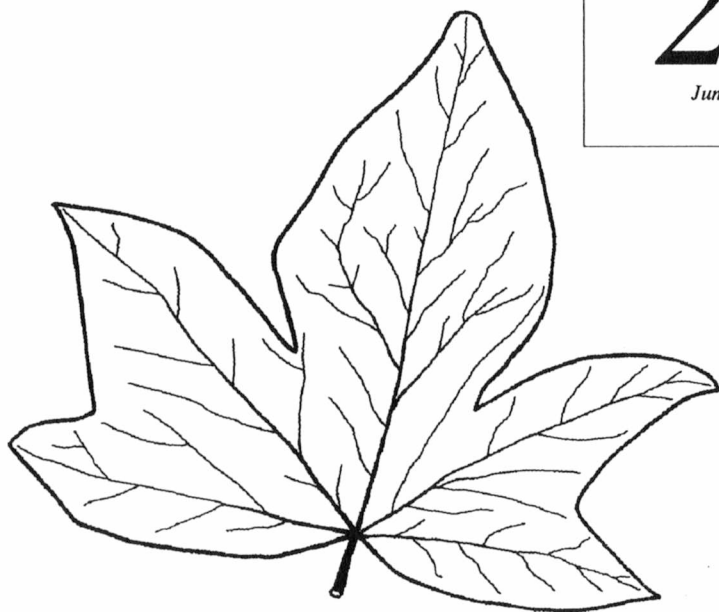
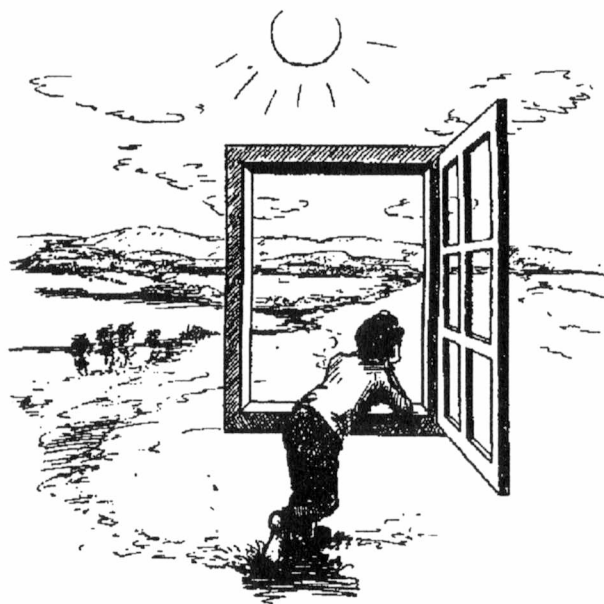


27

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girl's name)



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International Viewpoints is independent of any group or organization.

Magazine's aim:

In 1934 the book *Scientologie* by A. Nordenholz was published. In the middle of the twentieth century the subject of Scientology was greatly expanded as a philosophy and technology by L. Ron Hubbard and a big band of helpers. This band coalesced into the Church of Scientology, which became somewhat secretive, restrictive, expensive and slightly destructive. From 1982 on, many left or were thrown out of that church and continue to use and develop the philosophy and technology.

It is this large subject that *International Viewpoints* deals with, and it is our aim to promote communication within this field. We are independent of any group (sect). □

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You never do anything in life which is a failure. You are always winning — always, always, always.
The trick, my friend, is to find out just what game you are actually playing.

Eric Barnes
(taken from *The Free Spirit*).

Another Look at Basics — #8

Basics

Communication of a Philosophy

by Frank Gordon USA

IN *Webster's New Collegiate Dictionary* 1961, Philosophy is defined as:

1. Literally, the love of wisdom; in actual usage, the science which investigates the facts and principles of reality, and of human nature and conduct; specifically, and now usually, the science which comprises logic, ethics, aesthetics, metaphysics, and the theory of knowledge.
2. A body of philosophical principles; especially, the body of principles underlying a given branch of learning, or major discipline, a religious system, a human activity or the like...

Hubbard's Philosophy

Hubbard gave three principles underlying his view of an effective personal philosophy, which he called Scientology. I have added brief comments:

1. Wisdom is meant for anyone who wishes to reach for it, i.e., it must be accessible and in a form that is easily understood.
2. It must be capable of being applied, i.e., there should be a direct way of translating theory into practice.
3. Any philosophic knowledge is only valuable if it is true or if it works, i.e., it should be easily testable.

Using Logic 8¹ let's compare Hubbard's communication of his philosophy with that of some others.

Immanuel Kant's Philosophy

I once decided to read Immanuel Kant, and chose his *Critique of Practical Reason* as probably a bit easier to grasp than his *Critique of Pure Reason*.

I obtained an English translation and began. After reading two pages, I had a very strange feeling. I felt like I had just read two blank pages. It wasn't as if I had looked at two blank pages, but as if I had *read* them. Total blankness.

Epistemology

Epistemology² would seem to be comparable with Scientology, so I looked it up in an encyclopedia. Here is a sample:

"Epistemology is the philosophical examination of human knowledge. One of the central problems that faces an epistemologist, a philosophy engaged in the examination of knowledge, is how to refute the epistemological skeptic. Such a skeptic should be clearly distinguished from an ontological skeptic..."

Would you care to continue? I decided not to.

An Appreciation

So, among other things, Hubbard should certainly be given high marks for his clear and straightforward declaratory sentence style. For example: "Knowledge is not data. Knowledge is certainty."

Right or wrong, it is readable, and accessible.

Other Ways of Communicating a Philosophy

Fiction and poetry inevitably communicate underlying philosophies, with varying degrees of clarity. Here is a poetic example of my own:

About Time

The pine tree stands

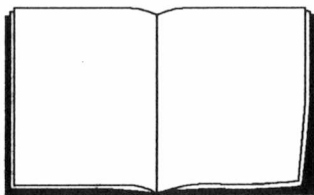
Things are persisting³

A bird flies over

Things are changing⁴

□

- 1 Logic 8. A datum can be evaluated only by a datum of comparable magnitude.
- 2 Epistemology, the theory or science of the method and grounds of knowledge especially with reference to its limits and validity.
- 3 Axiom 7. Time is basically a postulate that space and particles will persist.
- 4 Axiom 8. The apparency of time is the change of position of particles in space. Axiom 9. Change is the primary manifestation of time.



L.Kin Volume 4: Preface

By L.Kin

THIS BOOK, which I assume will be the last volume in the L.Kin series, deals with the solo route to case completion.

Case completion means there is nothing left to be audited. Except perhaps out of curiosity, but not out of need. You are aware of the significant events of your past track, those that have formed your present, and you have discharged them. The charge is gone, the information is left. You are aware of entities, i.e. other people's ridges flying about (and there are lots), and you don't fall for them any more. You are aware of the Genetic Entity looking after your body. Through auditing it you have learnt to live with it rather than against it or in ignorance of it. You become aware of other thetans' thoughts and postulates even before they can interfere with your own. You are aware of your game, your purposes, and of the mission you have to fulfil before you can calmly leave this planet and go elsewhere. You know the mission and what it takes to fulfil it, and are working on it. You can plan out your next incarnation with certainty. The usual veil of forgetfulness won't lay itself upon you in the between-lives area. The future is yours.

In short, you are a happy, healthy and purposeful person.

At this stage you are straight up against life. No charge of the past creeping in, no old bad karma you stumble over. It's you and life eye to eye. No filters. The only recourse from there on out is keeping your TRs in and applying the ethics conditions. Tough stuff.

Volume 1 was on the philosophy of Hubbard, volume 2 on its practical application as far as attaining the ability of Clear. Volume 3 was on the sort of stuff you may run into in the OT 3 band and beyond. Like it or not, one can't seem to avoid getting involved with galactic politics. This present volume puts the first three together and suggests a route towards case completion (a "bridge", to use that term). On one's way there one will experience the phenomena described in volume 3. Eventually, towards the end, one will leave such phenomena

behind. Because after all, any of these experiences are only theta adventures. They are something one may have to go through, yet by themselves they are not important. As well, this fourth volume reflects the way I work personally. I speak for myself rather than let Ron Hubbard speak (as I did in the previous volumes). What follows in this present book, then, is what I myself do with Hubbard's technology, how I personally use the basic tools and concepts of Class VIII (they were described in volume 2, *A Handbook for Use*.) Much as Class VIII constitutes a fairly high level of accomplishment and skill, it is also a level of great simplicity. It reduces the complexity of the tech to two simple concepts: **one**, look at people as composite beings consisting of a thetan, his bank, entities, a GE and a body; **two**, get this multi-dimensional interaction sorted out by the simplest of means. That's standard tech Class VIII style. It will coincide only rarely with the rather rigid version of "standard tech" as practiced in certain places. That sort of "standardness" turns auditing into a ritual and the auditor into a robot. It makes auditing become a soul-less, lifeless pursuit, it makes it ineffective. Which is a sad thing to happen.

I'm aware that — in view of the battles raging on Internet and in the courthouses of the world — it may seem slightly naive to say anything positive about Ron Hubbard and his work. Yet in my view there is only one single reason for these battles, and it has nothing to do with "the tech" as such. It is this: people were lied to. What they were promised wasn't kept. "If you can't get the technology applied then you can't deliver what's promised. It's as simple as that. If you can get the technology applied, you can deliver what's promised. The only thing you can be upbraided for by students or pcs is 'no results'. Trouble spots occur only where there are 'no results'. Attacks from governments or monopolies occur only where there are 'no results' or 'bad results'." I bet you've heard this before. It is from "Keeping Scientology Working", HCO PL 7 February 1965. When the auditor has good results, people are perfectly happy with Ron and his tech. No legal battles.

So let's all have some good results on others and ourselves, and make this world a better place, shall we?

Predicted publication date: Autumn 1996



Religion and the 1000 Year Empire

By Todde Salen, Sweden

The following is an answer to a letter which Todde received with regard to his articles in IVy Nr. 9 page 17 "Buddhism and the Second Empire". Ed.

I GOT your letter of Dec 1st (1995) the other day. Thank you! I am happy to hear that you got some inspiration out of the article on "Buddhism and the 2nd Empire". If you are looking for the common denominator underlying all religions I am quite sure that you will find that basic buddhism already has aligned itself along such lines. However I do not believe you will find any single source when you are following various paths down through time. At least not if you stay on this planet. Buddhism recognizes many Great buddhas. Four such have supposedly already lived, and the last Great buddha — Maitreya — (in this era) is supposed to appear at the end of the "human civilisation era of 30,000 years." He will supposedly lay the foundation to the 1,000-years kingdom within less than 500 years. However he (or she) will not be alone, but have assistance from a few thousand enlightened beings. Maitreya is supposed to lay the foundation for the 3rd Empire (the 1,000 year kingdom). When that 3rd Empire has accomplished its mission a new Era (a new game) will begin. The 1,000 year kingdom is supposed to fulfill the purpose of Man and civilisation as we know it on this planet.

I do not believe much in single sources. Gautama Buddha (the 4th Great buddha, who lived some 2,500 years ago in India), was not alone when he laid the foundation to the 2nd Empire. He was assisted by "hundreds of enlightened beings or buddhas" (among them Socrates and Jesus Christ) and the combined efforts of millions more. Yet it took almost 2,500 years before the 2nd Empire was created in the Western world.

Religious prophesies claim that the 3rd Empire will be erected a few hundred years into the future, but they also say that the seeds for the 3rd

Empire will start to grow "when the grave of the great Roman is discovered". (St Paul's grave was discovered in 1939.) Thus it is possible that the creation of the 3rd Empire has already started. I believe it has. But I also believe it can only be established by thousands of able beings and millions more supporting that creation. It is the duty of those who can see the light (perceive the buddha Maitreya) to spread the message around. Maybe you are one of those?

"Gnosis" is the word used by the early Christians before the Catholic Church became "the only source of Christianity". Those early Christians called themselves "Gnostics" and if you are interested in their teachings, I suggest you study *The Gnostic Gospel* by Elaine Pagels. (I believe the title of the book was something like that.) It is interesting to learn that the basic meaning of Gnosis is almost exactly the same as the basic meaning of buddhism. Also the word Scientology is derived from the similar root words.

Doingness needed

I do not believe that knowledge can be carried forward by written words alone. I consider that the "know how" has to go along with the written words to make the knowledge possible to disseminate properly. It is in carrying out the cycles of action that the knowledge was designed to control (KRC), that a level of excellence can be obtained. Without practical application, written words are wasted. And that is the greatest problem of religion. Man has a mind that tends to turn creative activities into rites and rituals. The human mind also has a few traps built into it that are very tricky to avoid falling into. Thus *a true religion has to have a high level of knowledge of the human mind* to succeed in carrying out the dreams of religion. It is definitely not enough to be "salvaged" or "released from sin".

I very much agree with you that man has evolved mentally as well as physically on this planet for a very long time. Modern science is

blind to this as it does not recognize any "proof" that cannot be measured by physical means.

I also agree that your studies seem to have taken you to similar conclusions to those I have arrived at. It does surprise me in a way that this has happened to you. I do not know you from any personal communication in this life, but I am surprised. Early on I believed that everybody would arrive at these conclusions, if they only studied and researched hard enough. Today I have started to wonder why so very few persons that I have got to know have arrived at such conclusions. That is why I am surprised to hear that you have done so.

Your viewpoint that it takes ARC to arrive at KRC has been discussed at length in our group here in Sweden. The conclusion we have arrived at is that, for the individual, who has lost him/herself in "the Swamp of Ignorance", there is no way out through the ARC band unless a KRC being assists that individual by giving him/her the proper ARC-guidance. We consider that this has been done and that now it is up to those (ARC beings) who are willing to accept the offer delivered from higher level KRC beings to get busy building themselves up into "assistant KRC beings".

Planet Earth does have beings that are being offered help. Many of the human beings on our planet are so involved with playing more or less meaningless games, that they do not find the time or energy needed to play the real game they are being offered to play. This real game involves learning and teaching the wisdom and know-how on how to evolve the human mind and the human beings to higher levels of awareness. It is a discipline that needs to be mastered by training. Study alone will not result in the KRC needed.

Understanding and knowledge

I would also like to comment on your idea that Understanding and Knowingness depend on each other. I say increased Understanding will lead to Knowingness, but that working only in the ARC band is not enough to arrive at knowingness due to the complexity of our universe. A guiding hand is needed. Also, once you have arrived at knowingness in an area, you will be able to teach that knowingness, so it is possible for a student to reach Understanding (by application of the ARC-triangle to study). So I dis-

agree with you when you state that 100% U = 100% Know. I say as your U increases you are entering Knowingness. Usually you find that out when you have gained some knowingness. You will then soon realize that there is more to know and thus you reach for more U to gain that extra Knowledge. It is a process that seems to never end, but as you progress along the line, you realize that you are developing into ability. There will never be 100% U or 100% Knowingness, only a gradient scale of coming closer to 100% (as long as you stay in this Universe). I agree that ARC is basically human mind level (you say 1st dynamic). Then you say KRC is 3rd dynamic and I disagree. To me KRC goes all the way from 1st dynamic to 8th dynamic. So now I will answer your questions:

2-valued logic (Black and White thinkingness), 3-valued logic (Yes/No/Maybe) and gradient scale logic (various stages of Grey) was discussed in an article written by Hubbard (*Tech Volume I* pages 68-83, a twelve page article which first appeared in *Astounding Science Fiction* magazine in January 1951.). Also, A. E. van Vogt wrote a few Science Fiction books on the subject (the Null-A series, i.e., the "Non Aristotelean logic" series). Socrates also discussed along these lines once upon a time.

That you use "reason", deduction and logic (basically ARC based on stable data) in your study is excellent. That is what you are supposed to do, but human mind thinkingness is not enough to get you out of the trap you are in, as you seem to already have discovered. If you couple your human mind reason with a fair amount of intuition you may get someplace (if you are good at it), but you still need guidance. Such guidance will be given to those who do not give up, but continue to reach for it, despite "reasons" to stop reaching.

Again, I need to emphasize that without "divine guidance" the human being is lost, no matter how brilliant he/she is. That I say that we have access to such "divine guidance" does not necessarily make that true for you. You have to find out for yourself if that is a true (how close to or far from) statement or not. What I say to you with written (or spoken) words can at the most make you believe. If you want to arrive at Knowledge in the area you need to perform cycles of action that make you arrive there (i.e., C in the KRC triangle). □

Instant Disagreement, or, What's in a Name?

By Ray Harman, Australia.

FREE COURSE in Personal Efficiency, said the newspaper ad back in 1961. Venue, the American College of Personnel Efficiency, Adelaide.

American, eh? The proprietors must be brave or foolish, I thought. Australians were sceptical in those days, and anything new out of America was automatically viewed with suspicion.

However, the material presented on the Free Course was good enough to overlook the mental alarm bells, which rang again when the name 'Scientology' was mentioned by the instructor. Without tertiary education on word meanings and derivations, to my 'man in the street' thinking, it meant 'science of science' which was non-sensical.

Today

Lately, there has been much discussion, a veritable Tower of Babel, some have said, on the Internet and elsewhere, on the subject of a new name for the rope ladder which is the escape route from the Black Hole of Calcutta¹ called the Mest Universe.

Until perhaps the middle Sixties, this was called "Scientology" and "Standard Tech", and, as such, was well defined and understood. But with the passing of time, the ideal which these terms stood for in the minds of thinking people steadily diverged from the reality which was practised by the would-be sole custodians.

There is now such a gulf between the ideal and the successors of the old custodians, that those of us who uphold those original ideals are most anxious not to be identified with the latter. Thus, many of us who use the tech, or advances on it, no longer use the name "Scientology".

However, the suggestion of a name as an alternative usually produces instant disagreement.

How long?

Will the church of dollars ever cease to be, thus freeing its name to be rehabilitated? Maybe, but we cannot afford to wait. Meanwhile, modern Clearing Technology², some say, needs its own distinctive name.

To use small "s" scientology invites attack, and the difference between a capital and a small "s" is insufficient to differentiate between church and Free Zone. Many see the use of the word to be the kiss of death. If the promo is to be believed, the name "Dianetics" in 1950 proved to be a buzz word which gave the subject immediate recognition and popularity. It did not carry prior connotations. There have been many good suggestions for a replacement name for Scientific Spiritual-ology, but one which really clicks has not yet appeared. (How about, "The Silken Ladder"??)

Arrogant auditors

To be a practising auditor, one needs to be very sure of the rightness of one's realities about auditing. Very sure indeed! After all, one is bucking the system by actually making people better. This is supposed to be the territory of doctors and psychiatrists! (Well, it used to be, although attitudes are becoming more flexible as time goes by.) The Free Zone auditor is also disregarding the territorial claims of the Co\$! So, every Free Zone auditor is very sure of his rightness...even arrogant, one of them said to me! Perhaps the worst example was LRH. Every noteworthy auditor who could postulate a

1 Infamous prison used in the Indian Mutiny.

2 Name used by some instead of Scientology.

tech theory soon found himself distanced from the master!

Certainty of rightness is good

Now, I cannot imagine that certainty of rightness is not a good thing. However, it has a liability of sorts. This is, that different auditors may view the problem of the human condition from different viewpoints. The view of some is wide, while others may be a little less so, or may be concentrated upon a particular aspect. Thus, the apparency comes about that some auditors may perceive a different reality from their fellows. The result can be lowered affinity, reality, communication and agreement between different Free Zone groups.

This is of course a generality and is not true in all cases. Some agree to disagree and remain good friends. But in a few cases, there is close to an "exclusive sect" situation. This is the way that the church went, and is undesirable.

The value of IVy.

Hence, the value of IVy. It can act as a diplomatic line of communication into some areas, to help raise the reality factor within the Free Zone. Raise Reality, raise ARC, raise the Tone Level! After all, the basic task of the auditor is not specifically to blow a GPM or to free an entity, but simply to raise the tone level of the pre-clear. All other gains follow automatically.

A formula for unity

Some of us say, the important thing is to run the GPMs off the case.

Some of us say, the important thing is to clear one's space by auditing the entities and BTs.

Some of us say, these things are part of oneself, they are not separate things.

All of us are right. How can this be? Here is my opinion.

Before the beginning was a Cause and the entire purpose of the Cause was the creation of effect¹. Here is a picture of it:

1 LRH: Factor #1.

2 Factor #3.

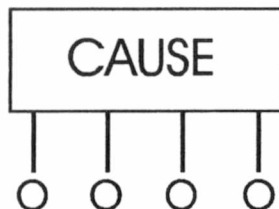
3 Factor #11.

CAUSE

(If you prefer, Before the beginning was the Word, and the Word was with God, and the Word was God.)

The first action of beingness is to assume a viewpoint² ... But there are other viewpoints³

So now we have:



The "O"s represent eyes, or viewpoints, you see.

Now, I have shown four viewpoints. A little later, there are four quadrillion or so! (Or, if you prefer, In my Father's house are many mansions, or, I am the vine, and ye are the branches...)

Then, some clown postulated gravity. Cause is taken by surprise, and gets 99% gravitated down the strings, so he gets thin on the top and lodges mainly in the viewpoint! The extra weight makes the theta strings stretch considerably.

So, the GPM, the BT, the whatever, are separate things? Sure, they are. And they can be audited that way, in practice.

The GPM, the BT, the whatever, are part of *you*! Sure, they are! Maybe connected by some long thin rope, but none the less, part of you.

Here, too, is an explanation for the communication system between the GE's, as L. Kin describes, and the Superconscious communication system which Lawrence West describes in his excellent book *Understanding Life*.

So that's Harman's Hypothesis. I hope it produces more ARC. I will have done some good if it makes someone at least smile! ☐

Moments of Wonder¹

by Bob Ross, USA

WHAT IS a withhold? What is missing a withhold?

A *withhold* is a holding back from a self created impulse.

An impulse, a non-verbal postulate, to do or say something is immediately manifested by doing something or saying something, unless it is blocked or withheld by self or by some external barrier. If an impulse is not acted on, that impulse continues unless and until executed or cancelled.

Example: Almost everyone at one time or another has experienced a desire to immediately counter or support someone else's remarks, but held back from immediately doing so, out of politeness or because interrupting the speaker was not allowed. Children often withhold because they have learned that "Children should be seen and not heard."

When you attend a group discussion where you have a strong interest in helping to establish the final decision, if someone says something you think it necessary to refute, then unless you immediately write a note to yourself of what you want to say your attention can become so fixated on not forgetting what you want to say, that you create a ridge that prevents you from hearing anything else said by that speaker or any subsequent speaker, until it is finally your turn to talk. However, if you immediately make a brief note to yourself of what you want to say, you can put your attention back on the speaker. It might even be possible to ask the speaker to hold for a moment so that you can make your note, so as to not lose anything he has to say.

Any blocked goal in a person's life forms a similar ridge until acted upon and completed, or

until looked at and cancelled. Ridges result from an outward or inward flow of intention blocked by counter-flow or barrier, internal or external.

What is missing a withhold?

Missing a withhold was originally defined as something occurring to the client, i.e., as a motivator. A "missed withhold" is created when a person wonders whether people know, have found out or will find out about someone's beingness, doingness or havingness. The essence of handling missed withholds is looking for the other person's actions that triggered the client to wonder whether they knew. According to LRH "It's nothing the person himself is doing" (LRH Lect No. 206, Apr. 24, 1963). With respect to an auditor, a missed withhold is considered to be created any time the client feels the auditor should have found out and didn't. (SH Lect. No. 136, Nov. 1, 1962.)

The essence of missing a withhold lies in a person wondering whether someone who would disapprove of or punish him had observed or would find out that he was, did or had something shameful, criminal, or sinful or otherwise disapproved of. e.g., being a Jew in Nazi Germany. A missed withhold can be restimulated any time a person is reminded of an incident in which he wondered whether someone knew or would find out. The essential data that needs to be recovered to blow a missed withhold in session is to discover what it was the other person did to invite the client to wonder if he knew or would find out.

In a session there can be numerous opportunities for an auditor to ask about something and for a client to tell all. A withhold often does not get missed, producing missed withhold phenomena, until the moment the session ends and the

¹ Issued under the title "The Nearly Found Out" as Doc No. 190 V3 Ross Technical Revelations Sept. 10, 1995, Oct. 9, 1995, \$3.00 — see also IVy 25, p.7

client becomes unsure as to whether the auditor knew, guessed or did not know, the withheld secret.

A withhold, missed in this fashion, is often partially missed up to the end of session, but not fully missed until the auditor says, "That's it, end of session", for up to that moment it could still have been asked for. If it happens that way symptoms only show up after the session is over. It became standard practise in 1963 to ask at end of session whether a withhold had been missed. This dropped out of regular use when the major cause of dirty needles and pc session upsets was discovered to be auditor mis-handled comm cycles.

Unique discovery

The discovery of missed withholds was a unique discovery of L. Ron Hubbard and his disciples made in 1962 on the Briefing Course at Saint Hill, East Grinstead, Sussex, England. This data does not exist as part of any prior type of counselling, or psychological theory, and may be the major reason for what Freud called "resistance".

Ron first communicated data about missing withholds to students in his SH lecture of Feb. 7, 1962¹, and a procedure was given in his bulletin of February 12, 1962². An improved handling suggested by student Bernie Pesco was issued, for Saint Hill Students only, on July 11, 1963.

Unfortunately, though later data in 1962-63 cleared up early confusions on the symptoms pointing to the existence of missed withholds, the earlier bulletins which contained those confusions were never corrected. Thus, Technical Bulletin of May 3, 1962 implies that the symptoms of *ARC breaks* were identical to those brought about by *missing withholds*. This not only confuses students about the symptoms resulting from missing withholds, it also prevents students from correctly recognising types of upsets. ARC breaks, client critical, physical illness symptoms, High TA, are each caused by a different type of By Passed Charge.

As a result, ARC Breaks, symptoms of physical illness, high TA, and other consequences of bypassed charge have resulted from use of inappropriate remedies.

Current data is that the primary manifestation of ARC Breaks is: client refusing to talk to auditor. This is quite different from client critical of auditor, which is a manifestation of having missed a withhold. Client angry at auditor is not a symptom of and a direct result of missing a withhold, but could be a secondary effect of the auditor having missed a withhold. The anger is a consequence of the client's intention to harm the auditor.

Manifestation

The most common and important manifestations of missing withholds are: 1. the client is critical of the auditor to his face or behind his back; 2. client wanting to leave and not get more auditing or; 3. client not returning for more auditing.

Initially, LRH blamed himself and other auditors for missing withholds. See definition in first paragraph of this section, above. He never seems to have deduced, or at least never said, that it was the client himself who created the missingness of the withholds, by wondering if others knew. LRH later recognized "client wondering about actions of others, and withholding dangerous data" as parts of the scene.

But, in 1963, LRH was apparently focused on PCs being the effect of their experiences, as laid out in *DMSMH*, rather than focused on their having created their banks. That LRH was highly aware that people created their own banks can be seen from his development in 1958 of the "Help and Step Six procedure". My think on why he dropped that procedure is that he considered that Help and Step Six was too out gradient for many clients or beyond the skill of most auditors.

Bernie Pesco's suggestion in 1963 added the question, "Who nearly found out about it?" to the procedure of Feb 12, 1962, and was origi-

1 Tape Lecture 6202C07 SHSBC-112, Missed Withholds

2 Technical Bulletins Vol. V, pp.23,24 (1979 edition)

nally included in bulletin of July 11, 1963 for Saint Hillers only¹. This new question proved so useful that after only two weeks of testing Ron released this new procedure as bulletin of July 23, 1963 for use by all auditors world wide. Some time after that, the additional question "What did the other person do to cause you to wonder?", was also added to the procedure, probably in a lecture.

I think I can honestly claim that I am the first one to recognize that *moments of wonderment* on the part of client or PC are the keys to releasing the charge created by apparently "missing withholds". It is also obvious now that the client, not the auditor or anyone else, creates and maintains the entire charge, first by withholding and then by wondering.

Withholds of nothing

Using LRH tech, if a client was pushed and prodded for more, after telling all, a new upset developed. This new upset resembled and was often confused with the upset caused by not completely getting off a withhold.

It works like this. The client protests being asked whether anything is being withheld or has been missed, saying that *nothing* is being withheld. Yet, each time the auditor asks whether a withhold has been missed, the meter reads. In this situation, auditors who trusted their meters more than they trusted their clients, would push for more when there was no more, thus creating bigger and bigger protests — bigger and bigger reads, and bigger and bigger upsets.

Part of what made this upsetness possible was the belief on the part of both auditor and client that meters read below the level of conscious awareness of the client. Though the client, in the example above, protested that there was nothing, that client also believed in the meter, and therefore would *wonder* whether there was something he or she was not consciously aware of. If the client was calmly certain that there was nothing being withheld there would be no read.

What has actually happened here is that the client was not holding something back but rather attempting to push away a lie. (The lie that he was still withholding something.) The attempt to push away a lie is a mirror image of withholding a truth, and also creates an energy ridge.

Upsets only cleared up after the protest of the client over not being believed was acknowledged, and the client assured that "nothing had been withheld". This became known as "missed withholds of nothing."

History

This came clear to me toward the end of Sept. 1995, in the course of a conversation with a somewhat upset client.

The history of this case is instructive. The client had made good gains but ceased coming in for more sessions even though his life obviously needed more improvement. It was obvious that he needed more help, so I concluded that something must be actively keeping him away. Being sure that I had made no errors and had done nothing wrong, I eventually became certain that what was keeping him away was charge on his part, basically unrelated to me except that I might have "missed it".

Having recognized this with respect to one client, I then took a long hard look at many other clients who had not come back for more sessions. Until that moment, I had accepted that the reason my clients were not coming in for more was because that they were well satisfied with the gains they had made, and saw no need for more auditing. They were now winning whereas before they had been losing, so they had no need to come in for more handling. In fact, one client said he was too busy and having too much fun to bother coming in. I accepted this as a pat on the back, not looking at the obvious fact that they were still limited to being human.

Next in my awareness was the fact that, though their personal lives were much improved, the world in which we were living was obviously (to

1 *Technical Bulletins*, Volume V, p. 318 (1979 edition)

me) getting worse and worse. To even stay in one place was going to take more and more gains. I had no argument with the fact that they were satisfied with the games they were playing. What worried me was the fact that they were apparently being blind to the deterioration of the entire country. My need to keep people being audited for the sake of the country and the world caused me to look more closely at reasons for stopping. It was at this point that I postulated that "moments of wondering" must be far more prevalent than I had previously suspected or that Ron had spoken of.

My realization of the prevalence of phenomena ascribed to missing withholds came at roughly the same time as I discovered a previously unknown fine structure of the mind, equivalent in mental research to the discovery of subatomic particles in the field of atomic physics. That discovery was the discovery of closely parallel ridges.

The discovery of double ridges grew out of my POC procedures, discussed in an earlier issue of *IVy*¹. I now applied the discovery of the existence of closely parallel ridges to understanding better what happens when withholds are missed. I suddenly saw that it was not some other person missing the withhold that was important, but the moments of wonder on the part of the individual as to whether anyone knew.

To the original withhold ridge, created by the impulse to reveal and the effort to withhold, I now see a second ridge consisting of wondering "does he know — doesn't he know". I see the second ridge as being on the other side of the client, with the client in the middle holding on to both of them, and balanced between them.

Effect on client

It then occurred to me from considerations of symmetry that just as ridges can be formed by *wondering if others know* about one's withholds, so also there could be ridges formed by *wondering whether one has succeeded* in holding off inflows. At that moment I was unable to figure out how this holding off structure would manifest. But, I wrote it up anyway and sent my

absent client a copy of the essay containing that hypothesis.

He came in a few days later, rather charged up, and wanting to know if anyone had told me things about him. He proceeded to tell me that he did not have any withholds but that lies had been told about him.

I let him talk. And as he repeated again and again that lies had been told about him, I slowly recognized the obvious. He was telling me that lies had been told about him and that he was upset about lies having been told about him.

The moment I recognized that he was upset about lies having been told about him, I said, "I would like to indicate that lies have been told about you, and that you are upset about that". I noticed, because I was looking for it, that as soon as I said this he calmed down considerably. Then he talked of making an appointment but would not actually make one. I didn't recognize that I had not spotted and handled all the charge on the subject of lies being told. It has taken me until now as I write this new essay to recognize that there was more charge that needed to be spotted and indicated on the subject of lies having been told, or on some similar subject.

Two types of wonder

I now know that there are two major kinds of *wonder about* ridges. There are ridges formed by wondering and worrying about whether one will be found out and punished for things one is guilty of. And ridges formed by wondering whether one will be injured, discriminated against, or otherwise hurt as a result of either one's beingness or beliefs of others about one's beingness. One can wonder whether others are conspiring or acting against one, because one is male, female, straight, gay, lesbian, black, white, red, brown or yellow, or because one has been born into some cultural, or ethnic group, etc.

A person who fears that if something they did became known, they would be punished or shamed, will attempt as well as they can to hide

1 *IVy* 25, p.32, *IVy* 26, p. 31, this issue, page 37.

what they did. If the subject comes up in conversation, e.g., "Who robbed the bank?" or "Who broke the vase?" or even "Who left the door open?" the person who doesn't want to be known as having done *it*, because he is afraid he will be shamed, blamed and/or punished, will often try to ignore the subject or if that fails, try to steer the conversation in some other direction, hoping the subject will go away.

Likewise, a person who shares characteristics with people he knows have been discriminated against, could worry about being discriminated against himself, because he or she was an illegal immigrant, male, female, gay, straight, chicanos, black, colored, Indian, Jew, Polish, blanco, etc. And could latch on to this to explain or excuse his own failures in life.

In addition to the possible bad consequences of one's withheld omissions or held off lies becoming known, bad consequences can also result from successfully withholding truth or holding off lies, because withholding or holding off both tend to grow with time.

Why do withholds grow? They grow because one must be careful to avoid revealing that one has knowledge of subjects or places which are not explained by one's apparent history, such as knowledge of a foreign language or intimate knowledge of a place one supposedly never visited. The fascination of whodunits (detective stories) lies in following clues and searching for things that don't add up.

The growing withhold

Unless it becomes safe to let go of a withhold, i.e., to communicate the withheld data, that withhold goes on forever. It not only goes on forever, it grows with time, because adjacent facts must also be avoided as much as possible in order to not inadvertently give a clue to the existence of the withhold. For example, one would feel it necessary to seem to be unfamiliar with the cafe on the same block as the bank one held up, and unfamiliar with environs of the city in which one had robbed a bank, because someone might ask how you knew. And then you might pretend to not know anything about the state in which that city was located, or the country that city was in and maybe the planet that country was on. Etc., etc., until one developed a bad memory.

The importance of a withhold to the individual is proportional to the imagined consequences of being found out, and is proportional to the fear the individual has of those consequences at the time he decided to withhold or later.

Revealing withholds

Revealing one's withholds, if only to one other person, produces a great release of tension, for the withhold is now shared or mutual, even when there is present time danger of severe consequences, should the data become widely known. More important, letting go of withholds which do not pose a real present time danger if the data became known, can produce a permanent release of tension.

A permanent release of tension will occur when, in the course of looking at things, one has carefully avoided for years, one finds at the bottom of the heap of withholds and worries a childhood incident, for which the dreadful punishment might have been a spanking or being put to bed without supper. As an adult one can very easily let go of that withhold and that fear.

A childhood threat can be really life threatening, as with one client who told of having been a hidden witness to a murder by her father when she was five years old, the client was very careful to never give a hint that she knew, for fear of possible consequences to herself. The danger and fear were very real, and quite possibly deadly to the witness. But even that was a long time ago and the perpetrator long dead, so it was finally safe to talk about it. Mostly the people one feared as a child are not around any more, or do not have the power any longer to inflict injury.

Corresponding fears

It seems likely that there is a corresponding set of extreme fears of being lied about that will be released if all the lies are looked at and the wonderment of whether they are known by others is removed. Of course, in addition to holding off a lie, one is usually also withholding one's knowledge of that lie, in order not to perpetuate it or spread it. As Shakespeare said, "Methinks he doth protest too much". The act of protesting a lie would cause some people to wonder if it was the truth.

The level of fear recorded in a withhold, whether of being laughed at, shamed, spanked, sent to

bed without supper, ignored, shunned, not loved, divorced, slapped, whipped, imprisoned, or executed, varies with the age and experience of the individual at the time he first started to withhold.

Worry over being found out occurs each and every time one wonders whether someone knows. At that moment, all fears of consequences connected with the withhold are energized, felt, and rerecorded as part of a new incident of worry over being found out. The more one worries over being found out, the more minutely one scrutinizes others for clues as to whether they know. This can reach a point where one becomes anxious, without consciously knowing why, as for example, if one experiences something as innocuous as seeing that a total stranger of a particularly foreign appearance looked at them.

Symptoms

The first symptom of wondering and worrying about being found out is a tendency to criticize and invalidate those whom one suspects of knowing. Next, the person who frequently wonders whether others know feels very uncomfortable around the people they suspect of knowing (husband, wife, parents), and either leaves or pushes the other person or persons away, whichever is easier. If the withhold is relatively recent but very big, or small but of long duration, the person who is afraid of being found out starts to slander and attempts to destroy in other ways the person or persons they suspect of knowing.

Remedies

The cure for people being critical, leaving, or rejecting other people is to spot all the times one wondered whether someone knew, and spotted what those people did that invited one to wonder. Then spot all the times one wondered if

one was successful in holding something off, together with noting what others did that invited you to wonder. Repeat for flows 2, 3 and 0.

The alert auditor with meter and/or acute sharp perception of client indicators will be able to explore and release many aspects of this.

Here are some questions which promote wonderment:

Does s/he/they believe me?
Am I being followed?
Is he interested in me for my brains or my looks?
Is there a conspiracy?
Does s/he love me?
Where am I? Am I lost? Is this the way home?
Am I suspected? Do they suspect me? Do they know I did it?
Do they know I know who did it? Did I give myself away?
Is it my fault? Doubt of self? Guilt? □

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You are welcome to call me on (818) 357-9115 to set up an appointment for terminatedly handling these worry and anxiety chains. Or, write to me for further information: B. Ross, Post Office Box 91849, Pasadena, CA 91109, USA.

Editor's note: We have the official record of scientology research, enshrined in LRH tapes and books, not least the twelve volumes entitled Technical Bulletins as issued from 1978 to 1980. These have been passed by the church's censor (known as Issue Authority). I feel we have a shortage of first hand uncensored accounts of how this tech was developed written by people who participated, and re-presentation of aspects of tech in simple concise language. If you know of any who were there at the time, do encourage them to write. Different viewpoints on the pioneer, formative years are very welcome.

The Free Spirit

The original independent newsletter, started in 1984, covers much of what is occurring in the independent field, including tech developments, news, new age developments, etc. The latest issue includes five columns by the editor defining his position with regard to the Church of

Scientology, an article "Physical Health Section" calling for a survey on the health of scientologists after many years in scientology. "Live Cell Analysis", "A Cause for all Cancer", "The Essiac Story", "Looking at the Future" (by Peter Graham, on scientology and 'other practices'), "Hypno-

tism and Clearing", "Science or Religion", "Running Dianetics on Clears", "Erasing Anything", "Creating a Safe Space", "Problems" by Flemming Funch", "Parallel Ridges", "Dyslexia", legal news and more. See bottom p. 37 for ordering details

Technology for the 21st Century¹

By Charlie Dunn, USA

THERE IS an air of excitement at the Advanced Leadership Center. Those of us on staff have a sense that we are witnessing spiritual history being made, the likes of which we have never seen before. The discoveries that Alan C. Walter has made in the past two years alone have clearly placed this technology at least a generation ahead of anything similar. If we just apply what we know now, it will mean the goals that most of us had when using earlier technology can now be realized. This is truly a technology for the 21st Century.

If you are familiar with Scientology history, you'll recall that Alan Walter was one of the most successful mission holders in the world. He was responsible for opening 30 missions in major cities, many of which became organizations. At one point in the 60s, his missions produced 60% of the total inflow into all of Scientology. Not only is he an able administrator, he is also highly trained technically. He did the Briefing Course twice — in 1963-64. He was Clear #8, and was on the original Class VIII Course. He was listed as one of the top Field Staff Members in the world. What is generally not known is that Alan has been a top researcher in the field of human potential for 45 years. That research is now paying off in dramatic ways.

Years ago, when Alan first read about the state of "Clear" in the book, *Dianetics - MSMH*, he decided that the abilities described in the book were attainable. His discoveries, as of now, seem to indicate that an individual's potential is even much greater than originally thought; in fact, there seems to be no limit to human potential. "Human potential", of course, can be better

understood as "Spiritual Potential". That's where the true advancement begins.

The Ascension Experience Phenomena

It is not at all unusual, in various practices, for an individual to suddenly feel "Empowered". At such a time, the being feels absolutely wonderful. This state has been described by various terms. Some label it "Cosmic Consciousness", others would call it a "Giant Key-Out". Still others may describe it as "Going Up The Pole". It is a big blow-out — a huge win in which the being feels all powerful.

Alan Walter writes about it in his book *Gods In Disguise*:

Much, much more is being uncovered as the research into the ascension experience phenomena gains pace. It has been found that when someone is triggered into an ascension experience, vast changes take place spiritually, mentally, in mind shifts, in the body, and in the physical universe.

At the time of the ascension experience, the being has a massive realization of his actual potential. He becomes huge and very, very causative — empowered. He knows he can succeed at anything, and he gets into action. *This is where the booby trap begins.*

In his book, Alan goes on to describe the various phases of such an experience. The good news is that it feels wonderful, and that the individual gains a sense of his own power, with a strong sense of immortality. The bad news is that the state is often short-lived, and it may likely bring on a aftermath of negative consequences.

¹ The following information about the Advanced Leadership Center in Dallas, and the technology developed by Alan C. Walter, has been written by Charlie Dunn, a staff member there. It was written especially for the readers of *International Viewpoints*.

If you have known anyone who had great gains, only to "crash in flames" later, you have observed this phenomenon.

Someone who had been in an earlier practice wrote recently:

"I've had some superb processing; slowly, gradually but inevitably the results fade away and actually I'm at a new low point. The phrase, "the bigger they are the harder they fall" applies here. I've attained phenomenal ascension states with expanded awareness and ability and in 6 months feel like I'm worse off than before the processing. It's easier to fall from 10 feet than 1,000 feet!"

That's the way it used to be. Fortunately, Alan has discovered the reason for the phenomenon — and the remedy for it. There is now a steady stream of individuals from other practices coming to the Advanced Leadership Center to not only have the negative consequences from earlier processing repaired, but to realize dramatic new gains.

The Codes

The discoveries here have put to rest, once and for all, the question of whether every individual should be run on the same processes. The answer is "No".

It has been discovered that each individual has unique "Codes" which the being assumed prior to entering the physical universe. These "Codes" are the individual's personal agenda. They are unique to the being. When your writer first asked Alan to explain the nature of the codes, Alan made a simple, direct statement: "They are your reason for living", he said.

The discovery of the Codes was a tremendous breakthrough, because that meant that each being has to have the technology programmed specifically for him. The processes have to fit against the person's code. That means each case is a complete unit unto itself. It is accurate to state that, for the first time, when a being finds his own Codes, he will run on his own case — not some other, imagined case. This, of course, saves a lot of hours of processing, because, as Alan has discovered, an individual can run on someone else's case for a very long time.

Individuals who have regained their "Codes" and had training, express extreme satisfaction. The famous painter, Roy Kerswill, recalls writing to Alan before he came to Dallas for services:

"Alan, I hope you will not fail us. I know there is a way out. You claim to have it. So also did earlier practices, and they betrayed us. I want you to know we shall not forgive you if you betray us. Betrayal after trust is one of the most devastating traps into which one can fall."

Roy then writes of his experiences which followed:

"Then I paid my money and arrived in Dallas. On the second day of my work here, I obtained that which I sought. I can tell you that what Alan has claimed he provides is indeed here for you to obtain and experience. It's yours! Go for it! Whatever it takes for you to obtain this, it is worth it and I must tell you it is all you dared to wish for, hoped for, or expected."

The files at the Advanced Leadership Center in Dallas are packed with success stories which express similar enthusiasm.

Handling abuse

The news about the latest breakthrough is virtually "hot off the press". The latest discovery by Alan has to do with the terrible technical ramifications of abuse.

He wrote in a bulletin on January 24, 1996:

I have been responsible for the training and processing of hundreds of thousands of people over the last 45 years. This quantity of time and people has given me a unique and very experienced view of cases, plus the human manifestations of regained abilities, awarenesses, power, strength and cleverness caused by these processes and training exercises.

I have also experienced first hand all those processes and exercises on myself. These procedures *must* work on me as well as my staff, clients and students.

The discovery of the effects of *abuse* is a momentous event, as it unlocks a huge area of

cases that have never previously been properly handled.

The action of an *abuser* in creating and introducing an unwanted *want* into your time and space cause your Spiritual, Mental and Body machinery to *malfunction*.

Alan provides the following definition:

Abuse is getting something you don't want, or being stopped from getting something you do want.

Think about it. Anytime you have had something shoved onto you that you didn't want, there is a degree of abuse. Anytime you have failed to get what you wanted, that also could be abuse.

Using the above definition, that makes us all abusers, doesn't it?

Obviously, not every time an individual receives something he didn't want does it leave a mark. If the spiritual being is in good shape at the time, he just shoves the effect away — in essence, nullifying it.

But what about when he shoves back and it doesn't go away? What if it overwhelms him a bit and he really fights back? Well...he gets stuck with it. Physically and telepathically.

There is a terrible contagion of abuse on this planet. The abused become the abusers who then abuse others who then become abusers and abuse others, *ad infinitum*.

Let's take an average individual. He had an average childhood. Parents are "normal" enough. Even so, Dad tries to "mold" Junior into what he considers would be an appropriate identity — and Junior doesn't want to be molded! All the while, Junior is in school getting things he doesn't want. He's in class when he doesn't want to be, studying things he doesn't want to know about. And, between classes, the local bully beats him up.

Just a normal day in the life of a kid. The sibling rivalry and other pressures in the family have their effect. Some of that seemingly mild "abuse" triggers earlier abuses in past lives. And so it goes.

The bottom line is that virtually everyone is carrying around the results of some kind of abuse. And virtually everyone dishes some out on a daily basis. That is, except you and me!

The reason "abuse" doesn't resolve in the usual way that other stress items do, is that, since the abuse was originally created by someone else, the individual can't merely glance at it and make it disappear. When the individual opposes abuse, he creates a mental and spiritual resistance to it. But that resistance is only one side of the force/counter-force mass which gets hung up in time. The individual's side is handled one way. But the other side must be handled — and it requires a different method. Alan has now developed such a method.

The major areas

Three major areas have been addressed in this article: The Ascension Experience Phenomenon, The Codes, and our Abuse Technology. This information is what we at the Advanced Leadership Center consider to be very important for anyone who has begun the spiritual path as many of us have.

We invite questions from those who wish to learn more. And, just for the readers of this publication, we have a free offer: If you will send us your name and address, we will mail to you, free of charge, one of the following audio cassette tapes:

1. Ascension Experience Phenomena
2. Miracles & Magic (about spiritual beings in your space you *don't* want to try to get rid of)
3. Handling Abuse

Just write or call and tell us which tape you would prefer, and where to mail it.

For more information

We invite questions from anyone who wishes to learn more. Our mailing address is: The Advanced Leadership Center, 3330 Earhart Drive, Suite 213, Dallas, TX 75006, USA. Our phone number is 214-404-8125, the fax is 214-404-8821, and our e-mail address is <leader@cyberramp.net> [note: this is a change from that given in an earlier IVy]. □

Mary Long – In Memoriam

By Terry E. Scott, England

MARY LONG, whom many of us loved, left the body on January 31 this year, in England. A letter from her grand-daughter, Carolyn Causon, says that she passed away peacefully after a brief worsening of health. There was a cremation on February 8, then a memorial service at Watlington on March 24.

Born on March 13, 1904 (same month and day as LRH, different year), Mary was for some time Registrar at Saint Hill in the 1960s. Many a student and preclear who passed through those portals will remember her as a kindly, helpful person. In 1968, she joined Publications Organization for a short while, when Pubs resided in the basement of the Manor.

Before Saint Hill, she had run a Scientology group at weekends at her flat in Queensway, not far from Notting Hill Gate — where she had been on staff at the London HASI.¹

In recent years, Mary lived at Wellow near Bath, and had become an author.

Carolyn wrote: "In sorting out her many papers," one of them a B.Scen., Bachelor of Scientology certificate, "I have the sense of her very strong friendships with so many people—some of whom I can contact, many of whom I may not be able to trace. Thank you for your support and friendship [to her]..."

"She has gone on 'the greatest adventure'." ☐

Facility Differential

By Antony A Phillips, Denmark

Mary Long was well loved, both at Notting Hill Gate (I remember her as receptionist) and at Saint Hill. On 16 November 1966 Ron issued a Policy Letter entitled "Executive Facilities — Facility Differential". Although Mary Long is not named on that Policy, she was the star.

The Policy is to be found on pages 326 to 330 in the *Organization Executive Course* books, Volume VII. Briefly it stated that some people could be more than usually significant in getting a high income in an organization, and rather than "rewarding" them by promoting them (possibly to a position they would not be effective at), one gave them a facility differential.

At the same time as writing the policy, Ron issued two LRH Executive Directives (these

came out blue ink on white paper in distinction to Green on white for policy — white paper was reserved, in these sort of issues, for what Ron himself wrote). These LRH EDs gave Herbie Parkhouse and Mary Long Facility Differentials. Herbie was one of Mary's seniors, the Dissem Division Secretary, and got a fairly modest facility differential, I think a wage increase.

Mary Long was Registrar, helping people onto services and arranging accommodation. She got a number of things in her LRH ED. The ones I remember were an increase in wages, a receptionist and one other person assigned solely for her use, a large office, and I believe also specifically stated a large desk and a carpet in her office. ☐

1 HASI: Hubbard Association of Scientologists, International.

Regular Columns

Classic Comment

By Terry E. Scott, England

Held Down Squirrels

LET US clear a Held Down Seven from the idea of "squirrelling".

Standard technology is vital in any field, but so are research and development — and they should not be restricted to the originator of the subject.

That could lead to authoritarian data, something that L. Ron Hubbard deplored (for instance, p. 16, *Dianetics Today*, 1975).

Was Henry Ford a squirrel, with his lower-cost cars for the many? Or Bleriot, when he flew the English Channel in his monoplane — not in a Wright Brothers' biplane?

And, photographers: did Exakta, Nikon and others squirrel? These manufacturers evolved the 35mm single-lens reflex camera while the origi-



nator of 35mm precision cameras, Leitz, clung for decades to only the rangefinder type.

Had the word "squirrel" been popular in 1951, the Board of Trustees of the early Dianetics foundation might have applied it to L. Ron Hubbard for researching whole track.

What is squirrelling, what is not? Differentiate between someone who compulsively alters things and a person with fresh ideas that he puts to the test.

To expand, one has to take risks. Is the innovator inspired or a lunatic? Either way, he might be a maverick.

Do not maintain an Only One fiction about Ron — yes, he was a genius, but there might be others waiting in the wings. Above all, we should stop reactively terming off-beat ideas "squirrel" in an attempt to avoid Looking. □

Shorter version first published in *Uafhængige Synspunkter* Nr.M11, Sept. 1990



This is a button issued by the Church in Copenhagen in the early 80s

Regular Column

Kemp's Column

By Ray Kemp, USA

How to handle monkeys¹

WE HAVE TALKED about systems, and how function always monitors structure, and we have discussed that repair can be done on either the system, or the person within the system.

Of course I realize that no-one reading this book has ever sabotaged himself this way, but, just in case, let us discuss the phenomena of "The Monkey".

As long ago as, I believe, 1974, the phenomenon of corporate "Monkey on your Back" was introduced by William Oncken in an issue of Harvard Review, or it might have been in an issue put out by the AMA (American Management Association). In any case the analogy has been used by many since that time, and as a description of what goes on has been most useful. The concept of a corporate structure being likened to a Zoo is often most apt, and while I differ with Mr Oncken as to the definition of a Monkey, the principle holds.

A Monkey then is the problem that a staff member brings to you for solution, and I agree with Oncken when he says that the monkey is "The next step", meaning that the problem is brought to you to solve by telling the staff member what should be done as the next step to solve this problem. Have you ever had a staff member come to you and start the conversation with "We have a problem". You stop what you are doing, you listen carefully, after all you are the Manager, and you are skilled at handling problems of this sort, that's why you became a Manager wasn't it?. Having listened, you then either outline a solution or a series of steps to do, or you might say, "Yes, I'll think about this and get back to you".



The Monkey bringer

Well, have I got news for you. The staff member who came to you had a monkey on his back that he was no longer willing to feed, or nurture or discipline, i.e. he was unwilling and thus unable to handle this monkey so he brought it to you.

And you bought it. You took the monkey off his back, made it your own, and there it sits, demanding your attention while the staff member goes off feeling, rightly, as though a load has been taken off his back, so that he can enjoy his new freedom.

The cycle of action of this transfer is very real. He came to you with his monkey on his back. You stopped what you were doing, and listened. At that point the monkey was straddling you and the staff member. You then took the monkey onto your back by saying that you would handle, or that you would think about it, and now it is yours.

Remember earlier I said, that if a staff member isn't doing his job, he must be doing something else? Well you just stopped being a Manager and became a Monkey Keeper...and it wasn't your monkey in the first place.

Months later while you are staying at work late to get caught up with all this work that seems to have

¹ Authors note: This is a section of my book *Management without Ulcers*. It describes the Monkey principle and is slanted to management. However every client of yours is, or should be in a position of management with regard to his own life, and he has collected many monkeys... most of which are not his monkeys (sometimes called wrong items). *Management without Ulcers* published by Rion Press, currently \$30.00 is also in preparation by Northwest Publishers, Utah in paperback.

Regular Column — Kemp's Column

accumulated all over your desk, and wondering why your job doesn't get overtime pay, you may look around and find that all your staff have gone home, gone to the ball game, or to the movies, because their time is now free, and you might wonder who is working for whom.

This system is just that, a system for preventing a monkey from being delivered to you fast express, by every staff member who is supposed to be working for you, but if you do not watch it, you will be caught in the care and feeding of Monkeys business, every time you allow yourself to be stopped in the hallway, in the canteen or in the rest room, by staff who are only too willing to offer you their monkeys.

Many managers try to solve this by keeping the door to their office closed, by putting a secretary in front of the door to catch the monkeys (and this usually results in the secretary only choosing the largest and most hungry monkey to be given to you). If you are not doing your job, you must be doing something else... *You are!*

The other day, I was involved in a work party building a garage. Being a "nice guy" I decided that the workers could do with some coffee, so obtained a jug. Now most construction workers bring a mug with them onto the site, so the coffee was handed around. The last person on the round took the jug, then came to me and said "What am I going to drink it from?"

Monkey Management

I could have bought that monkey by getting him a mug, by suggesting that he drink it from the jug, or any other "next step solution". What I did say was, "Gee you've got a problem", and then just stood there. I stood there, and he stood there, and I used one of the rules for handling monkey presentations... Silence. After a few moments he went off with the jug, and I really don't know how he solved it, but the point is: it was *his* monkey, not mine, and I let him handle it.

There are some rules however in Monkey Management. You do not just ignore the Staff member who presents his monkey for you to take the next step.

1. Firstly, you need to get the monkey described by the staff member, after all he has been nursing it so he knows more about it than you do. Get it described until he can see a possible next move. You may need to coach and urge him along a little.

2. Then you make sure that the ownership of the monkey is assigned to the correct person. He may have bought someone else's monkey along with his own private zoo, so get the ownership defined and assigned.

3. Then remember that you are the Manager, you can recommend a course of action that the monkey owner can take, and you can certainly, and should include, even as an insurance policy that the Monkey owner report the results of his 'next step' to you. He can and should advise you of his handling.

4. If it is a particularly huge or hungry Monkey, then you might have him advise you before he acts. That is a benefit of the CSW system (1959 scn policy. See *OEC* volume 0 p.123, 1970 edition. *Ed.*). The action must be one that the monkey owner can approve prior to your final O.K. This handling does require that you empower the person to act, but it also ensures that you are kept informed of actions taken, or in some cases you must be informed of proposed actions that need approval before being executed.

So the insurance policy boils down to two possibilities:

1. Recommend, then act,
2. Act, then advise.

And this is properly the job of a Manager to either encourage, or enforce, according to the size and health of the monkey. We have said elsewhere that production is a series of cycles of action, all aligned to the Admin Scale, resulting in Valuable Final Products. It must be realized that each of these cycles of action starts with a "Next Step", so in a very real sense the progress of production depends on the health of the various monkeys.

Now your office can be a vet's waiting room combined with an emergency clinic, or you can, in your initial dialogue with the staff member who brought you his monkey ensure that there is a follow up visit, just so that you can do a check-up, and see that everything went well. If it didn't, then that is the time to investigate as to the why, and examine both personnel and system for flaws.

You just never ignore a monkey. You are concerned with it's health, and you have empowered the owner to care for it.

Now it happens from time to time that when the monkey was presented to you, no one realized that it had a virulent contagious disease. If you miss out the check-up phase you could find all too late that you now have an epidemic on your hands.

So, be a Manager, assign ownership of the monkey, get suggestions for the next move, approve them, and check up on their health, and very soon you will find that your staff are acting as a team and doing their own assigning etc., handling whole tribes of monkeys.

And what a joy it is to be a manager then.

So use this basic with all your clients. We do and it is amazing how well they understand and ACT ON IT. □

Regular Column

New Realities

By Mark Jones, USA

Esoteric secrets of success

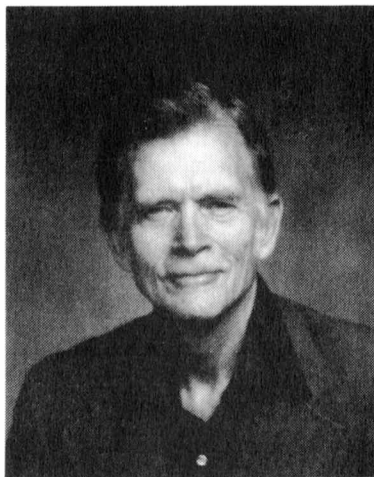
1st. Receiving is not the antithesis of doing. Apathy is the antithesis of doing. Apathy and receiving are not the same.

2nd. Allowance is the opposite of having to control. It is through allowance and receiving that we can contact the deeper and more embracing aspects of ourselves and existence.

3rd. Logic and reason can't get us there. They give us a twisted understanding. We have to develop and use a level of creativity which is beyond what we have now. People have tapped into some creativity and tried to contain and possess it. They go crazy. Drugs may open it up and then in trying to repeat it, cause us to go crazy. Alister Crowley, with whom LRH worked, tried to contain it. He created rituals and went crazy. Creativity can't be contained. You have to move beyond logic and reason and give up control.

4th. Receiving is not passive. It is a higher octave of activity. Receiving is more active than any aspect of doing. The only way we'll ever find it is to realize that it emerges from our unconscious, from the voice of our soul and the light of our spirit.

5th. Receiving begins with allowing. We can allow it from our unconscious and ultra consciousness¹ by developing new ways of receiving. The ultra consciousness is a source of unlimited energy. It is moving toward a new frequency level, surging. This is occurring for several reasons.



A. It is surging in your own creativity and imagination. Electro magnetic energy will come in and your own imagination and creativity will increase².

B. Your brain is a hologram of electro-magnetic energy. To prepare for the changes of the future, the hologram is evolving. Your brain is recalibrating its capacity. Tap your temporal lobes which are electro-magnetic in nature to change these functions. It is connected to the limbic brain, the lymphatic system and the endocrine systems which have been breaking down more and more. The immune system is breaking down and being replaced with a new one. This electro-magnetic energy is perceived from your concept of reality and new systems are developing internally and externally. If you resist, it will produce new anomalies in your body and the earth. That's what creates ley lines in the earth. It is electro-magnetic energy denied.

This will result in heavy rushes of air and water. There'll be violent emotional storms occurring in people. But rather than waiting for

1 Ultra consciousness is consciousness at all levels of knowing, most of which are outside those which we perceive through our senses or arrive at through logic and reason. For example, Einstein became aware of the theory of relativity, which transformed Man's understanding of energy and space, in a dream.

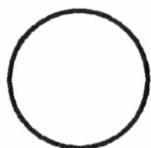
2 Major transformations in the energies of this planet are occurring which appear to align with some of the early Mayan predictions of major planetary energy changes occurring between now and 2012.

Regular Column – New Realities

them to come, learn to use them. There are simple brain exercises that will help.

- a. As you go to bed and are about to go to sleep, visualize little tendrils of light from one side of your brain to the other, creating a web of light.
- b. Place your index finger on your right temple and your left hand middle finger on your left temple; and imagine a little spark of light from right to left, from your index finger to the middle finger on the left.
- c. Visualize several geometric shapes in sequence, first one and then the next. Close your eyes as you do.

1. Visualize a yellow circle in front of you; hold it and then visualize going through it to experience it.



2. Then a red triangle representing fire. Visualize it in front of you, hold it. Then move through it to experience it.



3. Visualize a blue crescent lying on its back. It represents water. Hold it, then move through it.



4. Next, visualize a green square which represents earth. Hold it, then move through it.



5. Visualize a purple-black egg shape elliptic which is incandescent. Hold it, then move through it.



These will stimulate the brain, expand your awareness and sense of serenity. They will help expand your receptivity to energies which are outside of the range of those to which we are normally receptive and responsive.

You can also do this while standing in line at the bank or post office. You may notice your mind clearing up and your tensions diminishing.

- d. Practice temporal seeing. Rely on your imagination to see things through your temporal lobes instead of your eyes. Practice visualizing geometric shapes. This stimulates the limbic and endocrine systems.

- d. Imagine a vortex of energy coming out of your crown chakra, expanding up and out. You can funnel this energy through you. For example, such energy as group violence. You can become a lightning rod. It will stimulate your creativity and improve your immune and endocrine systems. Run the vortex and ground this energy. It can even mitigate the speed of a hurricane, if you live in a hurricane sensitive area, or earthquakes in an earthquake sensitive area. You can change the blue print.

In doing these exercises, you are opening your unconscious mind, and manifesting more of what you think you deserve. As it opens up, live your desires in your unconscious. You'll increase the probability of your dreams coming true.

A useful exercise to reduce or minimize the ageing process is to visualize two yellow soda crackers (biscuits) placed vertically in the top of the head on each side of the soft spot, running in two parallel lines from the back of the head to the forehead and, then placing your fingers on top of the crackers, visualize flowing yellow energy into them for several minutes at a time.

These processes can serve as a means of opening up our receptivity to energies and frequencies of vibrations that are outside of the time and space dimensions, in which our senses normally operate. They are steps toward achieving ultra-consciousness, and freedom from the limitation of what we have come to regard as "normal" consciousness. They require "allowance" and not "control".



Listening Elements¹

By Gregory Mitchell, Denmark

ALTHOUGH English has always been taught in schools, attention has been focused on reading and writing; almost no attention has been put on the subject of listening.

Communication is the sending and reception of information. Hearing is a passive function of the senses, but listening is a perceptual process — an *active process* of searching for meaning and understanding. Since it is a learned skill we can improve listening ability by practising effective listening techniques.

Effective listening is a key element in verbal communication and therefore it should be understood and practised thoroughly.

Stages of listening

1. *Recognising the words* — this is an almost instant and subconscious process. Memories can be stimulated, however, and cause the mind to go off on a separate track of associations, or day-dream, preventing listening. One major constraint stems from our capacity to think several times faster than we can talk. It means that we are prey to other distractions. (This spare capacity may be used to visualize the speaker's statements, to note points for further clarification and so on, whilst retaining concentration.) Being in a hurry to do something else will also prevent proper listening. The speaker's delivery, distance and ambient noise may be other barriers to listening.

2. *Understanding the meanings of the words* — as with studying written text, it is necessary to have ready definitions for each word in any of its senses, to be able to select the appropriate sense from the context, and for this definition to match the speaker's, for the message to be the same for listener and speaker. So the speaker's

choice of words can cause problems for the listener, especially as he may also use slang, jargon, bad grammar, misused words, badly expressed ideas, etc.

3. *Distinguishing fact from fantasy* — what the speaker is saying, as opposed to what the listener expects or assumes the speaker will say, based on subconscious memories and associations, such as of authority figures.

4. *Empathy with the speaker* — to maintain understanding, in spite of any problems the speaker may have in expressing himself, what he looks like, provocative statements, etc. This is seeing the speaker's viewpoint, "getting the gist" of what he is trying to say, without pre-judgement.

Drilling

By listening properly you will get more valuable information — information you can use intelligently. For this reason, a person who is a good listener is an intelligent person. Working relationships may be improved, as people appreciate attention and interest. They may gain insight into their own problems and circumstances by having the opportunity to talk about them and to think them through. Disagreements may be resolved more effectively. You improve as a communicator and as a student.

Drills can be developed for repeating (sentences — left brain) and summarising (paragraphs or passages — right brain). Do them a few hours weekly over a long period. Some drills improve only the thing drilled, but you will find that these will increase other mental abilities. □

¹ See IVy 11, p. 9, The Importance of Drills, and pages 10 to 14 of the last IVy. Ed

Knowing, Believing & Knowing About

By Leonard Dunn, England

WHEN I WAS mentally preparing my talk to the London Conference in October I was thinking that all the people present would know that they are spiritual beings. Then I thought of the words of the great Albert Einstein. "Knowledge is that which one has experienced personally. All else is merely information". To this I would add belief or knowing about. To really know that one is a spiritual being one must have had a convincing experience of this, preferably in present lifetime since this makes the realization stronger. There are a number of ways in which one can get this experience.

Out of the body experiences

Some people have had a near death experience, commonly known as NDE. All report similar experiences. Going down a dark tunnel, seeing a bright light at the end, coming into a beautiful landscape with colors such as one has never seen before and meeting with a friendly, loving being who, eventually, tells the person that he is not to relinquish his body yet and that he must return to it. This is usually done very reluctantly, and the "dead" person comes to life again.

Personally I have had no recollection of being on the Astral Plane but I have a friend who has visited there and hated having to return to earth, which she found incompatible with her desires. After much counseling, she came to accept that her duties lay here on earth and that she was needed here to be of service to others.

At a less drastic level, her daughter has several times had the experience of being above her body and looking down on it just before she went to sleep. She is eleven. Now this might be dismissed by some as being all a matter of imagination but I can cite the experience of an uncle of mine. He had lost a leg in the first World War and had had a number of operations on it after that. Nothing occurred in any of these since he was under deep anaesthesia but, eventually, yet another operation

took place in similar conditions but now he found himself looking down on his body and watching the whole of the operation whilst being totally ignorant as to what would take place. After his return to consciousness he told his surgeon exactly what he had perceived and gave full details of the operation. The surgeon confirmed that what he saw was correct in every detail. None of this was previously known to my uncle. After that he had a full realization that he was most definitely *not* his body.

Exteriorization

This out of the body experience is familiar to many who have experienced it after becoming scientologists. This phenomenon is not confined to scientologists but has long been known in other circles. When I was on the Basic Course in Scientology in 1954 I was talking to a young Canadian who told me that he had always been exteriorized and was quite amazed that this was not the condition of everyone else.

For myself, my very first experience of it was in the well-known process of holding on to the corners of the room with one's beingness. I had done this a number of times but one evening, quite suddenly, I found myself looking at the front wall with my physical eyes and at the same time seeing the wall to my right, outside of my area of physical vision, with all the clarity of actual sight. It was then that I realised that I was exterior. This was only the start, as soon after that I had my first professional auditing with the finest auditor of those days — Dennis Stephens — who is now well-known for his book *The Resolution of Mind* or *TROM*. I had many experiences during that period of auditing but to the sceptic some of these could have been imagination, as when I was above Notting Hill Gate Underground Station, looking down at the people and the traffic whilst my body was in the armchair in the auditing room. Then came the experience of moving from where I was down to the ground to look in a shop window opposite the room where I was. Now I was told to move a short distance along the frontage. This was repeated several times. This caused me to experience something that was totally unlike anything I had experienced before and totally alien to normal body movements. That was really convincing. I won't

tell you what happened as you may need this experience to attain a real conviction for yourself. I will just say that Dennis confirmed that this was what always happened in these circumstances. Many years later I was working with a PC on exteriorization and gave her the same command. She experienced exactly the same phenomenon. Maybe some of my readers have had this experience and can confirm just how valid it is in realizing that one has had the experience of being spirit, thetan or whatever you choose to call yourself.

Whole track experiences

When one has the experience of being in a past incident and in a different body this can indeed let one realise that one is different from the body and, in fact, that one really does survive so-called death. My original auditing was on SOP-8-C — Creative Processing — where all was handled by creating mental image pictures called mock-ups to approximate the situation that was causing the trouble. It was during this processing that I went Clear, Stable or whatever you choose to call it when the major trouble in one's case has been resolved. In my case it was mocking up places where my mother would be safe, and when that suddenly cleared I had an experience such as I didn't have again for many years.

When later in life I came to running whole track incidents they usually came with the greatest ease and I sometimes wondered if I had hit on actual incidents or was doing some mocking up. Actually since both ways work it didn't matter as far as case resolution was concerned. But as a means of knowing that one is spirit it was not an entirely convincing way. Then when I was at AO in Edinburgh I had an experience that was the most real whole track incident I'd ever come across. I was running a 'third flow' - another to others - when I found myself standing by the roadside watching a procession of people who were being taken away to execution. Then I suddenly realised that I had betrayed them and I was quite overwhelmed by it. Normally at the end of a session one has little or no memory of the incidents that one has erased but this one was so real that it has lasted with me ever since and that is getting on for 30 years.

Getting acceptable proof for oneself that one is a spirit is a very individual thing and it doesn't matter in the slightest how you achieve it so long as you do.

Intuitive knowledge

We beings have been around for a very long time so we have experienced many things in the course of that time. We have learnt from them the lessons that we had to learn - or not, as happens so often. Nevertheless all is filed away in the computer that we call the mind which has little, if anything, to do

with the body's brain, which, as far as we are concerned, is there to transmit our thought desires into physical action of some sort. How one gains access to the information that is stored away is a spiritual matter not a physical one and it is done through the spirit's own knowingness which we can also call intuition.

Axiom 2 of the Dianetic Axioms tells us in slightly different words that the thetan is created by the Static for the experiencing of life in MEST. From this we can infer that the mind computer of the Thetan can, when necessary, plug into the greater computer mind of the Static but we have to accept the total validity of these assumptions before they can work for us. Intuition increases by the ready acceptance of it until the point is reached where we know that we can rely on it entirely. This knowledge tends to be at a much higher and more important level than that attained by other means.

The higher toned that the thetan is, the greater is his level of knowledge and understanding because there is closer contact with the higher level at which we find the Static. This also means that there is a much greater control of MEST in all its aspects. In other words, things go right for the being and he is in control of the body to a much greater extent instead of being at unwanted effect from it. In the DC Lectures, LRH said that the thetan can work with the Genetic Entity (whose body it really is) and better health can be reached. GE's can be upset by and perhaps resentful of the thetan taking control of its body, but being in good ARC with it can produce a valuable partnership.

The more that one is enmeshed in MEST the more one considers oneself to be MEST — i.e., the body. People at this level have singularly little intuitive knowledge. Their path is the easy one since one need do nothing in order for the MEST cycle of action to operate, so the change readily drops down to stop. The Laws of Theta are much more demanding and the upward path of increasing knowledge is much harder work but the results are infinitely more rewarding and the effort put into reaching up to the heights is never wasted. The result is greater knowledge attained from the experiences that one has and a cognition that the powers that one has are far beyond those of the physical. It is therefore most important that one makes the effort, where necessary, to have the practical experience that gives one the full knowledge that one is spirit rather than being content just to believe this to be so, since all else really depends upon this most basic thing which is why I have dealt with it at some length.



To be concluded

Britta's Article¹

By Leonard Dunn, England

IN MY opinion any good article should cause the readers to think. Agreement or disagreement is secondary since if it is the latter it offers the reader a chance to consider a differing viewpoint and that is always valuable. This article did give me food for thought and I offer my thoughts here.

Evaluative teaching

I'd like to start with the idea that most teaching is evaluative. This is perfectly true for those who are at a non-survival tone level since they can only identify and cannot associate or differentiate. To illustrate my point I'd like to refer to the *Philadelphia Doctorate Lectures*. I have capitalized on these to draw attention to the fact that these students were intelligent and reasonably high toned people. These lectures contained some of the finest teachings of LRH.

He began by telling them that he was offering them facts and opinions. In one lecture the facts were how to run the process (SOP 8). All else was opinion. He later said that they should not accept anything that he said just because he said it. They should evaluate it for themselves. This is not evaluative teaching.

Evaluative teaching is essential for the lower toned and this type of teaching is to be found in almost all religions. This is called dogma. The faithful must accept all they are told as gospel truth. Now let's look at the C of S today. It has become a religion and its teachings are dogmatic. They are the only way. If a student or a PC asks a question the supervisor, or auditor, must refer him to the bulletin of LRH's sacred writings — all his writings and utterances are called scriptures now — and that is the only response that is allowed. I have experienced this myself when not to give the simple answer was

totally ridiculous (I had forgotten the name of a part of a GPM; the auditor ended session instead of telling me, bringing the material after lunch). Evaluative or dogmatic teaching is non-progressive since no variation from it is ever permitted. One must *not* think for oneself. This is true of Catholicism and of the C of S.

The Independent Free Movement has changed this for most but with some of the ultra conservatives they are fairly close to it. Hence our movement is progressive and open to new ideas and better ways of doing things.

I was interested in Britta's unreserved acceptance of everything in regard to LRH. People with unreserved acceptance of LRH are usually to be found as staff at the C of S. For myself, I value the greatness of LRH in his earlier days and I too gained great benefit. I also experienced the way that he handled things in the later years and the damage that was done, so that the mere use of the word scientology is enough to turn many people away.

OT levels

As for the OT levels, they are a *must* in the C of S. I have found that these have already been run long ago for some of us. I had no direct gains from running them since they had been cleaned up elsewhere and earlier. My attitude, therefore, is that the auditor should check if they need to be run. This is done by giving the first command of the level once and if there is no read then leave it at that.

I could go on at length but I will simply say that I have found, as have others, that only that which *presents itself* from the whole track should be handled. Fishing for more can bring about unwanted stimulation. So whenever possible, deal with the matter from Present Time. □

1 The OT Levels, Teaching and Evaluation, by Britta Burtles, IVy 26, page 24.

Evaluation

Discussion between Peter Graham, Australia, and John Luvalle, USA.

The following is an interchange which occurred on Internet between the above two authors. I have used different type styles to help indicate the order in which they were written (there is another convention for this on Internet). The material written most recently is in normal type . Ed.

ON 4/22/96, Peter wrote:

Logic 9 states: "A datum is as valuable as it has been evaluated". Some of the other Logics are concerned with evaluation also. It should read (something like): "A datum is only as valuable as it has been competently evaluated".

On 25 Apr 1996, John responded:

At first reading, I was going to say I disagree, and that a datum is only as valuable as it is considered to be, but in the context of the other logics I think a better rephrase would be A datum is only as valuable as it has been placed in context with other related data. (which might be an approach to what "competent evaluation would be").

On 25 Apr 1996, Peter replied:

An evaluation is more than placing it in context with other data, although that is an important part of it. The word has to do with finding the value of something. My "best for now" definition of evaluation is:

Definition: Evaluation is the process of establishing or estimating the value of an idea or datum by attempting to ascertain its meaning(s), context(s), validity, importance and usefulness.

On 4/22/96, Peter wrote:

The subject of evaluation is very important and one of the end products of clearing should be "enhanced ability or potentiality to evaluate".

On 25 Apr 1996, John responded:

I think this ought to be more along the line of:

Places all incoming data in the context available to him/her and evaluates on that basis, and is conscious of the evaluation process. It's more than improved potential.

On 25 Apr, Peter replied:

I like "conscious of the evaluation process". But there are some other factors.

From my observation, the ability to evaluate effectively is not a native ability. It is partly a natural ability (or package of natural abilities) and partly a learnt thing and a skill that can be endlessly improved. Evaluation actually requires a number of skills. And on top of that, you actually have to do something.

There are different ways of evaluating different types of data or ideas. How to evaluate certain types of ideas is something one continues to learn and grow with and some pose difficult challenges. How does one approach evaluating things like the following? This is an email message; the world is flat; there really are entities; and, Man is basically good.

Scientists and philosophers tend to evaluate things in different ways. The scientist uses the scientific method. The philosopher is more likely to use logic and reasoning. The average person knows little of either of these disciplines and is greatly influenced by his feelings or first impressions. Some things do not surrender to the scientific method at all.

Reactivity or mental blocks can greatly interfere with a person's capacity to evaluate something. So can a general lack of awareness or selective unawareness. A powerful feeling (positive or negative) can decide the result of an evaluation. By resolving case phenomena, a person becomes more potentially able to evaluate (but may still have poor evaluation skills, little understanding of the evaluation process and dreadful evaluation habits). □

GPM Clearing

Part 1 of a two-part, complete technical manual for running GPMs to full as-is-ness per Scientology axiom 20.

Part 2 will be printed in the next issue.

By Robert Ducharme, USA

OT abilities

THIS PROCESS knocks down the barrier to Advanced Abilities (known in the C of S as OT), the GPM. When combined with A.A. (Advanced Ability) drills, all of the advanced abilities apparently become available. Some take longer than others, everybody runs differently, but they all move in the same direction — toward a higher state of being.

Better bridge

This process is given here because I saw an urgent need for it to be delivered on this planet at this time, and it's too important a development to be hoarded. It is the "better bridge" referred to by L. Ron Hubbard in the original *Dianetics* book. It's a power booster that turns Dianetics R3R from a moderately successful process (regardless of past claims to the contrary) to a 100% standard therapy that cleans up the remaining 80% of the charge in any engram (of any flow) after the standard dianetics procedure has been applied to the fullest extent. This process will clear GPMs, dianetics won't. This process cures virtually all the bugs in Dianetics including endless grinding, auditor restimulation, unresolved case problems, failure to address OT case, "unusual" cases, case failures, unresponsive cases, etc.

Hell

This article is the first of a two part series on the subject. With this process, the auditor will be dealing with the very basic fundamentals of life. The very jaws of Hell will open up to him and his PC (processee, in my dictionary), as he guides him into it, through it, and out the other side. If the auditor doesn't mean to do it exactly correctly, then I would sternly advise against attempting this process, as it can have severe

repercussions on both him and the PC. If PC and auditor walk into Hell, they'll be walking into it together. To leave someone in the middle of it can leave him with a headache, or with suicide on his mind. That's quite a responsibility and it shouldn't be taken lightly. If they are to come out, they must come out together or they're both likely to get "burned". If everything is done correctly, it's about the safest and easiest process there is. It can be learned and delivered by anybody who is trained in Standard Dianetics and follows the rules.

Standard procedure

I would caution anyone who would have it applied to them that he get only the original version as written up in this publication, at least in the beginning. The reason being that the EP of the process is always achievable when done the standard way, and that any additions would only amount to "bells and whistles" at best and may be harmful and unpredictable at worst. I'd be very sceptical of anyone who would say they can teach you or deliver to you a better version, or who would offer a different version of the same process. Not because it couldn't be done, but when you can already attain the full EPs with this process, why go to something fancier? Refinements to this tech may occur in the future, but they should be well proven and established before being added to this procedure. One should at least have had this process run on them a few times first so as to have something to compare other similar techniques to. Also, I probably would not submit to a session unless the auditor was using a GSR¹ meter. It can be done quite well without it, but the process goes so much more smoothly and professionally with it.

1 A meter comparable to the C of S's E-Meter.

I would also not allow anyone to run this on me who is not a certified Standard Dianetics (or NED) auditor. I am not going to bear the responsibility for the improper delivery of this process by any person or group. The reason I'm writing it with Scientologese language is to deter any undesirables from using this process to fool with the mind, such as shrinks, hypnotists, and dilettantes. Anyone, for instance, who would attempt to program the mind of another with suggestions is committing murder on the seventh dynamic. I know, I took a hypnosis course and had to run out that crap that was programmed into me as "practice". Mental programming is an outright black arts practice no matter how nice the perpetrator may seem or how good his intentions.

EPs of the process

There are two EPs to this process. 1. The total re-integration of the opposing forces concerning an item. 2. The complete handling of the chain being run. The process will usually handle an entire item in one sitting, but not if more than one chain makes up the item. This assumes that the items are of reasonable gradient. This process, for instance, will not help a person to be able to make more money by eliminating blocks to money flows if he isn't willing to put in the work necessary to make it happen.

Unlimited reach

This process can be conducted entirely by telephone. One can use a meter by holding on to solo electrodes. This method is eerily accurate, but it helps if the auditor is clear so he doesn't read on the pc's case (yes, 1. there is such a state as clear, 2. clears do have a case). Doing it this way eliminates the distance barriers, the legal barriers (if your State prohibits counseling by anyone but certified Psychogeeks, then you should be able to legally audit people outside your State), and the overhead barriers (a phone line and some advertising is all that's needed).

Maybe in the future we could create an Internet connection so that we as auditors could communicate on the subject, like about new ideas and developments, shared promotional literature,

shared PCs, etc. Any help along those lines would be greatly appreciated.

If this all sounds too good to be true, you can take my word for it when I say that I actually understate things just to be on the safe side. I'm not fond of being found wrong.

Churchies

I don't know if the Churchies are going to latch onto this process. By policy they're not supposed to mix Book-1 tech with Standard Dianetics, or run Dianetics on clears, or otherwise alter the tech. They may be forced to when they find out that they've been running incomplete Dianetics all the time. But I don't see them auditing over the phone. I don't think they could have that. It involves OT concepts, and they may not be ready for it. That's okay, we independents can dominate that field.

Dianetics on clears

I have been auditing clears on this procedure for a long time now. Dianetics used to be run successfully on clears. Banning clears from running Dianetics has been to my mind probably the single most suppressive technical action ever perpetrated. Clears do get case gain by running this process. They speak of their space becoming much bigger, their stability increasing, their control over their environment increasing. These are real gains *they* made, not gains "their BTs" made. Anybody who says "it's not my case, but my BT's case," could be asked the question: "What part of you are these BTs clinging to?" The correct answer to that is "charge" — in the form of GPMs.

Reference

In PAB No. 80 dated 17 April 1956¹ Ron talks about an "important new discovery" in the field of Dianetics called the moment of shock. It's strange how he never mentioned this discovery afterwards. But without this datum added, standard dianetics is an inferior and incomplete procedure. (The shock moment handling will be taken up fully in part 2.)

1 *Technical Bulletins*, Vol. I, page 395.

Procedure for GPM clearing

Completed December 1994, Revised December 1995 by Robert Ducharme, Orlando, Florida, USA — (407) 850-9411 (407) 855-4406

Acknowledgement is made to L. Ron Hubbard to whose works I humbly add another, hopefully important chapter.

Minimum prerequisites for applying this procedure: Read *Dianetics: Modern Science of Mental Health*; study material covering R3R commands and procedure; know R3R commands verbatim; know the Auditor's Code cold; know and do TRs 0 through 4 to a good result; study material concerning folder admin and keeping notes; listen to a tape of a complete and successful session; get some sessions for subjective reality and for case clearing.

Recommended reading material and references

R3RA procedure bulletins; *Dianetics Today*; *Tech Dictionary*; *A History of Man*; Whole-Track tapes; Dianetics tapes by LRH; Tape: *The Goals Problem Mass*, 6112c31 CHC-4, 31 Dec. 1961.

Why run GPMs?

Ron Hubbard once said in the lecture called "Principle Incidents on the Track" that OT was a "totally cleared whole track". That's the only place I've seen that definition used. I agree with it and I believe that this is the process that can get one there, especially when used in conjunction with OT drills, creative processing and other processing.

Apparently these GPMs had a devastating effect on the thetan's powers. Dianetics alone cannot be used to clear these incidents. This may turn out to be the first process to produce true, stable OTs.

Good luck!

Full basic procedure

If appropriate, hat PC up on whole track.

Get which item is to be run.

Run R3R to "erasure" per Standard Professional Dianetic procedure (not the cheesy book-1 seminar style).

Always check for an earlier incident on the chain regardless if PC says the incident is erased or not. Sometimes you have to ask more

than once with good TR-1. Aim for "thetan era" incidents as this is the area where the most charged GPMs lie and the most case gain is to be gotten from. Many pcs are not yet ready to run actual GPMs and would do better running grades processes along with GPM clearing until they're clear and can run actual GPMs. Never push a PC past a point he can run.

When running pre-MEST whole track, check for other flows with: "Is there an earlier incident where you did (item) to another?" If it indicates, handle the incident with R-3R.

Run one flow to full completion. Then check for charge on each of the other flows and run them all one by one if they indicate.

The moment of shock is run on the very earliest incident available, regardless of which chain that is. An option is to run the moment of shock on the basis of each chain as it is reached and flattened. (The complete shock moment handling along with relevant notes will be provided in full with the next issue of *International Viewpoints*.)

GPM clearing additional notes

Using the file clerk: The file clerk, per Book 1 Dianetics, is a very useful tool (as are the other tools mentioned in the book). When you ask a question, like for an earlier similar incident, and the pc doesn't have an answer, you can ask a question like, "Did a thought cross your mind right after I asked the question?" You can also use the suppress and inval buttons if needed. To find the correct item you can sometimes ask, "What is it that's stopping you from being able to ... (ability wanted)?"

Asking for actual GPMs: When I know the pc is capable of running an actual GPM I might ask something like, "Is there an earlier incident on this chain, possibly one that occurred before time began?" or "... in the Theta universe?" One has to weigh this against having the pc go back too soon to an overwhelming mass that he is not yet prepared to handle because of later incidents needing to be destimulated first. I'll use this question when there is no apparent earlier incident and the incident being run is "flat".

Pre-mest time and duration: When asking for duration I just ask if the pc can get the concept of duration as time doesn't really exist in our terms pre-MEST. The pc has to translate

the pre-MEST concepts into linear time form in order to run them. Similarly, when asking when it occurred, the answer "before time" or something like that is sufficient. When an earlier pre-MEST incident is asked for, it is not necessary to ask "when". Time is rather meaningless in that period.

Stuck picture: If pc complains of a "stuck picture", give him the commands, "Spot a moment before the picture", (ack); "Spot a moment after the picture", (ack) repetitively, done 1, 2; 1, 2; 1, 2; etc. until the picture frees up.

Erasing/solid command: Instead of using the "erasing/solid" command I often use "lighter/heavier" or "charge lighter/heavier". It communicates better to some people. Other terms include: more/less clear; more/less intense; increasing/reducing; harder/easier.

Repeater technique, overuse of: The auditor must sternly resist the temptation to use the repeater technique on every phrase that sounds aberrative. The repeater should only be used while running the moments of shock, and elsewhere only on rare occasions such as to unstick the pc on the time track, or to key him into an incident. Aberrative type phrases should be circled, then checked again at the end of session for charge, and handled accordingly.

Circling phrases: Any command type phrases like implant commands found anywhere throughout the R3R procedure should be noted down and circled. Then when the pc has reached basic on the chain and is running the shock moment, pass these phrases by him again one by one and handle if they still have any charge to them. Such phrases can be handled as they come up when handling the shock moment.

Blackness : To clear up an incident that is too vague or black, the repetitive command "What part of that incident can you confront?" can be helpful. This should be used only on rare occasions.

Body problems: If the pc is running into troublesome somatics getting in the way of the session, he can always be run exterior. This is rarely necessary when running actual GPMs. Doing this can make it easier on the health of the body as GPMs can sometimes impinge very strongly on it. To do this the pc is asked to "Be three feet back of your head", or whatever exteriorization process works on him.

Grinding: To key out an incident that is hopelessly grinding with no earlier similar or earlier beginning in sight, one can simply get the feelings and postulates in the incident and run it out, along with the shock moment if available. One should try running imaginary track first. That usually works. This occasionally happens with occluded cases. Such cases should thereafter be programmed to take occlusion into consideration.

Mixing processes: Never mix this process with any other process. It's often tempting to diverge to creative processing, entity handling, rudiments, correction lists, *Book One Dianetics (DMSMH)*, prepchecking, listing and nulling, etc., not to mention the non-scientology processes. This process properly run is completely self sufficient and will always take one to the EP. Very rarely it may be necessary to dispose of entities interfering with the session in present time by the use of entity-handling tech.

Entity interference with session: If the presence of an entity is found to be interrupting the session, find out if it's in present time or in the incident. If the entity is in the incident, ignore the entity and follow standard procedure. If the entity is in the present, use entity handling tech and return the pc to the standard session as soon as possible. Entity handling is not a priority and so should not be done unless the standard session becomes stalled as a result.

Multiple incidents: If a specific incident cannot be found at the beginning (like it's a daily occurrence), then you can switch to straightwire recall processing and ask "Recall a time when ..." until the pc gets an incident that seems significant to him, or after a few incidents, have him choose the most significant one to run. It's also possible to run several this-lifetime incidents on the same chain at once as is done in lock scanning, and then run the most significant shock moment. Doing this tends to bring more incidents into view each time thus allowing the pc to locate the worst incidents on the chain. The commands for this are "Move to the beginning of the first incident" and "Move through to the end of the last incident". Or else "Move to the beginning of this series of incidents" and "Move through to the end of this series of incidents". The latter technique is the one I favor.

Jumping chains: Watch for jumping chains. If you ask for an earlier incident and you get a

later one or it's on a different subject, then you just query the pc about it and get it clarified and straightened out.

End of session key-in: If at the end the pc is released but further questions key in something unexpected, ask pc if another item or chain has keyed in. If it has, it's no big deal. Just note it down and take it up at the next session. It was simply the next available item or chain on his case showing up. If you decide to run it now, then there should be at least two moments of shock to run before the session ends.

Incident too painful: If running through an incident is too painful for the pc, you can lower the gradient by asking him to scan rapidly through the incident until he can do it the normal way. This should take more passes through, but will be more tolerable.

Chronic conditions: The first address to any chronic conditions such as cancer or heart disease, etc., is to find out the first time the pc started having the problem and then ask him if there was some kind of trauma in his life just prior to that. That can then be run as a narrative, using the "earlier similar" command. These kinds of narratives can be run whole track with minimal problems. However, I recommend running them to a this-lifetime key-out (no shock handling) and then running each somatic therein separately to full EP. Running narrative items can thus be used to find new items to run on the pc.

Zero attitude: The secret to great auditing as opposed to good or average auditing lies in zero attitude — no attitude, full TR-0 — during the session. The auditor must be completely without emotional reaction for the period of the session lest his case get entwined with the pc's, even if only on a telepathic level. This means that the auditor must be totally non-judgmental in words and thoughts. Positive emotions, however, are evidently harmless or even possibly beneficial.

Auditor's ego: For maximum results, the auditor must be completely egoless during the session which means full attention on the pc, and muzzled auditing with minimal communication, and no flippant remarks, jokes, or questions that are not pertinent to the sessions, i.e. communications that take the pc's attention away from his case. The auditor's curiosity is not important, his understanding is. Questions aimed

at clarifying possible misunderstands by the auditor are permissible in order to avert a break in reality in the session and to keep the auditor tracking with the pc. But the less of this the better.

Present time feelings: Sometimes, like at the end of the session, the pc will come up with feelings that don't seem to make sense since the chain is already blown. In those questionable cases, the pc should be asked if the feeling (or postulate) is in the incident or in present time. If it's not part of the incident, it should not be run or repeated but left alone. It may also be the next available item on his case.

Use of GSR meter: I have found that the meter can be used telepathically, for phone auditing, if the auditor holds onto the electrodes. It's not necessary for this process, but may enhance the auditor's ability to track with his pcs, especially the rougher ones. I wouldn't overtly steer the pc with it, as it might cause missed withholds, false indications, and random restimulations, not to mention inval and eval (but I wouldn't rule out doing it covertly). I might not even let on that I'm even using a meter when I do. This procedure was developed entirely without a meter and can function quite well without one. If the auditor does use it, however, he should be very wary of fostering any meter dependence in the pc.

Bouncers: If a pc is bouncing out of an incident it can be handled by asking for a bouncer phrase and having the pc repeat it. However a better (surer) way, which might be tried first, is to get the pc to run the later incident on the chain again until flat and then return the pc to the earlier incident again.

Bouncing into present time: If the pc is experiencing a feeling such as anger and it is in present time rather than in the shock moment, look for a bouncer phrase in the shock moment and have pc do repeater on it until flat.

Running too many consecutive sessions: If the pc is in relatively keyed out condition, he may need a rest period in order for life to stir up a decent item to run. Sometimes a week or more is needed between sessions before an item that is charged enough to run well will surface. In any case, a rest period is recommended between sessions. Some pcs do best once a week, others a bit more or less.

The incident that must not be unmocked:

When the pc says that the as-is-ness of a particular incident will result in the destruction of the universe (or God, or oneself, or the auditor, etc.), you may rest assured that that's nothing but a postulate put into the incident to keep the pc from looking, thereby as-ising it, and that the universe will in fact not blow up or vanish. At least we've been lucky so far.

Pc trying to solve his problem: Once in a while the pc will attempt to offer a solution or try to justify the situation, as by looking at it philosophically rather than run through the incident or shock moment one more time. This should be viewed as an effort to alter-is rather than as-is and should not be countenanced. If this gets in the way of the session, the pc might well be given an R-factor on what is expected of him, and then the standard procedure continued.

Blowing items by inspection: This is a quickie technique that is mainly useful for those who don't want to take the time for a full handling. It's a valuable ability for staying keyed out, but it will produce minimal if any case gain. If a pc can contact a somatic, he should ideally hold onto it so that it can be run to a full EP in session. If the pc is heavily trained in blowing by inspection, it may take some time for him to confront his bank again. Clear or not, he does have a bank. Clear is merely a state where he no longer has to be creating it in present time. A clear is like a computer with an empty display screen and a hard drive packed solid with data from the depths of Hell. He has command of the display screen, but can't touch the hard drive. Sometimes some info from the hard drive comes onto the screen and he can delete that by inspecting it. But in doing so he's depriving himself of the opportunity of locating whole files of nonsense data and clearing them forever. Of course, if he can also key things in at will, then he has no problem.

Through the past life barrier: If the pc has never run past lives but is willing to, you can get him started when he has an earlier similar (e.s.) incident key in. You ask him if a picture, thought, or feeling flashed in his mind when you asked the e.s. question. Then ask him to use his imagination and tell you what sort of scenario would explain or accompany that picture, thought or feeling.

Session problems/correction lists: In all the time I've been auditing this process I've never needed a correction list for a session problem. At the first sign of trouble I simply ask the pc what's going on, and I find that the pc knows and will arrive at the answer if asked for it properly. The rule here is, "If you know the tech, you'll know which questions to ask".

Prices charged for service: Auditing is a valuable service and should be remunerated in kind, but there are a number of factors that should be taken into consideration when setting prices.

1. Charging various prices for the same service is risky. What if you charge a wealthy customer \$200 per hour, how much will you charge those of lesser means he refers to you?
2. Charging a higher price may get a larger short term income, but a more moderate price will encourage clients to return for indefinite services. I would rather have a weekly client for \$30/hr. indefinitely than have a 3 or 4 session client at \$100/hr.
3. One approach is to charge the price the market will bear and to raise the price if the number of clientele rises too high, assigning the lower paying clients to less experienced auditors.

C/S-ing and what to audit: I have found the best approach is to simply audit what's presently bothering the pc, i.e. the thing he is sitting in, including ARC breaks. This makes C/S-ing by a third party virtually unnecessary for this process. This is the natural way of auditing where case is lifted off the pc layer after layer as it presents itself.

Rudiments: I don't run rudiments, I simply run the item the pc is sitting in. If it happens to be an ARC break, I run that with this procedure.

Checking other flows at session end: At the end of the session it wouldn't hurt to ask if the pc has charge on each of the other flows, and running them if they indicate, before going on to the next item. One way or the other, all four flows have to be clean of charge.

Calling pc's attention to incident parts: The auditor should never restimulate an incident on the chain other than getting the pc to run it. Therefore the pc's attention should not

be drawn to parts of the incident as other somatic chains could be restimulated.

The GSR meter, value of 1. The meter can be used for steering the pc when he's having trouble seeing the blank spots in a traumatic incident such as a car accident. **2.** It's useful when running the shock moment. The auditor can watch the meter for a needle blowdown and so knows when the EP of each process is achieved. But the pc, and not the meter, should determine the EP when a conflict arises **3.** Shows the auditor when progress is being made on the pc's case, even if the pc is not aware of it at the moment. **4.** Shows the times when the auditor should remain completely silent as the needle or tone arm is dropping.

Auditor faith: The auditor should have faith in himself and in the process, and persist through any problems that might arise. Above all, the auditor should never panic, but always remain in control. Auditor's negative reaction can be sensed by the pc. If the auditor is truly stumped — which should rarely — if ever, happen, he should end session, reassess the situation, and resume when ready, preferably within 24 hours.

Erasing/solid command, substitutes: Sometimes erasing/solid doesn't indicate, so substitute terms include lighter/heavier; charge reducing/charge increasing; better/worse; easier/harder

Grinding and E.B.: If an incident seems to be grinding, check for an earlier beginning (it can't hurt, and often helps).

Incident getting worse: When the pc says that the incident got worse or stronger after the last pass through, you can ask him if he means that it got clearer. If so that should count as erasing, not more solid. An incident usually needs to be confronted before it's left for an earlier one. The auditor needs to make the judgement as to whether the charge in the later incident needs to be reduced before going on to an earlier one. Going too fast can cause the pc to be overwhelmed, going too slow can cause the pc needless pain as well as grinding. I'd err toward the latter.

Repeating truthful statements: The repeater technique for the shock moment is done on statements with charge on them. If they're compulsive or lies, such as "I have to avoid pain" or "I'll never be the same again", then it can be repeated. If they're truths and uncharged like

"I'm not a victim", they should not be repeated as they will not as-is (unless of course there's a compulsive element to it).

Incomplete sessions: Incomplete sessions can be emotionally troubling for the pc and should be handled as soon as possible, preferably within 24 hours.

Auditor restimulation after session: This is an almost sure sign of an incomplete session for the pc. The auditor in this case can ask himself, while on the meter, what went wrong with the session, and he should be able to get an accurate answer. Of course this answer should not be imposed on the pc, but it does give the auditor something to go on.

PC exhaustion: If, after hours of auditing a chain, the pc becomes exhausted to where his ability to function is lowered, it may be best to call off the session and resume at a later time when the pc can function more optimally. But this should not be done if it can be avoided.

Havingness at session end: At the end of the session I'll give two havingness processes, each until the pc feels good about it. **1.** "Mock up a pleasant scene... shove (or pull) it into the body", or "Put out eight anchor points; collapse them into the body". The anchor points can also be objects or significances. **2.** "Locate an object" or "Locate an object in the room". These will remedy the loss of energy discharged during the session as well as orient him to present time.

Discussing the item with PC: This is usually done only before session. At any other time it may throw the item into restimulation (which may be of benefit when dealing with potential clients).

Differences in PCs: Each pc is unique and has a unique case. It is unrealistic to expect two pcs to run case alike. Each case runs as it runs and should be accepted as such as long as the objectives of the session are achieved.

Before and after shock order-of-sequence: My preference has been to ask for the pc to run the viewpoint after the shock before the one before the shock. The reasoning is that the aberrated viewpoint is more realistic and easy to confront first. But they can be run in either sequence. When in doubt ask the pc. □

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Video Project

By Antony A Phillips, Denmark

IT SEEMS that Allen Wright is producing a landmark in the outside the church scientology world. To my knowledge, this is the first time we have videos. Allen is at the moment producing two sets of videos. One gives the vital data that every member of the public can use to better their daily life. The other, called the Consultant Series is aimed at counsellors. I have seen three of the Consultant Series and find them excellent and well worth recommending (to those who have an interest in consulting).

So far, the series consists of five videos. The first is called **"Starting Them Right"** and concerns how to get clients, an initial interview with questions, how to analyse the interview results and plan next actions, and a set of processes for new public. **Nr. 2** is called **"Visualise**

Their Life" and contains details of making a very interesting life map. This really should greatly simplify opening a case and increasing client participation. **No. 3** is **"Stabilize Their Life"**, **No. 4** **"Revitalize Their Life"**, **No. 5** **"Align Their Life"** (a valuable refinement of the Admin Scale — which needed refining badly!).

Allen did not have available vast funds and cheap labour like the church does. Equipment is expensive, and he did it all alone. These limitations do not show up and the videos are excellent, with a wealth of good illustrations. There is much data which will be valuable to many a practitioner, especially beginner. You can get details from Allen Wright, c/o Allgäer, Einstein Str. 129, 81675 Munich, Germany. Internet 100240.2562@compuserve.com

□

Pleasant?

By Hubert Spencer, England

I TALKED recently to a practitioner friend of mine. He had had a client for an intensive (not standard scientology). The client was an ex-scientologist, and my friend had previously complained that ex-scientologists were "more difficult" than others.

This time, he was more specific. "They have goals which are unreal and unobtainable and which I can not help them with, and this results in their not appreciating the considerable gain I can give them."

Probably all who read this magazine are in disagreement with one or more things they have learned or experienced in the church. When we escaped we threw away beliefs in the more unpleasant things we had met. Perhaps we triumphantly conclude we had thrown all the bath water out and kept the baby. But is that so?

We were "implanted" (I'd say) with some long term goals, clear, OT and other things. Rosy pictures were painted.

Remember the definition of happiness? In part: "transiently, the contemplation of ... pleasure". There were some pleasant things to contemplate when we were in scientology. Including the goals we were "implanted" with. By implanted, I mean they were given to us, rather than being real life personal things we as individuals wanted.

Ron wrote in 1964 that the public wanted total freedom so we will promise them that. Totally in opposition to what he had earlier said about the need for a balance between freedom and barriers. That was just part of a drive to get recruits at any cost, including lies.

You will be happier and more integrated pursuing your own goals.

And if you haven't given a critical look at the pleasant things in old scientology, maybe it would be a good idea to do so. The alternative could be a wild goose chase.

Have you ever heard of a trap where the bait was unpleasant?

□

Power of Choice Procedures (3)

Analyzed In Terms Of Flows — A New View Of Stuck Conditions

By B. Robert Ross, USA

Continued from IVy 26

The structural reason for alternating the LOGICAL and EXPERIENTIAL procedures came clear to me as I worded the following:

I cannot as yet visualize structural reason for alternating the LOGICAL and EXPERIENTIAL procedure. I just know that it works well.

Each time I reach the end of either procedure I ask the client if he can let go of the TOPIC we have been working on. If he says he can, I invite him to do so. If he says he can't I ask what is in the way of letting go and then use the alternate procedure on that same TOPIC. It has hap-

pened more than once that both procedures have had to be used on the same named TOPIC.

Apparently, the total structure of the mind consists amongst other things of two types of ridge structures: the double LOGICAL ridge and the four ridges of EXPERIENCE.

A full write up of POC procedure, \$ 70 US, plus air postage outside of US, includes one hour of processing or advice on the phone or in person. Bob Ross — P.O.B. 91849, Pasadena, CA 91109, USA, or call me on (818) 357-9115. □

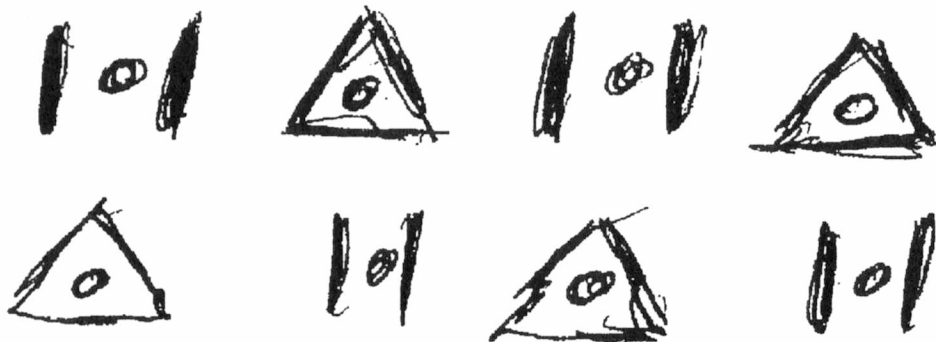


FIG 3. stacked morries

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Addresses back page.

See page 14 (bottom) for further details.

Doors

By Flemming Funch, USA

YOUR MIND is like a vast house full of doors.

The room you are in is your conscious mind. You are immediately aware of what is there. To get to anywhere else you need to open some doors.

Many of the doors are locked. And many of them are barred by debris. Many doors are hidden in other rooms behind other locked doors and debris.

Some of the doors are not locked and you can open them. But you might not know what is behind them. You might get burnt if you just fling the door open and barge in. But if you open first a crack, take a peek, and only open further and enter when you are ready, then you can explore any of the available rooms.

If a door is barred by debris you must clean up the debris first or you will have to bring it with you.

When a door is locked you need to find the key or combination that will open it. You might guess it right away, or you might have to try the combinations that you know. If the door won't open you must save it for a later attempt. Don't dynamite the door by using force or drugs; it might be useful in the future to have a door there.

If you unlock a door for the first time, open it cautiously. Only enter when you are comfortable with the open door.

When you enter a new room, look at it until you know exactly what is in it. You might have to walk around and look

from several different angles before you see everything. Do not leave the room until you know what is there and you can handle it. Only then might you consider going to other rooms.

When you are finished with a room and you don't currently need what is in there, close the door after you, but leave it unlocked.

When you know what is in a room, it is now available to you. You can open the door and see and use what is there at any time.

The contents of any room that you know and have cleared will not cause you any trouble. However, the rooms you haven't looked at can give you any kind of trouble you can think of. Maybe the faucets have been left running, maybe termites are eating the woodwork, maybe vital knowledge is collecting dust in there.

In some of the rooms you have records, in some you have tools, in some you have connections to other people, other places, other times, in some you just have junk.

When you have accessed, looked at, and cleared enough rooms you can start working at changing them. You can put things there that you want, and you can even add new rooms.

When you know and can handle everything that is in the house, you are free to leave the house. You can take the house down if you wish, you can go and build another, or you can walk around outside.

□

Faerie in a Jar¹

By Jim Burtles, England

Once when I was very young and just a boy
The world was full of faeries who gave us joy
They danced around as faeries are supposed to do
In beautiful costumes of every hue.

Even then, they were quiet and very shy
And kept away from the gaze of you and I.
But as our population began to grow,
There were fewer bowers² where they could go.

They slipped into hidden places most discrete
To keep from under our great big clumsy feet.
Almost forgotten by the population
Like some figment of our imagination.

But if you are always neat and very sweet
You might just meet one down your street.
Perhaps, you could find one in a little shop
Or one may join you at the local bus stop.

A pretty pot or a lovely jar will make a home
That's warm and safe for your faerie or a gnome.
In return she'll keep your tender dreams alive
And support your postulates so that they thrive.

Should we try to preserve her and keep her safe,
Or is it cruel to hold her in such a space?
She said she likes to have a warm, cosy base
Where her spirit's free to fly around the place. □

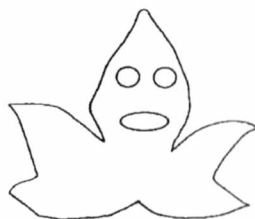
1 Dedicated to a charming friend

2 **Bower:** A shady spot formed by trees or overhanging plants.
In poetry the word bower is often used to mean a ladies bedroom or a rustic cottage

B

International Viewpoints

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