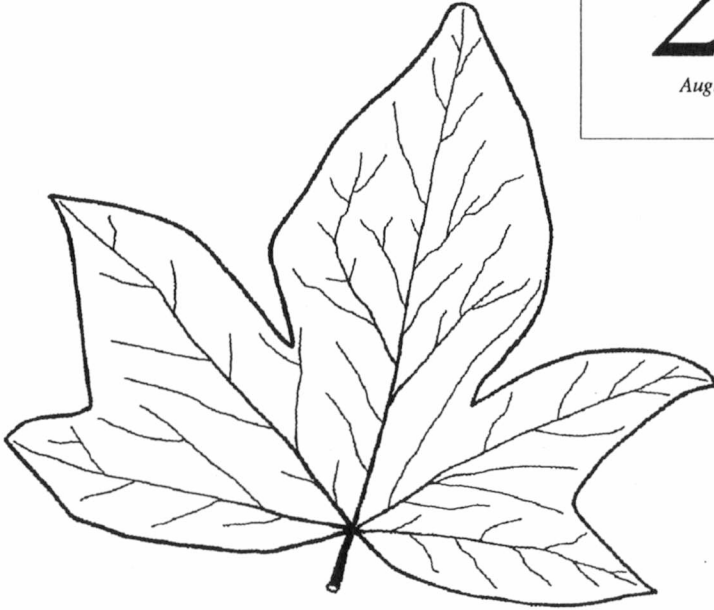
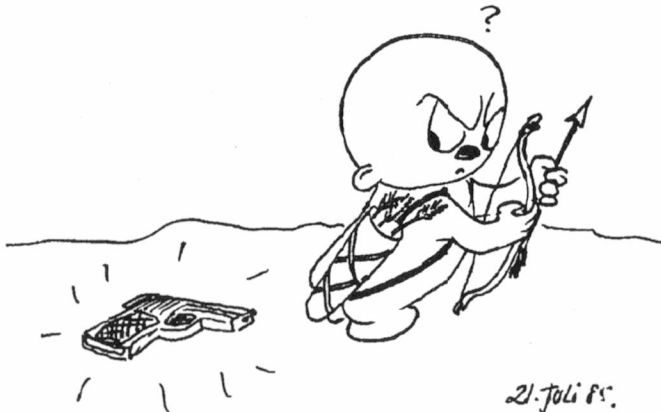


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# ***International Viewpoints*** [Lyngby]



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Editorial board consists of:

*Antony A. Phillips.* (Responsible under Danish law = ansvarshavende redaktør).

Printed by I.Tønder Offsettryk ApS.

Production Team: *Lars Peter Schultz, Birthe Skou, Morten Lütken, Sigrun Lone, Tron Enger, Joergen Haas, Thom Pearson, Terry E. Scott, Thok Søndergaard.*

Address: Box 78, DK-2800, Lyngby, Denmark.

Internet: [ant@jacome.ping.dk](mailto:ant@jacome.ping.dk)

[thomp@internet.dk](mailto:thomp@internet.dk)

<http://www.sn.no/~trone/IVy.html>

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*International Viewpoints* is independent of any group or organization.

### **Magazine's aim:**

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which became a little secretive, restrictive, expensive and slightly destructive. From 1982 on, many left or were thrown out of that church but continue to use and develop the philosophy and technology.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect). □

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Another Look at Basics — #9



# Heuristics — a Guide to Making Sense out of Things

by Frank Gordon, USA

YOU HAVE probably had the experience, as I have, of saying, "But that doesn't make sense!" And at the time, it is a very true statement.

But this is where the value of a heuristic comes in. Before you slump over in boredom, let me define what I'm talking about.

## Editor's Note:

SINCE IVy's start in 1991, our chief basic purpose has been to facilitate communication in the broad field of scientology, mostly as it is practised outside of the church or in the "early days". Articles have been open to all, as long as they could be seen to have something to do with scientology. The aim was to facilitate communication. Free, open and, hopefully, high-toned survival communication.

In a sense, we were not going anywhere, but we were enjoying what to some of our readers was a new luxury, that of being able to discuss scientology openly and without censor. But it seems possible that by now it is high time we aimed to go somewhere.

Do you have any ideas? We could go to more than one place. I thought of going towards getting the basic tech more used. Articles aimed at the auditor. Write in with suggestions.

IVy is still an open forum. If you have made an interesting discovery (be it a book, or a theory or procedure or whatever) and want to share it, IVy stands open for your article. And readers sit willing to read what you have to say without a critical attitude you might have experienced earlier.

Heuristic is an old Greek word meaning, literally, "The value of a good nose".<sup>1</sup> It is like the nose we used, as children, to lead us to those freshly baked yeast rolls. It serves as a guide to discovering what we want to know, to recognizing a recurring event, to making sense out of something (understanding it).

It is a search pattern or question which will result in a cognition.

And, like that nose, we can use heuristics to find the key piece of information that will enable us to "make sense" out of an experience.

## Examples of Heuristics

The French have a heuristic that helps them unravel certain situations: *Cherchez la femme* — find the woman. An American one is, "Look for your money where you lost it".

The Police use the habitual pattern of a criminal, the M.O. (the *modus operandi*, method of operation), as a way to find the

<sup>1</sup> The root word in Greek transliterates as *euris*, "with a good nose, keen-scented: metaphorically, keen at tracking out a thing". A related word, transliterated *eurisko*, can mean "to find, find out, discover" — according to *A Greek-English Lexicon*. Heuristic: adj. (Gr. *heuriskein* to discover). "Serving to discover or to stimulate investigation". *Webster New College Dictionary*. 1961. adj. "Involving or serving as an aid to learning, discovery or problem-solving by experimental and especially trial and error methods". Noun. "The study or practice of heuristic method or procedure" *Webster New College Dictionary*. In *Dianetics: The Original Thesis*, p.13, Ron states, "Dianetics is an heuristic science built upon axioms." Ed.

perpetrator. They also use common motivations such as money, sex, jealousy as a guide in their investigations.

Doctors use common patterns to make what they call a differential diagnosis. For instance, abdominal tenderness with a high white cell count could be appendicitis, if other possibilities are excluded.

In such examples, technology can extend the heuristic. For the Police: fingerprints, DNA testing, and lie detectors. For doctors: stethoscopes, microscopes, and the differential staining of bacteria. For Hubbard, the E-Meter. So detection theory and practice could be included within a science of heuristics.

The Axioms of Scientology and the Pre-Logics, Logics and Axioms of Dianetics serve as guides to putting together heuristic questions that will lead to a better understanding (cognitions) of some difficulty. An example of how this was done is given in *The Story of S & D*, by John McMaster (in IVy 25, page 36). A group of auditors was assembled by Ron to work out a process that he called Search and Discovery. A guide or heuristic question was needed that would accomplish this.

### Auditing example

The auditors settled on a listing question, "Who or what is causing difficulty?" — followed by, "Who or what would item represent?" which invariably resulted in a "What" that was something in the person's behavior or conditions of existence.

After running these processes, they took the results to Hubbard, but eventually he changed the heuristic question to, "Who is suppressing you?" which assumes a dominating other-determinism.

In John's opinion, this approach led to a long-term problem, with all of its Ethics Officers, disconnections, and declares.

The quality of what is found in any science depends upon intelligent questions and, from what I have read, many of Hubbard's Advanced Clinical Courses were devoted to discovering these.

Let us say that you test two questions and compare the results. One is: "Well, problem-solver, what have you handled skillfully today?" And the other is: "Well, stupid, what have you screwed up today?" Or you could have a third test with these two questions alternated.

Superficially, the first would be best, the second possibly disastrous, and the third, "Hmmm...who knows?"

### Intelligent questions

Using a firmer theory based on *interested in own case*, and *interest is attention with intention*, one could form the question: "What has your attention been on lately?" followed by "Is there an intention connected with that?"

These questions locate the pc right where he is, sitting in what he is sitting in; and explore directly half of the definition of In-session — the other half being, "Is he willing to talk about it?"

Here is a sample heuristic: *The most valuable piece of information in a situation is the one that helps us make sense out of that situation.*

Every day we have new experiences, and often ask "What's going on?", while looking for a key piece of information, a fact, or an assumed pattern that will give the answer.

What do I need to know to make sense out of a particular situation? Usually, a piece of missing information.

My foot hurt. I checked. A nail stuck through. Explanation!

My arms were going numb. One doctor thought I needed a neck brace to relieve pinched nerves. Another asked how much coffee I drank a day. Ten cups. "Try decaffeinated." Answer!

When you get the key piece of information, things begin to clear up.

A collection of heuristics or guides to help us discover and organize key information, as a Sample Heuristic does, could be very useful.

And we could end up with a new field: the Science of Heuristics. □



# KRC & the Garden of Eden

By Todde Salén, Sweden

THE WORD PARADISE in ancient Persian language (*pairi-daeza*) originally meant "wall-enclosed" or "walled in part". The story of Adam & Eve in Paradise with the tree of knowledge thus probably is of Persian origin.

Since the Jews carefully kept this story in the very beginning of their holy scriptures it may have an interesting meaning hidden (Occult = Occluded) inside. To hide a secret message inside a story is a traditional method to preserve it for future generations. So let us suppose that there is a hidden message inside the story of Adam & Eve in the garden of Eden.

I will also suggest now what that story was supposed to tell the initiated reader.

As you all know, Adam & Eve were instructed not to eat the fruits of the tree of knowledge. They were told by God that, if they did eat the fruit of the tree of knowledge, they would die.

But the snake informed Eve that they would not die. All that would happen was that they would become like God, and learn to know the difference between good and evil.

When Adam & Eve both had tasted the fruit of the tree of knowledge, they did not die. God himself said that now man could tell the difference between good and evil "just like us". And to make sure that man did not also eat the fruit of the tree of life both Adam & Eve were sent out of the paradise. If man would also eat the fruit of the tree of life, man would not only have knowledge but also eternal life.

## What sort of God?

Reviewing this story you may wonder what kind of a Master this God was for man. However if we do not care about the motives of this God (who obviously was not alone as he said man "would become like us"), we can look at the facts of this story. It says that there is knowledge available and if you eat the fruits of knowledge you become able to tell the difference between good and evil (two-valued logic).

It also indicates that if you eat the fruits of life you can have eternal life. However as a result of eating the fruits of knowledge Adam & Eve did not die, but were expelled from the Garden of Eden. And that is very interesting from a philosophical viewpoint. You could say that the moral of the story is that as you increase your knowledge you expand your anchor points until you no longer fit into the small space where you could walk around without Responsibility and Control (KRC). But as soon as you start to accept Responsibility for the Knowledge you have acquired, you leave the "wall enclosed" paradise.

Or in other words: When you put your anchor-points out so your space is greater than the space within the walls, you are no longer enclosed within the paradise.

## The "Paradise" I was expelled from

When I studied the philosophy of Scientology and Hubbard's auditing technology in the Cof\$, I was in a paradise of sorts. I did not need to accept any responsibility for writing books or making courses etc. There was a space created, where you could play all kinds of games leading you towards increased KRC.

However as your KRC in the subject studied increased, you ran into a conflict with the gardener. The management of the Cof\$, who controlled this garden would not allow you to grow in KRC to where you would create the game without their control. If they even suspected that you had eaten of the fruits of knowledge, so you could expand your anchor points beyond their control, you were at once declared SP and expelled from their garden.

I did not say Hubbard was God. I did not say that the managements of the Cof\$ had eternal life.

I could suggest that somewhere behind the 1st dynamic we know as L. Ron Hubbard there may have been a beingness called God and that a "council of Elders" existing on the same awareness level as God could be the "us" the Hebrew God mentions. It could also have been another council of Elders or Masters, who did not object to human beings becoming more God-like or attaining eternal life.

□

# Scientology in Daily Life<sup>1</sup>

By Britta Burtles, England

I BELIEVE that many facets of our lives have been improved by Scientology auditing and training. Let me share with you a few of the ways in which I apply what I have learned.

The **first example** I call: Drilling towards application. There were times when I had a cognition but could not put the new data into practice — and got discouraged, invalidated the cognition or myself, and gave up.

Eventually, I succeeded through trying, failing, trying, failing, trying...finding I needed to gradually reduce the gap, the comm lag, between the intention after the cognition (in the theta universe) and the ability to actually do it (in the MEST universe). With this kind of drilling, the two eventually merged. The trick is to keep practising the intention, and not give up on it.

When Winston Churchill addressed the students of Harrow School, he repeated three times the phrase: "Never give up!" And that was the totality of one of his most important and best-remembered speeches.

The trick is to keep practising one's intention, not give up on it. Eventually, it comes easily. For instance, think of a person who has been ill and bed-ridden for, say, thirty years. Then he is cured, wants to get out of bed and walk, but finds he cannot. He is too weak, as his muscles are gone. So he has to drill and practice walking until he can do so again.

Another instance: Think of those people who want to give up smoking; in most cases, they won't be able to "kick the habit" at the first attempt. So they have to drill it.

One could say that fifty percent of an ability is regained by a cognition, fifty percent by drilling the subsequent intention.

The commlag between cognition and application shows us again that we straddle both the mental/spiritual and physical universes, and that we are, at this point in time, part of both. We create or re-create in the spiritual, then apply in the physical universe.

**Second Example:** Positive Thinking. We live at present in the physical universe: normally, to have something or change a condition, we must act to produce it or take steps to get it. But I can also look at it from a different point of view and say two things.

- a) Since thought underlies all creation, I have to "think positively" to create something positive; and
- b) Even if, at a particular moment in time, I cannot physically *do* anything to change a certain situation or condition, I can *think positive* and, by doing so, affect a change for the better.

The power of positive thinking and its effect on objects as well as situations is often overlooked and very much neglected. I think LRH's phrase, "What you put your attention on, that you will get," points in the same direction.

If I put my attention on something positive, I will get something positive. And vice versa. So, to achieve any goal, it is important to underpin it with positive attitudes and thinking.

**Example Three:** In the Overt/Motivator sequence, if one commits an overt act, he will pull in a motivator. I find that this law also works in reverse. If I am positive and helpful to some-

1 Edited from a talk to the Theta Conference, London, 18 May 1996.

thing or someone, I will pull in an act that I consider positive and helpful to me.

**Fourth Example:** Taking Responsibility. Sometimes I bump into the corner of a table, drop a glass, cut my finger, knock over a cup of tea, twist my ankle, stumble over a step...or have any of many little accidents one can pull in after the mistake or overt of being out of present time. I used to curse, swear, be angry at the table, insult the stupid glass, kick the cat or whatever — anything but accept responsibility for it.

One fine day, I looked at what I was doing, found it pretty nonsensical, and decided to change. From then onwards, when I have had one of these little mishaps, I have said, "Sorry!"

It expresses "The buck stops here", that I am responsible for what just happened. And it acknowledges that I let myself down. By saying "Sorry," I end that cycle and get back into control. To me, this is almost like a solo-auditing action.

Since then, I have hardly ever had a mishap. If I do, then running into the corner of a table doesn't hurt; the cup of tea only moves, but does not keel over; I catch the glass just before it falls to the floor.

**Example Five.** The tech says, "A Thetan is for Ever" and "Time is only a Consideration". Once, I had a goal that I could not reach, and that was very frustrating. Then I had a cognition. I realised that I was a thetan, that I was going to live for ever, that it was never too late for me to do something positive, useful and constructive towards the goal, and that there would always be a tomorrow to continue working towards it. This took a big weight off my (theta) shoulders and gave me a lot more freedom, space and even leisure. Suddenly, I did not *have* to achieve that goal any more. And, guess what? Soon afterwards I reached it, and that did not take me half an eternity. Just because I realised I had all the time in the world to get there. I had got off the *must have* and attained what I wanted.

**Sixth Example.** While I am in the area of Must Have, here is another example of it. There were times when I just could not fall asleep. Then I found a remedy: to keep repeating to myself: "Don't fall asleep, don't fall asleep," over and over. Now, I can be asleep after a few repetitions, and I think this works for three reasons.

It stops me from thinking, because I concentrate on one thought, "Don't fall asleep". It gets me off Must-Have-Sleep. And it is a reverse vector, artificially creating the Must-Sleep opposite Must-Not-Sleep. It works every time without fail.

**Example Seven.** Step back and look at present time — or, Obnosis. Once, I heard someone say in a radio program, "I just looked at a photo album of thirty years ago and realized, with amazement, how happy I had been at that time. Ever since then I make a point of realising *now* that I am happy".

This made so much sense to me that now, at any time of day, whatever I am doing, wherever I am, I can step back from the scene I am in, make an instantaneous evaluation of the circumstances — and, when appropriate, realise how happy I am *now*. My happy times have increased.

**Eighth Example.** How to handle a boring or disliked job: three methods. The first is in the area of, "Mock up a problem of comparable magnitude". I think of a time when I felt really sick or in pain, and remember how, at that time, I wished I could do this boring job instead of feeling rotten or in agony. Result: I just *love* the dreary job!

Tech also says, "Stay in PT" and "Communication raises affinity". When confronted with a boring job, I get totally immersed in it. For, if I think of the next job, I get so upset and disgruntled at having to do this one, that I can hardly persuade myself to finish it properly. The more I concentrate and communicate with what I am doing, the more affinity I develop for it (as Ron said I would).

Method three is in the area of Confronting. Apart from doing jobs with the highest priority first, I find the best way to do boring, disliked or tricky jobs is to confront and do them first. Like this, I end my working day on a high, doing the jobs I like doing best last.

**Example Nine.** LRH recommends, "Put it in MEST". There are two main aspects here.

I used to be intent on not forgetting things, and devised all sorts of methods to help me remember events, times, jobs, dates and so on. Then I thought: My mind is my main tool for creating,

so why clog it up with tons of "stuff" and carry all that ballast constantly around with me? So I started making lists for everything, and felt the necessity to remember dropping off me like a burden, leaving me more relaxed, more in Present Time, and with more freedom to create. I feel, writing lists, that I produce a vacuum into which new, creative ideas can and do flow.

Here are some of these lists...

- Jobs to work out targets and priorities and to cross off what I finished for added satisfaction.

- A long-term list for things like top-up injections, and renewals of passport, water filter, magazine subscriptions or the like.

- A list of important events as the year progresses, which I note down in the back of the diary. If I want to know what happened when and where during the last 30 years, I can find it in two to three minutes.

- A list of when and to whom I lent books, tapes, videos and other items. I found that I gave my best-loved books to friends to read and, years later, wondered where those wonderful books were — remembering having lent them to people but not which book to whom.

- A list of my achievements, which I add to as appropriate during the year. It does me good now and then to acknowledge myself for what I have achieved, redressing the balance of the times I have invalidated myself.

The acknowledgements list is, I feel, important. When I experienced its positive and uplifting effect, I thought of people who feel they have not been acknowledged for what they have achieved, and of those who complain about lack of validations and "entertain" their friends with repeated enumerations of their achievements. I thought how much happier they would be if they sat down, made a full list of all their accomplishments, and gave *themselves* a jolly good acknowledgement for all that they have produced and done.

The second aspect of "Put it in MEST" is about Letters. When some subject occupies my mind where another person is involved, writing a letter to that person helps me sort it out. I find my exact standpoint regarding the subject, and I get it off my mind. It relaxes me, creates space

and, among other things, helps me at night to fall asleep faster.

**Tenth Example.** Completing Cycles. This is another aspect of our Tech I have come to appreciate highly. LRH said something like, "A case can be resolved by completing all incomplete cycles". When first I heard this, I understood it superficially, on the mere physical universe, practical level. It took years before I cognized on the real significance and importance of it for the well-being of me, a thetan. Now I know how much peace of mind and satisfaction can be gained from completing seemingly insignificant cycles of action in daily life. It is one of those laws of the theta universe that there shall be Control, which has the anatomy Start, Change and Stop.

If I violate that law, and do not produce the postulated and expected kind of Stop, I become subject to the law of Cause and Effect again, and pull in the loss of attention units. That is why, these days, I make a special point of completing all cycles. And if I don't, then at least it goes on the job list to be completed as soon as possible.

Related to this is: Do It Now. If I think of doing a job that I could do, yet don't do it *now* — usually I come to regret it. For, invariably, I find I have missed my chance. Later, I don't have the time to do it. That's why I bend over backwards to do *now* whatever I must do or want to do. It is an aspect of completing a cycle. To think of doing a job is in fact to have started the cycle — and if I don't do it straight away, I put off its completion and suffer the consequence of attention units being seized and arrested there and then.

**Example Eleven.** In *Fundamentals of Thought*, LRH says that there is no such thing as destruction. Destruction is a vilification. There is only creation, which divides into Create on the one hand and Create-Counter-Create or Create-No-Creation on the other hand.

As a housewife, in charge of housework and bent over duster and Hoover, I found another vilification. It is the word *dirt*. Because I found that "dirt" is, in fact, the consideration of misplacement of particles.

Since I saw this, my attitude towards dirt has changed, which has helped me to feel easier and more relaxed about moving these items.

**Twelfth Example**, the last. Recently, I had a cognition about the action of *blessing*. I saw that, basically, it is a concentrated direction and flow of theta into someone or something, permeating them with theta.

Thus, we have not only touch assists but also what I now call Theta Assists. They are similar. In both cases we direct theta. The difference is that, normally, we do not give objects touch assists, but can give them theta assists, can bless

them, and can experience their improved function and prolonged life.

I think that blessing is much too important an activity to leave to ministers and priests, especially since it is such an easy thing for all of us to do at any time, and for all of us to benefit from.

And this off-the-beaten-track, up-beat picture completes my cycle of examples. □

## Mock-ups and Unwanted Conditions

By Mike Goldstein, USA

IN SEEKING what has been referred to as "spiritual freedom" or "higher awareness", we have all encountered the postulated or promised goals set forth in some methodology we've explored. One, apparently attractive and popular goal, has been "total cause". Such a state may exist for a person in their own universe, but to attain this in the physical universe would deny the idea that others cause things. Additionally, if one is in this physical universe, he perceives. And when one is perceiving, he is at effect. But why should it be a loathsome idea to be at effect? To listen to a beautiful musical piece, to view a gorgeous work of art, or to eat an ice cream sundae. Such things that people enjoy would not be a problem for them.

For the idea of "total cause" or some other such goal to be attractive to people, they must have some personal unwanted condition or conditions they would hope to resolve by attaining this goal. It would seem much more productive to concentrate on the resolution of the unwanted conditions of the individual, rather than the arbitrary goals originated by another. I would therefore like to focus on some particular aspects of the handling of unwanted conditions.

### Aberration

There is a technical datum that I think is particularly applicable here: "Any aberration is simply an ability gone out of control". One

ability, that I am certain all people have, is the ability to mock up. A mockup is basically a visualization of something, whether real or imagined. One may mock up for any number of reasons. But our concern here is with mockups in relationship to unwanted conditions. And in alignment with the above technical datum, we would be more concerned with the idea of automatic mockups and mockups an individual made and got stuck with. To mock up is an ability. To mock up automatically, out of control, is an aberration. And I believe that this aberration is at the bottom of any unwanted condition of which one is complaining.

To illustrate, I would like to tell you about a recent client we had at Survival Services for Idenics® processing. It should be noted that this story is published with the client's consent.

### Example

This person was bothered by what he called "night visitations" which he felt were extraterrestrials. These "visitations" would come when he was asleep or in what he described as "a sort of half sleep". Afterwards, he would awake terrified and feeling completely disoriented. As with some others who have had similar experiences, he had trouble deciding whether the incidents actually happened or were just his imagination.



In working with this man, he discovered some very enlightening things for himself. He found that some of the incident did actually happen and some of the incident was what he called "his imagination". He felt he had actually had a casual contact from "ETs", but what really flowed from them to him was something as simple and light as "hello". But having been well versed and "educated" into various scenarios and probable intentions and activities of extraterrestrials, he mocked up all sorts of horrible things these "ETs" were doing and then responded to these *mockups* with terror and upset. When fully able to sort out for himself what actually flowed to him and what he mocked up, all upset with these incidents vanished, and he has had no problems since.

Granted, this is a rather unusual illustration and open to all sorts of interpretation from others. However, it does demonstrate a point about mockups, and I am only reporting this as the client saw it. And as far as I am concerned, how the client views what happened to him is the only *valid* interpretation.

But this phenomenon of automatic and out of control mockups as a source of upsets and unwanted conditions is very much apparent with anyone in life. Something flows to one from someone or something in the physical universe. They automatically make mockups about what flowed, and then respond to these mockups. Not separating what actually flowed and what they mocked up at the very least brings about a distortion of what one perceives. What one causes and what one perceives gets balled up.

If one could fully separate what flowed to them from what they mocked up — if one could fully acknowledge what actually happens in the physical universe and take credit for and be in control of one's own mockups — I think then a person would be in extremely good shape. This, of course, takes some good inspection on the part of the person. And, apparently, if done properly, people find outside assistance with this inspection very useful.

### Therapy system

A system would be extremely valuable that truly assisted people in this inspection and did not get in their way. To be really successful, such a system would have to be very non-judgmental. This system would fully encourage inspection of what was there, and refrain from opinion and education of what "should be" there. This non-evaluative aspect is especially important since we are dealing with such an ability as mocking up. The individual is already "suffering" from automatic mockups. He doesn't need a new collection of mockups on top of those he is already carrying around.

Such a system's workability fully depends on a practitioner's ability and willingness to completely trust and believe in the people he works with, and to view each person as the full source of information about themselves, which they truly are.

But I leave it to you, the practitioner. Either deal with the personal unwanted conditions of the client or, pursue some arbitrary goal set down by you or another. Deal with the client's mock-ups that are already on automatic and he is stuck with, or educate him in things you hold to be valuable and important until he mocks these things up, too. You, the practitioner, must decide what you will do. But I will hazard a guess that any client first going somewhere for assistance would have no trouble making an unequivocal decision on this matter.

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There is no subject under the sun which cannot be refined, simplified or made more complex. That also applies to Scientology.

LRH, OT Lectures XV, 20th November 1952

# The Hare and the Three Legged Tortoise

By Ray Harman, Australia

A THREE-LEGGED tortoise would tend to travel in slow circles and, usually, not arrive at its intended destination. My observation and experience of outer org training in the CofS is similar. Eventually, students graduated, but few went on to the HGC and actually audited.

True — for a short time, new arrivals in the Academy had a meter put in front of them, were shown how to operate the Tone Arm, were given the listing question, and were told to stick an arm out behind them when a rocket read was seen. But that was in the days of R2-12, an earlier era, and was an exception rather than the rule. I can't imagine it happening in the Church in this day and age.

## Accelerated Learning

Allen Wright's methods of Accelerated Learning are an amazing contrast to the old Academy methods which, to some extent, are used in the free zone, due to the absence of anything better. Okay, here is something better.

Recently, I had the good fortune to be privileged to sit in on Day Five of a training course run by Allen in Adelaide. In the afternoon, I saw students run their first sessions, although they had had no previous auditor training. In five days, they had done TRs, meter drills, auditing theory, and some basics of C/Sing. They did very well in applying all that in session.

True, the process run was life repair, and it was closely supervised, but this is a reasonable gradient — practical experience that can be rapidly built upon. The intention is that these guys will go out and spend perhaps six months

auditing at the life repair level. By then, the essentials of auditing will be second nature to them, and they will be ready and able to take on the Grades or Dianetic training as additional auditing tools.

I have heard the opinion that you cannot make an auditor in a week, even with Accelerated Learning techniques. This is not true but is an oversimplification. You cannot make a polished Class Six auditor in a week, but you can make a capable Life Repair auditor who needs only the experience of application.

It is remarkable that there are no printed materials. The course is instructed verbally (!) with the aid of multicolored flip charts drawn on the spot by the instructor with felt pens. The drawings are copied by the students into their own notebooks. At the end of the day, the illustrations are stuck on the classroom walls. Each morning, the students form small groups and explain the illustrations to each other, by way of revision. It is an innovative use of the rule about "number of times over the materials equals certainty".

There is no militant "Start" or "That's it" but, instead, to start, a half a minute of stretching exercises and to end, a quick action which was like miming a rocket taking off. These actions were said to be Tai Chi, which is something akin to Yoga<sup>1</sup>.

Some may say that these teaching methods are too simple. They are certainly a radical departure from the CofS methods. But the fact is, they work. They are very effective. They make auditors. I think that the original Mr Hubbard would approve! □

1 Tai Chi is non violent Asian martial art. Typically a group of Chinese in black "pyjamas" out in the open air doing these slow graceful movements. The particular movement mentioned by Ray used in my course is not easy to describe in words. It takes only a few seconds to perform, involves a swing of an arm and a leg with a handclap, yet instantly changes the state of the participants from "learning mode" to "relax mode" — hence allowing them to fully benefit from the numerous but short breaks provided. Allen Wright.



# The Video Project.

By Allen Wright, Germany

AS A 30 year veteran of our beloved subject and a CofS staff member in Sydney, Australia for six years ('76 to '82), I was fully into the model of new people having to be carefully approached and then eased into the subject. But from 1988 to '92, I was blessed with the opportunity of having more new public clamouring for my auditing and training services than I could easily handle. This was great but brought with it many problems to be solved!

The late great 20th century Philosopher and Architect R. Buckminster Fuller once said: *"The reward for a job well done is a bigger job,"* so somewhere I must have done something rather well for this flood of new clients was a *huge* job!

Never having had to audit new public without the services of a well-trained, experienced Case Supervisor to deliver programs and advice, I was struggling as an auditor. Many of these people were "New Agers" and heavily involved with all sorts of other spiritual practices — and definitely not conforming to the accepted models of never audited "wogs"!

## Superlearning

Also, after a taste of auditing, many of them wanted to become auditors themselves but would not accept the concept that auditor training needed years and years of hard study.

So not only did I have to devise ways of effectively accessing and handling the cases of these people, but also I had to figure out a way of training more auditors quickly and efficiently, in a way they would accept and enjoy.

I went out and got myself trained in accelerated teaching methods, and after much trepidation applied them to my students. (Honest, I've never been more scared than before the first of these trainings.) But it all worked out better than I dared hope — these new auditors could and did audit with a confidence and enthusiasm that I had never seen in the old school!

I put it down to their not being overloaded with hundreds of irrelevant facts and opinions, almost as many "not quite cleared" M/U's and countless "Don'ts"!

An interesting and very important side benefit resulted from this teaching method: Teaching the tech this way involves no written/copied/plagiarised materials being given to the students, and this moves you so far from the old school's methods that copyright cannot be infringed!

On one occasion, we even had a CofS "plant" attend a six day basic training — we knew where he was from but allowed him to participate as a very high risk way of testing our lawyer's advice that we were beyond copyright infringement attacks with this teaching method.

And he was, right because we didn't even get a phone call, yet another Australian centre we know ended up in Supreme Court for photocopying and handing out a few pages from the *Volunteer Minister's Handbook*!

## Need for videos

Then the second side of the "new bigger job" appeared: Once I had gotten some new basic auditors trained, ways of having them work effectively with their new clients had to be developed. These auditors, although keen, were not experienced enough to use all the tech tools many of us take for granted, and over the next four years a group of powerful but easy to use procedures were designed, tested and proven. Although based on the LRH tech we know and love, they are innovative in their way of handling the specific problems and situations that come up in session with new public of this era.

*The Consultant Series* (as mentioned in IVy 27, page 36) is the first product from the Video Project, and explains, these new public specific techniques and processes over five videos. Covering key tech subjects (as mentioned above) that I and my new auditors found by actual practical test to be invaluable in working with new public clients,. Video is the chosen medium

for the *Consultant Series* as it best allows the use of the same non-copyright infringing accelerated teaching methods as used in my auditor course.

### Copyright

This means that the technical methods and techniques shown in these tapes, as well as being very effective, are free from any copyright problems with we know who!

This statement has been made by a top German specialist in international copyright law (who is also tech trained) and is based on his inspection of the videos. He says the data and the way it is presented on the videos does not constitute *any* break of CoFS copyrights!

This means that any person who buys and uses these tapes with friends either in a co-audit or with paying clients in a professional situation, can do so with confidence that they are not (at least in Europe and Australia/NZ) breaking copyright laws, no matter what "anyone else" may say or claim.

This means that if you have some past auditor training, from whoever and whenever, you can use the information in these tapes to work with the public around you and build up to being a full time working professional, possibly making more money than you do now, and perhaps achieving a long time dream!

And even if you are an experienced Class VIII, VI, or IV; I am sure that from the aspect of handling new public you can learn some very effective new methods and approaches from these tapes.

Pleasingly, they are selling consistently to experts and beginners alike around the world, and (so far) the feedback has been positive! Please feel free to contact me for further details. ☐

Allen Wright, Einsteinstr. 129, 81675, Munich, Germany. Ph & Fax +49 89 477415  
E-mail: 100240.2562@compuserve.com

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*Reminiscences of Ron — 5*

## The Sea Org in the 70s

By Julie Gillespie Mayo, USA

FOR A LONG time, I have felt the need to communicate some of my experiences of L. Ron Hubbard. Bear with me, dear critics, but I am writing this primarily for a.r.s.<sup>1</sup> readers who have been Scientologists.

While I was in Scientology, from 1971-83, I had what I considered to be the privilege of working directly with LRH. I did the SHSBC<sup>2</sup> in 1971-72 and joined the Sea Organization. I went to the flagship *Apollo* (Flag) in 1973, and met LRH. I had never really expected to meet him personally — but, not only did I meet him, I ended up as his technical aide (Training and Services Aide/CS 4) for several years.

I had become interested in Scientology because people told me that it would enlighten me regarding out of body experiences, telepathy, and various questions I had concerning the meaning of life. I also wanted to do my bit to help mankind. I was much more interested in being trained than in receiving auditing, which is why I had done the briefing course.

### Improve

I was fascinated by the “technology” in many ways. First, here was a subject, which sought to improve human abilities, that was codified and laid out into theory and processes. Second, there were all kinds of explanations and instructions on how to do these processes. Third, when I sat down across from another person and did the processes, the phenomena that were supposed to occur actually did happen most of the time.

If a person was upset, I flew the rudiments or did an LIC<sup>3</sup> maybe, and the person became happy and the meter F/Ned. Pretty extraordinary stuff. Not everything happened exactly like it was supposed to: people didn't have perfect out of body experiences on Opening Procedure by Duplication, like was suggested in the tech — but most people got some type of extroversion. The fact that any of it worked impressed me. That so much of it seemed to do what it was supposed to, so much of the time, seemed miraculous.

### Evolving

The methodology clearly wasn't perfect, as anyone who had done the SHSBC could see. The tech was an ever-changing, evolving process. I spent hundreds of hours listening to LRH discuss the theory and techniques and change his mind about things and try new things. It was exciting. I formed an impression of LRH from listening to all those tapes. He sounded like a man who was very interested in people and in exploring human potential. He almost sounded a bit fatherly, and he was a wonderfully entertaining speaker.

So, when I arrived on the flagship in 1973 in Lisbon, I was very curious to see how LRH matched up. The first night I was there I snuck a peek into the “research room” where he was working. To me, his presence seemed to fill the room.

- 1 alt.religion.scientology, a public area on the Internet where very diverse views and reports on scientology are posted. This article first appeared there. *Ed.*
- 2 Saint Hill Special Briefing Course. This course was started by LRH at his home in Saint Hill, England, and originally run by him. A form of it is now run at about five places throughout the world. In the beginning it was very much an experimental or research activity. Later it became standardised as a review of the official history of scientology technology to give a deeper understanding of it. Originally only qualified auditors could attend. *Ed.*
- 3 List One C. An auditing technique for handling certain situations.

I had not been aboard for long before we left port. We sailed to the Canary Islands, on a trip that was very rough — strong winds and high seas. Everyone had a sea watch. I realized that, like me, most of us did not know what we were doing. People had been “hatted” to some degree on a ship duty like radar, lookout, and so forth, but we really were a bunch of amateurs sailing a big vessel in high seas. Amazing and scary. In the morning we mustered on deck. The Canary Islands were coming into view and LRH came out on deck too. He was smiling, exuberant. His eyes were sparkling. Life seemed to be a great adventure to him. It was very infectious.

I saw aspects of Hubbard I had not suspected while listening to all those course lectures. He was extraordinarily adventurous; he expected people to do incredible things, and people responded and did things that they would not have dreamed of doing had he not demanded them.

### Smile

I was struck by the fact that, when I ran into him on deck, he always gave me a big smile — the kind of smile that made me happy for the rest of the day. It seemed like he would give people his complete attention. I was surprised at these qualities — I thought he would have been too busy to pay attention to people and to small details to the degree that he did. On the other hand, he had some bad qualities that were equally unexpected. Sometimes he would lose his temper and, when he did, you would feel it down to the very cells in your bones.

When he was angry, he could be mean. He would write an ethics order on someone, condemning them to the galley, or never to be an executive again. Then two weeks later, he would change his mind, and he would appoint that same person to one of the highest positions in Scientology. There were no overboards<sup>1</sup> when I was on the ship, but there were plenty of sleepless nights, and conditions were really ter-

rible at times. Not that we noticed much, for we were completely occupied day and night.

During the first months of 1974, I worked in external communications and, although I saw LRH daily, I never really got to know what it was like to work with him until I was a Tech Programs Chief then Training and Services Aide. When I was appointed to Tech Programs Chief, I did my first eval<sup>2</sup>. It was an “all hands” — all the programs chiefs were doing evals.

At this time, they were going straight to LRH for approval, via a messenger. I remember doing my eval and sending it to him. A few minutes later, it came back down via a running messenger with a note about something that needed to be changed. I altered it and sent it back up, and got a surprise: a messenger screamed at me “What the H---! You didn’t....” I really was quite indignant and insisted that I had indeed made the requested change and had sent it back up.

Two minutes later, it was approved. It shocked me that LRH was so explosive, but it was certainly exciting working for him.

### Fast action

He issued lots of “orders” and liked very, very fast action and deadlines. All-nighters were more routine than occasional, during 1974. He was much better-tempered in 1975 when we were in the Caribbean. We got lots of sleep, though conditions were so crowded that about sixty of us had to sleep on the sun deck as there were no more bunks.

I was temporary CS 4 in January 1975 and again in the fall. When I was T/CS 4, one of my first “message runs” concerned the Conditional Certificate system. LRH was furious with Ron Shafron for instituting these. I had a tape in the office of a briefing on the subject between LRH and Ron Shafron. The tape clearly showed that it was Hubbard who had ordered the Conditional Cert system, not Shafron, so I was quick to point this out to LRH. I soon learned that this

- 1 Overboards. At one point mistakes made, including technical ones like failing to see a floating needle, where handled by throwing the person over the side of the ship. *Ed.*
- 2 Eval = evaluation. This comes from the Data Series (see *Management Series*). One gathered all the facts, analysed them according to the Data Series, and proposed a course of action. *Ed.*

really was not the politically acceptable way to deal with him: the usual way was to “PR” him and take the blame yourself. I was disappointed but not disillusioned. LRH sent me a few mean messages for my obvious blunder, but forgave me by the end of the evening.

I forgave LRH. Hubbard was an extraordinary man, though not perfect. Most people do not accomplish a tenth of what he did. He authored huge amounts of the tech, which mostly produced remarkable results. Hubbard definitely had redeeming qualities, in my estimation.

### Authorship

Speaking of authorship, I had to deal with that too as CS 4. The truth is that lots of the tech was not authored by Hubbard. In fact, one of the things I did as LRH’s technical aide was write bulletins, HCOBs.<sup>1</sup> If it was important, it had to bear LRH’s name, because that was the way the religion was set up. I didn’t like the system much for several reasons. First, I thought people should know who actually wrote the bulletins. Second, the system was such that if something went wrong or Hubbard wanted to change something, he could save face and blame it on some one else. “The mice have been gnawing at the pillars again...” I reached a compromise with him: if I wrote a bulletin, it would be “Assisted by...”. That did not always work, though — because, if it were an important bulletin, it would not do to have it assisted by someone else.

One of the first orders I got from Hubbard was to cancel everything the last two CS 4s had ever written. It was an impossible task, because I would have just canceled out the Grade Chart. It was clear to me from this order that there was a line of fall guys before me. It would be just a matter of time before I, too, would be the “Who,” and have my work canceled.

As CS 4, I accomplished various projects, and had several people working for me at various times. LRH had written Technical Correction Roundup in 1976 or ’77, which called for a great deal of writing and compilation. The Expanded Dianetics project was a particular nightmare — for many reasons. The first was that a lot of the work that had been done on it originally was by Allan Gilbertson. LRH decided that Allan Gilbertson was a squirrel, so he wanted the EX DN course done again, using only LRH material. (LRH loved the idea that, if there were something wrong with the tech, someone else had messed it up.) The problem was that Expanded Dianetics really was not fully researched to start with, and there were few if any successful case histories.

### Nudge

I remember getting a nudge from him concerning what was taking the re-write so long. I told him that the project of re-writing the case histories was incomplete. Much to my embarrassment, Hubbard took what I said out of context and wrote an HCOB saying that Training and Services Aide had found the why on Expanded Dianetics — the case histories hadn’t been fully written up. The real problem was Expanded Dianetics wasn’t completely researched — something I believe LRH really didn’t want to think about at the time.

Sifting through HCOBs and canceling “out tech” ones or those written by “other people” was something that went on constantly. The “out tech” HCOBs were then corrected by a project, and the HCOBs written by that project would be sifted through a few years later and canceled as out tech. In 1974, a project was done by Molly and another girl, an FMO.<sup>2</sup> They were supposed to change bulletins into BTBs<sup>3</sup> that hadn’t been written by LRH. But the important ones were all retained as HCOBs, whether they were written by Hubbard or not. In compliance to the LRH order to me to cancel everything written

1 HCOB: Hubbard Communications Office Bulletin.

2 Apparently Flag Mission Order, the girl was sent there on a Flag Mission (was not normally there).

3 BTBs = Board Technical Bulletins. These were not by Ron (or apparently approved by Ron) and were approved by the Boards of Directors of the Churches of Scientology. Though in red ink, they were issued on goldenrod paper to distinguish from Ron’s issues on white paper.

by Livingston and Shafron, I had stacks of bulletins put together with their CSWs.<sup>1</sup> The problem was, what to revise them to? I couldn't cancel for no reason important bulletins that described technical processes. Most of them had been ordered written by LRH, and though he had ordered them to be canceled, he would have been furious if that were done with no replacement.

Finally, I asked Shafron to go through his stack and let me know if he thought anything needed to be revised, which he did graciously. He found a few that he thought needed to be updated, so I sent them over to David Mayo to check, then, if he agreed, up to LRH Pers Comm for approval. Sometimes they went to Hubbard, but mostly LRH didn't look at stuff like that.

### Memorable

In December 1975, I had one of my more memorable experiences with LRH. This was during the period when we were coming to land. We had been sailing around the Med in 1974 and the Caribbean in '75, and the ship was getting crowded. We had the problem of getting kicked out of ports, too, but that is another story. LRH went to Daytona, Florida, with most of the Flag crew and "FCCIs"<sup>2</sup> (public), and I went to New York City with about thirty of the management crew. LRH had just done a couple of "international evaluations," and it was our job to keep things going and get the eval programs implemented by the outer orgs while the Flag Land Base was being set up. As CS 4, I had a couple of LRH orders in particular that I was supposed to implement, one of which was to switch internships from the qualifications division to the technical division of the service organizations.

As it was an LRH order, I did it with gusto. I remember Kerry Gleason, who was Commanding Officer of the Flag Bureau at the time, cautioning me about it. He kept saying that I should

hold back on it. To me, it would have been sacrilege to do anything but go full speed ahead. It was an LRH order and that meant it had to be done, and right away. Looking back at it, I realize that it had probably been Kerry's idea in the first place that Hubbard had adopted and put into the eval program.

Well, the international statistics went down around Thanksgiving. They always did around that time of the year but it was "off-policy" to blame anything else but ourselves. "The Why is God" is the policy letter. So when we joined the rest of the Flag crew in Clearwater, we were in disgrace, and were sent down from New York by slow bus. On the other hand, the Flag Land Base had been doing really well, so everyone else was being praised. Then, the obligatory Why-finding began. A Who had to be found for the down international statistics.

### Ethics

I was woken up at 2 a.m. one December morning by a messenger yelling at me that I had crashed international statistics and to assign myself a lower ethics condition for doing so. Furthermore, I was immediately to gather up all the issues I had ever written, to send to LRH so that they could be reviewed, and presumably be canceled. Up I got, in a state of panic. I ran over to the Clearwater Building from my dorm in the Fort Harrison, losing a shoe along the way in my haste. I went to mimeo and searched the files, gathering up things I had written. I started sending them up to "R". He was giving me a really hard time via his messengers — who were making it very clear I was in deep trouble.

Suddenly, everything changed. I got a soothing message, delivered by Annie Broeker, telling me that the Why had been found. I was to read a policy letter in Volume 5 of the *OEC*.<sup>3</sup> In the late 60s Hubbard had tried to move the intern-

- 1 CSW: Completed Staff Work. Full background data on a situation for approval of a decision, in this case approval to issue. *Ed.*
- 2 Flag Case Completion Intensive (an auditing rundown given at Flag, and apparently also the people receiving it). *Ed.*
- 3 *OEC: Organization Executive Course*. A course in Scientology Management, also the eight printed volumes with the Policy Letters associated with the course..



ships from Qual to Tech, and it hadn't worked then either. A messenger told me, on the side, that LRH had thought that I had been following an order from Shaftron and then realized his error when he saw a copy of the eval written by himself.

LRH was obviously no longer as angry with me as he had been, but I wasn't off the hook on crashing international statistics. I figured I was in Treason, because I had not fully worn hat as CS 4, so I sat down and assigned myself that condition. CS 4 was responsible for raising technical statistics: I should have "made things go right", somehow. I remembered something Maureen Sarfatti had told me years ago. When she was appointed as "Programs Chief" (first time programs chiefs came into existence), she and the others had been called into the research room for a conference with LRH. He had sat them all down and told them that they were each assigned a continent to manage. The world was broken down into sections: Europe, Africa, US, UK and so forth. LRH looked them each in the eye and told them that they were responsible to make sure that their assigned continent was expanding and doing well statistically. He said, "Each one of you have managed planets in the past." A mere continent would be a piece of cake.

### Mitigated

So I was ashamed that I hadn't managed to keep tech division statistics rising, and was off to a poor start on my CS 4 post. I sent up the Treason Formula to LRH. By now, it was New Year's Eve and I would spend the evening doing amends. Surprisingly, I got a response back from LRH almost immediately. He wrote in his own handwriting, "Condition mitigated to Danger. Brush up on pinpointing whys with DSEC".<sup>1</sup> It was a godsend. Not only had LRH given me the night off to go to the party — which I thoroughly enjoyed — but he told me something: it was okay for me to disagree with him and even change his orders, as long as I had a correct reason to do so. I took the lesson to heart and for a long time could almost do no wrong as CS 4. LRH was extremely happy with

almost everything I did — and if I disagreed with him on something, I wrote to him about it, with a suggested handling with which he almost always agreed.

Lots of things happened between then and my final departure from Scientology in 1983. When I did leave, it was quite overdue, but I was and still am happy to have had a chance to have known LRH. He was an extraordinary individual. Incredibly brilliant in some ways, evil at times, always interesting and exciting, and mostly fun to work with. I believe that, unfortunately, today's Scientology is memorializing his worst qualities and forgetting the best. One of his most outstanding characteristics was that he could change; and he did, all the time.

When I say evil, I mean things like dirty tricks, harassment and so forth. Staff members actually were not aware of that side of things — because it was all done by separate departments like Guardian's Office. But there were other things — like his temper tantrums and the observable fact that he treated people like his slaves. He really should not have been allowed to get away with it.

What I liked most about LRH was that he was extraordinarily interested in things — and would get excited at those that were particularly smart. To this day when I encounter something notably bright, especially technically, I think about how much Hubbard would have appreciated it. To be able to share things with him was fabulous, because he would be genuinely fascinated. In this respect, he was completely delightful to work with.

I felt no pang of guilt or disloyalty towards LRH when I left Scientology in '83. No doubt that LRH would have been furious with me, because he hated splinter groups. No doubt I and others would have been made "Who's" and be blamed for anything that went wrong. That was LRH's style. But I knew that, had he been me, he would have left long before I did. He would never have put up with the treatment that we all did!

□

1 Data Series Evaluators Course.



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# Total Ownership

By Ralph Percy, USA

YOU HAVE heard quite a lot, over the years, about Total Source Cases. These are not well-defined. You are left to assume that they are people who *have* to be the source of everything they encounter. So they are opinionated, domineering, full of bluster. They have to be right.

And why do they *have* to be right? Because of their fear: it seemed dangerous to let anyone else be source. Hence all the bluster — to make out that they are the greatest, the invincible ones. Hence their intolerance of any other source. But after all, when all is said and done, we are *all* sources. We have our own beingness, our own possessions, our own goals, our own lives. We are source for all these.

## Ownership

So where does “Total Source” come in? The answer is: it does not.

Or, rather: it is a smokescreen. It is part of a confidence trick, to make you think you are dealing with someone who has your best interests at heart, who is honest and upright and invincibly reliable — and, above all, someone you had better not fool with.

So, what is behind the smokescreen? What is being hidden?

## Total Ownership

What is being hidden is simply someone in mortal fear. They dare not let anyone be independent. They dare not let anyone source anything. They have to be in total *control* of everyone. They have to be the undisputed leader of the group: the President of the country, the Ruler of the Galaxy, the God who is the Top God (e.g., Zeus). This person has to be in charge. It has to be *their* (i.e., his or her) group. Their group has to be the one which is pre-eminent among all groups. Their mental technology has to be pre-eminent among all mental and spiritual technologies. Their bigotry has to be the only true belief system.

## The Origins

*Why* anyone got themselves into such a state is a long story. It goes far back, to the beginning of the period when groups were forming for the first time. Somebody thought of some very clever tricks for clobbering people so that they stayed clobbered. And for some beings, this was such a terrifying experience that they vowed it would never happen again. *They* would be in charge. *They* would see to it that nobody could do this to them again. So, they would control everyone.

And to make this doubly sure, they would *own* everyone.

People would be their property, just objects, to be used — or misused.

## The Only Way

Now we come to another aspect of Total Ownership. One way of making people into objects (or slaves) is to make them *total property*. “My group” has the emphasis on the “*my*”. “My way is the only way out” — sound familiar?

Of course there are lots of ways out. And once you begin to *get* out, you begin to find what is the best way for *you*. Each of us has his or her own best way, because each of us is an individual, and has a different history, a different story to tell, a different personality, a different beingness. We are all unique.

So there is no unique way. There are as many ways as there are beings — an untold number. And there is an untold number of beings, who each have their unique ways to expand their beingness.

To say that there is only one way for all is to attempt to enslave them as property of a Total Ownership Case. So — why be the property of someone in mortal fear? (And, incidentally, that is a fear than can and will be run out, eventually, no matter how long it takes.)

### Ownership of Groups

It is hardly necessary to detail how a Total Ownership Case goes about controlling people. You only have to take Adolf Hitler as a pre-eminent example. Here is his formula:

1. Tell people what they want to hear. Tell them they are the greatest, that others are worthless and evil. Tell your followers that they are going to rule the world, in your New World Order.
2. Set up scapegoats — some clearly identifiable group, like Jews, Muslims, Blacks, the American Medical Association, the United

Nations. Tell your followers that the scapegoats are the cause of all their troubles.

3. Use lots of punishment, keep the rewards for yourself and your immediate henchmen. As a substitute for rewarding other followers, use negative reward — that is, let them think themselves lucky not to be in the hands of the Gestapo... *this* time.
4. However great people's exertions, demand more.
5. Any lie or harm is justified if it maintains your ownership. If you want a lie to be believed, make it a big one, like, "I have your best interests at heart".

□

## Internet Lists — Address Change

By Antony A Phillips, Denmark

IN IVy 24, page 31, we gave information on the two Internet private lists which Christine runs. The addresses of these have changed, and Christine Norstrand has sent me the following announcement:

Two internet listservers are available to clearing practitioners at no cost through newciv.org. `tc-l@newciv.org` is for the discussion of the philosophical underpinnings of transcendental clearing and is open to students, viewers, and professionals in the field. `tech-l@newciv.org` is for professional discussion of transcendental clearing techniques and research. It is open only to professional practitioners and advanced students.

To subscribe to `tc-l`, send an e-mail request to `majordomo@newciv.org` with the sole content of the email as follows:

`subscribe tc-l your@email.address`

To subscribe to `tech-l`, send an e-mail request to `majordomo@newciv.org` with the sole content of the email as follows:

`subscribe tech-l your@email.address`

Your request will be forwarded to the listowner. If you have any questions, please feel free to contact the listowner, Christine Norstrand at `xine@newciv.org`.

### Other Internet areas

Those new to Internet may wish to know that there are two public areas (news groups) of possible interest to scientologists, ex-scientologists and others of similar interests:

`alt.religion.scientology` is rather heavily loaded, and (last time I looked at it) more a battle ground than a debating area.

`alt.clearing.technology` has less traffic, and is a quieter, more sober area.

Internet is a rather vast affair, and we do not claim to follow it closely. If any one knows of lists or web pages of interest to our readers who have access to Internet, please let us know so we can relay the details.

Our Internet address and Home Page are listed on page 2.

□

THIS MAGAZINE consists mainly of articles on scientology, matters relating to scientology (and life) and developments from scientology in its broadest sense. If you fail to see an article on a particular aspect or subject this does not mean that we "disapprove" or for any reason we have censored it. It merely means no one has sent such an article in to us. May be you can do something about it.

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# When Positive Thinking Fails

By Speaker Allen<sup>1</sup>, USA

POSITIVE Thinking. Visualization. Affirmations. Creative Visualization. See-it, Do-it, Be-it. Act-as-if. Live-as-though. Even our (Acceptance's *Ed.*) own Affirmative Imaging.

Each of these is a powerful, even life-changing technique. Yet sooner or later, with someone or another, each of these fails. Why?

It may be that the answer to this question is based in metaphysics (each of us is an aspect or part of the universal consciousness and therefore participates in the creation of the universe, but there is something that goes wrong and we need to take it into account)... or something more materialistic (reality is absolute, but each of us perceives it differently, and we also make perceptual mistakes that need to be taken into account). Either way, there's some error that messes up the process, and we need to deal with it.

## It Works, but...

There is no error in the idea that positive thinking works. Affirmations and visualizations do lead to change, to replacement worlds. No, the problem is neither that positive thinking does not work nor that it does not work always. The problem is that it *does* work always. Even when contaminated by a negative focus.

That is the problem. All actualization is affirmative. That is great if you are affirming world peace and universal happiness. But it is not so great if you are thinking about war and famine. Either way, you get what your attention is on. Attention is the creative catalyst, the glue that brings perspective into experience.

There are two degrees of error. This is the part that is not normally taken into account. Most instruction in positive thinking goes after the habitual, routine "conscious" negative focuses, and replaces them with exercises for focusing on more desirable alternatives. And when this is done correctly, it can have spectacular results. Of course, it can be done incorrectly, and that is a problem we will discuss, but it is only the first degree of error.

## Structural Errors

The first degree of error in positive thinking techniques is one of structure. Mis-worded affirmations and contaminated visualizations are the most common examples.

Affirmations can be mis-worded simply by including deniers in the statement. "I am no longer afraid," is one. To think the concepts described in this affirmation requires one to consider being afraid. Thus one still affirms the fear.

Deniers are almost always constructed around the word No. You have a time-bomb waiting to backfire if you find any form of No in an affirmation — not, don't, won't, can't, and so on. So, instead of admonishing someone "Drive Safely," which implies having accidents, wish her a happy arrival.

Visualizations can be misconstrued in the same way. Seeing oneself as strong enough to stand up to a bully still includes bullies. So, instead of seeing yourself able to handle threats, see yourself confidently exercising a natural dominion over your path through life. That

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1 Allen Hacker, Speaker for Acceptance, Acceptance Services Center, Box 390696, Mountain View, CA 94039, ☎ (415) 964-3436, Fax = (415) 964-2090, Internet details: [speaker@asc.org](mailto:speaker@asc.org), <http://www.asc.org>, Moderated email list: [Accept-L@asc.org](mailto:Accept-L@asc.org). Inquiries, faq requests invited. Allan's book *Mind Matters* is available free on his Internet Home Page.

way, instead of having to detour through "tests," you just take a wonderful walk into the future.

### Hidden Thinking

The second degree of error happens when one has thoughts of which one is not aware. Actually, it is deeper than that. We all have trivial, unnoticed details in our opinions, attitudes and understandings. Most of these get brushed away without fanfare in the normal course of simple changes of mind. The rest, where they even count at all, are easy prey for positive thinking. Closely held, "precious" thoughts that we build up during intense moments (but fail to review later) give us the trouble. We (in *Acceptance*, *Ed*) call these "attachment ideas".

Usually, these are either intense definitions or highly valued policy decisions, formulated in adversity and perpetuated by unwillingness. They stand as sentries to make certain that bad things are foreseen in time to get out of the way, or whatever. But that is the problem. Like real sentries, to whom one has delegated the task of watching out for falling rocks in left turns, they remain continually attentive to the possibility. Single-minded in their operation, they are actually intense affirmations and visualizations, but they affirm and visualize disaster. And all this happens while we are not looking, trusting our sentries to keep us out of the very trouble they inadvertently draw in.

They are attachment ideas because they attach attention to negativity. Think of Scarlett O'Hara in *Gone With The Wind*, vowing to never be hungry again. Then watch her do whatever she has to, to get fed. Is she fighting toward food, or away from hunger? You cannot know by watching her. But on close examination, you can find the affirmation: "Hunger is horrible — it hurts and kills me, and I hate it!" Where's Scarlett's attention? On getting fed? No! It is on being hungry. By fighting against something, by resisting it so heavily that she must always stand guard against it, she allocates a tremendous amount of attention into the project. And leaves it attached to, and perpetually validating, the very thing she despises the most.

Attachment ideas are not unconscious. But they are unnoticed. Sliced into our thinking in almost infinitely tiny instants of time, between

all the other volume and noise with which we occupy ourselves, they do not get questioned. This is particularly true because each attachment idea contains a dose of resistance that impels us to look away every time we start to get close to one. After all, we don't want to experience that again, do we? Not even in our imaginations!

### Darkness Into Daylight

Here we are, spending an entire article on what is wrong. Is that negative? Fatalistic? Not, if it resolves into a constructive solution. And it does: Semantic Adjustment.

Semantics is the division of linguistics that deals with how we define things. And define things we do: everything! All through our lives, we give meaning and labels to things, classifying and differentiating them to sometimes ridiculous levels. But now and then we get things wrong. We mis-classify a This as a That; or generalize individual items into masses. Then we try to use the whole mess as an overview of life and an instruction manual for living. In short, we can draw crooked maps of misunderstood terrain, and spend a lot of time tripping over bumpy trails.

Semantic Adjustment is a procedure for finding and releasing attachment ideas. That is all it is, and this article is not the place to discuss how it works or why. Yet it is not a replacement for positive thinking. In fact, Semantic Adjustment is best delivered in the format of a "Condition Assessment," which begins and ends with affirmations and visualization. This assessment clarifies and defuses the underlying thinking behind negative conditions, and replaces it with constructive intentional thought.

The role of Condition Assessment is to handle things that do not resolve in the face of normal positive thinking techniques: behaviors that do not change no matter what, nagging fantasies and attitudes that come back no matter what, anything one does not want in life that will not fade away when affirmations and visualization are properly applied.

Condition Assessment and Semantic Adjustment are tools for achieving structured thinking, not replacements for it — and are used when positive thinking fails, when simply changing one's mind just will not do the job. □

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# Regular Columns

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## Classic Comment

By Terry E. Scott, England

### When In Rome

I ONCE READ that, after the Roman Empire collapsed, people in the various European nations negated many good things that the Romans had done, simply because they had been part of the oppressor's customs.

For instance, bathing became unpopular — just because Romans had been keen on keeping clean.

(So, to remain divinely dirty became the thing to do; and one can suppose it was probably like everyone eating garlic with a meal today. If we all do it, who is to notice the odor?)

Such a historic model offers food for thought to Free Zone independents today. There are things that the Church of \$igh did or does that are valuable and worthy, yet which some independents feel are "Roman" like — and thus to be avoided at all costs.

Take organization. That is something markedly lacking in the independence movement as a whole. There is little unity in the Free Zone,<sup>1</sup> apart from the commendable (but few) publications that barely keep us in comm with one another. The danger we face is of drifting into an anarchy of smaller and smaller groups.

I found the Church to be over-organized, but that does not mean organization is bad. Far from it. For the sake of the survival of free tech



and spiritual enhancement on more than just the first dynamic, let us get better organized.

This does not imply handed-down rules from a center. It would mean willingness to agree specific principles and co-operative endeavors. A loose confederation. It could be a shot in the arm that, according to my gut feeling, the Free Zone needs.

What should we do? My suggestion is this: establish our own Constitution, agreeable to all Free Zone groups and individuals. That can be done via correspondence, through magazine articles and polls, and — finally — in a truly international congress. This get-together would be set up with plenty of advance warning so that everyone who wants to attend might do so.

It is about time we ran our own flag up the mast. Meantime, if the idea appeals to you, write to me in care of IVy magazine. □

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<sup>1</sup> Since these words were written, in 1990 in *Uafhaengige Synspunkter*, a number of conferences have been created and continue; nevertheless, the Free Zone still has no broad unity, aim or admin.

## Regular Column

## Kemp's Column

By Ray Kemp, USA

### Navy Lark

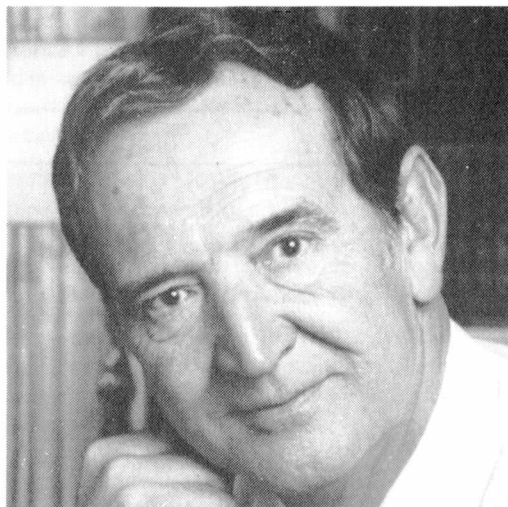
AS SOME of you know, I have been Navy oriented since the 1940s, and in fact my first contact with Dianetics was from reading an *Astounding Science Fiction* article in 1950, when off duty in an operations room while serving in the Mediterranean. Ron was also Navy oriented, and this friendship line was maintained throughout our association independent of any other line. We were both proud of that association and, as you may know "those who go down to the sea in ships" have a very strong bond regardless of which navy, and, as is commented on in a lecture "Team Mates" (circa 1952), overrides much that existing scenes may show.

As an interesting aside, during the "get Kemp" pogrom, there was an attempt to label me a CIA spy because of this relationship, such is the petty reality of those who act without understanding. Anyway, my Navy connections have remained strong, currently I am a Lieutenant Commander, serving in a definitely unpaid billet as commanding officer of a United States Naval Sea Cadet unit (the USN Youth program for pre-entry young people), a unique program in that it treats young people as adult "until they can prove otherwise"... also known as Non Inspection before the Fact.

### Navy practice

For those few who have nothing better to contribute beyond trying to prove that Scn was "not originated by LRH," you might also like to know that much of his teaching in terms of application can also be found in Navy Regulations and Practice ...very significant I am sure!

In the Navy one always refers to "The Mission." Every navy, fleet, ship, department, etc. has a mission (statement of purpose), and all these must be aligned for the operation to work. You may recognize this as the Admin Scale.



The Navy is not a democratic organization. The person in charge is given the responsibility and the duty, and is judged solely on performance... (stats?). However, unlike those who blindly follow "policy" with no understanding, thus creating chaos, the navy also has discipline, self discipline, the willingness to say "I did it" if one did, or to say "I did not do it", if one did not.

### Integrity

This creates integrity, meaning wholeness, or completeness. A ship with a hole in its hull no longer has watertight integrity, and thus sinks. So too with people. If they lose their integrity, they sink, or fail. One loses personal integrity in many ways; the most common is by buying in to other peoples considerations, actions, behaviour, and thus thinking that such is one's own. We call this "Wrong Items," and Pam (Kemp) has developed most successfully over the years a first action when handling someone with counseling which is to have that person find out what is their own, and what concept, idea, action, emotion, and so on — what Alan Walters calls "Unwanted wants" — have been forced or laid on them or even just bought and from that time on made into their own persona. Here, by the way, you will find valences, fleas (slang term for BT's or entities. *Ed.*), and all sorts of other named Scn Phenomena.



## Regular Column — Kemp's Column

Another aspect of Navy lore may be called "estimation of importances," what is vital, wanted, needed not wanted, desirable and so on. (Read your Target Series<sup>1</sup> for a very complete run down on this, especially if you are currently counselling, or contemplating it as an occupation.

I hear that the Freie Zone (in Munich) has just managed to acquire the rights to translate and publish Nordenholz' book *Scientologie*. I am sure that those involved are delighted at getting their product, but my question is... Why?

Many years ago, I ran into a relative of Nordenholz in San Diego. He had a blue neon sign in his front window with the name on it, so I went and discussed it with him. I also discussed the matter with Ron, who was interested and knew about it anyway. However, Ron's interest was not in the subject at all; he was only concerned with the legal ramifications of his copyright claim on the word Scientology, and it was agreed that neither had violated each other's copyright claim. Ron didn't want to buy Nordenholz' rights, and Nordenholz wasn't interested in it either.

So much for importances. But, as they say in computerese, "Back to following the line..."

### Total Quality Management

In recent times, Navy Management as indeed Business Management has developed, using what in the business world is called TQM, Total Quality Management, in the Navy is called TQL, Total Quality Leadership. (If you want more details on this read my book *Management without Ulcers*<sup>2</sup>.

If Ron were still at the helm, I am sure, based on my knowledge of him, that he would have delved into this very thoroughly and adapted it into the management of Scn, since it contains many of the precepts I have already mentioned; and the parallels between his philosophy of

management, not the actual practice of his managers, and the basic precepts of TQL are legion.

One of the basic precepts is, I think most applicable to the independent group. It may be unacceptable to those who have already acquired *fixed opinions* about Scn, the Church, Ron's Tech, as well as to all other attempts to provide explanations as to "where Ron went Wrong".

### Does it improve the existing scene?

"It" being whatever is the proposed alteration, change, new idea, criticism of the old one and so on.

Add this to how important is the proposal, in terms of improving the existing scene, and you get a very strong guide as to actions and activities that one should be concentrating on. Does acquiring Nordenholz' rights improve an existing scene? Your answer determines the importance of the action...and I am not going to be judgmental either way on that.

This simply worded concept is not so simple in its application, since it flies in the teeth of opinion, and justifications will abound.

One of my jobs has been to design and run a competition yearly, nation-wide, called Flagship, a two-to-three day event that tests the year's training of cadets. Every year over the past decade, I have received suggestions as to "why don't we add...", "We should change...", "You should eliminate..." To each of these I reply: "Show me how this will improve the competition," and so far no one has come up with the answer to that exact question.

### Improve?

A married couple decide to get a divorce... Does a divorce improve the existing scene (Marriage)? If observably it does not, it is no proper solution. In fact it creates a new scene called a failed marriage.

1 *Organization Executive Course*, Volume 0 from page 218.

2 Available from bookstores, published by Northwest Publishers, Utah, \$12.



## Regular Column — Kemp's Column

Does dwelling on the terrible way you were handled, or mishandled by a Scn org, or staff member improve the existing scene...? I doubt it.

Does not actively using whatever technical knowledge you have, to help a fellow human, improve the scene...? If it does not, do something that does.

Does participating in America's second most favourite indoor sport, getting involved in long and protracted law suits, improve your existing scene? (It may improve the attorney's scene) Then why do it?

Does creating new names for slightly altered technology already covered, improve any scene? If it does then do it, but if it does not...why spend all that time and energy, when it is all available anyway?

Ron once said, "It is not *my* scientology. If you operate on that basis you will get nowhere fast.

Make it *your* technology and *use* it". He also said, "A person who fails to use the technology he has learned, in his every day personal life, will remain too enturbulated to do his job". He did not say, "Before you use it change it, re-name it".

If a piece of technology you have tried "doesn't work," then before you change it "to make it workable because Ron had it wrong" ask yourself, "What doesn't work?"

As someone said to me the other day regarding financing an invention I am about to market, "Do you want to build a company, or do you want to market a product?" Building a company will not improve an existing scene. Marketing the product will make thousands of people safer in an emergency. It is all a matter of importances and improvement. This is what creates expansion. □



## Regular Column

# New Realities

By Mark Jones, USA

## Evolvement

IVy SERVES a very useful purpose by providing a means for readers to share viewpoints and experience.

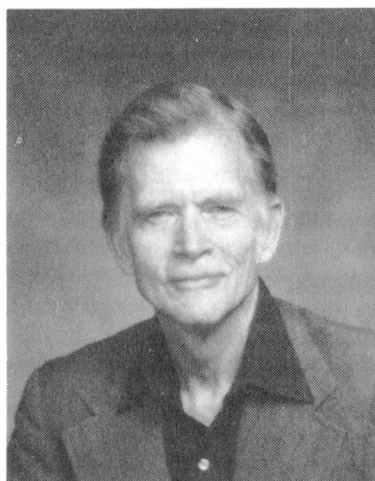
Each of us processes the ideas and concepts we read in IVy articles through the filters of the beliefs that we have previously adopted. As thetans, we may agree with some ideas and accept them as part of the stable data, through which we view life and evaluate life and experiences. We may resist or reject other concepts as "non standard" or unreal — as some in the fields of psychiatry and psychology rejected and tried to squelch the theories and practices of Scientology. Or we may *allow* new concepts that arise, exploring them without making prior judgements or categorizing them as unacceptable.

Previously, many of us as individuals adopted a system of beliefs regarding the means or procedures by which we could evolve. To the degree that we continue viewing approaches to evolution only through the filters of these beliefs, we can be restricted and controlled by them.

### Choice

Yet as we move through the years, questions may arise that deserve accurate answers concerning the levels of evolution and awareness that we have actually achieved. If we can disregard ego messages that we are evolved because we are a *class this* or a *level that*, we may find more subjective and objective answers to be revealing.

While many of us believe that we create our own realities and futures (and, in theory at least, can do anything we choose with them) we may also recognize aspects or variables in our lives and futures that are unpredictable. Many of us have not achieved enough synchronicity



with our bodies to assure the good health and life span we choose. There may be times when memories fail; when minds seem limited and confused and emotions produce anger and despair. Some of us may lack clarity and certainty about the form that evolution will take throughout this lifetime and those that may follow.

I raise these points because, I believe, most methods of evolution of which I am aware have various potentials and limitations. Those advanced by L. Ron Hubbard were very useful stepping stones. Only an individual can answer whether their sole use has enabled her or him to realize fully her or his aspirations. Everyone has the choice: to continue utilizing exclusively the approaches with which we are most familiar, or to explore other promising avenues as well. We can allow other approaches to exist without feeling that they are threats that must be resisted or discounted.

### Premise

One basic premise on which many approaches agree is that we are beings of energy. We create, receive and process energy; and our minds and bodies are dynamic, ever

changing forms of it. There is a continuing exploration to discover patterns of how we are creating and storing energies, and to find how we can become more effective in optimizing them.

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Regular Column — New Realities

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The use of regression techniques, to run secondaries and engrams, as a means of changing stored energy patterns, is familiar to many. Running them, conscious or analytical mind is bypassed. However, one may not recognize that he may be the effect of much deeper levels of programming; deeper than he can contact through simple recall or regression. One such source is the implants which may be encountered and run with varying degrees of reality. Yet there appear to be forms of programming or implanting not uncovered that may be major influences and determining factors in our lives.

Shamanic healers perceive and access energies by inducing deep trance states, guiding individuals to recognize and change their patterns of creating energies. Similarly, much of the effective guidance by channelled sources is based on assisting individuals to reach deeper levels of their energy creations patterns without evaluation; this may enable a person to recognize and change non optimum patterns at more basic levels.

### New approach

OT III and NOTs procedures enabled individuals to discover and separate from certain energy sources and patterns that were adversely affecting or limiting them. Data more recently available, primarily through channelled sources, enables one to reach and change energy patterns that respond as having

been programmed and stored at levels deeper than addressed by OT III or NOTs. In various forms, these appear to exist throughout a person's body and energy fields. Often, they are non-sentient and respond only when their specific nature is perceived and their unique form of energy is addressed. Some respond as being of metallic or electrical nature, are at many levels in the body as well as at varying distances outside. All these may be significantly affecting a person's awareness, body functioning and health, emotions, etc.

These new discoveries and approaches have been integrated into a program called ACCESS, which has been channelled via an Independent, Gary Douglas, from an entity named Rasputin. On the training program, practitioners learn how to sense these limiting and constraining energy sources, using both their sense of feel and psychic abilities, and how to release them. The changes are often quite significant.

Quite a number of Independents, as well as persons with other training backgrounds, have had what they consider to be remarkable successes — becoming more and more able to separate their own energies from those that have often acted as major sources of psychic and physical limitation. They advance towards limitless state, or more nearly OT.

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## Independents' Day

By Bob Ross, USA

ON INDEPENDENCE Day (USA) a great Independent's Day celebration and picnic at the old Greenberg mansion in Altadena, California, took place. I would say thirty people showed up. There were a number of technical demonstrations, in-

cluding one by Hank Levin on using a third party on a meter to get reads on a subject who was being asked the questions. This can also be done solo fashion to get reads on a preclear over the phone. I showed a video on alcoholism in cats, a laboratory

experiment which showed that alcoholism is not a disease and gives clues on how to handle it in humans. Mark Jones gave a talk on Access procedures. And Jim Marshal gave a talk on his multidimensional work.

□

# Literary Archaeology

By Frank Gordon, USA

THE LOGICS and Pre-logics of Hubbard were very useful to him in the development of Dianetics and Scientology. They are also useful in organizing any subject.

One such application might be in a new science that could be called Literary Archaeology, the science of extracting useful knowledge from old literary materials.

A basic assumption of Literary Archaeology is that knowledge and even wisdom can be encoded into literary materials and regained by the proper efforts. See Matthew. Chapter 13, verse 52.

The Benchmark Hypothesis of the Four Gospels (see next IVy) is an example of an attempt to reveal a deeper structure in religious materials. There are various ways to do this.

## By Sequence:

In the Sermon on the Mount, Jesus states, "Judge (or criticize) not, that ye be not judged". Matt. 7:1. Then, "Give not that which is holy unto the dogs, neither cast ye your pearls before swine..." Matt. 7:6.

Interesting! Immediately after being told not to judge, you are tempted to consider others as dogs or swine, and what you have as holy pearls.

How to reconcile these two rules? This sets up a dynamic tension characteristic of these materials, with a finely jeweled (stable datum) pivot (the story) as an aligning Logic 10<sup>1</sup>.

Another example of the importance of sequence is in the Kyrie. In the early Catholic Mass, this

was a section of Greek embedded in the Latin. The sequence (translated into English) was this:

Priest: Lord have mercy.

Acolyte: Lord have mercy.

Priest: Lord have mercy.

Acolyte: Christ have mercy!

Priest: Christ have mercy.

Acolyte: Christ have mercy.

Priest: Lord have mercy.

Acolyte: Lord have mercy.

A curious and instructive event occurs in this sequence. In his second response, the acolyte rebels! as it were — I added the "!" to emphasize this — and does not follow tradition. But the priest, instead of berating him, acknowledges and duplicates his response, before returning to the standard litany.

In the latest English version of the Mass now used by the Church, this momentary reversal of control (and a handling of the acolyte's origination) has been removed, and is replaced by a flat "Lord, Lord, Christ, Christ, Lord, Lord," in which the priest is the only source point and the Acolyte remains total effect. This is an example of the distortion mentioned in Corollary CorLA1.2.

## Dramatize or act out

One may run or dramatize a key story like a higher level or positive theta engram (What would you call it?), to develop its encoded knowledge.

For example: In Luke 18, 10: two men went up into the temple to pray. One thanked God for being so righteous and following all the traditions. The other beat his breast as a "sinner." It ends by saying he was the one who went away

1 Logic 10: "The value of a datum" (and a basic archetypal recurring event) "is established by the amount of alignment" (relationship) "it imparts to other data" (whole classes of events). For me, good parables and fairy tales can fulfil Axiom 10, and act as key-pivots around which data can be aligned. Old people's stories can also do this and serve to condense and summarize a kind of common sense.

"justified". (Note: Many of these parables have such a *standard answer* to act as a "fixative" for those readers who don't want to dig.)

Verbalizing alone won't do, but by dramatizing and exploring this, key elements of rightness, wrongness, and justification can be clarified. One can even see that in many ways he is both of these worshippers.

### Axioms and corollaries

Here are some possible Literary Archaeology axioms and corollaries.

LA1: All great or sacred writing is designed to reach into the distant future and transmit practical wisdom.

CorLA1.1: Successful transmission depends upon relay stations which are separated by some time interval.

CorLA1.2: The required time interval becomes shorter as noise and distortion introduced become greater.

LA2: In sacred writings, the intent is to transmit these scriptures as a dogma not to be changed or distorted until it reaches someone who can decode the encoded wisdom and use it.

CorLA2: A transmission line is designed to remain essentially unassimilated until it reaches a suitable receiver.

LA3: Long-range artistic means employed for transmission by literary works involve special techniques. An aim of Literary Archaeology is the discovery of these techniques. □

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addresses back page.

# GPM Clearing (part 2<sup>1</sup>)

by Robert Ducharme, USA

I WILL be sending IVy further materials for publication in future issues to supplement this writeup. So those who are interested in getting the most out of this process should keep their subscription to IVy going.

Grateful acknowledgement is made to L. Ron Hubbard for his obvious innumerable contributions, to John Galusha for having given me the basic tools with which to develop GPM Clearing, to Curt Ducker for having introduced me to Scientology in 1970, to Dr. Travis Herring M.D. for his professional assistance in furthering my application of the tech, and to Hank Levin (Editor, *The Free Spirit*) and Antony Phillips for their dedication to helping keep the free zone Scientology movement alive.

I believe GPM running is the "missing link" between Dianetics and Scientology and that the shortcomings of Dianetics led to the necessity of incorporating the broader techniques of Scientology. However, neither Dianetics nor Scientology actually addressed issues per Axiom 20<sup>2</sup>. Then came the research on GPMs in the 1950s and '60s as an effort, I believe, to fill in the gaps that neither Dianetics or Scientology were addressing. Those efforts at running GPMs had been in terms of having the preclear attempt to replicate the patterns GPMs had in common. This approach had some workability, but again it lacked the Axiom 20 factor, and so the results were spotty. GPM Clearing works because it fully incorporates Axiom 20 into every session. The results I have been getting with this process approach 100%.

I see Dianetics auditing as addressing mainly the masses from the track and Scientology style auditing as addressing mainly the "think". Of course there will be some crossover in both cases. GPM Clearing addresses both of these areas and evidently does it more thoroughly than either Dianetics or Scientology style processes. GPM Clearing apparently eliminates the need for procedures such as rudiments handling (I simply run the item the pc is sitting in), service fac handling, entity handling, and a host of other complexities that are nice to know about but need not be used any more except for learning, experimental, demonstration, or nostalgic purposes.

Every item presented by a preclear can be *fully* handled without *ever* having to address such things as "games matrixes" or "subject codes". So beware of complexities that an auditor might want to arbitrarily inject into this GPM Clearing process.

I would like dianetic auditors who use this process to please contact me via e-mail or telephone and let me know how they are doing on applying it and what kinds of results they are getting on their preclears. This will help me to write future articles about the subject.

## Correction

In part 1 I said: "it helps if the auditor is clear (so he doesn't read on the pc's case)". It should read "so he doesn't read on his own case".

1 Part 1 appeared in IVy 27, page 29.

2 "Bringing the Static to create a perfect duplicate causes the vanishment of any existence or part thereof. A perfect duplicate is an additional creation of the object, its energy, and space, *in its own space, in its own time, using its own energy*. This violates the condition that two objects must not occupy the same space, and causes vanishment of the object." (Author's emphasis)

### Full basic procedure

If appropriate, hat pc up on whole track. Get which item is to be run (two-way comm with PC).

1. Run R3R to "erasure" per Standard Professional Dianetics procedure. (not the cheesey book-1 seminar style).

Always check for an earlier incident on the chain even if preclear says the incident is erased. Sometimes you have to ask more than once, with good TR-1. Aim for "thetan era" incidents as this is the area where the most charged GPMs lie and the most case gain is to be gotten from. Sometimes preclears are not yet ready to run pre-MEST Universe GPMs and would do better running grades processes along with more shallow GPM Clearing (more recent incidents) until their case is more accessible and can run pre-MEST GPMs. Never push a preclear past a point he can run.

2. Two-way-comm to get the moment of shock (if shock doesn't indicate, other possible terms are jolt, overwhelm, shift of attitude, surge of energy, shutting down, turning point, emotional reaction, transition point).

3. Check for more than one shock moment; if so run each separately, the most significant one first, or run all simultaneously as one shock moment. There is rarely more than one shock moment. For flow 2 it is often a "surge of energy", and for flow 0 it is often a "feeling of overwhelm".

4. Give preclear the exact command: "Move through that moment of shock from beginning to end" several times until flat. If necessary, you could always have him run in slow motion as the moment of shock is very brief. After each run through, ask him how the moment of shock seems now compared to the time before (if you do not have a meter). I use the question "is it reducing?" If there is change, have him continue going through again and again until flat. If you have a meter, simply give the command over and over, and watch for a major needle blowdown and ask what was going on at that

moment (never interrupt a blowdown — a good reason to use a meter). He will probably tell you that it went flat. Do the same with each viewpoint. Some preclears will go through several needle blowdowns before it is flat. But there should be at least one.

5. Have preclear do the move through the moment of shock, from any other viewpoint he has charge on (other persons, beings in the incident) just as he did with his own viewpoint. It is important that when running viewpoints from this point on (except for the "Being" viewpoint) you first have the preclear take the viewpoint, and only then move him through the moment of shock. Some viewpoints may be taken as a group, especially if it is basically the same feeling involved, such as sympathy or anger. If no other viewpoints in the incident have any charge or relevance to the shock, proceed to step 6. The command for step 5 is a) "Take (or assume) the viewpoint of ..."; and b) "From the viewpoint of ... , move through that moment of shock from beginning to end". This done to same EP<sup>1</sup>. as above. Always acknowledge after each command is carried out.

6. Ask preclear how he felt after the shock and note it down. Then ask him how he felt before the shock by comparison and note it down — all done in that order. If the preclear mentions a negative feeling before the shock, such as "anxious about what was about to happen," then ask him how he felt before that until he says "normal" or "good" or "pleasant" or something like that. That will be considered his identity before the shock.

7. Have preclear move through the shock moment from the "after" viewpoint. It should sound like a) "Take the viewpoint you had after the shock"; and b) "From the viewpoint you had after the shock, confused person (or whatever preclear felt at the time), move through that moment of shock from beginning to end" to same EP.

8. Have preclear move through the shock moment the same way from the "before" viewpoint to same EP.

1 EP = End Phenomena or End Point. *Ed.*



9. Have preclear do the same from a pan-determined (all viewpoints at once) viewpoint, emphasizing the textbook definition of pan-determined as controlling all viewpoints, not simply being exterior to them. Use term "observe" rather than "move" for pan-determined and beingness viewpoints. You can use the command a) "Take all viewpoints at once"; and b) "From all viewpoints at once, observe that moment of shock from beginning to end" to same EP.

10. Give preclear the command, "Observe that moment of shock from beginning to end by just being," to same EP. Preface the command with something like "Whatever this command means to you" if you feel the preclear might become puzzled by it. No need to do part a) on this command.

11. Ask: "In or around that moment of shock is there a feeling of loss of self or some aspect of self?"

From here on (and including feeling of loss) all feelings are put into a statement (postulate) form by the preclear and then repeated until flat. The preclear can, and should, change the wording if it changes for him to something more appropriate while repeating. (Always preface the questions with "in or around that moment of shock...")

For example, "fear" can become "I can't confront anything," or "This is more than I can bear," or "I have to avoid this situation at all costs". If possible, have preclear avoid using the name of the feeling in the statement, like "I am afraid". The preclear needs to break down the feeling into its component parts. But the preclear should not be forced into an unreality either.

If possible, try to get the preclear to repeat the postulate as though he were making it in present time: "I can't confront" rather than "I lost my ability to confront". But this a judgement call.

Also, qualifiers should be eliminated such as "I feel like" or "I guess". The idea is to get the preclear as close to duplicating the original postulate as possible.

After they have been repeated a few times, I will ask the preclear "How does the feeling of ... seem to you now?"

If it is flat, I will go on to the next feeling. If it is not flat I will have the preclear look at the feeling as it is now (I ask "What does the feeling seem like now?") and have him turn that feeling into a statement form and repeat that until flat. Postulates often contain a pronoun such as "I" or "me" or "you".

If preclear can not find wording for the feeling, then he can be started out by having him use the phrase "I have to ..." or "I have to avoid ..." along with the appropriate ending, and have him repeat that. Another way is to lightly suggest some possible phrases to him. The stable datum here is that all feelings are basically postulates.

If it is a feeling of pain or physical sensation, there may be no words for that yet. Just have the preclear feel that feeling in the sense of accepting it and letting it follow its cycle to completion. After you ask, "How does it seem now?" it may be in a form which can be run as a postulate by repeater technique.

12. Ask for any remaining feelings beginning with those the preclear has already mentioned and which should be circled; handle same as above.

13. Ask for any emotions; handle same as above.

14. Ask for efforts or compulsions; handle same as above.

15. Ask for postulates, questions, intentions, attitudes, considerations, beliefs, agreements, aesthetics (like for instance the beautiful sadness of degradation, or the glorious feeling of being a martyr, or the entertainment value of being beheaded.) Only repeating of the phrases is needed here, unless they are feelings.

16. If appropriate, ask: "In or around that moment of shock is there any viewpoint that you are not totally comfortable with?" Handle all originations as above.

17. This step is at this writing still in a somewhat experimental stage. From what I have been able to gather there are two important points to be noted here. At the bottom of the flow zero chain is the high probability that the preclear created the whole basic incident and that it was for a simple reason such as to have a game, or to experience something. The auditor does not tell this to the preclear who should cog-

nize for himself about his part in the creation of the game. The second point is that the preclear also created the shock moment by his reaction to the circumstances and denial of self.

The first question about this should be "Is there any part of this moment of shock that you're responsible for?" The answer should be "All of it" (regardless of which flow), because of course it was the preclear's own reaction that occurred. Two way comm may be necessary on this step. Afterwards the auditor should ask if there was a postulate connected with that decision to react. If necessary the auditor can ask, "What did you hope to accomplish by creating that shock moment?" and ask for the postulate again afterwards. In any case there should be a postulate like "I'd better agree to be effect so I'll be acceptable to others" or whatever. Whatever postulate is arrived at should be repeated to a blowdown and VGIs.

The second question should be done when the basic on flow zero is reached: "Is there any part of this incident [as a whole] that you created?" If the answer is "None of it", then you have the option of using the process "What part of this incident could you be responsible for?" repetitively until the preclear cognizes about his part in it. On flow zero, usually the preclear simply created the whole scene. After that your next question is "What were you trying to accomplish (or what goal or purpose did you have in mind) when you created that incident?" The answer should be something simple like "To have a game," or "For entertainment" or something like that. The preclear should feel good about having recognized that. That should be all that is needed on this question.

Any problem on this section should be two-way commed until clean. Asking "why" for anything is not recommended as it implies a wrongdoing.

18. If the basic incident on the chain was not pre-MEST, have preclear go back to the later incidents on the chain after the chain is blown, and run out the shock with the feelings and postulates in those incidents if the shock moment is still there. It sometimes is. If the pre-MEST (actual) GPM is contacted and run out to EP, there should be no need to run the shock moments of the later incidents, but they should be checked anyway. Sometimes a little residue of charge is left, which can be blown upon inspection.

19. Check back for the circled feelings and postulate phrases in the later incidents on the chain and see if there is still charge on them, if so run out the charge in them with the repeater.

20. Refer preclear to original item to be run by asking if he sees a connection or similarity between the last incident run and the item in present time.

On flows 2,3 and 4, individually, check for charge run chain if need be.

21. Ask preclear "How does ...(item) seem to you now?"

22. Run havingness on preclear. If he balks, explain that it is for mainly the body and not necessarily for him as a Being. I usually run (a) "Create a mockup" (or "a pleasant scene") "and collapse it into the body," an alternative being "Put out 8 anchor points into space (in the form of a cube), collapse them into the body", (I prefer the latter) and (b) locational ("Spot an object"). Each run until preclear feels good about about it. If shoving the object into the body makes preclear feel worse, have him mock up objects and throw them away until he feels better, and next time use an alternative command.

The first command is mainly to remedy havingness and the second is mainly to reorient the preclear to present time.

23. End session.

24. Arrange next appointment.

An alternate way of doing this is to run R3R until flat on all four flows and then run the moment of shock on flow four first, and then any other flow with a shock moment still charged. Usually flow four is the only shock moment that needs to be run as it is usually the basic flow that occurred before the others. But sometimes all four flows have to be run.

### Trouble shooting the moment of shock

In regards to running the moment of shock: There may sometimes be a buildup of mass when running the flow with the command "Move through that moment of shock..." If after repeated attempts the mass keeps building up rather than erasing, the auditor should ask the preclear for the feeling connected with the moment of shock and run it out by repeater technique, then go back to complete running the

flow. If the phrase handling grinds too, then return to moving preclear through the moment of shock. That should complete it. Make sure the feeling and the running through the shock moment are both flat. Always make sure everything is flattened before moving on to something else.

The phenomenon that occurs here is that running the flow is very general while running the postulate is very specific. Running the flow is usually necessary to get the major masses out of the way so that the postulate can be viewed clearly enough to be run out. Sometimes the postulate needs to be run out to lighten up the load that is to be run as a flow.

In any case, this area cannot be run rote and must be handled in a manner the auditor decides is most appropriate for the situation.

Sometimes, if the preclear is having trouble running the moment of shock, or he still feels bad despite running everything, there may be an additional viewpoint in the incident that may be at first hidden from view. It needs to be located and then run like the others.

### Running too shallowly:

If a preclear tends to be quick about moving through the incident, then he is probably running too shallow. He needs to be hatted on interiorizing into the incident and really feeling it. This takes confront and involvement. Just spotting and "blowing" the incident by inspection, or "knowingness" is not enough. Sometimes it takes the preclear two to three minutes to properly run through an incident no matter how advanced he is. It has been my experience that those who run deepest make the greatest gains. Erring on the side of speed is erring on the side of "quicking" the process.

As I see it, the preclear in running fast is only running out the "think" in the incidents, while the preclear who is running more deliberate is

also erasing the mass. So the preclear has to strive to feel all the sensations in the incidents running it interior and not exterior.'

### Optional Shortcut Procedure

An alternative shortcut method is to do the following. When the basic pre-MEST incident in flow 1 is located and reduced and there is none found earlier, ask, "Is there an earlier incident where you caused yourself to have the feeling of (item)?" What you are trying to do here is get the preclear to contact flow 0 and run that and any earlier incidents in the flow chain, until you find the basic. Then you run the shock moment on that basic. Afterwards you check back again with the last incident on flow 1. That shock moment should be flat and of no consequence as flow 0 is usually the basic flow and often takes the charge off other flows. Flows 2 and 3 should still be checked for charge before session end or prior to the next session, and if charged should be taken up at the next scheduled session. I would only do this step on pre-MEST incidents. □

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You can contact Robert Ducharme, ☐ (407) 850-9411 or (407) 855-4406; E-Mail address: VoltR@ctinet.net. Actual complete session tapes available.

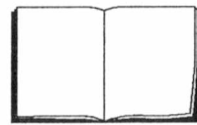




Book News

## Silent Survivors

Review by James Moore, England



*Secret Survivors*, by E.Sue Blume. John Wiley and Sons, 1990. ISBN 0-471-61843-8

IN BOOK NEWS in IVy 1 there is an article recommending some Self Help books. The idea is that there are some specific areas of trauma and aberration which you can individually audit people out of, but this can take considerable time. Some of the time could be used without involving an individual practitioner: in self help groups of people with similar experiences, or by reading a well written book on the subject. The book would contain examples from a varied group of people of their experiences, how they had handled them, what realizations they had had, and words of comment from an experienced practitioners. Such were the books mentioned in IVy 1.

However, one area was missed, which I recently came into contact with through a preclear, and I would like therefore to bring it to the attention of those who might have need for it.

### Silent survivor

The actual title of the book is *Secret Survivors*. I have altered the title in order to emphasise an important aspect. In the majority of types of traumatic or crisis situation, be it bereavement, war, accident, there comes a time when the victim is able to achieve his or her wish to get help; to communicate on the problem. In the class I am talking about there is a strong command not to get help, not to talk about it, not to reveal it. I will give you a made up example, but to do so I will use explicit sexual language. This is a technical magazine for practitioners, where technical terms would be used, and I trust no one will be offended or shocked.

When the trauma happens, our victim is a little girl of maybe three or five years. On the whole, adults are friendly or at least neutral, but this man (enormous from the viewpoint of the little girl) is different. He takes her into some secret place, insists that she looks at pictures of a sexual nature, which she does not understand, and

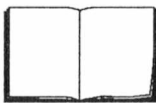
takes out his erect penis and masturbates, including ejaculation, things completely outside her present life experience and understanding. The motions, noises, and expressions he makes, she finds terrifying. There is a peculiar, intense, atmosphere about the whole thing. She is not physically touched in any way, but she is very frightened and uncomfortable. She would like to be anywhere else but is prevented from leaving. Very likely she is made to feel guilty, even to postulate her own guilt. Possibly, because logic is not fully developed at that age, and she may have much false or missing data, she may feel that this hell she is going through is because of some wrongdoing she is guilty of.

Additionally, the silent side of it. The man doing it is very aware that, in satisfying his somewhat aberrated desires, he is doing something for which he would get into a lot of trouble if he were found out. Penalties are very heavy. He therefore takes all precautions he can think of to prevent the little girl from ever revealing what has happened. A girl of that age does not have very complete data of the world around, so she could well swallow, for example, the idea that if she breathed a word about it, a tiger would jump out immediately and eat her up.

### Repetitive

The man in question is in a pretty aberrated state, judged by more normal eyes. It can well be that he feels a bit guilty about it. But the aberrated desire comes on him again (and many of us know how strong sexual desires can be at times). He got away with it last time. One more time would not do any harm. He does it again — many times. More “commands for complete silence” are put in. He is not sure that the tiger idea is working, so he introduces the idea that her body will slowly rot if she discloses anything. As it goes on, he gives more and more threats for silence (for the longer it goes on, the bigger his punishment if found out; legal, in his work life, and socially).

The little girl seems rather unhappy and reclusive for a girl of her age. In many cases, no one really finds out why. And when the activity eventually stops, perhaps because the man or the girl moves to another town, her only means for handling the trauma, unhappiness, is to suppress it. The tiger, body-rotting and other stories are there, but getting suppressed. Possibly she has bad dreams, and other symptoms (described in the book), which she is not very willing to talk about.



standing man sometimes says "she brought it on herself".

The wounds and scars are often deep, complicated, difficult to communicate and confront. Hours of auditing. So the book is strongly recommended to cut the auditing time down. Use it. Scan through it yourself. Get your preclear to read parts relative to her.

The subject is complex, and I have barely skimmed the surface in this article. The book's 300 pages goes much deeper, and will give lots of understanding both to the practitioner and the (hopefully former) victim (called the survivor, because, despite all, she did live through it). But be warned, it took a month to get my copy from the States, and that is not always time you like to "waste" if your preclear is in need.

### Not incest

What I am talking about is not incest by the older, dictionary definition. The man and the girl are not related. In this case no sexual (or even physical) contact took place, though it well might. What I am talking about would include full rape (but not necessarily the dictionary definition incest as the victim may not be related to the victor) — very frightening to a child victim.

In fact incest, for example copulation between brother and sister of approximately the same age, status, and physical size (whether children or grownup), can be enjoyable, and non-aberative if some outsider does not introduce blame, guilt, and so on into it. Just curiosity or a game. Playing mothers and fathers, perhaps. Without adult interference, that is not the stuff deep mental wounds are made of.

What I am describing, and what the above book handles, is extremely heavy domination by an overpowering adult of a small child (could be male or female, though apparently it is more often female) with sexual content, whether physical or not. There is no short term for it, so people have tended to call it incest, rather confusing for people tied to a dictionary.

### Use the book

What I am talking about, many repeated smashings of a child's happy universe with enforced, secret, sexually coloured incidents, is not a thing handled in a couple of sessions of two way comm. Though of course, theoretically, a child in a small body could be a big thetan and take it all in its stride, turning the offender over to the police, and modestly refusing to accept a reward. Pardon me, that was an attempt at a joke, and I realise all too well that it is not basically a joking matter. But the non under-

### The auditing part

But the book in itself is not sufficient. No case is typical, no two cases are alike, but let me describe a little of what I experienced using Scientology. I judged it unwise to run subjective processes (some engram running was previously done by another). CCHs were the order of the day. And on the second command cycle of CCH2 I turned into the girl's "tiger" and she went into deep terror (I should mention that the "tiger" and terror had been coming up in daily life).

She did know it was me, but she saw her "tiger". We kept in good comm, but it is strange auditing when you know you look like some wild animal to the preclear. Doing the CCHs ran it out, so that she got into a state where I ran 7 1/2 hours nonstop Opening Procedure by Duplication without her "tiger" turning up.

### Survivor's view

The book was recommended to me by Deirdre (Email address: deidre@sover.net) and when she saw the first draft of this article she wrote the following:

"The reason I recommended it is that it gives the questions (from an auditor's perspective) of what might arise (e.g., self-mutilation, eating disorders, fear of getting face wet, sado-masochistic sex) that might not otherwise be spotted or put together as a whole or even asked about (fear of getting face wet is fairly common among incest sur-



vivors but not among the population as a whole, for example). I think it would be a great service to put together a CS/53 sort of form based on the list in there and some of the behaviours mentioned as they are part of a system.

"If the preclear's confront is up and they are willing to look, it can be a valuable book because they can realize that they have some of the behaviour. They will usually be very relieved that they don't have some of it though. For example, I find self-mutilation very odd, but after joining a list (Internet area) that had several "cutters" on it, I can sort of understand the calculations n they have control over pain).

"The catch on these things is that they are frequently very poorly remembered and, particularly when someone was that young, the exact wording may not be something the preclear can recall (because it is during a time when a person doesn't have a sophisticated understanding of language).



"There is also this "He is having fun, he's an adult, I am not having fun, there must be something wrong with me," sort of calculation that can go on.

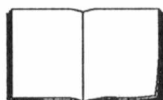
After all, adults know stuff and therefore if they are having fun...

"Some people, such as one woman in the book *I Never Told Anyone* (a collection of first-hand accounts of sexual abuse) whose mother injected heroin into her to make her more compliant for her father, seem to come out okay despite really severe abuse by both parents. Others seem terribly traumatized when a stranger ejaculates in the same room with them (but with no other contact).

"It's all pretty subjective."

Ron has given us tools for helping these misused people. Effective tools. Takes more than a couple of hours, but then what do you expect when the basis is months or years of overwhelm?

They are tools which truly allow you to help create a better third dynamic. □



## **TROM: Similarities and Differences**

By Flemming Funch, USA



I HAVE STARTED playing with *TROM*, and have worked with Level 2 since yesterday.

The technique is deceptively simple. And not particularly new for that matter. I had included almost the same technique in one of the modules of my training courses, amongst many others. I just did not give it any particular significance. It is also similar to some techniques Rowland Barkley has come up with.

For those who don't have the book *TROM* (*The Resolution of Mind* by Dennis H. Stephens), it consists of four levels. All of them do-it-yourself, except for Level 1 if one needs it.

Level 1 would be traditional objective processes, but would only be run if one has trouble differentiating between what is subjective and what is objective. Most people would not need to do that, Stephens says.

### **Level 2 technique**

Now, Level 2 is basically this technique:

- a. Select some insignificant scene in the past.
  - b. Pick an object from the scene.
  - c. Pick an object visible in the present that is different from the past object.
  - d. How is it different from the object in b?
- (Repeat c & d while they produce change.)



- e. Pick a present object that is similar to the past object in a.
- f. How is it similar?
- (repeat e & f while they produce change, and go back and do c & d again, and so forth.)
- g. Then pick another past object and do the cycle over again from c. When one is flat on easy objects, one can pick more loaded objects from more significant incidents.

One can then pick people out of incidents and do the same thing: Compare them with people in the present. First fairly insignificant ones, then more loaded ones.

### My experience

Now, I picked first some objects that were pretty much in present time, but somewhere else. Like, at home I picked an object in my office, and vice versa. That worked fine. I became more aware of the properties of the objects, and they became more available at the same time.

Then I figured I had better pick some objects that were really in the past. Which is not particularly easy, since usually I do not concern myself with the past. We could say that I have "erased" my past. I very rarely have any kind of issue with anything that is in the past. So, it is certainly not for that reason I would want to try this process, but to see what else there could be to it.

It took me about twenty minutes to get hold of anything at all from the past. It was a little chair I had when I was three.

Looking at differences and similarities with objects now, the chair quickly became really vivid. And after a while I could contain the chair and the objects now in the same place and superimpose the chair on the current scene with almost the same level of reality.

The reality of the chair also brought back some emotions, and the realization of how limited my space was at that time.

I didn't like looking at differences repetitively and then similarities repetitively. That kind of thing doesn't work for me any longer, I have to do it more holistically. So, I looked at both similarities and differences for each object.

I then picked some other object, from when I was around ten. After I had worked with the second object from my room at the time, the whole room and the house at the time started becoming very vividly available. Lots of details I had forgotten came up. Or rather, I could go there and explore the place and look around as if I were there. Noticing many details I had not given a thought to for twenty years.

It is not in any way the first time I have done that, but this seems to be a fast way of getting to that point.

Well, more later, but this does seem to be a very good technique for sorting out one's relation with the past. It certainly should help with "finding the past" like Stephens says. □

## TROM News

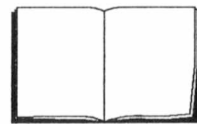
The above was written some months ago. Judith Anderson is the distributor of TROM for Europe and Australasia, Flemming Funch is the distributor in North America. Judith's address is P.O. Box 212, Red Hill, Brisbane 4059, Queensland, Australia. The cost is \$A40, or £20 Sterling and includes postage. Flemming's Email address is [ffunch@newciv.org](mailto:ffunch@newciv.org). He charges US\$40 for TROM, airmail anywhere, and his postal address is 17216 Saticoy Ave, #147, Van Nuys, CA 91406, USA. For Internet users there is a special area for TROM. To get onto the

TROM mailing list they should write to [listserv@newciv.org](mailto:listserv@newciv.org), and on the first line of their message write: SUBSCRIBE TROM-L.

Just before going to press we have received from Judi Andersen advanced copies of supplements to TROM (*The Resolution of Mind*, by Dennis Stephens). These include summaries of the processing, other peoples comments and advice on running TROM, and an excerpt from a tape Dennis made to clarify the running of level 5 of TROM. □



## L.Kin Volume 4: Contents



Entitled *From the Bottom to the Top (The Way Out)*, Volume 4 of L. Kin's *Scientology* series has 270 pages and the following contents:

### Preface

### Chapter One: Some General Considerations

The Anatomy of a Thetan  
Auditing and Other Practices

### Chapter Two: Getting Started

Step One: The Interview  
Step Two: The Program  
Step Three: Postulate Auditing

### Chapter Three: Moving Upwards

Ruds, Grades, Repair Lists, Rundowns, etc  
The Auditor's Three-Drawer Toolbox  
Three Types of Bridges  
Meter Reads and Truth  
Session Control  
KRC-Auditing

### Chapter Four: Going Solo

The Ability of Clear  
Each His Own Bridge  
The Solo Practical

### Chapter Five: The Solo Levels

Materials  
Prerequisites  
General Description  
Solo 1  
Solo 2  
Solo 3  
Excalibur  
The GE Rundown (GERD)  
Auditing MEST  
An All-Purpose Trouble-Shooter Checklist  
The Self-Exploration and Perfection Program (SEPP)  
Warning: Black Shadow Thetans (BSTs)  
Higher Echelon Hats

### Epilogue

(Published in IVy 27, Page 4.)

### Appendix

- A. A Homage to Ron
- B. A Note on the Tonescale
- C. Auditing Essentials
- D. Notes on Supervising
- E. Theory Course for Auditors (Checksheet)
- F. Practical Course for Auditors (Checksheet)
- G. The Solo 2 Checksheet
- H. The Solo 3 Checksheet
- I. The Excalibur Checksheet
- J. Postscript to *The Pied Pipers*

The predicted publication date is autumn 1996. The price is DM 34.80 or roughly £14.20 sterling. Ordering and paying in advance helps the publisher! Order from your usual outlet in USA, Australia, the U.K., Denmark or Germany.

### Addresses:

VAP Book Service,  
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# Knowing, Believing, Knowing About

By Leonard Dunn, England

## *Conclusion*<sup>1</sup>

### **Beliefs**

KNOWLEDGE IS certainty, and is achieved by virtue of one's personal experiences. It is, therefore, senior to beliefs which are a Maybe even if the believer considers them to be otherwise. A belief is a consideration and not *the truth* although many like to think that their beliefs are that. LRH said that a being is as sane as he is certain about agreed upon things. Sanity is a highly desirable quality to have in an increasingly insane world whose inhabitants seem to be working steadily towards the destruction of the world's environment (so that in course of time it will be quite uninhabitable for humans and many other species). LRH once said that humans had already destroyed four or five planets. One writer<sup>2</sup> said that, in order for evil to flourish, all that is needed is that men of goodwill just sit and do nothing. Beliefs in themselves are not enough to create survival.

Any belief or theory is as good and as true as it works — for you. It may not work for someone else since we are all unique individuals and go along in our own individual ways. Because something works for you that is no reason to insist that it should work for everyone else. To do so is where trouble really starts.

The poet Tennyson spoke of believing where we cannot prove, and this was his definition of faith. On the other hand we have an American rustic philosopher, Josh Billings, who declared that faith is believing in things as ain't so. Some people are doing the one and some the other. This introduces the idea of belief in an

Authority and accepting its words as Law. In the first of the Philadelphia Doctorate Lectures (PDC) of December 1952, LRH told his listeners not to believe anything that he said merely because he said so but to check for oneself to see if it works for you. Very sound advice and a very valuable attitude to have to life, so it is a great pity that he did not continue along those lines instead of instituting himself as the Authority which he so soundly condemned in those early days.

### **Scientology and religion**

Where there is the question of being unable to prove, for whatever reason, then one must assess the probabilities of whether or not it is true for you.

This is particularly needed in regard to those areas where there is great controversy and sometimes violent differences of opinion. The worst areas for this tend to be religion, politics, race and sex. When Scientology became a religion, it became inevitable that LRH should come to be regarded as Source and infallible. This is the position that the C of S holds today and enforces upon its adherents.

This has turned it from a workable science into a fundamentalist religion like certain areas of Christianity and Islam with, in some areas, the violence that is associated with these other religions. Despite this, it has its place in life and serves the needs of some. If it were not so, it would not survive. Everything in this universe serves some purpose, even if this purpose is not crystal clear to those who are not in agreement with it. Therefore, it is unwise to condemn that

1 The first part appeared in IVy 27, page 25.

2 Thomas Jefferson. *Ed.*

with which we do not agree. I went through the stage of C of S bashing at one time, but my outlook has changed with a certain growth in wisdom. There is always the Law of Cause and Effect to handle things so I am content to allow things to work out in their own way. That which they sow they will reap.

No way, no matter how good it seems, is right for everyone and, equally, any way that is produced is right for some. There has to be some essential good in everything, otherwise it could not survive, so to have tolerance we must seek out that which is good and workable in that which we encounter and make full use of it. Believing where we cannot prove, but not blindly. Some things have to be put on "hold" until firmer decisions can be made as to whether they suit our personal needs whilst realising that, even if not, they will suit the needs of some others. Tolerance is a virtue. This is something that no form of fundamentalism can understand and put in familiar words — man survives by his ability to change. Fundamentalists don't change, but only want to change others.

### Flouting the law

Those who deliberately and actively work to harm others need to be restrained from doing so by virtue of the maxim of the greatest good for the greatest number, but it is also desirable that one should seek to find out why violent disagreement with Society takes place. After all, there are a lot of genuine injustices in this world — or so it appears, but then we do not know what a person suffering apparent injustice has done to create this current situation for himself. Life is seldom as straightforward as we would like it to be.

So how should we deal with those who flout the law? The usual response to this is to punish them. Does punishment deter? Does it ever work? Very seldom in my experience. All that it does is to generate resentment. Punish a child and see if that improves conditions! My mother used to boast that I was such a good child that she never had to slap me after the age of three. By this time, I was so fearful that I would tell any lie to avoid the threat of punishment. Not even the final deterrent, the death penalty, works.

The truth is never recognized, bar amongst the exceptional few, that you cannot take life. All

that one can do is to kill the body with which it is associated. Consequently the being, normally speaking, is back in the body within about three months at the most.

Many years ago, I read a story about a man who was in a small town in the USA. He was accused of stealing food, and his defense was that he was starving. The judge fined him a dollar, to be paid for out of Court Funds, then fined everyone present five dollars each for allowing such a situation to take place in their town. An oversimplification, but it does put over the idea that we do have some measure of responsibility to others. Much crime does occur because of adverse social conditions. Much arises from the growing problem of drug taking, but why do people need to take to drugs in the first place? Perhaps some of the greatest criminals are those who operate within the law but to the detriment of Society.

What I have been considering are beliefs of various types and which the believers hold to be good and true. This Earth is said to be one of the prison planets of this galaxy and, looking at a large proportion of the inhabitants, that is not all that hard to believe. Those who do not consider it to be a prison can have great control over MEST, and are not involved in this non-survival game. Those whose lives are running well are an élite, but they have an ethical duty to help those who are ready to be helped.

### Knowing About

This is Einstein's "information". One reads or hears something which produces a measure of interest. It adds to our general education, but may not be strong enough to be more than a passing interest. On the other hand, it may arouse a strong interest that leads to a belief and, perhaps, a personal application that converts it into knowledge. If not, it is just filed away and can be retrieved in course of time if a situation justifies it. By definition, information itself is not knowledge, but can become so if desired.

Like beliefs, information is a Maybe and must be regarded as such. This is where logic can be useful despite the low level LRH placed upon it in the Know to Mystery scale. To quote T.H. Huxley, "Logical consequences are the scarecrow of fools and the beacons of wise men". Logical thinking has masculine qualities (Yang),

while intuition is feminine (Yin). Both have their place. To take a personal example of the latter, I was drawn by success stories to a method of case handling that I will not specify. It was based on LRH material that had never been developed by him. Despite the attraction, I had a strong intuitive feeling that it was not for me. In course of time, I found by further information from someone who had done this course that my intuition was proven right and that it would not have been beneficial to me. This does not mean that it was without value to others, since their success stories proved otherwise; but this is just a further example that what works for one does not work for another whose needs are different.

The wider one's range of interests, the more able one is to communicate to others. A common ground is a good starting point of entry into wider issues, but one must be careful to assess what another's potentials really are. There is the warning that one should not cast one's pearls of wisdom in front of swine lest they violently object.

### Practical Issues

I have been writing a lot about our spiritual beingness and having the knowledge of being spirit since this is the gateway to much wider knowledge. I gained a lot from Scientology when I was involved in it, but have progressed much further in other fields since I resigned from the C of S. I would like to point out, though, that the spiritual is only part of our life here on Earth.

We live simultaneously in four worlds — the physical, the emotional, the mental and the spiritual. These four are all equally important: none should be out of balance with the others. It is common with some groups to consider that only the spiritual is of importance, but that is not the case. On the contrary, this can be off-putting and can defeat its own ends. Of course there are those who are so "spiritual" that they look down on lesser beings — spiritual snobs!

Kipling gave the advice, "Don't look too good, nor talk too wise". ☐



# Scientology — Masculine or Feminine?

By Judith Methven, England

I ENTERED the field of scientology in 1991 and one of the first things I did was to read a few books by L. Ron Hubbard.

Personally, I found the information delivered in a direct and forceful way, a very masculine way, by a being obviously manifesting as masculine. This manner was echoed in the Philadelphia Doctorate Course tapes. I found the attitude a little overbearing.

An overemphasis of masculinity can result in inflexibility and too much dominance.

During auditing, the auditor and I found the way forward did not consist in following strict scientology auditing rules. He often necessarily deviated from the questions as laid down "by the book" and took up issues that presented themselves. Many questions were formed on an intuitive (feminine) basis. This was an entirely necessary thing to do — I covered a lot of ground, and I understand the auditor learned a lot too. The original question was always laid to rest eventually with a floating needle.

## Conventional/old-fashioned

I am sure that, if I had been audited in a conventional (old-fashioned?) way, I would have stopped the process, finding it too harsh and unaccommodating. Indeed, when I was kept strictly to laid down auditing questions for a time, and wasn't allowed to deviate, ridges formed and progress ceased.

When necessary, the auditor quoted personal examples of how certain principles had worked for him. I found it helpful to see how the things I was striving to learn and understand had actually worked for someone, and this bit of two way flow often opened up new avenues for me to explore.

## Flexibility

I think that a flexibility of approach is a necessary advance in scientology and will enable more people to enter the field easily. It is a pity, therefore, that some scientologists reject these advances, because they work! As Ron said — "for God's sake, get on and create a better bridge!"

After all, Man survives by his ability to adapt, and most would agree that the world is changing very rapidly at the moment.

It takes courage on the part of the auditor to deviate, where necessary, from the laid down questions of scientology. But then, auditing should be a subtle balance of guiding and being guided on the part of the auditor — it is a question of achieving balance — that is, making the processes not too masculine, nor too feminine.

It appears to me that this approach helps the preclear to achieve maximum results and the auditor to gain new knowledge, certainty and flexibility. □

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Definition is taken up so beautifully and expertly by Count Alfred Korzybski that it is very difficult to improve in any way upon his classifications of definitions or his understanding of definitions. Somebody said it a little shorter than Korzybski — Voltaire "If you would argue with me, define your terms".



# Commentary on Kemp's Column in IVy 26

by Frank Gordon USA

IN IVy 26, page 20, Ray Kemp reviewed IVy 25. He stated, "Ron always wanted the subject to be academic and educational". Ray himself worked to establish a four year college curriculum in both the Humanities and Philosophy in "The Southern California Institute" (S.C.I. — a legal degree granting institution authorized by California Law). This program was torpedoed by Jane Kember of the Guardian's Office.

## A Scientology curriculum?

Using Ron's goal above as envisioned by Ray as a starting point; what could such a curriculum include, and how could we approach it on a gradient scale?

One way to begin would be by publishing a kind of Journal of Philosophy (entitled *Wisdom?* perhaps; actually, IVy presently approximates this role). Then, ideally, the articles included should prefigure the curriculum of a school like S.C.I.

## Scientology and Comparable Philosophies

One area to explore could be how Scientology compares with other academic philosophies<sup>1</sup>.

I once showed the Scientology axioms to an academic philosopher, and his first response was, "Oh, that's metaphysical idealism". When I looked this up in a philosophy dictionary, I found a number of definitions:

Metaphysical idealism, philosophically, is the view that only minds and their contents really or basically exist...<sup>2</sup>

Idealism is any doctrine holding that reality is fundamentally mental in nature...<sup>3</sup>

Idealism is the philosophical doctrine that reality is somehow mind-correlative or mind-coordinated -- that the real objects constituting the "external world" are not independent of cognizing minds, but exist only as in some way correlative to mental operations.

Perhaps its most radical version is the ancient Oriental spiritualistic or panpsychic<sup>4</sup> idea, renewed in Christian Science<sup>5</sup>, that minds and their thoughts are all there is -- that reality is simply the sum total of the visions (or dreams?) of one or more minds<sup>6</sup>.

1 Logic 8: "A datum can be evaluated only by a datum of comparable magnitude".

2 *The Philosopher's Dictionary*, Robert M. Marlin, Broadview Press 1991.

3 *The Oxford Dictionary of Philosophy*, Simon Blackburn, Oxford University Press 1994.

4 Panpsychic (Gk. pan:all + psyche:soul, life): of or relating to panpsychism, a theory that all nature is psychical (mental), or has a psychic aspect, and that every physical happening participates in the mental. *Webster.International.Dictionary.Unabridged*.

5 Christian Science: A religion and system of healing disease of mind and body which teaches that all cause and effect is mental, and that sin, sickness, and death will be destroyed by a full understanding of the Divine Principle of Jesus' teaching and healing. The system was founded by Mary Baker Eddy in 1866, and bases its teachings on the Scriptures as understood by its adherents. The official name of the organization is The Church of Christ, Scientist.

6 *The Cambridge Dictionary of Philosophy*, Cambridge University Press, general ed., Robert Audi 1995.

Filbert, in *Excalibur Revisited*, in his article: "Christian Science, Above Their Heads," (page 478), discusses Christian Science and its relation to scientology. He states, "Christian Science is over 90% correct, but it is of such a high reality level that most people are not up to using it...it is good for resolving problems of the spirit. Scientology and Dianetics are good for resolving problems of the body, mind, and spirit.

"Christian Science... workability is limited...to the degree that the person is involved with the apparenity of reality.

"In conclusion," he states, "if there is a problem with an apparenity, use the clean form of Scientology in this book<sup>1</sup>; if there is a problem with reality, Christian Science is one of many workable ways of fixing that. If you do not know the difference between the apparenity of reality and reality, you should read this book, and some other books, very, very well."<sup>1</sup>

I would have found it helpful if Filbert had defined his use of the words apparenity and reality, and if he was using them in the same sense as Hubbard.

In any event, it would seem that scientology, among other things, can be viewed as a philosophical idealism.

## The Evolution of Personal Knowledge<sup>2</sup>

As we go through life, we build personal knowledge systems. The validity and usefulness of these can vary markedly from carefully examined "stable data" to that which has been desperately installed to hold back confusions; from conscious self-determined choices to those enforced by pain and unconsciousness.

An examination of how these personal knowledge systems are built (using the Logics<sup>3</sup>) and of their resulting quality could be the subject of a course (An Introduction to Personal Knowledge Systems, perhaps?).

The philosophy of scientology could serve as the subject of an exercise in doing this. What key datum gives the best alignment<sup>4</sup>? One possible choice is the view that life has a structure similar to that of games.

Another possible key datum is self-determinism<sup>5</sup>.

Ray Kemp has opened a very big door, and set a challenging goal in his article: the establishment of a sky-high curriculum. I do not at the moment recall any single word which expresses "intelligence in action," (inter: between or among + legere: to select and lay down), but this is what is required — to pick out the best and align, arrange and organize it. □



1 *Excalibur Revisited*, The Akashic Book of Truth, Geoffrey C. Filbert, Manuscript Edition 1982, page 478.

2 *Dianetics: The Evolution of a Science* could be used as an example.

3 Logics: Ron does not define the word "logic" in the pamphlet *Axioms and Logics* 1973 and in a few other publications. My own definition is: a guiding or organizing principle for aligning and establishing a coherent body of knowledge. A clarified and codified heuristic. A basic heuristic from which others may be derived..

4 Logic 10: "The value of a datum is established by the amount of alignment (relationship) it imparts to other data". The question then arises as to whether or not "Life is a game," "self-determinism," a combination of both, or something else that would provide the maximum possible alignment.

5 The Pre-Logic Q1: Self-determinism is the common denominator of all life impulses. The importance of Q1 is emphasized by the first two rules of the Auditor's Code: 1, Do not evaluate for the pre-clear, and 2, Do not invalidate the preclear's data.

# Groups

By Jim Burtles, England

Groups can be of many kinds  
A gathering of bodies  
Or a collection of minds.

They may gather for good or for bad  
Their tone might be depressing  
Or else they can make you feel glad.

I think the tone of a group is key  
To the effects which they cause  
And their impact on you and on me.

Their basic attitude of mind  
Determines whether they are  
Friends or Foes of Mankind.

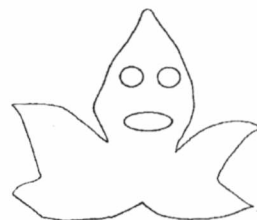
Whenever you meet a new game  
Consider your own purpose  
And see if they want the same. □



# B

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