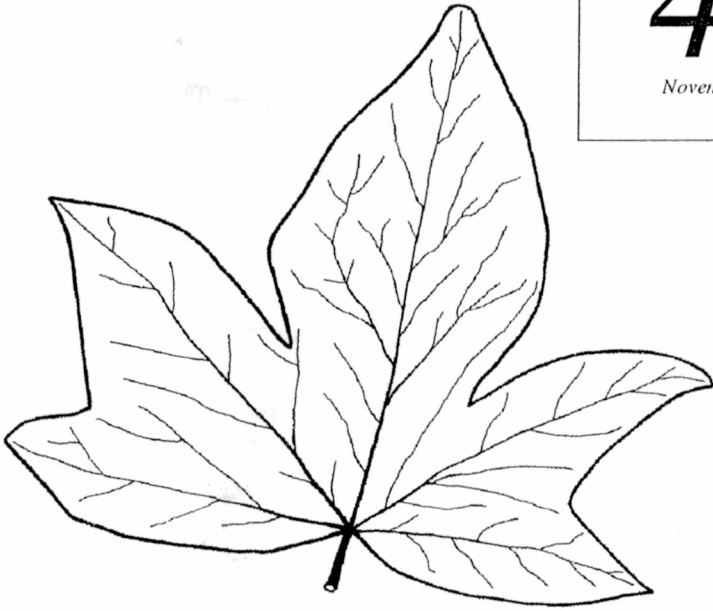
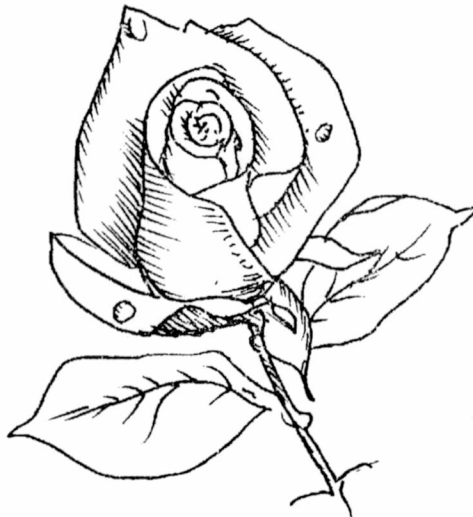


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*International Viewpoints* is independent of  
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### *IVy's aim:*

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which eventually became somewhat secretive, restrictive, expensive and slightly destructive. From 1982 on many left or were thrown out of that church but continue to use and develop the philosophy and technology outside.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect). We represent many viewpoints, sometimes opposing! ☐

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# Upsets — The Source of Depression and Stress<sup>1</sup>

By John Mace, Australia

IT IS GENERALLY ACCEPTED in medical circles that stress and its fellow traveller depression is a precursor of illness and body problems. What appears to happen is that the body's immune system is inhibited and breaks down under stress, but it is not something that happens overnight.

Research has indicated that stress and depression have their roots in life's upsets. We have found that by addressing these upsets, clients invariably enjoy a more optimistic outlook towards life, a sense of improved well-being and an improvement in general health. By addressing them, we mean totally eliminating them.

## Definition

Eliminating upsets is one of our primary actions, so one needs an understanding of what they are. We define them thus: "Any occurrence which opposes a person's dreams, goals, ambitions or purposes. Any occurrence which the person finds unpleasant. Any unwanted occurrence".

The above definition is in itself very indicative of its nature, but probably needs some examples to make it more real. Upsets include losses, disappointments, bad news, arguments and especially what is referred to as traumatic event. All upsets are traumatic events really, it is just a matter of degree of shock.

As an example of an upset, if a person is saving to buy a new car and is promised \$1000 by some benefactor, the person would welcome the news with open arms. There would be no resistance whatsoever to the news. On the other hand, if the same individual is saving for the same new car and has \$1000 stolen, they would react entirely differently; it would be quite an upsetting

experience and would certainly not be welcomed with open arms.

Technically speaking, an upset is a mental shock. The degree of the upset governs the degree of shock. What research has uncovered is that when a person experiences a shock, a ridge of energy is created within the vicinity of the body. For those familiar with the concept of the body's Chakra Points, the energy ridge is invariably centred over one of these points, but the size of the ridge varies considerably. I say centred over one of these points because in a heavy shock, the ridge may seem to be far bigger than the whole body.

## The mass

When a person's attention is put onto the centre of the energy ridge, they visualise the ridge as a mental picture. Energy is invisible, but the person, the being, on becoming aware of the ridge converts it into a mental picture in just the same way that they create a mental picture of an elephant when they think about one. The mental picture created as a result of locating an energy ridge is different — it is formless but will be observed to have colour, size and a sense of weight. Very importantly: it is not voluntarily and knowingly created.

Every object has size, weight and colour. To make this real to you, stop reading and look around you. It does not matter where you are, every object you have looked at will have size, weight and colour. Mental pictures, just like any picture on the wall are no different and as just stated, have an apparency of size, weight and colour.

Sitting quietly with eyes closed the energy picture will appear to have all three components and realising or accepting that is the first step

1 See IVy 48 "1950 Revisited".. *Ed.*

in the relief of past upsets. Of course with the ridge from a shock, the sense of weight comes from the burden of all the unwanted feelings and emotions, seeming to bear down on you. Have you ever heard of the expression, "Weighed down by troubles"? The burden or weight is dependant upon the degree of shock.

### **Mechanics**

The mechanics of the formation of the energy ridge is that the individual resists what is happening, resists the incoming energy or vibes, so that a ridge of energy or vibes are built up. It is like a stream of water; if you attempt to stop it, it dams up, but if you let it flow, it passes by. It is the resistance to the flow which causes the build up of the ridge. Another way of expressing it is to consider what happens if two jets of water from two hoses are directed at each other; there is a build up of water where the jets meet.

In the case of the energy ridge, as if frozen into it, are all the unwanted emotions present in the unwanted occurrence, such as fear, grief, pain, disbelief etc., in fact any and every emotion a person can experience. It is because of the ever present but undetected energy ridge that people cannot seem to let go of past upsets; subconsciously and involuntarily they are carrying it around with them. Events which they did not resist have disappeared into the ether and are forgotten. If you return to the example of the two hoses facing each other, by moving one jet aside, both jets pass harmlessly by, because there is no resistance to the flow.

How often have you heard someone say, "Gee, he makes me angry!"? Actually there is nothing further from the truth than that statement.

### **Why?**

Someone says or does something and another reacts by getting angry. That second person could have reacted in many ways, for instance he could have laughed, thumbed his nose or just walked away. What you are looking at here is the nature of the personality of the second person, and whatever that second person experienced was their own creation, stemming from their personality. Anything the second person experienced was entirely their own creation. This of course ignores what was said or done, for whatever was said or done, no matter how gross or uncalled for, does not alter the fact that the

second person created their reaction to it and whether the reaction was justified or not is immaterial to the fundamental truth of the second person creating their own particular response.

Feelings and emotions are totally subjective. No-one has a hypodermic syringe full of emotions or feelings, pleasant or unpleasant with which to inject others, so that every emotion a person experiences, is self created. It follows therefore, that they are the only ones who can discreate the same emotions and feelings.

The mind occludes or hides painful experiences, and traumatic experiences are definitely emotionally painful. This means that the entire contents of the resultant energy ridge, in fact the ridge itself, are hidden from view until addressed. None of the contents of the ridge are available without introspection, but they still filter through as an entirely involuntary automaticity. The contents of the ridge are sitting there buried deep in the psyche and are an unknown factor of the persona, but in continuous restimulation. A very important principle is at play here; *You are only affected by what you do not know about.*

Mass or Matter is simply compressed or consolidated energy, as demonstrated in the reverse by an explosion, which is the act of turning matter into energy. In an atomic explosion a small amount of matter produces prodigious quantities of energy as it disappears. When we dissipate an energy ridge, in practice shown by the picture disappearing, the energy encapsulated in it is released in the same manner that energy is released at the moment of detonation in an explosion, but of course in a more subtle manner. It is nevertheless, a recovery of life force or personal energy and the Being is stronger for it.

### **Mental picture or ridge**

The mental picture (energy ridge) which materialises as the result of an Upset is a subjective creation of the individual, just as are the emotions they experience and therefore the ridge can only be discreated by its creator. Using the IDENTIKS™ techniques this can be achieved in a matter of minutes, thereby freeing the individual of all the unwanted emotions they created and locked into the energy ridge.



That is not the end of it, for two other very important negative aspects of the shock need to be addressed and this is the story of the first.

Whenever an individual suffers a shock there is always some key element in it which they find so distasteful to the senses that they just do not want to experience it again. This is what appears to lie behind so many phobias; an extreme "Must not be experienced again". The circumstances of the phobia trigger the emotion or feeling.

Of a less traumatic nature than the extremes of phobia are more mundane "Things which must not be experienced". Examples of this would be, "To feel betrayed", "To feel lonely", "To feel threatened" etc. Please note that we are looking for subjective not objective "must nots". "To spoil his holiday" is objective and behind it will be something subjective, such as "The feeling of guilt". Once again, the list is endless. The mechanics of what happens is that to hold something off, a person must keep it there to be able to hold it off, because a person cannot think in negatives.

### Resisting

Let us demonstrate that. "Do NOT think of an elephant!"

Obviously, as soon as you read that, you conjured up a mental picture of an elephant, you created an elephant in your mind, even though you were told not to. Of course, you can by dint of will power, put your attention on something else and the elephant picture will disappear, but you cannot make it go by resisting it. It is like a tune which keeps running around in your mind; the more you resist it the more it stays. Now let us go back to an example of "That which must not be experienced", namely, "To feel lonely". If you must not feel lonely that is what you are continually doing, creating a sense of loneliness, because as demonstrated with the elephant and tune examples, you cannot think in negatives. You are continually creating a sense of loneliness in order to resist it. This is an unknowing, involuntary, compulsive urge, a classic example of the very important principle; "You are only affected by what you do not know about".

If you think you know what is affecting you, there is definitely something there you do not know about; there is some component or facet

which is not known to you. More often than not, the blame is given to an entirely wrong cause. After nearly 40 years of consulting I have yet to see this disproved. There is no doubt that you are only affected by what you do not know about.

In the case of loneliness, you can put your attention on something else and the feeling will fade to a degree, but is always lurking there waiting to be experienced. You are not necessarily physically lonely but you experience this inexplicable feeling of being lonely almost all the time.

The afore mentioned principle states that "You are only effected by what you do not know about", well conversely, "You are *not* effected by what you *know* about" and this provides the key to the resolution of the after affects of upsets, because our methods expose their hidden contents so that they are no longer an unknown factor.

I have had clients, who during consultancy realised that the whole of life was being viewed through an energy ridge, which once it was spotted and dissolved or dissipated made life look entirely different.

### Decisions

The third component of Upsets involves inspecting decisions made at the time. The Prime Mover or Primal Urge of our existence is the urge towards survival and as a result of that it is obvious that we are continually making decisions towards that end; if we feel hungry we decide we need food, if we are thirsty we look for something to drink. Now although these are very prosaic and simple examples, they illustrate the fact that you automatically make a decision to handle the threat. Of course, as explained earlier, in an Upset the decision will be buried in the psyche.

Unfortunately, during an Upset, the person's ability to rationalise is very inhibited and the decision made under the stress of the moment, is invariably non-survival after the event.

These decisions, occluded and buried in the psyche, are like hidden hypnotic commands, so that a person is like a puppet on a string. Here is a classic real life-example; the decision a client made was, "Life is not worth living!" He made that at the age of four and subsequently, when

reviewing the decision, admitted that he had attempted suicide on two occasions. For 42 years that hidden attitude had permeated his whole life.

Other decisions are commonly an instruction to do something and here is a tragic example from another case history, "To forget it!" That client had not only forgotten the incident until in therapy, but had had an atrocious memory from the age of six. I will leave it to you the reader to envisage the havoc it had created in his life, but how would you like to go through the school system, apart from life, with an hypnotic command phrase like that!

To summarise; the Shock or Upset handling technique is really a very simple process which allows the clients to view the unwanted event and bring all of its details into the light of day for inspection, so that the details are no longer an unknown. *What you know about does not affect you!*

Two things flow from this; you are freed from the unwanted emotions and decisions in the

past event and you also recover the energy which went into the creation of the energy ridge.

*You cannot change the past but you can definitely change how it affects you now.* ☐

John Mace has recently published a book on his techniques entitled *How to Turn Upsets into Energy*. The book is available from John for \$25.00 Australian, which includes airmail postage. John can receive payment on the following credit cards: Visa, Mastercard and Bankcard. Send to: John Mace, 1 Moorhen Drive, Yangebup, 6164 West Australia.

IVy in Denmark also has the book for sale, but payment has to be made in Danish Kroner which can be expensive (in exchange costs) if not combined with other things, like subscription renewal or other books. The price is 100 Danish Kroner with postage in Europe. In the next issue of IVy we intend to have reviews of John's book.

John's Internet site has the address: <http://www.iinet.net.au/~identiks>

Ed.

## You Need Not Mention Scientology

By Hubert Spencer, England

WE MAY NOT always understand the degree to which important Scientology *data* is available outside of the world (and word) of Scientology. And some of us were brought up to always mention that it came from Scientology, when we give out a bit of data. That is not necessary, but many valuable bits of Scn are out there used in everyday life. Perhaps you observe a friend ruining relationships by using "service facs" much of the time. In a quiet moment, perhaps when s/he is wringing his/her hands in despair, go ahead, and tell about service facs (without using that name, I have seen the term "racket" used for a service fac, in fact in making the data your own, you could invent your name for it) and if the person wants to know where you got the data from, refer to the following:

Relinquish your need to be right. This is the single greatest cause of difficulties and deterioration in relationships. The spiritual partnership is a relationship of equals. No one needs to be proved wrong. Stifle the need to make the other person wrong or to make yourself right, and you have created a miracle.

It is an excerpt from the book *Real Magic: Creating Miracles in Everyday Life*, by Dr. Wayne W. Dyer 1992 by Harper Collins, available as a HarperPaperback

A little gentle two way comm (conversation), in a quiet moment, about making wrong and its results, and allowing others to "be right" might work wonders. A way of helping. ☐

Objectives 19<sup>1</sup>:

# Objective Processes, Part 1

by Jack Horner, USA

*Transcript of lecture given by Jack Horner to students of Dianology, on June 12, 1971, A.S. 3 in Los Angeles, California, used by permission. "A.S." stands for "after Scientology", referring to the start of Dianology in 1969.*

THIS IS JACK HORNER, and the lecture is appropriated by, no, ah, copyrighted by the Association of International Dianologists, all intergalactic performance rights reserved, and, that means please get my permission if you want to copy the tape, or sell it, especially, and give me my cut. This is a lecture on Objective Processes.

## Two types of processes

There is a rough categorization of two types of process — subjective and objective. A subjective process is one you primarily do in your head, or in your mind. You sit your body still and you play with your mind. An objective process is where you play with your body.

When people get involved with their minds, they can get so introverted, so interiorized, and so into themselves, that they kind of lose contact with the universe in which their body operates. People often, but not always, do this in meditation. That's the wrong direction and purpose of meditation, but meditation sometimes brings about that result. People quite often do this when they drink booze, they get into themselves. Into themselves meaning into their old stacks of pictures, into their own mental library, where all the books are thrown on the floor and mixed up.

You'll notice in our classes of auditing, that usually there's a subjective process followed by an objective process, followed by a subjective process, followed by an objective process. It's a good idea to run them that way.

There are many, many, many objective processes. It mostly has to do with where the person's attention is being directed. If his attention is primarily being directed to his pictures, then that's a subjective process, and if his attention is primarily being directed to the physical universe, that's an objective process. It's a question of direction and purpose, or intention.

The objective processes go from the most basic contact assist to repetitive processes such as Opening Procedure by Duplication, otherwise known as Book and Bottle, otherwise known as Dirty Thirty. They also include the Communication Control and Havingness processes, or CCHs. They include any process that gets a person to use his body as part of the command.

## Differentiation of being from body

One of the things that can prevent you from becoming clear is failing to differentiate yourself from the piece of meat that's your body. That piece of meat that's your body is part of the physical universe. It's sort of a compromise between a thetan and the physical universe. It's a compromise between a life source and the physical universe. It's a bunch of animated matter. And to some degree clearing the body is clearing the sixth dynamic, the dynamic of matter and energy and space and time.

What we're doing in clearing an individual is getting the individual clear to operate his mind, and clear to operate at least more effectively, his body. That is what we're trying to do in clearing.

Often a guy will get clear and then discover he's got this piece of meat that he's in and it's sort of like being in a skyscraper in the middle of an earthquake. *He* feels great, but the building's shaking. Sometimes he will tend to invalidate

1 Earlier articles in the Objectives series appeared in IVy from 1997 to 1998. See the list of contents on our Home Page for details: <http://home8.inet.tele.dk/ivy/>, or write to us. *Ed.*

himself, or his state, because he can't quite pour the concrete to repair the hole in the wall, which has nothing to do with his state, particularly, or necessarily. This is why one of the actions of post clearing is to make sure that every moment of body time-track from conception to present time is scanned and run. So as a body, the guy has cleared any physical pain records that can suppress or inhibit or prevent the healthy functioning of this piece of meat he uses to function in the physical universe.

### Overwhelm

Now, I got accused of something the other day, not unusual for me to be accused of something, but I got accused of possibly not being able to understand somebody who'd been overwhelmed because I'd never been overwhelmed. Well, there are those who choose to wallow in their overwhelm, and there are those who choose to say, that was then, and this is now.

Overwhelm, what's that? Well, when a guy thinks he's a something, then he can be overwhelmed, because *it* can be overwhelmed. If he's being a basketball, somebody can come along and squash him. If he's being a body, somebody can run a steamroller over it, and that's a pretty overwhelming experience for most meat bodies.

For a small child, either in the prenatal stage, or in the first ten years of life, there are a lot of things that could be done to a body that could make one feel that one had been overwhelmed if one was being the body. There are many things that you have to do as a child because you're directed to do them and you know the consequences of not doing them are greater than the lack of desire to do them. So you do them anyway, and then resent it. And then you spend the rest of your life trying to make the universe wrong because it did it to you. Well that's as good an activity for a lifetime as any. It really doesn't matter what you do in a lifetime. Except, as you choose your own purposes and goals and decide what you gain most from and what brings you the best result for your time and effort.

Anyway, let's say a guy's hit in the head by a baseball. I forget the speed at which a professional baseball pitcher pitches a ball, but it's some fantastic thing like 90 to 100 miles an hour. You get beamed by one of those, and you could get knocked out, physically. When they get knocked out physically some people stay in

their heads, and they are out too. Some of them get out and look down at the body and say, "wow", or whatever, but the point is that the body has been knocked down to unconsciousness on the tone scale and that is an overwhelm. Part of objective processes is to get a guy through the overwhelms that he has either bought, accepted, agreed to, had happen to him whether he wanted to or not, or whatever.

### Increasing ability

There's a very basic principle in processing anybody, whether it's an objective or a subjective process. When you're in doubt about what to do, you find something the guy can do and help him improve on it. Or you find something that he can only do fairly well, and help him improve on it. Or you find something he cannot do at all, and persistently work with him until he can do it. Because there are abilities that most people have, that they were utilizing, and something happened, and they got overwhelmed, and they dropped down the tone scale, so that that which defeated them is the victor, and they're the victim, and they will not or cannot use the ability anymore.

The guy that gets hit in the head by the baseball may as a result never play baseball again. You could process him subjectively and run the engram on the baseball and anything on the chain. You could process him to clean up his held down 7's on the subject by running the buttons, "On the subject of baseball has anything been suppressed, invalidated", and so on. Then you could take him out and throw a baseball to him, or give him an actual baseball. You wouldn't dare give it to him to start with, you'd have to put it on a table across the room, and say, "You see that object over there? Okay, well walk over to it carefully". Long gradient. And get it so he can just look at the baseball. And then maybe touch it with one finger, and then work with it until he can actually hold it and feel comfortable about holding it. And then work with him on maybe just juggling it from one hand to the other. And then maybe a very gentle game of catch about two feet apart, between you and him. Until finally he has confidence again in his ability to deal with and handle that object.

It's an oversimplification to some degree, but that's kind of true with anything. Somebody has a car wreck, fine, run out the engram, great,

marvellous. Run an assist on him if he got banged up. Then you take him out, and you say, "You see that car? Good, walk over to it. No, don't pick it up". But you do say, "Good, feel the fender. Good, walk around and feel that fender. Good, touch the hood, good, touch the right front tire, good touch the trunk", or if you're in England, "the boot". "Good, touch the hood", or if you're in England, "Touch the bonnet. Good. Touch the windshield", or if you're in England, "Touch the windscreen", and so on. And have him touch inside and outside of the car until he feels quite comfortable about it.

Actually if you want to teach somebody how to deal with an unfamiliar object this is also a way to do it. Whether he's had problems with it in the past, his ability to have reality about it depends on how familiar it is to him. So you can have him feel an unfamiliar object, look at it, touch it, smell it, hear it, if it's hearable, and so on. If you want to teach someone who doesn't know how to drive an automobile, this is also a way to do it. Until they feel completely comfortable about this object.

Also this person who's been in an accident, by continuing to touch and handle the car, is going to feel much better about driving again, or whatever it is. There's an old piece of instinctual knowledge on that--a guy falls off a horse, the first thing you do is get him back on the horse riding. The old piece of knowledge that if a guy has a car crash you get him back driving right away. Before he makes so many pictures about how horrible it is that he can't do it. This is part of what your objective processes are for.

So you want to help somebody out. You find something they can do and help them improve on it, and gain confidence. Because a good part of your functioning effectively in this universe is your confidence in your ability to do so. We'll go into this, but I want you to get this principle here, particularly, that when you want to give a guy a hand, find something he *can* do and help him improve so he can do it better. Or find something he can't do well or can't do at all, and develop whatever methodology is necessary to get him on a gradient satisfactory to him to be able to do it. That's how to invent processes, whatever the level, subjective or objective.

### Your relationship with the physical universe

There are a lot of interesting aspects about this objective processing. One of the things that gets a life source uptight is the problem of the fact that he can do things almost instantaneously, or instantaneously. But there's a thing called the physical universe that has communication lags. It has lags between the time you decide you want to do something and visualize doing it and the time it occurs. And so the physical universe moves too slowly for the guy. And he gets very uptight and impatient about this, 'cause it just doesn't go along as fast as he'd like to move it.

In one sense of the word, you move the universe, it doesn't move you. You move it around you, you don't move around in it. And the worse off a guy gets, the more he's being moved around *in it*. An interesting thing about the objective processes is that you're working in a direction of having the guy regain, with certainty, the knowledge that he is moving the universe, it isn't moving him.

A time factor enters into this, where the guy's being impatient because the universe is moving too slowly, or on the other hand, where it's moving faster than he wants it to. He may think, for example, if he could only stop the universe at this point, really stop it, then that accident wouldn't happen. So you can get an effort to stop time, or speed time up, on the other side. When a guy gets out of phase with the physical universe he has problems he doesn't particularly care to have.

The objective processes help a person be able to have a freedom to phase in and out of the more or less mechanically established rate of motion, or phase aspect of the physical universe. He has the freedom to have it or not have it. He's able to deal with the physical universe at the speed at which it functions, or can be made to function easily. Because, you can move a particle faster, or you can move a particle more slowly, but the physical universe, unless assisted, tends to go on at a pretty mechanical rate at this time, at least.

Interesting, about that, we had a guy come in here about a year ago, and he wanted to do all the most advanced processes there were. He wanted to be able to instantaneously deal with matter transmission, telekinesis, levitation, being able to knock people over at a distance with



pressor beams, and do all kinds of wonderful things like that, by himself. And he couldn't handle his life and living. This kind of person can be difficult to deal with in the sense that they want to do it without using any creative discipline in the process. And so you get wild talents that are not under control.

Unless a guy can actually know the characteristics and basis of the physical universe, he's also not going to be too aware of the differentiations between himself and it, and the laws which apply to him and the laws which apply to it. There's a separate set of laws that apply to a being, as differentiated from matter energy space and time. Now the matter energy space and time laws apply to a being to the degree a being tends to get involved with them and identified with them. But he's not necessarily stuck with them. He can use both.

For example communication between you and I is instantaneous, whatever the distance between our bodies, between us, as beings. But ordinarily, because we are so involved with the physical universe game, communication is dependent upon being able to transmit certain wavelengths across a distance, with the right kind of duplicatable noises, or particles. But for example telepathy is not confined to travelling across a distance, because it doesn't. Communication travels across a distance. Knowingness does not require distance.

The objective processes provide you with an opportunity to be free to operate in the physical universe, and freer not to. It gets a guy here, able to deal with now. Many people want nothing to do either with here or now. And part of their solution to existence is to get the hell out of here. "If only you could bring it back like it was". That's "it must happen again", and then there's the other side, "it musn't happen again". And sometimes it's both, so he's in a hell of a pickle.

### **Contact Assist**

The best known of the objective processes is probably the contact assist. "Feel my hand", or my finger. It's also run as "With your eyes closed look at my hand". Or, "Perceive my finger", or "Sense my finger". It doesn't matter, it means be aware of. Put your attention on. Focus on. And this is excellent, particularly done with unconscious or unhappy people.

There's one lower than that, which is, effectively, make your body be where it is. So if the guy's sitting in a chair, you say, "You make that body sit in that chair". If his body's in a bed, "You make that body lie on that bed". The guy will ordinarily say, "It is sitting in the chair". That's right. He is not sitting it in the chair. It is automatically sitting there. It is just sort of plonked there. So you have him make that body sit in that chair until he actually makes it sit there. He is knowingly, consciously, and willingly sitting his body where it is. Moving the universe around him.

### **Moving the universe around you**

Want to try an experiment sometime? Fool around with some kids, or even with yourself, and say, "Move your arm. Good, you got your arm moving?" "Yeah". "Good, is it moving, or are you moving? Good, move your feet. Are they moving, or are you moving? Good, now move the trunk of your body. Good, is it moving, or are you moving? Good, move your head. Is it moving, or are you moving?" And you work with that for awhile and the guy discovers he doesn't do any moving. He moves the universe.

Your confident self determinism partly depends, whether you are aware of this as a factor or not, on your ability to self determinedly move the universe around you, which is what you do. But you get involved with it, and you get the idea that you're moving in it. And the objective processes help on a gradient to have a person become more and more aware of the fact that he locates space and time, and he becomes overwhelming to the degree he is locatable in space and time. If you can be located, you can be put somewhere. If you're locating matter and energy and space and time, you're putting it there. If you're being a piece of matter and energy and space and time, you're being put there. And a guy is screwed up to the degree that he thinks he's being put somewhere or that he is something that can be moved without his volition.

### **CCHs**

Another objective process is the CCHs, which we've gone through here in the last couple of weeks pretty well. There are four CCH processes, the first one of which is "Give me that hand", which gets the guy in communication.

CCH 2 begins "With that body's eyes you look at that wall". It'd probably be better to state it "Through that body's eyes you look at that wall". But anyway, "With that body's eyes you look at that wall. You walk that body over to that wall. With that body's right hand you touch that wall. You turn that body around". After awhile a guy begins to get the idea that he is something other than it, but it is something he moves. So if he can move a body, then he gradually can move to moving things other than a body, his.

In the process of doing this he also tends to go through all of his old pictures about things. You say, "With that body's eyes you look at that wall", and he looks at walls of yesteryear. He looks at walls of other rooms, and other times, and other places. And it takes quite a while sometimes to get him up to a point where he's looking at this wall, in this room, now. So you're processing it to a point where he can look at this room now. Sometimes in this process you say, "With that body's eyes you look at that wall", he says "okay", and you say, "You walk that body over to that wall", and he stays right where he is, and walks his body over to the wall. And you say, "With that body's right hand, you touch that wall". So where he is, on the other side of

the room, he's maintaining a viewpoint there, he makes his body's right hand touch that wall.

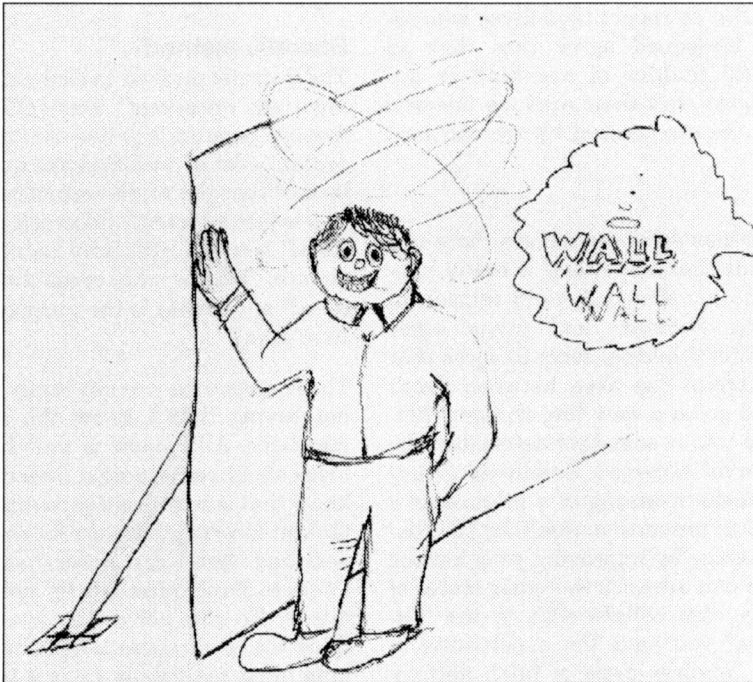
CCH 2 is a variation of a much older process from Brand X, called 8-C. 8-C because 8-A and 8-B never got off the ground.

CCH 3 is "Put your hands against mine and follow and contribute to their motion". So he can participate cooperatively and creatively with another human being in an action.

And CCH 4 is the business of taking a book or an object and saying "I'm going to make a motion with the object and you observe it and I'm going to hand you the object and then you duplicate my motion". In order to do that the individual must have the ability to retain a mental image picture for at least that length of time. And so you're going to at least get him more in control of his mental image pictures with that process.

This is a tremendously effective sequence. It's run 1, 2, 3, 4, 1, 2, 3, 4, etc. You go back to give me that hand and so forth. These processes put a person more in control of his body, generally and of the objects with which he deals in life.

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# More on the Between Lives Area

by Todde Salén, Sweden

SINCE I WROTE the last letter to you (*See IVy 45* page 37), I have continued pondering on the subject and decided that I should go into the (for me) logical "final question" on the subject of "between lives".

When I was heavily looking into this area it was very surprising to me that there were all kinds of different reports on what was supposed to happen in the after body death area, but nobody seemed to ask any questions on "How come the between lives area exists at all — Who/what has created it?" And in the "near death experiences" (NDE) there is also a tremendous amount of different reports on what is going on. Some of the most curiosity arousing NDEs report on "going through a tunnel" and meeting "a being of light that is full of love".

Others report that they encounter horrible feelings (very few) and/or darkness (quite many). It seems as if there is a tremendous amount of disagreement on what is actually happening "after death". The NDEs do report that those who remember what happened agree that they go through spiritual realities of one kind or another. Many report that their attitude towards life changes in the direction of higher spiritual awareness.

## Karma

Between the various religious schools there is a strong agreement that something is really happening. The systems that believe in reincarnation (Buddhists, Socrates and many other schools of religious thinking) seem to agree that when you transcend the area between death and rebirth and go to a new life, the new life-form you will go into is somehow determined by "what you deserve" (karma). Buddhists generally believe that the meaning of a lifetime as a human being is to prepare yourself for the "between lives" passage by improving your karmic situation so you can advance to higher states of beingness. They also believe that in the "between lives area" you have the opportunity to exit out of the "endless cycle of birth and re-

birth" if you have prepared yourself spiritually to grab the opportunities to rise above the level of mind/awareness that keeps you trapped in endless rebirths on this planet. The "greater vehicle" idea is that you reach Buddha-hood and enter the Buddha-world/nirvana if you manage to exit out of the endless cycle of birth and rebirth in the between lives period. Supposedly you can manage to do so if you are able to passively meditate (use your TR 0) and avoid falling into the various traps that exist in the between lives area that are designed to grab you and keep you stuck in endless deaths and rebirths.

What really happens between lives is not something a human being can learn to know by studying various belief systems. The only way a human being can learn to know about what happens between lives is by researching his/her own mind and find his/her own answer. Doing so you will rise to an awareness level that is higher than human mind awareness.

## Socratic method

The Socratic method to find answers is by "asking right questions". Our (*DUGA, see IVy 45 footnote page 35, Ed*) live meditation techniques contain a lot of such Socratic questions. It could be said that the whole technology of live meditation is just a system of Socratic questioning. The "final" between lives area Socratic questions for me are: "Who or what created the between lives area?" and "What is the purpose of the between lives area?"

These questions are not easily answered. I am not saying that I know the answer to these questions. All I know is that I have arrived at ideas about our situation here on planet earth. I know that our civilisation is misdirecting my attention to wrong answers for some reason. I understand that I can never reach the right answers to these questions by looking into human minds. To rise above the level of the human mind into awareness levels that can create human mind realities is what it takes to arrive at

answers on your own personal road to truth. To reach higher states of existence, you need to enter those awareness levels. That is where real truth is. That is where this game is created from and that is where human existence is created.

Socrates and Gotama both told their followers that the only way to learn to know your own truth is by finding it within yourself. The Bible says: "Truth is within you", and most religions agree that "the truth shall set you free".

ARC, Todde.

### More thoughts

*A week after the above arrived, I got the following from Todde:*

OK, I'll try to explain my reality on the subject of "between lives" better.

Yes, I have learned a lot more about "between lives" from studying Buddhism. Especially by reading the book: *Handbook for Mankind* by Buddhadasa Bhikkhu (available through The Buddhadasa Foundation, The Sublime Life Mission, 69/4 Trok Sathien, Tanao Road, Bangkok 10200, Thailand). Also after I got my codes (August 97).

### Quantity vs. quality

To learn Buddhism as close to the original teachings from Gotama as possible, you should study "the smaller vehicle" Buddhism, because in the "greater vehicle" the idea was to spread the teachings of Gotama to as many people as possible, while "the smaller vehicle Buddhism" had the idea that it was more important to be true to the original teaching of Gotama than reaching out to as many as possible.

In a way we could say the same about Scientology. The Co\$ cared more about reaching out to as many as possible (to thereby make as much money as they can), but they are not so concerned with the quality of the technology (as long as they can monopolise it and thus make even more money through it). In the Free Zone people have cared to refine and improve the technology and that has been a greater concern than reaching out to many people.

It is the old problem of quantity against quality (or MEST against Theta).

### What survives?

Rick asks (in an email relayed to Todde): "What survives and what does not survive the between lives period?" In his book *Handbook for Mankind*, Buddhadasa very carefully describes what is the "false I". In the Socratic dialogue "Faidon" by Plato Socrates does lead the reader to realise that only "that which remains unchanged through time is the true self", while everything that undergoes changes is non-spiritual and thus succumbs as time passes by.

With these viewpoints it is possible for each individual to himself reach insight (both Socrates and Gotama stressed that it is up to each and every one of us to reach his/her own conclusions on what is true or not true). When we look at the subject of spiritual truth it is even more important that each individual does his/her own walking on "the Road to Truth". To try to make another reach his/her own truth (by evaluating) in these areas is an effort that is doomed to failure. We have all walked our own individual roads away from spiritual truth and my viewpoint on somebody else's road back could be very false for that person. All I can do is to do like Socrates: direct the individual's attention towards the methods/tech he/she should use to move in the direction towards his/her truth.

### *Handbook for Mankind*

I have personally resolved very many barriers on my road to my truth by using Gotama's advice as handed down by Buddhadasa Bhikkhu in his book *Handbook for Mankind* and the advice of Socrates as handed down by Plato in the various Socratic dialogues.

Reading *The Egyptian Book of the Dead* did not give me much insight into what really happens between lives. But it did make me realise that human beings will use others and control their fellow human beings through religion if they can.

Reading *The Tibetan Book of the Dead* gave me a good foundation for further study, but when I was done with it and also had read *The Tibetan book of Living and Dying* I had more questions than ever on the subject of "the between lives area". Doing live meditation on the subject keyed some of the confusion out and brought me to interesting insights (cognitions), but I still was in mystery on the subject.

Reading Plato's Socratic dialogues was very refreshing indeed. Socrates again and again forces the reader to "think for himself" and the method of questioning used by Socrates makes you start to think and build on from your own reality. So that is what I did. And I became less confused in the area.

Then in the summer of 1999 Renée (my wife) and I went to Thailand and encountered the *Handbook for Mankind* book, which has now been used to write a Swedish book *Buddha Maitreya' Handbook for Mankind*, which DUGA is now selling to the Swedish public and as a result we have started to get new people to come in, who are much more determined to reach for our technology.

If any Swede is reading these lines he/she is welcome to send for a copy of this book by Todde Salén: *Buddha Maitreya's Handbok for Manskliheten*. We sell it for SEK 85:- including postage to any place in Scandinavia. Money can be sent to DUGAs Postgiro 431 41 38-1 from anywhere in Sweden. If sent from outside of Sweden an extra SEK 45:- has to be paid for bank transfer charges. It is also possible to just send Swedish Crown bills directly to Foreningen DUGA, Box 8008 421 08 V. Frolunda, Sweden.

Want to find your own reality on the between lives area? Start studying the Socratic dialogues (DUGA also sells some Socratic Dialogues translated to Swedish: *Sokrates Forsvarstal*. Faidon & Kriton for SEK 100:- including postage within Scandinavia).

### Conclusion

What more can I say? Maybe that since I wrote the Swedish Buddha Maitreya's Handbook for Mankind, I have taken some huge steps forward on the Buddhist road to truth (which happens to move you in the same direction as Hubbard's Auditing technology.

So I am very pleased with this lifetime so far. I have benefited from Hubbard's newly developed technology. I have benefited from Alan Walter's code technology. I have benefited from The Socratic Method and I have benefited from the original teaching of Gotama. On top of this I have benefited from co-operating with many wonderful beings within the CofS as well as in the Free Zone. I have also benefited from co-operating with the wonderful beings that are creating DUGA together with me. I am very curious about entering the "after death area" to test my earned spiritual abilities when the time comes. □

## Subscribers

THIS ISSUE OF IVy marks the end of our tenth year in existence. That event leads your editor to speculate a bit. Mostly on the number of subscribers we have — for the total number has changed little over the years. Just gone very slightly up.

Our potential readership is really limited to those who have been connected to the official Scientology movement (though we have some readers without that background). We have made ourselves known on Internet, where we have an attractive Home Page with links to the more positive

areas of interest on Internet likely to attract ExSens, and we regularly post to the Internet newsgroup alt.clearing.technology. We offer a free sample, and get a trickle of people asking for a sample, and buying IVy as a result. But it is a trickle.

While there are no acute problems associated with our low readership, it does seem a pity that people like you and me, who have a reality on the positive side of Scientology and have left the "shelter" of the church are not receiving the magazine. One conclusion is that many who have left the

church have been so badly mauled and betrayed that they are very reluctant to reach in a direction that resembles help or Scientology.

We could sit and do nothing. An alternative I suggest is to ask you, reader, to put on your thinking cap, see if you can recall any people you knew in the church, and either contact them or let us have the addresses, so we can send a sample IVy. If you write, communicate gently, kindly, tell them there still is hope and help. Ed.

# An Either/or Situation

by Leonard Dunn, U.K.

SOME WHILE BACK the Pilot wrote an article dealing with what happens in regard to the between lives period between death of the body and the taking of a new one. Recently this was referred to as "The Pilot's Science Fiction" and a different system was cited. Is one true and the other false, as the article implied or could neither, or both, be true. It may be a question of spiritual evolution as to which of these alternatives applies.

## Belief and disbelief

Let us take a look at the area of belief and disbelief. In this world there are thousands of people who belong to a variety of religions but which all have the same fundamental belief. This belief is that we *have* souls, or spirits, and that the soul is something that needs to be "saved". They consider that the soul may be damaged or lost if the beliefs or disbeliefs of the religion in question are not precisely followed. Since the beliefs of each religious group can vary considerably, this leads to disharmony amongst the many groups of believers.

On the other hand, especially these days, we have the materialists who maintain that the physical body is the only reality and reject all concepts of spirit as merely an illusion. When the body is dead, then so are you.

Actually there is little difference between the two groups of materialists and "believers" in essence, and between the belief that you have, or do not have, a spirit.

Let me contrast this with the concept that you *are* a spirit and *have* a body. The spirit cannot be lost and has no need to be "saved". The difference between body and spirit becomes very apparent if one exteriorises from the body and experiences being a spirit.

These people don't believe, since from personal experience they *know* and readily appreciate the difference between themselves and those who fall into the first two categories. Many

people seek the ancient truths coming from the days when people were less materialistic since the truth is that "Having a soul" is the total opposite of "Being a soul".

## Consequence

In consequence their after-life experiences will cause them to turn to the most ancient religion which existed long before the materialism and divisive beliefs of the world today.

Now we can look at the concepts of the Pilot and can see that the first two categories cited will inevitably have the experience described here of the treatment offered after physical death because those in charge of this area can be very convincing.

The free beings will not be drawn to the usual between lives treatment because they already have the complete certainty of being a spiritual being, and so they will follow the alternative path offered in the more recent article in *Ivy* 45.

So, as I said in the beginning, both types can be true and thus we have an either/or situation. □



Spend some time everyday in awe, in total, complete awe. Be thankful for your hands, your invisible, incomprehensibly awesome mind. Treat all life with reverence and awe, and know that it is all working purposefully. A few minutes a day in total awe will contribute to your spiritual awakening faster than any metaphysical course.

*Real Magic: Creating Miracles in Everyday Life*,  
Dr Wayne W Dyer. Harper Collins

# Scientology is an Evolving Tool

By Mark Jones, USA

I FIRST LEARNED of Scientology from Ellen, a friend whom, later, I married. She had heard of it from a psychologist that she had visited a few times. He was studying it, and suggested that for Ellen to learn and use certain Scientology approaches might provide her with some useful procedures. So she started taking courses at the Washington, D.C., organization, and was impressed by the insights she obtained.

When I told her of my interest in Buddhism, she said that Scientology was sometimes referred to as Buddhism westernized; so I got interested.

At the time, I was still in the U.S. Marine Corps and, along with John Glenn, was helping to manage some of the U.S. Navy's advanced airplane and missile developments. We'd been in the same jet fighter squadron during the Korean war, and had shared a lot of experiences. That was the third war I'd fought in as a pilot, and I was searching for a deeper understanding of self and of the motivations of Mankind.

Before completing my assignment in Washington, I got some auditing in the local Scientology org, and was very impressed by the results. In my early auditing, I was run on the "Helatrolbus Implants" from many millions of years ago, and made great gains. So I resolved to learn all I could about the processes and how to apply them.

## Saint Hill

Ellen was able to go to Saint Hill before I could, and I wanted to join her there and begin my Scientology study and training. In the event, we were re-united in London in 1964, and I started my training in what was then called HASI London. Ellen had already completed up to Level Four, and was on the Special Briefing Course at Saint Hill — commuting to our apartment in London. She then went on to Level VII, the Power Processing Course.



Mark Jones in London, 1967 — photo by Terry Scott

As soon as I had completed my levels in London Org, we moved to Saint Hill, and I started towards Level VI. Ellen continued her higher-level training and processing at a time when LRH was personally reviewing and supervising the auditing on Level VII. Ellen achieved excellent results, and at Saint Hill was highly regarded as an auditor — before going to London Org as the Qualification Secretary.

Following in her footsteps, I completed my Level VII while LRH himself was still reviewing each session as Case Supervisor. Fortunately, I'd overcome my tensions as an auditor and become one of the three auditors to be awarded honors.

On occasion, while at Saint Hill, I'd sometimes have the opportunity to talk with Ron while he was on his evening walk. We had a lot of ship-board experiences to share.



I joined Ellen at London Org, and became In Charge of the technical delivery of auditor training. There was a wonderful group of about fifteen staff members, and relationships were excellent with students and people who came for auditing. At one point near the end of our two-and-a-half year contract, LRH commended London Org for "turning out" the best auditors of all Scientology Orgs at the time.

Ellen and I had a small apartment about three blocks from the Org. One day, I got a call from an old friend in a key position on staff at Saint Hill. She said she was pregnant and had made an appointment for the next morning with a London physician, to get an abortion. Could she spend the night in our apartment? I told her she could, and she showed up at about 8:00 p.m.

### Knocks

As we were getting ready to retire, there was a series of very strong knocks on the door. When I opened it, there were the Guardian, Jane Kember, the HCO Saint Hill, Joan McNocker, and the Director of Processing Saint Hill, Bob Hopper.

Jane said that Mary Sue had ordered that the friend could not have an abortion, for it would be all over the London papers the next day. Our guest refused to go. The three visitors started pulling her out. I stepped in and said, "She's a guest in our house, and she'll leave when she decides." The D of P jumped on my back, and Ellen grabbed him and pulled him down. The two ladies intervened, and we had a real *melée*, until we forced them out into the hall and shut the door.

Near morning, there was another knocking at the door. When I opened it, Jane Kember said that they had been driving around, discussing the issue, and had decided not to intervene but to explain the basis of their decision to Mary Sue.

An interesting development during our work at London HASI occurred in the Summer of 1968. Mission International Books, run by Doreen Casey and Yvonne Gilham, arrived. At the time, Ellen was the Org Exec Sec and I was the Public Exec Sec. The stats at Saint Hill had risen when this mission had made all or most of Saint Hill's staff get books in to

bookstores around England. [They had turned up at the Hill late on Friday, June 7, quickly got staff on to TRs, then sent them out to various towns and cities — *Ed.*]

When the missionaries got to London Org, they demanded that most of the staff leave post and get Scientology books in to London bookstores. Duly ordered, this was done for three days before the end of the week. Yet we had already scheduled a public lecture by John McMaster ("the World's First Real Clear") in Commonwealth Hall for that weekend. Previously, when John had given a talk, the stats always went up, for he was very effective. But, with staff out selling books, this seminar was not nearly as well promoted as previous ones — and, because of this and the general lack of people on post, the income stats went down quite a lot the next week.

The missionaries sent a message to LRH that the staff of London Org was not giving them enough support and that stats had crashed. They reminded him that Saint Hill stats had gone up the week they had started the books campaign there. LRH wired back, "Handle Exec Council London."

World Wide sent a couple of its staff members to London to get ethics in. They called Ellen and I into the Org, decided we were the cause of the trouble, and told us: "You have thirty minutes to leave the Org and go to the Sea Org Mission in Edinburgh and get your cases handled." So we left, packed, and next morning started the 400-mile drive to Edinburgh. We got auditing there for three weeks on the OT levels.

### Comm Ev

Then we received orders to return to London Org to face a Committee of Evidence — stats had gone down once more. One individual from Saint Hill had been assigned to conduct the Comm Ev and, after a very short hearing, declared us to be in a lower condition. He directed us to return to Edinburgh to complete our auditing. So we returned for a few more sessions and, when they were complete, packed to return to London Org.

As we were about to leave, we got a call from the Org Exec Sec and the HCO Exec Sec World Wide. We were told that HASI London

stats had *really* crashed and that a new Comm Ev had been held in London by a fresh Sea Org mission. This had found that Ellen and I had been "major contributors" to a long period of expansion and very high stats of the London HASI.

On that basis, we were asked to come to Saint Hill to take over posts — Ellen as Organization Executive Secretary Europe, and I as Technical Secretary World Wide. We agreed, and signed six-month contracts. In her post, Ellen helped to guide the expansion of Scientology orgs and missions in Europe. Later, I was promoted by LRH to Org Exec Sec World Wide to oversee the technical delivery of training and auditing of all Scientology orgs. At the time, we knew and were close to many Org Exec Secs and staffs of most organizations and missions in the United States and Europe.

Much later, the Org Exec Sec Saint Hill told us the real reason why SH stats had gone up when its staff were getting books into bookstores. That week, an American mission holder had brought a whole airplane-full of people to Saint Hill to start their advanced training. Without that, the stats would have fallen. So much for Mission International Books.

LRH had acquired a ship on which advanced auditing was starting to be delivered. He had been on a trip of some duration to southern Africa, and returned with what seemed to be a much more forceful attitude. On occasion, auditors who made an error were thrown overboard. Having served on ships and trained in scaling them, I considered this to be a very dangerous practice. So, when our half-year contracts were up, Ellen and I returned to the United States.

### Missions

We set up missions, for these appeared to have greater freedom in delivering auditing and training. Yet we maintained communication with many of the highly-trained, experienced staff at Saint Hill and orgs around the world who had been serving LRH with great dedication for years. It appeared that he had little trust in them but much more in the young teenagers who made up what was called the "Commodore's Messenger Org" (CMO).

Subsequently, we took over an ailing mission in northern California and aided a dedicated staff to get it into a condition of Power. Then we helped to start and run missions in Tokyo, Washington, D.C., and West Virginia.

In 1970, we handed over our thriving northern California mission to Gifford Pinchot, Phil Spickler and others, and moved to Los Angeles to do the HSST Advanced Case Supervisor Course. Upon completion, Ellen was offered the post of C/S for the Celebrity Center (which had been started by Yvonne Jentch).

She filled that post for over a year, a period of significant expansion. LRH had indicated the importance of getting celebrities on to the Bridge, particular for Public Relations purposes, and Celebrity Center staff was beginning to accomplish this. Because of her experience, Ellen was also on call to assist the C/S at the Sea Org training center in Los Angeles as and when they had a difficult case.

### Performing

I too assisted Yvonne by visiting celebrity centers in other cities, to help them to get in their tech and to organize. One with which I did considerable work was in the San Francisco area, where a number of the staff were in the performing arts. One was Ray Mithoff, who had just discovered Scientology and is now Tech Sec for all Scientology organizations. This post was held for years by David Mayo, who worked closely with LRH.

In 1981 and early '82, a so-called Mission Holder's Meeting was held at the Scientology Flag Land Base in Florida — where the highest level of training and auditing was being delivered by Sea Org members. Most mission holders were pressed to get more preclears to the orgs and Flag. As the meeting progressed and participants became more candid, several Sea Org members and Guardian Officer staff made presentations and, while doing so, confessed to having committed overts and using heavy pressure to get stats up. As they did, the air in the room got lighter and lighter, and the participants began to show and share increasing enthusiasm for mutual support and co-action.

Among the topics discussed was the lack of timely communication between Saint Hill and the forty or so mission holders in the U.S.



To solve this problem, participants agreed that a mission office should be established in the States, and I was elected the first U.S. Mission Officer.

However, LRH had allowed or created a shift of power from the very dedicated, highly effective World Wide staff to the inexperienced personnel in the CMO — who began to take over more and more control of missions. So my appointment was not implemented, and a U.S. mission office was never established.

Observing what was occurring — missions being taken over arbitrarily, heavy regging pressure put on their publics — I decided that individuals in missions and the field should be informed and be urged to take a stand.

### Support

Support poured in from such people, so we started *The Free Spirit Newsletter*. Not long after, Antony Phillips launched *International Viewpoints*. My objective in helping to start an independent movement was to get the Organization back to its basics — from which I considered it was deviating increasingly.

Ellen and I made extensive case gain in our years of very active Scientology training, auditing and management, and had the good fortune to work closely with LRH and capable executives such as Jane Kember, David Gaiman, John McMaster and Herbie Parkhouse.

Yet, after running to a good EP almost all processes available, we had not attained the fully-

enlightened states to which we aspired. It became increasingly obvious to me (like a number of others whom LRH had considered "standard") that it was worth looking into different approaches for enhancement of self and society. We began to explore several of those that showed promise. Some have offered illuminating additions to the insights and gains we had achieved, but give greater depth. Yet we also use what we learned in our many years in Scientology.

In advanced auditing, some of us dealt with sources of energy that were influencing and often negatively affecting us, such as "Body Thetans" (BTs). By sensing and releasing them, we made significant gains — but, to the degree we have not identified their nature and fully eliminated them, we might not have maintained all our progress.

One path I have been exploring, ACCESS,\* offers procedures to identify and release the basic sources of these and other forms of limiting energy, and to open up more and more of our potentials. This is a means of adding to our knowledge and to the extent of our actions to operate as spiritual beings.

I believe that such approaches provide a means for individuals to reach deeper levels of insight and to make in-depth changes.

□

\*ACCESS' Web site is <http://www.accessraz.com/aindex.htm>

Or write to: Gary Douglas, 3463 State Street, Santa Barbara, California, USA.

## Richness in the Tech

By Terry Scott, England

A REPORT IN the *Wall Street Journal*\* indicates that the Church of Scientology "owns \$300 million in assets".

So, the next time a Scientologist is begged by the C of S to fund a foundation stone in Florida, buy a batch of books for public libraries, or give to some other *wow!!* project...maybe he should think again.

The *Journal* also noted that, according to documents filed by the Church with the Inland Revenue

Service (IRS) in the States, C of S revenues for a four-year period totalled around \$1.1 billion..

Oh. Do U.S. Scientologists spend vast sums of their very own savings on the Tech? Not necessarily. In the States, the IRS permits donations to one's religion to be offset against income-tax liability.

Thus, one may "donate" for Scientology services, the C of S expands its fortune, and — the tax man? Ah, the tax man.

Each year, the IRS wants to achieve its financial goals set by the Government. Accordingly, it surely makes up for any offset of cash from one direction by taxing someone or something *else* more than it might do otherwise.

Indirectly, millions of Americans are subsidising some of the cost of Scientologists' auditing and training. Great, isn't it?

□

\* The Journal's Web site is: <http://wsj.com>

# Demonstrations — Why?

by Birgitta Harrington, Sweden

*Editor's Note: For the past many years there have been demonstrations (pickets) going on outside Scientology organisations (called Churches) throughout the world. Every week I receive news of them in a newsletter of major items going on on a news group I myself don't watch — alt.religion.scientology (ars). On the private Internet list solely for people who subscribe to IVy I had suggested that we hold a sort of positive demonstration (a demonstration for something) on May 9th 2000 (50 years for DMSMH). In other words people who were interested write in some thing positive on that day, specifically in the Internet News group alt.clearing.technology (act). Birgitta replied, and I think the reply will be interesting to many IVy readers. Here it is:*

Dear Ant,

I don't think you have a clue why people around the world are doing pickets in front of the orgs ... So let me take the opportunity to inform you a little, and this will not be the good nice news.

Lisa McPhearson died after 2 weeks of isolation on babywatch<sup>1</sup> at Flag after she had tried to escape. Many more have died but she is the most well known case and it's up in court right now.

There are many coerced abortions at Flag and the slave camps are still running around the world.

There are more than 2,600 court cases instigated by CofS in the U.S. only, which means that staff don't get pay because all money goes to the lawyers.

CofS tried to silence all criticism against them on Internet. This action created more enemies for them than ever. So most of the people doing pickets have never been into scientology but de-

spite that, most of them respects the beliefs and wants to help scientologists.

In Clearwater, there is created the Lisa McPherson Trust, (LMT) which has a big building which makes it possible for scientologists who want to leave, to have somewhere to go and there are ex-members to talk with and they are given help to get home if they wish.

The last two years, much political infiltration done by OSA has been revealed ... in Finland, France, Belgium, Greece, Spain, Zimbabwe, Moscow, Albany, U.S.A. I don't recall more right now.

There are thousands of websites revealing this and so much more on Internet, and many who have the guts to express their opinions are threatened with legal actions from the Scientology lawyers.

It has been a while since you and I were playing in their sandbox, and the climate has certainly become more rough since then.

It is a good thing to demonstrate and have the guts to honestly say your opinion and if you think you can honestly defend your view on ACT — go for it !

Bid

□

You are now half way through the last issue of *International Viewpoints* for the year 2000. What of the future, when you have read the rest? Will IVy come bouncing through your door early in January? Are you cause?

<sup>1</sup> Babywatch: Birgitta is mildly referring to Lisa's ordeal, where she was under 24 hour guard and surveillance, was force fed, and was not given access to independent medical advice, or to friends. She wanted to leave, and was not allowed to. *Ed.*

# Regular Columns

## A World of IVy

by A Pelican, Antarctica

### Basics in 2D?

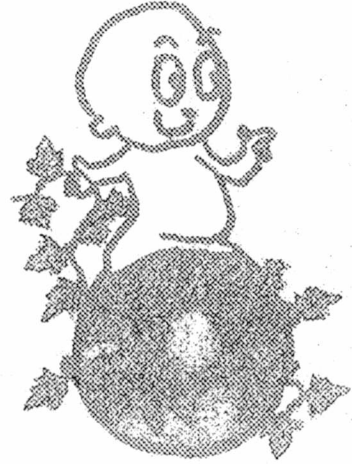
I FIRST CONTACTED Scientology in 1954, in very poor state, with a strong urge for a second dynamic (2D: mate and family) and a big "can't have" on the subject (and also on the subject of friends and human contact – very shy and withdrawn). Over the years things have improved markedly. I have worked out that only 9.25% of my life since age 14 had any trace of 2D in it. I have had two 2D relationships, the first some 15 years ago rather unsuccessful (but good experience). The second has lasted now for three years, and is going strong.

### Service fac

In the present relationship, in stressed or restimulative situations the woman of my dreams seemed to work hard to make me wrong and dominate me. A big trial. Incidentally, because I had observed a tendency amongst Scientologist to use Scn data as Service facs (to make wrong and dominate others, and justify oneself), I had knowingly avoided having a Scientologist as a 2D.

I had concluded that throwing a service fac back as an answer to a service fac was a sure way of escalating problems, because it violated known methods of increasing ARC. So I determined that when met with a "make wrong/dominate" I would avoid any action that might be interpreted (by a heavily upset person) as a "make wrong/dominate". On *many* occasions this left me speechless, lost, and not knowing what to do.

But it paid off. Faced with relative silence (and a rather squashed friend), the lady in question had nothing to defend herself against, had freedom, a relatively safe space, and was able to introspect. Service Facs against me lessened, and



the good lady was apologetic, and even called herself in fun "the bad fairy" and "the Iron Lady". More recently, I have become able to handle service facs with ARC, and a fairly reasonable tone level, which has been more satisfying.

### Fundamentals

A knowledge of Scientology basics for living was vital. Things like ARC, Communication, Reality (being agreement, talking of things she could agree with, had affinity with, and not mentioning things I disliked about her), Confusion and Stable Data, Randomity, Goals, Extroversion/Introversion, Havingness. There is much. Much essential data is in *Problems of Work* and *Fundamentals of Thought*, and I was fortunate in that in the 50's I taught many of them 25 or so times (weekly Personal Efficiency Courses). One learns by teaching.

We are extremely different in demeanour and background. This equals reality differences. Possible cause for disharmony but we have triumphed, and differences give enrichment. I can see more problems ahead and with the help of Scientology data, more triumphs. □

## Regular Column

# IVy on the Wall

by Ken Urquhart, USA

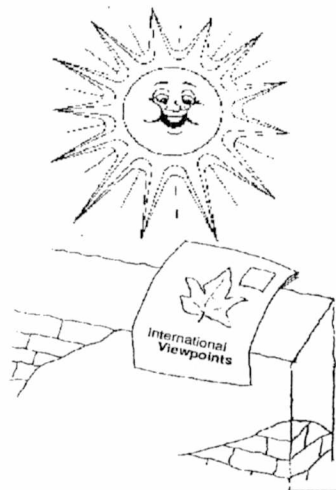
## Suburban Skies: Comfortably Blue

Chapter Two of an examination of Jon Attack's *Piece of Blue Sky*.

As is usual in non-fiction, our author acknowledges help he has received in producing his book. His **Acknowledgements** attempts to set scholarly and authentic tones. Jon states that he had worked with people who had insight into Scientology and L.Ron Hubbard, but in no case does he specify the basis on which we should have confidence in their conclusions. All we can know about them is that they agreed with and supported Jon. We observe then that the work of passing the book off as scholarly and authentic is not carried out in a scholarly and authentic manner.

The book's **Preface** is the work of Russell Miller, author of *Bare-Faced Messiah*, an earlier similar exposé. Miller's book focused on LRH as an individual. It scrutinized the lies LRH had told about himself and his past. In that respect, I found it thorough, apparently based on good, painstaking investigation and documentation. Miller is very careful not to get into any examination or discussion of the technology of Scientology. It's clear, however, that his ignorance of the subject doesn't stand in the way of his abhorrence.

In this Preface, Russell Miller praises Jon's work in compiling a "treasure trove of reliable information on a subject positively riddled with deeply unreliable information". I did see for myself the outside of Jon's cabinets and cupboards and shelves and can believe that his tidy archives are extensive and very well organized. I accept that to the uninitiated and biased the subject of Scientology is riddled with deeply unreliable information but believe that the emphasis on the unreliability of the information is a ruse to cover up a deliberate refusal or inability to understand the subject. Russell Miller seems



to be saying that because Jon's archive is so big and so orderly it contains all the facts one needs to know about LRH and Scientology. What he is actually saying is firstly that Jon has assembled enough documents of one kind or another to support his, Jon's, finding of guilt against LRH, and secondly that there is nothing else for anyone to want to know about LRH and Scientology. Russell Miller and Jon Attack, and their supporters, refuse to perceive beyond their own self-limited perspectives of outraged suburban comfort.

Thus, Russell Miller can quite sincerely refer to Jon's work as a "dispassionate, thoroughly documented account of how Scientology was created and nourished by a struggling science-fiction writer and how it has managed to dominate (and damage) so many thousands of lives." I have three comments on these words:

1. That an examination of a person and an organization is "dispassionate" tells us very little about its validity, or accuracy, or completeness; one can be extremely dispassionate in severe prejudice. What R. Miller hopes we will take his words to mean is that Jon has been passionate about finding the truth and that he has found the truth, the whole truth, and nothing but the truth. The empty words want us to feel vaguely that the mass of "documentation" in the tidy archives proves something beyond doubt. In fact, a mass of documentation

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Regular Column — IVy on the Wall

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excuse them. But their being so human makes whining about the subject rather superfluous.

Jon Atack, declares the loyal Miller, has motives undoubtedly decent and honest; never did malice or any unworthy desire to settle old scores spur Jon on. I won't quarrel with this. Decency and honesty are central to the suburban code which absolutely forbids all malice and every unworthy desire.

"Jon", Russell goes on, "simply wanted the truth to be known about the antecedents and antics of his former church and its founder". And he (Jon) "believes that people have the right to know the truth about Scientology. That belief is the laudable genesis of this book".

We know that the use of the word "antics" arises out of malice and very unworthy desire to ridicule. LRH did indulge in some behaviour that the suburbanites have every right to label as "antics" if they want to (and they love to) according to their own standards. LRH certainly let himself in for the label; I don't know that he cares very much. We can let it pass now. That the truth be known is certainly a worthy desire. Yes, people do have the right to know the truth. As the genesis of a book, I agree that it is laudable, as it always has been and always will. Yet the tellers of the truth tell only the truth that they perceive and are willing to accept and to pass on: to know the message we must first know the messenger. Is the mind of Messenger Atack clear enough, his eyes keen enough, his heart steady enough, his soul strong enough, and his shoulders broad enough, to bring us the truth, the whole truth, and nothing but the truth about Scientology and LRH?

### To the attack

The first serious blow against the enemies, LRH and C of S, comes in a quote given on a page by itself immediately after the Contents. It is from an opinion that a Justice Latey handed down in a London court in 1984. "Scientology is both immoral and sociably obnoxious...it is corrupt, sinister, and dangerous...because [it is] based on lies and deceit and has as its real objective money and power for Mr Hubbard, his wife, and those close to him at the top." We need to examine these statements briefly:

1. Justice Latey lumps together (in this quote) the technology of Scientology, the practice of Scientology, and the people and behaviours of the C of S in its various forms. The first two are not the second two. Much of the second two moved farther and farther away from the first two, from the late 60's on.
2. Nothing that Justice Latey states in this quote was true of the entirety of the C of S (or its predecessors) through all of its history. The organization always had to pay its bills so there was always a focus on income, which its people had to work for and earn. Over time that focus did become obsessive, but it was not always so. Not until the seventies did money become the supreme importance for either the organization or for LRH personally. Until he took action in the seventies to force some of the income into his own pockets he did not receive large amounts. I was close to the top up until 1978. I was responsible until around (I think) 1972 for the safekeeping of the money he did receive: his weekly pay of \$80 (if I remember the figure aright) and his monthly VA pension checks. Ruth Minshull, author of *Miracles for Breakfast*, sent LRH a check every quarter for 10% of her receipts. He invariably returned these checks to Ruth with a friendly and gentlemanly note. As for all the money that poured into my pockets as one close to the top: I never received more than around \$12 a week in pay for years and then it increased slowly to all of \$20 a week. I once got a bonus of (I think) \$500. During my time all his principal aides received the same pay. What happened at the top after 1978 I did not witness.
3. The general practices of the C of S were not, in my experience, wholly corrupt, sinister, and dangerous. But there was enough that was corrupt, sinister, and dangerous for the label to be appropriate in part. I believe that the practices in the GO towards their perceived enemies could be to some degree corrupt, sinister and dangerous. I believe that the Church's practices in pulling public

## Regular Column — IVy on the Wall

proves a mass of documentation; Jon's passion has been to collect the documentation he needs to prove his case — not necessarily to know the truth. Validity of interpretation of documentation depends on the quality and scope of the documents and on the breadth and depth (with discernment and judgment) of the interpreter.

2. Note the suburbanite put-down in "a struggling science-fiction writer". To be a science-fiction writer is bad enough in suburbia; to struggle is in itself as good as a crime. Both together put one well beyond the suburban pale. To the suburbanite anyone who has to struggle is known at once to be on the point of failure. A struggler is capable of desperate and deceiving strategies to improve his lot or to disguise his condition. Is this true of all strugglers? Well, of course—clearly not. Individuals who have put forward ideas and ideals to improve Man's lot usually have to struggle against ignorance, bias, and fear of change. The suburbanite abhors struggle as it is a sign of inability to maintain the suburban facade of suburban equilibrium. The suburbs maintain equilibrium by firmly shutting out from their comfort zones anything that brings the discomfort of having to look and think uncomfortably. That which invites the suburbanite to experience discomfort, he or she instantly proves to be *bad*.
3. That the C of S has come to dominate and damage lives has truth in it — but it is a generalization and an over-simplification formulated to bolster a bias. Not every member of the C of S (staff or public) is dominated or damaged. Doubtless some are, some less so, some very little, and some not at all. To infer from the damaged and dominated that all must be damaged and dominated is not discerning.

**Rattling sabres**

Russell Miller goes on to assert that the book's "stark truth" about Scientology is "certain to provoke the ferocious hostility of practicing Scientologists around the world. Anyone who dares to publicly criticize the C of S or its founder is liable to be vilified and hounded through the courts". In response, I note the following:

1. "Stark truth" is wishful thinking.
2. Not all practicing Scientologists around the world are sufficiently dominated and damaged to react with ferocious hostility to criticism of the C of S or of LRH. Some are simply too sane to involve themselves in the internal politics, though it is true that many throw themselves happily into the corporate culture (we note that the C of S is the only outfit on Planet Earth which has a corporate culture and internal politics to match).
3. The former GO<sup>1</sup> and its reincarnations have attacked very viciously certain people who have gone out of their way to attack the C of S and LRH. That those GO and later people have misbehaved themselves abusively and abhorrently is true. That they have similarly attacked everyone against Scientology and LRH is not true.

LRH, says Russell Miller, was a "charlatan and a congenital<sup>2</sup> liar." A charlatan is one who claims abilities and skills falsely. That Russell Miller, who studiously avoids studying Scientology, claims knowledge that LRH is a charlatan, tars Russell Miller with his own brush. That LRH lied about his past to make himself appear other than he was is true. The use of the adjective "congenital" is mere meaningless British huff-and-puff that signifies an intent to insult without truth with which to really wound. That inferring and telling falsehoods about self and past are very common human activities does not

1 GO, Guardians Office, replaced later by (probably amongst other things) OSA = Office of Special Affairs. .  
*Ed.*

2 congenital adj. 1. present at birth; inborn *World Book Dictionary*



## Regular Column — IVy on the Wall

people in for services could be, during the 70's and later, corrupt, sinister and dangerous. I believe that a culture grew up within the Church in the 70's regarding relations with LRH and amongst each other on the command chains that could be corrupt, sinister, and dangerous (but no more so than in many organizations who are a lot less open in their manipulation of their people). For many who are slow in mind and biased in opinion, that which applies to the part might as well apply to the whole. But again, what the C of S became by the early 80's was vastly different from what it I had seen of it in the 50's, 60's, and early 70's. The organization changed immensely. The judgment that labels it as corrupt and so on for all time is not well-founded — no matter that such judgment does come with a red robe, a large white wig, an imposing presence, the full force and fury of Her Majesty's Government, and a very comfortable salary.

I accept that it might be fairly accurate to say, as Justice Latey pronounces, that the C of S sought to "indoctrinate and brainwash [people] so they become the unquestioning captives and tools of the cult". That is, in the C of S as it had become by the 80's. It certainly is not at all true of the majority of the people I worked with up until the mid-seventies. It is also true of the vast majority of almost all groups and corporate and governing entities since the beginning of human activity on Planet Earth. Justice Latey's opinion is a fine example of indoctrinating and brainwashing propaganda.

**Damp powder**

To point out that generalities are not true of all components of the whole or for all time is of course to state the obvious. I point it out only to indicate the ineptness of the thought processes behind these criticisms by Justice

Latey, Russell Miller, and Jon Atack. I have no interest in defending the C of S (except, as we just saw, inasmuch as criticism I care about reflects on me personally — and the defense is not so much of the C of S or of me as of good people I knew and still respect).

More than ineptness of thought processes — ineptness of simple integrity: "I have formed my opinion. I have completed a collection of information that backs up that opinion. I have no need to look further. No information that might make me change my opinion can be relevant. I do not need to review whether I have included all that is pertinent. There is no slightest need to negate or neutralize any internal and external influences that might deflect me from my inevitable conclusion. I have fulfilled the highest intellectual standards: I have decided somebody I do not know is wrong and bad, and I have proved it." Our critics, with their own words and decisions, show themselves thus inept in awareness and understanding. Not that they are any more so than the vast majority of the middle class they come from. They are loyal to the standards with which they were raised, educated, indoctrinated, and brainwashed.

Their opinions of the C of S are the business of the C of S, as is the business of answering or not for the C of S. What these critics perceived of LRH and the opinions they arrived at out of those perceptions are their business. They made it their business to publish their opinions in the open market so that we will be impressed with their work. My business here is to show that they were selective in their perceptions and therefore not sound in their opinions of LRH — that there is a lot more truth to know than these critics were willing to see.

This we will examine further in Chapter Three.

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**Erratum**

In IVy 48 there was a mistake on the third from the last line, first column, page 28. The word "possible" was inserted in error. The correct wording is:

To "sell a piece of blue sky" is to hoodwink the customer into buying something that is free to all but possessible by none, such as...well, blue sky.



# Islands in the Sea of Being

by Ouran<sup>1</sup>, USA

NEAR AS I CAN determine, all a person is, is awareness located at a specific spot in space. The awareness looks outward in all directions, though inhabiting bodies has biased most of us into the habit of concentrating our attention in two directions: forward through the face, and down the length of the body itself.

At this point I should establish a definite word to use for it. This point location of awareness that is each of us, can be referred to as a spirit. I do not use the word “soul”, except rarely in a poetic sense. “Soul” is much too ill-defined and fuzzy of a word to be useful except when writing poetry. The Hindus use a term “atman”, and the Hubbardites use “thetan”, but these are too specialized and obscure for most people. I’ve also heard the word “nameless” used, and that is very apropos. Unfortunately it is too obscure for most people. Therefore I usually say “spirit” when I talk about you and I and all that is aware in the universe. The ancient Hindus more properly should have used the word “sat” = “I am.” Therefore “being” might be a useful English word to describe what some have called “The Nameless” — a term I find hard to use also because of the overwhelming sense of irony I feel when naming something “nameless”.

## Deva

This focused point of awareness, this spirit, has more than attention turned outward in all directions — it glows constantly with energy that flows outward in all directions as well. The ancient Sanskrit word for god is “deva”, from which we get our words “divine” and “devil.” Deva means “shining one”. This may not make much sense to you that the ancients would have used that name, but it’s because many of them

could see glowing spirits in the air. Almost no one in modern times can still do this, but it used to be an easy thing for many people to do. I’m not going to go into long explanations about why and how we have degenerated into materialistic meat robots. Some other time, okay?

A human being is a spirit operating a meat body, which organism is little more than an organic machine, sort of a mobile vegetable. A nice analogy for a person and their body would be a person driving a car.

## Mind

A spirit does not possess any mass, though it readily creates both mass and energy. A body is matter, that is to say, atoms and molecules organized into systems. Between the spirit and the body are at least three major levels of control which I can perceive. These three lumped together could be called the “mind.” The body itself possesses its own mental machinery, physically located in the obvious place, the brain. It also possesses many other less obvious mental mechanisms, most of which are the ductless glands. Please note that these ductless or “endocrine” glands are composed of modified nerve cells. These other sites taken together seem to roughly coincide with the Chakras of the Hindus. This brain and these glands interact with the spirit’s three levels of control to produce all phenomena associated with humans, from emotion and reason, on up to clairvoyance and “magic.”

The brain allows reality to be organized in the familiar fashion that we’re all accustomed to, but reality is quite different from what you think it is. The spirit’s point of view when

<sup>1</sup> Ouran is the nom de plume of a person doing philosophical and metaphysical investigation into the nature of reality and the mind. His website The Ghost Dance can be found at <http://www.censorthis.com/ouran/ghosthome.html>  
This article was originally written for non-scientologists.

bodyless is often radically different from what most people regard as “normal” reality.

Mind consists of consideration, of idea — plus energy. Thought at almost all levels consists of consideration, which is to say “meaning”, attached or tagged to matter/energy. A mental image is an energy field that has been given form, with just enough meaning attached to it for the person to identify the form. Visualize a chair, and “know” that it is a chair. This is a lot of energy, a literal “force field”, with a small amount of meaning attached. A thought on the other hand is the reverse of that. A normal thought is a very small whisp of matter/energy with a proportionally larger amount of meaning to it. (I perceive two levels of thought. There is coarse thought at a level below emotion, in the effort range. This is thought as you are familiar with it. But just before you think a visible thought a knowing occurs. That knowing is the actual thought at a high level above emotion and effort, with the visible thought its lower echo).

Think “chair” without forming a mental image, and all the meaning of “chair” is attached to a microscopic flicker of mass. The concept of “chair” contains such ideas as seat, legs, back, armrests, etc — everything that makes up a chair. But the thought itself is all that significance stuck onto a microscopic bead of matter/energy that is flicked into existence by the spirit, only to vanish instantly, unless held onto by the attention.

### **Aura – mind**

The lowest level of control is that contained within the body’s aura. This is sometimes referred to as the etheric body or etheric double; sometimes as the astral body. It is shaped roughly the same as the physical body, but is a little larger, extending outward through the skin a few inches in all directions. It is an energy field often containing images (mental image pictures) most of which are memories, emotion, effort, and maybe enough meaning to identify the images. There also seems to be some sort of machinery, as evidenced by the aforementioned chakras. All too often at this level, the images, ideas and machines are unviewed and unidentified by the spirit, and therefore they tend to persist and obsess. This is what Hubbard was describing with his “en-grams” and other mental junk. These unviewed

pieces of the past can be placed anywhere in relation to the body (out to a surprisingly great distance), but are usually spotted close to or within it.

The next level is the one that a person probably thinks of as their thinking mind. It is roughly spherical, centered around the location in the space occupied by the spirit. In most people that means centered on the body’s head. It is a sphere of awareness that in most people seems to be anywhere from a foot to three feet in diameter. It contains focused attention and organized awareness. It is at this level of energy that thinking (more than visualizing) occurs. It is characterized by big meanings tagged onto small matter/energy. (Let me digress for a moment and point out that there are two sorts of “personal space”: one is this spherical space of a few feet in diameter, which is a space you *have*, and the other is more like a sphere two inches in diameter, which is a space you are *being*. The two together form the area within which you do those activities you call your mind.

The next level above that, the one just below pure spirit as an absolute, has no shape, no limits, and effectively is as large as the area within which the spirit happens to be interacting with the universe. As an inflow it appears to many people to resemble a vast ocean of living universe, as though the whole physical universe were alive. As an outflow I perceive it as an infinite number of infinitely long rays extending outward. The oddest thing about them is that these rays appear to have zero diameter and be completely transparent — despite looking sort of like white lines. I can see them, but I can also see right through them! Odd. This level is characterized by considerations and ideas that are not attached to any mental energy at all, but instead are applied directly to the physical universe. This is the real sphere of influence of a spirit within the universe, and is the reason mental images may be found a considerable distance from the body. It is at this level that a spirit causes direct influences on the physical universe itself.

### **Size**

The “size” of a spirit is usually judged to be its reach, at what distance it can affect the universe. Another yardstick is the size of the space they are being. A third yardstick for judging the

“size” of a spirit is by the diameter of its personal havingness space. Most people seem to be about 2-3 feet in diameter. Some are only a foot in diameter. People that are a foot in diameter can be very annoying to others because they have no sense of violating other people’s personal spaces. If you’re no bigger than your body’s head then you don’t feel that you are pressing in on someone else until your head is literally up against theirs! This annoys people who are three feet in diameter when standing in line at the bank because the one footers stand too damn close!

Occasionally one will encounter a very large being. I have met people who can fill rooms, or even fill entire houses. Usually a person like this will not make others uncomfortable by their presence, just the opposite. In the past many large beings have been regarded as saints.

A fourth measure of a spirit is its amount of energy production — its “glow” — but that can be trained into a person with exercises. A better one, in fact the best, is how clean and clear the spirit’s space is. If it’s empty and the person is serene and *there*, you know you have met someone special (I did, and his name was John McMaster).

### Attention and God

The body is hypnotic. Hypnotism is the fixation of attention in one direction, usually at one object or person. The body acts to hypnotize a spirit by focusing most of its attention forward through the eyes (most of the rest is directed down through the body). This in turn gets the spirit into the habit of only using enough attention to fit its one directional needs. But if you close your eyes and fan your attention out, you will find that you can “look” with your mind’s eye in all directions at once. This will be a strain for most people because they don’t have enough attention to spread over that wide an area. Practice at looking at many objects simultaneously. This will span the attention and create more of it for use. Remember that a spirit has unlimited potential. Stretch and multiply your abilities by practice at holding in the mind as many separate objects as possible. The average

person can usually only focus their attention at first on 5 things at once.

Let me make one thing clear, I do not believe in the Judeo-Christian-Moslem God. Whether one says Jehovah, Yahveh or Allah, I see no evidence that any such personal and patriarchal being exists. Nevertheless, I have considerable subjective data which indicate that the physical universe is a creation. It also seems in an odd way to be itself alive, as a part of something which penetrates it and contains it. Call it “God” if you wish. I don’t give a damn. Not only does all physical matter seem to be alive in some odd way, but it appears that we spirits have the ability to infuse more life and beingness into matter, and into already living organisms. This ranges from dull students “coming alive” under the influence of a particularly attentive teacher, to pets which are “almost human” as a result of constant attention from a human, to potted plants which grow like crazy because their owner talks to them, to weird shit like a dilapidated car which runs perfectly in response to a loving owner. Unfortunately, the reverse is also true. There have been cases of cars which refuse to start when their owners are angry. People can screw up anything, even make a house nearly uninhabitable due to their ugly influence.

The medium through which this influence is transmitted is attention, and the flows are either love or hate. Extrapolate that ability to larger spheres of influence and it looks an awful lot like some of the abilities ascribed to “God.” Since I have personally witnessed a human walking around with a clear aura of tremendous size as a result of spiritual enlightenment, then I have to assume that we are all capable of such godliness. (God, I hate that word “god”! It just irks me to no end to have to use it.) The implication of my observations is that we are all, collectively, God.

But it does *not* resemble the puerile<sup>1</sup> superstitions of ignorant merchants, herdsmen and carpenters.

### Worship

My problem with the word stems from my clear perception that worshipping God represents a state of moral collapse (not moral in the sense of

<sup>1</sup> puerile;adj. foolish for a grown person to say or do; childish. *World Book Dictionary*

rules of behavior, but rather, moral in the same ballpark as morale.) and a complete subservience to something more powerful. Sorry, but I refuse to submit graciously and willingly to any higher anything. I can be forced to submit by force or the threat of force, but I would regard any beingness which did so to be a tyrant and enemy. Besides, I clearly perceive that any contact I might have with any infinite beingness would have quite an opposite effect, and help me stand tall, free and independent of control by force. That being said, there is something ...

That "God" — whatever it is — has an almost infinite number of eyes.

And those eyes are us. You and me and the guy down the street and the green skinned fellow living on a planet in the Andromeda galaxy. In addition to all the spirit-eyes inhabiting meat organisms, there are many more spirits that have no bodies. We are living in a sea of being. Spirits are everywhere. This fact is the foundation of all animist religions, like Shinto in Japan. Those who have not lost their spiritual sight due to disuse can see spirits floating in the air, clinging to fence posts, glued to framed photos on livingroom walls, inhabiting the heads of statues in parks or the headlights of motorcycles. Spirits are everywhere. And though I suppose that their number is finite and countable, in practical terms there are so damned many in this huge physical universe that their number is effectively infinite.

### Individuation

I said above that we are living in a sea of being. I was being poetic rather than precise when I made that statement. The sea of being is what we apparently split off from. Before we were individuals, we were perhaps part of an undifferentiated beingness that just is, but which doesn't ever say "I am." Or to be exact, the moment the sea of being says "I am only me" a new spirit separates from the None, the Nameless. At that moment a new eye of God has formed, a new point of view from which to look. The act of a new spirit entering the physical universe is symbolized by trump 0 of the Tarot deck. The Fool represents a new pal foolishly entering the universe, with no suspicions that going into agreement with its rhythms will subject it to joy and sorrow. (Hubbard did not understand The Fool because he had a misunderstanding caused by his familiarity with the Tarot

deck designed by Aleister Crowley. His remarks in the PDC [Philadelphia Doctorate Course – LRH lectures from 1952] are incorrect.)

### You

Your body is not you. Your mind is not you. Your memories that you hold so dear are not you. All the organization of your thoughts and ideas that you have carefully built up are not you. Your personality is not you. Your desires are not you. Your emotions or feelings are not you. Everything that you think you are, you are not.

You are a nothing. You are awareness at an arbitrary location in space, a location that you can change at any time. You surround yourself with thoughts and emotions and mental images but you are none of these things. They exist a few millimeters, inches or feet out from your location, with just enough space separating them from you so that you can look at them, experience them and manipulate them. They also often occupy not quite the same space as the physical universe, as if they weren't quite inside it somehow. If they were to exactly occupy the same space with you who are an eye of God, so that you would perfectly "be" (duplicate) them, they would vanish instantly. No thing in your mind may be duplicated by you and survive.

A spirit is almost like a hole in space. It is very much as if a small hole is punched in space and time, yet the space and time where it is still exist untouched, with a fresh creation of energies pouring continuously out through the hole. A spirit is nothing. It is not made out of matter and energy, and neither is it limited to any time. It creates time and is in command of it. Only in one way can it be said to have a time, in a weird manner: its mind has a time that it exists in, and that time seems to me to be the moment of the spirit's entry into this universe. The implications of that particular fact are unsettling in this manner: it implies that the physical universe is as much a person's mind as their thoughts, emotions and memories. The universe is your mind? Yes, apparently. But if it is then it's everyone else's mind too!

The Fool (Tarot trump 0) is a fool because he is entering this dark mind, forming it in accordance with the rules of this damned universe of ours... But he is still a god, a dreamer who dreams with eyes open, whose dream is the universe.

□

# Evaluation and the Disaster

By Ralph Hilton, Austria and Peter Graham, Australia

*The following first appeared on the Internet News-group alt.clearing.technology at the end of January 2000. First Ralph Hilton's contribution:*

I'VE BEEN GOING through the Data Series again amidst other things. It seems that there is an unstated Barrier to Study which Hubbard refused to acknowledge:

**Study Barrier 4:** There are outpoints<sup>1</sup> in the material being studied.

Outpoints abound in Scientology materials — falsehoods such as a Clear having perfect recall, contrary data such as different definitions of Clear.

In studying Scientology students are persuaded to invalidate their own ability to perceive outpoints. A person's intelligence is directly related to their ability to spot outpoints.

Thus in relation to Scientology students become less intelligent if they compromise with their own perceptions. They become more and more dependent on the organization to evaluate reality for them as they invalidate their own perceptions more and more.

Reasonableness is the justification by the analytical mind of the actions of the reactive mind (per *DMSMH*).

## Essential

The Data Series Evaluators Course is one of the most expensive courses in Scientology. It's very heavy on practical with a set of issues on the drills about an inch thick.

The Data Series is, in my opinion, an essential area of study for Scientologists. It is necessary

having studied it to restudy it looking for the outpoints in it.

It teaches a method of thought and study that is in direct contrast to the "Golden Age" of tech and the evaluative "Find your misunderstood!" of the robotic course supervisor.

Scientology seemed to have gone insane around 64/65<sup>2</sup>. A few people who were there then have commented on it.

It follows that there is a major piece of out tech introduced at that time.

The major activities — R6 — Clearing .Course. and the shifting of importance from Actual Goals, study tech, SPs, power processing, ethics conditions.

It is quite a mish-mash.

The most horrible outpoint of the time seems at the moment to be the definition of an SP. Hubbard earlier talked about the "Merchants of Chaos" but in a manner as if they could be easily handled. He lost his confidence somewhere in there. His opinion of his fellows dropped as evidenced in KSW. There might have been a lot of out tech in the area of Power Processing.

How about anyone who was around at the time or has studied the tech of the time coming up with their own list of outpoints.

It should be possible to evaluate this thing with the amount of data we have available.

Ralph Hilton <http://Ralph.Hilton.org> Freezone International: <http://www.fzint.org>

<sup>1</sup> Outpoints are dealt with extensively in the Data Series. The data series is published in *The Management Series*, first edition (1974), and in Volume 1 of *The Management Series*, second edition (1982). Among the definitions is "illogical data" and "simply an illogical departure from the ideal scene". By finding the area with the most outpoints, one can then find the area which, when given expert attention, will best lead to the ideal scene. *Ed*

<sup>2</sup> The beginning of the disaster referred to in the title. *Ed*.



## Reply

*To Which Peter Graham replied:*

I was at Saint Hill from early September 1964 to July 66 and am familiar with the Data Series of policy letters and did most of the Data Series Evaluator's Course in 1974.

Several others have suggested that the change started in mid 1964 when Hubbard moved from researching a being's "own GPMs" to "implanted GPMs". Prior to that he had said that a person's own GPMs were about 1000 times more charged than implant GPMs. It was indeed an odd thing for him to do. I did not personally observe any other change in LRH, his personality or the way he ran his orgs until early in 1965.

From my observations, the change in Hubbard directly followed the publication of the results of the Melbourne Inquiry into Scn around that time. They were quoted in the press around the world. The findings were damning in the extreme. The opening paragraph said (paraphrased) that "Scn was an evil racket with no redeeming features whatsoever". It went on and on with nothing positive to say despite the fact that about 60 people had testified as to how it had benefited them.

That upset Hubbard *big time* and he became noticeably hardened thereafter. It was his evaluation that the whole inquiry mess had come about because of two particular men, both of whom had been on the Melbourne org's lines for some years, one who assisted the enquiry, and who testified against Scn and Hubbard. In his view, they should have been kicked off the org's lines much earlier as they had repeatedly been troublesome, made no gains, etc. etc.

He also realized (right or wrong) that all the main troubles orgs had experienced (bad press, legal problems, etc.) from Day One had come from such people or from people connected to such people. His primary solution was to put in place a mechanism to detect and declare such people to be "Suppressive Persons" and those connected with them to be "Potential Trouble Sources" and to get them off org's lines.

## Strange behaviour

The first "strange" behaviour that I noticed (inconsistent with his earlier material on Scn and how to study it) was when he wrote "Keeping

Scn Working" (7 Feb 1965). Soon thereafter (7 March), he introduced the so-called "Justice" system, later renamed (misnamed) as the "Ethics" system (22 April 65). The 7th of March 65 also saw the introduction of declaring people to be "SP" or "PTS" along with the infamous practice of "disconnection". As I see it, these mark the beginnings of the protective/defective shell which later led to an organization that many today regard as a cult. In 1966, the "Guardian's Office" was formed (with its Legal, PR and Intelligence units to handle "the enemy") and in 1967, the "Sea Org" was started with its military/naval structure and behaviours. Also in 1967, he clarified that the purpose of "ethics" was to remove "counter-intentions" and "other-intentionedness" thus further confusing what ethics is.

It is my conclusion that the basic "why" was that he responded badly to the attacks on Scn and himself (specifically, the 1963 raids on his churches in the USA by the FDA and the damaging Melbourne Inquiry) and went into a massive *games condition*. He seemed to completely forget the data on games conditions and their consequences. Simply put, the game was on and he was at war. The rules of war are different and sometimes "the end may be seen to justify the means". Having set himself and his followers on this course, he just kept going in that general direction. "Policy" and "Tech" later became the dominant chants in his orgs and the basic Philosophy of the subject (which is actually senior to both tech and policy) tended to be de-emphasized.

## Important — with exceptions

The "Data Series" articles do have some useful material in them (especially the first half dozen) and they are well worth a look. After all, the subject of evaluation is extremely important. However, there are some major outpoints in the "Data Series" approach to problem solving.

Early on in this series of articles, the idea of an "evaluation" concerned evaluating data i.e. establishing its value by determining its validity, etc. Later on in the series, the word "evaluation" came to be used to describe a problem solving procedure, where someone identifies a "situation", collects "data" on it which leads to a "why" for the problem and opens the door to a "solution".

He tried to make it into a sort of tech, a procedural process, but it did not work well at all when used by people with thinking problems, strong biases, fixed ideas, poor critical thinking skills, etc. And it was not easy to come up with a "why" that did not agree with the prevailing "group think" or where it would be politically unacceptable.

The biggest outpost in the Data Series and the "evaluation" (problem solving) method presented was that there was no reference to the basic philosophy of the subject when doing an "evaluation". Policy was the senior referential point (stable data) in doing an "evaluation". The relationship between technology, policy and philosophy was not included in the Data Series<sup>1</sup>. Sure, it talks about "ideal scenes" but these are not the same as using the basic philosophy of the subject (the basic principles, values and ideals of scn) to guide you in the way you do an evaluation and the way you interpret and apply policy and technology and the way you handle/solve each situation. In other words, there

was no place in an "evaluation" for the relevant philosophical data to be identified and included in the evaluation.

So, yes, I agree with you, there can be "out-points in the material being studied".

And, Study Barrier 5: An inability to competently evaluate data.

There is a Study Tape on this topic but it does not go into it very deeply and does not cover the evaluation process or how to evaluate in any depth.

In The Logics, it says that "A datum is as valuable as it has been evaluated". It should read "A datum is only as valuable as it has been competently evaluated". Unfortunately, the Data Series evaluator's course does not greatly enhance that particular skill and does not adequately teach how to go about evaluating data.

Best regards

Peter Graham

□

1 See Peter Graham's article "Philosophy, Technology and Policy" in IVy 33 (also available on Internet, links through IVy's Home Page). Peter is planning further articles on the Data Series. *Ed.*

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# Org Experience

Open letter to: Ken Ogger "The Pilot"  
by Denis Seignez, France



Dear Ken,

I READ SEVERAL of your postings and articles on ARS and IVy. I loved them!! I want to warmly thank you for your help. I appreciated most of what you wrote but the point on confidentiality of upper level materials has to be discussed.

Of course I don't understand why New OT I is confidential, as there is no need for it. Now just let me tell you what happened to me with these upper level materials.

In September 1982 while audited on Grade 2 my auditor went out tech. She did with me what is called "feed the PC with a cognition". In that case it was with OT III EP and cognition. I wasn't aware of what she did until January 1986.

First I got a three weeks persistent F/N followed by a huge collapse. In December 1983 I landed in the RPF<sup>1</sup>.

In February 1984 I was about to drop my body, as I couldn't stand the heavy pressure of restimulated masses. Luckily I found the way to extrovert and pressure decreased. I was safe.

On the RPF I completed Grade 2, attested to Clear, I did the Sunshine Rundown and Solo part I. I also did my FPRD<sup>2</sup> on 8 dynamics.

As far as I understood you don't like very much the FPRD, but I can tell you that for those who need it, it is extremely good and effective I got not less than 50 evil intentions out of my mind. Amongst them 15 were taken out on the subject

of the 1st dynamic which explained the out tech that occurred on Grade 2.

After that my life quite changed to say the least!

In January 1986, I got to know what happened to me and it was a relief. I found the way to unload myself by using *Problems of Work* chapter 7. Little by little my tone level is regularly raising and 14 years later I'm still using the same tech with the same good results.

It is difficult to estimate the amount of charge and masses having been restimulated and it doesn't seem to be just OT III.

Now I read nearly all available OT materials one can find on the net. I did new OT I.

I did not die of pneumonia although there is an incident on my case which makes me cough when restimulated.

My own viewpoint, today, on this, is that it is dangerous to go reading upper levels materials without being prepared. I do not know if it is the materials or the out tech which is the most dangerous or if it is both.

I'm aware that confidentiality has been over dramatised and made the situation worse than it is.

Let me know, what do you think about this situation? Let me know how I can help you in exchange for your help. How can I buy your books<sup>3</sup>?

Friendly yours, Denis Seignez

1 RPF (Rehabilitation Project Force) — a work force where people were sent who had made gross errors for Rehabilitation. Conditions were very severe. *Ed.*

2 FPRD: False Purpose Rundown, an auditing rundown introduced about 1983. *Ed.*

3 The Pilot's two books are available for free down load from <http://fza.org>. For duplicated copies write Michael G Hunsaker, One Bird Booksellers, 831 Main Street, Martinez, CA 94553, USA. He sells *Super Scio* for US\$70 and *Self Clearing* for US\$33. Postage paid to USA. Write in to get prices for other areas. *Ed.*

*The Pilot gave a brief reply, as follows:*

The crash he describes sounds like the common crash which follows a keyed out OT state (or maybe even the lighter ext/int crash).

ACW [Alan Walter, Knowledgism, see Home page at: <http://www.knowledgism.com>] has also observed these crashes and calls them Ascension Experiences, so they show up even in significantly different technical approaches.

One goes up the pole and then falls off.

The one I experienced in '68 had no exposure to confidential data associated with it. Many I've

heard of from other people didn't have any confidential data either, so I don't think it was a significant factor either way.

I'm also curious what he thought was the OT 3 cog. When I did the level, the EP was simply no more BTs. [Also when I did it. *Ed.*]

If he means the "you are totally responsible for the condition you are in", that is not confidential and never has been, it is stated again and again throughout the tech, mostly in non-confidential references. □

## Winning and Losing

### Letter to a Non-Scientologist Friend

by Britta Burtles, GB

Dear Ian,

#### **Convince me**

Thank you very much for your thought-provoking letter. Instead of getting "my own back", as you suggest, I will now add a few points for you to view and take on board, or reject and throw over-board. — By the way, I have come to the conclusion that the expression "You convince me" or "I convince you" are misnomers, since the only thing I can do is use words to try and invoke in your mind the exact same "picture" I have in mine. You then examine, assess and evaluate this new picture and compare it with all those already "stored" in your mind. Finally you decide, you convince yourself, either to totally accept the new picture I showed you, or to totally reject it, or half and half.

#### **Exchanging pictures**

In a discussion we exchange pictures. Then you either agree with my viewpoint, which is pleasant and obviously the preferred option, or you have a different opinion and proceed to "show" me your picture. If I understand and agree with it, and find that you have shown me an angle of the subject I had so far not considered, I will accept it. This way I will have learned something, and will have broadened my horizon.

In terms of a game, I win whatever happens, and so do you if you decide that this is not a game to score points but rather one from which we can both profit. I think it is a question of attitude and space. If I keep a good distance from the subject and stay flexible, I can win, even if I agree to change my mind. Every person decides for himself how he wants

to play the game of words. Besides, in any game people only lose if they decide/agree to have lost. I agree: In games and sports a win without a loss is a draw. Likewise it would be a draw, if despite my repeated rewording of a certain "picture", you still could not convince yourself to accept my view, or vice versa. Then we would just agree to differ.

I also agree that we have an inbred need to win, and that this is closely linked to our basic, instinctive desire to survive. You say, "...a win is all the sweeter when the other person loses in as big a way as possible." Yes, if you are talking of someone who is very young and inexperienced, insecure and immature, or someone who lives and operates on the same moral and ethical level as a person who needs and wants revenge and retribution.

## Nelson Mandela

I am glad Mankind has advanced sufficiently to include at least some, like the Mandelas of this world, who have freed themselves from the most base, repugnant and barbaric instincts there are, and feel strong and secure enough not to need them as a crutch to prop up their sense of survival. Some time ago I realized why, when very young, I wanted the others to lose the games we played: I was shy and insecure, so I needed the other person to be reduced. By winning a game I appeared bigger and stronger, while the loser seemed inferior and was no longer a threat to my survival. That gave me a delicious kick. These days I get my kicks from games where I not only win, but have the other person win as well. Besides, winning and feeling great because the loser feels destroyed, is a bit like making the other person "pay" for my pleasure. Dodgy, don't you think? Oh yes, I do count my blessings, but I am not so keen on gaining them at someone else's expense.

As for getting back into my good books, Ian, — that game you have definitely won, but needless to say, so have I! What with all the time you have spent reading my essay several times, and then even replying to it! I very much appreciate this, as one of my favourite games is communicating and exchanging views.

Yes, the written and unwritten rights, rules and laws of the games we play in this "the best of all worlds" I call "free-

doms and barriers". Some of the unwritten rules, also called "tacit agreements", are morals which groups have set up for the optimum survival of their members.

## Code of ethics

Every human being has of course his own "code of ethics", although by no means do all elect to follow it at all times. Many are not even aware of their own code of ethics, or they feel "forced" by circumstances not to comply with it, naming all manner of "reasons" to explain and justify their dubious or downright unethical actions.

I agree, there probably are inbred biological reasons for men and women sometimes to have a different understanding of some rules. Fortunately, if two partners take the trouble to communicate, they can reach an agreement. I consider, each of us decides for himself to control these biological "reasons" and instincts, or decides to be controlled by them. Accordingly, we create our life and are in charge of it, or we allow these instincts to rule us.

## We can all win

There are, of course, tons of games where we can win and no other human being has to lose. Such wins are all the more gratifying for knowing that nobody was made unhappy through losing. Just think of nurses whose constant game it is to look after and make the sick as comfortable as possible. Their opponent is illness. Artists' and in-

ventors' games are to create something of beauty or of use; gardeners' games are to grow and cultivate plants; and a salesman's game is to provide people with what they need or want. Etc. etc. In such games everyone wins.

We humans still need games where "You win and I lose" or where I try to prove that "I am right and you are wrong", but I see no reason why we cannot gradually increase the number of chosen games in our lives where all people win. For the rest we can look towards and postulate a future in which losing will be replaced by sharing the spoils of games rather than prising them away from each other.

I admit, some traps (of my own making) are still lurking in shady corners of my mind and slow me down when "I" wish to gallop enthusiastically towards those beautiful sights of friendly communion which are spreading enticingly in front of my mind's eye.

While my feet are firmly planted on the ground, and I live happily in today's "real world", now and then I look far ahead, as I consider it important to keep that positive aim constantly in mind and to work towards that kind of goal for the future. Come to think of it, it is another of my favourite games.

I wonder what you make of my excursion to beyond the horizon?

Love, Britta.

□

# Malnutrition and Auditing, A Talk

by Chris Dunk, G.B.

*This is a version of a talk given at the London Forum for Personal and Spiritual Growth conferences on the 8th April 2000. Ed.*

## What LRH said about drug effects.

HCOB 28 Aug. 1968: Drugs: Drugs are essentially poisons. A small amount gives a stimulant. A greater amount acts as a sedative. A larger amount acts as a poison and can kill one dead

Caffeine is a drug. So coffee is an example. 100 cups of coffee would probably kill a person.

HCOB 17 Oct. 1969: aspirin and tranquillisers: by actual test, the actions of aspirin and other pain depressants are to:

A: *Inhibit the ability of the thetan to create mental image pictures, and also*

B: *To impede the electrical conductivity of nerve channels*

When the drugs wear off or start to wear off the ability to create starts to return, and *turns on somatics much harder*. One of the answers a person has for this is more drugs; the compulsion stems from a desire to get rid of the somatics and unwanted sensations again. There is also something of dramatisation of the engrams already gotten from earlier drug taking. The being gets more and more wooden, requiring more and more quantity and more frequent use.

Chronic drug takers who have not had drugs specifically handled may go back to drugs after auditing as they were too drugged during auditing to get rid of what was bothering them and which drove them to drugs.

HCOB 31 Aug. 1974 Drug rundown: The effects of an omitted or incomplete drug rundown are severe enough to deny a person any lasting case gain.

HCOB 4 Jul. 1971 Drug handling: in investigating a series of cases who were not making

it, I found in each one that the person had been on drugs or alcohol and that drugs or the alcohol had not been run out.

\*\*\*

## Commonly-used drugs Caffeine

Caffeine is an odourless, slightly bitter, alkaloid chemical found in *coffee* beans, tea leaves, and *kola* nuts. It can be manufactured synthetically in the laboratory. In small amounts, caffeine acts as a mild stimulant and is harmless to most people. In large amounts, however, it may result in insomnia, restlessness, and anxiety. Caffeine increases heart rates and can cause heart irregularities; it knocks out testosterone from the system, thereby producing lethargy, lack of drive and lack of libido in the long term. Some researchers maintain that heavy coffee drinkers are more prone to develop coronary heart disease. Caffeine decreases blood flow to the brain, however, and has been used in treating migraine headaches. It is also used in treating cases of poisoning by depressants such as alcohol and morphine, and studies suggest that it somewhat increases the effectiveness of common analgesics such as aspirin. In plants, the drug apparently functions as a natural insect repellent.

## Nicotine

Nicotine is an extremely poisonous, colourless, oily liquid alkaloid that turns brown on exposure to air. The most potent ingredient of the *tobacco* plant, *nicotiana tabacum*, is found mainly in the leaves.

Nicotine can affect the human nervous system, causing respiratory failure and general paralysis. It may be absorbed through the skin. Only two or three drops (less than 50 mg) of the pure alkaloid placed on the tongue is rapidly fatal to an adult. A typical cigarette contains 15 to 20 mg of nicotine. However the actual amount that reaches the bloodstream and hence the brain through normal smoking is only about 1 mg per

cigarette. Nicotine is believed to be responsible for most of the short-term and many of the long-term effects of smoking and for the fact that tobacco smoking is such a powerful habit. Nicotine can be produced in quantity from tobacco scraps and is used as a pesticide. It is also converted to nicotinic acid, a member of the vitamin B group, for use as a food supplement.

Paradoxically, Nicotine requires a lot of vitamin B3 in the liver to break it down and render it harmless. This robs the system of B3 for metabolic functions. Vitamin B3 is known as the schizophrenic vitamin. That is; it is instrumental in reducing the symptoms of Schizophrenia. (valence shifts with valence walls between the shifts so that one personality has no awareness of the others?). A deficit of vitamin B3 can produce valence shifts. This means that those who audit over heavy nicotine uptake and do not supplement B3 and B Complex in large doses, may be prone to valence shifts in auditing. The effect of this is that the auditor may not spot the shift in valence and this leads to auditing from several viewpoints which in itself creates a myriad incomplete cycles and masses of bypassed charge.

### **Opiates (Laudanum — Morphine — Heroin — Codeine)**

A narcotic drug, opium, is obtained from the juice of the immature fruits of the oriental poppy (*Papaver somniferum*). There are over 20 natural alkaloids of opium. Including *codeine* and *morphine*.

Codeine is found not only in proprietary pain killers, but in cough medicines. Opiates are also found in lettuce, which may be the reason for the old wife's tale that one should give a restless baby a lettuce leaf to chew on to make it go to sleep.

### **No sustainable gains?**

So all of these Drugs, taken in even small quantities can inhibit one from getting gains in auditing. Anything which prevents the production of mental image pictures, or suppresses somatics, or produces valence shifts, can be dynamite to the case. And, like Ron reported in HCOB 4 Jul 1971, I too have found that people who have come to me complaining that the Tech didn't work for them, have at some time audited over one at least of the above drugs. In fact, I

have seen many people who would not go into session before they'd had a cup of coffee, or some chocolate, or a cigarette, or all three drugs, "to get their metab up".

### **The Remedy?**

For a person who complains s/he has not had the gains promised and has audited over the drugs outlined above, I recommend retreading the levels audited over those drugs. When this is done, it is remarkable to see that they find that the tech does work.

\*\*\*

### **Metabolism. Proteins**

Proteins are among the most important factors in our bodies. The name comes from the Greek, meaning Prime or Chief. They are made of amino acids, of which there are many different sorts. Proteins form antibodies of the immune system. Finally, they act as enzymes which facilitate the chemical processes of the body.

### **Amino acids:**

Amino acids: are essentially structure builders — hair, bones, cells. They allow transport of nutrients throughout the cell. They act as hormones throughout the body.

### **Hormones,**

Hormones, co-ordinate bodily processes at the molecular level.

### **Xeronine**

The proteins which perform as hormones, enzymes and antibodies, need a substance called Xeronine. This has a unique property of being able to extract the energy from water and donate it to the formation of the various proteins.

Xeronine is derived from a plant substance called proxeronine. All healthy plant and animal tissue should contain proxeronine. If we eat a good diet we should get all we need from our food. But we are being fed on foods cultivated from mineral and micronutrient-depleted soils. We are getting less and less proxeronine.

Very active people, stressed people, and older people need more — not less — Xeronine for hormone, enzyme and antibody production. Most people are not getting enough proxeronine for their needs. The result is a decline in health.



If we get too much, we simply break it down and excrete it.

But in the plant, it cannot excrete the excess proxeronine. And because it contains vital nitrogen, they like to keep it and store it. The plant concentrates the proxeronine. But in order that it does not break down in storage, the plant adds strings of molecules to this concentrate. And this altered Xeronine compound becomes an *alkaloid*.

### Alkaloids

Now, although the alkaloid is inert in the plant, when we take it into our body in the form of nicotine, or caffeine or opiates, etc., these alkaloids are so similar to Xeronine that our body accepts them for its protein production. And because the body might already be depleted in Xeronine and the alkaloid represents such an abundant supply, the production of hormones, enzymes and antibodies becomes quickly dependent upon the alkaloid.

These foreign alkaloids flood our body and produce large amounts of proteins giving us a high. Many drugs are alkaloids and depend for their action upon the body's need for Xeronine. So if we supply the body with pure natural Xeronine, we can get the same effects as we would get from using drugs such as coffee, nicotine and

opiates. In fact if we flood the body with Xeronine, it is possible to reverse the addiction to the foreign alkaloids

### Morinda Citrifolia.

There is a plant which produces an abundance of Proxeronine. It is called **Morinda Citrifolia**. When the juice is taken in small amounts under the tongue, the active ingredients go directly into the blood stream and then find their way to the liver where they are released systematically to fuel the body's hormone production. Taken every hour in this manner, it is said to override the cravings for alkaloids and unhook the person from the addiction without withdrawal effects.

Morinda Citrifolia has a wealth of other constituents which are good for the body and assist in fighting disease conditions. Some of the responses to Xeronine reported by Dr Heinicke (a biochemist who has studied Xeronine for many years), include: lowering high blood pressure, stopping menstrual cramping, relieving arthritis, eliminating gastric ulcers, helping heal sprains, preventing mental depression, slowing senility, aiding poor digestion, lessening atherosclerosis, stopping drug addiction, decreasing pain, healing burns, curing tropical infections, inhibiting pre-cancer cell growth. □

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Help get the message around the world, that there is a theta Scn. comm line in existence, where expanded Scientologists can get inspiration and new viewpoints.

**Write now with addresses!**

# London Conference 2000

by B J G. GB

What do old fishermen do?  
Find a new plaice? Look for their sole?

What do old Scientologists do?  
Interesting question. I think some pretend they are not Scientologists. Some read *IVy* mag. Some audit. Some surf the net and some go to conferences.

One of these was held in London in April and I was there. To be fair not all those attending were ex Scn. One man and his wife I chatted to had been receiving Book 1 auditing for some years but had never been in the church.

What a concept .... the tech without the church.. MMmmm

So what's in it for me? Each time the conference comes round I have the same thoughts:

1. I am too busy to go.
2. I am very glad I went.
1. Do I want to listen to XXXX again?
2. XXX was OK. I am very glad I came to hear YYYY.

1. I hope the food will be good.
2. Food and organisation are stunningly good.

Each time I come back with the same thought:  
Yes there are people like me and yes, close family aside, I probably fit better with this bunch than any other group I am part of.

The lectures vary and I am well aware that not everyone likes the same talks as I do. Looking back a month later there are some I frankly don't remember well. MUs you might say? Yep, probably!

## Snippets

Here are some snippets I do recall:

Ant gave out a good trauma handling technique which was a pick up and run process i.e. just pick up the instructions and run them. My favourite.

Mick Manais spoke about Stimulus Response Mechanisms in general and Behaviourism (Pavlov's dogs), at one point illustrating the talk with a furry friend who did behave very well. Obviously this tech works. (Or was it just that the animal concerned was a cuddly toy?!)

Barry Fairburn (who spoke about DIY Tech tools) Nev Chamberlain (Life Processing — new tech from the

Knowledgism Center in Dallas), and Chris Dunk (Auditing and Nutrition) are all regular speakers and very entertaining they are too. Each of these men, Mick too, are so very *real*. It's good just to be in their space and inflow.

I am happy to personally recommend a) Barry and Mick as friends and/or counsellors b) Knowledgism tech, as I have had some myself but not the life processing and c) Chris' centre in the Peak District in the UK where one can have an intelligent nutrition and body overhaul.

I should emphasise that none of these four good people, nor anyone else that I noticed, were in sales mode; the atmosphere of the day was friendly and definitely safe.

Of great interest to me was a computer attached to cans with a programme that can be used as a meter. It was developed by Nic Ford and Ralph Hilton. I had great fun watching movement of my "needle" being graphed and played with it all through lunch time.

Nic Ford put an interesting question to us as to whether we've come across alternatives to Scientology which have had comparable magnitude or impact upon ourselves. He then introduced us to the philosophy of Seth, a spiritual entity channelled by Jane Roberts, who has become well known as the author of a collection of books containing Seth's enlightening words of wisdom.

Chris Dunk amused the crowds between speakers with some energy games, some of us even became experts in detecting energy fields with bent coat hangers!

New kid on the block was Steve Bisbey who gave an interesting talk on Bespoke CSing versus Pre-set programmes. Steve has developed his own counselling techniques and is employed by Lambeth Council, London to help traumatised victims of crime. He also takes on clients privately. As a result of his helping casualties from the London nail bomb (some time ago now) Steve was invited to meet HRH Queen Elizabeth II. Well Steve met some of us for the first time and as with others, it was good to swap stories and dreams for the future.

I came away after the optional evening meal full of curry, images of Spain (a good chat over the curry about dream locations) new books to read, places to phone for help/counselling if I need it, new and old friends and a lightness of the spirit. ☐

# Humor — A New Year's Tale<sup>1</sup>

by The Pilot (AKA Ken Ogger), USA

CASEY CLAM AWOKE with a grin on his face.

It was New Year's Eve AD 99 [2049] and the Dianetic Centennial was about to begin.

And his stats had been up, so he even had the day off with no obligatory courses to attend, a truly rare treat.

He whistled "Onward Ethics Soldiers" as he dressed and rakishly selected his Hub-the-poet beret instead of the conservative Fedora that he usually wore.

He was a teller at a lending house, so called ever since the word bank had gained a dirty connotation, and their dress code was very strict. But he was free of that for today.

Then he went down to the garage and climbed into the car as he was required to do each morning. Of course it didn't start because there had been no gasoline available to the public for years. But standard tech works and no further technology could be developed after Hubbard's death, so there was no choice but to use a 20th century automobile that burned a fuel long gone.

Next he ritually intoned the formula, assigning the car a condition of Danger and announcing that he was going to by-pass and handle. Then he got on his bicycle and rode off as he did every morning.

But this morning he had no obligations, so he decided to go down to the supermarket and do some shopping.

It was only a few blocks, but he still nearly had an accident, skidding dangerously close to a new pit that had opened up on Hollywood Boulevard. The highway department had put up

a big sign saying "This street is Fixed", but as usual, he couldn't seem to agree with the sign and the hole remained in his universe. He could only hope for the day when he became OT and could see the street as fixed when it was so labelled.

Finally he was in the market picking through the poor selection on the nearly bare shelves. Even so, he found a fine treat in the form of a yummy chocolate cake along with the usual bags of theta rice and superpower beans.

But when he headed for the checkstands, he couldn't find Cinthia, his usual checker girl. So it was with a sense of foreboding that he entered an aisle managed by a formidable looking woman with a fearsome frown on her face.

"And what have we here? Chocolate Cake? Could this be a violation of Precept Number 4, Maintain a Healthy Diet?" she said, staring pointedly at his slightly protruding belly.

"Ah ... Uh ..." he stumbled.

"Should I call the store sec checker or do you want to put that back?" she asked.

"I guess I'd better put it back, wouldn't want to be out ethics after all" he said nervously.

So finally he ended up with nothing more than rice and beans plus some soup whose cans could be donated to the local auditor's association after he had eaten their contents.

On his way out, he had to use the store's restroom. That was when he found out what had happened to Cinthia. She was standing there, dirty and bedraggled with a toothbrush in her hand as he exited the stall.

1 Posted on Internet 30 Dec 1998. This may not seem funny to those who have not seen the inside of a Scientology Org in the late 60's, 70's or 80's. To them we can say that it does give an idea of the mentality working in such an environment gives you. *Ed.*

"What happened to you?" he asked.

"I'm not supposed to talk", she said, pointing to the dirty grey rag around her arm. "They put me in liability for letting downstats like you get away with cakes and things."

He grimaced and walked off, wishing bitterly that he'd thought to flush twice.

Then it was back to home, carefully balancing the bicycle with its heavy load of rice and beans.

But he cheered up as he remembered that tonight he would get to have the annual glass of champagne at the Org's party. It was one of the few times when alcohol was permitted and he did indeed like the stuff. Perhaps they would even give out seconds considering that it was the centennial.

But as he thought of the pleasant gaiety that was to come, he realised with horror that he had a terrible present time problem, one that might well ruin his life.

It was a misunderstood word actually, a word in a stupid new year's song, and he didn't know what it meant. And they would sing the song again at the Org's Party tonight.

He'd tried to look it up in the dictionary, but he couldn't find Oldang sine. Perhaps it was a psych word, maybe referring to Old Anxieties or something like that which had been purged from the dictionaries as psych enttheta. Or maybe he wasn't spelling it right.

Whatever the reason, he had been unable to clear it up himself on the sly and he didn't dare go to the word clearer because he would have to admit that he'd had a misunderstood all these years. In actual fact he'd simply never noticed the word until last year, but they wouldn't believe that. They'd be sure he'd had MUs and it was sung at the org and everyone knows that MUs lead to overts, so they'd insist that he had overts on the org and put him in the RPF for sure.

And the aqueduct which fed Southern California was crumbling again, so the state was hungry for RPFers. Once in, he'd never get out again, there was just too much work to do and too many ways to keep people in.

Maybe he could brave it out again this year, but he was sure it would show on his face, and there

might even be a real OT reading minds at the New Years party and that would finish him for sure.

He couldn't risk it, he had to get the word defined before tonight. And he couldn't miss the party either. The only excuse was sickness and all sickness equals PTS. Being declared PTS would certainly cost him his job at the conservative lending house and he didn't relish cleaning toilets for the rest of his life.

So he had to get the word defined.

But how?

Anybody he asked might betray him, and maybe they wouldn't know the answer either.

He paced back and forth looking for an answer, going from the bedroom with its Freewinds pillow cases to the kitchen with its Mary Sue memorial teapot and back again.

Finally he pulled up a hardbacked chair and sat in the TRs position, assuming the stare and praying intensely "Please Ron, Help Me!"

And then he cognited on his one chance, a risky endeavour but one so out of character for him that he might get away with it even though it was grossly out ethics.

He would go to the Squirrel Easy that was rumoured to be hidden in an abandoned warehouse down on Hudson Street. Surely the evil squirrels would know the definition of that damn psych word.

Soon he was peddling his bicycle as fast as he could, hurrying to cover the many miles to downtown before it got too late.

Once at the door, he couldn't remember the password that he'd heard whispered in the executive washroom at the lending house. He was ready to start crying when it finally came to him. "Mayonnaise" he cried with a sense of triumph.

"Mock up a way to keep your yap shut until you're inside the sound proofing" snarled the gatekeeper.

"Sorry," said Casey. "I've never been here before, what do I do?"

"First you pays the admission. Then you take off your clothes and put them in one of those lock-

ers. And put on this mask so nobody can recognize you."

In a short matter of time, Casey was stepping out onto a huge dance floor and struggling mightily to keep his TRs in at the sight of more nude bodies than he'd seen in his entire life. Nude, that is, except for the party masks that everyone was wearing.

He just stood there gaping for the longest time until a girl came over.

"Shut your mouth, you'll catch flies," she said. "First time at a Squirrel Easy?"

He nodded dumbly.

"Well, you don't look so bad. Wanna make a deposit in my bank?" she said, gesturing towards her crotch.

"Na.. Na.. No," he managed to squeak out. "I have a squirrel question."

She laughed. "There haven't been any real squirrels for years. The thought police would've shut us down long ago if there were any here. We just practice out 2D."

"Oh No!" he cried. "I'm in the RPF for sure unless I can get a definition for Oldangsine."

"Hub Farts!" she exclaimed. "Well, let me ask around, you paid the fee so you're at least entitled to some help."

She went off and he just stood there, trying to keep his TRs in without staring at all the banks that everybody was parading around.

When she came back, she had another girl in tow. He tried to resist but finally his confront collapsed completely and he began staring down at her breasts. "Those are just secondaries," he justified to himself, "not the core of the bank."

"She knows a song that her mother taught her," the first girl said. "This is the real origin of the word before the org alter-ised it. Its by Alan Sherman."

The other girl came up close to him and began to sing in his ear. He had to lean close to hear her over the dance music and that brought him dreadfully close to passing out from the closeness of her breasts.

"There was a man, his name was Lang, and he had a neon sign. Mr. Lang was very old you see, so they called it Old Lang's Sign."

"At last", he thought, "I am saved. Now I know what it means!"

He almost leaned over and kissed her, but he felt his R6 restimulating and feared that his bank would rise up. So instead he hurried towards the door, shouting his thanks behind him.

It was getting dark as he pedalled home, but he still had enough time to dress and make it to the org before the party started.

And he was so keyed out that when the registrar asked him for his New Year's resolution, he signed over an entire ten thousand dollars. Money that he could ill afford, but he didn't mind in his joy at escaping the RPF.

"You've managed to pay for HSSSC, the Hubbard Standard Shoe Shining Course," the reg exclaimed with excitement.

And Casey beamed with joy as his resolution was announced to the crowd.

"But my really big win will come later," he thought to himself.

For at midnight, he planned to scream "Old Lang's Sign" at the top of his lungs when they sung the song.

\*\*\*\*\*

Here's To a Happy New Year of Joking and Degradation,

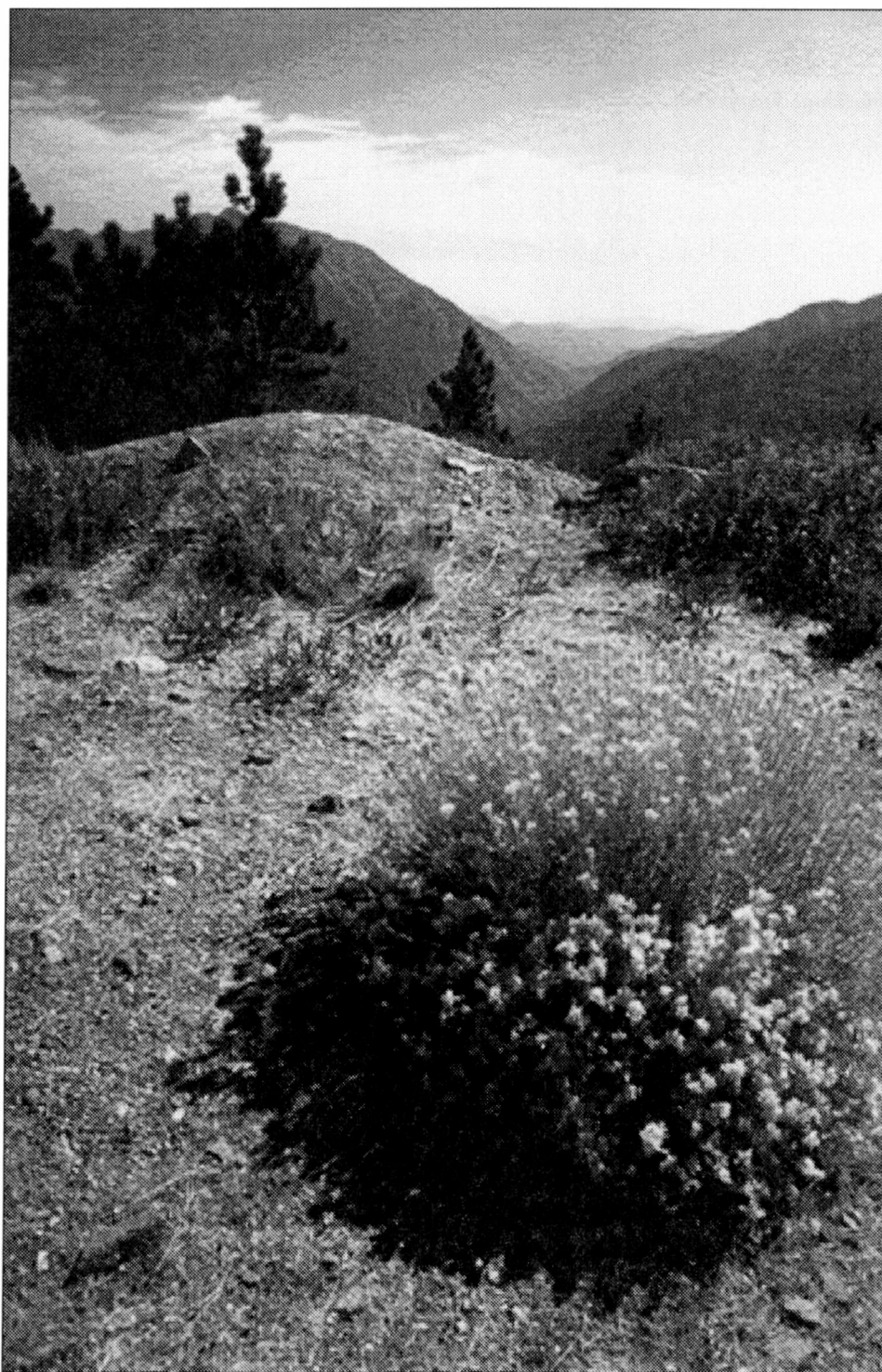
The Pilot

□

*The picture on the next page is sent in by Terry Scot who writes:*

This scene is 7000 ft. up in the San Gabriel Mountains, behind Los Angeles. Yet it feels like it's a hundred miles from the city. "Route 2" is very beautiful -- just get in the car and drive! The air is clear, the colors intense. And this location is not far from the village of Wrightwood, where exotic Buffalo Burger is one of the options on the cafe's menu.

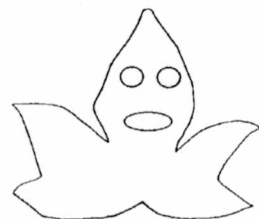




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We are also very interested in receiving your articles and letters. On editorial matters, write direct to the Editor at Box 78, DK-2800 Lyngby, Denmark  
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*That's all for 2000.  
Remember to pay for 2001 if you have not done so.*