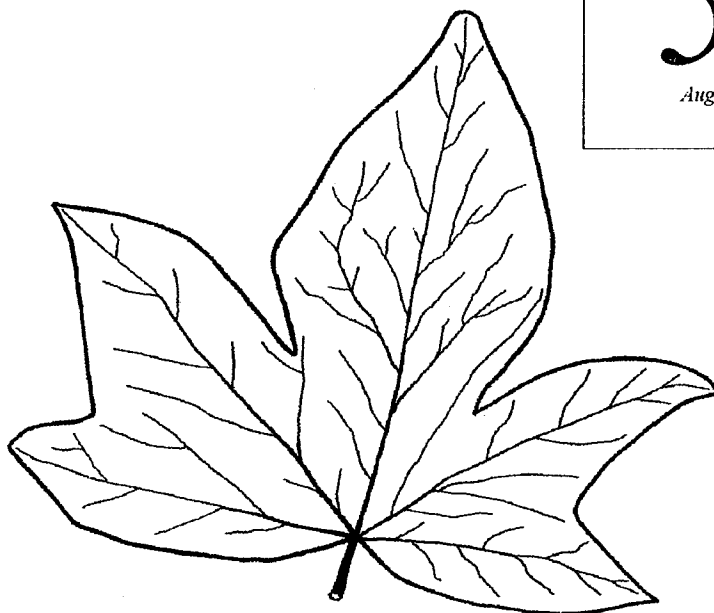


53

August 2001



# *International Viewpoints*

[Lyngby]

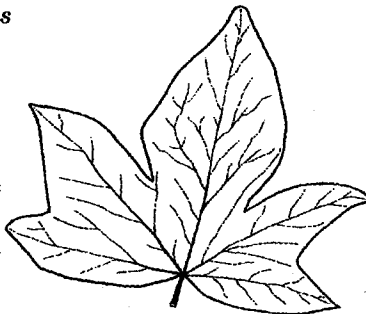


ISSN 0905-9725

*International  
Viewpoints  
(Lyngby)*

Number 53  
Aug. 2001

*International  
Viewpoints* =  
I.V. = (nearly)  
Ivy (plant and  
girl's name)



*IVy*

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*International Viewpoints* is independent of  
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### ***IVy's aim:***

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which eventually became somewhat secretive, restrictive, expensive and slightly destructive. From 1982 on many left or were thrown out of that church but continue to use and develop the philosophy and technology outside.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect). We represent many viewpoints, sometimes opposing!



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*IVy*

# Control

by John Ramsey, USA

On a day in 1979 a friend asked, "What is your definition of control". I responded with the definition that I had come to through years of research about words and their meanings: "The ability to create, continue creating and cease creating..."

"No", said my friend. "May I assist you to expand your understanding of control with a demonstration?"

"Yes," says I. He proceeded to present the following:

"Would you say that it takes energy to perform an action?" ("Yes.")

"Would you say action and using energy are the same?" ("Yes.")

"If I want to pick up this object, I am going to use energy, aren't I?" ("Yes.")

"OK. There are three ways to pick up this object. One of them is this: (Slams hand on object)...using more energy than is necessary to perform the action. Using more energy than is necessary to perform an action is called force, and the attitude of force is being in control.

"Another way that I have to pick up the object is this: (Dramatizes using effort to pick up the object)...I am using more energy than is necessary to perform the action (but still barely being able to pick up the object), and that is called effort. The attitude of effort is being out of control. Did you notice that in using force and effort I used a great amount of extra energy in order to produce an act portraying that something is wrong (and right)?" ("Yes.")

"Then," he said, "I have another way, which is this: (Picking up object effortlessly)...which is using the exact amount of energy necessary

to perform the action — and that is control, or having control — in other words, forceless and effortless action. Do you understand?" ("Yes.")

"The definition of control is: forceless/effortless action." (Technically, it is forceless/effortless action/inaction)

Well, I tried, but could not argue myself into invalidating this impeccable logic, and slowly my lifelong stable datum began to crumble.

Eventually, it altogether gave way! What evolved was the realization that every practice I had learned was based on being in control — to overcome being out of control.

My philosophy had been like the symbols heads vs. tails. I had not been actually having the true value: the coin (reality) itself. I knew I wanted reality (real clarity), not merely great ability at overcoming problems with a grand and highly polished act of controlling.

I realized that being in control is a trap of manipulation, believing ones own act, and therefore — is 100% unworkable (although 100% seemingly workable) to have what I really want: love and clarity. ☐

*John's advice: "Lighten up...you only live a million times".*

*John is original. He can be reached at: The Receiving Course, 4150 Hana Hwy., Haiku, Hawaii 96708 or emailed at jram@aloha.net, or telephoned at 808/572-9102 (USA) Please note the hour in Hawaii before calling. Wake him up! Check out his web site at: <http://www.aloha.net/~jram>*

*John was in the Sea Org, but just drove away one day in 1973, never looking back. He is now the founder of a clearing course that works very quickly and effortlessly because it is not based on an assumption or false principle.*

Looking at Creativity — 4:

## Another Look at the Process

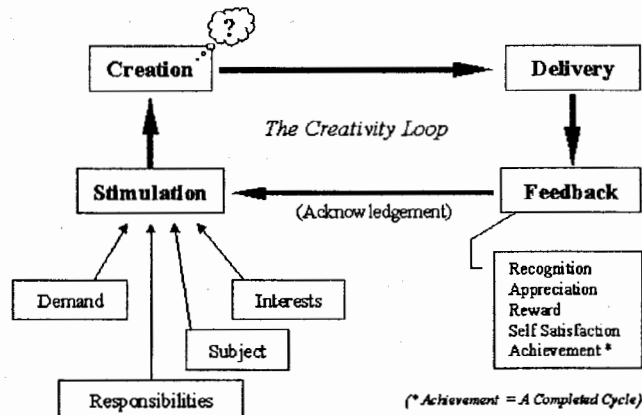
by Jim Burtles, UK

MY FIRST CREATIVE PROCESS Model<sup>1</sup> was developed around a central three-step production process, which was driven or supported by other elements. I called this the Creative Process Triangle because it had three principal steps or elements. However, it was still not entirely clear to me how it actually worked in practice.

I felt this basic model needed further refinement, perhaps it was too simplistic. I also believed that a better functional understanding might lead to some practical solutions or answers. So I stepped back to take another look at that previous model from an engineer's perspective with a view to figuring out how it actually worked.

### Conventional wisdom

In the conventional world a more orthodox version of the Creative Process Triangle would be a Creativity Loop model. In this type of model we see the urge to continue as a feedback loop; a successfully completed cycle leading us on to start another cycle, perhaps with a little more confidence because of our success.



Much of the Stimulation might come from our environment, which is commonly regarded as the principal source of inspiration and activity. Environment is a convenient catchall label, which could mean the "working" or "operational" environment, "cultural" environment, "educational" or "learning" environment, etc.

At the same time it is likely that Stimulation can come from within. A person might have a desire to act on a pure impulse that is not apparently related to any external factors at all. We could call this "absolute inspiration" as opposed to "reactive stimulation" or "pro-active motivation". The latter two are responses to the environment as it is, as it changes, or as it may become.

One could argue that "absolute inspiration" has no immediate practical value, although it may have some aesthetic quality or value. Obviously "reactive stimulation" is likely to have survival value and "pro-active motivation" will probably have a protective value.

For example, I have an Interest in carpentry and build a shed to satisfy my interest and practice my hobby. This is my absolute inspiration at work. Then one day a storm blows our roof off, which I see as a Demand for me to create a solution. I decide to Create an emergency shelter for my family and convert that garden shed into a temporary home (Delivered Product). This is my reactive stimulation at work. Naturally my family thank me for my solution to this problem. Their praise together with my sense of Responsibility prompts me to develop a long-term solution such as building a storm-proof shelter to protect us in

1 See "Let's Look at the Creative Process" in IVy 51.

the future. This is my pro-active motivation at work.

Stimulation, inspiration or motivation is probably the basic starting point of Creation. However once the cycle has been initiated it tends to become self-sustaining. We have the urge to finish something we have willingly started. Indeed any discontinuity or interruption in the Creativity Loop might be felt as a loss.

One's personal attachment to the created product is an exposure to negative feedback, which gives rise to a loss. Criticism of my product is a comment about me. The hope and intention is always to attract positive feed-back, which is a win. Indeed, the good product properly acknowledged is a game in which both parties win. This is the ideal win-win situation we all strive for.

### The creative cycle

Perhaps the trigger moment or event that is the actual beginning of a creative cycle can be said to be the instant of Inspiration (i.e. the beginning of Creation). The road from Inspiration through Creation to Delivery can be fraught with all sorts of difficulties, barriers or hurdles. Much physical and mental effort is often required to pursue the process through to completion. This is where the creative cycle derives its energy from — the effort invested to complete the Delivery.

The rest of the cycle is initially driven by this accumulated energy, which automatically kicks in sometime after Delivery. That is the Feedback stage where Acknowledgement is generated and develops its momentum.

Acknowledgement then gathers more power from the Stimulation that it attracts from various areas. The Stimulation stage is where Acknowledgement gathers more momentum to become the driving force for further activity. Without the support of the other components of Stimulation, I suspect that Acknowledgement can wither into a whisper that is hardly heard.

Acknowledgement is the fuel for the Engine of Creation and Stimulation is its air supply. With a strong mixture the engine generates delivered product. On the other hand a weak mixture will allow the engine to stall and become unproductive.

### Feedback Mechanisms

In our revised model the Acknowledgement element has revealed itself as a complex process rather than a simple action. It is the mechanism for conveying Feedback from Delivery of the final product back into the starting point for more Creation. This encouraging message is delivered as Stimulation.

The actual Feedback that stems from delivery may take a number of forms such as:

**"Recognition"**, where the creator of a worthwhile product is recognised.

**"Appreciation"**, where the product itself is recognised as needed and wanted, implying that the creator was needed and wanted.

**"Reward"**, where the value of the product is appreciated and the creator's effort is taken into account.

**"Self Satisfaction"**, where one fulfils one's own hopes or dreams. For some this is a powerful motivator.

**"Achievement"**, where one gets satisfaction from completing a cycle. Especially when the production has involved confronting obstacles.

I sense that one invests theta in the creation through overcoming difficulties. Extra difficulty absorbs more theta. It is this endowed theta that registers with us as a special aesthetic quality. That unique aesthetic aspect is a significant but elusive phenomenon that gives us a sense of pride and pleasure. We take pleasure in the elegance of our creation and are proud of the creativeness that caused it. After all, a finished product is an obvious token of being at cause — a condition we should all feel comfortable with.

### A working model

We now seem to have created (or discovered) a Creative Mechanism and an understanding of how it functions. In engineering terms we have a dynamic or working model as opposed to a static or snapshot model. It is like the difference between a photograph and a video. A still photo entitled "The Juggler" might be accurate but it cannot convey the essence of juggling. A video, however, captures the whole performance. We can see how it is done and even get a strong impression of the skills and difficulties involved. In short, we would have a good understanding.

Theoretically we could now do some juggling ourselves.

So how does this working model get us closer to some useful answers? It occurs to me that the emotional content of personal attachment and negative feedback can easily conspire to halt the creative process. Perhaps without any counter intention a casual remark or action can destroy the will to continue. Indeed it can have a permanent effect on one's willingness to enter further creative cycles.

### **Coping with stumbling blocks**

Another common hindrance to our creativity is the almost inevitable interruption and its subsequent sapping effects. Interruptions from the routine of daily life are common but their consequences are complex and poorly understood. An incomplete cycle is a mental burden that saps our attention — a series of such "nagging worries" can absorb so much attention that all activities are impaired or suspended.

It is also difficult to pick up the threads of our disrupted thoughts after a break. During our creative moments there are numerous streams of thought running freely through our minds, interacting with each other and triggering fresh areas for inspection and consideration. It is like a group of young children romping and playing together, each contributing to the fun, the noise and the play. They are continuously bumping into each other, testing each other and inspiring each other. It is a constant stir of new names, new games, new sounds, new experiences and new ideas. Any interruption to their play imposes a clamp on all the vigorous interplay and it can be difficult for them to restart. However, they are resilient and will soon be back into play mode and new things will begin to happen again. But their fresh start may have little or no carry over from the previous activity.

Once we have interrupted the "nursery effect" in our adult minds it can be difficult for us to recapture the mood and moment. Somehow we need to rehabilitate the original state of mental play with all of those thought streams in full flow.

### **How can we regain our lost impetus?**

If the original objectives of an interrupted project were not clearly defined or properly recorded we may find it difficult to get back to our

original starting point. However, if we should have such a record, then we can go back to the start of the mental process and "fast forward" our thinking towards the point of interruption. This has led me to develop and record the outlines of any creative project at the outset — I call this "plotting" as it is basically a plot waiting for the story and the characters to come to life. By now I have got used to the fact that any creative cycle is likely to be interrupted and I find that "plotting" helps me to find my way past interruptions and other blockages.

Plotting has now become an integral part of the creative process for me. It enables me to pioneer my way through the whole of the process and identify the nature of its components in relation to this particular creation. Later when I begin to flesh out the initial skeleton I feel safe because I am on, or near, familiar territory most of the time. This boosts my confidence to proceed towards a satisfying solution. I am confident that the destination already exists and all I have to do is to make the journey. Such a map is a very comforting travelling companion.

Sometimes I find the original sketch map is too vague or too cryptic. But it serves to prompt another start even if the final outcome doesn't match the original intention.

### **Purple patches or cognitive periods**

I believe that we sometimes go through what I call "Purple Patches of Thinking (PPTs)". Technically speaking they are Cognitive Periods when inspiration or illumination seems to strike frequently and regularly. For instance, whilst I was taking a shower this morning I came up with a completely fresh understanding about the role and dilemma of genius. This led to three other fresh ideas loosely connected with the subject area. And then I came up with a valuable idea to do with my professional work before returning to the original stream of thinking and added a couple of other subsidiary ideas for further development. The whole interlude lasted a matter of only five or ten minutes but it was highly productive. What is more, I think I spotted what stopped it! Somebody spoke to me and I moved into another microcosm or identity to deal with their question. Conclusion "Noise Terminates PPTs", at least it did for me on that occasion.

As genius is perhaps the highest expression of human creativity, I will return to this morning's shower cognitions later in this series.

It has also occurred to me that creation is perhaps merely the realignment and/or reorganisation of data. If this is so then we need to explore how we can improve our realigning or reorganising skills or expand the data available to us in order to be more creative. Can it really be that simple?

#### Definitions

I have adopted special meanings for these phrases: -

**Absolute inspiration** is pure "self" wanting to do something for one's own self-satisfaction with little or no outside influence.

**Reactive stimulation** is where external influences, or circumstances, prompt one to think, say or do something.

**Pro-active motivation** is where one is prompted by considerations about what might or will happen. ☐

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# The Real Nature of Auditing, Part 1

By Jack Horner

*This article has been adapted from a copyrighted lecture given by Jack Horner to students of Dianology on February 18, 1970, in Los Angeles, California. Used by permission.*

AUDITING IS A QUITE interesting activity. Almost unique, although people have been doing it for centuries, when they discovered a true friend. A true friend is usually one to whom one can sit and talk comfortably about anything, without liability, without consequence, without stupid advice, and without a lot of opinions about what you're talking about that put you on the defensive.

An auditor is one who can sit and listen, and compute, and in addition to that, ask those intelligent questions, and give those intelligent directions, which the person can do, to clarify his thinking or his feelings or to bring about a new level of ability or creativity. That's what an auditor does.

## Good Listening

The thing that people don't understand in our culture is that listening is an active activity. It is not a passive thing. Good listening requires a very active consciousness, very much being here, and perceiving and understanding (duplicating, that is) what the other person is saying, and trying to understand his frame of reference as completely as possible. And that is a very active activity. It is probably more active than the act of talking.

Now most of us in school learned how to be "good listeners" by developing a position of looking physically like we're listening. So we wouldn't get punished or bugged for not listening to the teacher while we wandered off mentally wherever we were going to be and do what we were going to do, in fact.

On the other hand, the people you audit have an image of how a listener listens. So if you are sitting there looking them in the eye, or their eyes, or sometimes actually you're looking at a point

right on the bridge of their nose, which gives the impression of looking right at them, they really feel you're listening. They really feel they have your attention.

But, it isn't an attitude of how your body appears as to whether you're listening as an auditor. It has to do with how well you are perceiving.

## Working together

I still haven't really talked about the real nature of auditing. The real nature of auditing has to do with two people sitting down together to get a job done, by agreement. They have a mutual, participating intention. They're agreeing to participate, to resolve a certain thing, or a certain problem, to bring about a certain ability, to undo some undesirable condition, to bring about a furtherance of understanding. Whatever the goal is, there's a participating intention to bring it about, with the understanding that one will work with the other to handle those things that need to be handled. That's the real nature of it. Would that it were as simple as that.

## Definition of auditing

There's a great deal more to auditing, of course, part of which is the understanding of what it is and why it works. Now I have been saying for a long time, and I've been quoting Hubbard, "Auditing is asking a person a question that he can answer, and when he answers that question, acknowledging it. And making sure that the person who gave the answer receives your acknowledgement". That last addition is mine.

But there's another addition to that definition, which is that auditing is asking a question that a person can understand and answer *to some degree*, and when he receives it, understands it and answers it and you acknowledge it, and make sure that he perceives your acknowledgement, then you have completed an auditing cycle.



It's a communication cycle, but it's an auditing cycle as well. Now, obviously if every time you do that you're auditing then we do a lot of auditing in life. The minute you ask the waitress for some scrambled eggs and she delivers them and you say, "Thank you", that's completion of a communication cycle. Well, all completions of communication cycles do not equal auditing, but to have auditing you've got to have that factor.

### To some degree

Now the "to some degree" is in there because a preclear is almost incapable of duplicating totally. And it's a question of "to some degree", "to some degree", to "some degree" right up through the classes of auditing, until he can actually duplicate a command completely, instead of partially.

When you ask an auditing question, if it is a good one, that question will tend to leave the preclear in a state of confusion. Because, what you're trying to get in auditing are those areas of insanity, confusion, aberration, misunderstanding, and so forth that a person has carried forward into present time, so that they can be viewed and put into order, rather than in a state of confusion, or disorder.

So the auditor, having found a question that the person can understand and answer to some degree, might find that the preclear has trouble receiving the question, understanding it, and answering it. At which point the auditor continues to repeat the auditing question.

### Confusion and Stable Datum

Auditing has a great deal to do with the concept of the stable datum and confusion. When you enter order into something you get confusion. When you enter a new stable datum into a pre-existing order, you get confusion until finally the particles of the confusion align themselves to this new stable datum.

If for instance, this room were full of floating confetti being blown all about, so full that you couldn't see across the room, one could pick out one reference point, either one of the pieces of confetti and follow it around and align all the other pieces of confetti to that, or one could pick a doorknob, and relate all the pieces of confetti to that. Or one could take the doorknob and one piece of confetti, and relate all the other data,

and confetti, to those two points of reference, or a stable datum.

If for example you take a large company, and you say, "As of March 1 everyone is going to get 1.25% increase in salary", you'd find, in our day of computers and everything else, that probably for at least three months there would be confusion as to who was getting what. And there would be people who got checks for too much, people who got checks for too little, and people who thought they were being gypped, and all kinds of confusion happening because a new order had been entered.

If for instance I were to say, "I'm going to lock the doors at 9:45 in the morning and no one can come in until 12 for auditing or lectures if they're not here by 9:45", and enter that in as order, it would take about two weeks for the confusion to resolve, if this were imposed.

So whenever you enter order you tend to have confusion coming off. Well when you as an auditor enter the order of an auditing question, the stability of an auditing question, this permits the preclear to relate his data, his concepts, his feelings, and himself, to that particular datum, that particular order. Sometimes it takes time. When you have it thoroughly in view, thoroughly understood, thoroughly aligned, at that point, then, the process is flat. And of course there are degrees and plateaus of flatness, too.

### Gradient

Sometimes that question you ask, which is the stable datum, will take 20, 30, 40 hours to flatten. Until the guy has got some more degree of order. It's preferable to use a question that has a better gradient, however.

Especially for auditors who can't duplicate very willingly. So you give them very simple questions to ask very simple preclears and then everyone is happy because there are very fast wins. And that is how to get the lowest common denominator of ability. You give very simple easy to apply auditing questions that preclears can easily do and you get a very fast win and a very fast key out, so people feel better and it does work. There's nothing wrong with that.

### Cycles in auditing

But I want to point out to you that what really makes it work is the completing of cycle after cycle after cycle after cycle. Auditing works, the real nature of auditing as such works because you're completing cycles of communication and cycles of action and cycles of auditing.

Now you've got a process cycle, that is, how many times you repeat the auditing question, or give the auditing question. You may have to run that question and get 700 answers to that one question and acknowledge each of them. That's the process cycle. The auditing cycle is the asking of the question, the receipt of the answer, the understanding of the answer, and the acknowledgment of it, plus the auditor's making sure that the preclear does receive the acknowledgment.

### Receipt of acknowledgment

You sometimes will be auditing someone and he'll go through some long comm lag, and it'll be on something like, "Tell me a hot place where a marshmallow would be safe". And this guy's going figure, figure, figure, figure, think, think, think, think, figure, figure, think, think, think, think, figure, figure, figure, figure, think, think, think, think. He gives you all his considerations about why marshmallows can't be safe in hot places, and then finally he finds a nice hot place a marshmallow could be safe in, wrapped inside a refrigerator bag with dry ice under a rock in the desert, and this would be a safe place, so you say, "Great, thank you, very good. Tell me a hot place where a marshmallow would be safe".

And the guy'll start to answer the question and then say, "Hey, something's wrong. Why didn't you acknowledge my last answer?" And you did. Just say, "Oh, okay, I'm sorry, thank you very much". Don't get into an argument with him, "Well, I did acknowledge your last answer". "No you didn't". "Yes I did". "No you didn't". And then you get into that little game, called "What session?"

So when a guy says, "What kind of an auditor are you? You didn't acknowledge me", you say, "Oh, okay, good. Thank you. And this is specifically an acknowledgment to that — Thank you for your answer back there. Good". Now you wouldn't put it in quite that tone of voice, I'm exaggerating, but nonetheless, sometimes the

person doesn't actually receive the acknowledgment. That's why that business is in there about making sure the acknowledgment is received.

### Completing cycles

Now, auditing works because you're completing cycles of action. It's based on a phenomenon that occurs when a thetan sets out to do something in this physical universe. He either does one of two things.

He sets out to go from point A to point B. He has an intention to go from A to B. That's his goal, to go from A to B. When he gets to B he's accomplished the goal and that's the end of that cycle. Unless somewhere in the process he says "I'm unmocking my goal. I'm ceasing to create the goal to go to point B".

Unfortunately, or maybe fortunately because we would not have any need for this science if it weren't for this phenomenon, when he doesn't accomplish getting to B, instead of unmocking, ceasing to create the goal, the intention, he suppresses his intention and buries it, and it continues forever as a suppressed intention until he either unmocks it or he gets to B.

### The essence of auditing

And this is the essence of a great part of auditing, especially the GPM structure. Because the GPM structure is the result of goals that a person set out to achieve, after which he ran into some problems in the attempt to achieve them and this ended up in mass and he ended up in a mass and he said "to hell with it". But he didn't uncreate the goal; he merely suppressed it or invalidated it, or not-ised it, or alter-ised it in some way.

And so your average preclear is full of millions, not just tens or hundreds, or thousands, or hundreds of thousands, but millions of these uncompleted, suppressed, invalidated, incomplete intentions and goals and purposes. The process of clearing him is resolving all of those.

That mash-up of uncompleted cycles of action is so large, is so huge that you cannot dive into a GPM structure when you start auditing the average individual, because he's not capable of going from any kind of a point A to point B very easily. You have to take it on little tiny slices of pie, by asking a question the person can answer,

and when he answers it he gets to point B and you say, "Good, you got to a point B!"

### Balancing the books

You're balancing his theta books. Because he has the feeling that he has all of this mass there, this mass so huge that the planet Earth is small in comparison, the solar system is small in comparison. Maybe a galaxy would cover how much mass he has concerning incompleting goals, cycles of action, intentions, and so forth. And over here, on the other side, he has completed some cycles of action, but of course they're not important because all this is weighing down on him. But he has some completed cycles of action when you start with him. There they are [indicating a small quantity]. Here are how many completed cycles of action he's got as far as he's concerned, and here is all the incompleting cycles of action [indicating a large quantity].

The fact is that the completed ones are many millions the times of the incompleting ones, but, you see, because they've been completed they're as-is-ed. They're no longer important to him. But these incompleting cycles maintain importance because they've never been accomplished.

So all of a sudden you're going to put him in position of knowingly completing cycles of action, over and over and again and again and more and more of. So that instead of eight billion incompleting cycles of action over here, and over here 121 completed cycles of action, you're going to ask him an auditing question and now he's got 122. And you ask him another question and he's got 123, and 124, and 125, and 126, and 127.

So don't feel bad if in an auditing session of two hours you actually get him to answer 972 auditing questions because you're increasing his awareness of completed cycles until finally the size of that is bigger than all the mass of incompleting cycles and he can look at all of the mass and say "So what?" and cease to create it, at which point he's clear.

### A matter of consideration

One is the creator, the continuer, and the ceaser of any cycle of action one chooses to create. See, the mechanical fact is, that in going from point A to point B, there's a point at which he stopped. Because he stopped, he's ceasing to

create the motion toward point B. At that moment the cycle is actually completed. But he as a being has a consideration, a mockup, and this universe doesn't match his mockups, so he feels he hasn't completed a cycle of action.

It's only his consideration that the cycle isn't complete. And he's the only one hanging him up that the cycle isn't complete. As soon as he stops moving his hand, that's the end of that cycle. If he now moves his hand a little further, that's another cycle, if he moves his hand a little further that's another cycle, and if he moves his hand a little further that's another cycle.

If somebody really cognizes on this little thing, in a lecture or something, sometimes they just go "shoo" with all of that, because whatever they're not doing, they're not doing it, and because they're not doing it, they've completed that cycle as far as they're concerned. Of course, any time they want to they can pick it up as a new cycle, instead of trying to complete an old cycle from the past. You don't have to hold any old cycles around if you know at any moment you're capable of creating a cycle and ending that cycle under your own power of choice and determinism.

But in auditing, the auditor has to take the pre-clear from a point A to a point B, and an A to a B, and an A to a B, and an A to a B, and an A to a B, in a way that the guy knows he's going from A to B. And each time the pre-clear gets to B, the auditor is saying, "Hey, great, you did it! Great, you did it! Great, you did it!" It's called acknowledging him. And that's the real nature of auditing and why it works. It works very well that way. ☐

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*IVy 47*, marked 50 years since *DMSMH* came out, and contained accounts by people there at and around that time, diagrams in the first editions of the book, pages from the *Astounding Science Fiction* that introduced Dianetics, etc. We have been offering this issue free and have now reprinted it.

If you would like us to send a free copy to a friend, let us know name and address. ☐

# The Forum Easter Conference London, April 2001

by Beth Guest, England

THERE'S THE old joke:

Do you like my nose? I picked it myself....

Did you know that the way we pick our noses can be used as a diagnostic tool? No? Well I didn't either. Read on .. (further down!)

## Setting the scene

Yet again the sun shone on the fifty or so visitors — mostly male I noticed — to the conference this year. It shines every year even though weather in the run up had been wet and bitter for several weeks it seemed. Yet again the flowers were beautiful and the organisation by Ewa and Mick Manias flawless.

Familiar speakers took to the stand in a bright hall and we shared tech, stories drills and insights. In between we ate, swapped problems, stories, plans, hopes, dreams and e mail addresses. The group consisted of Scn "vets" including some people who had worked with LRH and some newbies. Quite often comments, answers and discussions included the audience and it became pretty clear to me that there were many wise men — and a few wise ladies! — in that room.

## So what did we learn?

Wake up call — start of the conference

Chris Dunk led the group in some communication drills; this tended to wake us up. He reminded us that admiration is the universal solvent and we practised saying hello with admiration to each other. No. No one vanished but the affinity level in the hall rose visibly.

## 8 — 80

Mick Manias had re read 8—80 and based his talk on the contents. He explained the scale

AESTHETICS

REASON

EMOTION

EFFORT

with reference to different wavelengths; the shorter the wavelength, the more energy or power. If a thetan can generate enough energy he can get out of the body and thus audit out very many facsimiles quickly. Someone in aesthetics cannot be on a lower, say ugly, wavelength. Further, aesthetics — or any high level on the scale — can be used to remove ridges.

## Reality Scale

Barry Fairburn spoke about the reality scale, giving interesting examples to make each level real to the audience. The scale is:

PAN DETERMINED CREATION

SELF DETERMINED CREATION

EXPERIENCE

CONFRONT

ELSEWHERENESS

INVISIBILITY

BLACKNESS

DUB-IN

He commented that the universe is your bank and that if you handle your own bank you change the universe. WOW! Tremendously powerful truth! When Barry mentioned this I recalled something that always intrigued me about the Suppressed Person Rundown in the church. As I recall the RD wasn't finished until the person doing the suppressing made an unsolicited positive communication to the suppressed. I'd like to explore this more... Let's see.. I sort out any and all charge on my boss — he offers me a raise ... Mmm I like it! Barry went on to say that *confront* is the make or break point of the scale. I thought that's worth

remembering. Whatever nasty might be going on if you confront it you are on the way out of it.

### **IVy magazine — the future**

Ant with his ever twinkly blue eyes gave a talk on the future of IV. Some of us had been reading the posts on the IV internet list and had noticed that there had existed a tendency for some to make others wrong. Ant wanted to establish goals for the mag to create a positive future for both the mag and the list. He asked for ideas from the floor, hoping this would lead to helpers for the mag (although Ant made it clear he would be "on board" for another ten years). It was very clear from the audience's response that there was a great deal of support for the mag. I don't know how useful our suggestions were but I think Ant went away with food for thought.

### **The Freezone — Bernd Lubeck from Munich**

Bernd was another veteran having been in the church from 75 to 82. He had worked with Bill Robertson in the 1990s. The aim of the freezone, Bernd told us, is to show that there is a difference between the C of S and Scientology tech. I admired him tremendously for establishing a small group to help others wanting to set up groups elsewhere and also helping people with difficulties.

I thoroughly enjoyed his story about getting copyright of the book *Scientologie*. The chase to buy the copyright involved a chase all round the globe and ended up only metres away from Bernd in Munich! The book was written and published by Nordenholz (well before LRH had written about Scientology). It contains rudiments of the factors and *Scientologie* is defined as "knowing how to know." This manuscript is proof that LRH did not invent the word "Scientology" — as claimed by the church. Bernd gave details of the difficulty he had getting the manuscript published, due to opposition from the church, but published it now is (details below). Bernd did tell us that it is *extremely* difficult to read! "I don't think anyone can read more than a couple of pages."

Bernd urges us in the FZ *not* to separate because of tech differences. His rule of thumb is, "If it gets the results it's fine." Makes sense to me. I somehow think LRH might have agreed too.

To contact Bernd about this or other matters e-mail him at: [freezone@freezone.org](mailto:freezone@freezone.org), <http://www.freezone.org>, <http://www.scientologie.org>, <http://www.freezone.de> or <http://www.scientologie.de>

### **Mini Speeches**

#### **Who's in the Black Hole?**

Albert reported that there are 100 billion galaxies rushing out at increasing speeds from a central "BIG BANG". Scientists tell us that in the central black hole there is nothing but enormous energy. Albert wondered if there is a thetan himself starting a galaxy? Albert himself is not in his youth — I'd say he was in his eighties — but it would be hard to find someone more delightful or young at heart.

#### **What's happened to Nev?**

Nev was a fraction of his former self, he has lost a great deal of weight. Nev went to a smaller clothes size overnight as a result of a 10 hour marathon processing session at the ranch in Dallas where Alan Walters runs Knowledgism. The latest tech from Alan concerns bypassed charge. In the church charge was indicated but not handled. The theory was that by indicating it the charge was moved out of the way to expose the "real meat" of the session. Alan says this is wrong — that the charge IS what needs to be handled, it gets handled by processing the positive. (Which of course fits in with the scales mentioned earlier)

#### **Blue asbestos**

I gave a small talk about a report on the internet stating that blue asbestos, the most dangerous form of asbestos there is, is behind the panels in cabins on the Freewinds ship. This interests me because it is one case where allegations about dangerous practices by the church could easily be proved or disproved — the asbestos is in the physical universe you see, it's either there or it isn't. My guess is that it is there and that Scn management know about it, but of course I can't prove that. If anyone does go on the ship perhaps you could peel off a panel or two and let me know!

#### **Pick your nose here**

Chris Dunk showed us several large photos of various people and asked the group to assess tone levels of each one. Some of the photos were

of the same people. This was done quickly and with broad agreement. Chris then pointed out that he'd taken an original photo, sliced it on computer down the middle from top to bottom and then reflected each half separately to make new faces. He then suggested that left side of the face corresponded to the right side of the brain and vice versa. Similarly he surmised that the left side of the brain represented chronic tone level and the right the social tone level. This did seem to be borne out by the tone level spotting we'd done earlier. Chris went on to say he thought that the thetan operated the right hand side of the brain and the GE the other. Chris also says that "crusty stuff" can accumulate inside one's nostrils. If it accumulates more in one side than the other that is an indication that one is running mostly on one side of the brain. If you operate predominantly on the left brain then the right nostril would be full of "stuff"

Roughly the right side of brain is the creative side and the left the intellectual. I say roughly because there is much more to this than I mention here. Contact Chris to know more. He runs a lovely retreat in the country and has many machines etc to sort out the body. [christopherdunk@aol.com, or phone 0044 1298 813355]

Chris has studied brain waves in some detail and gave us information about gamma, alpha, SMR and other waves. He had hoped to demonstrate a machine which would measure these; there is an optimum amount of each kind of wave in the brain and it seems one can alter the amount of, say, gamma rays by bio feedback. Unfortunately the machine had only just arrived from the states and there was difficulty getting the electrics compatible with UK system.

### New kids on the block

Many years ago I met Blanka Annakin, a respected holder at the time of Frankfurt Franchise. She told me, in answer to my question, that she thought the best place on the bridge was the time when one first cognites. I had forgotten the huge key out that time was for me (and indeed for most of us I wager) and so it was poignant to see Elena from USSR. Elena was

a vivacious, confident, enthusiastic young lady who, with help, has been instrumental in setting up 20 groups (as I recall?) in USSR. WOW! Later that evening I met Karen who is doing similar things in Europe having "cogged" on Knowledgism. I felt warmed by these wonderful ladies. (And I felt my forty something years!)

### Conclusion

I can't help feeling that the conference is a bit too nice. Those of us on Scn staff or student lines were amazed I think at how fast the organisation worked. Staff members put in longer hours than anyone and stats pushes meant we worked at speed. Adjusting to life in the "real world" meant going down a gear — or three. My expectation was, and I suppose still is, that the conference would be at a similar speed to the organisations of yore. It isn't. This is both its weakness and its strength. Weakness because I sometimes come away wondering if somehow I couldn't have learnt or done *more*; strength because it is so good to have Scn without the pressure. And of course there's the time to talk to other OTs etc. Always pretty magical. ☐

## Supplement

We plan to try out a supplement to IVy 53. The idea at the moment is to pos at a "hidden" place on our Home Page (a place on those who see the magazine will know about — perhaps later we will announce it broadly). At the time of going to press the idea is still in embryo, and we are searching for some one to do the 'dog' work. Possibly we will make it so that is it easy to print out in a presentable form — what the old Church called 'up-stat'.

Then you, or a good natured Internet friend or relation can print it out, you can read it sitting in your arm chair, and get an extra copy to send to friends who are not (yet) subscribing to IVy. Try:

<http://home8.inet.tele.dk/ivy/supplement/53>

Have fun!

Ed.

*Havingness series: 2*

## Havingness – Postulates

from TROM Internet List

By Randy Nicholson, USA and Judith Methven, England

*See note at the end. Ed.*

THE FOLLOWING MESSAGE is relayed to you by trom-l@newciv.org

The exercises from Level Two onwards tend to dissolve mental mass at an accelerating rate. Thus, the exercise is at variance with his compulsion to be surrounded by mass (importance). This is a very real dilemma, and there is only one final solution to it:

The being must replace the old mass (importance) with mass of his own creation.

In this way he can do the exercises which vanish the unwanted mental mass without compulsively pulling in around himself further unwanted mental masses to fill the vacuum so produced. In the final instance this is the only way that he will ever let go of his mind. While he is in the frame of mind of needing importances, he will never permit one to vanish until he is assured that he can easily replace it with another.

Early on the being is like a prisoner who has been incarcerated in a cell for all of his life. He has come to believe that he needs the walls of his prison, and if suddenly freed will demand to be locked up once more; failing this he will rush into the nearest room, slam the door after him, and hide. This mechanism is well known by prison authorities who have to deal with long-term prisoners; it is one of the hidden benefits of the parole system.

### Self-created importance

Right now you are like such a long-term prisoner regarding your own mental mass. You've come to believe that you need it, and so will pull in round yourself more mental mass to replace that which the exercises causes to vanish. Thus, we have to repair the importances we vanish with self-generated importances or the being will soon get himself into a frightful mess. He will find himself in possession of highly persist-

ent aches and pains he knows not what of, as well as a host of other unpleasant emotions and sensations. This mechanism, if not understood and allowed for, will sooner or later bring any psycho-therapy to a grinding halt. The researcher was thus led to believe that his therapy was of no use; when, in fact, it was working all too well...

*Randy was replying to the following message:*

### Postulates

*(Quoting some one else)* 'I would be interested to know the results of doing that, as I think that having to keep creating new postulates all the time is an aberration in itself.'

*(And Judith Methven wrote, with reference to that quote:)*

I agree!

I have recently discovered the following for myself. It's quite hard to explain in words, a bit paradoxical, but I'll try.

The fewer postulates you have, the easier and more free life is. The result is, I don't mind what comes, I will deal with it in the best way I know how. So, I have a position where I am not particularly making any postulates that I know of, and whatever pops into my space, I deal with in the best way I know how, depending on my own training and knowledge.

*(If something doesn't work well, I look, train, and know further. This works on the basis that doing, thinking, being, having anything again and again in a deliberate manner gets you to the state where you know a great deal about that action. Even just practising this method of approach, gives you the ability to use it very effectively. This is the way you can change your life in an effective gradient manner.)*

Anyway, getting back to the main body of the e-mail, it means you have no particular idea of what is coming, and you get to think on your

feet a lot. As your understanding and ability to observe, or perceive, and to act in the right manner develops, you seem to enter into a 'flow' where consciously (maybe unconsciously too) postulating seems unnecessary. It leaves your mind very free and light and clear, and it is very pleasant indeed.

It becomes easy to act, think, and do in the right way without (apparently) having to premeditate it.

In the midst of unknown, there is a wonderful balance of known, i.e., in the midst of unknown, there is a wonderful certainty of self.

Judith Methven

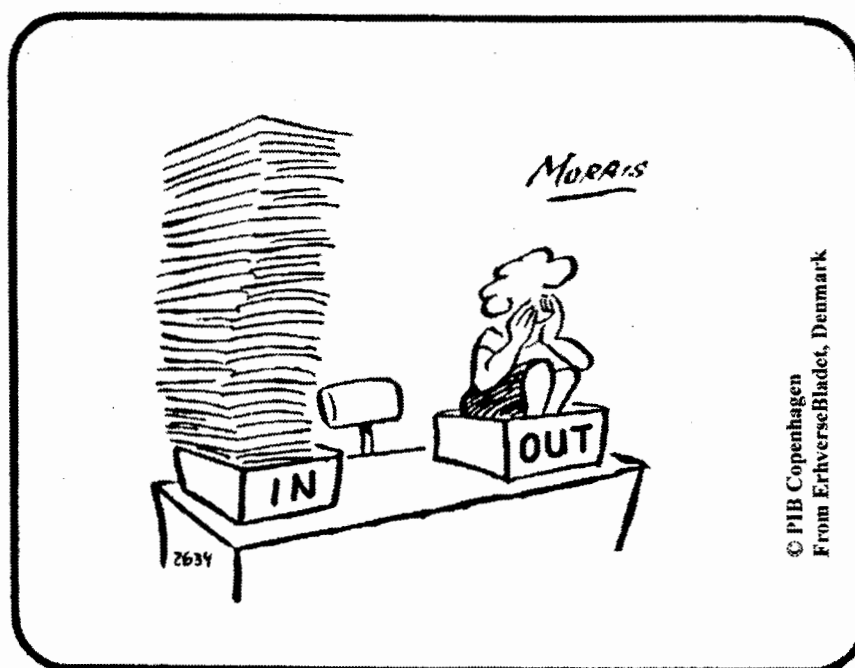
*When asked whether we could publish Randy's contribution to the Internet list trom-l, Randy replied:*

Sure ....publish away !!! My comment was taken directly word for word from TROM. You will be quoting DHS (Dennis Stephens). My address is 1679 Borden Street San Mateo, Ca. 94403. I am also sending you a web site address for those with IVy and TROM<sup>1</sup> who may be interested in a cause that I am strongly for.

It is <http://www.cchr.org/index.htm> I hope you have some time to join the group. I's objectives are overwhelming in more ways than one but it will give you strength as a spiritual being because the objective is one that seeks to enhance life and spirituality.

*Editor's note: The above address turns out to be the Citizens Commission on Human Rights, with viewpoints (on amongst other things psychiatry) which we have not paid much attention to in IVy.* ☐

1 TROM = *The Resolution of Mind*, a book by Dennis Stephens. It is available from Judith Anderson (P.O. Box 5221, West End, 4101, Australia, email: [juditha@powerup.com.au](mailto:juditha@powerup.com.au)) and also for free download from the Internet sites <http://tranceform.org/trom/> or <http://fza.org/trom/index.phtml>. The book contains self-help exercises for personal enhancement, increased abilities, and has been the subject of earlier articles in IVy (see the contents list on our Internet Home Page <http://home8.inet.tele.dk/ivy/>) Ed.





# Direct Perception

by Rex Parker, USA, P\_potential, England, and Pilot/Ogger, USA

*The following message was relayed by the Internet list trom-l@newciv.org 20th March 2001 in reply to the message following it.*

I DON'T KNOW IF THIS will help, but I have some experiences with direct perception I want to share.

While doing TRs & Objectives (CCH9/10): One day after doing CCH9 for about 1/2 hour when asked to "Touch that (indicated object)" I would occasionally upon touching the object get an immediate flash of some 3-5 objects in rapid succession. Then five to ten minutes later my twin would pick those objects in order. As we proceeded, the time between the flashes of objects in rapid succession and when my auditor would pick those objects in order began to reduce, until 3-4 times in a row I would know the next 5 objects my auditor would pick, and once he's picked the last item I would get the next 5 objects and so on. I mentioned this to my auditor and he would make a note, but the break to make notes also broke the flow to a certain extent, so I decided to just allow it to continue without reporting what was happening. This went on for some two hours. The last time ten objects flashed through my mind, and when he had picked the last object I couldn't take it anymore and I had to finally tell my auditor about it.

The odd thing about this phenomenon was that I started getting perception from all sorts of objects. At one point in the session the auditor asked me to "touch that dictionary". The dictionary was folded open page down, but when I touched it I got a vivid image of the left side, complete with the words, root derivations, page number, etc. After my meter check I told my auditor I wanted to see if I was right so I picked

the book up pages facing away from me and read to him the contents of part of the page. That night I began getting perception from walls (like who built them) in my house, the vacuum cleaner, the television, the light socket, etc. I really enjoyed it until I realized I could not shut it off, then I became uneasy. The next day my auditor ran CCH10 "Hold it still" and all the previous day's phenomena began to gradually fade away.

I researched the remote viewing exercises of Ingo Swan and found that I could do them to 80% accuracy — so could several of my friends. I didn't go through the formal process. I would sit with a yellow pad and pen, look at my twin and say "Ok, I've got a mental image picture. Start." In one instance I thought of a past life incident. My twin (for lack of a better word) got the standard 80% hits, but she thought she was nuts because the mental imagery didn't jive with anything from her life's experience. When I told her it was a past life she just about strangled me.

## Acceptance

When I review these experiences for common denominators there is one thing that stands out clearly. Acceptance. It was completely safe to communicate with these people (my auditor and my friends). You hit directly upon it when you wrote, "I'd say the real key to me finding this ability was trusting it. I think it's just invalidation that blocks everyone from realising they have this ability".

I believe you are absolutely right.

The reason I like TROM (especially RI<sup>1</sup>) is that it's completely safe to express, create and BE.

<sup>1</sup> Remedy of Importances, a close cousin to Scientology's remedy of havingness. See previous page on TROM. Ed.

At first I resisted RI, but now I see it as the basic freedom — create!

There's one other thing I want to say on this subject. In 1998 (after finishing the PTS/SP Course<sup>1</sup>) I began to challenge all my personal assumptions (right and wrong, religious and political views, etc.), but one thing that happened is I began to understand freedom. I realized that as long as Scn held the secrets I wanted, those secrets could be withheld from me unless I conformed to a group bank. I also began to realize that I could look at things directly for myself and gain a greater understanding for myself than any religious leader could ever give me. In short I decided I didn't need anything outside of me and my perceptions to be free, and this allowed me to discard huge mental chains. I still study Scn occasionally (usually at my house because I tend to create psychotic breaks whenever I walk into an org), but I do it for me, not for status or to be accepted, and I no longer care if my viewpoint is politically correct, and I make it a point to challenge the data according to my own experience and viewpoints. It's unnerving to an org member when I look them squarely in the eye and say, "This is your problem. This is *not* my problem. Explain to me how this is my problem?" And the org member can't or won't because more often than not there *is no* problem or situation.

### Thought

One day I asked myself a simple and frustrating question "What is the spark or cause of thought". I just wanted to trace one thought to its origin. For several weeks the mind threw hundreds and thousands of possibilities at me and I took up each one and used simple logic to prove or disprove it. Then one night as I was slowly drowning in confusion it dawned on me that the mind is a recording device and all recordings happen after the fact. All recordings are post mortem so to speak. You see something beautiful and you take a picture of it. The picture comes *after* the intention — always. The picture doesn't hold the answers why? Recordings only hold clues to the why of recording? But

any time you ask why, the mind takes over to hand you an answer. (Try asking a why question to anyone and watch as the mind goes to work to answer it while the person yields direct observation to whatever the mind offers up.)

As I stood there at 3 am smoking a cigarette, basking in this revelation, I felt something like tentacles releasing from me. These tentacles reached out in all directions into which I had mental perceptions. I experienced some sort of release from my own mind.

I don't have the answers (and that's the one thing I am certain of), but I believe that in each century there are a handful of individuals (comparatively speaking) who struggled to maintain their personal integrity/truth. Individually they make up a loosely knit group (which is the only way it ever works) of truth seekers. Strangely enough each of us who continually look , probe and seek the truth for ourselves are the Einsteins of reality (for lack of a better word/expression), and the only people on the planet who have a shot at solving the riddle.

Rex

From: "**p\_otential**" <p\_otential@hotmail.com>

Sent: Sunday, March 04, 2001 11:17 AM

hi trommers!

**Real Sure** wrote . . .

"I am interested in "direct perception" and would like to hear from others on their experience of this sort of thing. I've done it, I've read about it (James Redfield touched on it in *Celestine Prophecy*). I would like to be able to do it more, and easier. It seems to require an extremely quiet mind.

"Does anyone know of any set of exercises or processes that opens this ability up?"

Well, this is not really TROM, but here's my ideas on Direct Perception .

### Knowingness

I came across it while I was doing Dianetics. I got very interested in viewing the Dianetics

1 A course run by the Church of Scientology. PTS = Potential Trouble Source, and SP = Suppressive person. The course gives theory about these types of people and their handling. Ed.

process as it was happening and noticed that, when in an incident, I would be perceiving all kinds of data. Nothing special about that, just memories that had been hidden.

Then I started observing what happened when the auditor would ask for the date of the incident. I would just 'know' it (the 'file clerk' would just give it to me). But in everyday life, I don't 'know the date' I have to look at a calendar, or my watch, or work it out from the last time I looked etc. So how was I getting the date from incidents, some of which were in lifetimes when the concept of date didn't exist. So I couldn't be getting the date from any kind of memory.

As I progressed with Dianetics, I began to find other kinds of data that I just knew . . . for example, I'd be able to tell the auditor that I was running 5 chains simultaneously, and that it would take about another 35 minutes to complete etc.

### Source of data

So where was all this data coming from? Interestingly, it always (as far as I could tell) turned out to be correct, too, which was again unlike the perceptions we usually use in life. The more I trusted it, the more easily I could find the data. Sometimes I'd ask for the contents of an incident, and I'd get the answer "the data is there but you can't have it at this point because you're not ready for it!". So I began to use the 'file clerk' in everyday life . . . I'd ask a question and get the answer (usually).

Expanding upon this, I began to use this greatly expanded file clerk, to do things like view energy flows. For example, if someone was stuck in a problem, I could view the energy flows of that problem, and tell them anything they were up to knowing about themselves. I could do this with myself, too (although that was a bit more difficult).

So this was an ability to perceive that didn't go through my physical senses, or my 'thinking mind' (the data popped into my mind, *then* I thought about it). This ability could view any data, stuff not part of this MEST universe etc. This is what I call 'direct perception'.

Lots of other people from lots of other perspectives talk about it, too.

I'd say the real key for me finding this ability was trusting it. I think it's just invalidation that blocks everyone from realising they have this ability. Of course, as with any other ability, there is often an important secondary gain reason that they have shut down the ability, so my secondary gain process could be useful . . .

"What do you gain from not having direct perception".

Or look into the inval. etc.

The Pilot talks about direct perception in various forms. There are various processes in *Self Clearing* that view energy beams, Theta machines etc., etc. One process that particularly comes to mind (from the Pilot's posts) is the following . . .

### Pilot wrote:

I've made a tech breakthrough.

Not the whole shooting match, but another piece of the puzzle.

I began by trying to expand the axioms and it yielded a wild little trick that doubles exterior perception.

And the trick is easy to learn. I coached two people through it in a few minutes after explaining the theory and both got it easily and experienced the same effect that I got from it.

Note that the trick is an amplifier rather than a method for turning on exterior perceptions.

If you don't already have some slight degree of exterior perception (usually mixed in with lots of dub-in and imagination), then do chapters 1, 2, and 11 of *Self Clearing*, which should at least get you to the vague level that people used to get from old OT 5 and 6.

I'll get around to explaining the trick later in this post. You should be able to do it with a few minutes of drilling. But you need the underlying theory first. And the theory is really a lot more important than the trick anyway, because it might lead to a lot more.

### Definitions of comm and affinity

If you look over the Scientology Axioms, you'll see that we have a very detailed definition of Communication.

Basically it is cause, distance, effect, with intention, attention, and duplication. In other words, we have 6 components, and one of them, "intention" is a very active component that we drill with TR 8 and it seems like one of the significant factors in OT abilities.

We do not have a definition of Affinity that is of comparable magnitude, with components that can be drilled and used. And yet we know that it is a basic of great importance.

I began by looking for an active factor in Affinity, something comparable to "intention" in the definition of communication.

I thought of having two tuning forks with matching pitches, and you strike one and the other vibrates in sympathy with it. This is a high school physics experiment and you can find the effect described in any good textbook.

If you raise the dampers on a piano (step on the right pedal) and hit a note, other strings which are harmonics of it (an octave above and below, etc.) will also start vibrating slightly. Again, this is just high-school physics.

This could be referred to as "resonance". It is motion in sympathy.

And I thought of a mother rocking a child. A sharing of motion. It builds affinity. The same for sex.

Then there is matching tones on the emotional tone scale. If you think of these emotions as having wavelengths, again you have resonance.

So let's begin by defining an axiom for resonance. Note that I'm using "axiom" in the popular sense (a basic principle) as did Hubbard rather than in the strict mathematical sense.

### New axioms

**AXIOM X-1: RESONANCE IS A SIMILARITY OF MOTION.**

Matching tones on the emotional tone scale is an example of resonance between beings. Sympathetic vibrations between piano strings or tuning forks is an example of resonance between physical objects+.

I thought of the cause and effect sides of communication and felt that there should be something similar for affinity. After a bit of contemplation, it occurred to me that these would be

"desire" and "acceptance" (thank you Allen Hacker).

Of course liking and admiration would fit into it.

And I felt that I should define it as an active thing.

Putting this all together yields the following axiom.

**AXIOM X-2: AFFINITY IS THE ACTION OF IMPELLING A FLOW OR VIBRATION ACROSS A DISTANCE FROM A POINT OF DESIRE TO A POINT OF ACCEPTANCE WITH ADMIRATION, LIKING, AND RESONANCE.**

Of course most of this is old hat. We even know that duplicating motions as in mimicry tends to build affinity.

But this idea of resonance opens the door to another level of practical application. And that brings us back to that trick I was talking about.

### Resonance drill

I discussed resonance between beings and between objects, and that raises the question of resonance between a being and an object.

Think of objects as having an inherent wavelength, a sort of musical note that they will respond to.

A specific element will have electron shells at fixed distances from the nucleus. These are like frozen waves which have a wavelength. When we heat up a metal, it glows at a specific wavelength because of this. In physics, spectrums can be analyzed to precisely pin down the elements present in something based on this principle (spectrographic analysis). Again this is just textbook physics.

Of course a complex object has many elements and should probably be thought of as a composite. But the over-simplified idea that an object will have a single basic vibration is actually good enough to start with.

Here is the drill:

- a) pick an object
- b) imagine that you are sort of humming a note at it (this is done mentally, not by humming out loud)

- c) project this note into the object
  - d) shift the note up and down until it matches vibrations with the object (you can feel this easily). Note that you don't have to hit the actual vibration, but just a harmonic of it, so it doesn't matter that much whether you use a high pitch or a low one, but it is important to slide up and down the scale by very small increments.
  - e) permeate the object with the vibrations.
- Repeat this on a number of different objects.

After you have assessed a few objects this way, matching vibrations, you should find that you can pretty much match wavelengths automatically without having to assess in detail.

You should experience a startling increase in mental perception of an object whenever you hit it with a matching vibration, especially perceptions of the inside and far side of the object (it is a 3D perception rather than looking).

Note that matching wavelengths goes way beyond simple permeation (I've played with that too).

With hindsight, there are ideas like this in metaphysics. There is the idea in India of playing a specific musical note to heal somebody, and I've even heard mention of the idea that humming the correct note might enable one to move an object. And there is even Scriabin's idea that the ultimate musical composition would bring the world to fulfilment and allow it to end.

When you first drill this, you can just look at an object or a wall and project a vibration at it. But once you get the knack of it, try it exterior in conjunction with any exteriorization drill that works for you.

I think that you'll find that whenever you add in this vibration business, it's like turning on a light switch and your perception increases a notch.

There is lots more that you can play around with. You can project broad band "roars" or play around with chords to match a series of wavelengths at once.

### 'Proving'

Don't get into trying to prove things. Even with your perceptions raised a notch, it's still probably more dub-in than accurate data. You

mustn't invalidate the half correct perceptions or they get weaker.

Of course I ignored my own advise and tried to read some playing cards upside-down. I used 8 numbers (2 to 9) in 4 suits to make calculations easy. I held each card up facing away from me and mentally roared vibrations at it until I had a clear visio of the card's face.

The results were freaky. 50 percent accuracy on calling the suit. 25 percent accuracy on calling the number. Not one card seen correctly. Every perception a total dub in, but the suits and numbers were perceived at twice the level of random guessing.

As a control, I dropped the mental roaring and the incorrect dubbed in perception and the accuracy immediately dropped to 25 percent on suit and around 12 percent on the number (the normal probability).

It was crazy because I could only violate the mathematical probability by getting an obviously incorrect perception. I'd see a 7 of hearts clearly and it would be a 7 of clubs when I turned it over. Or I'd see an 8 of spades clearly and it would be a 3 of spades when I turned it over. But I'd be right on either the suit or the digit on about 3/4 of the cards.

An hour of this and I was just about banging my head against the wall and getting exhausted and invalidating my perceptions because every damn visio was obviously wrong (I never ever saw the correct card, which was also contrary to chance because I should have accidentally gotten one right every 32 cards).

That left me feeling quite frustrated, so I'm not going to try it again soon.

And yet there was a consistent and dramatic violation of mathematical probability.

I thought this over a bit.

My first idea was that the true perception coming through must have been no more than a tiny flash of color or the shape of a single number and I was building an entire visio of a card based on that tiny signal of real data.

But I talked this over with a friend and he suggested that it was more likely that I had gotten an accurate perception but something was overlaying it with an alter-is because there is some

mechanism designed to block doing this with complete accuracy in this universe.

There is more to be learned here.

### Reality

My thought right now is that there must be a dozen or so of these factors which sum up into the creation of reality.

One of them is intention. Another is resonance. Yet another is faith/belief. Each of these acts as significant amplifiers, and each one can be drilled individually and is fairly easy to master.

### Duplication of motion

I started thinking of affinity as a duplication of motion.

So I reviewed the duplication in the communication formula and saw it as a duplication of data or content.

And agreement would be a duplication of intention.

By communicating, you might duplicate the fact that somebody else likes to fish, and yet you might not want to fish yourself. But you might duplicate the intention to fish and therefore come into agreement with them even if the two of you aren't talking. And you might both go fishing together and thereby duplicate the motion and come to feel more affinity for each other.

These are 3 separate duplications. All 3 would be involved in a shared reality which I would see as a duplication of creation.

From this comes the thought that the ARC triangle might be a limited perspective. Note that understanding seems to be a by-product rather than the sum (complete ARC would be more than just understanding).

It should be obvious that agreement by itself may be a factor in reality but is not the sole determining criteria. After all, the majority of people once believed the Earth was flat (even though the educated people like Columbus knew better) and it continued to be round despite that.

The real equation might be:

Affinity plus Agreement plus Communication plus another half dozen unidentified factors all sum together to yield Reality.

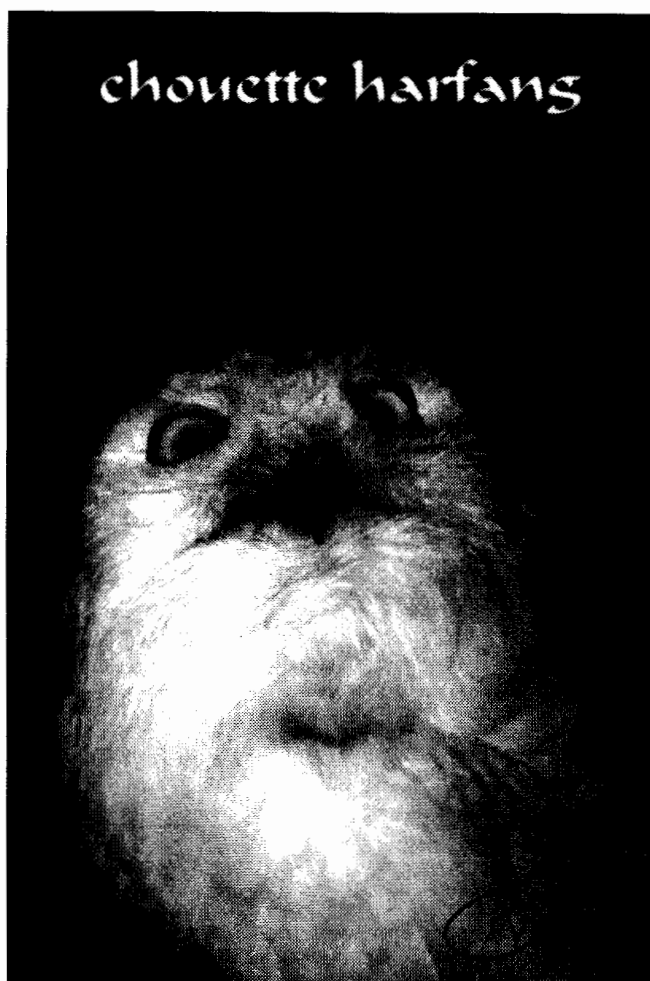
Or in other words, duplication of data plus duplication of motion plus duplication of intention plus duplication of various other things all sums up to duplication of creation (which is the reality of the physical universe). All this would be occurring on a compulsive level of course.

As usual, finding an answer has left me with more questions.

But the trick with resonance does work and the axiom on affinity has lots of implications.

So have fun. The Pilot.

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## Regular Columns

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### A World of IVy

by a Pelican, Antarctica

#### Choose your Environment

WE HAVE IN Science of Survival this datum with regard to the tone scale. When a person (at that moment) low on the tone scale comes in contact with someone high, there is the tendency for them to approach each others tone level.

With this in mind, one has both the tendency both to act high toned and to seek friends who are high toned in the areas of your interest.

The principle can be taken further, for the MEST (physical environment) also has its influence on you. This is reflected in talk about surroundings being "up-stat".

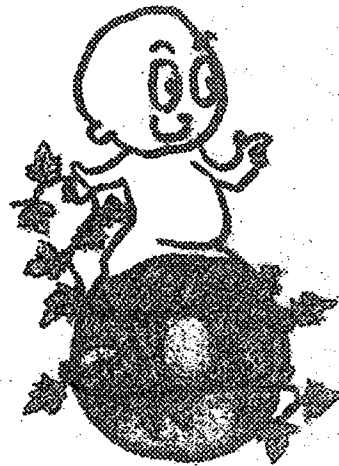
So if you want to be optimally effective achieving the goals you have, doing the things you like choose your environment.

Choose who you spend time with. Walking from one place to another, choose the most pleasant route. You can control these things.

#### Create your environment

This can go one step further. You can create your environment. Tidiness (the bane of some) will give you a good environment. Finish cycles of action. Throw away unwanted things.

You can inspire those you associate with to higher levels, with simple tools like listening and making positive communications.



#### Time

Matter, energy, space and thetans (life) are part of your environment. What about time?

Well we live in time, so it must be part of our environment. But can we change time (apart from changing from summer to winter time).

Perhaps not --- but we can change our attitude. If you have worked in a Scientology org within the last 30 years, you will almost certainly be familiar with subjects like stress and urgency. Could be you have adopted a negative attitude to time. Perhaps considering there is not enough of it.

You can change your considerations. I understand that there is generally a different attitude to time in Mexico. Possibly in many other areas and cultures. Manjana (tomorrow)! Its a consideration. It could be that changing your attitude to time could improve your environment more than the latest, smartest MEST. And it is free!

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## Regular Column

## IVy on the Wall

by Ken Urquhart, USA

### Forecasting the Whether

**Chapter Six in a Consideration of A Piece of Blue Sky, by Jon Attack.**

"Part II: Before Dianetics, 1911-1949" covers a very large part of Hubbard's life in a disproportionately small part of the whole book; that this Part is dedicated almost wholly to Hubbard's misdoings in this period without mentioning much that is commendable is worthy of note. However, I don't propose to make an issue of this, since there is enough well-documented and serious material in this Part to outweigh any but the most exceptional well-doing — and I have no idea of what well-doing there actually was that would find a place in this context. Since the author makes no mention of any *search* for redeeming behavior we can't be sure that he desired to find any.

I want to make clear at the outset that it is not my aim to destroy a case against Hubbard. Jon Attack does not so much make an effort to discredit Hubbard in these chapters as present a case that speaks for itself. His presentation, of course, is slanted towards accusation, but I will not attempt to deny that what Jon says was going on is untrue, or to make it less reprehensible than it is. Nor will I attempt to argue that LRH was somehow right to do it, or that some later perfection justifies all. I will maintain that Jon's approach omits factors that truth and justice require us to consider, regardless of any unreality Jon might have regarding those factors.

#### Hubbard's first sinnings

Part II consists of six chapters, entitled respectively: 'Hubbard's Beginnings,' 'Hubbard in the East,' 'Hubbard the Explorer,' 'Hubbard as Hero,' 'His Miraculous Recovery,' 'His Magickal Career.' The last chapter gives detail of a part of Hubbard's life that he withheld information about or glossed over, later. The other five chap-



ters all expose lies or exaggerations put out by Hubbard about his own history. Many of his untruths became part of the false, supposedly legendary persona that he and the C of S attempted to create to bolster his position as Source and Founder of Dianetics and Scientology. The persona was part of the marketing package.

Jon shows specifically how many of the aspects of the false persona were contrary to the documented truth. He says, of Hubbard's early exaggerations of his teen and young adult years: "Hubbard did not confine his creativity to his fictional work. He reconstructed his entire past, exaggerating his background to fashion a hero, a superhero, even. Although Hubbard wrote many imaginative stories, his own past became his most elaborate work of fiction." (Ch.1, p.45). I don't think anyone who looks at these chapters could disagree. Add to this a quote from someone who knew him: "Hubbard was certainly an enthralling story teller." (Ch.1, p.48). And, "Hubbard was already writing in his teens, struggling to generate fiction. His journals are packed with attempts at pulp stories. Even his diary entries were obviously written for an audience, suggesting that even then Hubbard's distinction between fantasy and reality had blurred." (Ch.2, p.59).

Two other quotes are revealing and characteristic: "As ever, we are faced with a germ of



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truth embedded in its exaggeration. The habit of a lifetime." (Ch.3, p.68); "As usual, the story was tailored to fit the circumstances. Hubbard had cut his cloth to fit a man of greater stature than himself." (Ch.4, p.76). The latter point is correct and well stated as it applies to Hubbard as a social entity in society.

We can conclude that just about anything laudatory that Hubbard or the C of S has put out about his childhood, youth, earlier career, war service, and the development of Dianetics, is either outright untruth, an exaggeration of a truth, or an enforced focus on selected truth. Hubbard was no war hero, for example; he lyingly whined to the Veteran's Administration repeatedly to get and to increase his military disability pension.

Jon's chapter on Hubbard's involvement with Jack Parsons leaves no doubt that Hubbard seriously and deeply dabbled in satanic practices. Hubbard's business dealings with Parsons evidently forced Parsons to go to court against him. Jon also states that Hubbard bigamously married Parson's former mistress on August 10th, 1946, but he doesn't give the source of that information. If it is a genuine and incontrovertible document, why are we not told that it is so?

### How damning the evidence?

The story revealed in this sifting of the facts of Hubbard's life, and his claims about his life up to 1949 show a character no man of substance would be happy and proud to have his daughter ally with in marriage.

Was Hubbard so, and only so, throughout all of his life? I do not believe so. Is it logical to assume, as I believe Jon Atack assumes and wants us to assume, that because LRH's behavior in his years up to 1949 was as bad as it was then nothing he produced later could possibly be of any superior quality or value? If it were so, then the Christian churches would have to expunge their tradition of two thousands years in revering the actions and words of St Paul on the grounds that his earlier cruelty to Christians can only make him unacceptable. LRH was not St Paul, and so far as I know, was never on a road to Damascus; nonetheless, bad behavior in

one period of a man's whole life does not have to negate the good. *Post hoc, ergo propter hoc* is an elementary fallacy in logic. Jon would argue that the bad behavior continued. I accept that some of it did but would not change my position; Jon would assert that Dianetics and Scientology were products of the bad behavior and nothing else — and on that we would have to agree to disagree. This disagreement is what these Considerations are all about.

### Process of maturing

Hubbard was born in 1911. He evidently arrived with equipment that suited him to deal with life by creating, magnifying, and enlarging a reality about himself that others would interest themselves in, be impressed by, and would subject themselves to. This is not only not in itself necessarily evil, it is not so uncommon. In fact, it was, in my opinion, very much part of the Victorian male's outlook. The Victorian male got away with whatever he could get away with by appearing so convincingly to be what he made himself appear to be. And the Victorian culture not only let him get away with it but was happy to not look too closely behind the façade as long as the façade kept the dirty linen hidden in the cupboard. The convincingness of the performance was justification enough for its acceptance. The tentacles of that time reached out and touched L.Ron Hubbard; they were not willing to let him go, yet. And he believed that the convincingness of his performance was good enough for him to wish its acceptance into being.

I feel that Hubbard did not come to terms with this aspect of his approach to life.

Hubbard was born with or developed a taste for pulpish fiction. [I myself have not read his early fiction or science fiction. I don't read much fiction, and science fiction is not to my taste. I started to read "Battlefield Earth", and found that its action moved satisfactorily quickly but one-third through the book I felt I just couldn't stand to have one more short sentence with little words hit me on the head.] He used his ability to create pulpish fiction, as Jon has stated, to create the fiction he wanted to create about his own past. And he used the style of

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pulpish fiction, and his ability to create a façade, in his serious writing in *Dianetics*, *Modern Science of Mental Health*, for example. Its prose, its presentation, its assertions, are deliberately cast in a way that Hubbard felt made him *sound* like a scientist, an engineer, a pioneering researcher, a man of deep learning, and a great humanitarian.

His work would have had wonderful dignity if he had been able to present it as it was, rather than to present it as part of a façade he thought it necessary to create in order to gain acceptance, respect, and acknowledgment. In personal contact, and in the privacy of his study he could have the personal discipline necessary for simple and powerful honesty. When it came to his public persona, however, he could not resist the temptation to impress the world and to play to his own gallery.

Since I believe that Hubbard had lived before, and will live again, I believe that he was on a path, that he had been on that path for a while, and is continuing on it into the future. I believe that despite the seeming failures to open himself completely to be what he really is behind his façade or facades, he has been working to open himself; he hasn't got to the end of that part of his path yet.

Lastly, here, the matter of the black magic: I do not find it inconsistent that a man destined for what I and a number of people consider great work in the realm of spirituality would explore, on his way to greater enlightenment, the dark side of spiritual reality. Who is to say that it wasn't a case of Life putting temptation in his way, he taking the bait but only long enough to see through it and to see the other direction that was open to him, and to then get into his stride on his fated path? The Victorians used to say (Anthony Trollope said it, anyway, often): "You cannot touch pitch and not be defiled". Given his predilection for creating a fictional façade and his taste for pulpish fiction, it is reasonable to accept that a certain amount of what he learned in black magic remained with him. But you have only to read the Axioms of Scientology to know with great clarity that he could and did on

occasion rise above all considerations of façade, pulp, or black magic.

Here I believe that Hubbard did learn much of the lesson Life required him to learn, or at least a great part of it. I don't doubt that he will learn more.

### Crime, sin, or violation?

I do not accept that the violation of a suburban, middle-class standard is in itself reprehensible. However, I agree with the middle-class viewpoint that fraud is a crime and lying is a sin.

When a person believes another's claim that the other can bring him or her all kinds of promised benefits, for which he/she pays good money but then receives none of the benefits and is treated shabbily into the bargain, he/she is entitled to scream Fraud! When that person looks into the background of the principal and key figure in this perceived fraud, and finds that that figure has lied about himself, the person can feel very justified.

I am not saying that L. Ron Hubbard committed criminal fraud (or that he didn't), or that he callously set out to defraud or to deceive. He was unable to live his public life without creating a façade. Parts of the façade were that:

he had developed ways to help *everyone* relieve emotional, mental, and spiritual pains, disabilities, and remedy lack of ability;

he had created an organization capable of fulfilling this astonishing claim for every person that came for it (excluding certain types).

Supposing his first claim here to be true, the second obviously was not. His critics have experienced the latter and from that extrapolate that the first claim is also false. I myself do not consider the first claim to be altogether false. It has truth in it; to this truth Hubbard added the marketing he could not resist. He compounded the false in the marketing with the failure to deliver wholly, exactly, and universally, the results he himself could obtain himself or through his direct supervision of auditor and organization. This was a problem he did not suc-

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ceed in resolving, because he was not honest enough with himself to know that he was failing.

Given the chance to lead a loyal, joyful, and powerfully effective band of supporters, he chose instead to present them as a carnival parade.

There were many who benefited hugely from the services they bought and received at organizations remote from Hubbard. There were many who felt disappointed and betrayed. The latter he failed. He set himself up for charges of fraud because he had not been honest with them — he tried to involve them in his self-deceit.

### A spiritual context

Although it often seems as though a large portion of society has no interest in anything beyond the material, I believe it is true that all individuals exist on several different levels, including the spiritual. One who believes he has no existence on a spiritual level exists on a spiritual level as a being who doesn't believe he exists as a being. This person chooses not to be aware of what is beyond the material.

I believe that Hubbard had great awareness of the spiritual but it took him a while in that lifetime to recognize it and act accordingly. That he trod the path he trod in order to come to that recognition is not shocking to me. The significance of his path is simply that it was his path. It would be real nice if his path had been as distinguished as he made it out to be, but that he went through what he went through and lied about it is not to my mind reason to invalidate his path or where he came to. I believe that out of what he came to he gave us some unique and excellent tools that help us move forward and upward, and my view is that we are free to forgive him his weaknesses and failures. Who can deny that without weaknesses and failures a human being might never reach a point where she/he could produce something of value?

His major failure, in my mind, was that he held himself aloof from the people who did not or could not respond actively to his methods, and held himself aloof in ways that made those people wrong and reinforced his arrogance and antagonism towards them. On the whole, he was not ready for the job for which he sought

the pay. On a high spiritual level he was undoubtedly capable of it, but his power of operation from that high awareness could not embrace control of his lower, more material urges — and they uncompromisingly perverted the purity of the spiritual.

Here I must clarify that although I say "people who did not or could not respond actively to Hubbard's methods" I don't place any blame on them or infer that their states of 'case' were so low and so awful they placed themselves beyond reach (and I certainly do not aim such thoughts at Jon Attack in particular). No, we are all free to move in whatever direction we think is best for selves and others, and are right to follow our own instincts. Hubbard himself had the direct responsibility to see that his message reached those who could hear it, to tailor his message honestly to those that needed adjustment in his message, and to see that the help he intended for people in general did arrive at its destination. My contention as regards Jon Attack is that his criteria in 'exposing' LRH are flawed in that they arise out of a culture's restricted view of existence, Jon being a product of that culture.

### Spiritual experience

It is a very, very sad thing that those who went into Scientology organizations to find the relief and expansion promised them not only did not always find it but were also sometimes badly abused for their pains. They sought, and should have found. They asked, and should have been cared for.

I have experienced LRH in his métier, the supervision of sessions and the extrapolation therefrom of further and general directives for auditors and case supervisors. I saw him operating and with the most genuine care, and with high enjoyment of his own certainty and virtuosity. I perceived the results he could obtain on people in difficulty, whether as auditor or recipient. It is to me a tragedy that people such as Jon Attack and many others never experienced the value of Hubbard's outflow on this level, and that Hubbard fooled himself into believing that he could force a world-wide organization into practicing technically at his level consistently — in addition, into believing that if the organiza-

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tion didn't deliver at his level, he would somehow save the day. He was brilliant at saving the day, but not big enough to do it on a whole planet in one lifetime.

He let down a lot of people and will answer for it. I don't believe he meant to. I believe he wasn't fully aware of all the effects he was causing.

### Delayed demonstration of value

I do not mean to minimize any of the hardship that those who met with disappointment and abuse experienced. The unfortunate fact is that a bear entered the farmyard, and it was the lesser animals in the yard that got hurt. Those who could deal with the bear came out of their skirmishes intact. The hens are still cackling in the henhouse, the wethers still bleating in the fields.

The bear came in at what was perhaps not the best time. He strutted and roared in a very rude fashion. He rushed here and there, upsetting numbers of apple-carts. He got himself a very bad reputation generally, and mostly amongst those who never had the chance to hear his softer voice, feel his tender touch, bathe in the warmth of his smile, his friendliness, and his space.

It will take some time before the whole farmyard can acknowledge, as it will some day, that even though the bear caused so much trouble (some of which persists), things are much better than they were before he pushed his way on to the top of the dunghill, that despite the roars and the ridiculous prancings, despite the bullying, he brought good news.

### Challenges

Life's challenge to L.Ron Hubbard:

Learn to operate from your high spiritual awareness to embrace the realities of Planet Earth in such a way that your abundant and powerful energy always promotes solution and joy in being.

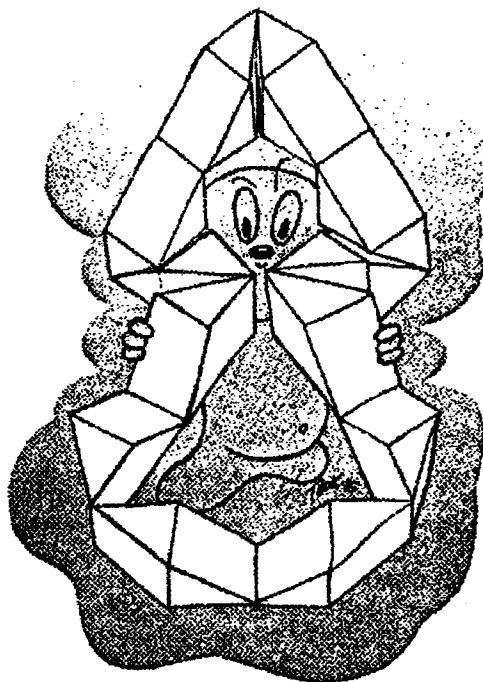
Life's challenge to Mankind:

Wake up. Grow up. Be open to changing the way you look at life and act in it. Look beyond the apparent obvious. Question your assumptions. Challenge your limitations, internal and external. Watch what you agree with. Step outside of your box. Refuse to accept misery and suffering as beyond your control. Learn to handle abuse from others. Live, and live more. Live happily with yourself and with your close ones and with your companions, neighbors, associates, colleagues, and fellows. Take a little peek at your potential — believe what you see. Believe in yourselves. Move forward as far as you can move, get used to it, and move forward again. And again.

We choose.

May God guide us to more generosity of spirit rather than to less.

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# Ethics

by Sehlene LeCornu, USA

WHEN I WAS FIRST introduced to Scientology by a dear friend who felt he had found everything we have always talked about, one thing struck me above all others. In one of the green books sold in the bookstore of the Mission, there was a complete description of the eight dynamics of existence and the ethics surrounding them.

Since that early exposure to the eight dynamics and the system of ethics, many changes have taken place for me. Knowing then what I know now would probably have prevented my ever entering that Mission. But unlike so many others who consider themselves ex-Scientologists, I do not accept this label as accurate. I never was a Scientologist, but rather a seeker of wisdom in whatever corner of the planet I could find it. In that Mission, on those bookshelves I found a beautiful and elegant way in which to live one's life as a human being (combination of body and being). After a bit of refining, I used it to help my children lead ethical and rich lives.

"Is what I am about to do or say, not do or not say, going to contribute to the enrichment of life across the eight dynamics?"

My children were taught to draw the eight concentric rings, label them and to understand what each meant. Then they were taught to memorize the above question. It is of my own creation, but that does not make it less worthwhile. When I first formed the question, I decided to test it against life to see if it worked, and it did. Then, when I taught my children to use it each day of their lives, again it worked.

## Alderwood

Although my children have never had any CofS training or auditing, they are among the most responsible people I know. As an example of their life decisions, at ten years old my daughter woke me on a Sunday morning, all dressed up in pretty dress, holding a big bouquet of flowers. She asked me if she could go to Alderwood, a

nearby convalescent home for the sick and dying. She further explained that 'old people like to see little girls in dresses and they love flowers just like we do'. Of course I told her she could go. It was four hours later before she returned, full of stories about the people she had met and the things that she had done to help them. She continued to go to Alderwood on the weekends and after school a couple of times a week for all of the years that we lived nearby.

One day she told me why she had decided to start going there. "Mom, their families don't care about them anymore because they are old and sick. They are lonely for the smallest bit of attention. I can 'enrich' their lives a little bit by visiting, writing letters for them, reading to them if they can't see, doing nails, fixing hair, all of the things that make them feel better and make them smile again." Of course I told her I was proud of her giving and loving nature and she said something like "just trying to enrich life on all of those dynamics!"

## Not an Scn.

The main reason I will never consider myself a Scientologist is that in that organization actions such as those of my daughter would be condemned as contributing to a 'down stat'. It is those in pain, those reaching for a moment of understanding that we must consider if we are to remain ethical in our daily lives. The question needs to be asked over and over again, throughout each day. Survival is not the issue. Survival is a basic body consideration. For spiritual beings using bodies as tools in a physical universe, the imperative is far greater. In our desire to attain greater levels of understanding, it is necessary that we experience all that is here and at the same time function in a manner which will encourage life in its many forms.

What finally made my decision to leave the Mission, was finding out how the ethical system was being corrupted to suit the growth of a wicked power structure. It was rapidly

becoming something I could not/would not teach my children. I had wanted to become an ethics officer because I felt it would be glorious to bring the beauty and richness of this elegant system to others. No right/wrong, no evil/holy! But that is not what an ethics officer was in this environment, in this twisting of the system. In Hubbard's *Hymn of Asia* there is a color photograph of a monk planting a seed. My impression of the ethics system is that it should be just like that, planting a seed, helping beings to understand how to live ethically with their bodies in this physical universe.

Living one's life in this manner, asking the question of yourself over and over again, you discover so much about the world and yourself. I highly recommend it to those who are raising children as a means of teaching them a set of guidelines that will never fail them, that will enrich their lives. So many young ones are being raised today without a foothold in the reality of what this universe is about or their place in it. This little system of ethics is a gift I would love to be able to give all of them.

Much love to all

Sehlene of Dragons Wing

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## Internet

by Antony A Phillips, Denmark

SOME OF OUR readers are not familiar with the Internet. Some may be shortly making acquaintance with Internet.

Those who are not familiar can get lessons and get free access to internet in some libraries or Internet Cafés. It is also possible to get an enthusiastic (for computers) friend, child or grandchild to show you some of the things mentioned here, and even print some out for you.

If you want to look at the ex (or out of) Scientology side of it, here is a good, gentle way to do it.

Go to IVy's Home Page.

It is at:  
<http://home8.inet.tele.dk/ivy/>

We have interesting material on the Home Page itself, but we also have links to other interesting sites. Perhaps overwhelming at first glance. But here is a tip. There is a link to Homers Archives. Click on

that, and you will get quite a varied array of articles to look at. Here are two to recommend. The one marked "ivy" will give you important articles from early numbers of IVy (at the moment 1 and numbers 3 to 10). And if you go to the area marked "spickler" you will find a wealth of Essays by Phil Spickler, written originally for IVy's Internet list, called ivy-subscribers.

Of course, if you get yourself some sort of Internet address (there are even email addresses you can get for free which you can access from any Internet access point, including public libraries, friends, and Internet cafés) you can write to me and get your self put on ivy-subscribers. This is IVy's private list, where you will receive by email copies of what subscribers to IVy send to it, and you could even ask a question, send a comment or originate yourself.

That is probably the best start, the volume of traffic varies, but averages at about five emails a day. If you find that too much, there is ivy-selections, which comes only once a week, consisting of the best of ivy-subscribers.

For the more adventurous there are the newsgroups — many thousands of them. For those interested in MetaScientology or clearing, the best is [alt.clearing.technology](mailto:alt.clearing.technology), and there is also one called [alt.religion.scientology](mailto:alt.religion.scientology).

The world of Internet is large, and perhaps confusing at times. One of your best entry points is through IVy's Home page, and its associated links. You can get help from me at [ivy@post8.tele.dk](mailto:ivy@post8.tele.dk) and from people on ivy-subscribers.

Good wishes for a new adventure. □

## Power Processes (John Mac), Part 1

by John McMaster

*[This is an unedited transcript of a lecture given by John McMaster to students of Dianology in Los Angeles, California, on November 14, 1970.]*

THE BRIEFING COURSE, CLASS 6, and so on. After graduation ceremony, and in those days when people were graduating Class 6, Jack [Horner] was the first one, it was Linda Nussbaum, and they graduated, you graduated with a lot of confidential data, and that's, you know, the line plot, the items, the GPM structure. And now this guy had been running GPMs and running a tremendous number of endwords, and Ron came up, he didn't usually appear at the end of the graduation, but he came up, and this guy's name was Wilbur Hubbard. And Wilbur Hubbard wanted to talk to Ron. And Ron was talking very gently to a group of us. And I had just finished auditing Dimitri Kronos on endwords in Greek and English. You remember old Dimitri. And I had just finished a 25 hour intensive running him on Greek endwords and translating into English and then getting him up to solo auditing. And I came out and Dimitri ran up to Ron so excited. He'd found himself a very special endword, "creakness". It had something to do with being stuck in a creak, you see. So, anyway, and he was telling Ron this and Wilbur Hubbard came up, and Wilbur Hubbard cut the communication. And Ron was furious. So Ron turned round and just gave Wilbur quite a look. And then Wilbur argued back. And of course for Ron that is the ultimate crime.

So Ron went away on the Saturday and the Sunday, and on the Monday he called me, with a little note, to say, and I had just started the HGC, the first HGC at Saint Hill, and he said that Wilbur Hubbard had to be run on a process. And the process was, "Tell me an existing condition. Tell me how you have handled it. Tell me how another has tried to handle it". It had 3



commands. Anyway I was busy auditing a few other people, so I passed this auditing on to one of the other auditors, David Ziff. And David Ziff was the first person to ever run the Power Processes, or to ever take the commands and run them on somebody. And he ran them on Wilbur Hubbard, and Wilbur Hubbard said it was useless and David Ziff said it was useless.

And when it came to the Wednesday, this was a Monday, when it came to the Wednesday I had finished the people I was auditing, and I said to David, there was another of us, Reg Sharpe had to be run on something, he had to have his missed withholds pulled. So I said to David, "What would you rather do, handle Reg Sharpe, or handle Wilbur Hubbard?" So David had really given up on this process, and he said, "Oh,

I'll take Reg Sharpe. You can handle that process". So I took the process.

### John running his first PP

And I'll never forget the first command I gave. I didn't put in any rudiments or anything. I looked at that process and I thought, "By God, this process will handle rudiments, it'll handle everything!" Tell me an existing condition. What are rudiments but existing conditions? I said, "I don't want rudiments, I don't want ARC break, whatever the damn thing, I was going to use this process", and I went straight in and said to Wilbur Hubbard, "Tell me an existing condition". He just went into session, the room virtually blew up and he came straight up with "embattledness". He'd been running a lot of end-words, you know, but he came up with "embattledness", you see. "Tell me how you have handled it". "Yak, yak, yak, yak, yak". And then "Tell me how another has tried to handle it", didn't bite. It just didn't bite although I ran him the whole of that process, those three commands. That third command didn't bite at all.

### End phenomenon

So the long and the short of the story is that somewhere around about 12 hours after I'd started, Wilbur Hubbard went into a screaming fury and he was way down the track, and then in present time screaming at me, "Why don't I do an L-1 [correction of auditing mistakes procedure, *Ed.*] on him, can't I see he's got an ARC break?" And I was just sitting there absolutely quietly, you see, and he was going down the track into the incident, and into present time screaming at me, "Why the hell don't you do an L-1 on me, and handle my ARC break, can't you see I've got an ARC break?" Then he'd recede back into the incident and then he'd come forward. And finally it was all over, and he said, "Oh, you're a most fantastic auditor! What a way of handling an ARC break! Just sitting absolutely quietly!"

### Revivification

Meanwhile, that was a revivification. Now "revivify" means to bring to life again. People tend to get stuck in one heavy incident along the track, which they will dramatize more than

anything else, and that's their stuck point, and it's got many other little things attached to it. The power processes, and that process in particular, and we only had that process at that time, which subsequently was called Power Process #6. At that stage it was just called the conditions process, and I became famous as the auditor of the conditions process. Ron was calling all his friends to come and get the conditions process run by John McMaster at that time. Cause that was the only one we had. But it was fantastically powerful.

As you hurled the command at the guy you could just see the mass! Every time, a coconut, you know. And you could see, like, you hit one of the crystal in encombic [? word not really audible] crystals, or copper sulfate or something, and suddenly it's like if you drop it into a beaker of water, you know the way it sort of expands in the glass. You could feel the mass coming off the person's body. But then we had no gradient, you see. And Ron said, "Boy, I'd hate to run", after I'd run 3 people, and I had explained to him what it was like, that my eyes actually stung from the mass coming off the guy with the power of the process, with no lead into it, you see. Just taking a guy raw and running this powerful process.

### Theory

Anyway you see it's designed to do this, you see the first command is in present time, "Tell me an existing condition". So that obviously he dragged that with him and it is still an existing condition even though he doesn't recognize it as something out of the past in fact. It's the way I see you today, I'm seeing you today, so I think. So naturally in actual fact I'm seeing you through that incident. And there are people wandering around in the incident and seeing other people constantly through that incident. And that's why people do some of the crazy things they do.

So, the first command is in present time. The second command says "Tell me how you have handled it". It's past tense. And the guy starts cycling until eventually.... And you see the anaten<sup>1</sup>. Again it's what you expect on the process, because he's approaching nearer and nearer

1 anaten.(also called **dope off**: analytical attenuation. Terms used quite widely in Scientology in the 50s



to that moment of unconsciousness that he was hit by with the incident, you see. Until finally, in the revivification which can be a split second, or it can be days, the guy hits it, and he's there, and the incident runs out. And then he comes back in present time and the incident has been run out and he's now revivified that incident and he's free from it.

I'll give you an example of that. Another person, the third person I audited on that. He was an old-timer in Dianetics and Scientology and he'd had an engram where he was killed by an elephant, with an elephant's tusk going right through his body. So he'd run that engram over and over and over again. Well when I was running him on this process, by this time we had dropped the third command because it didn't bite. We just ran the two commands, "Tell me an existing condition. Tell me how you have handled it". And I was running it on him.

#### **Muzzled**

You see these things must be run muzzled [= auditor saying the absolute minimum, *Ed.*]. You don't ask the pc "How are you doing?", you don't say anything. You just run those commands, about as fast as you can put them in. Commands per unit of time count here. You go into time with the preclear first, and then you bring him into your time by speeding up the whole velocity of what you're doing. You just go, "Tell me an existing condition. Thank you. Tell me how you have handled it. Thank you. Tell me an existing condition. Thank you. Tell me how you have handled it. Thank you. Tell me an existing condition. Thank you". Till you key out the bank. What you are doing is cleaving the being away from their reactivity. Until he can get that amount of distance that he can actually confront this thing which he could never confront before. And the faster you can do it, the more you're going to help the guy. And he might think he's going through hell at various stages but you just keep on going and you don't buy it. You don't stop. Because that process is doing this one thing of elasticizing the being down the time track until he actually hits that thing, you see, and is stretching, stretching, stretching,

stretching, like that, and you give up, and you wrap it on your preclear. No matter what he's going through, once you start it you carry it through. Because this is what you've done.

Now, it's okay, if you've run for two hours and the preclear looks bright, and you're going to end the session and carry on tomorrow. That's all right. It's nice if you can do it all in one session, but sometimes you can't, and that's quite all right. And when you end the session, you end the session, you make no comment, simply let the guy go home, and sometimes the process continues to run out of session, even though you ended the session. And he can have the revivification in his sleep, or he can have it as he's walking home, or he can have it when he wakes up in the morning, or he can have it anytime out of session. So before you start the next session always make sure that you check everything that happened from the end of the last session. You don't want to overrun this process. It's an awful process to overrun. It was the one and only time that I have ever been overrun was on this process and I can tell you this much — it was like going into concrete and then having it set solid around me. And I carried that around with me for a day. It was terrible, that feeling.

[Audience question about revivification] You watch that preclear one more time, and you watch that he's suddenly not there at all. Their eyes are glassy, they stare, there's nothing there. Sometimes you can watch him behind. You watch the guy and he does it up here somewhere, you know, he's found it there, the incident. And it's just like the body has died. But it isn't always like that. Sometimes the guy goes into a screaming dramatization.

#### **Elephant incident**

The one I was telling you about earlier, the third guy that was killed by an elephant. Well he had run that incident so many times, he was quite famous as an old-timer for his elephant incident. Well when he came to me to run him on this process and I ran it, I just ran that thing like a machine gun at him. And suddenly he just let out a violent scream, and it was all over. It was the one thing he'd never done, every time

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and 60s, for when the preclear was sleepy, bleary, groggy, unalert during processing. In the mid 50s it was regarded as a sign of "charge blowing off" and seemed to be regarded as a good indicator. *Ed.*

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they'd run the engram. The scream as the tusk went through his body. That was the last of the engram so he was now free from that engram which he had been stuck in for a long time.

But again it can manifest with another person I was auditing, that suddenly. He was a very, you know, sort of high-toned guy. Suddenly there was a dead body sitting in front of me, and back here, was a little, like a, how could I describe it, it was like a, you know as you light a fuse, as it begins to fizzle out, well he was up here, doing that behind him. And there was nothing here at all. And it was only about a second and a half, and then suddenly he was back in his eyes, brilliant, and he said, "Where have I been? Where have I been? Oh, my ear!" He had a violent somatic in his ear and his incident was just when he was running it up there, and suddenly there he was, now he appeared in present time, fully in present for the first time in his life. And yet he had been a very high-toned guy prior to that. Suddenly he was clean and free from all of that. Now that was one way of seeing it. Another time, depending on how you are running it, people do. The more efficiently you can run these processes, the safer the space you create, the faster the incident will lift dramatizations, etc. The smoother, the slicker, and so on. But these are things you will learn with experience in running them.

Anyway, because of the very steep gradient of that process, the conditions process, then Ron decided we had to have a thing into it.

[Audience question about looking up words in process prior to running it.] Get them to really get the meaning of those words, "condition", "existing".

#### Pr- pr. 5

Power Process # 5, was the next one we ran, was to get the guy cycling on the track. "What is? What isn't? What is? What isn't?" It's just those two commands. The idea there was to get the guy cycling on the track and to run out as much junk as you could so that when you came to the past, to the condition, *the* process which produces the revivification, you had taken off a lot of the junk on an easier gradient by "What is? What isn't?"

#### Pr. pr. 4

Then out came the next process, another process, to help a guy out. It was obvious that if a guy is stuck in an incident he's off source. He's sourcing

everything out of an incident way back in the past, you see. So how do you get a guy back on source, cause then he's going to be able to what is and what isn't much faster and he's also going to be able to run his incident that he's stuck in much faster. So in came the source process. The source process was the third power process to be evolved, but you run it first. The normal run of power is Pr. 4, which is source, "Tell me a source. Tell me about it. Tell me a no source", not "non-source", "no source". "Tell me a no source. Tell me about it".

And you run those two until, and I'll tell you the first time that process was run, I ran it, and it did exactly as Ron predicted. Exactly. He said that the preclear will very likely say, "The room is much brighter. Things seem a lot more solid". And he explained it to me like this, I was halfway through that session. And cause I had about 55 other hats too, I put a little break in and I charged through to the communication center to get whatever papers were in my basket at the time. And whilst I was there Ron came to me and he said, "How's that process going?" And I said, "It's going very well". So he said, "Come here, John". I came over. And there was a bookcase there with a glass front. And he said, "You see this glass here?" This library had bookshelves up the walls with glass fronts. He said, "Now a person who is very much off source, they won't see the wall where the wall is. They will see it where the glass is. And so they're the type of people that kick their feet, that kick buckets over, the worse off source they are, you see". So he said, "They will always be like that. That's how life will be for them. There is a visual depth error in the way they see things". So I said, "Got it". So I charged back to the preclear. She was an American woman, and I called her in, and she said, "When I walked out after the session a funny thing happened. The whole world was much brighter. Everything looked more solid, and it was as if I'd had an actual visual depth change in my eyes". Could she have had it more perfect? So the first time the process was run it did exactly that. That is exactly what happened.

Nevertheless you will see as you're running it suddenly, the guy might not say it, but you will see something happen. He's suddenly looking around, and he's looking different, and if you are really there, that is the one time when it is permissible to say, "What happened?" Only when you see that suddenly he's brighter. He's looking all around. He's had that visual depth change. It's the only time it's permissible to alter the giving of the commands and say, "What happened?"

*To be continued in the next IVy*

□

# What a Game!

by Britta Burtles, GB

ONE COULD SAY our *raison d'être*<sup>1</sup> on this planet is to play games. Scanning the eight Dynamics I paused at the 5th and realized that I used to like fox hunting with hounds. A splendid game for Man and Beast — or is it? The dogs certainly enjoy themselves, but what about the foxes? It is a game for them too, but not much fun, I suspect, and nobody asks them if they want to participate. So, I had another look at this beloved game of mine and came to the following conclusion:

Like other aspects of life, in the 21st Century hunting has to be viewed from a different standpoint than the one adopted in earlier centuries.

Some people just rattle off reasons to justify chasing and tormenting these animals for their recreation and diversion. They are all attempts to make appear right what, in a civilized and aware society of the 21st Century, has gradually become immoral and indefensible, however loudly they shout their excuses for torturing and killing living creatures for their kicks and thrills.

## Mankind has matured

It is true, hunting has been a tradition Man has indulged in for millennia without thinking twice and no questions asked. The difference, however, between then and now is that Mankind has advanced and matured. The past was an age of relative moral blindness. Today we have no excuse

for being entertained by inflicting pain and suffering upon animals. We are their guardians and have the responsibility to ensure the best possible life for them and the quickest, most humane and painless death, when it is at our hands. To continue this dubious pastime shows up all who indulge in it or defend it as morally backward and blind. At least that is my opinion.

Problems that might arise from stopping this sport will have to be dealt with and solved like all other problems life presents.

There is no need for me to repeat what many have already said about the cruelty of hunting. This note is just a reminder of the fact that terrorizing, crippling and killing fellow sentient creatures of this planet for our fun and pleasure is simply immoral.

Besides, making animals suffer pain and torment while we enjoy the excitement of it all, is not dissimilar to chasing and tormenting small children.

I hope those who still defend or engage in hunting or similar abusive sports like cock fighting, badger hunting and hare coursing will soon have an equally eye-opening cognition to mine. After I had it, I went into drag hunting<sup>2</sup> and found it just as exciting, pleasurable and full of 3rd Dynamic fun as the other version, but without cruelty, pain and death being inflicted upon animals. So there you have it: Another game where everybody wins. □

1 *raison d'être*, *French*, reason for being, justification. *World Book Dictionary*

2 drag hunting: laying a scent trail for the dogs to follow.

# Introduction to Starting a Case and Assessing Cases

By Bob Ross, USA

*Bob Ross continues his exposition of the basic auditing discoveries he has made since leaving the Church, building on and expanding his Scientology experiences including the Saint Hill Briefing Course at the time Ron was running it as a an advanced training and experimental course.*

THE MOST BASIC WAYS to start a session are to either invite a client who has started to speak to continue to speak, by remaining silent yourself, or if the client is silent, by asking a question, such as, "what would you like to handle, or talk about?"

A client who arrives in reasonably good shape, but with a personal problem, that that client has not been able to handle alone, will tell you spontaneously and briefly what needs to be handled, or will be able to answer a direct question, such as, "What do you want to handle?" by telling you. That kind of client is not a problem.

The kind of clients who will be your biggest problems will be those talkative clients who expect you to figure out what needs to be handled on their cases. These are the kind of people for whom Ron developed the Grade Chart. And most certainly the Grade Chart and Model Session were a big improvement over psychoanalysis.

## Quick Entry

Fortunately, I have learned how to get a client to see, quickly and clearly the outer layer of their case onion which is immediately available to be handled next. I enable them to do this by means of a *havingness repair process*. That process enables clients, to move away those mental masses which have and are preventing them from recognizing their own causation, and thus seeing what needs to be handled next. As soon as the masses which comprise the client's PTP [Present Time Problem], which have been cap-

turing the client's attention are moved out of the way, (which fact will become apparent by the appearance of VGIs [Very Good Indicators]) you ask the client a question which directs the client's attention to the outermost layer of the client's case onion.

Thus, when you ask the question, "What have you said, implied, thought, done or not done, that has created your problem or caused it to persist?" you get an immediately usable answer. One client immediately began to cry about her mother's death. I helped her to run out that grief fully, by asking, each time the crying eased off, "If you could talk to mother right now, "What would you say?" alternately with, "What would Mother say to that?"

Mostly when I ask, "What have you felt, said, implied, thought, done or not done, that has created your problem or caused it to persist?" my clients include the name of that outer, immediately available layer of their case onion, as part of their answer, giving me answers as: "I've fought *poverty*", "I've felt I had no *self worth*", "I was *feeling horrible*", "I've been trying to be *perfect*", "I *get by*", "I am being *average*", "I felt *broken*", "I wanted *extreme wealth*", "I hate people, you could say I had a *social phobia*", "I always think I'm *being humiliated*" or "My wife complains that I'm *being critical*", or simply, "*low self worth*".

I immediately check with them whether the TOPIC came mainly from EXPERIENCE or mainly from their BELIEFS.

The answers I obtain this way, I then plug that TOPIC into whichever of my two Power of Choice Processes, POC EXP, and POC BLF, they indicated.

Someone once complained to me that my POC Procedures were too complex, comparing them with the simplicity of a two-flow process like,

"What have you done?" "What have you withheld?" They apparently were not familiar with such processes as 9-way help. III-219, & III-297<sup>1</sup>.

### ARCU = Relationships

I have justified the complexity of my POC procedures on two grounds, one being that they have been working very well. And, that my two POC procedures correspond with two three-dimensional solids. Thus four-flow incident corresponds with the four faces of four-face tetrahedra, and my Twelve-Flow Belief Handling Procedures correspond to twelve-faced dodecahedra. Similarly, R6 GPMs existed as self-sustaining circles. I also found a set of GPMS that created a three turn re-entrant coil. I have also spotted that the mental construct of a paradox corresponds to a Mobius strip. I have no idea what mental gyration would correspond to a Klein Bottle. The usefulness of these analogs or realities, lies in recognizing when a flow pattern has not yet been fully recognized and completed. This I recognized: that Ron's discovery of the ARC triangle was incomplete, as the true relationship had to have four, not three sides. Therefore ARC = Understanding is a lie, the truth being that ARCU = Relationships. This tells us that understanding can increase independently of A R and C. And that A R and C can be increased by increasing understanding.

The usefulness of the concept of applied simplicity and complexity, lies in spotting when pieces (flows) are missing from one's visualization of a mental structure. Thus we see for example, that ARCU = Relationships has to be more correct than ARC = Understanding.

In all fields of endeavor the complexity of solutions is always proportional to the complexity of the problem. Thus the simplicity of wood screws and nails is matched by the simplicity of hammers and screwdrivers. And the complexity of an internal combustion engine is matched by the complexity of an auto mechanic's tool box.

### Running TOPICS

If the client tells you that the named TOPIC resulted from BOTH Beliefs and Experiences; ask them which they wish to look at first.

Then proceed by plugging the name of the TOPIC into the process named by the client, and run THAT process.

IMPORTANT NOTE: Be prepared to write down whatever the client says (and does) in response to your question, "What have you said, implied, thought, done or not done, that has created your problem or caused it to persist?" Then, whether the client's next words seem to be an answer to that question or not, write down exactly what the client says! Write down the client's words as fully and accurately as possible, noting comm lags and mannerisms as well. If you have any doubts about your ability to do this, have a tape recorder turned on at that time to record that response.

The reason for taking so many precautions, is that when this happens it is a sign that you have run into a client's CONFUSION, which confusion may confuse you. To prevent a client's CONFUSION from confusing you, it is important that you write down exactly what the client said in response to the question "What have you said, implied, thought or done or not done that has created your problem or caused it to persist?"

I am talking now about such responses to a command or question as: "I can't do that", "I don't know how to do that", "I can't find anything", "Nothing seems to come up", "I don't know what to tell you", "I've looked but I don't see anything", "I've been trying for years to answer that question", "I'm sorry, I just don't know how to answer that", "There's nothing there", "I just feel confused", "That's what I came to you to find out", "I give up", "I might as well go home", "What use are you", "That's what I'm paying you to find out", etc., etc., etc.

If you do not understand at all, how what the client just said, created that client's problem; ask, "How did (read the words you wrote down,

1 The references in this style are to volume and page number of the 1979 (and perhaps later) edition of *The Technical Bulletins of Dianetics and Scientology*, often called *The Red Volumes*,

back to the client) cause your problem or cause it to persist?"

Another possible way to arrive at the TOPIC from a confusing answer, is to ask "What word or term is, or would be, represented by (and read back what they said)?"

### Origin in CT Clearing

That question comes from my experience at Saint Hill with "Clay Table Clearing" (V-456). For, I have just realized that such phrases as I am asking you to listen for and write down, are very similar to the phrases obtained in the first two steps of Clay Table Clearing Procedure (V-459).

Thus, my phrase obtained in 1963, from doing Steps One and Two of Clay Table Clearing, was, "I don't know what to do next." When my partner asked me "What word would represent the phrase 'I don't know what to do next'?" I could not find an answer. But when my partner asked instead, "What word would be represented by the phrase, I don't know what to do next?" I was instantly able to get a word and that word was the word, "LOST."

I then demoed, the word LOST in clay, and in so doing felt that I had achieved more gain toward CLEAR in half an hour than in my, up to that time, roughly 750 hours of all kinds of processing. So, it is possible that instead of using my POC procedures you might want to try asking the client to do a Clay Table Demo on the word you found.

In any case, I suggest again that you accurately record whatever your client has to say, in response to the question: "What have you thought, said or done to create your problem or kept it from resolving?"

Then, if client's response, does not seem to you to be an answer, ask first, "How would (client's response) have caused your problem?" If the answer to that question results in your hearing and recognizing the name of a TOPIC use that TOPIC.

### Examples

Thus the phrase, "I just can't seem to understand what you want from me" might represent the word "STUPID." And the phrase, "I can't find an answer" could represent the word,

"HIDDEN." Whereas, the phrase, "I don't know how to do it" might represent the word, INEPT.

Having arrived at a TOPIC one way or another, your next step to help your client, is to ask the client, whether the found TOPIC word has mainly resulted from their EXPERIENCES or mainly resulted from their BELIEFS. If the client answers EXPERIENCES plug their TOPIC into POC EXP, if the client answers BELIEFS, plug their TOPIC into the POC BLF handling procedure. If the client answers "both", ask which to run first, and plug the TOPIC into that rundown.

### Model Session

If you already agree with me that Model Session may be dispensed with, as being a time wasting ritual then skip the next few paragraphs.

Ron once explained that saying, "Start of Session" at the beginning of a session, and saying "End of Session" at the end of a session, were for the purpose of being able to charge for the duration of a session, when charging for sessions by the hour. LRH also said, that use of Model Session procedure provides clients with a comforting sense of familiarity, thus bringing about trust in a new practitioner.

I say, that the ability to put someone fully into session quickly, eliminates the need for Model Session.

Model Session was partially created to be a *sacred ritual*. This ritual is something that anyone trained to the level of Grade 6 or above, can dispense with. (See the "LEVEL VI, ALL STYLE" section of the Styles of Auditing Bulletin, V-503. Model Session, is not only unnecessary, it wastes time and even gets in the way of sessioning. I know this because I was once pink-sheeted and disciplined as a Saint Hill student, for "doing a session action in the middle of rudiments."

What actually happened in that session was this: half way through Model Session rudiments, my student client, recalled a past life incident, and he went totally into session, my meter indicating a big blow down [BD, a marked, sudden, lowering of the emeter Tone Arm] as he did so. He started to talk about that past life incident, and I permitted him to do so,

realizing that the BD had signalled the fact that rudiments were over as he was fully in session.

This data was all recorded on my worksheet. As I write this, I realize that that pink sheet must have been issued as a result of Ron's specific direction, because that student, haring off to look at a past life incident unknowingly interfered with Ron's particular research program to test the results of a particular process. Ron considered what I had done as interference with his program.

However, now that my attention is fully on that incident, I recognize that attempting to run the process Ron wanted tested, would have required that I stop the client from following his interest line. This in turn would have by-passed enough charge to completely ARC break that student, knocking him totally out of session, thus preventing the process Ron wanted tested from being run, anyway. It would then have been necessary to assess an L1C ARC Break Assessment List to clear up the ARC Break. I have little doubt that doing such an L1C list on that ARC break, at that time, would have resulted in getting a read on "A perception prevented," as happened to me in 1970, when instructions by the ASHO C/S prevented me from EPing an Int Rundown.

It is my opinion that my new opening procedure completely replaces any and all uses of LRH's Model Session rudiments. Therefore, I now want to present you with my arguments for never using Model Session Rudiments again.

Ron had said the purpose of Model Session Rudiments was to get a client into session. And had specified that the EP of Model Session Rudiments was an F/N (implying that the client was now ready to run the process selected for him to run, by the practitioner). But, if the purpose of Model Session is only to get clients into session, (i.e. interested in own case and willing, even eager to talk to the guide) then Ron should also have stated the fact, so obvious by my 20-20 [= perfect vision] hindsight, that a BD during rudiments, is a sign that the client has gone into session, and rudiments are now IN. Furthermore, that any attempt to not run such a BD item, would instantly by-pass the charge indicated by that BD, thus pushing that client out of session, and creating a Q&A by failing to complete the cycle of action initiated by the client

It further seems to me now, looking back at my training, that in 1963, Ron's understanding of sessioning was faulty in the extreme. This was also demonstrated by a TV Demo session he ran on Rag Sharpe, in which he was using his charisma to keep Rag in session. Ron has truthfully said more than once that he was not a "Scien-tologist". I think he meant that he was not bound by the rules he laid down for others.

In 1963, Ron, was engaged in research. And felt the need to control in order to accomplish that research. I am willing to believe that in 1963, he still had the goal he had stated in 1950, of clearing the planet. His later behavior however, suggests that he was willing to bring people to a state of clear or above, only if they submitted to his control. This became more and more obvious in later years, when clients were refused permission to receive upper level materials not merely until they had paid in advance but had to meet various other requirements, such as proof of loyalty to Ron. These are relatively new realizations for me, for I long felt loyal to Ron, believing, along with others, that Ron's goal as expressed in DMSMH, was to CLEAR the planet. I also believed for a long time that Ron would do no wrong.

In 1963, I merely recognized that attempting to complete rudiments on a client when that client was already fully in session, would have pulled that client *out* of session. When I let that client continue talking about what so obviously interested him, he got substantial case gain. But, I now realize that as a result of permitting him follow that blow down, I had not run him on the process ordered by Ron, to be run in our unit, at that time. In other words, Ron's first priority with respect to that session was not case gain for the client, but test results as to the effectiveness of the particular processes or procedure, that every student in that unit was supposed to run after completing rudiments in that session.

What I also see now, looking back, is that Ron had deliberately not included the data, which he must have known, that a BD during rudiments meant that a client had gone into session, to follow something of interest to him, and by definition were therefore "in session". Instead Ron had only specified a Floating Needle, as the proper end point for Model Session Rudiments. For it is obvious, by 20-20 hindsight that a cli-

ent has fully gone into Session the moment a BD occurs during rudiments.

Model session is fine for students learning to run a session. Dropping the use of Model Session by highly trained professionals is, however, in line with the "LEVEL VI ALL STYLES" section of the *STYLES OF AUDITING* Bulletin [6th. Nov. 1964], V-503. That section expounds the philosophy and procedure of doing only what needs to be done and no more, moment by moment, to improve a client's case.

### ARC break needle

My protests here are also directed against ritually following a sacred C/S program. Following a C/S program ritually implies ignoring BD's which, if followed, would prevent that C/S program from being followed precisely. But, not following a BD instantly by-passes the charge underlying that BD. Thus instantly causing BPC [charge restimulated but not handled] in that session. No C/S program could possibly be run successfully after that happened. Such BPC also reduces any good indicators, that would otherwise result from apparently completing the assigned C/S program. And, now that I've said that, I recall that I did not have VGIs at the examiner, after my DCSI, I was in fact quite glum, which fact was either not reported by the examiner, or not acted on by the C/S, because I was not pulled back in to session to have it fixed.

It now also becomes obvious to me, that not only was delivery of UPPER LEVELS limited to those who had paid for them, upper levels were being limited to only those who qualified by being unquestionably loyal and obedient to Ron's intentions. Anyone else was prevented from even accidentally achieving upper level gains, as by not permitting the following of unanticipated blow downs, or by rehabbing only lower level release points, not all release points accidentally achieved during the running of lower levels.

I see also at this moment that as of 1963, LRH was in confusion on the subject of what he called ARC Break Needles. At that time, Ron was undoubtedly blaming ARC Break Needles, in his sessions with Mary Sue, on Mary Sue or on himself. He thought that an ARC Break needle, an F/N plus Bad Indicators, or at least without very good indicators, resulted only from the guide having done a wrong action or having

failed to do a correct action, in the session just completed.

I discovered in 1978 that the F/N of an ARC break needle, still indicated that the mass or process which one had been running had completed. In my case, I had been on Method One word clearing, for several weeks. Then without warning, at the start of a new session, my attention ceased to be on word clearing, and I felt lots of ARC Break type charge. However, I knew I was not upset with my guide.

I managed to persuade her that the rules required that ARC Breaks had first priority to handle, if and when they showed up, and she finally agreed to cease to try to complete the Method One Word Clearing Rundown we had been working on, in favor of handling these ARC Breaks that had suddenly showed up.

After my guide reluctantly agreed to start running ARC breaks, I told her to use the Upper Level ARC break ruds question, that I had recently heard about, "Is there an ARC break?" rather than the lower level ARC Break rud question, "Do you have an ARC Break?" It may well have been hearing about that question, that caused those ARC Breaks to suddenly show up.

It took us about a hundred hours, over an eight-week period for me to clear up all the BPC of all the ARC breaks indicated by that "ARC Break F/N."

We slowly cleaned up each individual upset with an assessment procedure. I was aware when I focused on each upset, that the upset I was looking at involved many individuals, some of whom I could name, some of whom I was unable to name. In each case, there was a primary individual who was upset with me, and/or I with him or her. There were also a number of secondary individuals, who I now see were either upset with the primary individual or upset with me, or both.

We handled this by setting up a kind of grid as follows, assessing for BPC between A and ME, B and Me, C and Me, etc., then BPC between A and each other person in that group with respect to me. Then B with respect to each other person, etc.

There were as many as 15 people involved, and each person was run against each other (both flows).



My guide assessed each individual ARC Break, by asking, initially: "Is this upset mainly a break in A?, R?, C?, or U?" Indicating immediately, which one had read. This was followed by a Secondary Assessment, for the quality of the charge revealed by the first assessment. For that second assessment we used an expansion of the CDEI scale, consisting of KUCDEINRF which stood for: K for Known (created), U for Unknown (really Not KNOWN), C for Curious About, D for Desired, E for Enforced, I for Inhibited, N for None of, and ending with R for Refused, and F for False.

A completed assessment would produce such items as: First assessment result "A break in Affinity". Second Assessment result, "Desired". Combined assessment result, "The charge on that ARC Break is a Desired Affinity". Other assessments ended on such combined items as "No Reality," "Known Communication," "Unknown Understanding," etc., which were indicated to me as we found them.

It took about one hundred hours, to handle the charge on those revealed upsets. Then, after we handled that charge we went back to complete the Method One word clearing, only to discover that there was no charge left on that Rundown. This meant to me that the F/N part of the ARC Break Needle had correctly indicated completion of Word Clearing Method One.

The appearance of the ARC Break needle had signalled the Completion of Method One word clearing. This meant that one layer of the case onion had been completed, at that moment. A second layer was completed when we finished handling all of the ARC breaks that had showed up.

For data on Model Session as ritual, see: II-16, 217, 443; III-243, 301, 538; IV-43, 62, 173, 450; V-18; V-96; VII-230, 259; IX-84V. For data on really having a client in session refer to: III-157, 158, 161, and IV 175, 176, 178, 181, 319.

My advice, today to anyone trained to Level 6 or above or who has reached that skill level through experience, is this: "When you recognize at the beginning of a session that a client is manifesting either Service Fac behavior or Missed Withhold behavior, ignore those Manifestations, in favor of doing something effective to advance the case.

See "LEVEL VI, ALL STYLES" section of the STYLES OF AUDITING bulletin, V-503.

### Back to main theme

Now let's get back to starting sessions. My advice is "Do not attempt to handle Service Facs as a separate action, even when obnosis of the client shows that a Ser Fac is being dramatized." My reason for this is that my POC BELIEF handling procedure, handles some or all Service Fac type charge. The Make Wrong aspect of Ser Fac handling is specifically incorporated in the final steps of the POC BELIEF Handling procedure. However, if you have any doubts that the Ser Fac aspect of the TOPIC being run, has been fully handled, you can check for more charge using CONTROL and SURVIVAL questions to that procedure, per R3SC, using the same pattern as for running off RIGHTNESS. If control is a big button, add Start, Change and Stop questions as well.

Now lets take a look at Missed Withhold manifestations.

I maintain that one should ignore Missed Withhold Manifestations at session beginning for two reasons. 1. Any attempt by a practitioner, or therapist to handle missed withholds, can result in that professional also missing the same withholds. 2. searching out all the times the client wondered whether someone knew, takes time. 3. It is quite likely that the POC EXPERIENCE procedure which runs flows rather than incidents will discharge those overts without any need to look at them or listen to a recounting of them. Also, one can easily miss one or more details, thus leaving charge behind. Using POC EXP procedure one could also run chains of "wondering whether someone knows," down to a basic, thus handling the maybe's that energize missed-withhold phenomena.

It was from many such experiences with ordinary people that I developed my LOW TECH Intensive Starting Procedure, to be fully described in the next issue of IVy. That procedure is based upon repairing havingness. I call this a LOW TECH procedure because it does not require use of a meter. Also, because it does not require highly polished communication skills to use. Yet, it will enable you to help a stranger, someone you have not met before, to quickly give you the precise answers you need, to be able to help them quickly and efficiently.

I have written up that beginning procedure in full, and will reveal it in detail in the next issue of IVy. I did not include it here, because I

wanted to remove all temptation on your part to read that procedure, before I was able to describe the confusions that you might run into. That confusing phenomena could cause *you* to become confused and as a result, mishandle the answer you get after running the opening procedure.

### Handling upsets in public areas

It was about 1964, in the NY Org that I first lectured on ways to quietly, unobtrusively, and rapidly perform emotional assist procedures in public areas. The idea, I said to my students, was to de-stimulate an upset clerk or public official in a public area, sufficiently that they became able and willing to help *you*. This same data, can also be applied to starting a session.

The secret is to quickly and unobtrusively guide an upset individual to become de-stimulated and so cease to be upset. Only then will you be able to get needed help from such an individual. I taught my lecture students how to do this unobtrusively, in public areas, such as business establishments or government offices, where one had gone to handle a problem of one's own. This can even be done without attracting attention, while walking down a public street.

Here is my current description of my well tested; three-minute, public area, emotional-assist procedure.

(a) Imagine that you have arrived at an office.  
(b) You see that the clerk or official, whose help you want, or need is not able to help you, because he or she is in a state of shock, grief, fear or perhaps anger, and, therefore much too restimulated by BPC to be able to help you. This clerk or official may possibly be visibly tearful, fearful, or angry.

If you wish to do so, you can lessen or completely clear up such an emotional condition completely in a few minutes, thereby getting the help you came for. Few people would recognize what you were doing as professional assistance, not even the person you applied this to. You could however, give that clerk or official your professional card inviting him or her to come to you for further handling.

Here is how to do this public assist:

(1) You discover that the person you want help from, is letting the world know that he or she is upset. So,  
(2) you mildly acknowledge that you see they

are upset, saying perhaps, "You seem quite upset about something."

*Acknowledging* to them that they are upset will all by itself, lessen their feeling of upsetness slightly: making it possible for them to hear you, when you sympathetically ask,  
(3) "what happened?"

The upset person's answer to "What Happened?" will let you know whether that person has been restimulated

(4) by something **big**, such as news of the death or injury of a loved one; or been dealt an emotional blow by being served divorce papers, or perhaps been told by their boss, that they were going to be fired, transferred, or something equally upsetting. Or

(5) whether they had been restimulated by something **small**, also called a key-in. This is what happens when a person is reminded of and feels the charge from a chain of earlier events by the similarity of an otherwise unimportant incident to some perception from a chain of earlier events.

(6) If the person you are trying to help is being upset about something **big**, acknowledge that event with the biggest, most powerful acknowledgement you can think of to give. Give it with enough intention to get it across. My own favourite for such circumstances is: "My God, I don't see how you were able to come to work at all after getting that kind of news".

However, if you discover that this clerk or official has been restimulated by something **small**:

(7) recognize that whatever it was, was merely a lock, on a long chain of earlier locks, ending in a basic incident. So, if the clerk or official is being upset by something small; instantly say, "I'll bet that wasn't the first time!"

That indication alone will immediately as-is the restimulator, keying out the chain and thus reducing the visible signs of upsetness considerably. The clerk's or official's visible upsetness will have reduced immediately to its 'normal' or usual' level. At this point you can choose to blow further BPC, by asking

(8) "How many times has something like that happened?"

Whatever the answer, the person you are trying to help, will instantly become considerably calmer. Not only that, but will now be thoroughly interested in own case, and willing to talk about it.

So,

(9) you will at that point, have the choice and opportunity to ask and get an answer to an even more intimate question. If you choose that course of action, the clerk or official will feel very friendly toward you.

At this point, you can acknowledge that you have accomplished something, by indicating to the clerk or official that his or her job is to help you, and asking for the help you came in for. Or (9A) you can continue the assist by asking, "what was the earliest time you observed something like that happen to another?" (Flow Three) Or, "What was the earliest time something like that happened to you?" (Flow One): followed by

(9B) "Tell me about it."

Almost instantly

(10) they will spot a childhood or past life incident and tell you about it. They will talk easily about what they see, because this basic incident, has nothing to do with their current life, and will be as interesting to them to talk about, as it will be for you to hear. So, they will tell you about, and get a Cog, and feel even better.

(11) That clerk or official will *now*, handle your problem or refer you to someone who can. That clerk, will do what he or she is able to do, to complete the task you came for. Not only that, but, if that clerk or official is not in position to help you himself, he or she will give you unanticipated help; such as who to see next, who to avoid seeing, and what to say, or what not to say, to get your business done. In short you will get help, that you would not have gotten ordinarily.

I've not only done this, I had it done to me about 1978, at FCDC. I was trying to convince a Flag Recruiter, a good looking young woman who was head of Ron's Typing pool, that a guy named Bob Thomas, was a danger to the Org, so that she would tell Ron.

I was wasting her time, by insisting on telling her about him, a subject of no interest to her, because it had nothing to do with her mission. So, she proceeded to shut me up by giving me a *very, very good* acknowledgement.

First she said to me, "This is making me sick." That slowed me down, but didn't stop me. Next

she said, quite convincingly, "If you tell me one more thing, I'm going to throw up." That second statement, caused me to feel so thoroughly acknowledged, that when she went on to try to give me some advice on who to contact, I didn't for the moment know what she was referring to. The entirety of the charge that had been driving me had vanished completely, so completely, that it took me several seconds to remember what I had been telling her that she was giving me advice about. When I finally did manage to remember what I had been telling her, it no longer seemed very important to me at all.

### Recognizing and handling confusion

When you get what seem to be non-answers, to a question, or command, that you have run into a client's CONFUSION to prevent a client's CONFUSION from confusing you, it is important to write down exactly what the client said in response to the given question or command.

Other clients, though obviously intelligent do not seem able to give such concise answers to "What have you said, done, or thought, that has created your problem or caused it to persist?" Instead they answer in ways which seemingly deny that what they are saying are actually answers to that question. What you get instead of an immediately usable answer is a stream of words, which can leave you confused about what to do next.

I've given similar answers myself when I was being a client in related situations; and had my guide feel unable to help me to do what he thought I needed to do next, which was to get into comm myself with entities in my space. I complained that I needed a proper gradient. And said so. But, now I think I have a greater understanding and a general key to handling such baffling answers.

What I am talking about here, is what to do with the confusing answers such as I listed above, e.g. "I can't find anything."

### Conclusion

But, it was not until I understood that clients can give confusing answers to the POC opening procedure, that I decided finally that prior to publishing the POC Opening Procedure, I needed to thoroughly describe what happens and what to do about confused clients. ☐

*Havingness series: 3*

## Havingness in Processing

By Ken Ogger (AKA The Pilot), USA<sup>1</sup>

I'VE FINALLY FOUND the bug that kept me from making any stable case gain for the last year and a half and it is something we already know about, namely havingness.

Any processing which reduces charge or blows mental mass will reduce havingness. Normally the pc will just look around and get his havingness up and we don't even notice this, and if it does become a problem, we can simply run an objective processes such as a locational and bring it up that way.

But if the person's havingness is crashed and we try to have him as-is something without remedying havingness, he will pull in some other charge to remedy the vacuum left by the charge that blew.

And of course this is what was and mostly still is happening with my case.

One thing that fooled me was that I could be keyed out for an hour or two before the next charged mass moved in.

Another was that the havingness level does not affect the pc's confront and processing level. If you can run things of type X with your havingness in good shape, then you can still run them with your havingness crashed and get equally big cognitions. The only difference is that you keep sucking in stuff to replace what blows, and although that keeps you from making further case progress, it does not lose you the confront that you already have.

There are three ways of raising havingness.

1. subjective
2. objective
3. real world

**Subjective** havingness is by mockup. It generally only works for people whose havingness is already in extremely good shape. They imagine, for example, a dollar bill and they get the havingness of it.

**Objective** havingness is by looking around and spotting or reaching and withdrawing from real objects. This works on most cases. Here you could raise his havingness by having him touch and let go of a dollar bill for example.

### Real world havingness

But the bottom line is real world havingness. If havingness is really crashed badly, then even objective have will not work and only real world actions have any effect. In this case you would actually have to give him the dollar bill and let him keep it to get any increase in havingness.

Just imagine trying to run reach and withdraw on a dollar bill<sup>2</sup> on a penniless bum [tramp] on the street. You take out the dollar and let him touch and let go of it but don't give it to him. He will just think that you are teasing and torturing him and will get no havingness out of it whatsoever.

The monitoring factor here is certainty of future. If he is certain that he will never have a dollar again in the future, then no degree of havingness processing will fix that, but actually giving him a dollar bill might give him some vague idea that he actually does have a dollar despite his certainty that he can't.

So subjective 'have' [havingness] works if doing a mockup of a dollar gives him a certainty that he will eventually get a dollar. He knows it is in his future if he can mock it up.

And of course the senior level, subjective, embraces the lower ones, so that if he can run

<sup>1</sup> Posted 14th March 2001 to Internet Newsgroups alt.clearing.technology and alt.religion.scientology

<sup>2</sup> A money process. *Ed.*

subjective have, then he can also run objective have or get havingness from the real world.

There is a theoretical level above subjective which would be creative have. At this level he actually creates a dollar bill and it is as real as anything else. That is how it was on the early track. People simply aren't up to that right now, but it is what we are shooting for at the top.

### Case and Clear

Before I go on, I'm sure that somebody will complain about my talking about having a case when I'm clear. So let me point out that the one-lifetime over-simplified view of 1950 Dianetics gave us many wrong ideas about this state. It only applies to the force or effort in the bank and is attained by simple gradient confront of force to the point where one regains control over putting the force there. But the 1952 whole track research showed that the pattern is Thought-Emotion-Effort. Stripping the force out of the bank is only the top layer. We knew this in the 1950s although the idea was lost in the sixties and is not part of orthodox standard tech.

So a "clear" can still get "reactive" on emotional buttons or thought (grades type) buttons. Obviously there are higher states similar to clear where the emotional charge comes back under the person's full control and then the basic charge of the thought aberrations erases as well (we only key it out with grades releases). But we're not there yet. As far as I can tell, clears are no better proofed up against loss than anybody else although they have fantastic confront of effort and all sorts of other good gains.

### No future

Anyway, getting back to my main thread, the OSA<sup>1</sup> implanting put me into a state of total crashed have and put the 2D into maximum res-tim as well.

It left me with a certainty that I have no future and most especially gave me total certainty on the fact that no woman would ever sleep with me ever again either in this lifetime or any

other. I would be alone forever. Nobody would ever want me. And this is reactive certainty that does not yield to the logical inconsistencies. It is a gut level "total certainty" that persists despite reassurances and physical evidence to the contrary.

The result was a crashed have that causes charge to be pulled in to replace any charge blown in processing and a total blockage on any kind of havingness process running with a gain of havingness (they will run to ordinary cognition but with no havingness gain).

Last weekend I experienced a stable processing gain for the first time in years. I actually blew a few things without pulling in something else of comparable magnitude off of the track. It is an amazing feeling to have the charge levels go down a bit instead of simply learning things by having one area of erased charge instantly replaced by another area equally horrible.

I was lucky enough to have a girl visiting me for the weekend. I ran something. It blew with cognition and I felt good, as usual. A little later, again as usual, there was an emptiness and I was going to pull in more charge to replace what was gone. Instead I had sex, the only thing that has any effect whatsoever on my havingness these days. My havingness went up, there was no need to pull in charge, and the gain was stable.

### Inability

The inability to run subjective or objective have, is obviously rooted in my certainty that I have no future. Somebody even tried taking me to a strip club last year and it had no noticeable effect on havingness because of my certainty that I would never have any of the girls.

And of course love/affection/intimacy is senior to (and essential for) sex, but I had enough false promises of love last year without sex that I just wouldn't believe it.

But what I still can't figure out is why havingness wouldn't run on me on any area outside of love/sex/intimacy. I actually had real world havingness supplied last year in other areas

1 OSA = Office of Special Affairs, a part of the Church of Scientology, one of whose tasks is the handling of those who are perceived as enemies of the Church. See also IVy 51, page 42 on. *Ed.*

(money for example), but it was totally meaningless, without any significance, and it didn't raise havingness one bit.

Last weekend I only handled a tiny amount of the charge that's killing me, but it is a start. My hope is that future opportunities will present themselves and that I will eventually get to the bottom of this and dispel the cloud that I'm under. Of course that is just analytical, deep down in my gut I still know I'm finished, but logically that is just a reactive certainty based on case charge rather than truth.

And this, unfortunately, is why other kinds of help have just been meaningless to me. Nothing else even touches the certainty of my being alone and abandoned forever.

### Future aims

Deep down I used to be writing for the fringe Scientologists since I'd been one of those myself for so many years. There seem to be huge numbers of them (far more than freezoners) but they hide. I'd hoped to inspire them to action, but I guess its only to be expected that people who are hiding anyway will disappear at the first signs of trouble.

Now I'm mainly writing for the next super researcher whom I prey will come along, to give them some clues so that they might make it the rest of the way. If I'm gone by the time that they show up, and they really do make it, tell them to come looking for me in some dark empty lonely place.

It seems that I can't write without some degree of bitterness and despair showing through. One of the reasons I'm not writing much anymore. I suppose the critics will say that this is the EP of Scientology, but I would say that it's only the EP of OSA and not the tech. In any case, the above on Havingness is very important so I'm going to post this anyway.

Ken formerly The Pilot  
truthseeker7@excite.com

□

*Editor's note: We are looking for more articles on Havingness, whether newly written, or recommendations to bring existing articles. Please let us know if you have any ideas or contributions.*

### Postscript from Ken

*I got the following letter from Ken on the 26th May 2001.*

Antony asked me how I was doing.

First of all, things are definitely getting better. I was, I think, quite right in saying that I'd upgraded from hell to purgatory.

There is still a mass of swirling charge and confusion around me, and I'm constantly going into little spins, but every week there is some bit of improvement and the high points are better and the spins are not quite as bad.

I've been working with Science of Mind a lot. They are better at making postulates stick and I have seen fascinating results from group affirmations. Of course they are not good at running out charge, but I already know a lot in that area.

In general, I'm avoiding processing except on an assist basis because there is already too much charge and processing is inherently restimulative. Staying away from the area does seem to be helping with destimulation. And of course I do still look at and confront stuff and have cogs sometimes, but I'm careful not to do much repetitive processing.

What does happen is that I might have a little win in life and maybe my havingness comes up a trifle and then maybe I'll just confront something that has been almost in reach and blow it and have a cog.

It really is like I've already processed too much on the area but can't have the cogs and gains because my havingness is too low, so that whenever there is a slight real world gain in havingness I just look and have the cog and gain because the process was already run last year.

And I still continue to pick thorns out of my side from that OSA implant.

And I am gradually getting better at operating on the 2D and have had some wins. □

# Always Shifting

By Richard J. Brzostek. USA



Progress is a state of advancement  
And may result in change  
But, change does not mean progress  
Change is nothing more than alteration.

With progress things get better  
With change, things may get worse  
Change for the sake of change  
Can be absurdity.

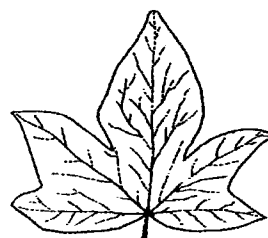
Liberation with hidden bonds  
Enslaves just the same  
Hidden agendas choke the world  
Aware of or blind to them  
Change will still affect you.      ☐



# B

*International Viewpoints*

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