sessions using two participants as the ‘clients’. With their consent, Ron interspersed the session commands with remarks to the audience to explain what was occurring.

On the second day, everyone paired up and ran at least two sessions on each other during the morning and afternoon. After each processing period, Ron gave all participants the opportunity to share their experiences and discuss problems, cognitions, impressions, and, yes, even wins. These debriefing sessions were quite lively, with numerous ideas and insights being tossed around, reflecting the varied and extensive knowledge base of the attendees.

The third day was largely devoted to processing and debriefing sessions. As they had done the day before, Ron and Denise observed the sessions, helped out when processors run into difficulties, and conducted some sessions themselves. Ron ended with a discussion of the Zivorad-led workshops they had attended, and suggested that Zivorad would almost certainly come to the LA area in the near future. I was quite impressed by the level of professionalism with which the workshop was conducted.

**Simplicity**

Coming from a Scientology background with limited processing experience, I was struck by the simplicity of the PEAT process. This is not to say that I consider myself an expert, or that we covered all aspects of the process in the workshop. Nevertheless, the results obtained in just a few hours of PEAT processing were quite striking. I was one of at least 6 or 7 attendees who, at least according to Ron, found and neutralized their Primordial Polarities (Primes). The reason I say PEAT is simple is because it can be used on anyone, to address apparently any problem or condition, with no prior set-up other than a brief discussion of the client’s goal for the session, and with no prior knowledge on the part of the client as to how the process is ‘supposed’ to run.

The other characteristic of PEAT that I consider to be one of it’s greatest strengths is the fact that it is very forgiving of mistakes, hesitations, botched commands, and so forth. This may be more a reflection of how I was trained in Scientology, with all the baggage attached to ‘Standard Tech’. In any case, PEAT seemed like a

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1 E.F.T. Emotional Freedom Technique, see Internet www.emofree.com and page 22.
breath of fresh air compared to my previous training experiences, although in fairness I should say that the workshop experience was undoubtedly greatly enhanced by the extensive spiritual counseling expertise of those present.

**Future**

I expect that PEAT will undergo many transformations as it is employed by the attendees and combined with their favorite counseling techniques. My hope is that it will be allowed to evolve and that experimentation will be encouraged. Nevertheless, it is clear that, in its present form, it is highly effective. I, myself, experienced what I can only describe as a 'blow-out', perhaps akin to what others refer to as an Ascension Experience, equal to anything I experienced in Scientology. While I am unsure as to the real meaning of this event (Ron is convinced I neutralized my Primes, but the criteria for determining this seem to be somewhat arbitrary), I can say that it felt very good.

To learn more about PEAT and other techniques developed by Zivorad, visit his website at http://www.beotel.yu/~zivorad. Also, there is an email list, called A PEAT World, which readers can subscribe to by sending a message to "peatworld-subscribe@topica.com" (no contents or subject necessary).
Lost Gems?

THERE ARE MANY JEWELS in Scientology and the various technologies that follow on the heels of Scientology. Have you missed some of them?

The question is asked because there is a tendency noticeable amongst some of those who relay these gems. Perhaps none of these people, whether within or outside of the church, are perfect. They have their weak points, their blind spots.

Some of them are aware of some of their blind spots, and may advise you that they are not perfect, and that you are wise to look in other areas and check what they say, both for errors and omissions. You are fortunate. You have been warned.

Other teachers may be a little more dangerous. They believe they have it all correct. They may even believe that others have things wrong, and warn you against looking at other opinions, other viewpoints.

Examples.

We can give some examples. There has been a tendency sometimes to blame a preclear or student if something went wrong, or if “tech” (a process, for example) did not work. The rather glib saying has been “you pulled it in” meaning that the person had done harmful acts (or omissions) in the past, and the lack of a result is due to his own “bank”. This carefully draws attention away from the possibility of a mistake being made, that is, hides the person’s or organisation’s blindspot.

Another example would be in an area where a person or organisation is aiming to attract undue admiration, or exercise undue control. One of the Gems of Scientology is in Science of Survival, in The Chart Column headed Method used by Subject to Handle Others (Column Y), and the chapter devoted to it. Briefly it gives only three methods used to control (handle) others, enhancement, domination and nullification. The person or group who (knowingly or unknowingly) is not using enhancement, as one would expect, but tending to nullify you, and warn you about the “dangers” of communicating would certainly not like you to know this little Gem of Scientology.

Advice

It could be that you have failed to find some of the Gems. Perhaps due to past teachers. Many of them are in LRH’s books from the 50s.

Don’t you think it good advice to take another look?
I first heard about the Emotional Freedom Technique (EFT) last year. It was mentioned on the Internet a number of times, reported in the local press and featured twice on TV as a way to quickly overcome phobias. I felt drawn to it and, last November, I did an EFT workshop. I played with it for a few months (testing it on myself and a few friends) and, since January, I have integrated it with my other clearing tools and have used it extensively with my clients.

The Emotional Freedom Technique is a technique that can be used to help another or to help oneself to reduce or eliminate negative emotions, feelings, sensations or beliefs. The publicity about it has mostly concerned phobias but it is actually a general-purpose technique that can be used on just about anything. It is considered controversial because it is not mainstream and is a bit (or a lot) weird. It involves tapping on certain acupressure points while focusing on a particular emotion or feeling (such as anxiety, sadness, fear, anger, etc.). The intensity of such emotions generally diminish while doing that.

The weirdest thing about EFT is that it actually works and is observably effective on at least 80 percent of clients. That percentage can be increased where the practitioner is highly skilled and experienced in its use and knows the various fixes. When I say that it works, I am saying that from my own experience with it over the last eight months in using it on myself and with numerous clients. It is simple and remarkably easy to learn and use. I can teach someone to use the basic EFT technique (even over the phone) in less than 30 minutes.

The claim that it “works” needs to be qualified. It means that doing the technique either completely eliminates or observably reduces the present time intensity of a negative emotion or feeling, often rather quickly (in minutes). At other times, you need to work at it to locate and reduce all the unwanted emotions or feelings that are connected with a particular problem. Sometimes, the tapping does not reduce a certain emotion or feeling and special remedial actions need to be undertaken.

In the EFT manual, it is stressed that persistence is the key to success and I have certainly found that to be the case. It is also acknowledged that a personal problem may be composed of many “aspects” or pieces and each one of these may need to be reduced or eliminated to resolve the whole thing.

The EFT paradigm

The EFT paradigm is based on the ancient Chinese energy system, which goes back about 5000 years. It includes the concept of meridian lines and acupressure points. Acupuncture uses the same paradigm and thus EFT is in fact no more weird than acupuncture. The difference is that instead of inserting a needle into an acupoint, one taps or rubs that spot. Some modern research into this strange “energy system” has supported its existence and also validated the existence of “acupoints” which are believed to be the end points of certain meridian lines.
The theory of why EFT works (in the EFT manual) is that all negative emotions are caused by "a disruption in the body’s energy system". The idea is that by tapping or rubbing on certain acupoints while the person is "tuned into" an active emotion or feeling sends an impulse down that meridian line and gets the energy flowing again. Whether or not this is what is actually happening or whether there are other more important factors involved, it does not change the fact that the technique works.

Background
EFT was developed by an engineer called Gary Craig. He studied under a psychologist Dr. Roger Callahan who developed an earlier "energy therapy" called Thought Field Therapy (TFT). It is reported that it all began in 1980 when Dr Callahan, a phobia specialist, acknowledged that existing phobia treatments were not very effective. He started looking elsewhere and began studying kinesiology. With a patient called Mary, he asked her to tap just under her eye on an "acupoint". Mary had a long term water phobia. She did that and her phobia vanished instantly. She immediately went to his swimming pool and splashed water over her face. Reportedly, she has never relapsed.

Dr Callahan then tried it on some other phobic patients and it worked on one in five. This opened the door to ten years of painstaking research by Dr Callahan to increase the rate of success. By about 1990, he was getting about an 80 percent success rate. He had found that by tapping on a certain precise sequence of acupoints while focusing on a particular phobia or other emotional problem, the intensity would drop or the feeling would simply vanish. He also identified a number of things that tended to block progress and developed solutions for them. He is acknowledged as the father of the "energy therapies" as his breakthroughs have led to a number of new developments, including EFT.

Simplicity
Gary Craig studied under Dr Callahan and then later developed EFT. Whereas TFT was rather complex, Gary worked to create a method that was easier to learn and do. His method is now freely available on the Internet and you can download the entire manual from the main EFT web site (http://www.emofree.com).

Unlike its predecessor, EFT is simple, easy to learn and seems to work at least as well as, if not better, than TFT. It involves a single tapping sequence for all emotions or problems, rather than a unique sequence for each emotional problem. To use it to its full potential, you will need to study the manual seriously and visit the web site and read all the material there. It is advisable to do a workshop, if possible. There are also a series of video tapes (for a fee) covering how to do EFT and including many actual EFT sessions of Gary using the method to work with a large range of emotional problems and other issues including aches and pains, traumatic experiences, addictions, etc. I learnt a great deal from watching the tapes.

EFT versus Clearing
How does EFT fit in with traditional clearing sessions? EFT comes from a completely different line of research and is based on a different paradigm. As I see it, there are already a range of different paradigms that we already use in clearing. For example, the earliest one was the "engram" paradigm based on the idea that what was wrong with us was caused by what had been done to us (our engrams or painful experiences). Later, it was suggested that all our case problems came from what we had decided or postulated during such experiences. There was a period when all our case woes were viewed as coming from what we had done to others in the way of harmful actions. Another paradigm is the idea that identities are the primary source of our case problems. And there are others.

Each of these paradigms offers a way of looking at a certain type of case condition and opens the door to resolving it. This multi-paradigm multidisciplined approach is one of the things that gives clearing such great strength and effectiveness as we are not limited to a single view or a single technique.

EFT is a clearing method that offers another way of looking at certain case phenomena and is not in conflict with the basics of clearing. It seeks to resolve disruptions in the body’s energy system.
system. Traditional clearing approaches mainly address the being and the being's involuntary creations. However, when you look more closely at the EFT procedure and how it is done, it is hard to draw a line and say that EFT does not also address the being.

The EFT procedure

Before starting, it is customary to get the client to give the emotion/feeling a rating out of ten concerning its current intensity, where 10 is the strongest. This then acts as a benchmark for measuring change after doing the procedure. There are two steps.

Step One is an affirmation ("Even though I have this (e.g. fear of spiders), I deeply and completely accept myself") that is done three times while tapping or rubbing on a particular "acupoint". Step Two involves tapping through a series of acupoints (5 to 7 quick taps per acupoint) while focusing on the emotion or feeling that is being worked on and saying a reminder phrase at each spot (such as "fear of spiders") to keep one's attention on it.

The tapping sequence is gone through three times. Then, the affirmation is done again and then the tapping sequence is done three more times. It takes only 2-3 minutes to go through this whole procedure.

Polarity reversal

The affirmation is included in the EFT procedure to resolve, or at least to temporarily correct, any "polarity reversal" that may exist in relation to the emotion or problem being addressed. Dr. Callahan discovered this phenomenon (polarity reversal) when he was researching why the method did not work on some people but worked well on others. He found that when a person's energy system was "reversed" (as a result of shock or trauma to the body), the tapping on acupoints did not work. Step One of the EFT procedure is designed to correct that problem (if present), so that the tapping sequence can then be used to eliminate the negative emotion or problem.

The discovery and resolution of "polarity reversal" is held to be an important discovery by those in the energy therapy movement. It is also claimed that "polarity reversal" will stop any therapy or treatment from working (and not just EFT) as the person's energy system is working in reverse (against any resolution or healing). This is food for thought as it offers another explanation for "resistive case" phenomena. Polarity reversals are viewed as the primary cause of self-sabotage.

Why does it work?

There is a lot more to this process than tapping on acupoints and a number of other factors appear to contribute to its workability. The tapping on the acupoints is presented as the primary reason why it works and is the most obvious. But, there are a number of less obvious but equally important factors that contribute to its effectiveness. Nonetheless, I tend to accept the current theory that the tapping itself is a primary causative factor.

The affirmation is a key factor and it has two parts. The first part assists the client to acknowledge and accept that a certain emotion, feeling or belief actually exists and to observe and experience it in the present without resistance. In the field of clearing, we have known for decades that accepting and viewing "what is" in the present without resistance tends to dissolve whatever one is feeling or experiencing. The EFT process seems to enable the client to accept "what is" and to gradually view what his/her problem actually is or is made up of (one or more negative emotions, feelings and beliefs).

The second part of the affirmation affirms one's acceptance of self and this is done each and every time the process is done. Acceptance of self is pretty basic, isn't it? This affirmation assumes that at the root of every persisting negative emotion, feeling or belief, there is some rejection or non-acceptance of self. The tapping or rubbing done while saying the affirmation is believed to encourage acceptance of the affirmation by the sub-conscious mind. The viewpoint is consistent with the old clearing datum that "the person is not the problem, but the person may have a problem".

EFT helps the client become "the observer". When a person becomes the observer (instead of
the one immersed in or overwhelmed by a negative emotion or belief, he/she separates out from what he/she was “sitting in” and is more able to view “what is” as it is. The consequence of this is that the impulse to compulsively create that emotion or feeling or its associated imagery spontaneously diminishes or vanishes.

EFT theory holds that most negative emotions and feelings are old energy patterns that were originally set up in early childhood (the first seven years). The rubbing or tapping during the affirmation and the tapping on the sequence of acupoints actively brings the person into the present with respect to what is being worked on. It acts like an objective process of sorts and I have repeatedly observed that I become more present while doing the process, especially right at the end point when the emotion or feeling reduces to zero.

Using EFT

The addition of the EFT process to my “clearing toolkit” has made a noticeable difference to the results I am getting with my clients. As I see it, at this point in time, it has filled in a gap in our technical lineup. I have concluded that the clearing methods we use to resolve trauma are very effective but that sometimes they leave an unsuspected and unresolved residue, the lasting effect of the trauma on, or its disruption to, the body’s energy system.

With an extremely heavy trauma, I now run the incident through a number of times using Incident Reduction (to reduce its intensity and raise

the person’s confront on the incident), then I use John Mace’s Shock Handling technique on the moment of shock, and then I use EFT to “mop up” any remaining negative emotions or feelings when the incident is finally reviewed by the client (to test its resolution). To my surprise, there has been something to handle with EFT about half the time. In using this approach for heavy trauma, I have never had such complete and clean resolutions.

In EFT, the standard way to handle an upset or trauma is to simply get the client to “tell the story” and immediately stop and handle a negative emotion (such as anger, fear or sadness) when it arises or wells up. Then, tell the story again, and so forth, and keep doing this until the person can go all the way through the whole incident with zero negative emotions. That also works.

I encourage other clearing practitioner’s to investigate EFT. I don’t think you will be disappointed. It can be a bit scary when you see negative emotions vanish so quickly. However, EFT does not replace or negate any existing clearing technology. It simply offers a new (alternative or complementary) way to work with problems, upsets and incidents.

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Here you will find data, and details of how to order material (including a series of videos, on USA standard and PAL formats).
The Whither Map

Chapter Seven in a Consideration of A Piece of Blue Sky by Jon Atack

PART III OF A Piece of Blue Sky is called "The Bridge to Total Freedom, 1949-1966". It has seven chapters whose titles are: Building the Bridge, The Dianetic Foundations, Wichita, Knowing How to Know, The Religious Angle, The Lord of the Manor, The World’s First Real Clear.

Part III tells part of the story of how LRH came to introduce Dianetics to the world, and to evolve through different attempts to organize his activities until he achieved unity of control while he also developed Scientology — up to the announcement of the first Clear, John MacMasters.

The author’s approach is, as ever, to present his intended victim as a criminal or as near to criminal as he can. And, as ever, we are forced to concede that LRH certainly acted in ways at times we would expect to hear of in connection with the majority of successful business opportunists of his age, some of them darlings of Wall Street, some of them highly-respected business icons.

The actions that Jon complains of are the actions of a man ambitious and highly imaginative, inclined to be ruthless in his self-seeking, a manipulator of others, one jealous and suspicious, inclined to paranoia and self-pity, yet with extraordinary charisma.

Yes, that charisma shone out of him like an irrepressible glow. I knew him from mid-1964, having seen him first in 1962. At no time did I ever perceive him as less than one to be reckoned with very seriously for either good or bad. Here was a fellow who could be a wonderful friend or a terrible enemy. I could see that he was capable of being opinionated and judgmental, and not always over-careful as to facts — but never in any criminal degree. The reality of the real man was very real indeed. By no stretch of the imagination could one see — or judge — this man as an ordinary person. He had towering strength and powerful but gentle energy, a presence of profound and intelligent integrity. Here was not simply a person: here was an elemental force. There is tragedy in his overall life, and in the effects he has had on some others; the tragedy is that he could not live up to his own integrity all the time.

No suspicion of positive sides of LRH shows up in Jon Atack’s selection of carefully selected facts and opinions. Did something happen that transformed LRH? Is it possible that his own self-help and life experiences transformed him? I wish LRH’s later life would support such a view. The reality is too complex for a simplistic interpretation such as that — or Jon Atack’s, either, for that matter. But let’s see what sort of a case Jon does make.

Atack position

In Part III, Jon continues to cite facts to make a strong case against LRH. Jon continues to manifest both bias and ignorance. The ignorance, or ignoring, I will examine shortly. The bias he interpolates into the facts fairly skillfully, and presents it as a factual part of the citation.
One glaring example of bias masquerading as fact is in the dismissal (on page 108) of Dianetics as a mere “reworking” of ideas put forward originally years before by Freud but abandoned by him in favour of the interpretation of dreams. There is clear similarity between the two approaches. This is fact. Jon’s implication is that LRH seized upon this trash from Freud’s garbage as the vehicle by which he would hoodwink the world into beating its track to his door and into pouring its money into his outstretched palm.

Jon also brings forward information to show that LRH was eager to make money, eager to spend it, not so eager to account for it, not slow to borrow — while not always sure to repay. He also quotes someone who reports that LRH said he wanted to start a religion “because that’s where the money is”.

Jon’s position is that Dianetics is the product of an ignorant, greedy, and opportunistic entrepreneur who happened across some discarded material out of which he fashioned a pseudo-religion which immediately fascinated thousands of people — the majority of whom as quickly became disillusioned, and rightly so.

The further implication is that Freud dumped his work on traumatic incidents and their chains because he found in practice that he couldn’t make it work to the patients’ benefit, or because he found it not relevant, or perhaps even damaging. If Freud of all people didn’t want it, Jon asks us to agree, what manner of man could possibly use it for any decent purpose and then make the hideously dishonest claim that it could actually work?

Nowhere in his book does Jon Atack clearly acknowledge that we do not know for certain how LRH arrived at any kind of workable technology and what exactly that technology was before it became Dianetics. Jon has done his best to persuade us, in Part I, that LRH dabbled in Black Magic and drink and drugs, and out of this mess came up with something he thought he could fool the public with. But there is a period of a year or two between the break with Black Magic and the announcement of Dianetics in which we know LRH was working on the matter. And if anyone knows what exactly LRH was doing in that period, I sure hope he comes forward with the information soon. So we don’t know when or how he came across Freud’s work, or even that he did. That the two bodies of data exist does not mean that the earlier one had to influence the later, or that plagiarism occurred. Jon tells us that LRH gave John Campbell a session or two, and cured the latter’s sinusitis, some time in early 1949. I don’t know what was run or how it was administered.

**Campbell**

John Campbell had influence. He was editor of *Astounding Science Fiction*, and he used the magazine to champion what was now called Dianetics. Campbell brought Joe Winter into the inner circle; a medical doctor, Winter allegedly introduced the term “engram”, and who knows what he told Hubbard about Freudian work, or what of that Hubbard made his own. Hubbard always was able to hear another’s words and to later originate very similar material.

Despite all this, Freud had abandoned that work and Hubbard made it work. Jon Atack of course finds plenty of evidence that Dianetics did not and could not possibly work. But many people used it and many benefited from it, some spectacularly so (including myself). If Freud couldn’t or wouldn’t open that door, LRH certainly did — whether Freud led him to it or whether he found that door himself. Of course, I acknowledge that for many people Dianetics never worked and I am far from saying that that was anyone’s fault (if fault there be) other

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1 The book *POBS* says, on p. 137, first para: “In his autobiography, *Over My Shoulder*, publisher Lloyd Arthur Eshbach remembered taking lunch with John Campbell and Ron Hubbard in 1949. Hubbard repeated a statement he had already made to several other people. He said he would like to start a religion, because that was where the money was.”
than Hubbard's. A large part of Hubbard's life's work was to find technology that could work for everyone, but unfortunately that work got lost in other things as time went on.

Is Jon Atack entitled to position Dianetics as a fraudulent and noxious graft, without roots in fact or virtue, upon a rejected Freudian stem? If Jon had investigated some of the unpretentious claims of those who have benefited by, and benefited others with, Dianetics — and still come down against Hubbard — his position would have the validity of at least some intellectual honesty. As it is, his positioning of Dianetics is itself fraudulent propaganda.

"Oh, No, Jon, No, Jon, No!"

In at least two further instances Jon exposes his misconceptions. Firstly he speaks falsely of what the e-meter can do, and secondly, he adds to the facts of the First Clear to transform that occasion into another Hubbard conspiracy to hoodwink the public.

In Chapter IV, Jon speaks of "...the e-meter, which, if it works at all, can do no more than indicate the certainty with which a conviction is held."

I am one of many auditors who have used the e-meter to effectively guide a client towards cognition about deep-seated and hitherto hidden but active influences upon the client's feeling and thinking and perception. I have used it thus on levels from the most basic, through Dianetics and all advanced levels up to and including NOTs. I have used it over thousands of hours and with hundreds of clients. Moreover, I and many, many other auditors have seen the harm that error in or abuse of the meter can cause, and how miraculous the recovery can be when the correct metering is applied. One who says that the meter does not and cannot work is gibbering foolishly. Atack's statement about the e-meter arises out of wilful, obstinate, and unjustifiably arrogant, ignorance.

First clear

The Jon party line about the First Clear, John MacMaster, is: "At the end of February [1966] John MacMaster, who had just flown to Los Angeles, was surprised to hear that he had become the 'World's First Real Clear'." Hubbard had sent out a promotional piece announcing this to Scientologists throughout the world. Only then was MacMaster recalled to England, and given his 'Clear Check', to set the record straight. After all, Scientologists needed a boost in morale.

"...John MacMaster became the ambassador of Scientology. He was Hubbard's deliberate choice for the "First Clear" a personification, so it seemed, of gentleness and love. While his message was being beamed over the airwaves, and delivered personally to packed audiences the world over, the Scientology organizations were becoming increasingly less gentle and loving in their treatment of both their members and their critics."

The claim here is that LRH decided for his own purposes (evil, of course) that John MacMaster was to be the First Clear (regardless of any technical considerations — all beyond Jon Atack anyway — or of John MacMaster's own feelings about it) and then LRH announced the happy event publicly, this being the first that John Mac knew about it.

I was at Saint Hill when this situation about John Mac's being Clear arose. I was LRH Comm WW. LRH was away in Africa at the time. Normally any communications from him to any staff member (and vice versa) came through the LRH Comm WW, for relay. When LRH was away from Saint Hill, he would leave strict orders that nobody at SH was to be told so. He feared that the word would get out to people who were planning to come to SH and that as a result they would not come. Of course it became very obvious to everybody that he was away, very soon, anyway. And on this trip to S.Africa, he soon made his presence very known to the staff there — without informing me of the fact. Regardless, a mysterious message for LRH arrived one day from the Los Angeles Organization. They were terribly excited about John MacMaster being the First Clear and were clamouring to put on a big promotional event to celebrate it.

Nobody at the WW level at SH had any knowledge of John Mac completing the Clearing
Course. But in investigation it came out that he and some others had been talking about the possibility that he had finished it. This talk came to the ears of one of John's great friends, Blanka Annakin. Blanka sent John a congratulatory telegram. This was simply her personal gesture. But Blanka had a position at SH — she was Director of Success. Her telegram was sent as private business from Blanka, but received in LA as formal and official recognition by the Director of Success at SH.

LRH was not at SH; he knew nothing of all this as yet.

The people in LA, probably including John Mac, in their excitement overlooked the obvious fact that having a mere Director announce and welcome the First Clear was not at all characteristic of LRH. Anyway, they were keen and they were eager and they were not going to let go of their fuss over the First Clear that they had in their hot little hands.

Betty James, then HCO Exec Sec WW, gave as her opinion that John should be brought back to SH at once to be given his Clear Check before any other decision could be made. I agreed, and issued the order in LRH's name. John Mac came to SH, had his Clear Check, and was declared Clear #1. This information I now telexed to LRH in S. Africa, and so far as I know this is the first that he heard of it. His response was "Congratulations MacMaster." This was his telex style.

I have to add that I speak from memory, and of memories forty years old. And I speak at an age (63) at which memory can play tricks on one. But I'll back my version against Jon's wishful and hateful thinking, any day. I doubt the e-meter would support the certainty of his conviction at all.

A further note: After John Mac, the Clearing Course produced more clears, regularly. Each announcement was telexed to LRH. His responses were always in telex style. I routinely changed them to memo style. I was removed from my post for thus interfering with his communications. I never told him that I was following his orders. It would have made matters worse. And I wanted off anyway. It was too much for me then.

The Hubbard I knew at Saint Hill

The LRH I got to know at SH had already consolidated his position as undisputed and not-to-be-challenged leader of Scientology. I do not believe he arranged this for purely selfish reasons, although self-interest must have played a large part.

Furthermore, I arrived at SH during a period in which he had already turned over to others the greater part of the day-to-day management of SH and of international Scientology. He was taking time out to research what was later to become the Clearing and Advanced Courses.

I know he was doing this research because shortly after I began work at SH (as his butler and then as Household Officer) he would tell me about what he was finding in his research. He'd speak to me for 15-20 minutes every day, when I brought to his bedroom a cup of hot chocolate. Over this drink and a few cigarettes and in his nightshirt, he would tell me all sorts of things. Frequently he told me what he was finding out about the construction of the basic reactive bank (the subject of the Clearing Course). He had an auditing station in his bedroom and it
looked well used. He established another one on the top floor of the Manor where he had a beautiful study. He would often go there during the day to do more sessions.

Other than what he told, usually over his chocolate — and those monologues covered a very wide range of subjects — I saw him mostly as a householder and family man. I saw no signs of sharp practice, no signs of dishonesty or immorality. I saw no temper tantrums, no particular arrogance, no drinking, no drugs, no heavy authoritarianism or dictatorship. He was consistently friendly and relaxed with us all as a rule, except when one erred badly. Even then he was not severe, and on one occasion of bad temper with me (fully justified) he did apologize later that day, with a genuinely friendly smile.

I saw him as a gracious husband and caring father. Of course, what I saw of him was limited. But I lived under the same roof and saw him every day for months on end. I saw no weight of conscience. Was he unaware and uncaring as he manipulated us poor, mean boobies under his hypnotic spell? Hardly. He had exceptional manners and was very quick to put one at his ease with him.

I did have a glimpse one day of a vulnerability in him. He had given one of his regular Briefing Course lectures. It was a cold, raw, wet winter evening. His throat was sounding a bit rough. He came in and sat at his desk. I found him there shortly after, to tell him his dinner was ready. He slumped in his chair, obviously lacking a lot of his usual energy. I invited him to come to the table. He didn't respond for a moment. I could see something was up. He complained about the scratchiness in his throat and was worried about it. I immediately got him something to soothe it, and it worked. He then said a few words very quietly. I've quite forgotten what they were, but I remember the impression that something had taken the wind out of his sails. He was questioning his ability and the validity of his work. I simply blurted out the first thing that came to my mind. "Then how come you were able to write the Axioms?" He appeared stunned for a moment. "Oh," he said, "That's right. Perked me right up." And he got up and went into his dinner. I was studying the Axioms of Scientology at the time and they were impressing me deeply.

What can explain the differences between the LRH that Jon Atack portrays in this period, 1949-1966, and the LRH that I knew from mid-1964? I don't have any authoritative answers, but can hazard amongst some or all of these:

By 1964, his experiences had matured him; his marriage and family had settled him greatly.
The sessions he had received, whether for research purposes or for personal enhancement, had helped him.
His increasing understanding of the human mind and of the spirit helped him.
He was under much less threat as leader.
The organizations under him were relatively docile.
Nobody within was questioning his PR about himself.
He had learned to manage money very carefully and had confidence in his ability to make capital and income happen.
He had achieved steady organizational growth over several years.
He was on and completing a research path that satisfied him.
He was not pushing himself into the public view and therefore was not under his own pressure to impress the public.
I was experiencing personally a man I was not looking to hate, lessen, or destroy.

**Setbacks**

In 1966, several shocking developments hit Hubbard. A Parliamentary Enquiry was called for in London. He was told to leave Rhodesia. He was then told to leave Great Britain, his and his family's home for several years. I believe that these events re-triggered his paranoia or a similar psychic condition. Although his is the primary responsibility for being so triggered, it is also true that the organization around him failed to perceive and cater to his needs following these shocks, and we should have. It was not until many years later that he would trust an auditor to give him regular sessions (the second and last of whom was David Mayo). And when,
Regular Column — IVy on the Wall

a little before David Mayo started auditing him, a group of highly-qualified auditors on the ship attempted to organize an auditing program to remedy the years and years of early sessions (which may not have been badly done, but which very likely contained some errors serious enough to be giving him continuous trouble), LRH stopped the attempt. These people were all seeking to apply his own standard technology to himself, for his benefit. It was too little, too late.

He found some tools with which people could help themselves and each other. He created an organization to serve that purpose which could have helped him. But he created it in such a way that he could hold it always at arm's length and strictly control how it related to him. He created it to agree with him, even with — and carefully with — his own aberration.

But we who followed him and complied with him as best we could, we also were coming along our own paths. We were becoming more aware, more able, more responsible. He could not let us take any control out of his hands. Control, in his aging hands, turned into perversion of purpose. Then, many of us did what was the last thing we would have thought of, years before:

We walked away.

We can be sad about him, we can be angry about him, we can be neutral about him, but we will never forget him.

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The Editorial Board

When IVy no. 1 was being prepared I put on page 2 "Editorial Board consists of Antony A Phillips...". At the time (the inspiring moment of creating a new magazine) I thought it rather a joke to have an editorial board of one person.

The joke has worn thin. But now the board is expanding.

In June I received the following comment on IVy:

"But I also wanted to bring up another thing with you and that is the content of IVy. If we look at the content from a grade chart viewpoint almost all the articles are about the levels of Life Repair and the lower grades and Dianetics. These are important topics to cover of course, and in the latest issue I especially liked the article by Bob Ross.

"But I would also like to see a healthy dose of articles about aspects from the higher part of the bridge — about spiritual things. In the latest IVy only the articles by Angel and Toddle deal with those aspects of Scientology. Is this a reflection of where your own interest is on the Bridge, or is there some other reason?"

This was from Ulf Högberg in Sweden. The long and short of it is, that Ulf is now the second person on the Editorial board. If you have any articles, ideas for articles, or comments you can also write direct to Ulf at:

Västra Stillestorpsgatan 15
S 417 13 Göteborg

e-mail ulftage@tripnet.se

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Power Processes (John Mac), Part 2
by John McMaster

[Continuing from the last IVy, this is an unedited transcript of a lecture given by John McMaster to students of Dianology in Los Angeles, California, on November 14, 1970. We have reprinted the first part of the article in the last issue of IVy.]

Pr. pr. 4

Then out came the next process, another process, to help a guy out. It was obvious that if a guy is stuck in an incident he's off source. He's sourcing everything out of an incident way back in the past, you see. So how do you get a guy back on source, 'cause then he's going to be able to "what is" and "what isn't" much faster and he's also going to be able to run his incident that he's stuck in much faster. So in came the source process. The source process was the third power process to be evolved, but you run it first. The normal run of power is Pr. Pr. 4, which is source, "Tell me a source. Tell me about it. Tell me a no source", not "non-source", "no source", "Tell me a no source. Tell me about it".

And you run those two until, and I'll tell you the first time that process was run, I ran it, and it did exactly as Ron predicted. Exactly. He said that the preclear will very likely say, "The room is much brighter. Things seem a lot more solid". And he explained it to me like this, I was half-way through that session. And 'cause I had about 55 other hats too, I put a little break in and I charged through to the communication center to get whatever papers were in my basket at the time. And whilst I was there Ron came to me and he said, "How's that process going?" And I said, "It's going very well". So he said, "Come here, John". I came over. And there was a bookcase there with a glass front. And he said, "You see this glass here?" This library had bookshelves up the walls with glass fronts. He said, "Now a person who is very much off source, they won't see the wall where the wall is. They will see it where the glass is. And so they're the type of people that kick their feet, that kick buckets over, the worse off source they are, you see". So he said, "They will always be like that. That's how life will be for them. There is a visual depth error in the way they see things".

So I said, "Got it". So I charged back to the preclear. She was an American woman, and I called her in, and she said, "When I walked out after the session a funny thing happened. The whole world was much brighter. Everything looked more solid, and it was as if I'd had an actual visual depth change in my eyes". Could she have had it more perfect? So the first time the process was run it did exactly that. That is exactly what happened.

Nevertheless you will see as you're running it suddenly, the guy might not say it, but you will see something happen. He's suddenly looking around, and he's looking different, and if you are really there, that is the one time when it is permissible to say, "What happened?" Only when you see that suddenly he's brighter. He's looking all around. He's had that visual depth change. It's the only time it's permissible to alter the giving of the commands and say, "What happened?"

You don't want to overrun that process either. You can run it and you can produce the phenomenon a second time, but it might be 3 weeks later. And you might have to go through god knows how many times with the tone arm going off the meter, as he redes the charge of finding himself. You see, it's a gradient here. He can find himself as a much greater source than he found himself the first time, but you've got all that other junk to go through, and he's got to confront it on the wrong process. That's why you should beware the overrunning of these things.

Anyway, so you run the 4, "Tell me a source. Tell me about it", until the guy has this phenomenon.

Then you run "What is, what isn't". That is, Power Process #5, it's the existence process, and that gets him cycling beautifully, you see, backwards and forwards and backwards and forwards and so on. And you run that until the guy, first of all he might give you a command from possibly in present time. Like, "What is?" "The room". "What isn't?" Something, whatever,
you know, like he seems to be in present time, and you think this is fine, you don't need to run the process. No, it's not like that. Run it until he stops cycling. But now the way the guy cycles, as you've seen, he isn't necessarily going to say, "150 years ago", or "20 years ago", or something. He might just say, "a toy". Now you know where he's looking. It might be a man that you're running, and you say, "What is?" and he'll say, "A toy", or "A crib". I've been auditing Esta's son, you see. And I've been running him on this process. And you can see he's cycling by what he says is. You know it's 50 years ago, 20 years ago, 30 years ago or whatever, the item he's giving you that is. You can pick up the cycling through many and varying ways. He doesn't have to say "50 years ago". It isn't like that. Just as he answers the question you'll see that he's cycling. As he cycles and he comes back and he gives you six answers, just around the room, freshly, apparently in present time. Then you can end that process. And it's nice if you've got a floating needle at the same time, too. But know, number one, that if he starts off in present time, know that he has cycled, and then that he has come back and been in present time for 6 answers. And then you can come off that process.

And you take him on to the conditions process, which is, "Tell me an existing condition. Tell me how you have handled it". And you run that to a revivification. Now it is possible that some people have blown it in previous auditing. And there might not be a stuck engram. At which point, as you watch the guy, you assess, and when you've got a floating needle, then that is the end phenomenon for that process.

Other power processes

Now, if you are running the second one, "What is, what isn't", and the guy comes up with dichotomies, or endwords, like he starts saying everything is the opposite of everything else. You say, "What is?" he says "Black". "What isn't?" "White". "What is?" "Good". "What isn't?" "Bad". Or anything of that nature, a dichotomy. Or endwords, words with, you know "embattledness" or something like that. You stop that process. You park it, and you then run Power Process #2 because this guy, due to a former practice, treatment, or belief, is so collapsed in the bank. He's so collapsed in the bank that he is going to get tremendously ensnarled in the bank with the other process until you help him out of it by finding the practice, the treatment or the belief that he's been involved in. So you list, it's a listing question, "Tell me some practices, treatments, or beliefs you have been involved in, whether you have left them or not". And I see on Bernie Green's bulletin he's got, "Tell me some practices, opinions, or beliefs you have been connected to". I think that he's incorrect on that thing that he's doing. "Tell me some practices, treatments and beliefs you have been involved in whether you have left them or not". And you list on that and you get any charged item from there that the preclear's interested in, and run it.

And you run it, "Tell me a condition encountered in so and so. How have you handled it?" And the reason why you're running that is simply to free the guy from his past practice now. You can find that the engram that you are looking for that is going to be revivified is picked up by this process. In other words he can have the revivification on Power Process #2. Because his incident is on that practice. And he will have the revivification whilst you are running Power Process #2, in which case that's the end of the power processing. You don't have to come back and run 5 here, to run 6, you don't have to do another damn thing on the power processing. That Power Process #2 will do that when a case is very stuck in a past practice, treatment, or belief. That's very important to know. Because obviously once you've reviv'd the guy you're not going to produce another one by running another process. That's what you were looking for and you've got it.

pr. pr. 3

Then there are the other power processes. There's Power Process #3 — at that time we didn't have rehabilitations, you see. And we had to have a corrective process. You know, to pick up something, so we used to run, "Tell me a condition encountered in auditing. Tell me how it was handled". Now that's to free a guy who has made mistakes as an auditor, and the guy who has been a preclear and had an unhappy handling or something. Bernie Green just laughed like a dragon yesterday. He said, "This is a process you only run when the person has been destroyed by the organization or auditing".
You just run it to get the guy, say he might be backing off auditing because he's made mistakes as an auditor, and he can't make gains anymore as a preclear because he's made too many mistakes as an auditor, and he's stuck in his mistakes as an auditor. So you audit him, and the guy just goes, "Yak yak yak, nobody ever listens to me, and everybody's fucked me up", and this type of thing, you see. And the reason he's saying that is because he's had some heavy goofs as an auditor. So you run the process "Tell me a condition encountered in auditing", and suddenly you'll say, "Well that time I overran so and so, or the time I evaluated, or the time I did this or that, broke the auditor's code, and yak yak". And you'll find that all of those things are sitting in the way of the guy making gains. And that would be a marvelous process to run on our friend. The one who's never made any gains in auditing. Just to find out if there is anything there.

Please feel free to come and talk to me about this any time you want to that I'm available. Or if you want us to get all together again, we'll get together again. Because these are vital processes. They are designed for a particular purpose, each one. And if one's going to use them, one's got to honor that. 'Cause otherwise they can be damn dangerous. And they really can be. You know, sort of left half-cocked, where you **[tape unintelligible] restimulated and then the guy gets a floating needle and he's in the middle of his engram and he goes trotting on from there, or whatever. And that engram, you've brought it into restimulation, you see, simply by starting that process.

And the idea is to keep it muzzled, to run as many commands, except don't force the preclear into your time. You must go into time with the preclear first. And then when you are in time with him, then bring him into your time and speed up the velocity of giving those commands. 'Cause if you're out of time with each other you're auditing something else other than the preclear in front of you. So you go into time with the guy and then bring him gradually into time with you and speed up those commands. You've seen the speed with which I am auditing that process now, the rapidity of it. The way you do that, you're just clearing away the junk, just by your being the auditor.

**Power plus**

Then you have the Powers and you come up to the Power Plus. Now Power Plus is designed to just clean up those little odd bits that sit between the preclear and the basic bank. Tiny little bits and pieces of stuff, you know, that might get in the way. And the first one, 1A, is, "What person have you known?" And you list on that. And then you put it into these commands. It's beautiful. It's a combination of problems and overts, OW and problems. "What have you done to (the person)? What problem were you trying to solve? What haven't you said to (the person)? What problem were you trying to solve?" That is, what problem were you trying to solve by doing that? What problem were you trying to solve by not saying that?

**Power plus 1B**

And the next one, which is Power Plus 1B, is a beautiful one. It's "What place have you known?" And guys here will come up with a house, they'll come up with their body, as a known place, another body. They'll come up with Earth, they'll come up with the solar system, they'll come up with the universe. Whatever they come up with, that's the item. And it's very interesting, you know, what people have as a place. But obviously anything is a place that's a place. And then you say, "What have you done in (the place)? What problem were you trying to solve? What haven't you said in (the place)? What problem were you trying to solve?" (Question). You list off of that, and you null the list.

**Power plus 1D**

And then the final process there is Power Plus 1D. "C" disappeared. It's "What subject would you like to know more about?" And that's a lovely one, too. (Comment from audience). That was very interesting, because people were going on telling each other about. Wilbur Hubbard [Wilbur Hubbard came from Hawaii and was not related to Ron, to my knowledge, I was Saint Hill staff at the time, Ed.] was telling everybody about the fantastic process he was being run on, you see, and giving the students the commands, and the students were writing out the commands to Australia and America and everywhere else, and you know that he never once remembered the commands correctly! And every day he came in and said, "Dammit, today I'm going to remember the commands properly!" And
he'd get them all wrong. Anyway, it's "What subject would you like to know more about?" You list and null and you get your item. And when you've got the item you simply say, "What have you done in such and such a subject? What problem were you trying to solve? What haven't you said in such and such a subject? What problem were you trying to solve?"

**Usual end phenomena**

On these particular processes you just run to a floating needle, good indicators, and everything else that you would normally run to the end of a process. And also, it isn't absolutely necessary, you can just say to the preclear, "Well, that's all on that", and he looks fine, and you say, "Fine". And you watch, till you get your floating needle there, okay. Run to preclear's reality of end of items you know, and your own observation that the indicators are good. You can call the item again. But you can watch as you give a question. Say you're running it on a person. "What have you done to Julius Caesar?" And you just don't get a read, you get a floating needle. Well, that's it. So the question doesn't read. But there's another point here, you see, wrong item, everything reads. So you can have those questions reading as you give them every time because you've got a wrong item there. That's a datum that Ron gave us about 1963. You've got a wrong item if the needle reads, probably in protest, every time.

It was rather lovely, you know. In the early days it was, "What the hell does the bloody preclear know, anyway? The fool was sitting there because as a preclear he doesn't know anything, he doesn't even know anything, or all the rest of it. In 1964 when I was case supervisor of the Briefing Course, I went to town. Ron had come out in July 1963 with "You Can Be Right". You remember that bulletin? I constantly had these older people [say] I was a Johnny come lately. Which was probably just as well as I didn't have all that old crap to work through. But Jenny and Reg and Fred Hare and those guys, they kept on forcing, "The preclear knows nothing, the preclear knows nothing", they used to say. So I used to say, "God damn you, he's the only one who knows what he's trying to handle. You don't know. So you better let him tell you. Because he's the only one who's going to discover what it is. He's got it, you haven't. So he must be allowed to be right". And I said what the hell did Ron put that bulletin out, "A preclear is a human being too", strangely enough. So finally we got it changed. And on that new rules of listing and nulling, "If the preclear says it's the wrong item, it's the wrong item". Oh, God, how many years of battling to get that through! That the preclear is the only one who knows what he's got, and all you've got to do is to make it safe enough for him to discover it.

I would love to talk to you at length about the running of these processes, for they were so exciting! And really I take my hat off to Ron for this tremendous insight, you know, the product of years and years of experience of the reactive mind of people. Oh, some of the experiences I had running these, and being run on them, it's just out of this world! You don't see the knowledge that that man really did have, or does have. Whatever he's doing with it now! He has got this fantastic insight into the mind of man.

After a long crawl from Page 25! Perhaps you can invent a caption for this — but the one we prefer at the moment is: "IVy year's subscription is not so much when you get to really confront it!"
Low Tech Intensive Starting Procedure
Using Repair of Havingness to Start an Intensive
By Bob Ross, USA

This is the last of five articles in which Bob Ross relays the essence of what he has developed for starting cases, based on his 50 years of experience both inside and outside the Church of Scientology.

IN THE ESSAY FOR IVy 53 I wrote up material to ensure optimum usage of the following LOW TECH method for starting clients into session. This starting procedure completely replaces Formal Model Session Ritual. If you have not read the essay in IVy 53 I strongly advise you to do so before reading the following material, thus avoiding temptation to use it before reading about how to recognize and handle client confusions that can show up when using this following procedure.

Formal description of “WORSE?” Session Opening Procedure.

1. After the client has named or partially described the current problem immediately ask “What could be worse than that?”

2. This question, “What could be worse than that?” is asked again and again, varying the wording, if that seems helpful, until the client brightens up and lets you know that that last answer was the worst for him or her. At that point, you ask, “What have you done, said, or thought, that has either created that problem or kept it from resolving?”

3. The answer to that question is the TOPIC or will lead to the TOPIC which you will plug into one or both of the POC (Power of Choice) procedures, POC EXPERIENCE or POC BLF (belief handling).

That is the entirety of the procedure.

Helpful hints
At start of session if the client seems upset and talkative you have at least three choices. One choice is to use the Brief Three Minute Upset Handling procedure described in IVy 53 (page 42), a second choice is to use the full Upset Handling procedure described in IVy 50, or, third choice, ignore the appearance of upsetness and trust to the opening procedure described here to handle things, for it very likely will.

If you have decided to use the opening procedure described here, just break into the client’s monologue of troubles by asking with good intention, “How could that have been worse?”
If the client is not at all upset but has a problem to handle, acknowledge the existence of that problem and ask, "How could it be worse?"

Then continue by asking the key question, "What could be worse than that?" Do not hesitate to modify the question as seems appropriate in any way that you think will help the client to find answers to the questions.

More hints
When a client seems to think he or she has given you the worst that could have been, but has not brightened up, be inventive, be creative, find a way to jar their thinking loose.

Remember that you are looking for the client's deeply buried idea of what is worst, what the client has been not knowingly avoiding, perhaps for trillenia. You are looking for the client's idea of worst, not your own.

When a client answers, "I could be dead." I immediately say, "For me death is a solution, a way out, not a problem." And, follow such a remark by asking "What would or could be worse than being dead?" (This is not evaluating for the client but opening a door to another opinion.)

Each time the client invents something WORSE, than the previous answer, acknowledge that they have answered by instantly asking again, "What could be worse than that?" or "Could anything be worse than that?"

Use the WORSE? question repetitively but not rotely. Vary your wording and be as directive each time, as seems to you helpful.

On the other hand, if the client has answered with some terrible condition like losing a leg, or becoming blind, I immediately look for some way things could be much worse than they have been looking at, e.g. "Would being a paraplegic (or being deaf as well) be worse? Would your whole family dying, or perhaps, being enslaved, be worse? Just think of things that would be worse in some dimension or another. "Would the sun going nova be worse?" "Would a famine be worse?" And so on,

Sometimes, when a client's successive inventions are only slightly worse each time, I speed things up, by asking "What is the worst you can think of?" Whatever they answer, if they have not visibly cheered up, I go back to asking, "Could anything be worse than that?"

I hope that the client will at some point spontaneously say, "Nothing could be worse than that", referring to his or her last answer, and brighten up, or at least seem less gloomy. If not, I ask, "Is that the worst that things could get?"

If a client can't think of anything worse than the last physical condition or circumstance without brightening up, I ask the client to shift focus from physical worseness to mental, emotional, spiritual or religious worseness, and tell me what could be worse in any of those dimensions. This has always worked for me.

When a client gives what they obviously think is a worst situation or condition, (other than death) and can't seem to think of anything worse, but haven't brightened up, say something to shift their viewpoint. Usually the client will have been answering in physical universe terms. When that has been the case, I ask, "What would be worse from a theta, a spiritual or an emotional viewpoint, or even a religious viewpoint?" I had at least one client say, "Going to hell!"

Synopsis
Ask again and again and again, "What could or would be worse than that (the last mentioned problem)?" until the client has described the worst possible situation that you and he together can imagine, and has brightened up.

At this point, the client will have created so much havingness for self, that the mass of the original problem has moved away. The client can now easily and with little or no comm lag, name the charge that has either created that problem or held it in place.

Final step
Final step of "How could that have been Worse?"
Opening Procedure:

Having noted that the client has brightened up, ask: "What have you done, said, or thought, that has either created that problem or kept it from resolving or going away?"

Clients in moderately good shape, will give you a clear cut word or phrase (which I call the TOPIC) in answer to that question. You then plug that TOPIC into the BELIEF handling or
EXPERIENCE handling POC (Power of Choice) procedures to as-is the charge. On the other hand, clients who are confused will give a confused or confusing response. Such a response has to be examined further to find the TOPIC word or phrase.

The simplest workable question to ask is, “How would that (what they just said) have caused your problem or kept it from resolving?”

Another handling which comes from my experience with “Clay Table Clearing” is to say, “What word would be represented by ______ (the phrase or phrases the client spoke in answer to the question)?” “What have you done said or thought that created that problem or kept it from resolving?”

A third way to look at such confusing answers is to compare them with answers one got from the File Clerk when running engrams. If an engram is the source of confusion phrases, then running that engram, might be the optimum way to run off the experience that is the source of the problem.

That is why it is important to always write down, exactly what the client says when answering the question, “What have you done, said, or thought that created that problem or kept it from resolving?”

I have covered this in even greater detail in the previous installment of this series.

Once you have a TOPIC you ask, “Is (TOPIC) based mainly on EXPERIence or mainly on your beliefs (BLF) or both?

If both, ask! “Which should we run first?”

I call this answer the client’s TOPIC.

End of POC Opening Procedure
What is a Scientologist?
by Tommy Thompson CO FZAO LA, USA

Good Morning:

IT HAS BEEN BROUGHT TO my attention that much of the research that I and others have been involved in has use in other channels, mainly those dealing with Spiritual Counseling and Clearing Technologies.

I have opened a FZAO in Los Angeles, and have plans underway to open others in Mexico, Israel, Moscow, and San Diego. I will be taking a couple of months in September to travel to Europe to deliver training and auditing, and to establish more firmly these Orgs. San Diego is already on line, and delivers both training and processing.

The Free Zone has become fragmented. This was due to a large degree by the organized attacks on individuals and groups by the CoS (Church of Scientology) in an attempt to squash them. Ironically, they were being attacked for practicing standard Scientology. Seems like there is a little line in the Justice Policy Letters about "pronouncing Scientologist guilty of practicing standard Scientology".

Why

Our natural tendency is to seek those other beings out with like minds, to continue as best we can whatever of the bridge that we perceived and wanted. That is all anyone wanted. They wanted to be able to train, audit and co-audit in peace. That's all. Simple spiritual freedom. And of course the Organized church came down on these people hard, for two-fold reasons. One, it was direct competition. Why would anyone in their right mind pay $1000 an hour for auditing if someone else could deliver the same product for $100 or even $400 an hour? The second reason of course, is because the organized SP's did not want anyone going OT at all, and not even clear if it could be prevented.

And of course it all runs back to 4th Dynamic meddling, keeping the prisoners in, and make sure they never find out they are any more than a meat body. Increase the pollution, make the traffic and living conditions restimulative, buy up any patents on anything that threatens big money, and bury it unconditionally. And of course that included Scientology and Dianetics.

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1 FZCO BULLETIN 22 MAY 2001, issued by FZ AOWW COMMUNICATIONS OFFICE, Free Zone Advanced Org Los Angeles, BPI (Broad Public Issue). At about the same time ten other issues came out (Bulletins, Policy Letters and Executive Directive Letters). These are available on the FZA (Free Zone America) Internet Site at http://fza.org/fzao/index.html
Buy up all the trademarks, sue anyone for any reason at all, milk it for every dime you can get out of it, and make sure it has a bad name world wide, just before you pull out with all of the cash and reserves, and let it crash totally.

Well, this is pretty much exactly what happened to the church. They gave Scientology a bad name, they made the beingness of a Scientologist a travesty, a joke, an object of ridicule. And worst of all, they cut any com lines from the name, they made the beingness of a Scientologist a travesty, a joke, an object of ridicule. And worst of all, they cut any com lines from the “in­nies” to the “outies”. They declared or ran off in one form or another anyone trained by LRH, anyone OT, or in general, anyone that protested in any way. And today, they declare indiscriminately, without even the benefit of a com ev [Committee of Evidence]. Not even a “kangaroo court”; one just for face’s sake.

Then they set out on a cold-blooded mission to eradicate any groups of scientologists or OT’s who were trying to carry the ball as best they could. Of course they did not succeed, they just splintered them even further. Nothing they could have done would have ensured the continuation of Scientology more than that. It was the equivalent of trying to as-is a rock with a stick of dynamite. They just further alter-ised it, made it persist, and additionally pissed off the thetans involved.

**Attacks**

And of course the church started pulling in world-wide attacks, flaps on every front, and even dumped *Battlefield Earth* on the big screen for millions to vilify and scorn. And then they started lying, kept on lying, and are still lying. The biggest lie of all is the big Scientology sign on all of the buildings. Most of the real Scientologists had left by the early 80’s, and the robots they are turning out now have no idea of what standard Scientology even is. I have gotten recent flag trained and audited people on my lines that can’t setup or read a meter, or even fly ruds!

It would almost be sad if it was not so funny. It is just too incredible to even be taken seriously. And the worst part is, the poor suckers think they are doing it right! You would be surprised at the amount of “Flag doesn’t do it that way”, “Oh, we could never do that at flag”, etc., I get out of pes in session. And they are really, really surprised that they feel good, that stuff got handled they have been trying for years to handle, and that 20-30 division of TA an hour is no big deal at all, just routine auditing.

**Improvement**

And a few hours of cramming and drilling properly takes a “class 5” auditor from getting about a division an hour on a grade 9 pc to 22 an hour in a couple of days! Like I said, it would be sad if it was not so funny. The funniest thing, is that they have actually read all the correct HCOB’s and HCOPL’s to be producing results. But they have all this false data entered in, and “now I am supposed to’s” that effectively end the processing. Sad, so close and yet so far. One auditor on some intensive cramming had a giant win and huge cog: “Oh, I see.. TRs are supposed to be natural, and you just help the pc.” Just too incredible to be believed.

So the church is gone, only the signs are left. And they even are altering the books and tapes subtly, so they are not even really a good bookstore any more.

And by no means am I holding myself up as a flubless auditor. I make mistakes all the time, and I correct them and carry on. I personally audited around 500 hours in the last 9 months. I have a stack of pc folders taller than me, and a wall full of wins, success stories, and standard ravings “beyond wildest dreams, etc.” From plain old, everyday garden variety auditing with good trs and an intention to help the pc. And I even had a red tag once, and another pc blew. Same one, come to think of it. No big deal, can’t help everyone, and I concentrate on the ones that I can.

**What is a Scientologist?**

Well it is pretty simple really. It is that thing that you were proud to be once. It is when you were on course and happy, and no one wanted to leave, and hung around coffee shops. It was when your friends were all winning, you were discovering life and livingness, and everything was going right. It was when you bought *Dianetics*, and *New Slant on Life* and *The Way to Happiness*, and just gave them away to people.

Per the *Tech Dictionary*: 1. one who betters the conditions of himself and the conditions of others by using Scn technology. 3. one who understands life. His technical skill is devoted to the
resolution of the problems of life. 4. A specialist in spiritual and human affairs.

So in my book anyone who is even using the smallest of the principles of scientology in bettering conditions is a Scientologist. Squirrel, splinter, or no. And for me, those three sentences above describe me perfectly.

Specialist

I am a specialist. I know my stuff, I know it is correct, and I know how to apply it to better conditions. And boy, do I ever understand life. There is no situation that can come up that I do not know how to handle, there is always a way to change things to a more optimum condition.

I signed a billion year contract long ago. I figure that has quite a while to run still. And if the old man comes back, I don’t really want to be caught sitting on my butt with my finger in my mouth because I didn’t know what to do. More than that, I am miserable indeed only playing wog games fooling around with MEST, care and feeding of the body, and craving for humane agreement. I am only truly happy when I am auditing or training others. I am only happy when I have a worthwhile purpose and am making progress towards it.

For me, helping others is the only truly worthwhile purpose there is. Cleaning up the planet, contributing along the dynamics, it is all the same ball of wax. The best thing I can do for me is the smallest thing I can do for you.

LRH ... and other contributors

If LRH does not come back, that is OK too. Thank you, Sir, thanks for the wins and the tools. I wish him nothing but fair roads and good weather. He left me a plenty good set of tools for getting out of the soup, and I am going to use them the best I can. It is up to us all to do what we see fit. Freedom cannot be monopolized, legislated, or destroyed. We have to lay down and quit on our own determinism, or keep going by the same precept.

I see a lot of folks vilifying and scorning LRH and the work he did. I have not seen anyone even remotely contributing anything near as effective, broadly reaching and workable. Even the suppressive crowd is hanging on to every word, just to find some new perceived or actual fault. LOL1. Total effect, regardless of the posturings and denials. Even the denial is admission of effect. And of course a few have to take the principles and alter them a bit so they can claim source. More power to them. As long as they are helping folks, I don’t care if they say it came from a revelation on an acid trip.

Of course there are a few beings who have contributed in the area. Some are even major contributors. I see this as a normal operation. LRH even said, “for God’s sake get busy and build a better bridge". I see bright handlings showing up all over the place. I see an extra passing lane here, a shored up pillar there, and fresh new patch on the bridge appearing now and then. And of course this is flying totally in the SP’s face who wants to tear it all down and sink everyone back in the mud. Of course it is hard to get up the bridge. Just look at the amount of effort you have to expend. That is how much counter intention is against you. No one said it was easy. And no one who has really crossed it will tell you it is not worthwhile. The folks trying to distract you are doing just that. Pay them no mind. They are only effective at restimulation in the first place.

Action

So that is what a Scientologist is. It is me, and you, and even the fellow over there with his head in the sand wishing he had the courage to do something.

Go get a pc. Give an assist. Give a locational to a drunk. Handle an ARCh [break of affinity, reality and/or communication, an upset, Ed.] for someone. Ask: “What solutions have you had for that problem?”, to the troubled. Go read your poetry at an old folks home. Give a karate demonstration for the kids. Do something. Be effective. Charge up your meter, fly someone’s ruds. Read a book, listen to a tape, increase your understanding and ability. Don’t lay down. We all are counting on you, I am counting on you most of all. I need you to be free so I can be free.

1 LOL = Laughing out loud (Internet email shorthand) Ed
And don't forget our brothers and sisters in the Church. Most of them are good people, they have only been duped, is all, and forbidden to look under fear of excommunication and declare. (They don't know that the first one is the worst!!) Most of them are trying to make the tech work, even with all the MU's [misunderstoods] and false data they have. Don't be too hard on them. They don't really understand yet.

**Beingness**

And last but not least, grant some beingness to each other. It is OK to be right, it is ok to be wrong. Nothing wrong at all with fighting either. But let us not forget who the true enemies are, and not waste time on wrong targets.

Tommy Thompson  
CO FZAO LA  
pthorn1@pacbell.net  
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Tommy wrote the following on himself

I WAS BORN IN 1950 in a small town in Reserve, New Mexico. My father owned sawmills, and we moved around all over New Mexico and Arizona while I was growing up. As we were well away from city life, you had to make things go right, there was no help.

I learned all about mechanics, welding, carpentry, trucking and heavy equipment very early in life. I bought my first motor scooter with my first pay from skidding logs for my father on a Caterpillar D9 when I was 11.

My mother and father knew you lived forever, and I was never taught much otherwise when I was a child. I was exposed to a Baptist and Mormon background, but no one believed that the supreme being was anything other than what you carried inside. I was fortunate as I was encouraged to learn and exercise my mind and will. I was exterior all the time when I was a little kid, and was not invalidated for it.

I attended High School in the White Mountains above Phoenix, Arizona, where I attended college, and eventually found Scientology. I was in the Army Corps of Engineers for two years in the Vietnam war, and was thereafter able to attend college on the GI Bill. My roommate got me to read some Scientology books, and about a year later, I walked out of college with 6 weeks left to graduate. I wouldn't waste 6 more weeks, and enrolled on a comm course at the Phoenix Mission.

Peter Gillam was the first OT I ever met. He became a very good friend and advisor to me, and in the mission I finished up the HQS course, and joined the Sea Org bound for Flag.

I came to Los Angeles assigned to the Flag Readiness unit to fix my "out quals" (which incidentally after a couple hundred hours of confes­sionals was a falsely reported rock slam). I was assigned to FLWUS, where I stayed for several years. In the meantime, I did all my studies at CCLA on La Brea.

Eventually, I became CO of the Manor Hotel, after getting flat on the RPF and going clear the second time there. I left and came back a few years later, and wound up as D of P ASHO. I left permanently in '81. I finished my OT levels to Full OT 7 while CO Manor. I trained to Class 5, and worked at AOLA earning my OT level c/s-ing and auditing. I found I loved to audit OTs.

I worked for most of my career professionally as a Civil Engineer. I put myself through college and worked for several years after the Sea Org as a design engineer. My last position was with the world headquarters of the Parsons Corporation in Pasadena, California.

I like active sports, I like to fish, speed boats, motor-cycles, build electronic things, am a good pool shot, and a champion dancer. I have several degrees and black belts in the martial arts. I like to roller-skate, ski, and travel.
Book News:

Sad Tale.....
by Antony A Phillips, Denmark


This book is now fifteen years old, and one may well ask why it should be reviewed at this time. As a historical record it does have considerably less importance than the actual philosophical and technical material of both Scientology and later additions and improvements, such as the Pilot, Electra, Filbert, L. Kin and many others have made. The tech, both study and use, comes first.

And it could be that nothing more than the tech is needed. Blaze away on the auditing trail and ignore what happened in the past. This would be fine, so long as no doubts, suspicions and curiosity entered into the scene. And some of our readers have lived through the past, and feel they need no reminder (perhaps would rather be without it).

However there is a group of IVy readers to whom this book would be very valuable, and that group consists of those who came into Scientology since 1985, and some of those who have been in longer, but have become curious as to what actually happened elsewhere (or even what really happened where they were).

This is a slim book, 90 pages, written by a gentleman who no doubt was appalled at the way things had gone, and wanted to make an unbiased statement of the various events.

Here you will find when (and where) Scientology was banned in Australia, and when and how the ban was lifted, when Sea Org ships were driven from the Mediterranean Sea and the Caribbean, various other black landmarks in Scientology's history, an account of the early days and the various splits and disagreements, Hubbard's movements after he left the ship, and many other things that help give a fuller picture of the historical side. Additionally, Townsend describes some of the organisations that official Scientology sponsored, and gives opinions based on the data he has collected.

When you are renewing your subscription, why not order a copy of The Sad Tale of Scientology? Your distributor will see that it is sent to you.

Tapes/CDs
At the time of the Great Split (defection from the Church of Scientology in the early 80s) there were a number of papers on the subject being duplicated and sent around (the first of them was called the Dane Tops letter). Two of these tapes stand out a little from the rest, at least in that they have recently come to my notice again.

One is a two hour interview I made with Bevan Preece, who was at East Grinstead, England, busy helping organise the information work going on, and who had contacts with Australia, where he felt the split from the Church started (a wholesale resignation of Mace's group when their advanced payments to Mace were transferred to the nearest org). There are both hilarious and breathtaking things on that tape. The other one is by Bent Coryden, who had a Mission taken over by the Church, where he describes something of the otherwise censored history of the church, The Mission Holders Conference, at which he was present, and many other amazing events, which certainly give meat to the idea that the Church was suppressive.

Recently someone borrowed these tapes from me, and copied them to CD, but we have not got anyone to handle distribution yet.

This is the last issue for 2001.

We take this opportunity of wishing you a Good Christmas and New Year.

We will be back again early in January for those who have paid.

Ed.
Sales Data

Subscriptions can be made direct to Denmark, for 275 DKr. to Europe, and for 325 DKr. (about US$50) airmail to the rest of the world. **Send Danish Kroner**. Subscription covers one calendar year, January to December.

**Distributors**

However, we have a chain of fully independent distributors, who receive subscriptions in their own currency, relay the magazine to you, and in most cases add their own locally produced material. These distributors charge less than the direct from Denmark line, and are fully responsible for the local material sent out.

Here are the distributors and the prices they charge. **Payment should be in the currency of the distributor.**

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28, Huxley Drive
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SK7 2PH
England

**USA: Canada, Mexico**
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Seby Crystal
24988 Plum Tree Street,
Hayward, CA 94544
Email: IVyUS@hotmail.com

**Australia & NZ: $A49.50 inc. GST.**
Mark Gamble, 25 Victor Street,
Banyo, Brisbane, Qld 4014 Australia
email: womby@hotmail.com

**Holland /l. 85,-**
Ineke Nouwens
Gentiaanweg 1
NL 5643 CA Eindhoven, Holland

Cartoons and pictures, relevant to Scientology or escapees from Scientology are needed. If you have, or can produce any, let us know. We would like to make the magazine as varied (though clean) as possible.

We are also very interested in receiving your articles and letters. On editorial matters, write direct to the Editor at Box 78, DK-2800 Lyngby, Denmark
Or Internet: ivy@post8.tele.dk or ivymagazine@usa.net

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That's all for 2001. Remember to pay for 2002 if you have not done so.